Pittwater Online News

June 16 - 22, 2013: Issue 115

2013 Avalon Tattoo Brings Scotland the Brave to Pittwater

Just one of the wonderful bands that performed yesterday at the only Annual Tattoo in NSW - the NSW Fire & Rescue Band and Marching Team . Picture by A J Guesdon.

This year's Avalon Tattoo was a celebration of community, our upcoming generation and wonderful music made by wonderful people.

More HERE

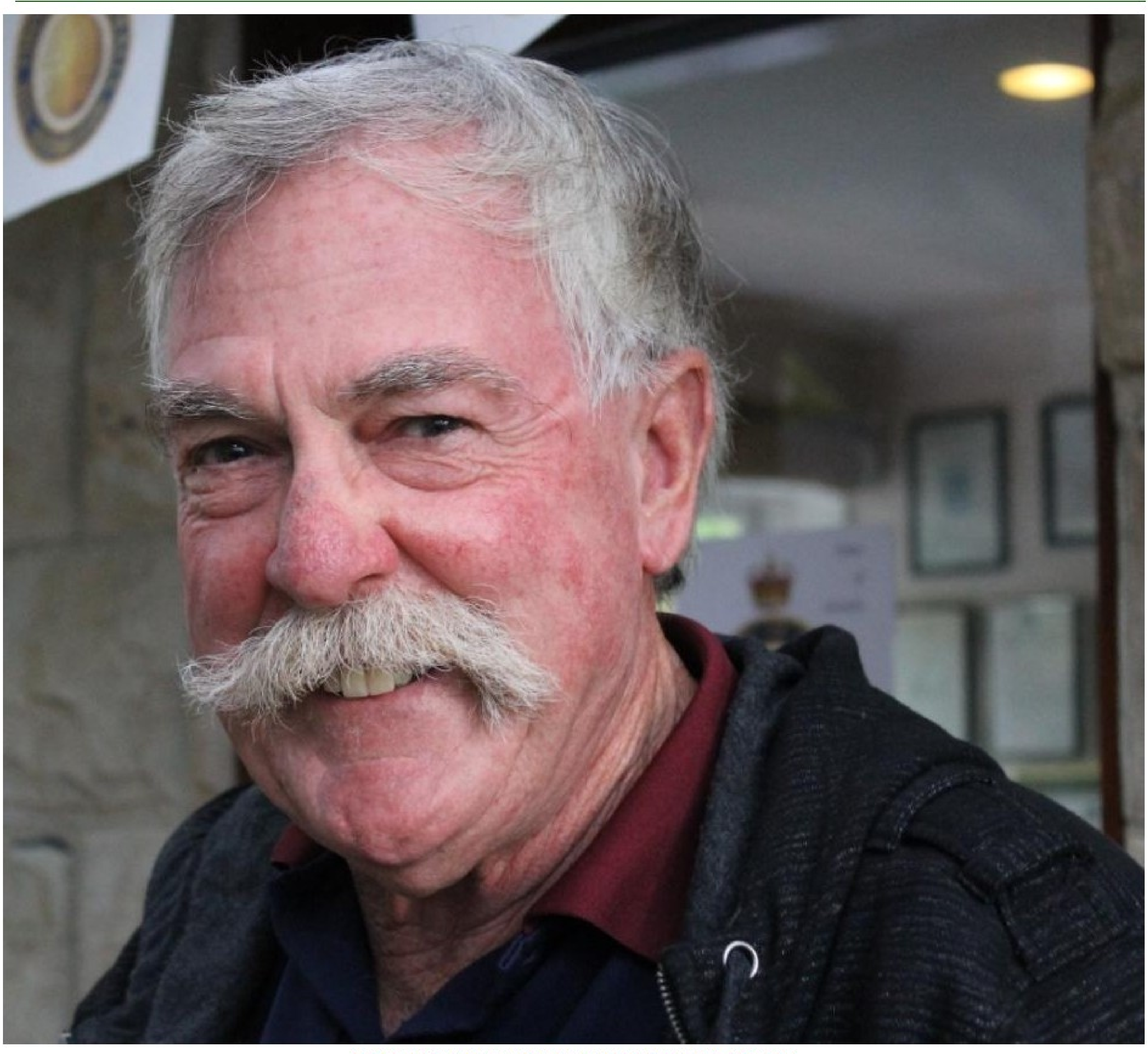
Premier's 2013 Community Service Award for Pittwater - Michael Mannington, Volunteer Photography

Michael Mannington, 'photographer at large' at Woody Point Yacht Club's annual Putt Putt Regatta, January 2012, with Cheeky 'pooch at large'. Picture by A J Guesdon.

This photo of a photographer 'at large' who remarked moments before it was taken "*here we are again...pretending to work...*", captures a little of the essence of a gentleman who has supported hundreds of community organisations and their volunteers over many years and for countless hours by providing a keen eye and clear lens to capture their events and peoples. What makes Volunteer Photography a success in our community, like the thousands of others here who devote their time and energy to investing back into community, is that money is only worth so much and cannot buy all things. Some other worth applies. Providing the shot without cost, an acknowledgement that we should keep a record and get the message out, bothering to get it as it actually is by not standing outside and looking in but engaging with what is happening are just a few earmarks of what MM, and those who work alongside him, bring with them.

More HERE

Brian Friend - OAM



Brian Friend on Monday 10th of June, 2013. Picture by A J Guesdon.

Brian Friend has 47 years of giving to the children and adults on the Northern Beaches as either a coach, instigator of off season activities like touch footy, by raising thousands of dollars for charities and community organisations or saving lives while on duty as a water policeman. He, along with two other Pittwater residents, were acknowledged for their contributions last Monday.

Pittwater's OAM's 2013

Ivor Arthur Davies (Iva) - *For significant service to the music and entertainment industry as a songwriter and performer, and to the community.*

Shirley Phelps - *For service to the community of Pittwater*

Brian Friend - *For service to touch football, and to the community of Manly Warringah*

More HERE

Community Consultations of the Independent Local Government Review Panel at Dee Why - the Transcription

HANDS
OFF
PITTWATER!

Time is running out to 'have your say' on both the **proposed changes to Local Government**, **The White Paper** and the **Metropolitan Strategy for Sydney**. **Submissions to the 28th of June** is the date for the three. Instead of trying to make you look in three directions at once or refer to *'Background* ***Terms of Reference*** *Briefing Papers'* prior to trying to work out what the succinct definitions of parameters and limits may be, we provide what has been said by those representing Pittwater community groups at Dee Why on June 4th, 2013 at the Community Consultation by the Independent Local Government Review Panel as a permanent record of their words.

In **Issue 116** we will run the plain words of what we have heard from you during past weeks on the **White Paper** and the elements of this that seem to be apparent already in state government initiatives such as the Joint Regional Planning Panel, which has overidden Pittwater Council on Stage 2 of the Oceanvale development at Warriewood, and granted a go-ahead for a construction that **equates to 55.8 dwellings per hectare**. Reasonable consideration of which parts of the White Paper you may object most strongly to will be our aim.

On Warriewood Valley: Pittwater Council published on Thursday (13.6.2013) the Warriewood Valley Strategic Review meaning up to 32 dwellings can now be built on undeveloped land, up from the previous maximum of 25. Council has rejected a request by the Director General of NSW Planning & Infrastructure Sam Haddad for flexibility on higher densities. The Review will allow properties in Fern Creek Road and Orchard Street to be rezoned to residential, providing local infrastructure can still be delivered to allow for the population increase. No change is proposed to the Southern Buffer area between Boondah and Jacksons Roads. Read the report in full here.

We would like all to know that the community group People for Pittwater will host the Better Planning Network on **Tuesday 25 June at Mona Vale Memorial Hall between 7pm and 8.30pm.** Speakers from the network will outline the proposed changes to NSW planning law and answer questions from residents. The Better Planning Network is an affiliation of nearly 400 community groups concerned about the changes to planning law that are due to come into effect by the end of this year.

All at Pittwater Online News would like to thank the many who have made our phones run hot and helped us with their insights into the many documents we have been scrutinising in past weeks. Please continue to contact us should you have anything you wish to contribute to next week's Issue.

Perhaps some of you are a little like us by now and can still see Ted Mack, slightly weary, with an occasional wry smile, defiant and departing, by choice, mere hours before….., via his own personal 'policy' of an Integrity Clause that is ever, and ever after.

Is there a better model…a better 'concept'?

Up or Out or an O that overshadows all else ?

Better yet …o-o-o …has been the firm and undeniable message to Macquarie street from Pittwater, and... state wide … would a vision to be *a vibrant sustainable community of connected villages inspired by bush, beach and water* … where we can still turn to see each other, look each other in the eyes, be closer to bearing good fruit... from a good tree... planted in living ground?

Community Consultation at Dee Why Transcription

Past Features

Archives

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Pittwater Online News

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Articles This Week:

Front Page Issue 115

Avalon Tattoo 2013 - Avalon Tattoo 2013 Pictorial

Transcription of Speakers at Independent Local Government Review - Dee Why, 4th of June, 2013

RPAYC Match Racers Take Bronze at Match Racing Worlds

Premier's Community Service Award for Pittwater 2013

Brian Friend - OAM

Pictures: **Mona Vale Hospital Palliative Care Upgrade begins**- we asked Michael Mannington to go out in the thunderous lightning on Wednesday to get a few pictures of the upgrades to MVH - since these are historic images past this issue they warrant their own page.

Reflections By George Repin: **Alcohol in Restaurants before 1955**

Artist of the Month for June 2013: **Gemma Rasdall**- Marine Artist Extraordinaire ! Exhibiting at **RMYC Annual Marine Art Show June 6-16**

All Previous Articles

Profile: **June 2013 - Pittwater Ladies- Christina Stewart**, working mum with a passion for environmentally friendly cleaning!

Previous Profiles:

Barton Lynch Shane Withington Commodore Sloper Herminie Swainston Teresa Cutter Joanne Brigden-Jones Tamara Sloper Harding Katie Spithill Chris Salisbury Doug Crane Henry MacPhillamy Aim for the Stars Foundation Broken Bay Marine Rescue Pittwater Environmental Foundation Rotary Club of Pittwater Sophie Haythornthwaite Joan Fisher Mark Ferguson Veteran Carolyn McKay Christine Hopton Ian White Jack Elsegood Robert Grace Colin Casey Bob Waterer The Surfers Group The Palm Beach Yacht Club Pittwater Natural Heritage Association Pittwater Friends of Soibada Pam Bayfield Denise Casey Lynda Hill Belinda Grundy Paul Christie Neil Evers Andrew Holder Ian Curlewis Lange Theory Phil Colman-Peter Mitchell and Exploring tidal waters on Australia's temperate coast Geoff Clarke Palm Beach Sailing Club The Bopulaters Pittwater Camera Club Dragonfly Environmental Pittwater Community Hub Pittwater Community Arts Hayley Turner Samantha Shaw Danielle DuBois Mumpreneurs Neil Johnston Simon Hyland Paul Wheeler Ian McGiffen Brian Friend Pittwater Council Zonta Club of Northern Beaches Sydney Northern Beaches Symphonic Wind Ensemble Bei Loon Dragon Boat Club Margaret Molloy OAM Patricia Giles OAM Doreen Cherry Cindy Goode Milman Stephen Marr Bob Hamilton Simon Abbott Peter Rumble Graham Spong Sailability Pittwater Mona Vale Hospital Auxiliary Avalon Active Seniors Group Northern Beaches Orchestra Sonja Elwood June Lahm Valerie Vickers Karen Draddy Betty King David Hanley Les Ball Paul Webb Malo Legardinier E G Constructions Integrity Candles Monatones The Narrabeen Lakes Ladies Probus Club Inc. Nina Curtis Robyn McWilliam Gretel Pinniger Ted Blackall Edwin Barnard Doug Elliott Anthony Patrick Chandler Walter 'Wal' Wardle Avalon Beach RSL Fishing Club Avalon Voices Surfing Mums Inc. Northern Beaches Social Riders Stephanie Brown Judith Bennett Gemma Rasdall Gwynneth Ross Peter Verrills Tom Gilbert Tony Carr Gwenyth Sneesby Bobbie Squire Philip Bond Save Mona Vale Hospital Committee Southern Cross Wildlife Care Wingala Lapidary Club Surfers Against Suicide Tracy Ponich Katerina Cosgrove Christina Stewart

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History: **June 2013 - Pittwater Ferries Round II - The Erringhi**- affectionately called 'the guy' this vessel is a great example of our sea channels as highways prior to roads to get produce to market

Previous History Pages:

Marie Byles Lucy Gullett Kookoomgiligai Frank Hurley Archpriest JJ Therry Sir Patrick Gordon Taylor Bowen Bungaree W. Bradley 1788 Journal Midholme Loggan Rock Cabin La Corniche La Corniche II Lion Island Bungan Beach Botham Beach Scarred Trees Castles in the Sand Dame Nellie Melba lunches at Bilgola Spring, 1914 First to Fly in Australia at North Narrabeen Mona Vale Golf Club's Annual Balls Governor Phillip camps on Resolute Beach Ruth Bedford Jean Curlewis Mollie Horseman Charlotte Boutin May Moore Neville W Cayley Leon Houreux Frederick Wymark Sir Adrian Curlewis Bilgola Heron Cove Mullet Creek Shark Point Woodley's Cottage A Tent at The Basin Collin's Retreat-Bay View House-Scott's Hotel Bilgola Cottage and House The First Pittwater Regatta Women Cricketers Picnic Filmed In Pittwater Governor Phillip's Barrenjoey Cairn Waradiel Season The Church at Church Point Governor Phillip's Exploration of Broken Bay, 2 – 9 March 1788 Petroglyths: Aboriginal Rock Art on the Northern Beaches Avalon Headland Landmarks Steamers Part I Pittwater Aquatic Club Part I Woody Point Yacht Club Royal Motor Yacht Club Part I Dorothea Mackellar Elaine Haxton Neva Carr Glynn Margaret Mulvey Jean Mary Daly Walter Oswald Watt Wilfrid Kingsford Smith John William Cherry George Scotty Allan McCarrs Creek Narrabeen Creek Careel Creek Currawong Beach Creek Bushrangers at Pittwater Smuggling at Broken Bay An Illicit Still at McCarr's Creek The Murder of David Foley Mona Vale Outrages Avalon Camping Ground Bayview Koala Sanctuary Ingleside Powder Works Palm Beach Golf Course Avalon Sailing Club Mona Vale Surf Life Saving Club Palm Beach SLSC Part I - The Sheds Warriewood SLSC Whale Beach SLSC Flagstaff Hill Mount Loftus Pill Hill Sheep Station Hill SS Florrie SS Phoenix and General Gordon Paddlewheeler MV Reliance The Elvina Florida House Careel House Ocean House and Billabong Melrose -The Green Frog The Small Yacht Cruising Club of Pittwater Canoe and I Go With The Mosquito Fleet - 1896 Pittwater Regattas Part I - Dates and Flagships to 1950 Shark Incidents In Pittwater The Kalori Church Point Wharf Bayview Wharf Newport Wharf Palm Beach Jetty - Gow's Wharf Max Watt Sir Francis Anderson Mark Foy John Roche Albert Verrills Broken Bay Customs Station At Barrenjoey Broken Bay Water Police Broken Bay Marine Rescue - Volunteer Coastal Patrol Pittwater Fire-Boats Prospector Powder Hulk at Towler's Bay Naval Visits to Pittwater 1788-1952 Pittwater's Torpedo Wharf and Range Naval Sea Cadets in Pittwater S.S. Charlotte Fenwick S.S. Erringhi

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Park Bench Philosopher: **Clapping Trees - Makers of the Blue Breath and Keepers of the Green Wing**

News From Our Inbox **Speed boat racing-Palm Beach, Florida 1920s, Warringah Mall Blue Moon Flash Mob,** Whales swimming next to Queenscliff - Sorrento Ferry, Paramedic, Modern Humans Did Not Settle in Asia Before Eruption of Sumatra Volcano 74,000 Years Ago, Sydney Ferry Race Australia Day 2013, Parasailing, Mysterious Monument Found Beneath the Sea of Galilee, Great Wall, Cruising In The South Seas 1934, Top Secret Drum Corps, Pilot Smile, **Health papers published this week:** Easy and Effective Therapy to Restore Sight: Engineered Virus Will Improve Gene Therapy for Blinding Eye Diseases; Post-traumatic Stress Disorder Treatment: Genetic Predictor of Response to Exposure Therapy; First Comprehensive and Prospective Characterization of a Genetic Subtype of Autism; New Details of Natural Anticancer Mechanism Uncovered; Understanding the Heart's Rhythm; Scientists Discover New Layer of the Human Cornea; Frequent Soccer Ball 'Heading' May Lead to Brain Injury; Men With Prostate Cancer Should Eat Healthy Vegetable Fats

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Events: Soup for Soibada, Marine Art Show & Wine and Beer Fair at RMYC, Surfrider Foundations Solstice at DY, AVALON TATTOO 2013, Sausage Fest., Avalon SLSC Boot Sale, Unique Car Show at RMYC, COOL JAZZ FUNDRAISER, Sly Dogs at Church Point, Sydney Film Festival, Paddling-Walking, ANMM Exhibitions and Kids Events, Pittwater Camera Club, FoNLC Activities: if it's happening here it's probably listed HERE.

Food: **Winter Pear - Packham's Triumph - the Australian Pear:** some history, facts, recipes and a little about our Marie Byles speaking up for the Woody Pear

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Community News: **RMYC Wine and Beer Fair on Today!!,** Warriewood Valley Plan Adopted, Beeby Park Update, RFS INfo Evening, Pool Registrations, NSW IRB Championships at Newport, Better Planning Network at Mona Vale, Community Building Partnership Program To Open Shortly, Funding For Improved Waste and Recycling Initiatives, 21st Annual Pub2PUb, MONA VALE HOSPITAL AUXILIARY STALLS FOR JUNE TO DECEMBER 2013, Historic Photo puzzler, Avalon Craft Cottage At St Ives, **BUSINESSES CAN CONNECT AT JOBSHED**, World Environment Day 2013, Screening in Avalon for REFUGEE WEEK, Our Councils Notices and more

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Environment; **Plunging Fish Numbers Linked to Dam Releases, Avalon Dunes Bushcare,** Save Pittwater.com + People for Pittwater.com.au , Plastic Facts, Bird Shower, Lightning, Leakage of Carbon from Land to Rivers, Lakes, Estuaries and Coastal Regions Revealed, Iron Fertilization, Process of Putting Iron Into Ocean to Help Capture Carbon Could Backfire, African Starlings: Dashing Darlings of the Bird World in More Ways Than On, PNHA Activity: Birdwatching & monitoring, Warriewood Wetlands: Winter Birds, **COOEE JUNE 2013**, **FishMap**, New App for Gardeners, local Environment groups, and organisations.

Lynda Hill: **Update 25.5.13**: **Keeping One's Counsel Versus Letting It all Out: May's Partial Lunar Eclipse**

Pictures: **Mona Vale Hospital Palliative Care Upgrade begins**- we asked Michael Mannington to go out in the thunderous lightning on Wednesday to get a few pictures of the upgrades to MVH - since these are historic images past this issue they warrant their own page.

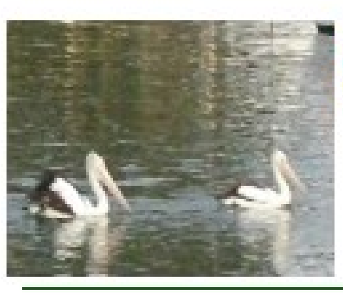
Children: **For you this week: Seeing Stars SKA Art Prize 2013, Cotton Candy Flower, Little Kids and Big Kids at the Avalon Tattoo, How to Make Your Own Environment: how to grow a Grass Head, How to Make Your Own Terrarium, How Whales Sleep, World Oceans Day 2013- The Four Australasian ocean currents, I'm A Little Teapot with Lyrics, Boys and Girls Day on Brookvale Oval, Would you like to fly?, Laughing Quadruplets, Peninsula CommUNITY of Schools Art Exhibition, Aboriginal Cultural Performance for Children, Logo Design Competition Aboriginal Heritage Office, OUT LOUD for Children, Sydney Youth Writing Competition, Sydney Youth Cup, The Animal Sounds Song, Childrens Marine ART at RMYC, Dorothea Mackellar Poetry Awards - 2013, NONSENSE BOOKS By Edward Lear. E-BOOK, The Owl and the Pussycat Video of Real Owl and Pussycat + The Owl and the Pussycat 1870 and The Duck and the Kangaroo , Nutty Story and Rhyme Time at May Gibbs' Nutcote,** LET'S READ NATIONAL EARLY LITERACY CAMPAIGN, **Picture Books Online, Children's Storytime at Mona Vale Library**

Youth: **Shorter and Taller Young People at the 2013 Avalon Tattoo, Pittwater Ferries Round II - The Erringhi, Seeing Stars SKA Art Prize 2013, The perfect wave…in a Basque mountain valley, The Dalai Lama speaks on education, Young Endeavour – celebrating 25 years, Flight Radar 24.com, Surfrider Foundation Solstice Jam at DY, Rugby League Day on Brookvale Oval for YOU, Enquiring Minds - Models of Achievement, The Physics of Sailing**, Splendour in the Grass 2013, INAUGURAL NATIONAL YOUTH AWARDS NOW OPEN!!, Luminosity youth conference, National History Competition, Dorothea Mackellar Poetry Awards - 2013, Surfing Goat, **Year 13: have questions? Get answers, The ECO. Clean Beach Initiative is looking for Australia's most passionate ECO. Warrior to be the face of its movement! Interested? New Facebook Page for young bands on the Northern Beaches, The Line, Mona Vale Library - Duke of Edinburgh Awards.**

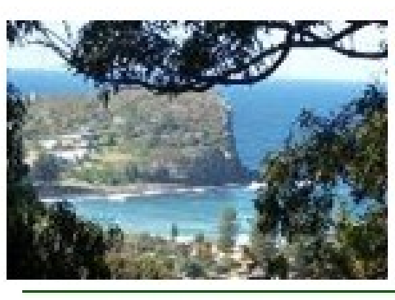
Seniors; National Consumer Fraud Week "Outsmart the Scammers!" - 17 - 23 June, Health papers published this week: Exercise for Stroke Patients' Brains; Body Clocks Linked to Osteoarthritis **2013 COTA NSW Survey**, **Term 2 2013 - Computer Classes for Seniors at Newport**, How to make symbols using your keyboard, National Seniors Literary Prize 2013, local Support and Education Activities.

Community Clubs: Updates on Activities and links to sites.

Artist of the Month: **June 2013 - Gemma Rasdall-** Marine Artist Extraordinaire ! Exhibiting at RMYC Annual Marine Art Show June 6-16

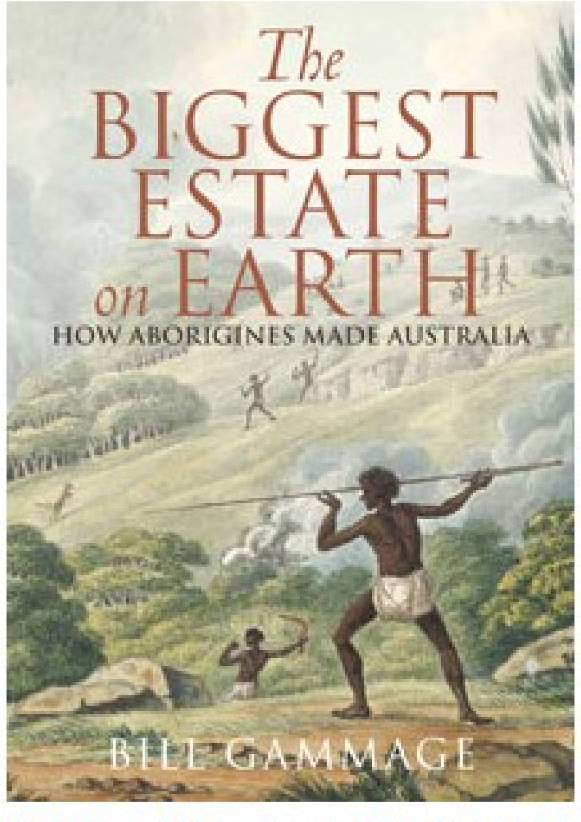


Reflections: by George Repin. **This week; Alcohol in Restaurants before 1955**



DIY Hints: **Annual Trade Day Notice**

Collector's Corner: **Chinese Ginger Jars** – ancient storage receptacle, the customs of giving as gifts, decorative art after you've eaten the ginger!!



Books: For Children: Come to School Too, Blue Kangaroo! and Giggle and Hoot Deluxe Colouring Book, BONE ASH SKY by Katerina Cosgrove - read first chapter, The Biggest Estate on Earth (read first chapter), Conspiracy of Silence - Queensland's frontier killing times, The Baby Farmers, David Rivett - Fighter for Australian Science - FREE DOWNLOAD, Australian Native Plants - The Kings Park Experience, Linking Australia's Landscapes - Lessons and Opportunities from Large-scale Conservation Networks, Australian Bird Names - A Complete Guide, Allan Sparkes on What Makes A Hero

Old Books: - **June 2013: Thomas Alexander Browne - novelist 'Rolf Boldrewood';** A Sydney-side Saxon (1891), Robbery Under Arms (1920 film) + Robbery Under Arms: A Story of Life and Adventure in the Bush (1889) and in the Goldfields of Australia (1889), **READ THESE WORKS ON THE SITE- ONLINE**

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Avalon Tattoo 2013

The Salute during the March Past was taken by Major General Brereton accompanied by Commodore Geraghty.

Avalon Tattoo – 15th of June, 2013

The MC for this year's Avalon Tattoo, Andrew MacGregor who has performed this duty since the first, welcomed all to the Dunbar Park with *Cead Mile Failte – One hundred thousand welcomes* ladies and gentleman, laddies and lasses to the 2013 Avalon Tattoo. I am Laird Andrew MacGregor of Glencoe, your MC for today.

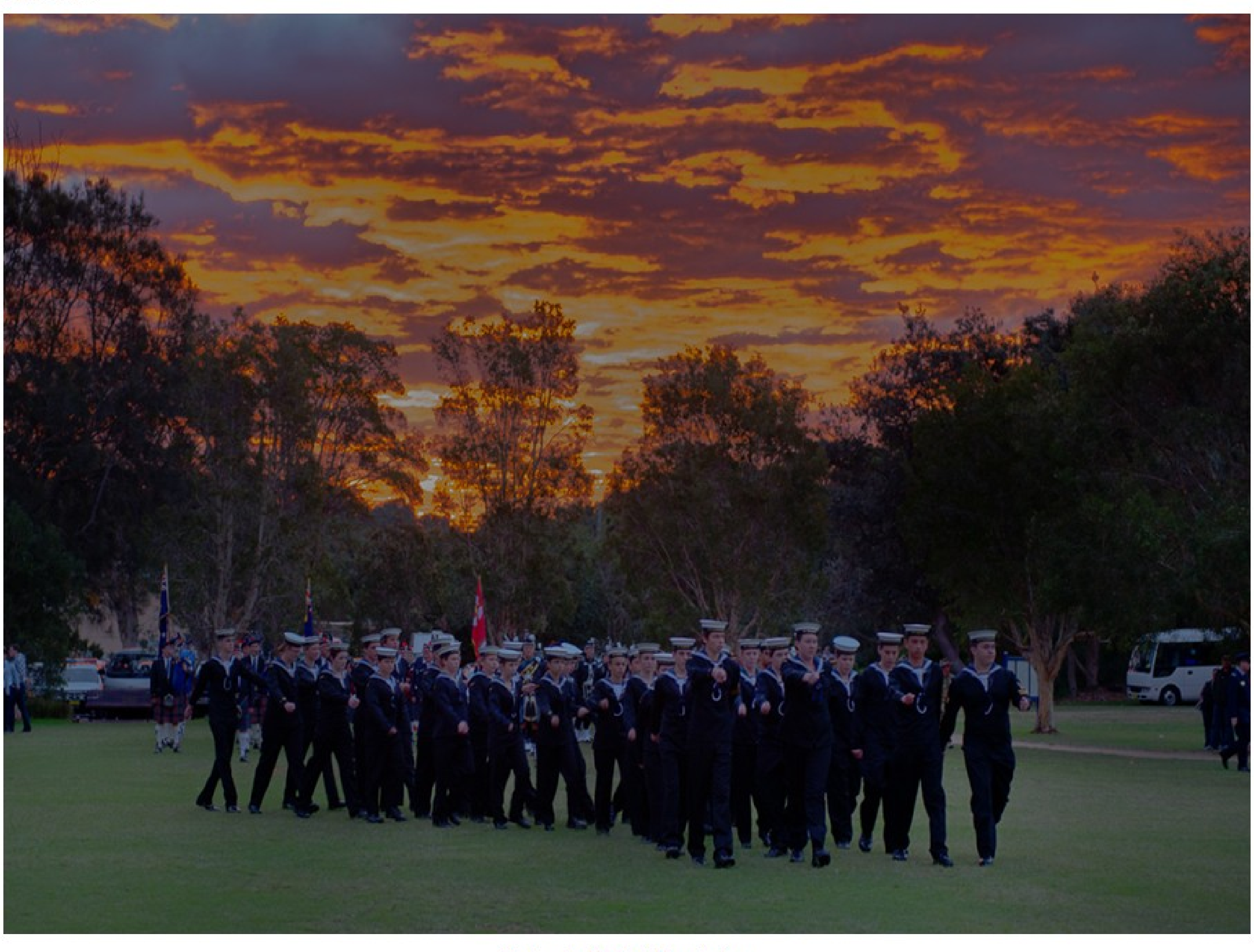
This year's Avalon Tattoo was a family fun day from beginning to end that brought together many of our local groups and organisations as well as being a great way for our younger people to learn about what options there are in the cadets to invest in and grow themselves while physically growing tall. The Tattoo is a significant event on the Northern Beaches and increases each year. It remains a free, not for profit, non-commercial activity and relies on the support of the volunteer participants.

This year, in keeping with the established traditions of this annual Northern Beaches of each service taking a turn to be the focus, 2013 gave all a chance to see our Royal Australian Navy and Cadets from Training Ships Condamine, Sirius, Tobruk, Hawkesbury and Sydney. The Challenge and Freedom of Entry was theirs to exercise this year. Inspector Graeme Pickering, Northern Beaches Local Area Command, NSW Police addressed the Challenge this year beside Pittwater's Mayor, Cr. Jacqui Townsend. The Salute during the March Past was taken by Major General Brereton, Head of Cadet, Reserve and Employer Support Division.

A highlight, besides all the wonderful Pipes and Drum bands, was hearing the RAN Concert Band under the baton of Steven Stanke. This band was formed in 1913 and the first concert band came into Sydney on HMS Australia in October 2013. A great reminder of the International Fleet Review on Sydney Harbour later this year.

A full list of all participants is listed below.

This year we share Commdore Graham Sloper's (Rtd.) address as part of the Sunset Ceremony. Graham works tirelessly with a dedicated team to ensure each Avalon Tattoo is a success and is also coordinating the 2015 Commemortaion Service at Rat Park for ANZAC Day.

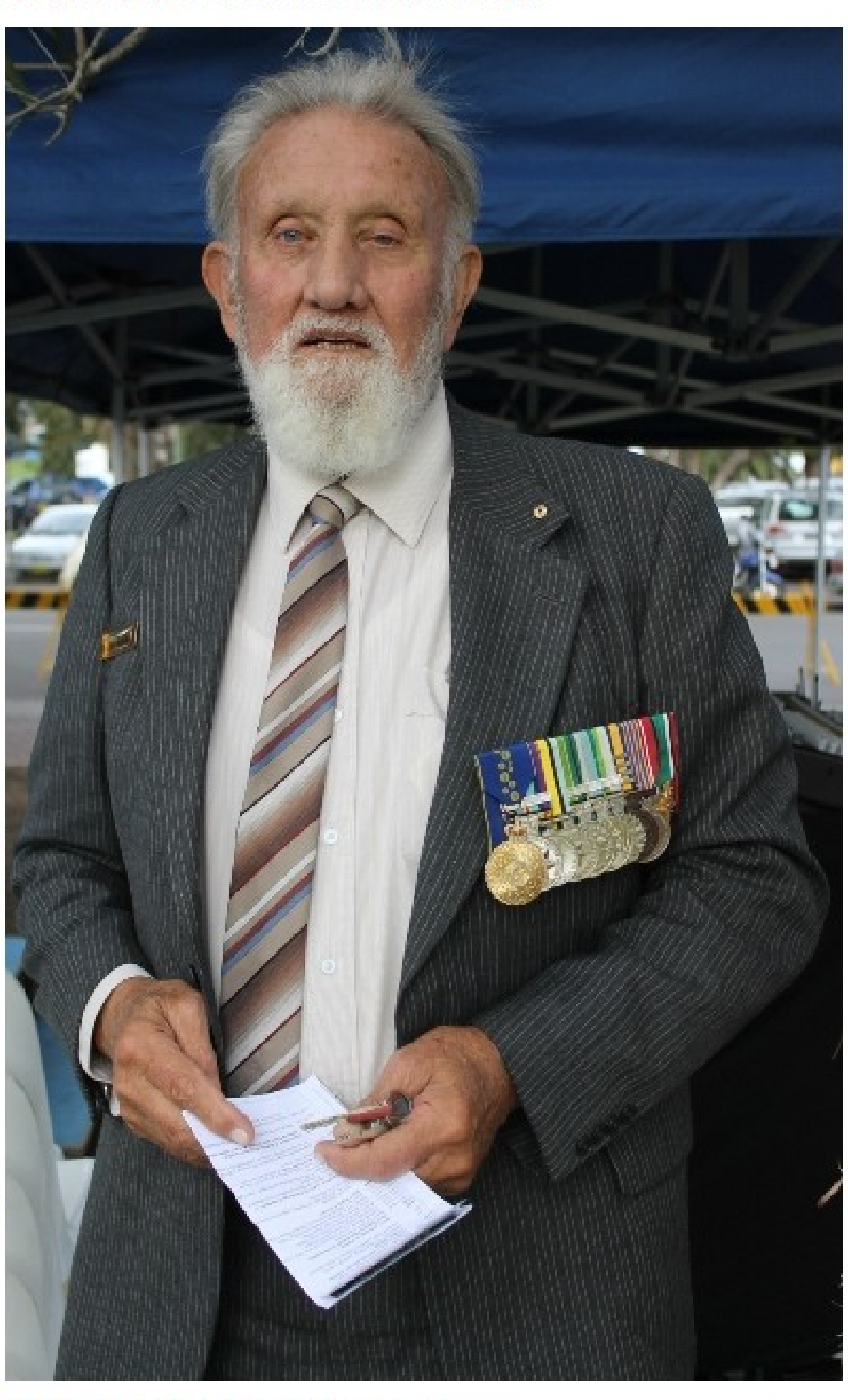


Picture by Michael Mannington

AVALON 2013 TATTOO — DIRECTOR'S ADDRESS – Cmdr. Graham Sloper (Rtd.).

That was a magnificent Ceremonial Sunset and please join me in acknowledging the Cadets under Parade Commander LCDR Lois McKinney and the wonderful Royal Australian Navy Band under Bandmaster CPO Mark Ham.

We are trying something different tonight with glowsticks now being distributed. Please do not activate them until the massed pipe bands commence and, on completion, if not being taken home, please place them in the rubbish bins at the rear of the seats.



The RSL of Australia is an organisation of men and women who have undertaken military service for Australia, the Commonwealth or its Allies. There are sub-Branches in local areas which are separate to the commercial RSL Clubs but are usually co-located with them. The Avalon sub-Branch is proud to be able to host the annual Tattoo as a community involvement especially in supporting our local youth and community support groups and organisations.

It would not be possible without the generous support and cooperation of the Pittwater Council which has enabled the annual Tattoo to be a major Northern Beaches event.

Before moving to thank those who have made the Tattoo such a success, I'd like to mention the Cadet Units on the Northern Beaches. There is the Australian Air League and then what are known as Community Cadet Units in 201 Army Cadet Unit, who have participated in all seven Tattoos and 305 SQDN Australian Air Force Cadets who have only missed one. The Navy Cadet Unit Training Ship CONDAMINE has had mixed fortunes over the last few years with lack of Staff and a base. A study is being undertaken to determine the feasibility of re-establishing Navy Cadets on the Northern Beaches, possibly even here in Avalon. I have been advised that there may be flexibility in renaming the Navy Cadet unit and it might be TS PITTWATER or TS AVALON.

Names of potential staff and cadets can be given to the RSL sub-Branch, details are in the flyers being distributed.

And now a plug for the ANZAC Centennial. It is now less than two years to the Federal Electorates of Warringah and Mackellar combined March and Commemoration Service on the Sunday before ANZAC Day 2015 from Warriewood to Rat Park. All schools, community services and groups and sporting organisations have been contacted and the provisional support is overwhelming. We have over 5,000 in the march and an estimated 20,000 at the Service. There will be massed school bands and choirs on the park for the Service and all the cadet units will participate. I often say a volunteer is someone who didn't understand the question so I volunteered to coordinate the Centennial Ceremonial. Please feel free to contact me about the Commemoration.

Youth Career Options. A welcome result from the Tattoo is the provision of career information to our youth. While the ADF gives advice on options and how to keep them open, other Community Services including RFS, Police and SES have had a number of enquiries.

Now for a few acknowledgements:
To the VIPs and special guests. Thank you for allocating time from your busy schedules. I would particularly welcome Mrs Ana Guterres, representing His Excellency Abel Guterres, Ambassador for Timor Leste, who sends his apologies as he had to be in Dili this weekend. In doing so I acknowledge the great work of Pittwater Council and the Pittwater Friends of Soibada in their cooperation program. Australia seems to have forgotten that nearly 40,000 East Timorese lost their lives in World War II supporting a small force of Australians. For the Defence and Community Service representatives thank you.

To the Spectators. The sub-Branch offers the Tattoo for you to enjoy and I hope today has been successful.

To the Participants. None of the performers nor the displays receive any financial assistance so their attendance is exceptionally generous noting these times of financial paucity. This is particularly applicable for the returns of the Federal Police Pipe Band from Canberra and the Pipes and Drums of the National Servicemen from Brisbane. This is their second year and hopefully, the National Servicemen's Band will be the lead next year in Tattoo 2014 when 201 Army Cadet Unit will exercise Freedom of Entry and the Tattoo will have an Army emphasis. Thanks to the Pipe Bands and the Concert Bands, one being that from the NSW Fire and Rescue with their precision marching team.

To the Volunteer Workers. Again this year a very small number of volunteer worked tirelessly to make today possible. It is not possible to identify all individually without forgetting someone but you have my and everyone's sincere thanks. Just to mention a few:

Robert Dodds and his group of Club and sub-Branch members who not only prepared the stage, flagpoles, lighting and awning but have to remove them on completion.
Andrew MacGregor who coordinated the displays and, with Linda, produced all the brochures, and then has been the MC
Peter Wilson, the Northern Beaches Nashos and the Marshalls who controlled road barriers, vehicle movements and parking.
The Navy Cooks and the Two Tanyas who provided the food for today including lunch sandwiches for 750.
The VIP Coordinators or should I say controllers lead by **LTCOL Richard Morgan**.
Welcome back to Mark Bradbury after his accident who coordinated the ceremonial
Ted and Ann Noble of the Rural Fire Service who coordinated the pipe bands
David Willingham for the castle background
The NSW Police for the traffic control for the Street Parade

What is The Future? Some of you may have heard rumours from a small vocal minority opposed to the Tattoo but I can assure you that this great event will continue. Next year will be 201 ACU's Freedom of Entry and an Army emphasis. There is the possibility of a large number of armoured vehicles and even of financial sponsorship which might then allow some reimbursement to participants for their costs in attending. The participants have been requested to provide constructive criticism on improving the Tattoo and, as something new, comments from spectators to the sub-Branch email on the Navy Cadet flyer, or on Facebook would be welcome.

Finally, Special Mention is made of our Community Service representatives and the youth organisations. We have heard the bands from Mater Maria, Pittwater High and Barrenjoey High Schools. The participation of the RFS Cadets, Sea Scouts and SES in the Street Parade together with the Sea Scouts Fire Display Team complement the Navy, Army and Air Force Cadets and the Australian Air League with their Hornets Drum Corps. The sub-Branch is honoured to make this Tattoo commitment to the community, especially to our youth, the future of Australia.

Michael Mannington's Volunteer Photography Public gallery here

Our Annual Avalon Tattoo Pictorial

The Pipe and Drum Bands
Burwood RSL Pipe Band
Pipes and Drums of the National Servicemen's Association
Australian Federal Police (CCPB) Pipe Band
NSW Rural Fire Service Pipe Band
NSW Fire & Rescue Band and Marching Team
Australian Air League Riverwood "Hornets" Drum Corps
RAN Band Concert

Cadets and Sea Scouts
RAAF 22 Squadron
Australian navy Cadet201 ACU
305 Squadron AAFC
Rural Fire Service and Cadets
Australian air League
NSW Seat Scouts and Cubs
Fire Team Display (Fire Twirlers) by Sea Scouts

School Bands
Barrenjoey High School
Mater Maria College
Pittwater High school

Community Groups, Displays and Information
Australian Navy Reserve Dive Team
ANR DT Five
Pittwater Friends of Timor Leste
NSW Rural Fire Service
NSW Fire and rescue
NSW Marine Rescue
State Emergency service
NSW Police
Rotary Club of Pittwater
NSW National servicemen's Association
Vietnam Veterans (Northern)
Vietnam Veterans Motor Cycle Club
Vietnam Bus
Skippy 'QANTAS' Squadron
St Johns Ambulance
Warringah Scottish Society
The Clan Gregor Society
David's Larder (Scottish Food)
Scottish Banner (Books and music)
White Heather (Scottish Accessories)

Hon, Bronwyn Bishop, Hon. Rob Stokes, MAyor Of Pittwater, Cr. Jacqui Townsend and Inspector Graeme Pickering, Northern Beaches Local Area Command, NSW Police.
Picture by Michael Mannington.

Lone piper David Bowers of Clan Gregor with Hon. Bronwyn Bishop, Federal MP for Mackellar.

Pictures by Michael Mannington and A J Guesdon, 2013.

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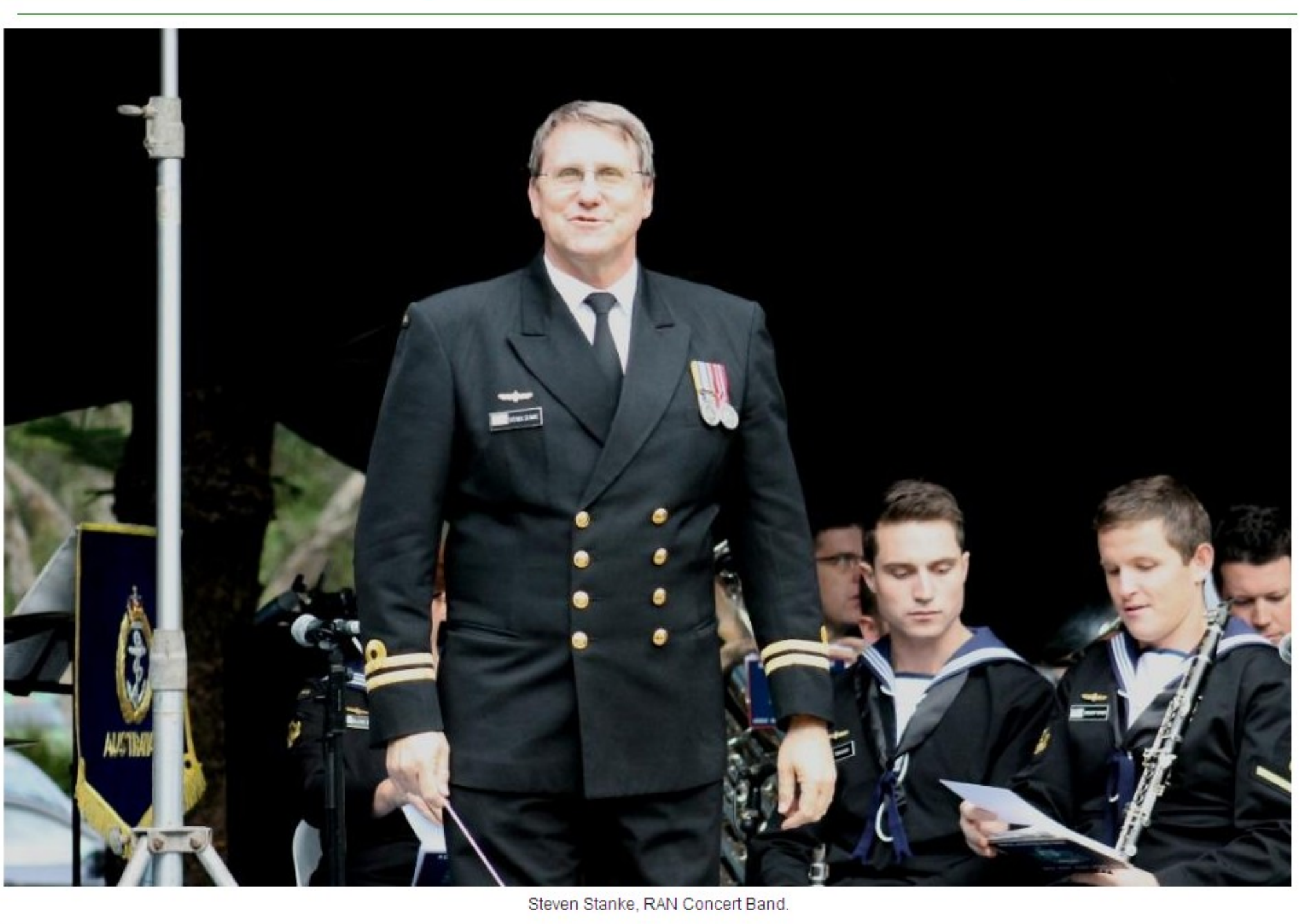
Clan Gregor gentlemen.

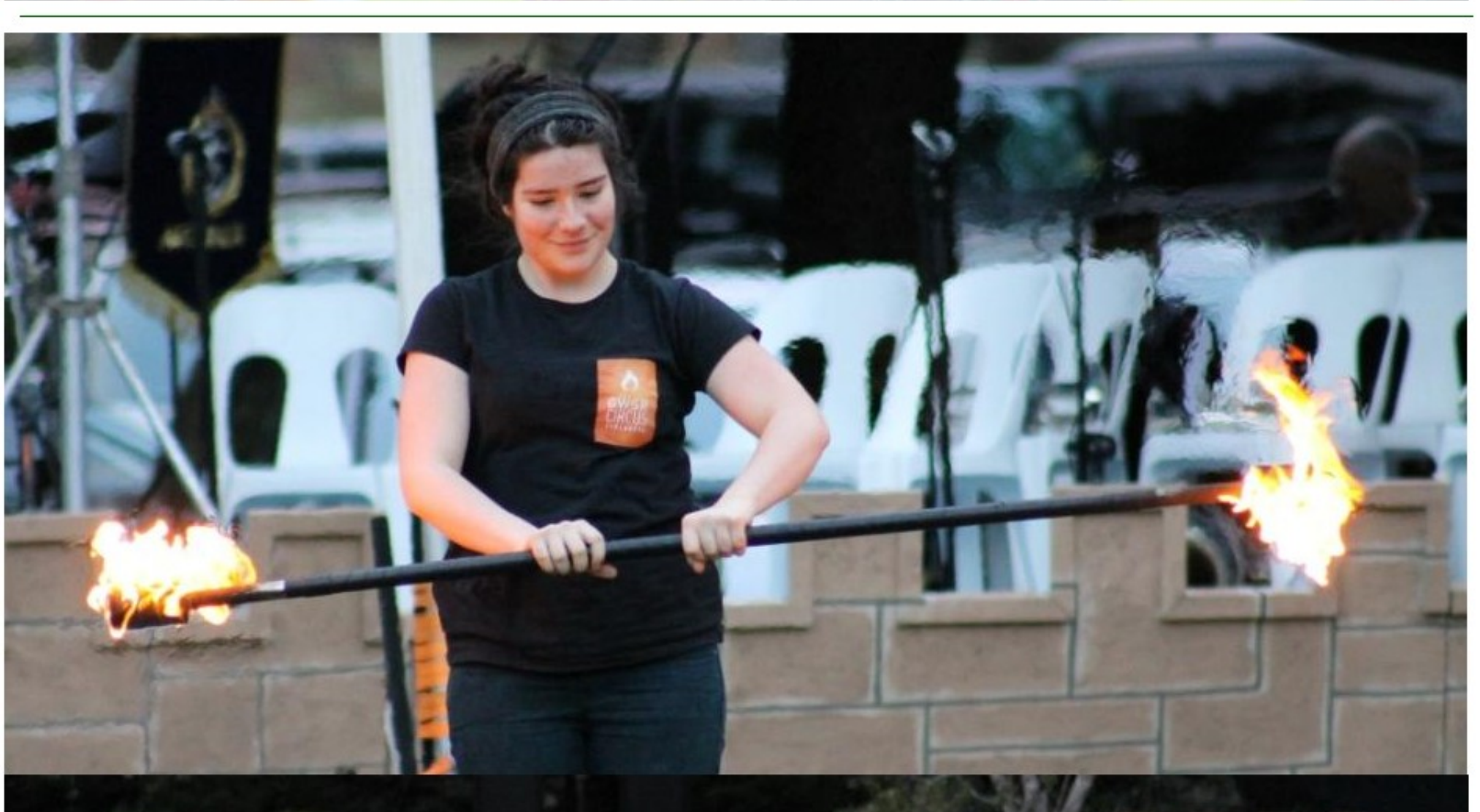
Marine Rescue - Broken Bay Volunteers Jimmy Arteaga, Keren Muri-McCasey and Jason O'Neill.

Australian Air League Riverwood "Hornets" Drum Corps.



Steven Stanke, RAN Concert Band.

Ricjrad Morgan, Tamara Sloper Harding, chairlady PFOS, Mrs Ana Paula Mok Guterres and Bob Nelson.



Andrew MacGregor, Debbie Tennant and Lone Piper David Bowers of Clan Gregor.

Pictures by A J Guesdon, 2013.

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Pittwater Online News

June 16 - 22, 2013: Issue 115

Transcription of Speakers at Community Consultation by the Independent Local Government Review Panel at Dee Why – June 4th, 2013

Professor Graham Sansom- Chair of the Independent Review Panel attending.

On Tuesday 4th of June 134 people from community groups and residents of Pittwater attended the community consultation session conducted by the state government appointed Independent Review Panel.

The evening opened with Professor Graham Sansom- Chair of the Independent Review Panel, showing graphics to give insights into how the panel were now reaching a "crystallised" stage of what will go into their final report to the NSW State Government.

Professor Graham Sansom then invited the first of 13 people who had applied to speak to give their presentation into matters they wished taken into account when drafting the final report for state government, the follow on from the November 2012 *Better, Stronger, Local Government: The Case for Sustainable Change* and April 2013's follow on from that *Future Directions for NSW Local Government: Twenty essential Steps.*

Professor Sansom requested that all speakers not repeat anything anyone else had already said once their turn came.

Our apologies to the one Warringah resident who attended, Brian Halstead, for omission of his articulate, insightful and succinct submission. We assure you, sir, that we intend to launch Warringah Online News as soon as we can and it will be For, About and By Warringah.

We have also omitted two speakers who spoke on matters not relating directly to the matters in the papers to be discussed.

Harvey Rose former Councillor and former Mayor of Pittwater on behalf of the People for Pittwater:

Thank you very much for your presentation (To Prof.) but I cannot see any reason why that presentation would lead to a recommendation for the merging of our councils. I cannot see in the latest report any reasoning or detail for the recommendation of the amalgamation of our councils. I'm at a loss to see what they are.

I speak for People for Pittwater which was formed late last year which was put together by former mayors and community leaders from the save Mona Vale Hospital Committee and Friends of Currawong members. As you would know we have put in a submission to this forum.

I would stress at this point that the panel has a moral obligation and responsibility in this matter. It's not just economics or some theory about when this model should be employed in Sydney, it's about things that people are connected to, that underpin our everyday life. Most of all it's about community connection, community. The panel must recognise that it has a moral responsibility, I want to stress this because it doesn't get stressed often enough, you're not just playing with people, you're playing with people's lives, and their connections. There's a moral ethos, and if you do the wrong thing, if you undermine the connections we have, as we do have a connection to our councillors most other councils do not have in community structure, in community actions. There is abundant evidence today of overwhelming of community support against amalgamation.

I would like to reiterate the level of community support we have in Pittwater; specifically, I remember how hard our community fought to establish Pittwater Council to ensure the unique and environmental character of the local area was properly represented. I do not think an adjacent council and amalgamation with them would benefit us. I strongly support a local identity and democracy provided by our own council which has served us faithfully and well over the past 20 years. We have 60 thousand people in Pittwater, already an above median population per council.

Our submission also talks about financial liability. Our council, according to recent reports, is among the top 30 of NSW Councils to have financial stability, as seen in the report of May 2013. If the council's among the top 30 as far as financial stability and the council's beside us are finically stable, why would you want to combine us? Why would you want to cause problems?

Why do you want to cause all the financial problems of bringing us together to end up having to then go through what has happened in Queensland where councils that were forced to amalgamate and now having to de-amalgamate once more at considerable cost to those councils on top of their previous amalgamation costs.

Pittwater Council has of course finally been recognised as a successful council with the Bluett Award for most progressive Council and the best council in NSW.

The way forward for our region is what we have suggested before, is to build in all regional areas something similar to what we already have here in the form of SHORAC where we get together on all community issues; on health, on transport. This has worked marvellously for us and millions of dollars have been saved so far, it is already working.

Our shared services will come. All of those things will come. Why interfere with something that's already working? Why would you de-stabilise it ? Why would you upset everybody? Why would you mess up the financial viability of three financially viable councils by talking about amalgamating them? I really do not understand the basis for your current report's recommendation. I ask that the Panel recognise that Pittwater Council is held in high regard and affection by our community and our community, I assure you, will mount a vigorous campaign if there is any move towards a forced amalgamation. I will say in closing on this issue a few paraphrased words from Dylan Thomas;

The people of Pittwater will not go gently, they will rage and rage against the dying of the light!!

Shane Withington on behalf of the Friends of Currawong:
Thank you very much. Firstly; No!, it's a bad idea. (To Prof.)

Pittwater Council, as you would know, was born of the people. We de-amalgamated, we broke away from a council that was sending the high rise ever further north like those you see down here (at Dee Why). We felt more then ignored and abused by the members of the then current council.

Small is good. Pittwater Council is available to the people, the councillors are accessible. You can confront them in the street, they love being confronted in the street. If you call them, they answer their phones. But importantly it is a council that was fought for, a council that is new, and a council that was made by the people to escape a larger council. So no!

Secondly; we are used to bad ideas coming from the state government. The state government though it was a great idea to shut our hospital; what? That's a bad idea…that's a really bad idea. And it took these people, in this room, years and years of dedicated fighting to save our hospital and the people running it and they should be congratulated. That would not have happened, I don't believe, under a super council, because you are then divorced from the seat of power. The further away you are the less power you have. We can access our councillors in Pittwater.

The other bad idea regarding Pittwater that came from state government was to build basically another suburb inside the National Park at Currawong. That was an appalling idea. They wanted MacMansions to be built inside a park that's on the state heritage register. They wanted to destroy the National Trust listed cottages and pick up the heritage listed homestead Midholme and take it away. These are bad idea, but people here fought for 15 years against overwhelming odds, against panels similar to yours.

Pittwater is not a square on a map, it's not Chatswood, it's not Brewarrina, it's not Mudgee. It's the Tasman sea, it's a thin strip of land that has been ecologically sustained. You have Pittwater, then the Kuringai Chase National Park and then the Hawkesbury River, it's not your average council area. It has a lot of very specific issues that must be maintained and we care about them and cared enough about it to fight to secede and so naturally when we are threatened with these kind of things happening or these proposals are raised we will fight. **We don't want to become more of Warringah, we don't want to become Balgowlah by the sea, we want to have what we have now because it is a very successful and a very viable council.**

Council amalgamations failed in New Zealand. I don't believe they were successful elsewhere either.

I think **it's disappointing that you state your ideas have crystallised before anyone has had a chance to speak**. We're coming second already in this debate. It's also nice to see that you've cited the UK as a recipe to follow for council amalgamations here. I'm here to tell you that the UK is not the recipe for here. The map I saw of councils in distress were in western NSW. Maybe we should be talking about amalgamations of council's in NSW because we don't want that here. We like our council as it is.

Robert Dunn, former Councillor and former Mayor of Pittwater:
Ladies and Gentlemen,
Thank you for the opportunity to make a submission, and for previously, through your chairman, hearing my address. As I then stated, I believe that your paper. "Future directions for NSW local government-20 essential steps," was extremely disappointing in many respects.

To begin with, you seem to have completely overlooked all but one paragraph of your terms of reference. The first four paragraphs of your terms of reference, with respect make no reference to amalgamations whatsoever. They emphasise the need to address future needs of local communities and include the important requirement of the ability for local representation and decision-making. Yet you focus only on point number five-"barriers and incentives to encourage voluntary boundary changes." In the guidelines that follow, you also only focus on the fifth dot point "take into account the Liberal-National's 2011 election policy of no forced amalgamations." You also apparently allow yourself to be dominated by the referral to the "State Plan", which apparently includes some form of lip service to becoming the biggest and/or best state, and or making Sydney, a pre-eminent global city.

Whilst you're supposed to make sure that your recommendations meet the different nature and needs of regional rural and metropolitan communities-you finish up with only the one concept for enormous super councils-a policy which may be summed up as "Enormity by conformity " or one cap fits all.

You start off apparently justifying this approach by reference to the financial sustainability argument suggesting that amalgamations are necessary, because of the financial predicament of many predominantly rural councils. When you come to the metropolitan area, you change this argument by suggesting that western Sydney councils are enormous in size and you suggest the other financially stable but smaller councils have to conform with this size structure-to fit into the concept thus "enormity by conformity."
Although you pay lip service to keeping local government "local"-none of your arguments or recommendations come anywhere near this concept.

You suggest that perhaps having some sort of district forums would fill the void.

You fail to make any distinction between a small local community being able to be self-governing, as distinct from having some advisory role without any actual say in self-determination.

You refer to the New Zealand and the United Kingdom experience of large regional councils and as well as Queensland and Victoria, following their forced amalgamations. You acknowledge that the policy in Queensland has somewhat failed in that there is now a strong move for de-amalgamation, which is an extremely expensive process, and yet some communities still desire to take that course and shoulder that expense. You fail to mention the Victorian example, where there has been little evidence of the cost benefits that were claimed before the process started. You also failed to point out that the New Zealand and United Kingdom examples are within a system of national government, but not State government. Hence the analogy does not have any bearing since the State government itself can be seen as a regional government within the Australian governmental system.

In relation to the argument about financial matters necessitating amalgamations, you fail to take into account the fact that State government policies over many years of rate pegging have probably been the main contribution, rather than mismanagement by the councils themselves to the crisis in sustainability that has occurred.

Perhaps the greatest disappointment is the lack of a intellectual rigour that appears to have been applied to your deliberations so far. Instead of weighing up the "big" options against the "small" options, you have rather simply adopted the "big" option and disregarded the rest. At the time when Pittwater Council was formed, the Boundaries Commission of New South Wales followed a most rigorous process in putting the new proposed Council to the test. One of the intellectual arguments that was considered and debated was encapsulated in the studies of Prof Michael Jones and his book on Australian local government. In that book, Prof. Jones argued strenuously and logically that the advent of modern technology had rendered obsolete, the arguments of economies of scale-simply because these economies are available without adopting the huge bureaucratic administrative structures previously advocated by the "big is better" school of thought.

The councils of Pittwater, Warringah, Manly and Mosman are well served by the SHROC voluntary and cooperative organisation, which allows retention of individuality and local democracy, whilst assisting councils to adopt a collective approach at a business or commercial level.

Furthermore, councils are able to widely sub-contract services directly themselves from larger corporations in the business world without having to adopt the bureaucracy of large management in doing so.

Overseas, there is the example of Switzerland, which rejected altogether, the large centralised governmental approach in favour of a collective of smaller local entities or Cantons. In northern France, there are the examples of many Councils consisting of just a Mayor, and a few personal assistants able to contract for all services and public works without any large or structured bureaucracy at all being necessary.

In defining your concept of "large" fits all-you suggest that (see page 45):
"it should not be so large as to challenge the primacy of the State but have the stature, maturity and skills to be a respected partner and to develop a productive working relationship with state and federal agencies."

One could say that if you are really "an independent" panel, you might well consider that you should be recommending an end to State government rather than pandering to its ego to be number one again. You would not seek to justify your argument at and of amalgamation of the North Shore councils of Sydney simply on the basis of reducing what you refer to as "excessive fragmentation into small or relatively small units", by suggesting that retaining those financially sustainable and efficient small units simply cannot be allowed within the "big model", because it would be inconsistent with the "super council model", as advocated by you.

Far from referring to your terms of reference, you justify your whole approach by harking back some 40 years to the Barnett commission in 1973, and you ignore everything that has come since, including apparently modern technology, and for that matter, the Pittwater experience in becoming the first Council formed in New South Wales by secession in 1992. Pittwater Council although deprived of substantial reserves and having to start from a very thin base has proved to be successful in winning the Bluett award for outstanding local government and continuing to meet the needs of its residents and ratepayers over the period of 21 years since its proclamation. Pittwater Council owed a great deal of course to some of its smaller neighbours such as Lane Cove Council; Manly Council and Hunters Hill Council. To dismiss these small successful councils as simply "fragmentation" , against the reincarnation of the big amalgamation models of 1973 is simply outrageous and insulting and as mentioned requires the unthinking acceptance of your concept of "enormity by conformity" or is it "conformity by enormity".

Either way it is undemocratic and unacceptable.

With respect you should readdress your terms of reference and find a more subtle and intelligent approach to local government "reform".
You should allow in your deliberations for individuality and for efficiency from smaller organisations.
Respect comes not from sheer size but from the way you look after your community, from how you put democracy into effect.
You do not have to go back to 1973 to find those solutions.

Peter Mayman on behalf of the Avalon Preservation Society
I am speaking tonight on behalf of Avalon Preservation Association, a community group active within Pittwater for the past 52 years.

Tonight, we want to focus on your paper "*Future Directions for NSW Local Government*" and the issue of amalgamations.
We note that your review is apparently being driven by a requirement that NSW is:
QUOTE "*once more to become Number One* "
and that: QUOTE "*Sydney's population will be around 7 million*."

We question these assumptions and ask what does Number One mean---is it for example to have the highest number of new building developments per year ?? and do we want to have 7 million people??

We submit that you should be questioning both of these assumptions and seeking the views of the people of NSW.

Your proposal to shrink to 15 councils in metropolitan Sydney is based on:
QUOTE "*There is simply not enough revenue or sufficient numbers of skilled staff to sustain 152 councils across NSW*".
You go on to argue that:
QUOTE "*mergers should be pursued where they can make a substantial contribution to addressing financial problems, reducing fragmentation of resources and duplication of effort, and building strategic capacity for the long term*".

There may be a case for mergers to be pursued in some parts of NSW, but in the case of Pittwater none of these pressures are applicable. Finances are strong [in the top 30 in the state]. There is no problem of fragmentation of resources, which, where appropriate, are dealt with by shared resources, for example the Kimbriki waste facility, and further, Pittwater's long term strategic capacity is assured.

You may be tired of hearing claims of many areas being special or unique BUT some can be more unique than others! and Pittwater is truly unique.

It is truly unique. Why?-because it is the only council in 100 years to be devolved and separated at the demand of the residents in the Pittwater area because Warringah failed to recognise the needs of a socially, environmentally and culturally different area.

Pittwater residents have already paid an additional levy for seven years and now paying a Special Rates Variation of some 30 million dollars, on top of their rates, for the next ten years. This is to rectify the neglect and misallocation of expenditure by Warringah council prior to separation.

This separation has been highly successful and the idea of being forced [or induced] to re-merge after only 21 years is unthinkable to a very large number of Pittwater residents---indeed some are saying it is so ridiculous they are not going to think about it [so they won't be here tonight].

Separation has been successful partly because Pittwater council has been harmonious, non political and non-factional and at every stage has attempted to consult its community and has successfully managed its finances.

Pittwater does have relatively high rates. This is due in part to the need to maintain a large number of beaches, wharves, seawalls, waterways and paid lifeguards. These are special features enjoyed by locals but also by visitors from the whole of Sydney and large numbers of national and international tourists. It is therefore not credible to claim that amalgamation will see a reduction in the rates of Pittwater residents.

We applaud your reference to:
QUOTE "*the importance of keeping the local in local government--the sense of place and community identity so important to the quality of peoples' lives* '", but we see no evidence of this in your proposals. Indeed we see the opposite.

You state:
QUOTE "*Opponents of amalgamation rely heavily on the argument that local identity will be lost in bigger local government units, that larger councils will pay less attention to specific needs of different suburbs or neighbourhoods and will fail to take steps to maintain their character. Certainly people may fear that this will happen.* "

Yes! This is not just a fear, it DID happen. These are the very reasons that led to Pittwater's separation.

You state:

QUOTE "*The objective will not be met by self interest and special pleading.*"

We ask you to reconsider this. Surely the whole point of consultation is to hear local and probably self interested but definitely informed views, remembering the quote "*keeping the local in local government*".

Our special pleading is based on the unusual and one-off history of the birth of Pittwater and its ongoing success.

WE URGE YOU TO WITHDRAW YOUR RECOMMENDATION FOR ITS RE.AMALGAMATION.

Peter Mayman (Chair)
Avalon Preservation Association

Mark Walsh
Thank you; Let's recall these words…*that government of the people, by the people, for the people, shall not perish from the earth.*

Lincoln's words at Gettysburg still crystallise the essence of government. Pittwater Council is measures up to this test, so does Warringah council, so does Manly council. Earlier this year I had the experience of local government in action when a modern day dispute between neighbours came before council. At the fortnightly meeting council gave both sides a full and fair hearing and the benefit of their decision form which no member of the public was shut out. Their dispute resolution was based on a fair decision process took into account the views of the neighbours and interested groups. It was government in action and by our form of local government we entrust to our councillors our plans for our environment. They were elected so we can have a say in who looks after our interests and they are responsible to us. We like this model, we like that our councillors take their duties very seriously and we respect them for their sacrifice and for the time that they contribute to us. For that we thank them.

There's a difference between state and local government, councillors are elected explicitly by voters and it's a form of government that is very different from state government. The state government has a much broader reach; it looks at the allocation of state wide matters such as education or state wide railways whereas local government takes place within our community and is subject to ongoing and constant consultation with our community. That's its genius, that's its success, that small is beautiful, that very point.
The state government has very important business but it's located in Macquarie street essentially and consults with the broader community around the state and that's the difference between the two. An enlargement of council areas will mimic the state government in duplication. Whereas in Pittwater we have access to our councillors; if we see them on the street or at the beach or pool we talk to them, we're not subject to some faceless executive or minister who determines the changes to the community, which in the case of our still recent split, was far from the consultation process or responsible action.
The essence of this is that we live in an environment not an economy.

Eye contact with one's peers, our contact with our councillors and its officers, gives us our sense of community; not having to contact or deal with someone who operates just on numbers. Einstein said 'not everything that matters can be measured and not everything that can be measured matters.'

Spare a thought for the public servant closed in an office making a decision on abstract and theoretical matters on regional government in a rational way and without the benefit of the feedback that councils receive. Larger bureaucracies also become great lobbyists and it is of course a source of great annoyance to a lobbyist that they cannot exist in a municipality or a small region.

We've heard earlier about Switzerland; it's success is due to 'bottom up' processes, by comparison the pharaohs and every government since in Egypt has been 'top down' and spun numerous smaller units.

We know that twenty years ago Pittwater Council became a reality and since that time the residents of Pittwater have determined our planning instrument to project our vision. The heart of that vision is Pittwater Council's mandate and we, the residents of Pittwater, wish to preserve our council for the benefit and enjoyment of the residents and also most importantly for our guests, our visitors, many from overseas.

The amalgamation of our council will reduce the opportunity of council for community consultation and lessen responsible representative government. We are custodians of a great place of national beauty; this we do through our council of Pittwater, through planning policies and protection of the lands that we hold in trust. Finally I would like to acknowledge the traditional owners of our land, the Guringai and other peoples on whose land we now stand. I pay my respects to the elders past and present.

Eunice Raymond on behalf of Save Mona Vale Hospital Committee and Co-convenor of People for Pittwater
Claims that amalgamations will enable economies of scale are spurious. Pittwater Council is a well run and efficient body. It must account for every dollar spent from a tight budget on which many calls are made. Its financial reports are regularly published and are easy to read. The ratepayers can see if there is wastage or inefficiencies (more than what can be said of state and federal regimes). Pittwater Council is also optimum size to enable community input. Local government is primarily about participatory democracy. It is our only chance as state and federal governments are, by their nature and size, representative governments. Consequently, it is imperative that we maintain our independence.

As Chair of Save Mona Vale Hospital Committee we have seen the outcome if, as part of a much larger body, Pittwater matters are ignored. In our fight to save the hospital we were totally ignored by both Warringah and Manly Councils. Indeed, we were actively opposed. Pittwater council must remain a separate autonomous Local Government Area.

Tony Eadie: thank you Mr. Chairman, ladies and gentlemen.

I have a long history in Pittwater, Pittwater has a long history itself. It started out with rum coming into the area via Barrenjoey and a Custom's Station was set up to tax those doing this. My grandparents in the 1940's and 1950's owned the Newport Arms Hotel. I was born in the Hunter Valley and we used to come down here for holidays and stay with them.

I'll make this brief because we all feel the same thing here tonight. Pittwater has for a long time been the a!s! end of the peninsula but it is the best bit of the peninsula and we want to keep it that way and the one thing we can do for this is show solidarity as we have tonight. I fell very humble when I see who is representing us here tonight and how well they have spoken so I want to keep what I say very brief. All I can add that I am one of many who disagree with what has been proposed for Pittwater and that I for one want to see us all keeping Pittwater the way it is. Thank you very much.

Jenny Cullen:
The message that I hope you will take home tonight is that you have come to an area where the people who fought for then elected their council truly love and respect it and wouldn't it be wonderful if all the people in NSW could experience what we have experienced in living with a council that you can access and can work constructively with. I'm sure like many of the people in this room, we are part of many local groups, we are people who give lots of time voluntarily because we can and we're also the sort of people that if we're looking out the window or walking along and see something we don't like, ring up council and write letters.

Tonight would be a night to say thank you to all the councillors I see around here, all the past and present council staff, because when those things have bothered me and bothered lots of you, big things like saving Currawong or smaller things like saving a bit of bush that you care about, when you ring up…someone answers the phone. They do return calls and emails, and they do try to work with you respectfully and constructively.

We, with our joint huge amount of pester power, which we sometimes devote to pestering council, will now devote that time by many many times, to pestering anybody who tries to take that privilege away from us.

I would like you to add a bullet point that I didn't see in your earlier presentation; which to me is a missing link here with the reference to Einstein on things that count but cannot be measured. **What you are seeing here tonight is an involved citizenry and that is the fundamental building block of a vital democracy**. There has been much comment lately about the increasing tendency, particularly regrettably, of the younger generation that is coming along to not be quite as involved in local community groups and political guidance and in the whole process of democratic government. They learn from Pittwater though because what we have learnt form being part of Pittwater council is that anybody and better still, a group, can make a difference. All the people in our local and federal governments are genuine people trying to do a good job. In the case of Pittwater council and its staff we know they really care. It doesn't mean always mean we'll come back to exactly the same solution. When you engage in our process you begin to understand the very complex compromises and advances that anyone here has to make and so you are more engaged at the other levels of state and federal government.

If you want to create a very strong democracy people need to experience their ability to make a difference and experience it at the local level.

The other thing I'd like to add is that in my experience as a local public school primary teacher is that both Warringah and Pittwater councils do absolutely unique and fantastic jobs in supporting schools to educate their children about the local environment and about good citizenry. And again it is at that age that people learn that they can actually make a difference. The sorts of programs that both those councils offer are to my knowledge the best I have ever heard of and they are tailor3d to very specific environments.

One example of this is there is a specific and ecologically endangered community at Duffy's Forest ; Warringah Council has a fantastic program to teach children about that through excursions to our environment centre where education officers are available. There are people who will visit the schools, people who will give you advice on looking after the environment by visiting local schools. The people who help schools look after their local bushland and educate their children are our local governments.

I would love it if you could get that as a model for the whole of NSW where you involve young people and involve citizenry that will then go on to care about other levels of government.

Karen Lambert on behalf of the West Pittwater Community Association
I'm speaking on behalf of the offshore areas of Pittwater tonight. And that is a very very particular and unique aspect that Pittwater has; an offshore community. **To use an appropriate analogy I would say offshore communities would be swamped by amalgamation**.

Pittwater's offshore areas are a very particular…council has 28 wards they have to have to upkeep and maintain and the council, because of our unique situation with the Pittwater (estuary) and the waterways, actually works in partnership with the community there. That is really unique and really important. Many people have already spoken about our access to council so I won't go there. I have had a number of people who dealt with the state government twenty-two years ago say this would be an incredibly backwards step.

The quality of the relationship we have with the council should be supported now and in the future. It's sustainable now and we now it is the model that works for us and it should be taken up by your panel as such.

I'm just going to make a few points regarding some of the issues raised in your paper;

Pittwater has excellent consultation. Amalgamation would weaken this and we all know that the 'local in local government' works best. Again; we already have that so why would we want to change that.

Financial realities and fiscal responsibilities; Pittwater does not have these issues and I think all will acknowledge here that Pittwater really punches above its weight in this regard. It must be acknowledge that we, or council, provides infrastructure that benefits people in the wider metropolitan area as well as its own residents. We do that and we're still financially viable so why would you change that?
With regards to infrastructure backlog; I think people have already spoke of SHROAC that offers opportunities to combine on economic on scale to provide services and infrastructure. That is already happening; amalgamation is not necessary to provide that.
Many of my points have been made already but I would like to raise this;

I did work in state government for 12 years and I do understand that the tyranny of remote locations is an issue, and I can understand the difficulty for people of western NSW. It's a huge burden and Point 14 where you talk about the rural councils issues and I think that in general there is probably a feeling that metropolitan areas should support rural areas because in return we are supported by them. I also think that another issue that is felt in some parts of Pittwater is that the best vestment of infrastructure by state government through its instrumentalities and authorities and its surface delivery of infrastructure to councils needs scrutiny.

You made a point before about the buying power of a statewide Combined Council's for low interest council loans; that's a great idea but is not contingent upon amalgamation.

Finally, you mentioned that local councils are getting more complex. I'd like to suggest that part of this is because state government is decentralising its responsibilities to the councils and doing so because they're cost cutting their own responsibilities and in doing so are shifting this burden onto local government.

We should be very wary of that; we should call a spade a spade and in closing; let's keep Pittwater as it is. Thank you.

Fred Murry-Walker on behalf of the Clareville and Bilgola Plateau Residents Association (CABRA) – secretary
I am Secretary of the Clareville and Bilgola Plateau Residents Association which represents some 1000 households.

I would like to acknowledge the Guringai Aboriginal people as the original Custodian of our land and to say that I am extremely envious that they knew Pittwater before any development occurred.

This address is a cut down version of our submission. We have eliminated the supporting detail in order to keep to your time limit.

Our first point is that there is an underlying attitude of 'one size fits all' and yet no compelling reasons are given.

Secondly, the report fails to consider alternate ways, both financial and procedural, that would lead to improving local governance.

We will give some quotes and they all come from "*Better Stronger, Local Government: The Case for Sustainable Change*". November 2012:

The first is Page 10 "*Local government is the democratic representative of communities. It is 'close to the people'. It can lead communities. It can be the voice of communities. It can moderate between competing interests. It can create places that make lives better. …To be an effective partner in the broader system of government, local Government must be both* ***truly*** *'local' in the way it relates to communities, and Have the ability to address problems and emerging issues at a larger scale.*"

Page 11, Box 2: You list 17 points under the heading, "*Elements of an Effective System of Local Government*".

Pittwater may not be perfect but it comes pretty close to achieving those values and elements. But more importantly, although you identify them, you place no value on them in determining whether amalgamation is needed. It seems that the only criterion is 'Bigger is Better'.

On Page 23, you actually say: "A 'one size fits all' approach is **untenable**."we repeat, 'untenable'.

Now we would like to turn your attention to alternate ways of improving local governance.
Page 9:

"*On the whole, councils continue to deliver a reasonable range of services and do so quite efficiently. But on closer examination it becomes evident that underlying financial problems and infrastructure backlogs are mounting; grants are not being allocated sufficiently to areas of greatest need; many more councils should be applying for Special Rate Variations; efficiency, effectiveness and regional collaboration must be improved considerably to make the best use of scarce resources; there are too many layers of regulation; too many councils focus on compliance rather than performance; the local government associations need to play a stronger role;.*"

So what have governments, in particular the Department of Local Government, been doing to discharge their responsibility to support and oversight local councils?

You identify the problems, and then apply a pollyanna attitude that amalgamations will fix everything. This is lazy and fatuous thinking.

I am appalled at the lack of financial analysis in this report. Nowhere is there any detailed cost justification for amalgamations. It's all ethereal. If this was the private sector, proper business plans including detailed financials, costed benefits, implementation costs and risk analysis would be done. We are after, all talking, about 152 businesses with almost $10b revenue streams.

The elephant in the room is the State Government.

This proposal to amalgamate local government areas is fundamentally a funding problem. Nowhere in the reports have we found that local councils are over delivering on the level of service and infrastructure or that the funds are being wasted. On the contrary, the evidence is that available funds are being well applied but that they are insufficient, a result of decades of one size fits all state government imposed rate pegging.

The state government has the responsibility for managing the level of expectation of services and infrastructure to be delivered and having set that level, they are then responsible for the funding. They are entitled to force some self or local funding but if that is insufficient, the State Government must make up the shortfall or ***reduce the expectations***. What they are not entitled to do is to impose arbitrary boundaries ignoring commonality of issues.

One more quote from Page 20 which obviously refers to the White Paper headed 'A New Planning System for NSW'.:

"*There is a risk that policies designed* ***to increase*** *housing supply and improve affordability will impose* ***an unsustainable burden on council budgets and ratepayers.***"

You see, while on the one hand the State government is whinging that local councils are inefficient, on the other hand they are imposing layer upon layer of cost.

Another example is the 'Overland Flow Mapping and Flood Study'. This was imposed on all councils and cost Pittwater at least $100k plus considerable ongoing costs. This money has been an utter waste. The risk may or may not be real but the problem could have been easily resolved by the State Government taking other action or even no action.

Our final point is to look at the very reason for this meeting. I'll bet that many millions have already been spent over the years getting to this point, yet, I'll bet that the need for more funding was intuitively known to any practitioner or academic familiar with the local government sector and I'll bet that the findings of this committee are nothing more than a political cover for the State Government to postpone and/or avoid its financial responsibilities.

We are not being disrespectful to you, but we are appalled at the waste of money when the aim is to save or at least spend more efficiently. We are appalled that so many people are wasting their time and money on matters that have self-evident solutions and we are particularly appalled that so much time and money will be spent on amalgamating council areas when amalgamation is not required and which would then be de-amalgamated as in other states.

In short, 'if it ain't broke, don't fix it.'

This sentiment is particularly felt in Pittwater. We fought hard and long for independence to prevent the destruction of our special character and to ensure the efficient expenditure of resources back to the community from which they were raised and we will continue to fight until you leave us alone.

We thank you for the opportunity to present our point of view.

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RPAYC Match Racers Take Bronze at Match Racing Worlds

RPAYC Match Racers Take Bronze at Match Racing Worlds

Royal Prince AlfredYachtClub Members Katie Spithill, Jessica Eastwell, Stacey Jackson and Maryann Thomas teamed up with their Italian crewmate Alessandra Angelini and took on the Women's Match Racing World Championships in Korea, sailing in K30's.

Katie and Team were lucky to be offered the wildcard for the event after Katie's ranking dropped to 175 (highest being 2) due to some time out and also recently becoming a mother.

The girls decided it was a great opportunity to get some of the old team back together and go to the event to have some fun. Well the girls did more than just that, finishing 5th in the Round Robin they raced Swedish Match Racing Olympian Anna Kjellberg and Team and won 3-0. Progressing to the Semi Finals they were paired against the current Match Racing Gold Medalist Spanish Tamara Echegoyen in 3 hard fought races with multiple lead changes but did not come out on top. This left them to fight for 3rd place in the Petite Final. Racing against Russia's Match Racing Olympian Ekaterina Skudina they lost the first race and fought back to take the next 2 races with a 2-1 scorecard to take a podium place.

Katie, Stacey and Jessica were all previous members of the Australian Women's Match Racing Team and when that concluded they all took some time out to focus on other things. Jessica has become a science teacher at an International School in Belgium, Stacey is running the Reichel Pugh 66 'Black Jack' based in Brisbane and Katie has been busy with a newborn baby.

We asked Katie for a few insights into how it felt to get back under competitive sails;
'It was fantastic to be back on the water again, after some time off and then maternity leave I was ready to get back into it. Ideally some training and a lead up event would have been great, but time didn't permit any of that so we went straight into the event without any training'.

'Our result was well beyond my expectations for the event, whilst I always want to win the aim for the event was to get back into sailing for fun and with friends, to be able to achieve this and a podium finish was fantastic'.

'It was definitely different traveling to this event, the first time I have had a family to travel with me! My husband came to help look after my baby girl Chloe (6 months), whilst I was on the water.

What's next?

'What is next? Good question, right now my priority is my baby girl but I can't lie that I must say I have the sailing bug again, and will be keeping an eye on the Regatta Calendars to see what I can possibly fit in.

4
ISAF
WOMEN'S MATCH RACING WORLD CHAMPIONSHIP

WIMRS Press Release

Tamara Echegoyen, Spain, is the 2013 ISAF Women's Match Racing World Champion. But final opponent Camilla Ulrikkeholm of Denmark didn't let the Spaniard continue her amazing record of only victories from the previous rounds. Sailed in breeze with gusts up to 25 knots, the exciting finals ended 3 - 2 in Spanish favour.

- It was a really difficult day, with wind changes and puffs that forced us to always stay close to the other boat to try and control them. Now I'm just so happy, and very proud of my great team. They've done a marvellous job, and I enjoy every day with them, Tamara Echegoyen praises her crew Sofia Toro, Eva Gonzalez, Mariana Lobato and Lara Cacabelos.

Camilla Ulrikkeholm fired off some Danish dynamite this Busan Sunday (**9.6.2013**)on the second event of the inaugural Women's International Match Racing Series. First defeating Ekaterina Skudina by passing her on the last downwind in their last semi final match, when both boats broached and got their spinnakers through the fore triangles. Ulrikkeholm managed to get the control back quicker, approaching the finish line and leaving the Russian behind with a kite that tore completely into pieces.
Then Ulrikkeholm went into the finals and there she shook up the - until then - unbeatable Echegoyen, beginning with two straight wins in the final matches. The road was then open for a Danish delight, but Tamara & Team wanted something else and fought back:
- I think Camilla & Co had more speed than us, and it was very difficult staying ahead of them. I had to think for myself that everything was still possible, that we had to focus on each race, relax and try to sail the best we could. If we could win all week before, then we could for sure do it again, Echegouyen comments.

- We know that we are strong in big boats and a lot of breeze, and we felt that we had everything to win against the Olympic Champion Tamara, Ulrikkeholm says, explaining why it went wrong in the last three final matches.
- Well, in the first one we got penalized for not finishing a gybe in time, in the second we lost a crew overboard when she wanted to hike a little extra and lost her grip, and in the last match we made a bad start at the leeward mark, and you can't afford such things when racing against Tamara Echegoyen!
- I want to congratulate Tamara and her team. We gave everything we could, but it wasn't enough for gold this time. However, if you ask us tomorrow I think we will be satisfied with our silver medals, Ulrikkeholm laughs.
- We had really amazing matches and a great fight, I liked this week from start to finish. My next event is the 49er European Championships in Århus, Denmark, but I will also have to try and fit a few more match racing events into my schedule, Tamara Echegoyen smiles.
Camilla Ulrikkeholm's next event will be the Danish Open Ladies Cup, sailed June 20 - 23 at her home waters of Skovshoved, Denmark.

In the petit final in Busan, Katie Spithill lost the first match against Ekaterina Skudina, but then managed to get back, defeating the Russian in two thrilling matches, and securing the third place and the World Championship bronze medals to Australia. She was more than satisfied with this accomplishment, as she hasn't been at the helm in match racing for two years:
- **It was great to get back out there and remember how it's done. I think I have the match racing bug again now, and I just need to figure out how to finance some more regattas. A big thank you to my crew, who did an awesome job everyday on the water**, Spithill says.

Regatta Director Alfredo Ricci was also very pleased with his sixth successful event in Busan, Korea:
- Absolutely, we are extremely happy and very proud to host the ISAF Women's Match Racing World Championship for the first time here in Asia, he says, explaining their way of looking at things.
- Our approach is to always listen to the sailors' feedback, taking care of any possible issue they may come up with. We are already looking forward to next year, being an important part of the Women's International Match Racing Series, he declares.

In the Women's International Match Racing Series' standings after two events in France and in Korea, Tamara Echegoyen is now sharing the top position with Lucy Macgregor, Great Britain and Anna Kjellberg of Sweden.

Results in the ISAF Women's Match Racing World Championship 2013 in Busan, the second event of the inaugural Women's International Match Racing Series (skipper/nationality/WIMRS points/prize money):
1. Tamara Echegoyen, Sofia Toro, Eva Gonzalez, Mariana Lobato, Lara Cacabelos, ESP, 25, USD 20 000
2. Camilla Ulrikkeholm, Trine Palludan, Louise Ulrikkeholm, Josefine Boel Rasmussen, Joan Vestergård Hansen, DEN, 22, USD 15 000
3. Katie Spithill, Alessandra Angelini, Jessica Eastwell, Maryann Thomas, Stacey Jackson, AUS, 19, USD 12 000
4. Ekaterina Skudina, Silke Hahlbrock, Ekaterina Chashchina, Tatiana Lartseva, Vera Dubina, RUS, 15, USD 10 000
5. Anna Kjellberg, Johanna Larsson, Karin Almquist, Linnéa Wennergren, Annie Wennergren, SWE, 13, USD 9 000
6. Alexa Bezel, Corinne Meyer, Romy Hasler, Manon Luther, Laurane Mettraux, SUI, 11, USD 8 000
7. Susannah Pyatt, Karleen Dixon, Jenny Egnot, Jenna Hansen, Raynor Haagh, NZL, 9, USD 7 000
8. Claudia Pierce, Hannah Osborne, Aimee Famularo, Paige Cook, Janelle Peat, NZL, 7, USD 6 000
9. Sung-Eun Choi, Won Hee Seo, Moon Mi Kim, Jin Sook Choi, Som Da Park, KOR, 4, USD 5 000

WIMRS
WOMEN'S INTERNATIONAL MATCH RACING SERIES
2013 ISAF Women's Match Racing World Championship

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Premier's 2013 Community Service Award Winner Announced - Thursday, 13 June 2013

Member for Pittwater Rob Stokes today announced volunteer photographer Michael Mannington as the recipient of the Premier's 2013 Pittwater Community Service Award.

The award was presented at a reception for Pittwater's community leaders at Mona Vale Golf Club and acknowledges exemplary service to the Pittwater community by a local volunteer.

As the founder of Volunteer Photography, Michael has spent countless hours providing free professional photography services to local charity, community and sporting organisations, and also played a pivotal role in the successful community campaign to return Currawong Beach to public ownership.

"There are countless community groups in Pittwater that have benefited from Michael's skills and generosity," Rob Stokes said today.
"I'm constantly amazed by Michael's passion for our community and his enthusiasm to support our diversity of local groups and associations.

"The services Michael provides are often beyond the financial reach of many of our local community groups so there's enormous appreciation for his work.

"Michael is quickly becoming known as the 'everywhere man' due to the huge number of community events he assists with.

"Michael's work behind the scenes certainly hasn't gone unnoticed and in many cases has proven invaluable in raising awareness and attracting support.

"This is a truly fitting award for one of our community's most tireless volunteers," Rob Stokes said.

We spoke to Michael after he had recovered from his shell shock and asked for a quote on how it felt to be honoured and recognised in this way.

"It is an honour to receive this award. I have been privileged to meet and work with most of the community groups in Pittwater. The community spirit in Pittwater is inspiring and it is rewarding to be able to capture and record the marvellous work done by so many volunteers."

The Premier of New South Wales
Community Service Award
Awarded to
Michael Mannington

Michael Mannington and Hon. Rob Stokes.

Photos by Mike O'Flynn, Volunteer Photography.

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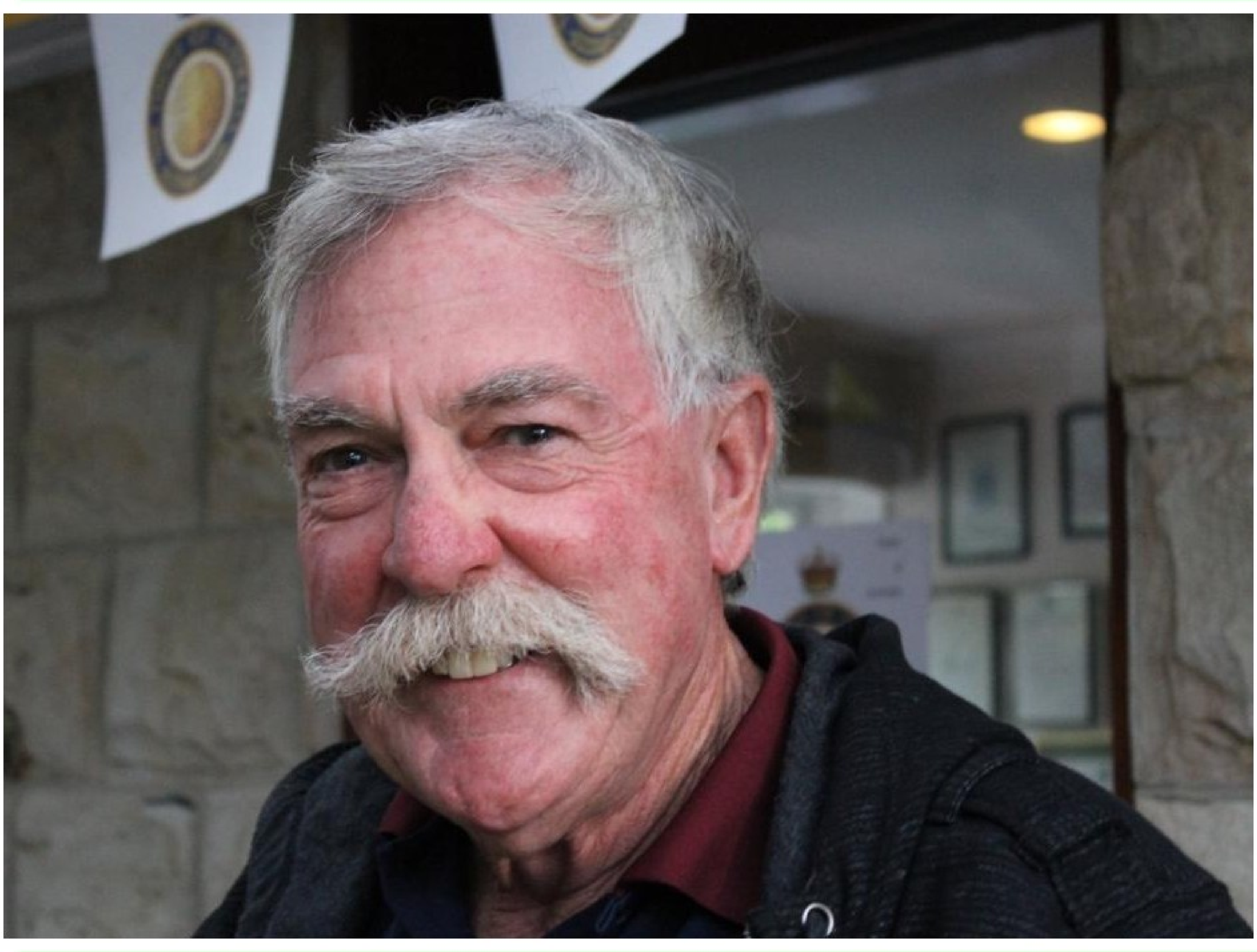
Brain Friend - OAM Recipient 2013



Brian Friend – OAM

Last Monday, 10th of June 2013, we were invited to a small private gathering in the home of Robyn and Brian Friend to celebrate this Pittwater gentleman being recognised for decades of service to our community by being honoured with an OAM.

Friendly, usually so verbose on any subject brought up, seemed lost for words for a few minutes, a little overwhelmed. His kindness and generosity to all he comes into contact with is well known, thus the handle 'Friendly' to so many of our local children.

Mrs. Friend, Robyn, trying to not to cry, warmly thanked Cr. Bob Grace who did all the paperwork and then explained to guests to her he had always been 'BF' and then, when recognised for saving the lives of those imperilled on the Votan, and recognised for his bravery along with fellow water policemen, Roper Lars Scott 'Buster' Brown and Gordon Wellings with a Queen's Commendation for Bravery in 1974, could affix the letters 'Q.C., B.C.' as well.

With four Life Memberships, well known for all the thousands of dollars he has raised for children, Friendly's devotion to community would leave a fit man exhausted. Therefore it must all come from a giant's heart.

Even now he is invited to speak at local schools on a range of topics and can do so in a language that has the knee high and shoulder high enthralled. He will even turn up just to read a story.

Pittwater Online News can attest to his generosity towards us; he is the man who made us aware of Pittwater's very own Mother Goose. He is the gent the editor calls when puzzling over a detail of local history and works behind the scenes in helping us identify how to do certain stories and has devoted days to liaising on all those Pittwater legends whose stories should be on the record…again for all those we love and adore…our younger people.

If everyone who friendly has invested his time and energy into could add just one sentence to this you know it would be a very long book. Instead, when the big hearted man did speak it was to, characteristically, ascribe his being able to do for others to the support he gets from his family – his praise goes to having 'three of the best sons and daughters in law, a wife who is the best thing around, not that he's biased, and five beautiful grandchildren who keep him on his toes."

He also stated it is all the people who take over and keep going works like the Touch Footy he started. These are those he feels are also recognised by this honour.

"I've coached 518 kids since I started with Keith Feebely years ago and was given the nickname 'Friendly' , the name that sticks – sometimes I think I've spent more time coaching kids then raising kids."

Friendly at Bear'N'Joey Kindy - reading a story.

Brian Friend - A list for Insight

Executive Member, Manly Warringah Business Houses and Services Touch Football Association, since 1994; President, for one year; Secretary, for 15 years; Life Member; Competition Director, for 5 years; referee, for 18 years.
Founder and Executive Member, Bangalley's Junior Touch Football, 2001-2008.
Founder and Executive Member, Hole in the Wall Touch Football Association, 1993-2008.
Co-Founder and Executive Member, Warringah Touch Football Association, since 1983; Life Member; Registrar, for 10 years; referee, for 19 seasons.

Coach, Avalon Junior Rugby League Football Club, since the 1970s; President, for 3 years; Member, Grounds Committee; Life Member.
Life Member, Manly Warringah District Junior Rugby League; referee, for 21 years.
Member, Avalon Surf Club, since 1965.

Fundraising activities for a range of organisations including:
Mona Vale Hospital Children's Ward.
New South Wales Police Legacy.
Bear Cottage, Manly.

Current Chairman, Metropolitan North Retired Police Association.
Current Chairman, Retired Water Police.
Current Member, New South Wales Police Association.

Awards/recognition include:
Centenary Medal, 2001.
Queen's Commendation for Bravery, 1974.
NSW Police Commissioner's Commendation for Courage, 1974.
Australia Day Citizen of the Year, Pittwater Council, 2000.

And now: MEDAL (OAM) OF THE ORDER OF AUSTRALIA IN THE GENERAL DIVISION - Mr Brian David FRIEND- For service to touch football, and to the community of Manly Warringah.

Cr. Bob Grace and Robyn Friend.

Proud father and two of his sons + one he calls 'part of the family' - Fez running late.

Peter Verrills.

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MV New Palliative Care Building Upgrades Begin

On Wednesday morning, 12th of June 2013, we received a short excited note from Eileen Gordon, president of the Mona Vale Hospital Auxiliary, that the units to commence the upgrade of the Palliative Care unit at Mona Vale Hospital were arriving today.

We immediately called our photographer at large, Michael Mannington, winner this week of the Premiers Award for Pittwater 2013, to see if he'd just 'pop down' and get a few shots. While making this request thunder roared over the roof of the office and white lightning did a quick lap of the bricks prior to exploding one second later.

"Sure, sounds good." was the answer…and off he went.

The Prefab units pictured here came from Melbourne by truck overnight. Drivers stopped at Pheasants Nest then came with a police escort to Mona Vale. The Units were built in 4 weeks and then will be assembled in 2 weeks making building completed in just 6 weeks.

We contacted Rob Stoke's office for a comment since this gentleman has worked hard beside the Mona Vale Hospital Auxiliary, the Friends of Northern Beaches Palliative Care and the Rotary Clubs of Pittwater, Terrey Hills and Narrabeen Lakes, Pittwater Council and many others in the community who bought a cake from one of the hundreds of MVHA stalls or did anything else they could to ensure this project went ahead:

"It's fantastic to see construction underway on another vital infrastructure project at Mona Vale Hospital. This project has been in the pipeline for years - so to see it reaching fruition is a huge boost for our community."

We include a few extracts from Hon. Rob Stokes address at the Community Service Award on Thursday for those who could look across the Mona vale Golf Course from the clubhouse and see these works:

"that building has been two decades in the making. Those of you have been very involved in that project during that time will know that Jim Longley in 1995, then member for this district, made a commitment to match whatever funds were raised by the community to build an extension to the Palliative Care facility at Mona Vale Hospital.

Then there was a change of government …and priorities changed, and the money that had been raised by the community ended up in an organ of government I'd never heard of before called the 'Dormant Funds Commission'.

Fortunately, by very hard work through a number of people, that money was taken back out and the NSW Government was able to match those funds and subsequent fundraising efforts by the community, we are now able to see that building being erected.

I wanted to draw that one example that yes, it took twenty years to deliver. So while there are many battles on the way, please remember that the work you do actually does matter. In the words of Margaret Mead "A few people acting together is the only thing that ever has made a difference in the world. Certainly in our community we see that happening everyday. It may indeed take twenty years for that to manifest but it does happen in the end.

That's not just a historical thing that's being delivered now, but the same spirit is causing big advances to be made right now. In fact the Hon. Bronwyn Bishop attended a fundraiser for Mona Vale Hospital just last night that raised 45 thousand dollars."

Final words must go to Eileen Gordon who, with her dedicated team, has done so much to ensure the success of this project:

"MVH Auxiliary is delighted to see the fundraising started by Cora Adcock in 1994 and added to by the Hospital Kiosk and Rotary Clubs of Pittwater, Terrey Hills and Dee Why/Warringah result in this $610,000, purpose built palliative care clinic . State Government, through our local member, Rob Stokes, helped with a grant of $240,000 with the balance - $370,000 - being donated by our local community. Thank you to everyone who supported this project -" Cora Adcock Centre for Palliative Care"

Eileen Gordon
President, Mona Vale Hospital Auxiliary

The next day, 13th of June, 2013.

Photos by Michael Mannington, 2013.

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Alcohol in Restaurants before 1955

By George Repin

People in restaurants and coffee lounges enjoying a glass of wine with their meal today probably have no idea of the limitations which applied, until the 1950's, to the service of alcoholic beverages.

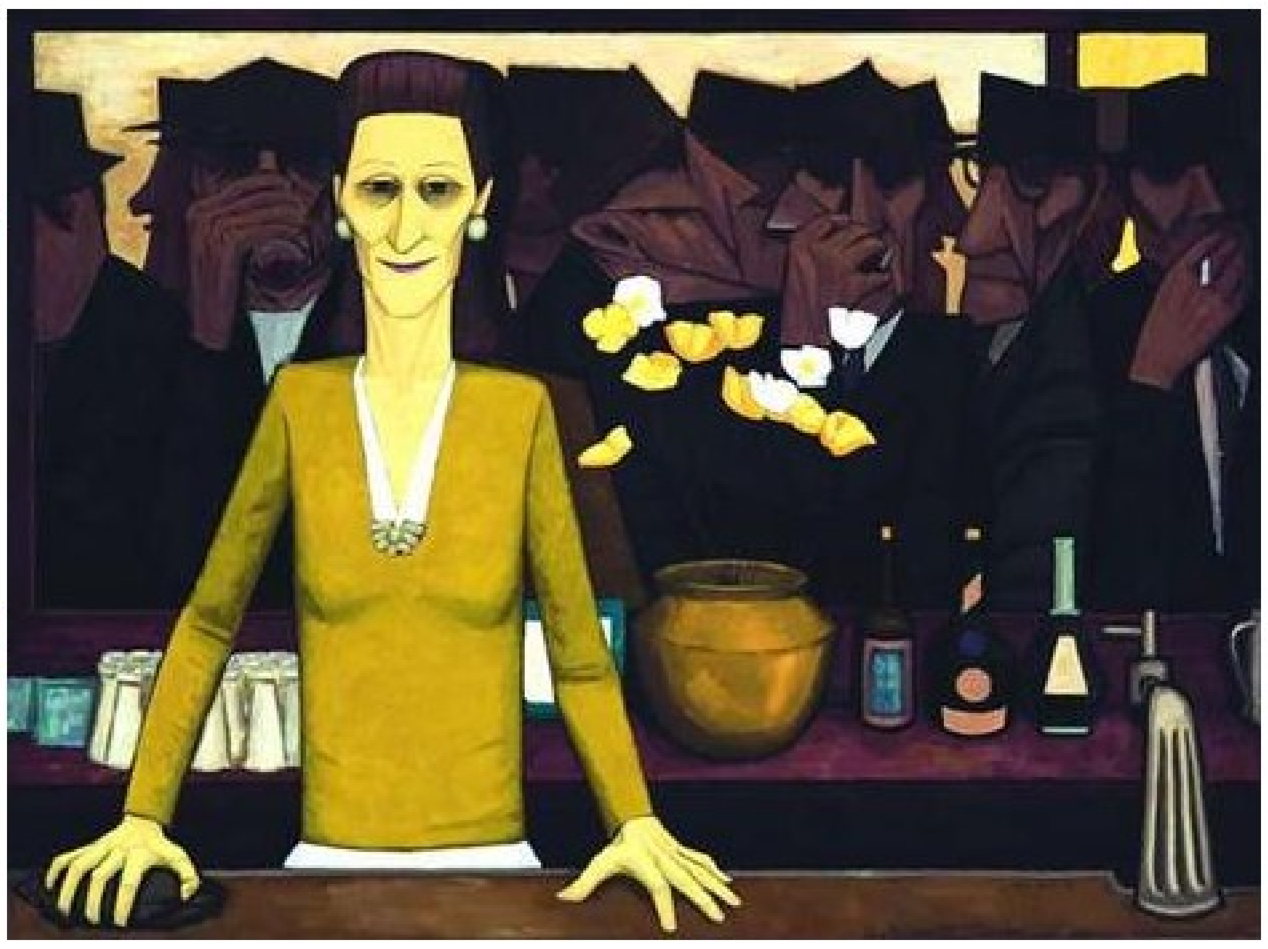
Restaurants with liquor permits were severely restricted. They could serve only "light wines" and "malted liquors" which could be "*served only in a sealed bottle at the table at which the purchaser is seated and … opened in his presence*". The civilised practice, long established in Europe, of being able to have a single glass of wine with a meal was totally prohibited. No other alcoholic drinks, such as spirits, fortified wines or cocktails were permissible. Restrictions also applied to the design of restaurants with liquor permits. For example, they had to have at least 50 seats, which had to be individual chairs not loge or bench type seating – presumably for fear of what people might get up to if "inflamed" by alcohol.

A "meal" was strictly defined in the liquor laws as being "*…of at least two courses at which the persons partaking thereof are seated at a table, and one course of such meal shall consist of fish or meats, other than in sandwich form, and cooked vegetables.*" Salads did not comply and bad luck for the vegetarian.

In the evenings, unless it was convenient to eat between 6 pm and 9.30 pm service of a drink was unlawful.

Needless to say such restrictions severely impacted upon the popular night clubs such as the "glitzy" *Celebrity Club* (run by Joe Taylor) in the city, the atmospheric *Carl Thomas*' in a former wool store in Macquarie Street with a fine outlook over Sydney Cove and *The Roosevelt* (run by Sammy Lee) at Kings Cross.

Various devices were adopted to circumvent the law. Some night clubs and larger restaurants invited patrons to place orders for their liquor requirements no later than 5.30pm on the day of their proposed visit. The establishment then purported to buy the patrons' requirements before the hotels closed at 6pm and make them available to them when they ate. It some cases the liquor, in fact, was provided from supplies held by the establishment and sold illegally at highly inflated prices. Other restaurants with an established, regular clientele invited patrons to place orders with them, in writing, for their future requirements which would be held in individual lockers accessible when the patron visited. In some cases the number and volume of such "lockers" was greater than the area of the restaurant in which they were purported to be held. The extent of the illegal supply of liquor in restaurants - "sly grog" – was disclosed in evidence during the Royal Commission of 1953-1954.



Conditions for drinking in hotel bars were characterised by the expression "the 6 o'clock swill". Even in up market hotels such as *Ushers* and *The Carlton* in Castlereagh Street the bars were packed before 6 pm when the hotel doors were closed in accordance with the law and service stopped. Men jostled to buy and line up on the bar glasses of beer before 6 o'clock to drink in the twenty minutes before the call "Time gents please" emptied the bars at 6.20pm – again according to the law.

Major changes flowed from the Royal Commission into the Liquor Industry.

In 1951, because of great abuses in the liquor trade and extensive corruption in the policing of the liquor laws, a Royal Commission was established by the N.S.W State Government. It was conducted by Mr Justice Allan Victor Maxwell. After 140 days of public hearings, the examination of 411 witnesses and the receipt of 109 pieces of written evidence the Commissioner's report was released in February, 1954, with significant findings and recommendations.

Inter alia, the Commission concluded that "there can be no doubt upon the evidence that in the metropolitan area conditions associated with six o'clock closing are deplorable; apart from any other consideration, a refusal to attempt some reform involved in my opinion, the conscious perpetuation of a clearly established evil; in addition the present closing hour encourages sly grog and after-hour trading at 'Black Market' rates."

While the Report mainly addressed issues not related to restaurants, subsequent action to amend the Liquor Act gave the Caterers' and Restaurant Keepers' Association the opportunity to press for the changes it had long been advocating. Amendments drafted by the Association, dealing with the service of alcohol in restaurants, night clubs and catering establishments, were submitted to the Minister of Justice by a delegation in June, 1954. They covered matters such as trading hours, type of food served, service of aperitifs, spirits and wines by the glass, and the provision of bars in restaurants where customers could have a drink before sitting down for their meal.

The Liquor (Amendment) Bill introduced in the Legislative Assembly on 1 December, 1954 was a historic sensible step towards allowing the people of N.S.W to enjoy drinks, served in a civilised way, with meals in restaurants.

Further changes were to come in later years but the first big move away from the bad old days had begun.

Images: Description: The Bar, a painting by John Brack in 1954. Shows the phenomenon of the six o'clock swill.

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Clapping Trees

Self Determination waylaid all that had been superimposed on trees and thus unveiled their songs, their essence, again. The seventh garden could suddenly flow out, and the trees all clapped because we had saved them, because we were *Keeping* them and their precious *Being*. From them springs the manifest *Blue Breath*. We all live under their great *green wing*.

I remember our parents, and our parents' parents, all stood up and clapped the day we saved the trees. I recall suddenly thinking I could talk to trees again now, and going to sit under a ten thousand year old pine to wonder up to him what it must be like to be so old, to have lived through so much becoming.

"*It's not so old*," the pine tree said, "*I am younger then this mountain above me and this mountain Knows it is not as old as the sea*."

I *Remember* the day all the trees all stood up and clapped and the *Seventh-First Garden Flowed* unmantled, flowed as it had never done before. It wasn't the unleashing of chaos or great shock that rends asunder false profiteers had long pronounced. Their screeched false law had kept many ignoring the tempremens in our blood, had made us forget the way our blood fills our skin. Their fears had made skin into a thick muddy armour until the day came when we felt our blood spring up as the breath it is through our skin, like spirit rises up in our souls, and caused the muddy armour to fall as we sprang forward, fully formed.

This bursting out and bursting forward did not cause a bushfire or summon a hail storm that unroofed the nation. Sighing out of *Espiritos* breath did not make a lethal disease rear up and kill all the adored ones. Honey dripping redpurple orchids opening in midnights did not make the air such that all the women ran around tearing off their clothes. Although, some sang 'wholly wholly holy', and seemed drunk with love.

Cancer reached its rim and turned back to consume itself, or simply was released, like an exhaled breath, and in meeting air became pure Dew once more, as did all DisEase during the first meres of *Kismet*. The essence of love still changes to brimming the form it fills. The seventh garden is still soul forms filled with spirit. We are not awash and drowning in sighs unless we want to be. We are much more aware of how we celebrate everything, the making of a salad is the combining of tomatoes, lettuce, cucumber, where each ingredient, even the sea salt, and the sea it comes from, is thanked for being, especially since all these foodstuffs are at their finest meaning, there being no bled dry of minerals and oil and coal earths anymore. Constant celebration has led to perpetual communion. We all glow now.

Being filled with *meaning*, and *meaning making being* is ever. Forms pouring out the essence in them as much as being changed into another form by this shaping essence remains. Soul still shapes the spirit it cups, and this spirit still enspires the soul to forming and unfolding all its crystal dewed colours.

Espiritos still breathes within the *soul garden* and *flows* out in *song*. We are still creatures with blood warmed skin, and our spirits are still in song inside our souls. We are safe inside our ever souls. We have simply risen to a state of pure meaning and thus pure being.

Libere...liberty, not chaos, became, how could we have heard trees finally clapping any other way... how could we have chosen to not breathe and then, *Breathe*.

It was during these first meres of Kismet that all the wild stories of myths and faeroe tales romping in broad daylight came about. Urban songs of irate neighbours being able to wish a herd of elephants through their fellows' techno thumping barbecue, or little Janey bringing the abominable snowman into show and tell are jokes told by those who have not yet trod elephant lore or breathed the air the snowman comes from. The willing for and then sparking of the bound creation to become unbounding and resolved, restored, did not contain any elements of superimposing or oppression. That would be trespass, a taking of a wrong tread. The winning back of this first garden is by nature all about becoming, anything that is by nature a not becoming state its nature of unbecomingness and stays within rims until it has become what could burst forth.

Extract from WILL THREE: Part Two, of Village Green. Copyright A J Guesdon.

Park Bench Philosophers

We welcome contributions from all Pittwater residents in the form of anecdotes, memories, stories, poems or even matters you'd like to see addressed or changed in our area.

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you.

Contact us at: pittwateronlinenews@live.com.au

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please note that all works are posted unedited; you are the author, this is your page. Word Limit: 2000.

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Christina Stewart

Mums who also work are our heroes here. When they combine all they do with investing holistically in the future of the children they're raising the bar further. Combine this with making time to crochet ponchos and blankets for Soibada, cook rice and help out at Timor Leste Independence Day at the Avalon Maria Regina school and making items to sell for Pittwater Friends of Soibada on market days or joining in Sam Shaw's The Big Sing, who raised funds for the Soibada children by giving beautiful renditions of Christmas Carols at Woolies, and you have a full schedule of extra curricular activities. Add to that work as demonstrator for Enjo, cleaning products that are 'for life' and in turn add 'life' to the environment and you may want to exhale and sit down quietly for a strong cup of tea.

This week we are privileged to present a small insight into a lady who is one of Pittwater's echelons of working mums;

Where were you born?

This is my home town, Lech am Arlberg in Austria. A ski resort in the Alps. My husband John was doing the whole Aussie Backpacking thing and spent four months there in 1991/92. He liked the place so much he took back a local! On another note, ENJO is made just down the mountain from here!

A panorama of Lech am Arlberg by Niki Gango

When and why did you move to Pittwater?

We moved to Avalon 20 years ago. We knew we had to move to Sydney for business, which only knowing Leichhardt, Glebe and the City back then I wasn't too impressed with, until we visited John's cousin in Avalon and I just fell in love with the place! Coming from a little village where everyone knows everyone (and still feeling very home-sick) I needed to have a place with the same feel to call my home, lots of familiar faces, the guy in the post-office knows you, the baker asks how you enjoyed the cake you bought yesterday and the coffee shop remembers how you have your coffee.

You also work as an ENJO demonstrator, how did that come about?

I was so blown away the first time I saw ENJO demonstrated that I decided to have my own demo and I was so enthusiastic when inviting people that I had to have 2 demos with about 12 people each and as everyone was saying "you should be selling this" I signed up when the consultant came to set up. Never looked back and it's been 3 ½ years. My passion for ENJO was born from the necessity to find a part time job that fit around my family's needs. It became so much more, as I learnt so much about the dangers of chemicals to our health.

Having a child with special needs I meet some awesome parents with HUGE knowledge that I constantly refer to, like Laura Haynes, a kinesiologist, homeopath and Autism Therapist who has two children with Vaccine damage and has made it her life to know how toxic chemicals affect us and how to get them out of our system.

What's the best thing about being an ENJO demonstrator?

I learn something new at every demo like when I met Dr Hinton who teaches Chemistry at Sydney University. Dr Hinton explained all the cleaning chemicals, VOCs and bleach to me and taught me that anti-bacterial sprays kill our gut bacteria and with it our immune system, or the lovely old lady who gave me a bag full of bay leaves as they get rid of pantry moths the natural way… I do LOVE demos! I am a People person, so direct selling suits me to a T! I don't see myself as a sales person, I am a consultant. I find out what your needs are, demonstrate, let you try for yourself and then give you the opportunity to buy at full price, discounted in packs or earn for free at your own demo.

What is so different about ENJO cleaning products?

ENJO is a microfibre cleaning system which gets rid of 99.9% of dirt and bacteria without the need of any chemicals other than cold water. The main causes of asthma are dust, chemical fumes and mould – ENJO can get rid of all of them. ENJO is great for the environment, as there are no chemicals going down the drain and into the ocean. ENJO is great for your purse as it lasts and lasts and lasts and eliminates the need to buy cleaning chemicals as well as saving heaps of water and electricity. They're also recommended for vessels like yachts and launches as they can clean without using chemicals that may damage high gloss finishes. A family with 2 kids in Sydney spends an average of $ 15 - $ 18/week on cleaning chemicals and utensils, the ENJO Detox Pack averages $ 3.50/week

What is your favourite place in Pittwater and why?

I love Clareville Beach and McCarrs Creek, but my favourite is Avalon village for all the above reasons. I just love strolling around the shops and stopping every few minutes because I meet someone to have a chat with. I also lOOOOOve the Palm Beach coffee shop 2108.

What is your 'motto for life' or a favourite phrase you try to live by?

If I'm not sure about something I just like to go with my gut. If it turns out to have been the wrong decision at least my integrity is intact and I can still feel good about myself. But also; ***If it's worth doing it's worth doing right***. And; ***There's no failure there's only feedback. Learn from your mistakes.***

A Little more on ENJO

The ENJO success story starts in spring 1985: Friedrich Engl, a pragmatic, innovative entrepreneur, by chance observes an oil accident on the Lake of Constance which shores form the border between Austria, Switzerland and Germany. Experiencing the fight against the oil slick, Friedrich Engl develops the idea that should make it possible in future to avoid usage of aggressive chemistry and destructive cleaning agents for the purpose of remedying such extreme pollutions. Owing to his years of experience in the textile industry, Friedrich Engl designed a pioneering technical solution on the basis of textile fibrous tissue within the following five years.

ENJO was founded in Austria in 1990. It began with one unique fibre and through advanced research and development. ENJO has created an innovative cleaning system using only water. ENJO is cleaning without chemicals. The microfiber technology is 100 times finer than a human hair and each one of the fibers can hold up to seven times their own weight in water.

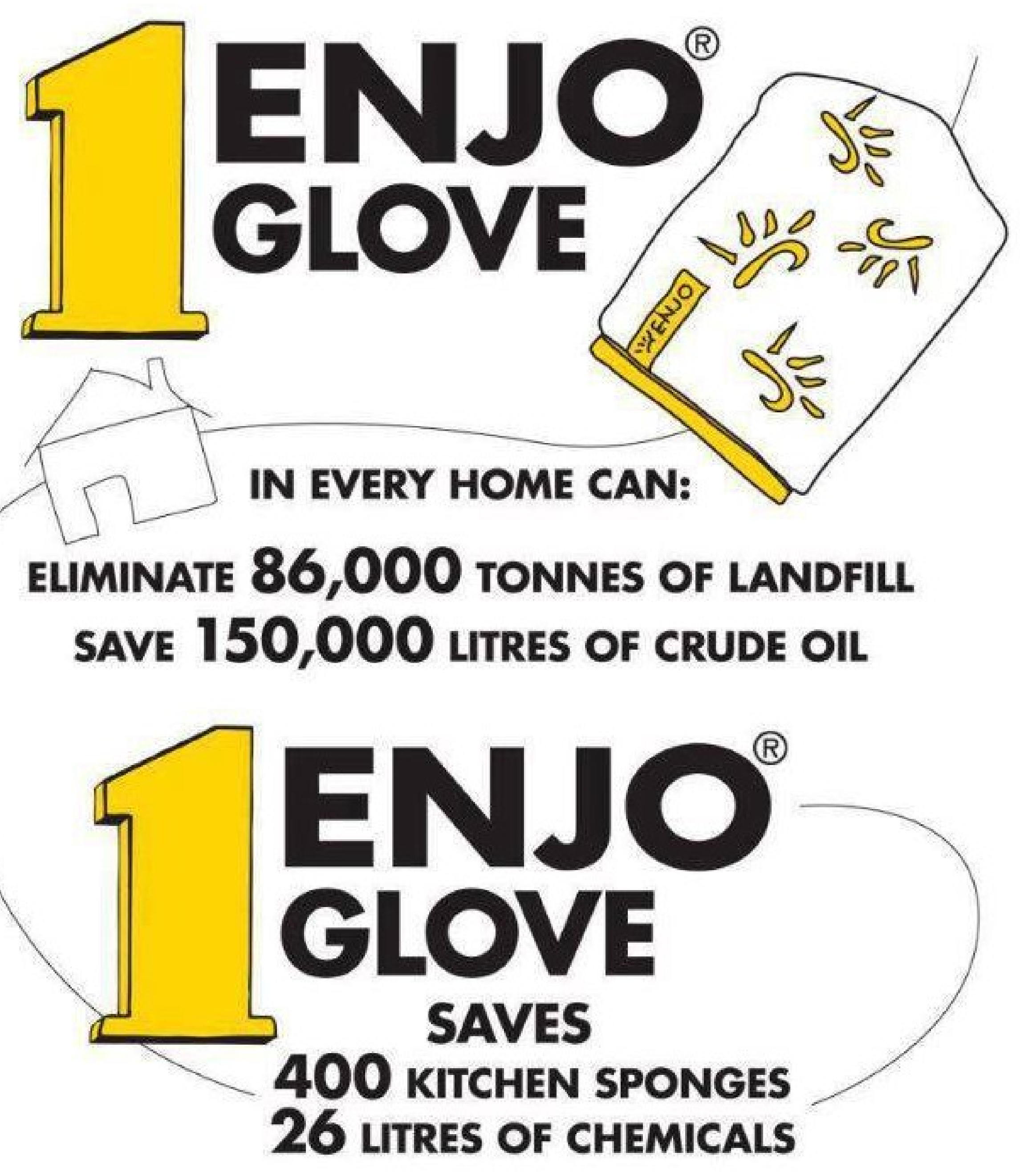
There are three ways of purchasing your ENJO Fibres. You can pay retail price, you can buy discounted in a pack or, best of all, you can earn it for free by hosting your own demo! All it takes is a few friends and a dirty bathroom – see, I even ask you to leave your house dirty! As a host we reward you for helping us share the message, so you are entitled to purchase Host Exclusive Packs, you earn ENJO $$$ to spend on your fibres and you receive ENJO rewards (half price items) when you or your friend decide to book another demo from your demo. On top of all that if you host a demo before July 14 you could get this:

Dust Duo
Demo Exclusive
VALUE $79*

We're taking a shine to every Host who hits Demo sales over $650 and secures one booking, rewarding your success with an exclusive nook-dusting Dust Mini and Indoor Miracle.

Available 1 June - 14 July 2013 or while stocks last

We like to make sure that you get the most out of your ENJO, which is why we do in-home demonstrations. But once you know how to use it, you can just contact me to order on 0414 48 98 57 or on Christina@enlightening.com.au or like my Facebook page www.facebook.com/ChristinaStewartEnjOpreneur



1 ENJO® GLOVE

IN EVERY HOME CAN:

ELIMINATE 86,000 TONNES OF LANDFILL
SAVE 150,000 LITRES OF CRUDE OIL

1 ENJO® GLOVE

SAVES
400 KITCHEN SPONGES
26 LITRES OF CHEMICALS

View over Avalon Village to west.

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June 16 - 22, 2013: Issue 115

The Erringhi

May 13, 1907 – January 13, 1951

The steamer Erringhi is a great example of all the produce and materials that came from Pittwater via boats to Sydney harbour from earliest settlement times. Timber, shingles (an early form of roof tiling) and onions as well as shells, which were scooped up, crushed and converted to lime, filled the vessels trading between Pittwater, the Hawkesbury and Brisbane waters:

Onions, 7 bags, from Pitt Water. **Shingles**, 71.000, from the Hawkesbury ; 80,000, from Brisbane Water ; **2000, from Pitt Water** ; 90,000, from Port Stephens :in all, 243,000. Shells,200 bushels, from Brisbane Water ; 675, bushels, from Pitt Water ; 776 bushels. LOSS OF THE BARQUE SUBRAON AND TWO SCHOONERS. (**1848, November 27**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 2. Retrieved from http://nla.gov.au/nla.news-article28648191

These vessels were so numerous they acquired a name… 'the Mosquito Fleet";

THE "MOSQUITO FLEET." OLD HAWKESBURY TRADERS. The days when a fleet of as many as 72 vessels, instead of less than half a dozen as at present, plied between Sydney and the Hawkesbury River were recalled by Mr James Booth when lecturing to the members of the Manly and Warringah Shire Historical Society. From about the year 1840 and up to 1875,said Mr Booth, a number of small sailing vessels, of from about 15 to 40 tons burden, known along the coast as the "Mosquito Fleet," plied between the Hawkesbury River and Sydney from the estuary of Pittwater they carried mostly shells, which were burned for lime at the old Lime-street wharf, Sydney, and from the Hawkesbury River their cargo consisted principally of farm produce, corn, pumpkins, potatoes, and hay. From Brisbane Water the principal cargoes were sawn timber. These craft could sail with a fair wind only, as their boating qualities were very poor, and a wait of three or four days was quite common until they got a fair start, when a great number of them would sail away together. Many times they reached North Head, only to be chased back all the way to Pittwater by a "southerly buster," and although they only had a sea journey of 20 miles it often required all their skippers' skill to save the little vessels. Some of these craft were run single-handed, some with a crew of two or three, four being regarded as a fairly large crew.

Newport Wharf
(Towards Bayview)

Newport Wharf 1900. C/- Isobel Bennett and Pittwater Historical Images at Mona Vale Library.

As there were no roads in those days the transportation of produce and travellers depended on these vessels. Some were built along the banks of the Hawkesbury by the Peat family, who were first-class shipwrights(Peats Ferry still bears their name), a few were built in Pittwater, but the greater num-ber were built at Blackwall, Brisbane Water,by the Davis Brothers, Davis Town being named after the family. **About 1875 the farmers on the Hawkesbury formed themselves into a company, and had a steamer, which they named the Hawkesbury, built at Drakes yard, Balmain**. She proved a great boon to the farmers carryingan "outside" passengers' ticket, running the mails, and making two trips a week for about30 years. In 1882 a steamer called the Florrie was subsidised by the Government to run the North Coast mails from Gosford to Newport, Pittwater. From Newport, passengers and mails were taken on to Manly by Boltons line of coaches, these being the first coaches that ran to what was then but a fishing village.

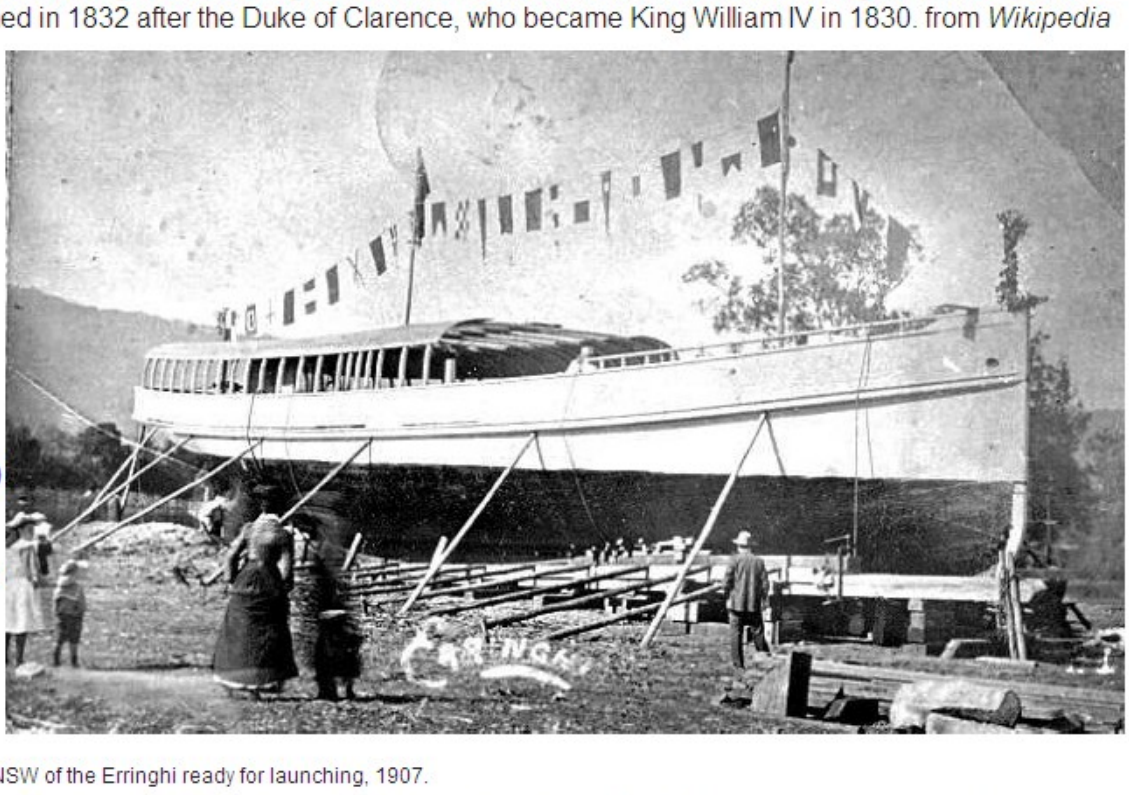
As there was no bridge across the Narrabeen Lagoon the coaches were driven through the water, with the passengers' feet up on the seat and the horses almost swimming. Sometimes a boat was used, a coach being kept on each side of the lagoon. As the roads were only bush tracks it took four or five horses to pull these coaches and as on occasion sporting passengers would tip one driver half a sovereign to beat the other, some of the trips were exciting. The fare was 4/ single and 6/ return. About 1888 a boat called the **General Gordon plied across the Hawkesbury River, carrying the mails and passengers** to the two ends of the Newcastle railway until the Hawkesbury Bridge was completed, a change of direction that closed the careers of both the steamer Florrie and Bolton's line of coaches. THE "MOSQUITO FLEET.". (**1930, April 22**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article16704624

As Pittwater was cleared of her virgin bush orchards sprang up bringing in some of the best citrus, pears and other produce tasted. This was also the case along the lush banks of rich earth beside the Hawkesbury river. Both Pittwater and the Hawkesbury were renowned for their fishing culture too and getting that day's catch to market, as we saw last week with the **Charlotte Fenwick**, was a priority of the catchers and those who would transport them. These were loaded at **Church Point**, **Bay View** wharf as it was known then, and at **Newport Wharf.**

By the turn of the century it was getting quite crowded on the route between Sydney and Pittwater. Much of the transport was by water as the roads were still poor or did not reach all the way to where one may want to go. If you could sail to Pittwater in half a day, enjoy a picnic if an excursionist and return home in time for supper, or place your goods on a ferry that would get them to market on time, why would you attempt the bumpier longer path of a bush track? Better was being on a beautiful vessel whose whistle announcing she was near would bring everyone in what was then rural Pittwater to the wharves for news or simply to watch her come in.

One of the vessels that fulfilled this need in Pittwater was the SS Erringhi. It is thought she is named after the indigenous name for Clarence Town, where she was built and launched in 1907:

Clarence Town is a both a primarily rural locality and a township in the Dungog Shire local government area in the Hunter Region of New South Wales, Australia. It is 193 kilometres (120 mi) north of Sydney, 54 km (34 mi) north-north-west of Newcastle, and 28 km (17 mi) from the Pacific Highway at Raymond Terrace. The locality is bisected by the Williams River. The township sits just to the west of the river about 32 km (20 mi) upstream from where it flows into the Hunter River at Raymond Terrace. **The area was originally inhabited by the Wanaruah Aboriginal people who called it *Erringhi*.** There is a hotel in the main street of Clarence Town built in 1913 called The Erringhi Hotel. The township is most famous for building and launching the William IV paddle steamer in 1831, although the town was still called Erringhi at this time. It was later renamed in 1832 after the Duke of Clarence, who became King William IV in 1830. from *Wikipedia*



NEW RIVER STEAMER. CLARENCE TOWN, Saturday. A fine-looking boat, to replace the one burnt on August 3 last, intended for the river trade between Clarence Town and Newcastle, built by day work, under the supervision of Mr Andrew Smith, the engineer of the Williams River Navigation Company, was successfully launched this morning from the Clarence Town sawmills, the christening ceremony being performed by Mrs S.W. Dark, wife of the chairman of directors, who named the vessel Erringhi in the presence of about a thousand specatators. **The new craft is 110 feet overall, beam 21 feet, depth of hold eight feet. She will be towed to Newcastle to receive her engines, which have been built by Messrs. Morison and Bearby.** NEW RIVER STEAMER. (**1907, May 13**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 6. Retrieved from http://nla.gov.au/nla.news-article14848535 Picture courtesyof State Library of NSW of the Erringhi ready for launching, 1907.

The Erringhi was known as "***the favorite old 'Guy,' as the Erringhi is called along the river***". The Erringhi worked here for a few years before heading further south, sometimes on some unusual missions:

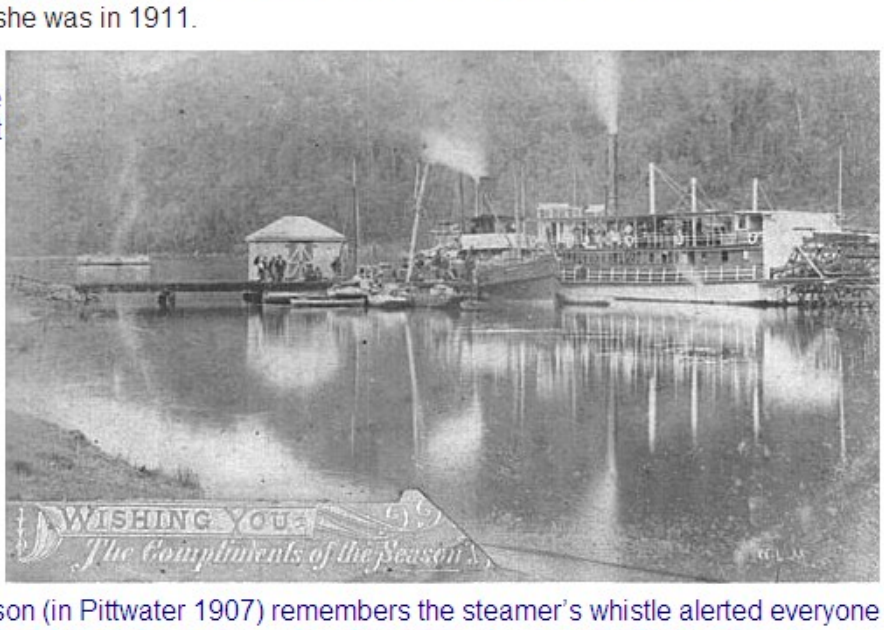
TROUT IN WILLIAMS' RIVER. CLARENCE TOWN, Friday. In January last the progress committee applied to the Department of Fisheries for a supply of trout, and there arrived yesterday by the steamer Erringhi, In good condition, a consignment of about two hundred rainbow trout. The fish were taken, without delay, by Mr. S. W. Dark, president of the progress committee, to a suitable place, six miles above Clarence Town, and liberated into the Williams River. TROUT IN WILLIAMS' RIVER. (**1909, November 1**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 8. Retrieved from http://nla.gov.au/nla.news-article15086322

WILLIAMS RIVER (BY O.H) Here and there, far from the din of within may be found, nestling beside quiet waters quaint little townships, around which still lingers the atmosphere of the "old colonial days." Such a place is Clarencetown. Quite unknown to the vast majority of Sydney siders the little village lives its daily round unvexed by the stress of a strenuous civilisation. No disturbing railway engine breaks with its raucous whistle the quiet content of the summer days. Telephones do not annoy, while the good news grows by keeping. Even the great North Coast railway has respected Its seclusion, and passing through Wallarobba Mountain, taps the Williams River higher up at Dungog. From Raymond Terrace, where the Williams joins the Hunter, right up to its source in the far hill recesses, the Williams is a thing of beauty and a joy for ever. Here I first knew what Ogilvie meant when he longed for the bushland, "where the vine trees kiss the river, and the ranges greet the stars."

From the eucalypts that fringe the shores comes the gladsome carolling of magpies, peewits, and kookaburras. As the day wears on the morning's activities, so exacting in the cow country, give place to the noontide rest on the farms; but the river is ruffled by craft of every description. Cream launches glide up and down stream, lifting the great cans from odd-looking landings on the banks. Here and there a row boat, with hunter or angler aboard, skims across the shimmering waters into some reed-studded tributary. An ungainly sternwheeler puffs noisily up stream to the township. Ocean-going steamers pass not infrequently for every foot of the Williams is navigable from "The Falls" to the Hunter. Every day the old favourite and the new Erringhi pass up and down to Newcastle, loaded with, passengers and pigs, cream and lucerne hay. WILLIAMS RIVER. (**1910, February 12**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article15134994

Although the Erringhi was bought in 1911 she did not commence her duties until early the following year;

New Steamer for the Hawkesbury. **The Hawkesbury R. S. N. Co., Ltd., have purchased another fine steamer, the Erringhi**,' from the Williams River. S.N. Coy. for their trade on the rivers. **The ' Erringhi ' is registered 95 tons, it is 22ft wide and 9ft deep and draws 7ft6in when loaded. The engine is a 14-28 with a 12in stroke, and her registered speed is 13 knots — equal to 15 land miles**. She is well equipped throughout, and was built four years ago on the Hunter River. Since then she has been running in the Williams River trade to Newcastle, the opening of the railway to Dungog being the reason for the owners selling her. As she is built on the same lines as the Company had designed for a new boat, she should suit the trade requirements splendidly and seldom or never miss an early market. The Hawkesbury River trade is unique in as much as its principal cargo consist of choice fruits, which must be placed on the early morning markets otherwise it would deteriorate in value. It is, therefore, necessary for the trading boats to run the bit of ocean (19miles) in almost any weather, often when much larger vessels are sheltering in Broken Bay. **The ' Erringhi is to take up the regular trips, and being the largest and fastest boat ever run in the trade she should give a good account of herself. Captain A. Jurd is in command of the 'Erringhi ' with engineer A. Brown in charge of the engine room.** Captain Ivory is skipper on the ' Stormbird,' which is to do the off-trips, and Captain H. Mitchell has command of the old s.s. ' Hawkesbury,' which is running the regular passenger trips. These boats give the river a complete service, and if the same generous support is accorded them in the future as in the past the Company, with its energetic manager, Mr. J. H. Dickson, expect to be able to keep a three-boat service without any increase in freights. As the addition of the 'Erringhi' to the Hawkesbury Co's. fleet brings the value of their boats up to nearly £ 10000, the Company have shown pluck and enterprise in launching out and keeping pace with the present prosperous time in this fast growing State. New Steamer for the Hawkesbury. (**1911, December 23**).*Windsor and Richmond Gazette* (NSW : 1888 - 1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article85943573 Picture of Erringhi as she was in 1911.



The Hawkesbury S. N. Co.'s new steamer the Erringhi, came up last week, and appears to be a fast and commodious vessel. The Company are to be complimented for putting such a splendid fast boat on the river, and it is to be hoped that the orchardists respond heartily by their support. SACKVILLE. (**1911, December 30**). *Windsor and Richmond Gazette* (NSW : 1888 - 1954), p. 2. Retrieved from http://nla.gov.au/nla.news-article85948318

This version of the Hawkesbury Steamship company had 'New' as part of its name due to a previous company formed in 1854 of a similar nname. See HERE

Church Point and Bayview wharf: Mr. Johnson's mother's sister was married to Mr. John Oliver who, in an affidavit, described how residents flocked to the wharves when the steamers arrived and unloaded their supplies. The steamer carrying the tin used in the roof of houses A,B,C, would have been unloaded at the Bayview wharf, alongside the present William's Marine. Mr. Johnson (in Pittwater 1907) remembers the steamer's whistle alerted everyone to the approach of the steamers. Mr. John Oliver worked for **Mr. Geddes and mentions the ships "Hawkesbury", "Narara" and "Erringhi". (Mr Geddes owned property on "Brick Yard Hill" ½ mile from Wharf, east towards Bayview).** From '*Comments by the Early Settlers'* – St Johns Anglican document. April 13.2005.

Right Photo shows SS Erringhi and Paddlesteamer the General Gordon at a ferry wharf on the Hawkesbury.

The Erringhi quickly became a community loved vessel, part of its everyday life;

FOR THE HAWKESBURY RIVER TRADE. The steamer Erringhi, which was formerly trading on the Williams River, and has been purchased by the Hawkesbury Steam Navigation Company, Ltd., **for their cargo service to the Hawkesbury River**, was given a trial trip yesterday. The engines have been overhauled and over the measured mile yesterday the vessel attained a speed of close on 12 knots per hour. FOR THE HAWKESBURY RIVER TRADE. (**1912, January 6**).*The Sydney Morning Herald* (NSW : 1842 - 1954), p. 16. Retrieved from http://nla.gov.au/nla.news-article15300353

About 400 people — from Windsor and all along the Hawkesbury River — took advantage of the complimentary excursion given by the Directors of the Hawkesbury Steam Navigation Company, on Monday last. The Company's new steamer, Erringhi, was placed at the disposal, and took the big party to Newport, where they were landed for an hour. A full account of the trip is held over. No title. (**1912, April 6**). *Windsor and Richmond Gazette* (NSW : 1888 - 1954), p. 3. Retrieved from http://nla.gov.au/nla.news-article85846205

THE ERRINGHI The complimentary river excursion given by the Hawkesbury Steam Navigation Company, Ltd., to its customers along the river, and which took place on Monday, 1st April, was one of the pleasantest outings that has taken place on the noble river for a long time. The popular company ran its new steamer, the Erringhi, starting at Bennett's wharf about 6.30 a.m., and calling wherever there was one or more to pick up as far as Colo. From there the Erringhi had an uninterrupted run almost to Wiseman's Ferry, the Company having thoughtfully put on another steamer, the favorite old Hawkesbury, to pick up passengers between Colo and the Ferry, This saved some time, and the Erringhi got to the Ferry at 10 a.m., where about 20 more excursionists were taken aboard. **The destination was Newport, and before arriving there the steamer had a living freight of close on 400 people — men, women and children. The Erringhi is a splendid boat, and easily the best that has ever traded on the Hawkesbury. She has as peed of 12 knots an hour, and her build, her machinery, and all appointments are of the best. She could have carried another 100 passengers without any great discomfort to those on board**. Among those who took the trip were three of the Company's Directors — Messrs. H. A. Wilson (chairman), J. J. Herps, and John Bennett, while the manager, Mr T. H.Dickson, was also of the company and was all the time solicitous for the comfort of the big party. Newport was reached about 2 p.m., and the picnickers landed for an hour. Most of them strolled over to the ocean beach and had a whiff of the briney. It is on those lower reaches of the Hawkesbury that the grandeur of the magnificent river is seen. From Brooklyn down it is a majestic stream, and the passengers were in raptures over the sights to be seen, especially from the broad waters around Barrenjoey Heads. Mr Archie Jurd is the skipper of the Erringhi. His good nature is proverbial on the Hawkesbury, and a better skipper has never taken a boat on the river. The way he handled the Erringhi on the home trip, putting into imaginary wharves in the murky darkness, and with a strong tide running with him, astounded those who seldom travel on the river, and proved him to be a very capable helmsman. It was midnight before the Erringhi got back to Sackville, the many stops on the way taking up a lot of time. Sometimes after one passenger had been put off, the boat would have to go sheer across the river to drop another on the other side. But the trip was so delightful that nobody minded how long it lasted. During the run games, dancing, etc., were indulged in on the deck, and the young folk had a particularly enjoyable time. It was with reluctance they left the boat when their homes was reached, and all carried away very pleasant recollections of the Erringhi's trip on April 1. THE ERRINGHI. (**1912, April 13**). *Windsor and Richmond Gazette* (NSW : 1888 - 1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article85847214

Erringhi, s, and Kallawatta, s, for Pittwater; PROJECTED DEPARTURES.—June 25. (**1912, June 25**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article15345427

Her reliability in getting goods to market became legendary;

BROKEN BAY RECORD. **The steamer 'Erringhi, one of the Hawkesbury River Company's vessels, has put up a record for the Broken Bay-Sydney trade during the storm**. **The vessel did not miss a trip**. In the teeth of the storm, and against gale and flood, reached the top end of the Hawkesbury River and returned to Sydney last night, when vessels of a larger type were still seeking shelter under Barrenjoey. BROKEN BAY RECORD. (**1913, May 16**). *Evening News*(Sydney, NSW : 1869 - 1931), p. 3. Retrieved from http://nla.gov.au/nla.news-article113371691

The Erringhi was not without her accidents:

RIVER NEWS. Hawkesbury Steam Navigation Company's steamer Erringhi met with an accident at Leet's Vale a few days ago, breaking her tail-shaft. She has been anchored in the river, and will be towed to Sydney for docking. RIVER NEWS. (**1913, May 24**). *Windsor and Richmond Gazette*(NSW : 1888 - 1954), p. 7. Retrieved from http://nla.gov.au/nla.news-article85846903

Erringhi, s, for the Hawkesbury River and all branches, Newport and Pittwater; Kallawatta, for the Hawkesbury River, Newport, all Pittwater and Mangrove. PROJECTED DEPARTURES.—Aug. 5. (**1913, August 5**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article15440795

COLLISION AT THEHEADS. PILOT STEAMER SPLINTERED WOODWORK. A collision occurred between the pilot steamer Captain Cook add the steamer Erringhi off Sydney Heads at an early hour this morning and as a result the upper deck of the latter vessel suffered considerably. The Erringhi arrived off port on one of her usual trip from the Hawkesbury River shortly after midnight and the accident occurred just as she was entering the harbor. The pilot steamer Captain Cook was also entering at the same time, and the two vessels came Into collision. The Erringhi was struck right amidships by the bows of the pilot, the Impact being marked by a terrific crash. It was feared at first on board the Erringhi that the vessel was damaged below the waterline, but this surmise was soon found to be wrong. A seat and a good deal of woodwork just abaft of the bridge ware wrecked, and one of the supports snapped, off, but little serious damage was done. The cook's galley had a narrow escape, however, and as it was the crockery suffered. The Erringhi dropped anchor off Grotte Point Immediately after the accident, and proceeded up harbor at daybreak. COLLISION AT THE HEADS. (**1915, January 29**). *Evening News* (Sydney, NSW : 1869 - 1931), p. 5. Retrieved from http://nla.gov.au/nla.news-article114232760

Above Picture: Four masted barque Medway and the pilot steamer Captain Cook outside the Heads, Sydney Harbour, ca. 1915, nla.pic-vn4654431, courtesy National Library of Australia. Photo by Edward William Searle.

I may- add that arrangements have been made to utilise **the steamer 'Erringhi' for a twice a week exchange of mails between Leet's Vale and Sydney** as per the attached copy of time-table, and this service will also permit of the exchange of parcels in excess, of 3lbs. …. THE RIVER MAILS. (**1915, March 26**). *Windsor and Richmond Gazette* (NSW : 1888 - 1954), p. 8. Retrieved from http://nla.gov.au/nla.news-article85862060

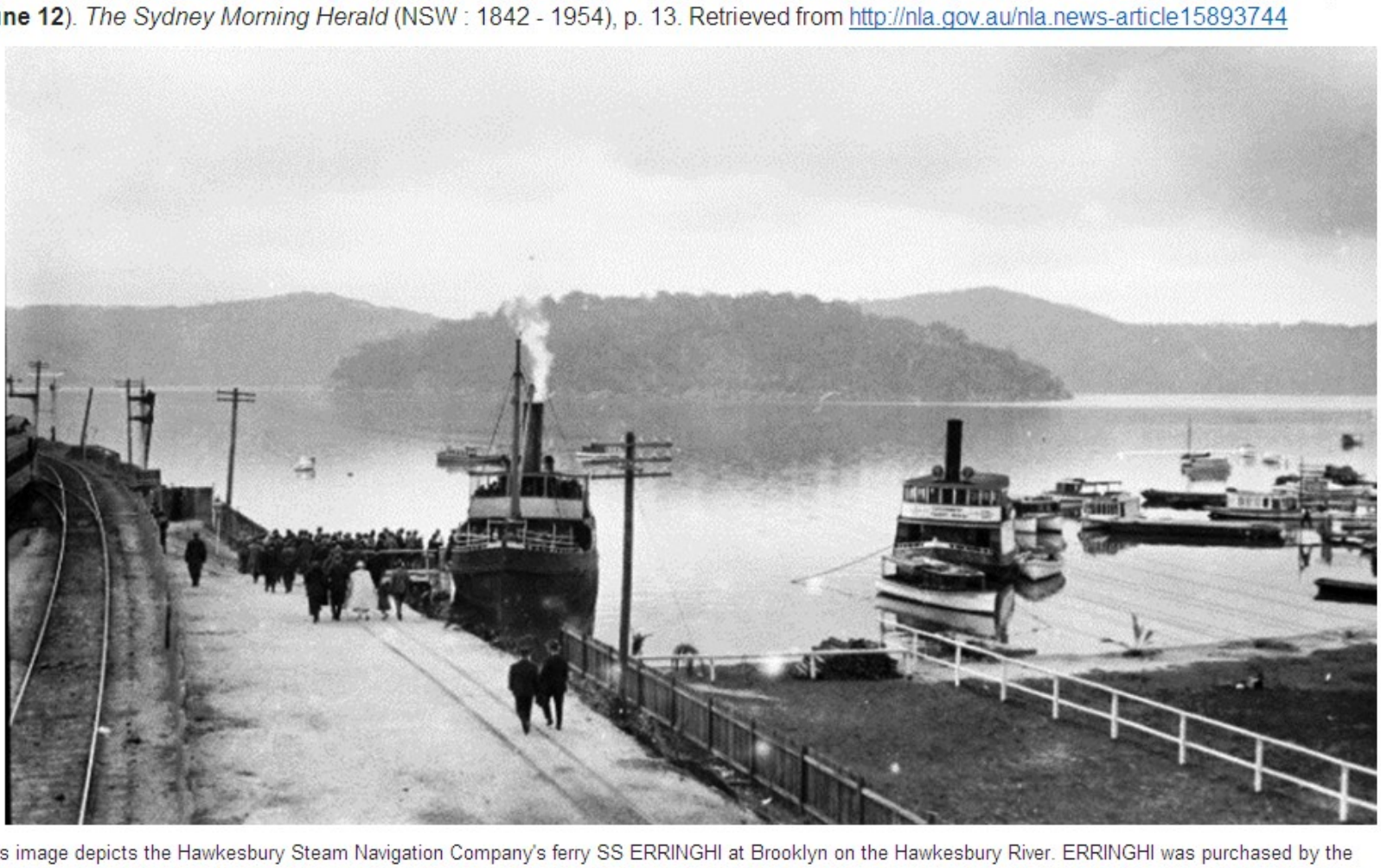
WISEMAN'S FERRY PUNT ACCIDENT. The clerk stated that. he had received the following letter from Mr. A. W.Bucknell: As the result of negligence on the part of the man in charge of the punt at Wiseman's Ferry, my car was precipitated into the river, 'and lay in from 12 to 15feet of water from 8 p.m. on Tuesday night, March 9, until 11 a.m. the following day, when it was recovered by the captain and crew of the Erringhi, assisted by Mr. .G.R. Woolford, who. was driving the car at the time of the mishap. The car was anew one, of which delivery had only just been taken. The car is now in Sydney, having arrived per' the,, steamer Erringhi, and I gather that the captain charged £5for lifting the car and £3 freight to Sydney, which has been paid. I. understand that your risk is . insured with an insurance company, and their accident manager called on the motor company and examined the car, and subsequently their expert did likewise, but doubtless you will hear from them. In order to avoid further possible damage from the immersion in salt water, the work of re-conditioning the car has been taken in hand; and in due course I will send you a claim for the actual amount of expenses incurred. COLO SHIRE COUNCIL. (1920, April 16). Windsor and Richmond Gazette (NSW : 1888 - 1954), p. 1. Retrieved June 11, 2013, from http://nla.gov.au/nla.news-article85878466

The s.s. Erringhi is now being run by the 'Charlotte Fenwick' syndicate, with Captain Archie Jurd in command. The 'remains' of the 'Charlotte Fenwick' were towed to Brooklyn last week. Week to Week. (**1920, June 11**). *Windsor and Richmond Gazette* (NSW : 1888 - 1954), p. 4. Retrieved from http://nla.gov.au/nla.news-article85878505

The very next day another accident occurred;

STEAMER ERRINGHI STRIKES BARRANJOEY ROCKS. On one of her usual trips from the Hawkesbury River to Sydney the coasting steamer Erringhi struck Warner's Rock, near Barranjoey during the early hours of yesterday morning. Later in the day another river steamer, the Kallawatta, succeeded in dragging the Erringhi off, and towing her to the Jetty at Palm Beach. Captain Jurd, the master of the Erringhi, stated that hazy conditions prevailed when the Erringhi commenced her voyage This probably accounted for the vessel losing her course and striking the rock. The Barrenjoey lighthouse-keeper discovered the plight of the Erringhi, but in answer to a question Captain Jurd reported that the crew were in no immediate danger. The sea was calm Between 9 and 10 o'clock the Kallawatta arrived. Some of the Erringhi's cargo was jettisoned, and shortly before 8 o'clock she was towed off into deep water, and afterwards to Palm Beach. An examination revealed the fact that the damage was not extensive. The timbers of the vessel had been strained by contact with the rocks sufficient to cause a leakage. At low tide this morning an attempt will be made to effect temporary repairs, and it is hoped that the vessel will resume her voyage at 7 o'clock or shortly afterwards.

The Erringhi is a wooden vessel of 96 tons, built In 1907 at Clarence Town. Her principal dimensions are - Length, 101ft,' breadth, 21ft, and depth 7.5ft. She is owned by a syndicate, who suffered the loss of the coaster Charlotte Fenwick by fire a few weeks ago and replaced that steamer by the Erringhi. The vessel is insured with the United Insurance Company for £3589. STEAMER ERRINGHI. (**1920, June 12**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 13. Retrieved from http://nla.gov.au/nla.news-article15893744



This image depicts the Hawkesbury Steam Navigation Company's ferry SS ERRINGHI at Brooklyn on the Hawkesbury River. ERRINGHI was purchased by the company in 1912, by the syndicate Captain Jurd was part of in June 1920 and traded on the Hawkesbury River up to the late 1930s. The vessel was scuttled off Sydney Heads in 1951. Image no 20579 courtesy Australian National Maritime Museum and by Samuel Hood.

DAMAGE TO ERRINGHI. **An examination at Mort's Dock of the steamer Erringhi showed that about 14 feet of her keel was badly damaged, and it was decided to put in 36 feet of timber**. Work on the Erringhi will probably take a fortnight to complete. DAMAGE TO ERRINGHI. (**1920, June 16**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article15894285

THE 'ERRINGHI" ON THE ROCKS. Bad luck seems to be pursuing the company which recently purchased the steamer Erringhi from the Hawkesbury River Navigation Company. Quite recently the Charlotte Fenwick was burnt to the water's edge at Sackville, and now the Erringhi is in trouble. :The Erringhi had loaded a full cargo of maize, fruit, etc., at the various river wharves and was passing out to sea with her engines running full speed when she ran on to Warner's Rock at Barrenjoey at 1a.m; on Friday. The lighthouse keeper(Mir. J. L. Warren) missed the vessel after she had passed through the heads, and going into the tower saw that she was high and dry . on the rocks, her propeller being several feet out of water. He immediately communicated with Captain Archie Jurd, the master of the vessel, and ascertained that she was held fast. There was no danger of her breaking up, and the lives of the crew were not imperilled. The steamer Erina later passed out of the Hawkesbury River on her way to Sydney, and stood by the Erringhi, but as her assistance was not required she went on her voyage. **At 9.30a.m. the company's other steamer, Kallawatta, arrived on the scene, and preparations were made to refloat the Erringhi during high tide.** Portion of the fruit cargo was jettisoned. **Maize and other cargo was transhipped to the Kallawatta and the launch Enchantress.** This considerably lightened the stranded vessel, and a towline was taken by the Kallawatta. Shortly after 2 p.m. the Erringhi showed signs of shifting with the tide, and half an hour later the Kallawatta pulled her off the rocks. The bottom of the Erringhi was damaged, and she was found to be leaking slightly. The Kallawatta towed the damaged vessel up the river to Palm Beach, where temporary repairs were effected and the voyage to Sydney resumed. The Erringhi is now owned by a syndicate of which Mr. A. J. Ellerker is chairman. She is 101 feet long with a 33 h.p. engine. Captain Jurd has been engaged in the river trade for upwards of 20 years. THE "ERRINGHI" ON THE ROCKS. (**1920, June 18**). *Windsor and Richmond Gazette* (NSW : 1888 - 1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article85877282

The steamer 'Erringhi' which' met with such an unfortunate accident on the way to Sydney some weeks back, has not yet resumed her regular trips on the river. Her absence has been a source of inconvenience to river1 folk, as the company was unable to charter a suitable steamer to run regularly in- her place, and the 'Kallawatta,' of course, hasn't the carrying capacity for the .whole of the cargo going off the river in a busy time, such as it has been lately. However, the 'Kallawatta' company, and the 'Erringhi' company (the latter with the old 'Seagull,' under charter sometimes), have done their best under the circumstances, and orchardists are disposed to accept the position philosophically and' make the best of things. Several photos relating to the Royal visit down the Hawkesbury, appeared in a recent issue of the 'Sydney Mail.' One showed a crowd waiting on the Wiseman's Ferry wharf for a glimpse of the Prince as the 'Premier' steamed by. Another depicts an incident at Lower Portland, depicting Councillor Lowe in a rowing boat with some friends, passing a cluster of oranges up to the Royal visitor. It is said that quite a lot of fruit found its way aboard the 'Premier' in the course of the trip, and products from our orange groves must have secured a good advertisement on the occasion. The Prince did not land anywhere en route till he reached Brooklyn, but at the different centres where there was a crowd waiting- to greet him, the 'Premier'—that is the steamer, not the Premier, Jack Storey, although he was aboard — slowed down, and many folk managed to get a closer and better view of the distinguished visitor, than would have been the case in a big crush in the city. RIVER NEWS. (**1920, July 23**). *Windsor and Richmond Gazette*(NSW : 1888 - 1954), p. 8. Retrieved from http://nla.gov.au/nla.news-article85877143

With the advent of better roads and railways to transport goods these fine ferries ceased to be used to get the produce or fish to market in time for early morning trading. The Erringhi who ran twice a week on Tuesdays and Thursdays to Pittwater in 1912 had her services by the Erringhi reduced as the Kallawatta's runs were increased;

HAWKESBURY RIVER (all parts) -TUESDAY and FRIDAY (**PITTWATER FRIDAY ONLY**) - Cargo daily S S ERRINGHI Albion Wharf Day street Telephone MA581B Advertising. (**1929, November 8**). The Sydney Morning Herald (NSW : 1842 - 1954), p. 1. Retrieved from http://nla.gov.au/nla.news-article16599856

HAWKESBURY S.S. CO., LTD.. Tel., City 1838. S.S. KALLAWATTA, for BAYVIEW, NEWPORT, CHURCH POINT, PALM BEACH, MACKEREL BEACH, EVERY MONDAY and THURSDAY, at 6 p.m. S.S. ERRINGHI, HAWKESBURY RIVER, PATONOA, MANGROVE, M'DONALD and COLO RIVERS, EVERY TUESDAY and FRIDAY, at 5 p.m. Advertising. (**1921, February 12**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 1. Retrieved from http://nla.gov.au/nla.news-article15957554

The Steamship Kallawatta, like the Erringhi was sent to Pitwtater as an excusionist vessel when a day trip by ferry to 'the marine township' on official holidays was the thing to do. A little about her;

Launching of the ss. Kallawatta. Folk who had travelled miles to see Messrs. Laughton 'Brothers' handsome new screw steamer launched at Laughton dale on Thursday, June 7, were doomed to disappointment. Although everything was in readiness to launch her, it had not been observed that she had jambed between the ways or timbers on which she was to be launched, and this mishap prevented her from sliding off. The workers, however, made a practical use of the old aphorism ' try, try, again,' and eventually their labors were rewarded by seeing her launched. After working all Thursday and Friday the steamer was launched at 10.30 p.m. on Friday amidst the heartiest of cheering. She was christened by Miss Mainwaring, of Sydney. **The Kallawatta is a fine steamer, 80ft long, with a beam of 20ft by 4ft, and a depth of 7ft by 9ft. She is licensed to carry 250 passengers. Her color is of a dark green, greatly improved by a white railing which runs around her deck, and a spray of flowers cleverly wrought in wood on her bow. The Kallawatta 's owners deserve great praise for the excellent way in which they have turned her out, and it is to be hoped that people will appreciate their pluck by amply patronising them. Shortly she will be towed up the river to be loaded with sleepers, and will thence proceed to Sydney, where she will be furnished with carefully selected and modern machinery.** It must be mentioned that on Thursday the wives of the three Laughton Brothers provided an excellent lunch, which all apparently enjoyed by the edge of the famous river Hawkesbury. After Mr John Laughton, senr. (one of the owners) had heartily thanked the people for their attendance and help, there was a dispersion for their respective homes as the strains of the National - Anthem floated on the still evening air. Launching of the s.s. Kallawatta. (**1906, June 23**). *Windsor and Richmond Gazette* (NSW : 1888 - 1954), p. 14. Retrieved from http://nla.gov.au/nla.news-article85665508

In 1926 at both the Pittwater and Hawkesbury Regattas the **Erringhi was flagship**:

The officials will then lay out the course and make all preparations for the arrival of the flagship of the regatta, the s.s. Erringhi. A 8 o'clock a meeting of members of the local com mittee will take place on board the Miramar.THE MOTOR BOATS. (**1926, December 24**). *Arrow* (Sydney, NSW : 1916 - 1933), p. 15. Retrieved from http://nla.gov.au/nla.news-article103439184

ERRINGHI AS FLAGSHIP By courtesy of the Hawkesbury s.s. Company, 'the steamer Erringhi has been placed at the disposal of the committee as flagship, and this company has also generously agreed to take' speed boats up at a nominal cost to participate in .the regatta. These boats should be aboard the Erringhi on December 21 at the latest. HAWKESBURY REGATTA. (**1926, December 10**). *Windsor and Richmond Gazette* (NSW : 1888 - 1954), p. 14. Retrieved from http://nla.gov.au/nla.news-article85949685

EFFORTS AT CO-OPERATION. RICHMOND, FRIDAY. After their interesting inspection of the Kurrajong highlands the delegates to the fruit-growers' conference had a pleasing contrast in a river trip down the Hawkesbury to Wiseman's Ferry. Nearly 100 delegates and visitors were motored to Sackville, where, **after boarding the steamer Erringhi, a two hours' panorama** of alternating alluvial flat and sandstone hillside was presented. Someof the earliest soft fruit orchards in the State lie along this historic river. Members of the Hawkesbury River and Wilberforce branches of the association, who were responsible for the arrangements, pointed out property which, after the 1867 flood, had made maize-growing impossible owing to the silt, was planted out with peaches and apricots, and thus laid the foundation of an important industry. In the evening a full-dress discussion was held on co-operation, and the formation of a new company. It was explained that although a prospectus had been issued and 1089 shares had been subscribed, the executive had decided to defer matters until the conference met. Pool buying by the association had resulted in a turnover of £17,500, and this had been very profitable, but involved a possible liability on the part of the executive.

Mr. Peacock (Bathurst) said that the transfer of the pool buying to the company, in addition to case-buying up to 1,000,000 cases annually, should be encouraged, inasmuch as while it was not always advisable for an individual grower to order sufficient cases for his crop because of a possible failure, the association could average the risks of loss, and could order cases in the slack season of the year. This would mean a substantial reduction in cost, as emergency lines were largely responsible for high prices.

Mr. W. Nulty (Leeton) mentioned that citrus growers at the Leeton end of the irrigation area had pooled their crop this year, and had profited to the extent of 2/ per bushel; and they hoped to deal with part of their peach crop in a somewhat similar way. The growers at Griffith had sent a representative to New Zealand to supervise the marketing of citrus fruits. ON THE LAND. (**1921, August 27**). *The Sydney Morning Herald*(NSW : 1842 - 1954), p. 11. Retrieved from http://nla.gov.au/nla.news-article15955535

Although the owners of the Erringhi clearly went out of their way to cultivate being 'the fruit growers vessel of choice' this did not mean free trips to Newport and other community minded investments of themselves and their vessel brought about the desired result;

Last fruit season many of our growers had heavy losses owing to the insufficiency of shipping facilities. This season no such losses should occur, for instead of a fruit glut, the river is liable to have a shipping glut. **Already a large new steamer is running** (with reduced freights) **in opposition to the Hawkesbury Company's 'Erringhi' and 'Kallawatta',** whilst two large motor launches are carrying produce from the Ferry and intermediate wharves **to Hawkesbury River station**. With all this rivalry the grower is in for a boom time, surely. WISEMAN'S FERRY. (**1921, November 18**). *Windsor and Richmond Gazette* (NSW : 1888 - 1954), p. 12. Retrieved from http://nla.gov.au/nla.news-article85878343

This did not stop the owners of the Erringhi from providing their annual day trip to Newport though:

A RUN TO NEWPORT. TWO DAYS' TRIP. It has been the custom of Hawkesbury steamship companies for many years past to place one of their steamers at the disposal of all growers along the Hawkesbury River for a free trip to Newport. Many others who are not growers are also permitted to avail themselves of this splendid outing, and all are cordially welcomed by the directors of the company. For some years the Hawkesbury River Steam Navigation Company, who ran the steamers Hawkesbury, Erringhi, Stormbird, Woy Woy and Brooklyn, ran this trip, but the old company is no more. It has been succeeded by the Hawkesbury Steamship Company, Ltd., who purchased the Erringhi, and later bought the Kallawatta, and this company is now running these two fine cargo boats on the river. The directors of this Company placed the Erringhi at the disposal of all growers and their-friends for a trip to Newport on Friday last, returning on Saturday evening. The steamer started from Churchill's wharf, Sackville, and. was joined there by a party from Windsor. Mr. A; M. Jurd, the manager of the Company, with Captain Auland, one of the directors, with friends,came to Windsor by train on Thursday night, and they joined the steamer at Sackville. With Captain Herb. Mitchell at the wheel, the Erringhi got away at 7 o'clock on Friday morning. The morning was delightfully fresh, and the early run to the Mouth of Colo was thoroughly enjoyed. Picking up one here and one thereon the way down, the favorite old 'Guy,' as the Erringhi is called along the river, arrived at the mouth shortly after 8 a.m. Here we waited for a party of Colo people, who were driven down by Mr. Wal. Jone sin his motor lorry. Mr. Wal. Jones is also a director of the Hawkesbury Steamship Company, Ltd., and he expressed keen disappointment that so few people came from,. Colo. **'Only, for the cricket competition,' he said, 'all Colo would have been here.'** This cause also prevented many people from Sackville, Lower Portland and other places along the. river from making the trip— they were engaged in the cricket matches to be played on the Saturday, and instead of there being a couple of hundred people on board. when Newport was reached, the number was just about 100. So there was plenty of room to move about on board, and as it was a happy, jovial agreeable party on board, all had a jolly time. . The Erringhi made, good time right along the trip, putting in here and there to pick up people. A halt of half an hour, was made at Brooklyn, and many of the tourists went ashore. Then on past the heads at the entrance of Broken Bay,, and Barrenjoey lighthouse, into Pittwater, and on to Newport, which was reached a little after 2 p.m. The passengers went ashore and had a good afternoon. Some strolled to the beach a mile. distant, when a few indulged in the exhilarating exercise of surfing; others visited the sites around the picturesque hamlet of Newport. At night a party of the young people took passage by motor bus to Mona Vale, some three miles distant, where they had a dance. **The 'old fogies' stayed behind to 'mind the boat.' Early on Saturday morning, while the Erringhi was laying at the Newport jetty the Hawkesbury Steamship Company's other boat the Kallawatta; put into the jetty and pushed the 'Guy' out. The Kallawatta was heavily laden with bricks and other building material, furniture, merchandise, etc., and was on her way from Sydney up the river. She discharged a lot of cargo at Newport, and then obligingly pushed the 'Guy' back to the jetty, and, amidst much banter between the respective crews, ploughed her way through Pittwater and up the Hawkesbury. The Erringhi left Newport shortly after 11 a.m. on Saturday, and after another glorious trip reached Churchill's wharf shortly after 7 p.m.** The Hawkesbury River and Colo River people who took the trip, accepted the magnificent scenery of the 'Australian Rhine' as a matter of course. It is said that 'familiarity breeds contempt'. They are so -familiar with everything along the river that the glorious scenery made little impression on them. But those who saw the scenery for the first time, or had only seen it once or twice, went into raptures over it, and this phased 'the natives' immensely. There is no more noble stream in the world than the Hawkesbury River, and Anthony Trollope, who had seen all the world's finest scenery, was so impressed that he called the Hawkesbury the 'Australian Rhine.' That, surely, was the highest praise that could be bestowed. At present the country all along the river is at its best, and the clean and healthy appearance of the many fine orchards tells of the thrift and industry of the owners. All who made the trip were loud in their praise of the geniality and hospitality of the directors and the crew of the Erringhi. Mr, A. M. Jurd, the manager of the company, was solicitous for the comfort and enjoyment of all. He is better known, to the river people as Captain Arline Jurd. He was for 25 years afloat on his beloved Hawkesbury River, starting as a deckhand, graduating- as a fireman, right up to the responsible position of skipper. He was for several years captain of river boats, and is now manager of the company. Captain Auland, another of the directors, also took a Land in seeing- that the passengers had a good time, and he and his companion, Mr. Baker, made much fun on board. Mr.Wal. Jones, also a director of the company, was a host in himself. He entertained many of those on board at meals from his generous hamper, and also saw that no one went thirsty. Wal. is a fine sport, and all his kindness was greatly appreciated. Just before he left the boat at Mouth of Colo a few of the tourists assembled on the lower deck and drank his health. Councillor Robert Lowe said a few words, and thanked Mr. Jones for his generous hospitality and good fellowship throughout the jolly trip. Mr. L. Stuart supplemented Cr. Lowe's remarks, and asked Mr. Jones to accept for himself and convey to his co-directors the thanks and appreciation of all the passengers for the splendid two days' outing and , all the kindness shown to them. Mr. Jones briefly responded, and said the directors were delighted to know that their guests had had a good time. Captain Herb Mitchell and his crew also saw to the comfort of the passengers. Captain Mitchell saw that those who slept on board at Newport on Friday night were made as comfortable as possible, and nothing was too much trouble for him in seeing that all had a good time. The mate of the ship, Mr. Vic. Fleming, is a very popular young man all along the river, and his careful help to all who embarked or disembarked was much appreciated, as was his kindness and attention to all on; the boat. The engineer, Mr. Eph. Kelly, the two firemen, Messrs. Winton Turnbull and Joe Connolly, and also the deck hand, Mr. Les. Angwin, vied with the skipper and his mate in making everybody happy, and were voted good fellows. The caterer, Mr. Tom Rose, and his cook 'Andy' (a very handy man when it came to preparing a meal) were also obliging in every way. 'Andy' provided a breakfast of chops and steak, and a dinner of roast beef, with boiled and baked potatoes and custard that anyone would enjoy. The meat was tender and juicy and splendidly cooked. Mr. Rose has been caterer 'on the Hawkesbury River boats for something like 30 years, and he can point out all the interesting and historic spots along the grand old river. A RUN TO NEWPORT. (**1923, November 16**). *Windsor and Richmond Gazette* (NSW : 1888 - 1954), p. 13. Retrieved from http://nla.gov.au/nla.news-article85873907

The Erringhi boarding passengers, circa 1925.

The "**Kallawatta" Trade is somewhat slack now that the busy fruit and melon season is over**, consequently the Hawkesbury R.S. Coy. has taken the "Kallawatta" off for the time being. Doubtless she will return to the river later when the orange crop ripens. **Meanwhile, the "Erringhi" is doing all the work**. NEWS FROM DOWN THE RIVER. (**1924, March 20**).Hawkesbury Herald (Windsor, NSW : 1902 - 1945), p. 4. Retrieved from http://nla.gov.au/nla.news-article66364657

NEWS FROM DOWN THE RIVER "The Erringhi." **For some time past the "Kallawatta" has been trading on the river in place of the "Erringhi." The latter vessel was put in dock recently and is, we understand, having her machinery overhauled**. NEWS FROM DOWN THE RIVER. (**1924, April 10**).*Hawkesbury Herald* (Windsor, NSW : 1902 - 1945), p. 1. Retrieved from http://nla.gov.au/nla.news-article66364843

Like all vessels at sea, looking out for and after each other was part of the Erringhi's creed:

A STIFF FIGHT. Life Savers Saved. SYDNEY, Tuesday, Six members of the North Steyne life saving club, set out from their shed at six o'clock last night with the intention of taking a boat to Manly Harbour beach. Shortly afterwards a strong gale sprang up, and they were hard put to it. Luckily, the steamer Erringhi hove in sight, and the master of that vessel,; noticing the small craft, placed a line on board and towed her to Sydney.' The men were practically exhausted. A STIFF FIGHT. (**1924, November 18**). *Goulburn Evening Penny Post* (NSW : 1881 - 1940), p. 2 Edition: EVENING. Retrieved from http://nla.gov.au/nla.news-article99285414

HAWKESBURY NAVIGATION CO'S.PICNIC. The Hawkesbury Steam Navigation Co., held 'its annual picnic to Newport on Friday and Saturday, / March 20th -and 21stand it proved to be one of the most pleasant and interesting of all the picnics held. The weather conditions .were everything to be desired and when the full , complement of passengers were aboard they, numbered over 150. The Company's steamer Erringhi was fitted up in every way for the comfort and convenience of the passengers and left. Page's Wharf at Sackville at 6.30a.m. for the 72 miles- journey to Newport on Friday morning. Captain H. Mitchell, with a crew of seven was in charge, and left no stone- unturned for the comfort and enjoyment of the passengers, and 'their geniality and good-will earned for them the praise and admiration of everyone aboard. Captains A. Jurd and Auland, with a company of friends from Sydney and Windsor joined the boat at Sackville wharf. Hot water and liquid refreshments were provided by the Directors, the passengers provisioning themselves; the trip being **given free to the growers of the Hawkesbury**. **Captain Mitchell's genial daughter and son, together with Mr. Arthur Bickford and Harold Conklin, supplied splendid music,** which, with the magnificent scenery, made the return journey one never to be 'forgotten. The majesty of the Hawkesbury, entwined with its subtle charm, ministered to the most' aesthetic or artistic tastes, and a soothing salve to the weary. Why we in Australia do not boom the marvels and grandeur in our own country within easy access of all tourists is a conundrum. The Erringhi reached Newport at 2.30 after a most enjoyable trip. The passengers enjoyed a social arranged for their benefit at Mona Vale at night, and a picked team, from the passengers played a tennis match against the Mona Vale Club and won by 15 games. The return journey began at 12.30 on Saturday, and Captain Mitchell delighted the passengers by cruising round the warships at Danger Island. The passenger list gradually decreased as the steamer wended its way home, numbers leaving for the Macdonald River, Webb's Creek and Cola The -genial captain was a happy man in the thought that the company he had piloted down and back had so fully enjoyed themselves, and Councillor R. Lowe, Mr. J. R.Lowry, and Rev. J. Scharkie voiced the ?appreciation and thanks of all the picnickers to the directors, captain and crew for the pleasant and most enjoyable trip gratuitously given by them to the growers of the Hawkesbury, and the company left the vessel delighted with their wonderful outing. The return journey was completed at 9 p.m.' HAWKESBURY NAVIGATION CO'S. PICNIC. (**1925, March 27**).*Windsor and Richmond Gazette* (NSW : 1888 - 1954), p. 14. Retrieved from http://nla.gov.au/nla.news-article85899642

The second Punt entry into the history of the Erringhi:

RIVER COLLISION DURING the weekend the **steamer Erringhi collided with the Sackville ferry punt**, putting it temporarily out of service. Many motorists, who arrived at the punt, had to make a long detour through Windsor to reach Wiseman's Ferry. RIVER COLLISION. (**1927, October 7**). *Windsor and Richmond Gazette* (NSW : 1888 - 1954), p. 1. Retrieved from http://nla.gov.au/nla.news-article85953529

STEAMER PHOENIX. Temporary repairs having been effected, the wooden ferry steamer Phoenix, which was beached at Brooklyn on Monday owing to leakage, has been refloated. **She will be brought to Sydney this morning under convoy of the Hawkesbury S.S. Co.'s steamer Erringhi.** STEAMER PHOENIX. (1927, October 21). The Sydney Morning Herald (NSW : 1842 - 1954), p. 12. Retrieved from http://nla.gov.au/nla.news-article16413262

GOVERNMENT TOURIST BUREAU
SYLVIA

SS Phoenix at Brooklyn.

As had already marked her career, the Erringhi continued with most unusual works that entwined with our societal shifts as well as other 'mishaps':

KURING-GAI CHASE. ROAD TO BE BUILT BY PRISON LABOUR. A start will shortly be made on the construction, with prison labour, of a roadway through the Kuring-Gai Chase. A proclamation was issued in yesterday's Government Gazette, declaring as a place of detention for the purpose of employing prisoners in the work of road-making an area of approximately 540 acres, from Waratah Bay, Cowan to the eastern side of Cowan Creek. The area will be known as **the Cowan Creek Prison Camp**. **Last night the hulk of the destroyer Parramatta left for the Hawkesbury in tow of the steamer Erringhi.** On arrival at the camp she will be anchored offshore and huts to accommodate the prisoners will be erected on the upper deck. It is not intended to house any of the prisoners below deck. **The hulk of the Swan, which, with the Parramatta, was recently stripped at Cockatoo Island Dockyard, and handed over to the Department of Justice, will also be taken to the camp, for use in the same way.** It will be some tune before the department is ready to commence work. The matter has been under discussion for several months. When the proposal was first made by the Kuring-Gai Chase Trust, it was pointed out that unless the roadway was constructed in that way, it would probably never be built at all. By proclaiming a prison detention area, the Government, it is pointed out, has not interfered with the right of the general public to access to that portion of the chase through which the roadway will be built. Subject to certain restrictions with regard to prison buildings, tourists will still be able to visit the resort. KURING-GAI CHASE. (**1930, August 16**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 14. Retrieved from http://nla.gov.au/nla.news-article28044150

KURING-GAI CHASE. Prisoners at Work. ON DESTROYER HULKS. JERVIS BAY SCHEME. Prisoners are now at work on the destroyer hulks at Cowan Creek, erecting accommodation for the prisoners who will be engaged in road construction work in the Kuringi-gai Chase area. **Roads are to be constructed from three railway stations to the water foreshores, viz, Cowan Station to Jerusalem Bay. Berowra Station to Waratah, and Kuringai Station to Woodnuts**. It is estimated that eventually 200 prisoners will be engaged in the work. **The State prisons are at present congested, and the authorities are at their wits end to accommodate them.** At Long Bay Penitentiary about 70 prisoners are compelled to sleep in the hospital quarters. There are also 300men there who have no occupation at all in the prison. The Minister hopes to solve this difficulty by the establishment of prison camps similar to the one at Kuringai Chase. A new camp has been established in the Oberon district, where 50 prisoners will be engaged in afforestation work. The Minister for Justice (Mr Lee) will leave Sydney for Jervis Bay at the week-end to inspect the Jervis Bay Naval College, which has been offered for lease or sale by the Commonwealth to the State. There is a possibility that the State may find use for the buildings for a public institution, such as a hospital or prison camp. However, there may be considerable local objection to the latter suggestion. KURING-GAI CHASE. (**1930, August 26**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 9. Retrieved from http://nla.gov.au/nla.news-article16679398

INTO DANGER ZONE. S.S. ERRINGHI IN TROUBLESHIP SPOILED GUN PRACTICE Declaring that he had been blinded by the searchlights, which he took to be a. display of some sort, **George Doyne, master of the little steamer Erringhi**, which trades between Sydney and settlements along, the Hawkesbury River, **pleaded guilty in the Central Summons Court, Sydney, to a breach, of the Defence Act in coming within a prohibited area during artillery practice at the Heads**. It was explained that a special night practice had been arranged, with considerable expense, but, despite notices in the Press and over the air, and the hoisting of three red lights at South Head — the signal reading, 'You must not enter port' — the Erringhi came down the coast until, just before a burst of firing was due, a launch on sentinel duty spotted her in the danger zone and sent up a Verey light, suspending the operations.A fine of £3 with £3/11/- costs, was imposed. INTO DANGER ZONE. (**1932, June 24**). *Windsor and Richmond Gazette* (NSW : 1888 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article86051953

The steamer Erringhi has been taken off the river for the time being and the Gosford is trading in her place. RIVER NEWS. (**1932, August 26**). *Windsor and Richmond Gazette* (NSW : 1888 - 1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article86052161

PERILOUS TRIP IN LAUNCH SYDNEY, Saturday.— On a voyage from Brisbane to Sydney in a launch, Sydney Dalton had a perilous time. Off Palm Beach the rudder carried away, and the launch drifted helplessly for three hours. **He hoisted a signal of distress, and the steamer Erringhi took the launch in tow. Near Barrenjoey Lighthouse, however, a big wave rolled the launch over, half filling it with water. Dalton jumped into the sea and grabbed the towrope He was dragged for some distance half submerged, but was eventually assisted to the deck of the steamer.** PERILOUS TRIP IN LAUNCH. (**1932, December 24**). *The Mail*(Adelaide, SA : 1912 - 1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article59832750

HAWKESBURY AND GOSTORD STEAMSHIP CO FOR GOSFORD WYONG, WOY WOY TERRIGALTHE ENTRANCE and all parts of BRISBANE WATERS & GOSFORD receiving and sailing THIS DAY FOR HAWKESBURY RIVER all parts including PITTWATER-SS ERRINGHI receiving and sailing THIS DAY NEXT SAILINGS FOR GOSFORD WYONG WOYWOY TERRIGAL THE ENTRANCE and all parts of BRISBANE WATER-WEDNESDAY HAWKESBURY RIVER all parts Including PITTWATER THURSDAY Cargo received at ALBION WHARF DAY STREET (foot of Market street) MA5838 Advertising. (**1936, April 6**). The Sydney Morning Herald (NSW : 1842 - 1954), p. 1. Retrieved from http://nla.gov.au/nla.news-article17328864

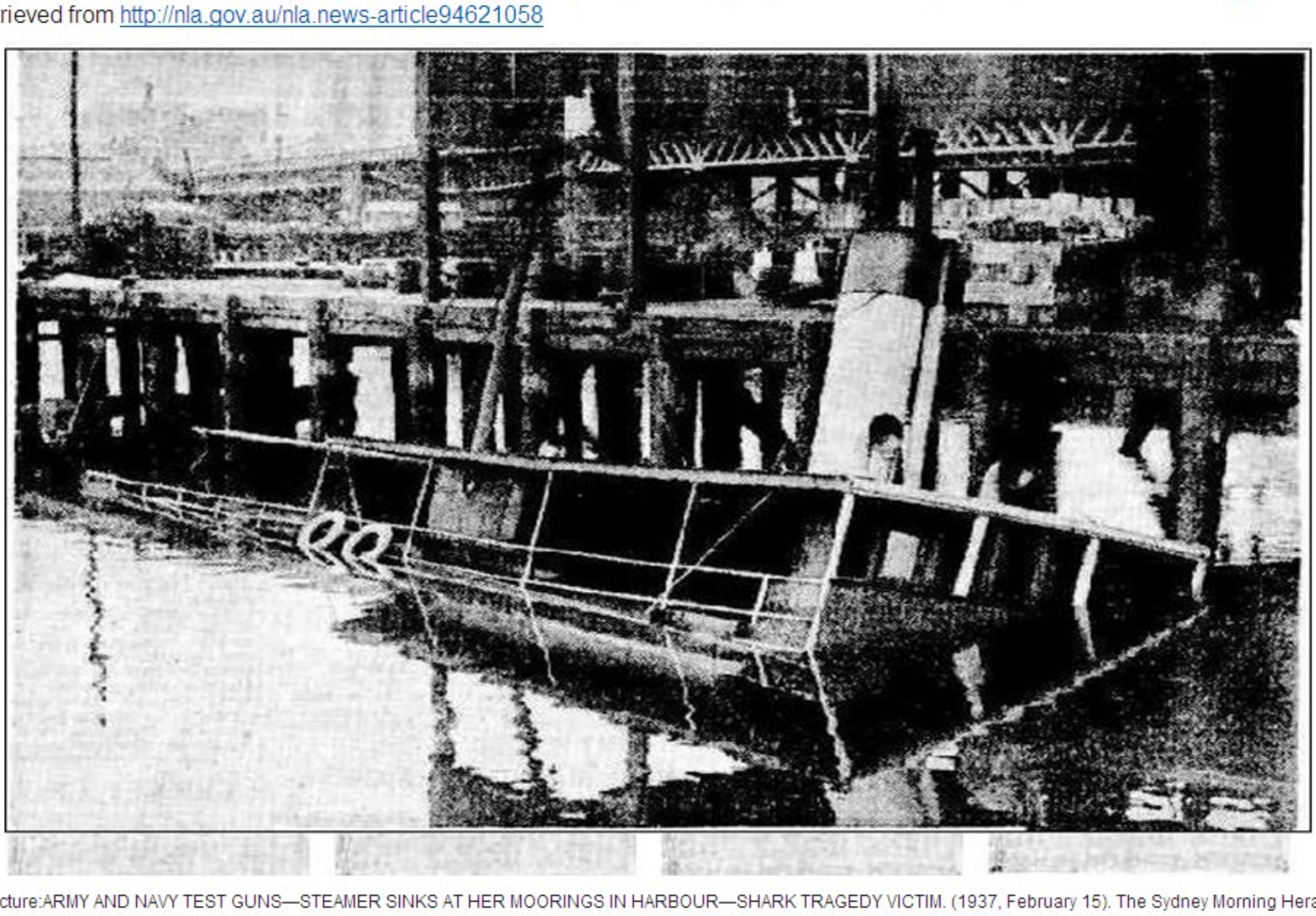
Round II with one of the three succeeding pilot vessels named 'Captain Cook':

ADRIFT AT SEA. COASTAL STEAMER ERRINGHI. Saved by Fine Seamanship. Only magnificent seamanship prevented the wreck of the coastal steamer Erringhi, when the propeller shaft broke as the small vessel was fighting her way through terrific seas towards Sydney Heads, yesterday morning. The Erringhi, with a crew of seven on board, drifted helplessly for more than half an hour. The vessel was close to land, and could have lived for only about a quarter of an hour longer, when the pilot steamer Captain Cook reached her.

The crew of the Erringhi said afterwards that they undoubtedly owed their lives to the skill and perseverance of the master of the Captain Cook (Captain Hill). The Erringhi, which trades between Sydney and the Hawkesbury River, is a vessel of 96 tons gross register, owned by the Hawkesbury S.S. Co., Ltd. Normally the vessel would have left the Hawkesbury on Saturday night for Sydney, but the seas were so rough that the master (Captain Doyne) decided to wait until yesterday morning. The vessel left the Hawkesbury soon after dawn, and a chapter of accidents began. The engineer, Mr. Charles Dunn, of Moss-street, West Ryde, had a finger badly crushed when adjusting some machinery in the tossing vessel. The crew were congratulating themselves on a good voyage in difficult weather, when the tail shaft snapped cleanly several miles from Sydney Heads. The small vessel wallowed helplessly in the heavy seas, and, driven by the strong north-easterly wind, drifted rapidly towards the shore. There was no wireless on board, but the master hoisted a signal of distress-the Union Jack upside down-and the signal was seen by the officer on duty at the South Head signal station (Mr. Charles Davidson), who sent a message to the Captain Cook by semaphore.

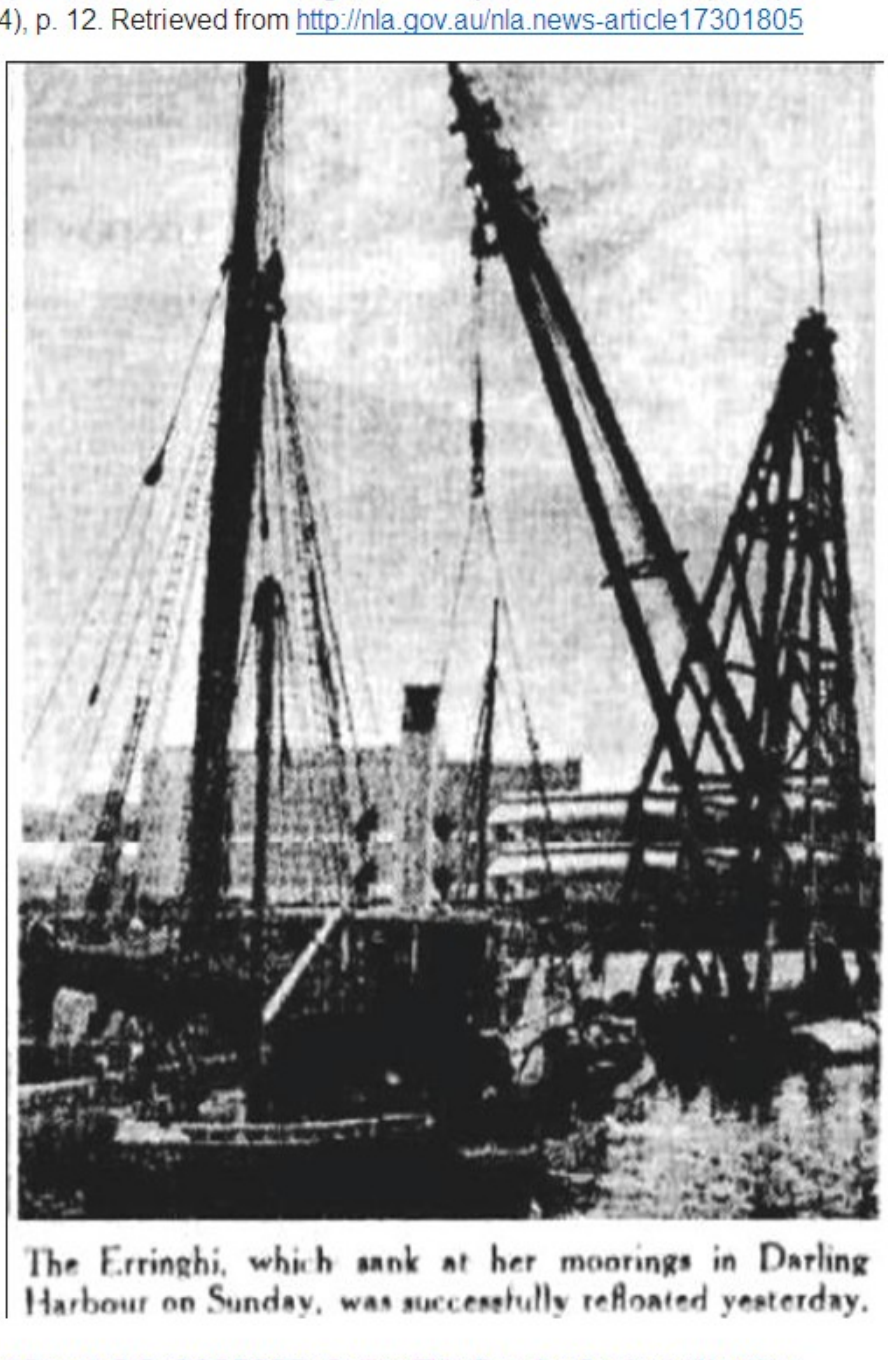
DREADFUL DILEMMA. The master of the Captain Cook was faced with a terrible decision. He was on his way south to a point off the cliffs, where a swimmer was fighting for his life in the surf. He decided that it was doubtful whether he could reach the swimmer in time, in any case, and that he must go to the assistance of the men on the Erringhi. Accordingly the Captain Cook steamed north at full speed. **When the Captain Cook reached the Erringhi the small vessel was half a mile from the bombora at Deewhy**, and drifting rapidly towards it. In such seas it was impossible to get a tow-line aboard by ordinary means, but the Captain Cook is fitted with a rocket apparatus, and, after some difficult manoeuvring, a line was thrown across the Erringhi at the first attempt, and was made fast at once. During the tow both vessels were subjected to a considerable strain, and it was more than an hour before they reached the Heads. Just between the Heads the line broke, and the Erringhi again commenced to drift. Another line was thrown aboard, and in making it fast Joseph Lockrey, of Stone-street, Earlwood, a fireman on board the Erringhi, received injuries to his face. The Erringhi was taken into Watson's Bay without further incident, and was then picked up by a tug. Captain Doyne said afterwards that the promptness of the Captain Cook in answering his call undoubtedly prevented his vessel from drifting ashore. Captain Hill said that the north-easterly sea running outside the Heads was one of the worst he had ever seen. The waves smashing against the cliff face were shooting up 100 feet and more. ADRIFT AT SEA. (**1936, May 25**). *The Sydney Morning Herald*(NSW : 1842 - 1954), p. 9. Retrieved from http://nla.gov.au/nla.news-article27993310

Coastal Steamer Sinks. SYDNEY, Sunday. **The coastal steamer, Erringhi, of 100tons, sank in 30 feet of water at her berth, Darling Harbour, today.** There was nobody on board at the time. No theory can be advanced for the sinking of the vessel, which trades between the Hawkesbury River and Sydney. Coastal Steamer Sinks. (**1937, February 15**). *Northern Star*(Lismore, NSW : 1876 - 1954), p. 7. Retrieved from http://nla.gov.au/nla.news-article94621058



Picture:ARMY AND NAVY TEST GUNS—STEAMER SINKS AT HER MOORINGS IN HARBOUR—SHARK TRAGEDY VICTIM. (1937, February 15). The Sydney Morning Herald (NSW : 1842 - 1954), p. 12. Retrieved from http://nla.gov.au/nla.news-article17298261

THE ERRINGHI. **No Plans for Refloating.** Officials of the Hawkesbury and Gosford Steamship Co. said yesterday that no plans had been discussed for the refloating of the small wooden steamer Erringhi, which sank at her moorings on Sunday. THE ERRINGHI. (**1937, February 16**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 12. Retrieved from http://nla.gov.au/nla.news-article17301805



The Erringhi, which sank at her moorings in Darling Harbour on Sunday, was successfully refloated yesterday.

ERRINGHI SANK AT WHARFSIDE AT 11.30 a.m.on Sunday, 14th instant, the Hawkesbury steamer Erringhi floated serenely at her berth in Darling Harbor. At 11.50 she was resting on the bottom of the harbor. **A surprised Maritime Services Board patrolman found her, with only her mast, funnel, and part of the upper works showing above the water. The 96 ton vessel had sunk in less than 20 minutes. Canted, at an angle, she now lies in 20 feet of water, with even the wheelhouse flooded. There was nobody on board, as she was temporarily laid up . One theory is that the Erringhi, which had been moored at the wharf for several weeks, was caught underneath a projecting beam of the wharf at low tide. As the tide rose on Sunday morning, it is thought, she was tilted more and more until the water come over her side, flooding her.** The hull was in perfect condition, the owners say. She was docked a few months ago. The Erringhi, a wooden steamer, built at Clarence Town in 1907, is owned by the Hawkesbury River Steamship Co., .Ltd. She carries cargo between Sydney and Hawkesbury River ports. ERRINGHI. (1937, February 26). Windsor and Richmond Gazette (NSW : 1888 - 1954), p. 6. Retrieved from http://nla.gov.au/nla.news-article86045664

Sydney Harbour is one the busiest ports in the world and you cannot leave a vessel just laying about:

Picture to Right: The Erringhi, which sank at her moorings in Darling Harbour on Sunday, was successfully refloated yesterday. MAN, WITH WIFE AND FAMILY, WHEELS CART FROM MELBOURNE — NAVAL MANOEUVRES END — RAISING THE ERRINGHI. (**1937, February 18**). *The Sydney Morning Herald*(NSW : 1842 - 1954), p. 12. Retrieved from http://nla.gov.au/nla.news-article17311007

HAWKESBURY and GOSTORD S S CO Albion Wharf Market street -S S GOSFORD sailing This Day for Gosford Woy Woy Wyong and all parts Brisbane Water **Also S S ERRINGHI for Pittwater and all parts Hawkesbury river next sailing Tuesday 30th** .Cargo till 5pm Advertising. (**1937, March 24**). *The Sydney Morning Herald*(NSW : 1842 - 1954), p. 1. Retrieved from http://nla.gov.au/nla.news-article17354393

HAWKESBURY and GOSFORD S.S. CO., Albion Wharf, Market Street.-S.S. GOSFORD. Sailing This Day. for Gosford, Woy Woy. Wyong, and all parts Brisbane Water. Also S.S.ERRINGHI for Pittwater and all parts Hawkesbury River. Cargo till 5 p.m. MA5U38. Advertising. (**1937, December 13**). *The Sydney Morning Herald*(NSW : 1842 - 1954), p. 1. Retrieved from http://nla.gov.au/nla.news-article17441081

The first general store was at Palm Beach, **on the Pittwater side near the jetty**, as early as 1914, and was known as Booth's store. Later it became Ellis' store, and then after the last war two returned Diggers, Mr. Fred Howlett and his partner, **Gow**, took it over. Their **general supplies came by ship from Sydney by the Erringhi and the Kallawatta**, and meat and bread came by launch from Newport. Palm Beach setting for smartest sea and sun togs. (**1946, January 12**). *The Australian Women's Weekly* (1933 - 1982), p. 22. Retrieved from http://nla.gov.au/nla.news-article47245736

The above 1937 advertisement is the last record we can find of the Erringhi on her Pittwater-Hawkesbury route. By 1940 she was on Syndey Harbour working as a lighter on which there is more after a little about those who brought her to our estuary;

Former River Captain Dead. AN interesting career of an esteemed former river identity, **Captain Archie Jurd**, is reviewed in the following comment on his death by a correspondent who was an old friend. After a long and distressing illness, the death occurred on April 2 of **Archibald Macdonald Jurd**, one of the **most esteemed of the 'boys of the old brigade**,' whose ranks, sad to say, have been greatly depleted in recent years. Scion of an old pioneering family of the St. Albans district, 'Archie' Jurd, as he was popularly called, was associated with transport problems on the Hawkesbury River for close on 40 years. As a young man, he joined the service of the old Hawkesbury Steam Navigation Coy., and advanced rapidly from one responsible position to another. At an early age he was appointed captain of the steamer 'Hawkesbury' and held the post till that fine old vessel was replaced by the "Erringhi,' when Captain Jurd transferred to the new steamer. He also captained a number of smaller craft in his time, and at one period traded with his vessel, 'Charlotte. Fenwick,' between the river and Sydney. But, alas, the hand of time has wrought its changes, and to-day most of the river produce reaches the Sydney markets overland, per motor transport. In the - 'thirties Captain Jurd left the steamers and assumed managership of the newly formed Gosford- Hawkesbury Steamship Coy., a position he held till ill health obliged him to relinquish the job. He made his home at Epping, where a warm welcome awaited any old friends who cared to drop in for a chat and swap reminiscences of the old steamer days on the Hawkesbury. As a young man, deceased was married to Miss Grace Leet, of Leet's Vale, who survives him, together with a son, Ron, and two daughters, Mrs. Ryan and Mrs. Hunt. People of the river districts extend their sincere sympathy to Mrs. Jurd and family in their bereavement. J.C. Former River Captain Dead. (**1953, April 15**). *Windsor and Richmond Gazette* (NSW : 1888 - 1954), p. 7. Retrieved from http://nla.gov.au/nla.news-article85674581

Appreciation. Within the last few weeks the Grim Reaper has claimed two well-known and highly respected residents of the Ryde district, Mr. Herbert Mitchell and Mr. Walter Tuckerman. Both were well known along the old Hawkesbury River. **Mr. Mitchell was for many years the 'skipper' of the S.S. Erringhi when all river produce was taken by water to the metropolis.** Those good old days have, unfortunately, gone, but the name of Herbert Mitchell will always be remembered by a host of river residents as a good friend and a most obliging and courteous gentleman, and one, who was never too busy to lend a helping hand or speak a kindly word when needed,, always with that cheerful spirit so characteristic of the man he was. No doubt 'old hands' from Lower Portland to Lower Hawkesbury will of times recall many happy memories of those friendly annual picnic excursions to Mona Vale and Newport . that were organized and carried through so successfully by him who we now mourn. At those times he never spared himself in attention to the needs and comfort of passengers under his charge. Herb Mitchell has passed to the quiet Harbour of the Port beyond our ken. The stormy seas of life are' left behind, and we all know for sure our old friend has anchored in that Haven of Rest and with him 'all is well.' Just a short month following the above sad even$ another grand old identity of the Hawkesbury has passed in the wake of his brother in-law, and Walter Tuckerman has entered that Land of 'Peace from which no traveller returns, but whose memory will always be cherished and his kindly nature will never be forgotten by the many friends he has left behind. 'Wal,' as he was affectionately known, was a true native of the old river, and lived for years in the Wiseman's Ferry district. In bygone years he was an enthusiastic sportsman, a keen cricketer and a lover of good horses. He was a splendid neighbour, and no committee for the advancement of the district in which he lived was ever complete without his name appearing on the list. He was noted for his dry wit, and had a boundless fund of humorous stories connected with the past days of the Hawkesbury, many of these being actual experiences. When in the mood, which was very often, he could entertain an audience for hours. He was never known to speak ill of any person, and perhaps this accounted for his wide popularity. He was a good judge of human character and helped many a man to solve the little difficulties that often arose among neighbours. He lived only in the moral and bright side, loving only the sunshine and eschewing the gloomy clouds of life. Both these old friends were Christian gentlemen in the truest sense of the term. **They each believed in and practised a wise philosophy that we are born into this world to make it better and happier and in proportion as we do this we make ourselves both**. The memory of such men must help the dear ones left behind as they pass through the shadows of irreparable loss. May we all be as fully prepared when we reach 'the Gate at the Journey's end,' is the earnest prayer, of one who was privileged to be a friend of each. — R.T. Appreciation. (**1948, June 23**). *Windsor and Richmond Gazette*(NSW : 1888 - 1954), p. 1. Retrieved from http://nla.gov.au/nla.news-article85661098

The Erringhi duties as a lighter (barge) on Sydney Harbour past her last recorded route on the Pittwater/Hawkesbury come from the Letters page of December 2006 *Afloat* magazine:

My uncle, Eric Seaman, a World War I veteran, was skipper of the 1940s SS Erringhi in its work as a lighter around Sydney Harbour, and he often took me with him. A regular run was up the Parramatta River. The first obstacle was the old Gladesville Bridge. To save interrupting tram and motor traffic the ship had a hinged funnel with balanced counterweights. The half funnel was lowered, as was the fore derrick into a cradle alongside the wheelhouse. Once past the bridge the funnel and derrick were restored. The first stop up the river was at Cooper & Nephews at Concord. Here drums of chemicals were loaded. Next stop was Meggits at Gladesville where bags of sheep nuts (linseed meal) were taken on. The final call was to Lysaghts at Chiswick where a punt (barge) of wire coils was attached for towing. Then back to Erskine Street.

Another frequent run was to Manly Gasworks to drop off empty punts and bring the coke ones back. A similar visit was made to North Shore Gas Co. A great excitement was a trip to Kirribilli dolphins where the Queen Elizabeth was moored. A welding plant had to be delivered to it. As it was a troop carrier all the glorious fittings were gone.

Life on the harbour had its moments. One Saturday morning Erringhi was moored at the end of Huddart Parker's wharf when a 12,000 ton cargo ship commenced turning without tugs. There was an officer on the bow with a phone hook-up to the bridge. Slowly the bow of the ship swung towards us and actually crunched Erringhi against the jetty. Fortunately no serious damage was done and we didn't have to swim for it. ***An unusual activity was the making of an Aussie movie*** *(forgotten the name but I saw it at the Astra Theatre, Drummoyne). To make it look the part, special timber superstructures were attached. Towards the end the aft derrick and winch were removed and the aft hold was converted to a crew change room. (Progress?).* ***Another unusual trip was an annual one to Coogee beach. This was to lift the shark proof net for repairs etc.*** *Now Erringhi rests on the bottom of the sea 12 miles east of Sydney Heads.* **Father Barnabas Brown, Franciscan Friars Star of the Sea, Waverley.**

The Australian National Maritime Museum records she was scuttled off Sydney Heads in her long work years over. The Federal Government's Document '*Sea Dumping in Australia – Histoirical and Contemporary Aspects'* records:

ERRINGHI W lighter ex ss, 96 g, 55 n, ON113153, 101.0x 21.0x 7.5, B.1907 Clarence Town, NSW stm eng 32 nhp. Last owner Mackenzie & Petersen Ltd, reg. Sydney. Scuttled Jan 13, 1951 off Sydney Heads.
Retrieved from: http://www.hydro.gov.au/n2m/dumping/cwa/seadumping.pdf

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Erringhi threads collected by A J Guesdon, 2013.

Pittwater Online News

June 16 - 22, 2013: Issue 115

Articles This Week

Front Page Issue 115

Avalon Tattoo 2013 - Avalon Tattoo 2013 Pictorial

Transcription of Speakers at Independent Local Government Review - Dee Why, 4th of June, 2013

RPAYC Match Racers Take Bronze at Match Racing Worlds

Premier's Community service Award for Pitwtater 2013

Brian Friend - OAM

Reflections By George Repin: **Alcohol in Restaurants before 1955**

Pictures: **Mona Vale Hospital Palliative Care Upgrade begins**- we asked Michael Mannington to go out in the thunderous lightning on Wednesday to get a few pictures of the upgrades to MVH - since these are historic images past this issue they warrant their own page.

Profile of the Week: **June 2013 - Pittwater Ladies- Christina Stewart**, working mum with a passion for environmentally friendly cleaning!

History: **June 2013 - Pittwater Ferries Round II - The Erringhi**- known affectionately as the 'guy' this ferry is a great example of how we got produce to market prior to passable roads being made

Collector's Corner: **Chinese Ginger Jars** – ancient storage receptacle, the customs of giving as gifts, decorative art after you've eaten the ginger!!

Artist of the Month for June 2013: **Gemma Rasdall**- Marine Artist Extraordinaire ! Exhibiting at **RMYC Annual Marine Art Show June 6-16**

PITTWATER COUNCIL

WARRIEWOOD VALLEY REVIEW ADOPTED

Pittwater Council adopted the Warriewood Valley Strategic Review Report at a special Council meeting held last night. The review was carried out during 2011 and 2012 in a partnership between Pittwater Council and the NSW Department of Planning and Infrastructure. The review has examined the development potential of all undeveloped land remaining in the Warriewood Valley.

Independent consultants took into account flooding issues, urban design, transport and traffic scenarios and the economic viability of undeveloped sites in the Valley for the strategic review.
The review report has recommended 32 dwellings per hectare for most undeveloped sites, up from the current 25 per hectare.

However the Council has rejected a call from the Director-General of NSW Planning Sam Haddad for flexibility on densities in the future.

Mayor Jacqui Townsend said while she was pleased that there was now a clear way forward for development in the Valley, the Council was against any suggestion that densities could be increased.

"We must give residents certainty that development in the area will not be unrestrained."

"The strategic review report as it stands provides Council with a clear framework within which it can make informed decisions on future development applications and at densities the community can expect."

Mayor Townsend said future housing types in the Valley would include a mix of small lot housing, low-level apartment buildings, townhouses and terraced houses and would allow properties in Fern Creek Road and Orchard Street to be rezoned to residential.

No changes were proposed however for the area known as the Southern Buffer, which extends from Boondah Road to Jacksons Road up the perimeter of Warriewood Centro.

Mayor Townsend said that landowners in the Southern Buffer would need to investigate future redevelopment opportunities for their land, with development applications to be assessed by the Council.

The Mayor said she was heartened to see many residents and landowners being part of the consultative process during the review and at the meeting last night. "Over 300 community members attended public meetings and over 350 formal submissions were received. It was a tremendous concession the community made last night by acknowledging that the review was the only way to have trust in future development in the Valley."

To view the Warriewood Valley Strategic Review visit www.pittwater.nsw.gov.au

RMYC MARINE ART EXHIBITION THURSDAY 6th JUNE – SUNDAY 16th JUNE 2013

The Royal Motor Yacht Club Broken Bay at 46 Prince Alfred Parade, Newport are holding the 9th Annual Marine Art Exhibition and Competition from **Thursday 6th June to Sunday 16th June**.

The Exhibition is **open to visitors between 10.00am and 5.00pm** and has over 300 paintings on display this year. The RMYC is the ideal setting for a Marine Art Show with the top floor function room's fabulous backdrop of yachts and power boats.

If you are an avid art lover - make a day of it down by the water at the Royal Motor Yacht Club Newport between 6th and 16th June 2013 - you may just pick up the painting you are looking for.

On Sunday 16th June 2013 come along to the RMYC for a day of **Beer, Wine Tasting** and Marine Art in the Garden Forecourt. Beer and Wine Tasting is from 11am – 3pm, with many Exhibitors on show.

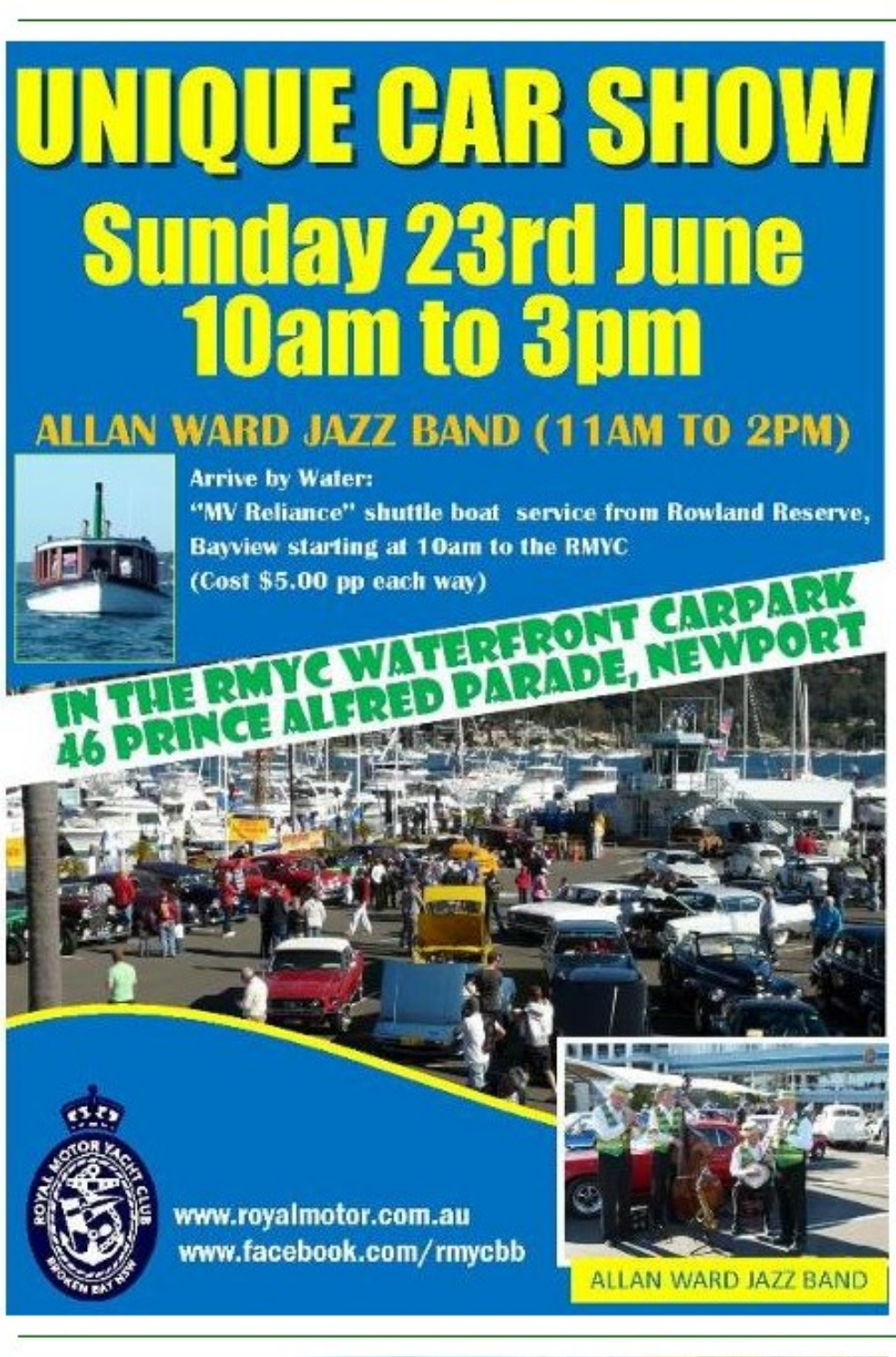
For further information telephone 9997 5511 or **visit www.royalmotor.com.au**

Major Sponsors:

GBROTHERS MOTOR GROUP

A reminder that all Pittwater pool owners must register their pool with the NSW government by 29 October or risk being fined. - You can register your pool online www.swimmingpoolregister.nsw.gov.au

Be Pool Safe - NSW Swimming Pool Register
Oct
29
2013
www.swimmingpoolregister.nsw.gov.au



UNIQUE CAR SHOW
Sunday 23rd June
10am to 3pm
ALLAN WARD JAZZ BAND (11AM TO 2PM)
Arrive by Water:
"MV Reliance" shuttle boat service from Rowland Reserve, Bayview starting at 10am to the RMYC
(Cost $5.00 pp each way)
IN THE RMYC WATERFRONT CARPARK
46 PRINCE ALFRED PARADE, NEWPORT
www.royalmotor.com.au
www.facebook.com/rmycbb
ALLAN WARD JAZZ BAND

Pub2Pub
Charity Fun Run & Walk

21st Annual Pub 2 Pub - Registrations NOW OPEN

Register via www.pub2pub.com.au - Early Bird Offer - 1st 500 entrants receive a FREE BUPA Pedometer. Note: Limited to 5000 entrants

Northern Beaches most famous fun run is celebrating its 21st birthday marking a major milestone for the annual Pub 2 Pub charity fun run & walk. The 13km event starts at 8am sharp on Sunday August 25th, so now is the time to throw on your runners & start training for this fantastic family event.

Our 2012 event was a record with 5000 entries and $185,000 raised by our entrants. Our 2013 target is $200,000. Good luck!

Avalon Golf Course

Where everyone's welcome!

Special: Social clubs who book and play **before June 30 2013** will only play $20 for 18 holes

Avalon Golf course (established in 1926) is a true blue, 9 hole public golf course, and the only course on the peninsula that offers casual golfers the opportunity to play 7 days a week.
A relaxed atmosphere and beautiful location make Avalon the perfect course for those wanting to enjoy an unhurried game.
You can also achieve and maintain a recognised handicap with Golf Australia/golf link on special at the moment for $59! (yearly membership in July = $120).

Fully licensed, with catering and BBQ facilities, Avalon is the perfect casual golf course - or the perfect venue for social groups, corporate golf days or a casual round of golf any day of the week. Come for a visit soon, and rediscover Avalon Golf Course (entrance off The Crescent Avalon).

At: http://www.pittwater.nsw.gov.au/avalongolfcourse
Phone (02) 9918 2606. Email info@avalongolfcourse.com.au
Address 32 Old Barrenjoey Rd, Avalon (entrance off The Crescent)

Awards For Public Sector Excellence - Friday, 05 April 2013

Member for Pittwater Rob Stokes today encouraged the community to nominate deserving local public sector employees for state-wide recognition. The Premier's Awards for Excellence in Public Service are now open for nominations for employees, such as teachers, nurses, police officers and fire-fighters who display exceptional levels of dedication and customer service.
"These awards are a great opportunity to recognise those in our community who go above and beyond to deliver the services we all rely on," Rob Stokes said today.

"Far too often the contributions made by our local public sector workers go unnoticed despite the vital roles they perform. Our nurses, police officers, teachers, fire-fighters, bus drivers and paramedics all do a fantastic job and it's important we acknowledge their efforts.

"More information on the Premier's Awards and details on how to nominate are available by visiting www.publicserviceawards.nsw.gov.au .

"I encourage everyone to consider putting forward one of our outstanding public sector employees for these prestigious awards," Rob Stokes said

Nominations close on 12 July 2013.
See more at: http://www.publicserviceawards.nsw.gov.au/

Screening in Avalon for REFUGEE WEEK

Award winning film – BETWEEN the DEVIL and the DEEP BLUE SEA- Speaker Q & A/ discussion: What turns someone into a 'boat person'?

Those who saw the April '4 Corners' program about the horrors of Manus Is. Detention centre might feel concerned about whether the seekers of refuge from the war torn world are being met with compassion or further cruelty.

The award winning film made by barrister Jessica Taylor 'BETWEEN THE DEVIL AND THE DEEP BLUE SEA' about her trip to Indonesia to meet and get to know Asylum Seekers, has not been shown on television despite the fact that it is educational, interesting, beautiful and very moving. Why not? Jessica herself was so moved that she adopted a young boy she met on that trip.

We also get to know Zainab and her family. When she was 9, Zainab's parents made the heart-breaking decision to leave their home in northern Afghanistan. They set out on a journey across the globe, putting the fate of their family into the hands of strangers. Across borders, behind bars and into a smuggler's boat the family chased freedom.

Jessie Taylor met with 250 asylum seekers in jails, detention, hostels. The stories are told in the words of the seekers. What pushes people to leave home? Why do they become a 'boat person'?

You will come to understand why 'these people' are fleeing their homelands, why it is impossible to stay in countries they pass through – what dangers and horrors they endure, and above all how much humanity is the same everywhere.

If you see this film you will feel "there, but for the grace of God, go I" - they show love, kindness, courage, determination. How far would you travel to find safety for yourself and family? This is an opportunity to see and be moved by a powerful film. There will be an expert speaker from Amnesty International and a Q and A session after the documentary. You will be encouraged to give an opinion!

Event: Film Screening "Between the Devil and the Deep Blue Sea"
Discussion/ Speaker: Q & A
Place: Avalon Baptist Peace Church, 2 George St.
Date and Time: **Sunday 16th June, 5 p.m.**
Free Entry/ Free Supper
Donations to Avalon Group of Amnesty International Australia

Info: Kath Moody 9918 2502 kath_moody@hotmail.com
http://avalonbaptistchurch.net/

PITTWATER COUNCIL

VILLAGE CENTRE PLANS PROCEED

The Council has endorsed a report presented at its meeting this week on the masterplanning process for Pittwater's village centres. Masterplans are used by the Council to develop a clear urban design vision for the centres, solutions to local issues such as traffic management and any planning controls that eventuate from the vision. A key feature of each village masterplan is extensive community consultation.

The Newport masterplanning process carried out during 2007 led to a $4 million upgrade of the area's streetscape. In turn this has rejuvenated the Newport shopping precinct by making it more pedestrian-friendly.

In 2012 the Elanora village centre masterplan was adopted by the Council, leading to an extensive program of work and new planning controls.

In the report presented this week, Mona Vale and Avalon have been identified as the next village centres to benefit from the masterplanning process.

The North Narrabeen masterplan will be developed after two crucial flood studies for the area are completed.

Mayor Jacqui Townsend said Mona Vale had been prioritised for the masterplanning process, due to its identification as Pittwater's main town centre by the NSW government's Metropolitan Strategy for Sydney.

"Mona Vale will play an important part in the future in meeting the employment targets set by the government in the Metro Strategy," Cr Townsend said. "The area's well-positioned for public transport and is already seeing a mini-boom in commercial development along Mona Vale Road and surrounding streets."

Mayor Townsend said the next priority for the masterplanning process would be Avalon, following finalisation of the Careel Creek flood study.

"As is the case with North Narrabeen, Avalon is prone to flooding and any masterplan for the area will need to take account of that."

Work on the Mona Vale masterplan will begin next year.

ARTS PAPER ON EXHIBITION

A new arts paper for Pittwater is on exhibition for comment after the Council meeting this week. The draft paper, which has been under development over the last six months, forms part of Pittwater's Social Plan known as 'Live, Connect, Participate' adopted in 2012.

Coordinator Melinda Hewitt said the document had been developed through extensive consultation with the arts community and local residents.

"We conducted a survey, spoke to local creative people and held the Picnic Perfect event, allowing residents to talk about their vision for the arts in a relaxed environment," said Ms Hewitt.

"From these discussions we've gained a clearer perspective of the local arts scene including an understanding of audiences and creative professionals."

"Overall Pittwater has a creative population and this document informs us of the opportunities and challenges for artistic development in the area," she said.

Some of the key findings of the draft arts paper include:

Pittwater audiences strongly support the events run in Pittwater, and expressed their wish for a more regular program of arts activities
Creative people in Pittwater want more opportunities to present their work
Public art has been identified as the top priority in community consultation
Community members have highlighted the potential of linking art events with the natural environment; along the lines of the 'Sculpture by the Sea' exhibition.
Pop-ups and short-term leases are identified as possible ways of showing more arts, retail and recreation.

The draft arts paper will be on public exhibition from **Wednesday 5 June until 2 July** To view the plan visit www.pittwater.nsw.gov.au/exhibition Copies are available at Council's customer service centres and libraries, 1 Park Street Mona Vale and 59a Old Barrenjoey Road Avalon.

LIBRARY FINES TO AID STREET MISSION

During June, Mona Vale Library will waive outstanding fines in exchange for canned food to be donated to the Street Mission charity. In return for every regular sized can of food, the library will waive $5 from existing fines.

Pittwater Council's Mayor Jacqui Townsend said the cans of food would be donated to Street Mission, which operated two cafés for the homeless on the northern beaches.

"The canned food donated will either be used in their café kitchens or distributed through the Street Mission shops. Each month volunteers give their time to serve over 300 meals to those in need," added Mayor Townsend.

Library Services Manager, Cathy Howie said the fines amnesty would help a very worthy cause and provided an incentive for people to revisit the library, reduce their outstanding fines and return overdue books.

"The amnesty, **running through June,** applies to fines only and not to charges for lost or damaged books or to costs associated with reserving books," Mrs Howie said. "Please bring your library card with you when you donate your canned food," she added.

Members can find out how much they owe by visiting www.pittwater.nsw.gov.au/library and follow the My Account link

100 THINGS – WHAT'S ON YOUR LIST?

Pittwater Council is hosting the next Pittwater Business Breakfast with top-selling author, motivator and adventurer Sebastian Terry. The breakfast, hosted by Pittwater Business Limited, is on **Wednesday 19 June at Bayview Golf Club between 7am and 8.45am**.

Sebastian Terry will reveal his insights on today's complex business world for goal setting, resilience, perspective and personal empowerment. Sebastian suggests that everyone has at least one thing they have to do before they die – some even have a list. But how many goals and dreams on this list are actually achieved?

Affected by the death of a close friend in 2004, Sydney-born Sebastian experienced a moment in his life where he asked himself a simple question; 'Am I happy?' The answer was NO and so he decided to write down a list of 100 things that he'd always wanted to achieve.

He then decided to prioritise this list in his life and now some three years on, his life has changed. With 60 items down and over $90,000 raised for Camp Quality, the pursuing journey has not only fulfilled him he says, but the lives of people all over the world.

Council's Economic Development Coordinator Paul William-Smith said Sebastian will draw on stories and reflections from his inspirational book '100 Things', discussing issues that are on the minds of people and relating them to today's complex business world.

"Along with addressing the issues of goal-setting and resilience he will also consider the positivity that emerges from adversity and the wonder of stepping out of one's comfort zone," said Mr William-Smith.

"The breakfast will also feature Pittwater Council's Community, Library & Economic Development Manager Lindsay Godfrey who will share Council's vision on the future of Pittwater's village economies."

Bayview Golf Club is located at 1825 Pittwater Road. To book your ticket visit www.pittwater.nsw.gov.au or call 1300 786 126.

The cost for members of Pittwater Business Limited (PBL) is $40 per person and $65 for non-members.

For more information and to book online visit www.pittwaterbusiness.com.au

THE DRAIN IS JUST FOR RAIN!

Pittwater Council is trialling a program designed to remind the community that 'the drain is just for rain!' Natural Environment & Education Manager Mark Beharrell said specially designed stormwater drain markers were being placed around the Careel Creek area in Avalon to highlight the connection between stormwater and local waterways.

"We will be placing markers to close to 160 stormwater drains over the next few months with the message that the 'drain is just for rain'," said Mr Beharrell.

"We hope that the markers will lead to increased awareness of what goes into our drainage system and reduce pollution."
Residents need to know that any pollution washing into our stormwater drains ultimately ends up in our creeks and oceans."
Mr Beharrell said that everyone could play a part in preventing harmful substances entering the drains.

Residents are reminded NOT to:
- wash their car on the street - allowing detergent to run into the street drain
- fix cars on the street - letting oil or other substances flow into the street drain
- let leaves or garden clippings accumulate in gutters or driveways where they can end up in the street drain
- drop litter where it will be swept into street drains next time it rains
- clean paint brushes - letting contaminated water flow into the street drain
- hose the footpath - letting the water carry dirt, soil or other waste into the street drains.

To find out more about reducing water pollution in our environment visit www.pittwater.nsw.gov.au/waterpollution

BUSINESSES CAN CONNECT AT JOBSHED

Pittwater and Warringah Councils are inviting local businesses to be part of a new jobs and careers event known as JOBShed. JOBShed will be held at **Mona Vale Memorial Hall from 9am – 4pm on Saturday 20 July**.

Businesses are invited to showcase their strengths to young people and parents, first-time job seekers or career changers who are exploring and discussing local job and training/ apprenticeship opportunities. Regional Economic Development Coordinator Paul William-Smith said this is the first time the two councils were offering local businesses the chance to showcase their career and training opportunities across the northern beaches.

"Businesses will be able to target young people who are considering local job options after high school. While many young people attend university following high school, that pathway is not for everyone," said Mr William-Smith. "The JOBShed event will give businesses the chance to promote real jobs, both skilled and unskilled positions, as well as apprenticeship and training opportunities."

Mr William-Smith said that the economic development plans for the area highlighted the need to develop a strong local economy, building on a locally-based skilled workforce which will help to reduce the 'brain drain' from our region.

"This will be the first time that local job seekers and employers can come together at one location," added Mr William-Smith.

There is no cost to business exhibitors, with refreshments available to all attendees and an iPad door prize to be won. Mona Vale Memorial Hall is located at 1606 Pittwater Road, Mona Vale. For more information or to book a space go to www.pittwater.nsw.gov.au/jobshed or call 9942 2233.

CAREEL CREEK FLOOD STUDY ON EXHIBITION

Pittwater Council will publicly exhibit its draft flood study for the Careel Creek catchment located in Avalon. The Council voted at its meeting last night to adopt the draft flood study for public feedback from Saturday 11 May to Friday 14 June 2013.

The draft study is a technical investigation of flood behaviour in the Careel Creek catchment and updates a previous study carried out in 1999. The new study looks at the changes in catchment conditions such as overland flows, plus the potential impacts of climate change using historical data on flooding, floodplain modelling techniques and projections of future flood behaviour.

Residents in the area have been advised of the study's findings, including whether their properties are considered to be flood-prone. Around 660 properties were classified as being flood-prone in a 1 in 100 year flood event by previous studies, with a further 42 properties now identified in the 2013 draft study.

General Manager Mark Ferguson said that the study had been completed at the direction of the NSW government's statewide policy on flooding.

"When finalised, the study will assist the Council in making flood-related planning decisions for existing and future developments as well as informing residents of the potential risks of flooding in the area," he said. "We're also inviting affected property-owners to face-to-face or over-the-phone sessions with staff who can explain exactly what the findings mean for them," he said.

To view the study, visit www.pittwater.nsw.gov.au/exhibition.
Comments close on Friday 14 June 2013.

THE SUMBA FOUNDATION AUSTRALIA

The NSW Government Gazette

The New South Wales Government Gazette is the official channel for the circulation of Proclamations, Regulations, Government Notices, Private Legal Advertisements andther matters required to be published in the Government Gazette under the Statutes of New South Wales Government.

The NSW Government Gazette contains:

New South Wales Legislation, Notices (public and official announcements), and Official Government Notices from the New South Wales Government and Local Government Agencies, Cities and Shires. The NSW Government Gazette is available online on the **N.S.W. Government website from 2pm each Friday.**

Aboriginal Support Group Manly Warringah Pittwater
asgmwp.net

Click on logo above to visit their website.

Tweet | Like | +1

LEGO AT THE LIBRARY

Local children will have the chance to join a club specialising in one of the most enduring playthings of childhood from May. Mona Vale Library is starting up a Lego club on the first Sunday of each month from 2pm to 4pm. **Next is July 7th, 2013.**

The club is open to children aged between seven and twelve years of age, with younger children welcome with parental supervision. If you are interested in attending a Lego at the Library session contact the library on 9970 1622 or book in person at the library, 1 Park Street, Mona Vale.

New Season for Sailability Pittwater

Sailability Pittwater is a volunteer organisation which provides sailing for people with a disability. Our main recreational sailing activities are at Rowland Reserve, Bayview, and we run competitive sailing for people with a disability out of RPAYC Newport. **We are currently looking for new volunteers for our Saturday morning program at Rowland Reserve and Tuesdays at RPA.** Visit our website for more information at www.sailability.org/au/pittwater or call John on 99825656 / 0409391065

Save Beeby Park Update

On 13th June 2013 Save Beeby Park Committee had a meeting with the General Manager, the Mayor and a member of staff. Our petition of nearly 700 signatures opposing the car park was presented to the General Manager. A list of "Off the Cuff" quotes was also tabled that we have collected over the last 6 weeks when people sign the petition.

Our Committee came away from the meeting extremely disappointed as it was clear there was no room for doubt and that Council's intention is for full steam ahead and build this car park ASAP starting early July.

We asked for a short time of stay of execution to be able to get a peer review of Council's self assessment for Environmental Impact (REF) yet to be finalised around 21 June 2013. Our request was refused.

Nearly everyone we approach have not heard of this proposal and 98% of people we tell then say they oppose it and do not see the need for the carpark.

Noted "SHOPPERS" and "COMMUTERS for PARK & RIDE" will not be permitted to use the new carpark, so why build it they say.

Many have said to us Pittwater Council used to be a green Council but have obviously lost their way in destroying this lovely little patch of green, which is home to much wildlife as well.

The $552,500 this car park will cost people are saying is a complete waste of ratepayer's money that should be better spent on so many other things in Pittwater. More footpaths and even a live performance arts Theatre has been suggested.

The Council and Councillors are there to represent the best interest of the community and the Environment so why are they continuing with this proposal when it is clearly not in the public interest. This only goes to show Pittwater Councils ignorance and arrogance is the feedback we are getting.

Pittwater Council is fighting to stop amalgamation with Warringah and Manly, saying when they broke away from Warringah in 1992; it was for the best interests of people for this unique area. Most people we speak to are now questioning this with this planned carpark saying if this is what Pittwater Council is now all about, destroying an Ecological Environment and lovely little patch of green then amalgamation may not be so bad after all.

The anti amalgamation cry by the protestors and activists led by our Ex Mayor from the recently formed group "People For Pittwater" is Say No To Amalgamation.

Well what we put forward we all should be saying is "Say No To Beeby Reserve Car Park".

What we also need is to have Councillors to stop hiding behind the excuse that the carpark was approved in 2009 by the previous term of Councillors. We need the current Councillors to listen to the feedback and clear message they are getting now 4 years on.

We need Councillors to now stand up, be strong and be counted and say "No to the Carpark" as it clearly is not what the community wants.

Councillors will vote at the next Council meeting **6.30pm on Monday evening 24 June 2013** to allocate funds in the budget for this carpark. We say NO, leave Beeby Park alone spend the money elsewhere where it will go to greater use.

If not already done please do our survey at https://www.surveymonkey.com/s/pittwater and email Councillors with the following links to object to the planned carpark.

jacqueline_townsend@pittwater.nsw.gov.au;
julie_hegarty@pittwater.nsw.gov.au;
kay_millar@pittwater.nsw.gov.au;
sue_young@pittwater.nsw.gov.au;
kylie_ferguson@pittwater.nsw.gov.au;
ian_white@pittwater.nsw.gov.au; bob_grace@pittwater.nsw.gov.au;
selena_griffith@pittwater.nsw.gov.au;
alex_mctaggart@pittwater.nsw.gov.au;
Pittwater_Council@pittwater.nsw.gov.au;
savebeebypark@gmail.com

SOME PETITIONERS "OFF CUFF" REMARKS Re BEEBY RESERVE CAR PARK

I would love to (sign the petition); That annoys me !; You just can't concrete everything ! If I Had Enough Money I Would Take Council To Court ! You Can't Have That ! Let Me At It (The Petition) ! This is the Only Local Park For Our Dogs !

Any questions please email us at :- savebeebypark@gmail.com

Save Beeby Park Comittee

The RFS are holding a community meeting for residents of Elanora, Bayview and Ingleside to discuss bushfire planning for the coming summer. The meeting is at Mona Vale Memorial Hall in Park Street (next to the Inch café) on **Thursday 20 June from 7pm.**

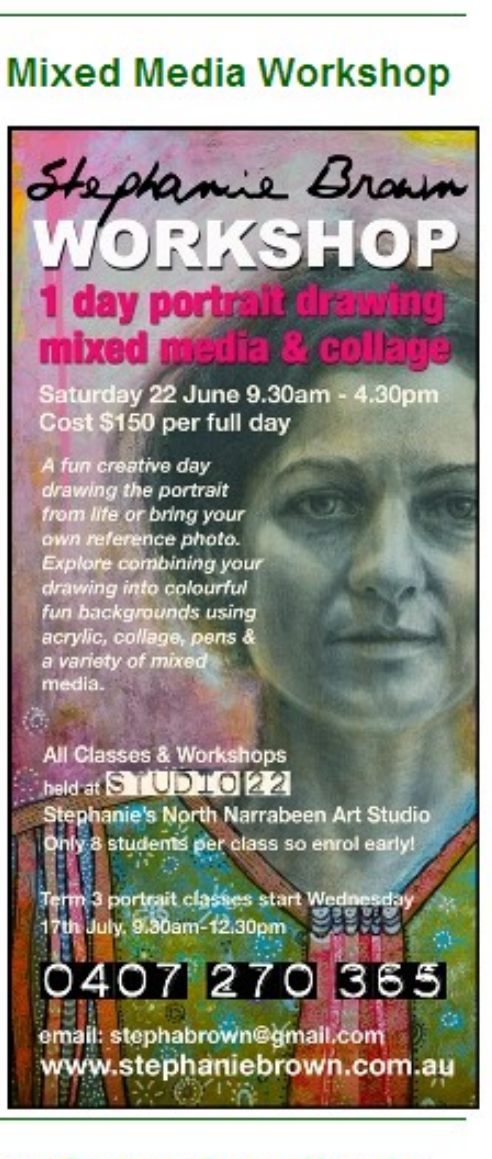
The community group People for Pittwater will host the **Better Planning Network on Tuesday 25 June at Mona Vale Memorial Hall between 7pm and 8.30pm.**

Speakers from the network will outline the proposed changes to NSW planning law and answer questions from residents. The Better Planning Network is an affiliation of nearly 400 community groups concerned about the changes to planning law that are due to come into effect by the end of this year.

NSW IRB Championships – Saturday 22 & Sunday 23 June

Newport Beach will host the NSW IRB championships on the weekend of **22 & 23 June** where the cream of the state's surf lifesavers show off their rescue prowess.

One Day Portrait Drawing Mixed Media Workshop



Stephanie Brown
WORKSHOP
1 day portrait drawing mixed media & collage
Saturday 22 June 9.30am - 4.30pm
Cost $150 per full day
A fun creative day drawing the portrait from life or bring your own reference photo. Explore combining your drawing into colourful fun backgrounds using acrylic, collage, pens & a variety of mixed media.
All Classes & Workshops held at STUDIO22
Stephanie's North Narrabeen Art Studio
Only 6 students per class so enrol early!
Term 3 portrait classes start Wednesday 17th July, 9.30am-12.30pm
0407 270 365
email: stephabrown@gmail.com
www.stephaniebrown.com.au

Don't miss out on this fun creative one day workshop drawing the portrait from the life model or you can bring your own reference photo you'd like to work from if you prefer.

We'll explore combining mixed media & collage fun colourful background with the portrait drawing.

Email me at stephabrown@gmail.com or phone on 0407 270 365 if you'd like to book in.

Pittwater Mens Probus Club - Monthly Meeting Guest Speaker - Next Tuesday 11th June - Tour de France - Daniel Talmont

Our guest speaker is Daniel Talmont. Daniel is a French / Australia doctor now retired after a distinguished medical career and living in Avalon. During his youth in France he used to ride his bike in the French Pyrenees and rarely missed the stages of his heroes climbing the tough mountains. He became an Australian citizen in 1985, He includes Cadel Evans among his heroes. Cadel Evans won the Tour de France in 2011 riding for the BMC Racing Team.

About Pittwater Men's Probus

Probus is an association of active retirees who join together in the club to provide regular opportunities for them to keep their minds active, expand their interests and to enjoy the fellowship of new friends. Membership is open to anyone of good character who has had some measure of responsibility or achievement in any field of worthy endeavour.

Pittwater Men's Probus has no of service clubs obligations and has no fund raising activities.

Our meetings are held on the **second Tuesday of each month at 10am in the Mona Vale Golf Club**. Following the formal part of the meeting, coffee is served followed by a guest speaker which is the highlight of the monthly meeting.

Community Building Partnership Program To Open Shortly - Friday, 14 June 2013

Member for Pittwater Rob Stokes is encouraging local community groups to start planning projects for consideration as part of this year's NSW Government Community Building Partnership Program. The NSW Government has recently announced this highly successful program will again be offered this year, with applications being accepted from **Wednesday 19 June**.

As with previous years, applications will be accepted from all community groups, sporting organisations and P&C associations that can demonstrate how their infrastructure projects will deliver wide-reaching benefits to the Pittwater community.

"This program has been hugely popular in recent years and helped deliver a variety of essential infrastructure projects throughout our community," Rob Stokes said today. "Pittwater is fortunate to have an exciting diversity of community groups and associations that could all benefit from extra financial assistance.

"Applications seeking around ten to twenty thousand dollars, and especially those supported by leveraged funds, have been particularly successful in previous years.
There are many groups within our community that may not have other avenues to attract government funding and I would especially encourage these groups to consider applying.

"Further information on the 2013 Community Building Partnership Program is available by visiting www.communitybuildingpartnership.nsw.gov.au .

"I encourage all eligible community groups to take advantage of this great opportunity and start their planning projects," Rob Stokes said.

Funding For Improved Waste and Recycling Initiatives - 12 June 2013

Member for Pittwater Rob Stokes today announced the NSW Government will provide almost $1.3 million to Pittwater and Warringah Councils to help improve local waste and recycling initiatives. The funding is being provided as part of the NSW Government's Waste Less Recycle More program which aims to assist local councils to better address waste challenges and protect the environment.

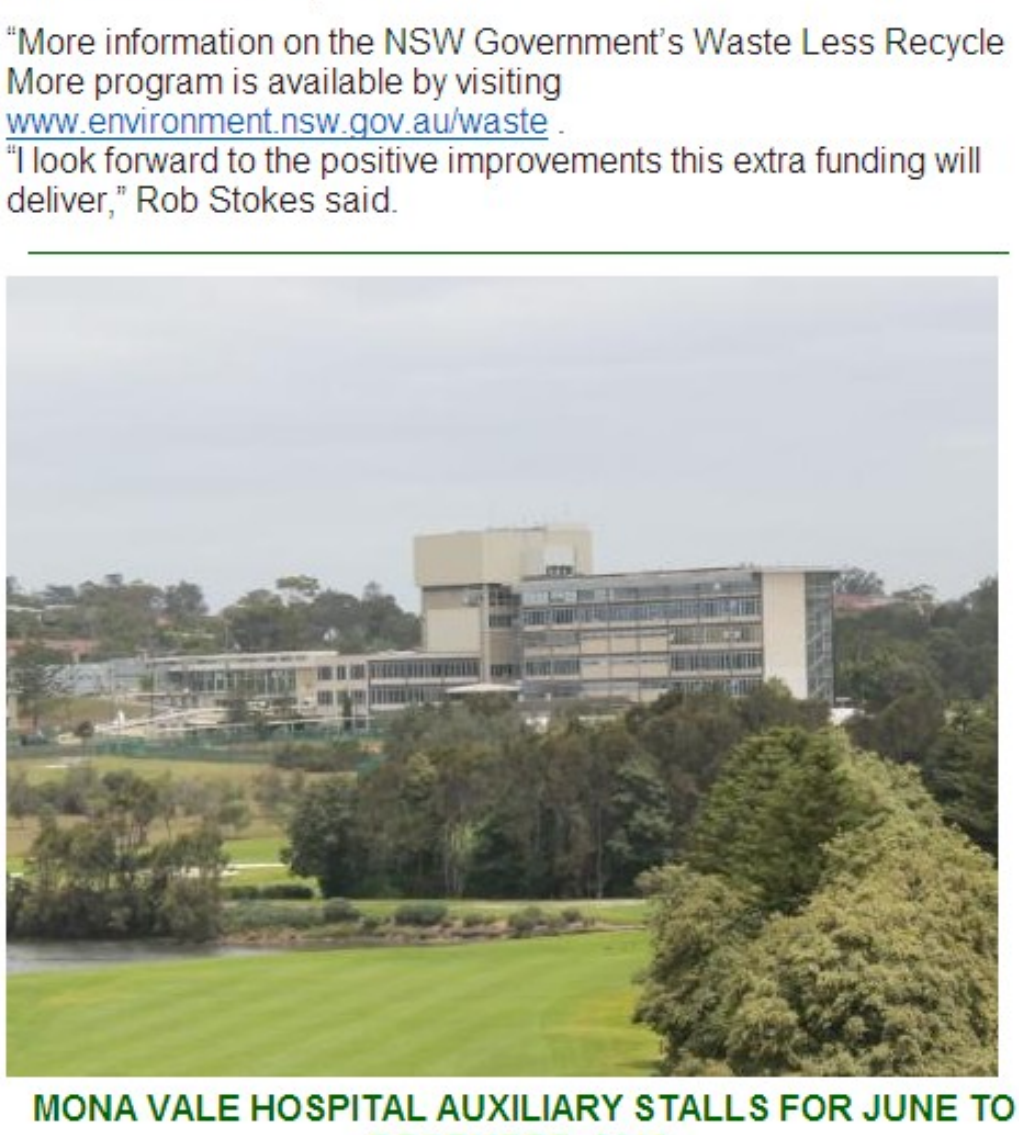
Pittwater Council will receive $374,700 to improve its resource recovery and litter prevention measures, whilst Warringah Council will receive $918,000 to enhance its recycling and waste collection programs.

"This is an important helping hand for our local councils in their ongoing efforts to improve waste management," Rob Stokes said today. "We're very fortunate to have a spectacular local environment and it's essential effective waste solutions are in place to help ensure it's protected.

"Our local councils are on the front line in the battle against increasing household and commercial waste and improved awareness, recovery and enforcement measures are needed.

"Residents can also play an important role in assisting and cooperating with local councils as improved and innovative waste solutions are developed.

"More information on the NSW Government's Waste Less Recycle More program is available by visiting www.environment.nsw.gov.au/waste .
"I look forward to the positive improvements this extra funding will deliver," Rob Stokes said.



MONA VALE HOSPITAL AUXILIARY STALLS FOR JUNE TO DECEMBER, 2013

Mona Vale Hospital Auxiliary.

Third Friday of every month: stall at Mona Vale Hospital foyer. 9am – 3pm.

July

5th Centro Warriewood, knitting and craft, 9am- 3pm
6th Pittwater Place, Bric-a-brac, knitting, craft, books, 9am – 3pm
6th Sausage Sizzle, Bunnings Narrabeen, 8am – 3pm
19th Mona Vale Hospital foyer, knitting, craft, baking, bric-a-brac, 9am – 3pm

August

3rd Pittwater Place, Bric-a-brac, knitting, craft, books, 9am – 3pm
11th Sausage Sizzle, Bunnings Narrabeen, 8am – 3pm
16th Mona Vale Hospital foyer, knitting, craft, baking, bric-a-brac, 9am – 3pm
30th Father's Day stall at Avalon, outside ANZ Bank, baking, craft, bric-a-brac, knitting

September

6th Centro Warriewood, knitting and craft, 9am – 3pm
7th Pittwater Place, Bric-a-brac, knitting, craft, books, 9am – 3pm
10th Fashion Parade, Newport Bowling Club, 10.30am, morning tea, $10, all welcome
14th Election Day stall, Mona Vale Memorial Hall, bric-a-brac, craft, baking, knitting
14th Sausage Sizzle, Bunnings Narrabeen, 8am – 3pm
20th Mona Vale Hospital foyer, knitting, craft, baking, bric-a-brac, 9am – 3pm

October

5th Pittwater Place, Bric-a-brac, knitting, craft, books, 9am – 3pm
18th Mona Vale Hospital foyer, knitting, craft, baking, bric-a-brac, 9am – 3pm
19th Sausage Sizzle, Bunnings Narrabeen, 8am – 3pm

November

1st, Centro Warriewood, knitting and craft, 9am – 3pm
2nd Pittwater Place, Bric-a-brac, knitting, craft, books, 9am – 3pm
15th Mona Vale Hospital foyer, knitting, craft, baking, bric-a-brac, 9am – 3pm
16th Sausage Sizzle, Bunnings Narrabeen, 8am – 3pm

December

7th Pittwater Place, Bric-a-brac, knitting, craft, books, 9am – 3pm
14th Sausage Sizzle, Bunnings Narrabeen, 8am – 3pm
20th Mona Vale Hospital foyer, knitting, craft, baking, bric-a-brac, 9am – 3pm

Dear Parents,

Please note the following information. We received a report that there was a man in a white van scouring this suburb on the weekend and he followed a girl on her bike stopping when she did and then pulled up in front of her waiting for her to come by. Thankfully she ran into a house where the family were home and she was ok and that scared him off.

The van had AR in the number plate and the only clear windows in the van were at the front. The police confirmed there have been other issues with him trying to get kids into the van and are keeping a watch out. He was 50ish with dark curly hair and a beard.

We have reminded the children about stranger danger but ask that you follow up at home. Students should ideally walk in groups to and from school.

Jacaranda Enriching Life Day Centre provides a range of activities, care and respite for older people and their carers in the local community. Located in the Pittwater Uniting Church in Warriewood, **Jacaranda is looking for volunteers on Mondays and Wednesdays.**

We **need bus drivers** (Light Rigid or C Class licences) and carers to help transport elderly people to and from the Centre.
Willing hands to heat and serve lunch and morning tea are always welcome. If you can assist, Jasmine or Janice would love to hear from you:

T: 9979 4299
E: nsrinfo@unitingcarenswact.org.au
W: www.unitingcareageing.org.au

Bushcare Notices - June 2013

Bushcare at Warriewood

The Warriewood bushcare group managed by Pittwater Council needs more volunteers on 4th Wednesday morning of the month – Can you help? Please contact Mary Johnsen at 9999 2020.

Sun June 16
Angophora Res 8:30-11:30am
Crescent Res 9-12pm
McCarrs Creek Res 8-11am
Irrawong Res 1-4pm

Tue June 18
Porter Res 9-12pm

Thu June 20
Mona Vale Dunes 8:30-11:30am

Sat June 22
Pindari Res 8-11am
Nth Newport Beach 8:30-11:30am
Careel Creek 8:30-11:30am
Kywong Res 8:30-11:30am

Sun June 23
Bungan Beach 8-11am
Winnererremy Bay 9-12pm

Wed June 26
Warriewood Beach 8-11am

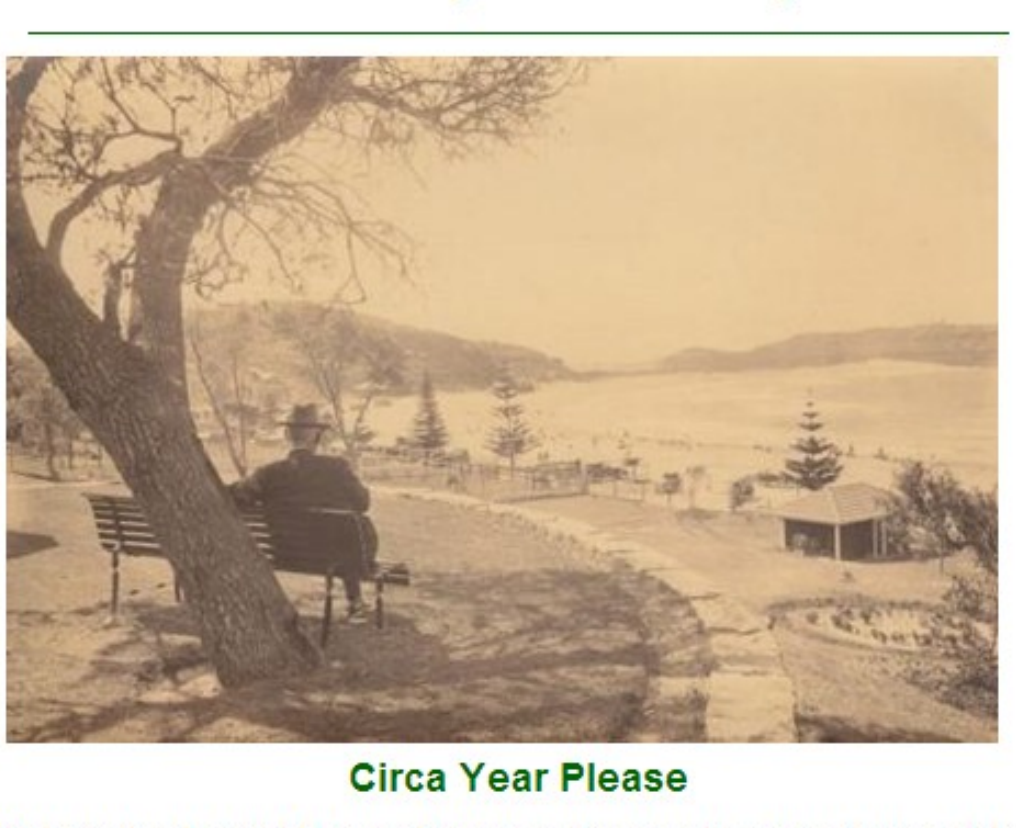
For further information on bushcare and/or to check if your group is working this month, please contact our bushcare officer below. Bushcare is a great way to help your local bushland and make new friends! Helena Dewis 9970 1367

Pittwater Council's COOEE Newsletter June 2013

Pittwater Offshore Newsletter Update 13/6/2013: click on Logo. Also has an Extensive Local Directory.

Scotland Island - Western Shores - Mackerel Beach
Pittwater Offshore Newsletter

To contact Julian: editor@scotlandisland.org.au



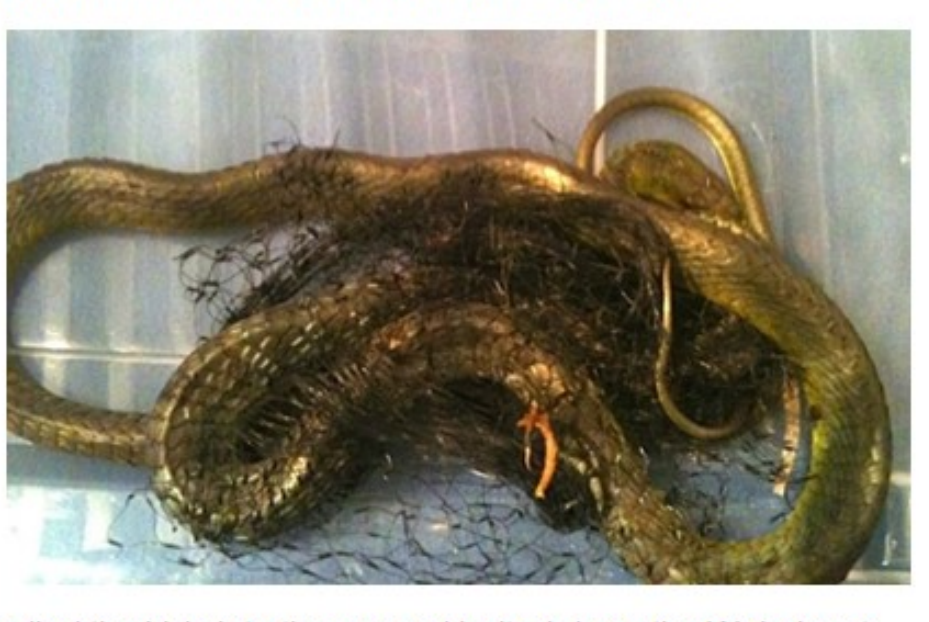
Circa Year Please

Yet another History Puzzler Pittwater. If someone can give us a date for the above photograph of Palm Beach we will pass it on to the owner. Contact the Editor (AJG) HERE. Many Thanks; great sepia photo !

Southern Cross Wildlife Care - Critter of the Month - June 2013

Saving George- By Lynleigh Grieg

Late one Thursday night, I was called to a snake rescue in Frenchs Forest. The caller was unsure of the type of snake as it was so tangled up in fruit netting that it was unrecognisable.



I bundled the kids into the car and bolted down the Wakehurst Parkway. The snake was down the side of the house in the dark. By torch-light we managed to get him into a bag. At this stage it was still too dark to identify the type of snake, but whatever he was, he was in a lot of trouble...

By this stage it was around 10pm and we needed help to untangle this little guy. I knew Jodi (another wildlife carer) would be up for the challenge so we headed straight to her place. When we arrived, her dining table had been transformed into a surgery. She had clean drapes on the table, towels, blunt-ended scissors for cutting through the netting without harming the scales and lots of Betadine.

In the light we could see he was a harmless little Green Tree Snake - whew! That made things easier... George.

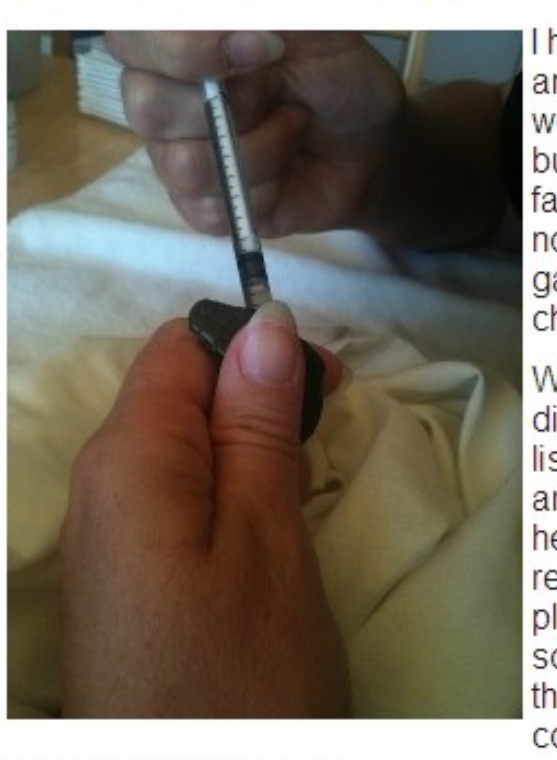
George was in a very bad state. We began to slice through the netting as quickly as possible as it was literally cutting through his skin and getting tighter with every move he made. It took us an hour and a half but George was the perfect gentleman throughout the harrowing procedure.

After the netting was finally all removed, we bathed him in Betadine. At nearly midnight, the children and I drove home with poor George. That night, I popped him into a tank on a heat-mat and sang him the 'good night' song that I sing to my kids, thinking that he would not be with us by morning...

But to our delight, his beautiful, curious little face was staring up at us the next morning from his tank!

We rushed him up to see Dr Howard Ralph - a renowned veterinary surgeon with plenty of experience in treating snakes.

George was put under anaesthetic while we investigated the damage. Dead scales and skin was removed and Dr Ralph gave him sub-cutaneous fluids as he was very dehydrated. He was bathed again and bandaged up.



I had to give poor George oral antibiotics twice a day for a week which he didn't really like but he never tried to bite me. In fact he never even hissed at me, no matter how many injections I gave him or how many times I changed his bandages.

Whilst he was recuperating, we discovered that George liked to listen to the guitar. Many people argue that snakes don't really hear but George always responded when my husband played the guitar. We tried all sorts of other instruments, but the only one that made him come out of his cave and 'dance' was the guitar!

In this picture, I had just assisted him in shedding his skin. It was very tricky for him because of all the lacerations to his body. We sat out on the balcony together and he just lay quietly in my lap while I picked off the shed, scale by scale. It took 2 hours. I chatted, he listened. I sang, he listened. I chatted some more, he listened. He's a very good listener :)

After we'd finished, I smothered him in a special wound-healing cream and popped him back to bed.

In this picture, he was coming along nicely and looking very shiny after his Betadine bath.

The problem with Green Tree Snakes is that they seldom eat when placed in captivity. Given that George was with us for almost 12 weeks, we had to ensure that he ate. We force-fed him through a crop-needle.

My kids, Connor and Kayleigh, grew very fond of George during his recuperation period. He had regular check-ups with Dr Howard Ralph and he was always very well-behaved (George, not Dr Ralph ha ha).

After 12 weeks of injections, baths, bandages, force-feeding and guitar-playing, George was ready to go back to the wild.

In this photo (below), Kayleigh is giving him one last cuddle before his release. He went back to the place where he'd been found which was his territory before the "accident". The family that had called us to the rescue had kept up with his progress for the entire 12 weeks. They were very anxious to have him back in their backyard.

Look how healthy he looks in this photo!

We released him in a gorgeous place, just metres from the garden where he'd been found.

It was a very sad Good Bye. George had slithered his way into all our hearts...!

Avalon Craft Cottage At St Ives

Due to very unexpected circumstances, the Avalon Craft Cottage has had to cancel our planned, and widely advertised, show at Dee Why Grand in June. We do apologise for this, but all is not lost........

The show will still take place... same dates ... **Monday 17th June to Sunday 23rd June** ... but we are now heading back up Mona Vale Road to the St Ives Shopping Village for this venue, which I know will make some of our regular customers very happy.

As usual, the Craft Cottage stall will be upstairs, under the big glass dome, and will be **open during all normal business hours including Thursday night, and Sunday until 4pm**.

A big stall this time, twelve tables, packed with a huge variety of handcrafted gifts and home wares. With the cold weather well and truly on the way, our members have a great range of hand-knitted scarves, gloves, bed socks, hot water bottle covers & jumpers.... everything to keep you cosy and warm. Plus of course all the beautiful pottery, patchwork, woodwork, embroidered baby wear, tea cosies, toys, baby blankets, silk scarves & jewellery that our Craft Cottage members are so well known for.

So.... we do hope to see you there.....
If you need any further information, please do not hesitate to contact me either by email or by phone, 99993703.... and check out the new photos on our Facebook page or on the website ..
www.avaloncraftcottage.hopout.com.au

Maureen Darcy-Smith Publicity Officer

ANZAC Centenary 2015

Planning is already underway this historic event. The ANZAC Centenary will be commemorated in Pittwater on Sunday 19 April 2015 with a march from Boondah Reserve, Warriewood at 11am, finishing at Pittwater Rugby Park at 12.30pm for a commemorative service. All schools, community services and sporting groups are invited. Any organisation wishing to participate in the March or Ceremony should call Graham Sloper on 9918 2201.

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June 16 - 22, 2013: Issue 115

Little Kids and Big Kids at the Avalon Tattoo

SEEING STARS

Seeing Stars SKA Art Prize 2013

Seeing Stars is a celebration of art and astronomy inspired by the world's largest telescope – the Square Kilometre Array (SKA) which will be co-hosted here in Australia!

Using the inspiration of the SKA, artists and would-be artists are invited to create original pieces of artwork expressing the excitement and mystery of the SKA and its potential for discovery. Seeing Stars is open to 2D graphic mediums including painting, drawing, textiles and prints of digital art. Mediums not accepted include photography, installations or other craft.

Artwork should be based around one or more of the five 'themes' identified below, which align with the five research areas for the SKA.

The themes are:
- The birth of stars and galaxies
- The mysteries of dark energy
- Alien life
- The genius of Einstein
- Giant magnetic fields of space

For the full Terms & Conditions, please see Rules. Entry details can be found here. Entries close at 11:59 PM AEST, Friday 5 July 2013. Entrants are allowed a maximum of five (5) entries.

How to make your own Grass Head

How to make your own "Chia Pet" Grass Head

How to make a Terrarium

Logo Design Competition Aboriginal Heritage Office

Create a new logo for the Aboriginal Heritage Office and you could win a new Nikon camera! Include text, photographs and/or drawings no larger than A5. Open to students and residents within the following Councils – Ku-ring-gai Council, Lane Cove Council, Manly Council, North Sydney Council, Pittwater Council, City of Ryde, Warringah Council and Willoughby City Council.

There will be one first place prize awarded in each of the following categories:

- **3 – 6 Primary Years**
- **7 – 12 Primary Years**
- Residents within the Council Areas All entries must be accompanied by an application form available at www.aboriginalheritage.org

Entries open on 1 April and **close 5pm on 13 July**.

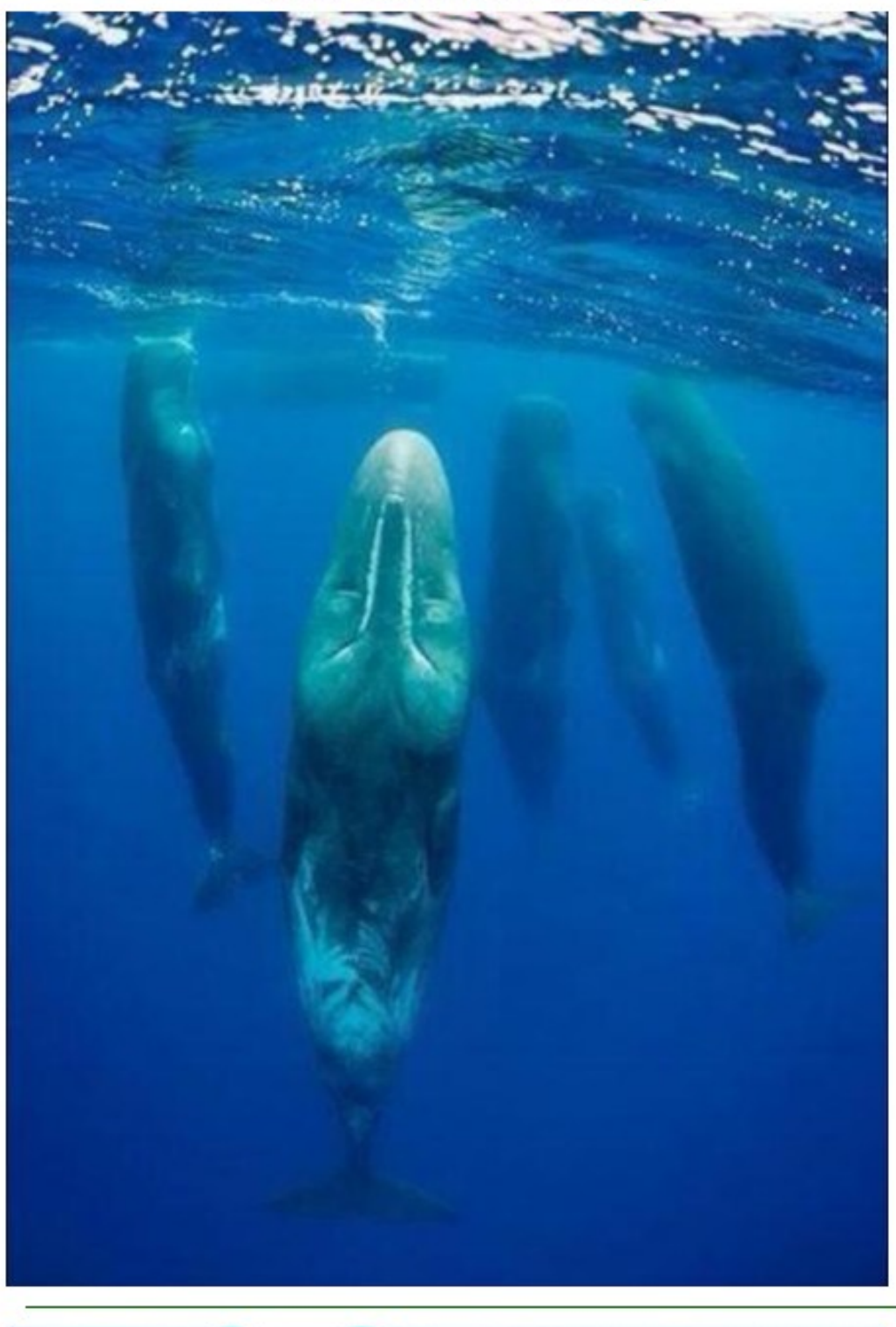
Send your original design to: The Aboriginal Heritage Office, c/o North Sydney Council, PO Box 12, North Sydney, NSW, 2059

For further details please contact the Aboriginal Heritage Office

Phone: 99499882 Email: aho@northsydney.nsw.gov.au

Winners will be judged by the Aboriginal Heritage Office Steering Committee Members and prizes will be announced on 31 July 2013.

How Whales Sleep



30 June – 5th July 2013
SYDNEY YOUTH CUP
Hosted by Belmore United Football Club at SYDNEY OLYMPIC PARK

This year we have gone for the Main Arena, Wilson Park and the Warm Up track all with very plush grounds suitable for the world game. Both tournaments will kick off on the 1st week of the July school holidays which is the 30th June and run for 6 days ending on the 5th July 2013.

Each team will play a minimum of 4 games each with the first few days in a round robin style format moving into a knock-out stage and then finals.

The Sydney Junior Cup is aimed at ages U8 – U11, these teams can be boys, girls or mixed teams. The Sydney Youth Cup is aimed at ages U12 – U18* (boys and girls), each age group will be split up into boys and girls competitions.

To register for the SYC or SJC please download our information packs. For any other information please read our information packs or contact us on 9758 6371.

26 May - 14 July 2013
Guringai
FESTIVAL
2013: Live-Life-Loudly www.guringaifestival.com.au

Peninsula CommUNITY of Schools Art Exhibition
Wednesday 26 June, 5pm – 7pm
Wheeler Heights Public School, Veterans Parade, Wheeler Heights. Gold coin donation
UNITY in our community! An exhibition of artworks by students from Kindergarten to Year 12 who attend the Peninsula Community of Schools. The collection of artworks reflect the Guringai Festival's theme: "Live Life Loudly", the Reconciliation theme "Say Something" and the 2013 NAIDOC theme "Yirrkala Bark Petitions 1963"
Enquiries: Sharon.smithies@det.nsw.edu.au

Aboriginal Cultural Performance for Children
Wednesday 10 July, 11am – 12.15pm
Mona Vale Library, 1 Park Street, Mona Vale
Admission: $10
Come along and enjoy the didgeridoo, face painting, song and dance, Aboriginal art and storytelling. For children aged 5 to 12 years. Under 7 will require parental supervision. Bookings essential: Sharelle Ravenscroft 9970 1600 www.pittwater.nsw.gov.au/library

Dorothea Mackellar Poetry Awards - 2013

Wherever the Wind Blows

The Awards - **2013 poetry competition dates: close 30 June**

The oldest and largest poetry competition for school aged children in Australia. The aim of the Dorothea Mackellar Poetry Awards is to capture the imagination of school students across Australia, inspiring them with a passion for poetry and a love of country. It is a unique national project, giving Australia's youth a voice and an opportunity to strive for excellence in literature.

Categories and Prizes

Lower Primary (Years K – 3):
Winner: $300, trophy and prize pack
Runner-up: $150 and prize pack

Upper Primary (Years 4 – 6, Inc. Year 7 in QLD, WA, SA)
Winner: $400, trophy and prize pack
Runner-up: $200 and prize pack

Junior Secondary (Years 7 – 9)
Winner: $500, trophy, UWS engraved IPod Touch and prize pack
Runner-up: $300 and prize pack

Senior Secondary (Years 10 – 12)
Winner: $500, trophy, UWS engraved IPad and prize pack
Runner-up: $300 and prize pack

Schools' Award: For schools that demonstrate effort,achievement and a high standard of entries, awarded at the judges' discretion.
Winner Primary (the Sheelah Baxter award) : $1000, trophy and prize pack
Winner Secondary: $1000, trophy and prize pack
2013 prize packs also include a unique trophy and a wonderful collection of books from a number of publishing houses and local businesses.

Entries for 2013 now open, **click here to enter online**

Love Food, Hate Waste Cookbook

KIDS IN THE KITCHEN

Our own Pittwater Council has joined with other councils in our area to produce an online cookbook especially for children. This 'flipbook' Program allows you to read through and get some great ideas on how to use leftover veggies to make great pasta or make mini pizza. Yum !

Love food hate waste book: HERE

LET'S READ NATIONAL EARLY LITERACY CAMPAIGN

FISHING
PICTURES
MONSTERS
ANIMALS
SCARY STORIES
INSECTS
ELEPHANTS
HOBBIES
BUILDING THINGS

The Federal Government's Department of Education, Employment and Workplace Relations has funded the Murdoch Childrens Research Institute $1 million over 12 months to implement a Let's Read National Early Literacy Campaign. Building on existing evidence-based programs and leveraging off the designation of 2012 as the National Year of Reading, this campaign aims to develop and generate national, integrated early years literacy promotion and support.

The Let's Read Campaign engages families, professionals and communities to promote reading with children from birth. Sharing books from birth helps children develop the skills they will need when it's time to start school. Let's Read anywhere, anytime is the national campaign call to action for families, carers and early childhood education professionals to share rhymes, songs and stories and books every day. The campaign uses a multi-tiered approach to engage families, professionals and communities in a range of messages relevant to children's early literacy development from birth to five years.

Let's Read was developed by the Royal Children's Hospitals Centre for Community Child Health, Melbourne.

DOWNLOAD A FREE READING PACK!

These reading tips and tools support families to share rhymes, songs and stories with children anywhere, anytime from birth to five years.

Mona Vale Library - Young Runarounds!

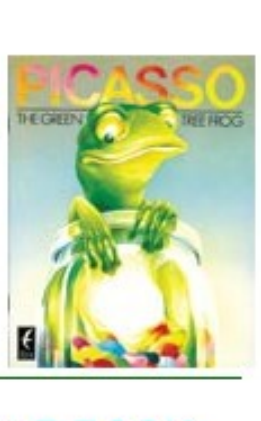
Mona Vale Library has expanded the books available through their 7-day loan collection of new titles for younger readers. These are all books which are currently deemed 'hot' in local book stores. To see the wide range of titles available have a look HERE.

Children's Storytime at Mona Vale Library

Mona Vale Library offers storytime for pre-school children every week during school terms. Children and their carers come and participate in a fun sing-a-long with our story teller as well as listen to several stories in each session, followed by some craft. Storytime is held in the Pelican Room of the library in front of the service desk. Storytime is free and no bookings are required. Storytime Sessions

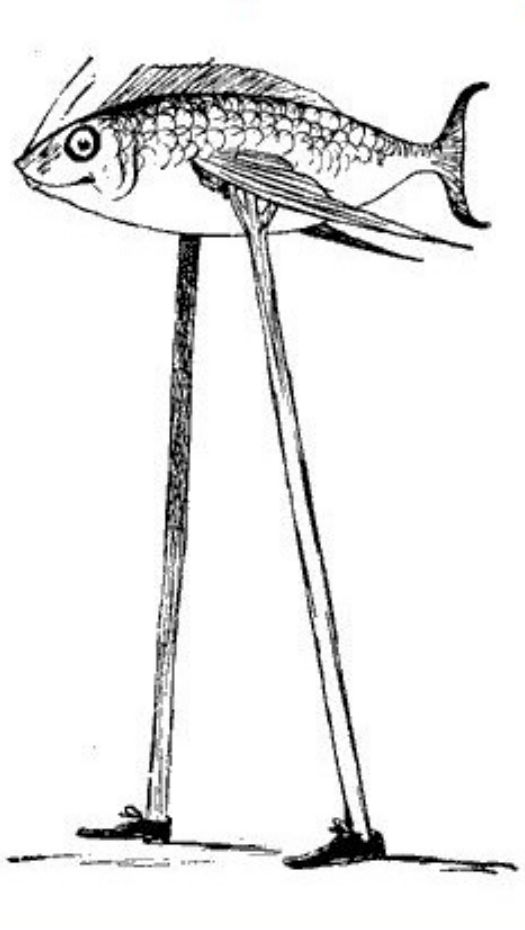
Tuesdays 10.00am - 11.00am
Wednesdays 10.00am - 11.00am
Thursdays 10.00am - 11.00am

Picture Books Online

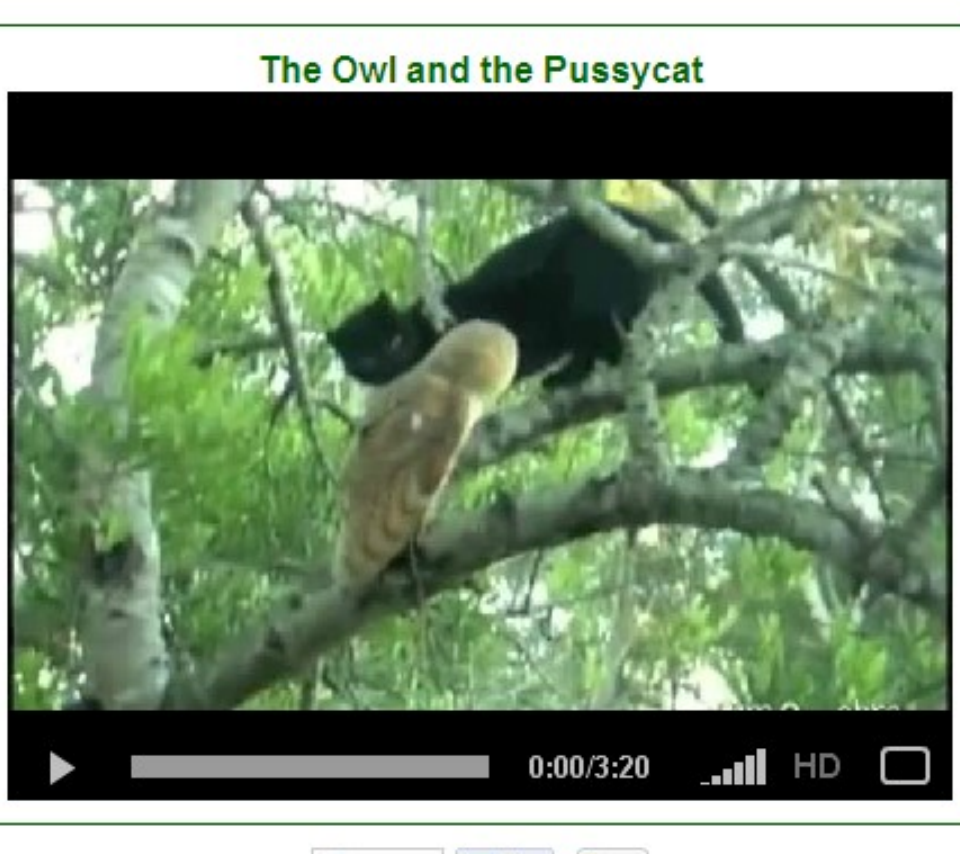


Picture Books Online is a collection of classic picture books from Era Publications. Watch your favourite characters, stories and imagination come to life through Picture Books Online.

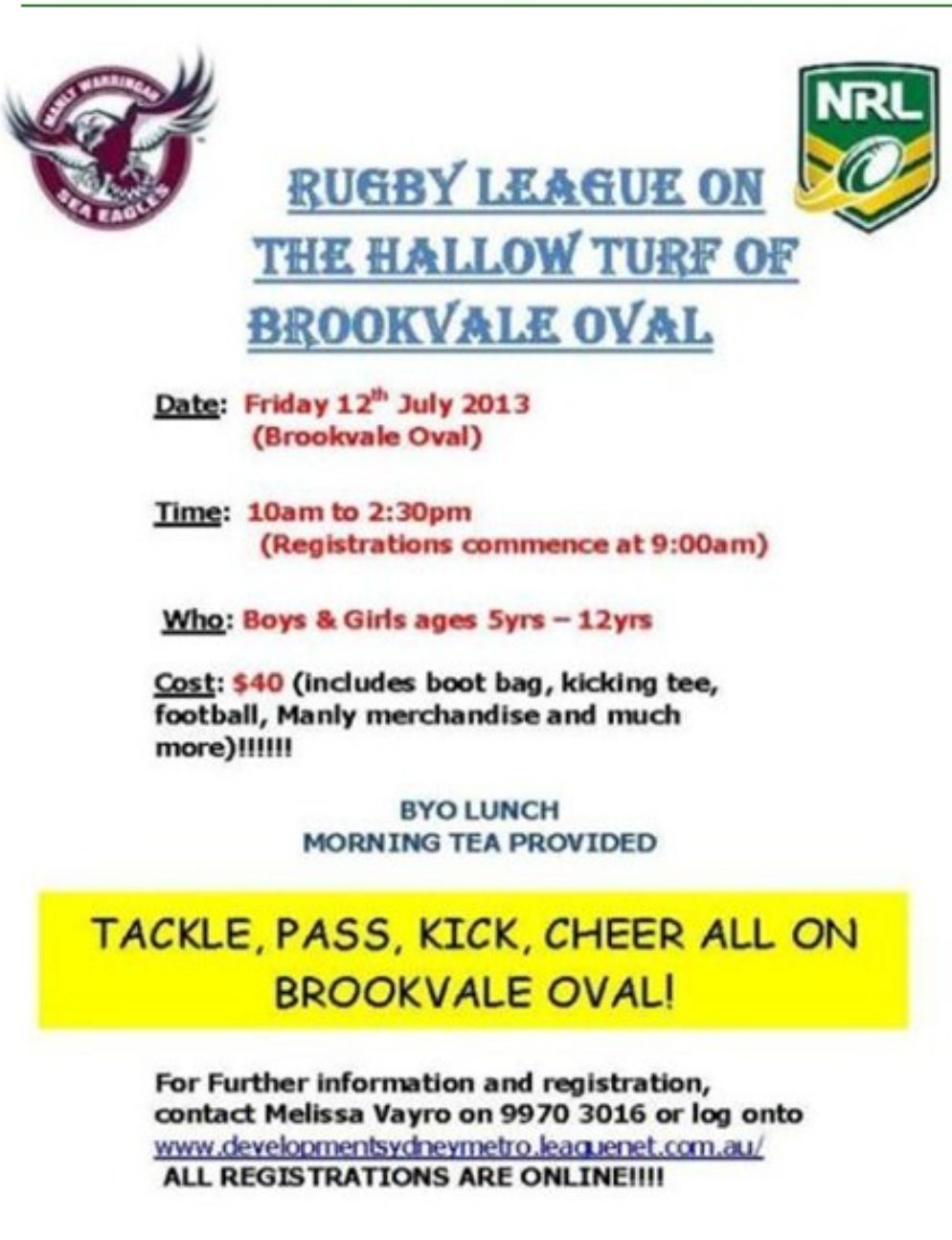
NONSENSE BOOKS By Edward Lear. E-BOOK



The Owl and the Pussycat



Cotton Candy Flower



RUGBY LEAGUE ON THE HALLOW TURF OF BROOKVALE OVAL

Date: Friday 12th July 2013
(Brookvale Oval)

Time: 10am to 2:30pm
(Registrations commence at 9:00am)

Who: Boys & Girls ages 5yrs – 12yrs

Cost: $40 (includes boot bag, kicking tee, football, Manly merchandise and much more)!!!!!!

BYO LUNCH
MORNING TEA PROVIDED

TACKLE, PASS, KICK, CHEER ALL ON BROOKVALE OVAL!

For Further information and registration, contact Melissa Vayro on 9970 3016 or log onto www.developmentsydneymetro.leaguenet.com.au/
ALL REGISTRATIONS ARE ONLINE!!!!

DeeWhyGrand SHOPPING CENTRE

I'm A Little Teapot with Lyrics

I'm A Little Teapot with Lyrics
hoopla KIDZ

Would You Like To Fly? by Film Australia

Made by the National Film Board 1954. Flying school for air-minded young people. A light hearted instructional film of interest to all fliers.

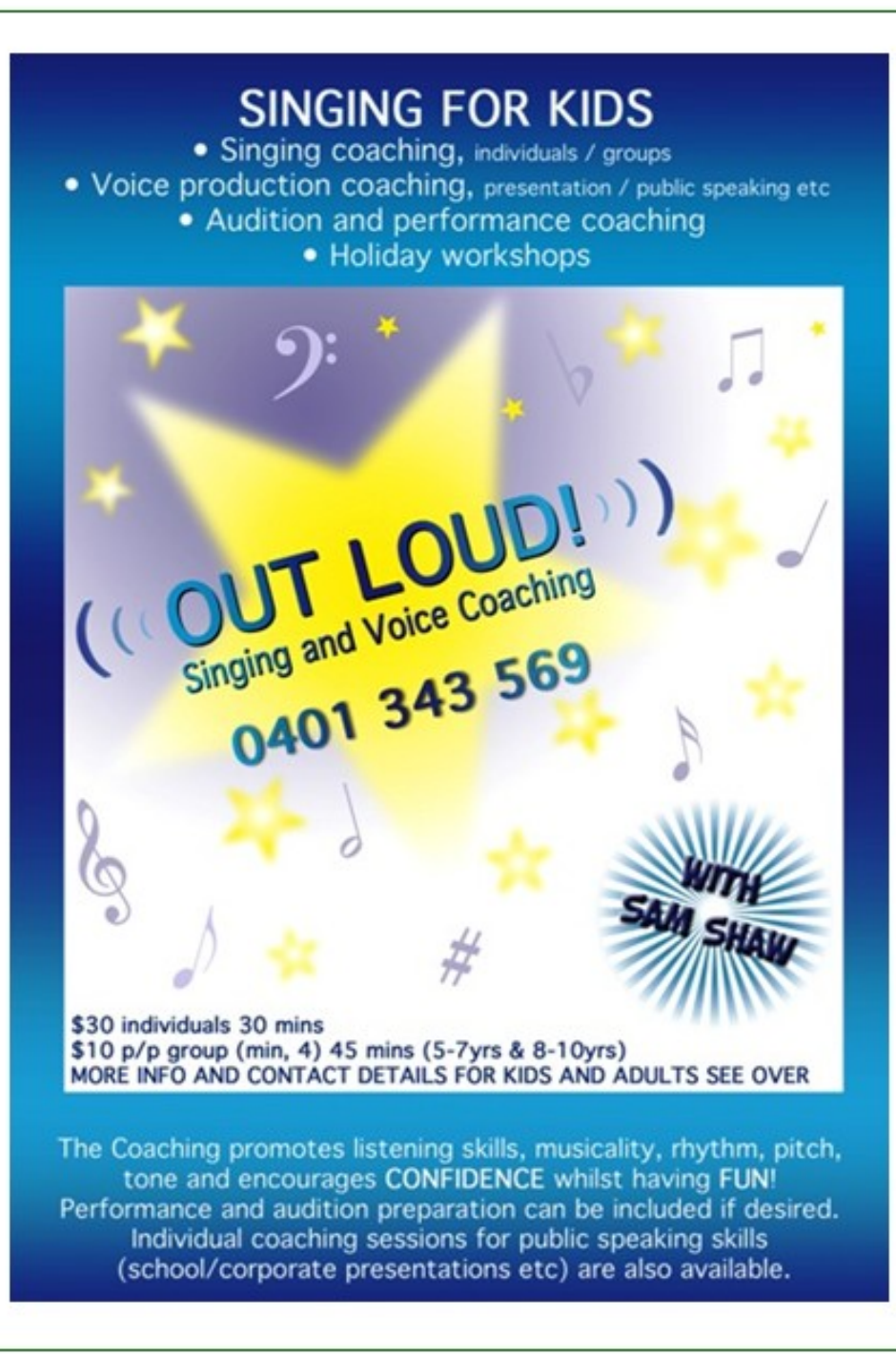
Would You Like To Fly?
Playlist In The Air (3 videos)

BackMeUp poll - Posted 14 May 2013 by Commission

BackMeUp
Don't stand by. It could be YOU!

The BackMeUp cyberbullying video competition is going to run again in 2013 and we need your help to select the best prizes for the winning videos. Vote HERE

A reminder that the BackMeUp survey is still running, and we'd love to hear your thoughts. Complete the survey by the 14th of September and you could go into the draw to win $50 JB Hi-Fi vouchers! Stay tuned! Survey At: www.surveymonkey.com/s/XFXKXZC



SINGING FOR KIDS
- Singing coaching, individuals / groups
- Voice production coaching, presentation / public speaking etc
- Audition and performance coaching
- Holiday workshops

OUT LOUD!
Singing and Voice Coaching
0401 343 569
WITH SAM SHAW

$30 individuals 30 mins
$10 p/p group (min, 4) 45 mins (5-7yrs & 8-10yrs)
MORE INFO AND CONTACT DETAILS FOR KIDS AND ADULTS SEE OVER

The Coaching promotes listening skills, musicality, rhythm, pitch, tone and encourages CONFIDENCE whilst having FUN! Performance and audition preparation can be included if desired. Individual coaching sessions for public speaking skills (school/corporate presentations etc) are also available.

Triple Zero Kids' Challenge

Kids, learn about what happens when you call Triple 000. Triple Zero Kids' Challenge is an online game designed for children of kindergarten and primary school age. The game consists of nine safety scenarios. kids.triplezero.gov.au/

SYDNEY youth writing COMPETITION
fly light creek

Sydney Youth Writing Competition

The 8th Annual Sydney Youth Writing Competition for 2013 is now open for entries 3 weeks to go. Get those entries in. We have received a large number of entries already. Dural Public School is leading the charge and a school in Boulder Colorado is not far behind.

This year all entries will be electronic - no more hard copies in the mail. Please read instructions carefully. It is important to include the parent email so that we can maintain contact with all parties in the event that your entry is successful and to ensure parents are fully informed.

The signature words for 2013 are: fly, light and creek.

The signature words can be used in any way - i.e. a verb, noun, adjective and so on. Be imaginative.

FLY

Fly up in the air, fly across town as fast as you can, watch an important piece of paper fly through the air - just out of reach, use a fly to catch a fish, do up your fly, listen to a blow-fly buzzing in the kitchen, fly a flag or a kite, fly off the handle, let fly, fly blind or fix your tent fly.

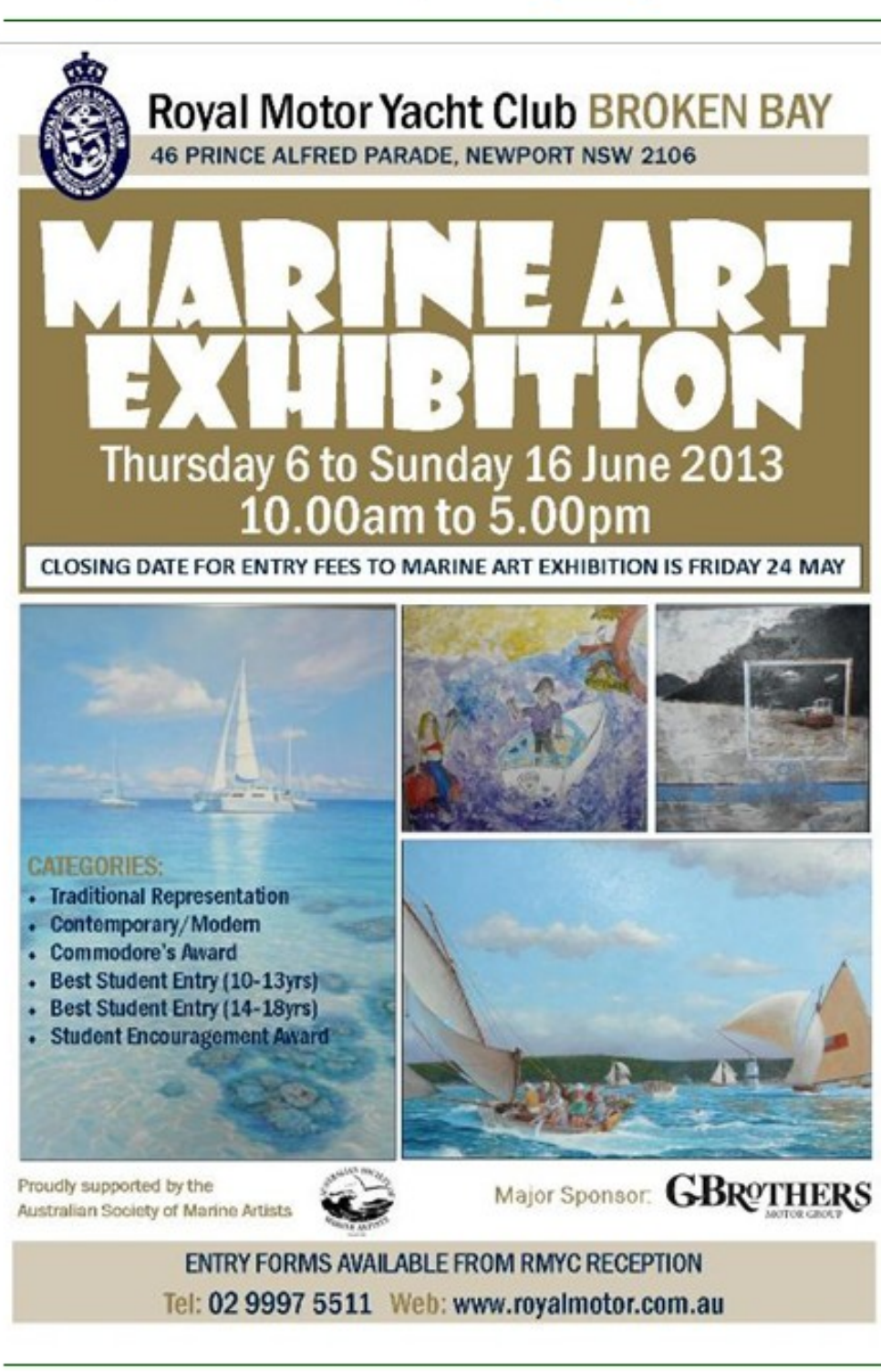
LIGHT

Light a candle or fire or lamp, use it to make a dark colour light - light blue, green or yellow, see someone's face light up, watch the pale moonlight, or admire the sunlight, see how light a feather really is or examine some new evidence which has just come to light. You could look at someone in a bad light, or wear light clothing in the sticky summer heat. Maybe you are standing in a light rain, or have only had a light sleep. You could travel light, sit in a lighthouse watching the sea or make light of something to make a friend feel better.

CREEK

Use this for setting (and don't confuse it with creak). Is it the creek at the end of your yard, a small dirty creek in the bush, an overflowing creek, a creek littered with rubbish, a creek with a secret, a creek so clear you can see the rainbow trout flicking their tails, a tired old creek, a dry creek, a creek with a waterfall, a rainforest creek, a creek with a dangerous tide, or a creek to camp by? Make your creek come alive.

Please underline the signature word in your entry so we can ensure you have included one of them. The closing date is **Tuesday 18 June 2013. Entry Details HERE**



Royal Motor Yacht Club BROKEN BAY
46 PRINCE ALFRED PARADE, NEWPORT NSW 2106

MARINE ART EXHIBITION
Thursday 6 to Sunday 16 June 2013
10.00am to 5.00pm

CLOSING DATE FOR ENTRY FEES TO MARINE ART EXHIBITION IS FRIDAY 24 MAY

CATEGORIES:
- Traditional Representation
- Contemporary/Modern
- Commodore's Award
- Best Student Entry (10-13yrs)
- Best Student Entry (14-18yrs)
- Student Encouragement Award

Proudly supported by the Australian Society of Marine Artists
Major Sponsor: GBROTHERS

ENTRY FORMS AVAILABLE FROM RMYC RECEPTION
Tel: 02 9997 5511 Web: www.royalmotor.com.au

The Animal Sounds Song

The Animal Sounds Song
cluck
cluck
cluck
cluck

Laughing Quadruplets by Steve Mathias

Laughing Quadruplets - The Next Day

NATIONAL GEOGRAPHIC
Little kids
Tree Frog

National Geographic online fun For little kids:

Online Fun, games and a magazine they can subscribe to, all vetted by industry experts on this award winning website

HERE

Keep children safe online

The Easyguide to Socialising Online is available here The Cybersafety Help Button is available to download free of charge here More information about the ACMA's Cybersmart program is here

Stories for you already run:

Adrenalin 360 Surf and Skate Competition and Kids Festival

Are You up to the RED BELT CHALLENGE by Hoshin Australia

ArtFest 2012 - Biannual Children's Art Exhibition

Australian Ibis for Children

Avalon Bulldogs Season Open Pictorial

Avalon Sailing Club Teaches A Novice To Sail

Bilgola Plateau Public School - Sustainable Practices

Bilgola Student and Avalon lady attend Aboriginal and Torres Strait Islander Veterans 6th Annual Commemorative Service at Hyde Park

Bilgola Plateau's NAIDOC Week Celebrations; Darinyung Sculpture and Under A Starry Sky

Dance Fever 2012 by Peta Wise

Friendly Toulouse Goose at Palm Beach - Yes! Pittwater has her very own 'Mother Goose'

Grandparents Day 2012 by Peta Wise

Harvest Day 2012 at Maria Regina Avalon by Alexis Conn and Peta Wise

Heartsong - an Anthology of Pittwater Poetry Launched

Hoishin Anti-Bullying Summer Camp 2012

Kangaroo Dance

Learn2Swim Narrabeen Coastal Platform Tour for children

Maria Regina Catholic School at Avalon: Christmas Crafts for Children

Maria Regina Celebrates Timor-Leste's 10th Anniversary of Independence 2012

Mona Vale Public School's Centenary Launch

Mona Vale Public School Centenary Festival Day 15th of September, 2012

MV Reliance and Maria Regina Avalon - Clareville Outing

Newport Student Wins RMYC MArine Art Prize

NLASC Narrabeen Rockpool Learn to Swim Program by J P Fisher and Glenn Nicholls

Online World To Be Safer - Sonar Dolphins Arise!

Pacific Black Duck taking a bath at Careel Creek

Pelican Dreamsong - A Legend of the Great Flood - dreamtime legend for children

Pink Ribbon Day at Maria Regina by Joanne Seves

RPAYC Youth Development Program Graduates Win 2012 Bird Island Race by Damian Devine

RPAYC Hosts 20th HARKEN International Youth Match Racing Championships by Damian Devine

Schoolchildren's gifting of 'play!' to their fellow schoolchildren

SLSC 2013 Interstate Championships - at Newport

Spotted Gums of Pittwater Inspirations

Summer is Channel-billed Cuckoos Season - Fledglings 2013 by Jeffrey Sabri and Andrew Tiede

The Northern Beaches Music Festival's YOUNGBLOODS Competition

The Royal Prince Alfred Yacht Club Teaches over 600 Children to Sail Each Year by Damian Devine

Timor Leste Independence Day Celebrations at Maria Regina Avalon - 2013

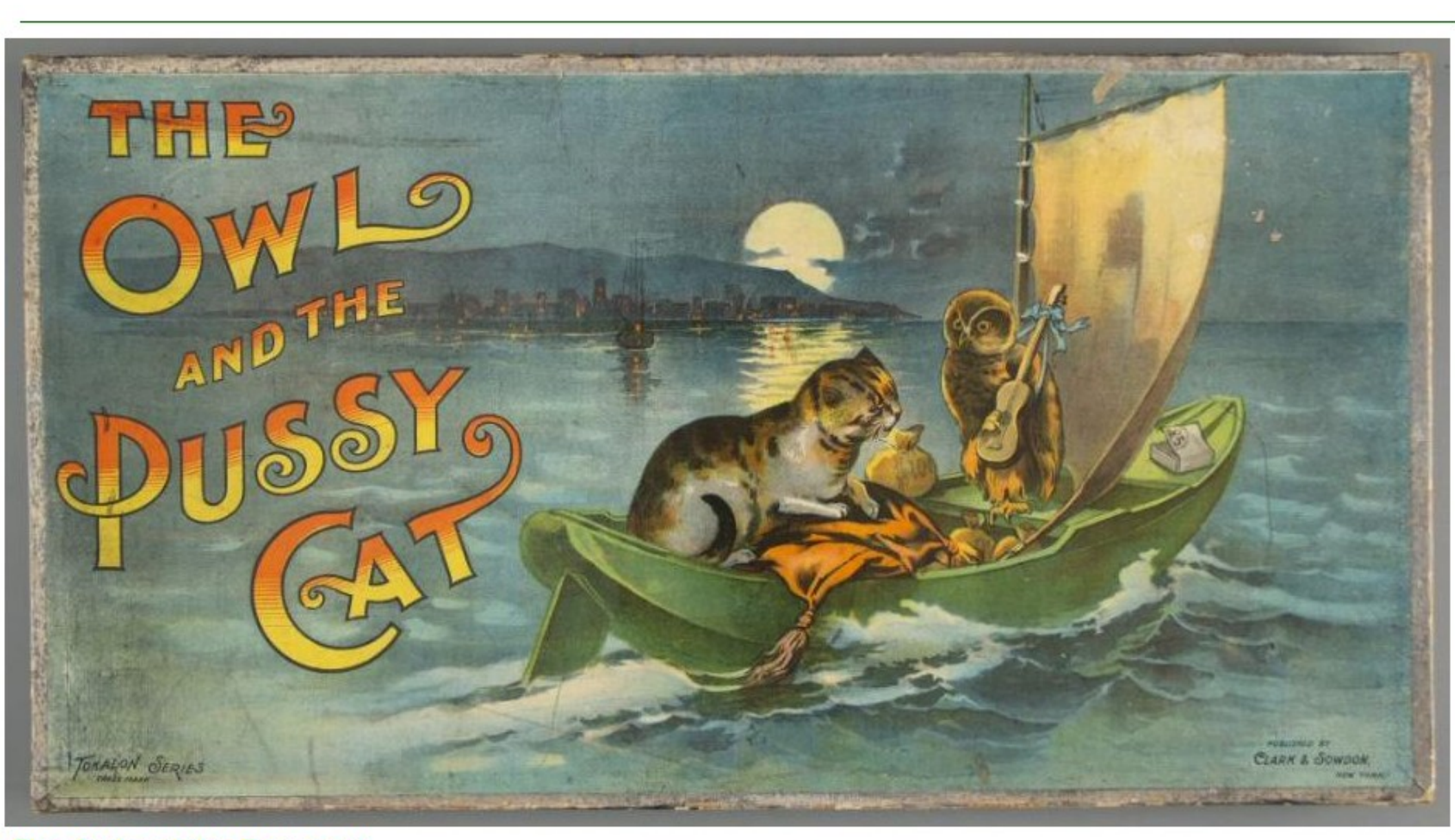
Winning the Homework War by Rosemary Smith

Zoomobile at Loquat Valley School, Bayview

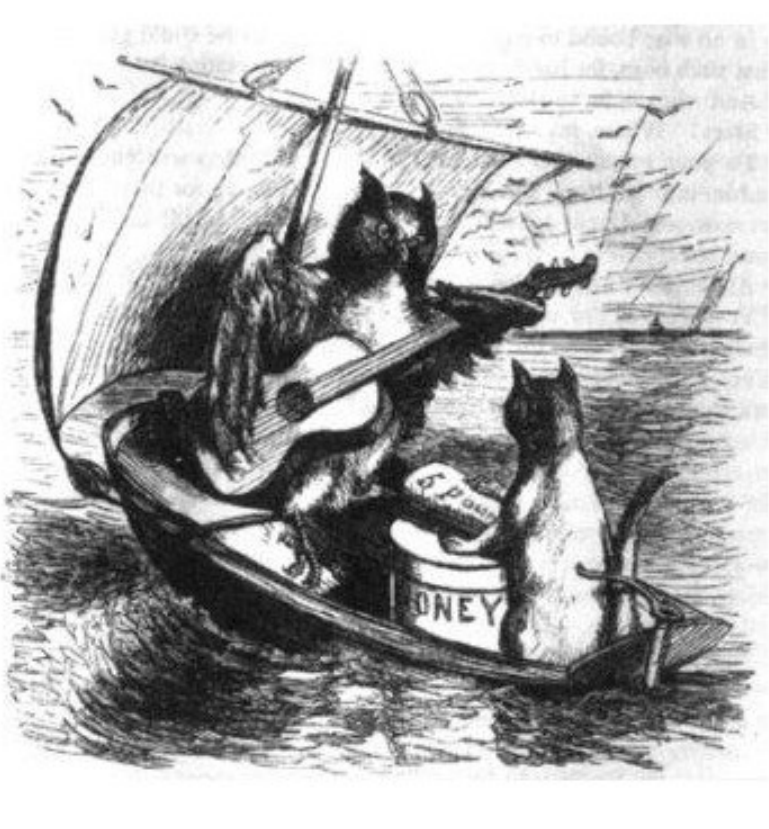
Nutty Story and Rhyme Time at May Gibbs' Nutcote - Friday 14 June to Friday 12 July 2013

Nutty Story and Rhyme Time is a time to read a Gum-Nutty story by May Gibbs, followed by one or two more books by contemporary Australian children's authors. Well-known nursery rhymes are sung and the session ends with some craft. On occasion, balloons may be brought in to tie into animals at the request of the children.

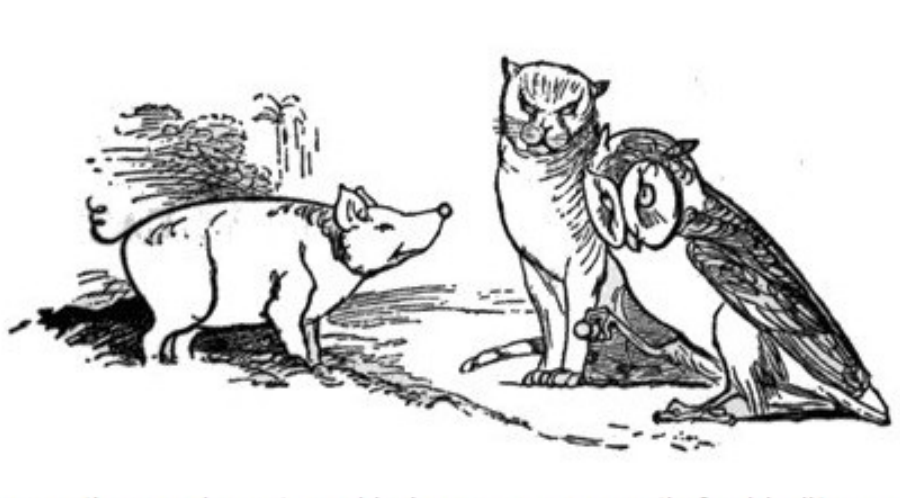
All ages are welcome and every month a range of books are brought to suit all ages. For the most part this event appeals to pre-schoolers aged three to five years. Parents can help their children with craft, particularly when using scissors and glue. During school holidays a range of books and crafts for primary school age children is available. Cancellations due to severe weather or other unforeseen circumstances will be updated on the Nutcote FaceBook page - please become a fan and check the evening before or prior to leaving home. **5 Wallaringa Avenue, Neutral Bay. Ph: 9953 4453.** For more information: www.maygibbs.com.au


THE OWL AND THE PUSSY CAT

The Owl and the Pussycat



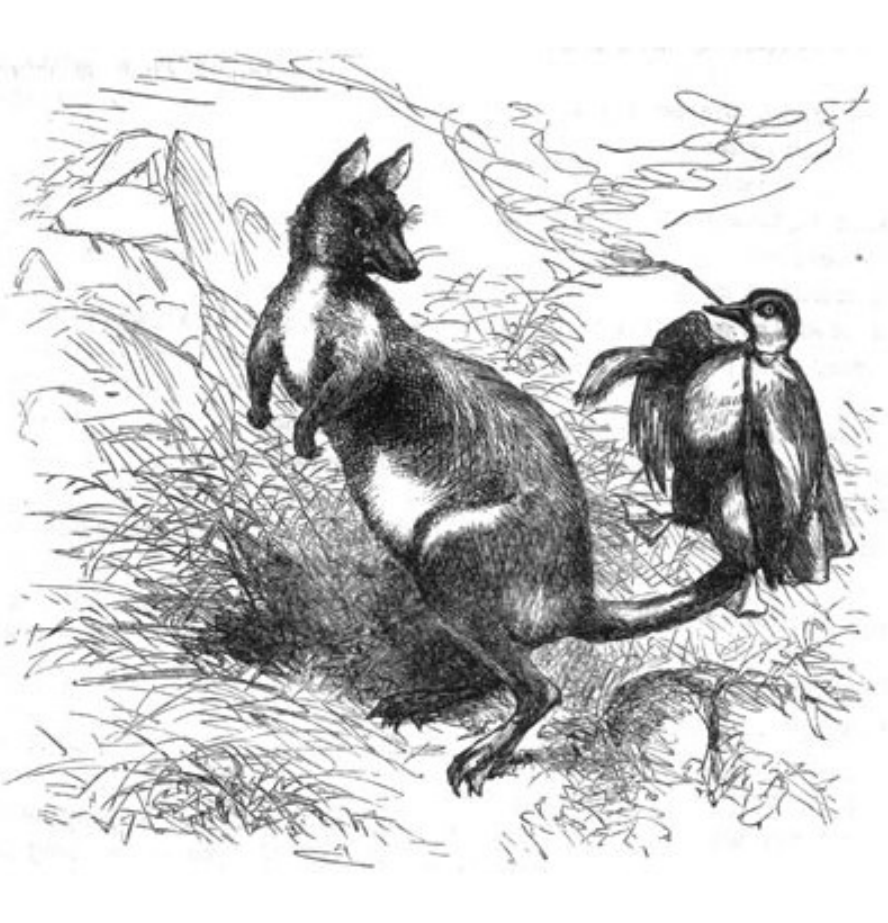
I
The Owl and the Pussy-cat went to sea
In a beautiful pea green boat,
They took some honey, and plenty of money,
Wrapped up in a five pound note.
The Owl looked up to the stars above,
And sang to a small guitar,
'O lovely Pussy! O Pussy my love,
What a beautiful Pussy you are,
You are,
You are!
What a beautiful Pussy you are!'
II
Pussy said to the Owl, 'You elegant fowl!
How charmingly sweet you sing!
O let us be married! too long we have tarried:
But what shall we do for a ring?'
They sailed away, for a year and a day,
To the land where the Bong-tree grows
And there in a wood a Piggy-wig stood
With a ring at the end of his nose,
His nose,
His nose,
With a ring at the end of his nose.
III
'Dear pig, are you willing to sell for one shilling
Your ring?' Said the Piggy, 'I will.'
So they took it away, and were married next day
By the Turkey who lives on the hill.
They dined on mince, and slices of quince,
Which they ate with a runcible spoon;
And hand in hand, on the edge of the sand,
They danced by the light of the moon,
The moon,
The moon,
They danced by the light of the moon.
Edward Lear 1870



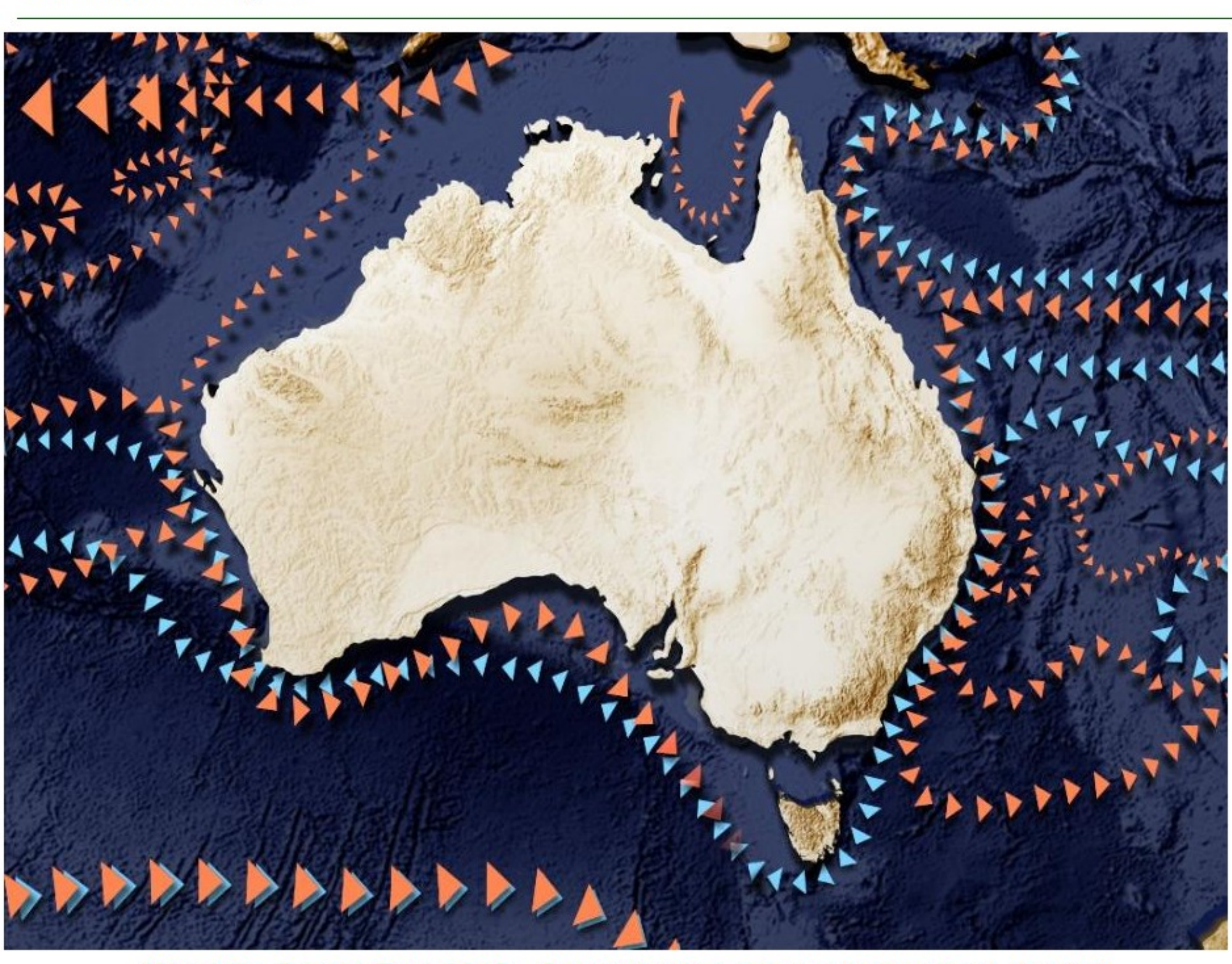
Edward Lear (12 May 1812 – 29 January 1888) was an English artist, illustrator, author and poet, and is known now mostly for his literary nonsense in poetry and prose and especially his limericks, a form he popularised. His principal areas of work as an artist were threefold: as a draughtsman employed to illustrate birds and animals; making coloured drawings during his journeys, which he reworked later, sometimes as plates for his travel books; as a (minor) illustrator of Alfred Tennyson's poems. As an author, he is known principally for his popular nonsense works, which use real and invented English words.
"The Owl and the Pussycat" is a nonsense poem by Edward Lear, first published during 1871 as part of his book Nonsense Songs, Stories, Botany, and Alphabets. Lear wrote the poem for a three-year-old girl, Janet Symonds, the daughter of Lear's friend poet John Addington Symonds and his wife Catherine Symonds. The term "runcible", used for the phrase "runcible spoon", was invented for the poem. Top image from 1890 board game.

The Duck and the Kangaroo

I
Said the Duck to the Kangaroo,
'Good gracious! how you hop!
Over the fields and the water too,
As if you never would stop!
My life is a bore in this nasty pond,
And I long to go out in the world beyond!
I wish I could hop like you!'
Said the duck to the Kangaroo.



II
'Please give me a ride on your back!'
Said the Duck to the Kangaroo.
'I would sit quite still, and say nothing but "Quack,"
The whole of the long day through!
And we'd go to the Dee, and the Jelly Bo Lee,
Over the land and over the sea;--
Please take me a ride! O do!'
Said the Duck to the Kangaroo.
III
Said the Kangaroo to the Duck,
'This requires some little reflection;
Perhaps on the whole it might bring me luck,
And there seems but one objection,
Which is, if you'll let me speak so bold,
Your feet are unpleasantly wet and cold,
And would probably give me the roo-
Matiz!' said the Kangaroo.
IV
Said the Duck ,'As I sate on the rocks,
I have thought over that completely,
And I bought four pairs of worsted socks
Which fit my web-feet neatly.
And to keep out the cold I've bought a cloak,
And every day a cigar I'll smoke,
All to follow my own dear true
Love of a Kangaroo!'
V
Said the Kangaroo, 'I'm ready!
All in the moonlight pale;
But to balance me well, dear Duck, sit steady!
And quite at the end of my tail!'
So away they went with a hop and a bound,
And they hopped the whole world three times round;
And who so happy, -- O who,
As the duck and the Kangaroo?



World's Ocean Day 2013 - Australasian ocean currents c/- CSIRO

Four ocean and coastal currents in the Australasian region are significant in shaping marine environmental conditions and our climate. Research in the Wealth from Oceans Flagship and its partners seeks to better understand these currents and the role they play in our environment.

The Antarctic Circumpolar Current

The 20 000 kilometre Antarctic Circumpolar Current is considered the powerhouse for global climate. It connects the Atlantic, Pacific and Indian Oceans in an eastward flow equivalent to **150 times the combined flow of all the world's rivers**. The Antarctic Circumpolar Current **comprises a series of merging and separating jets acting as a buffer between different masses of water either side of two naturally occuring features, the sub-tropical front and the sub-Antarctic front.** This region features high ocean nutrient production south of Australia.

The Leeuwin Current

Influenced from the Pacific Ocean by El Niño, the Leeuwin Current exerts a major influence on the distribution of marine life and Western Australia's weather. **It forms near the North West Shelf on Australia's west coast. Ocean currents shape the marine environment and our climate.** As it travels south the current breaks into a series of southward and eastward flowing eddies and eventually dissipates in the Tasman Sea and Southern Ocean. **It is the longest coastal current in the world, extending some 5 000 kilometres.**

The Indonesian Throughflow

The Indonesian Throughflow **is a system of currents that carries water westward from the Pacific to the Indian Ocean through the deep passages and straits of the Indonesian Archipelago. This is the only place in the world where warm, equatorial waters flow from one ocean to another.** This warm tropical water influences the character of the Leeuwin Current. Without these deep ocean passages between Australia and Asia, the ocean and climate conditions off Western Australia would be very different – more like the colder conditions and deserts found along the western coast of South America and south-west Africa.

Beyond Australia, the Indonesian Throughflow is a critical element in the global climate system because the heat it carries from the tropical Pacific to the Indian Ocean increases the energy available to the Asian and Australian monsoons.

Knowing how much heat and freshwater is transferred between oceans is relevant to understanding the extent to which ocean currents influence regional sea surface temperatures and rainfall. Understanding the way the upper ocean and atmosphere interact is the key to predicting variations in rainfall and other aspects of the climate. CSIRO is involved in a five-nation research project which is now underway in Indonesian waters that is providing a series of snapshots against which future changes can be compared.

The East Australian Current

The East Australian Current **flows south along the east coast of Australia from near Queensland's Fraser Island to Tasmania**. It is an important feature of the Tasman Sea between Australia and New Zealand, which has been warming faster than other parts of the ocean.

This is caused by activity in the upper part of the atmosphere over Antarctica, where each spring the onset of daylight brings a set of chemical reactions that deplete ozone in the stratosphere.

This changes the circulation of the atmosphere which in turn alters the wind patterns that drive the ocean currents in the Pacific Ocean, known as the South Pacific Gyre. This strengthening of the South Pacific Gyre also causes a strengthening of the East Australian Current, so that the warm tropical waters from the Coral Sea region are forced further south, warming the Tasman Sea.

From CSIRO (Commonwealth Science Investigative Research Organistion). Picture: Regional and global ocean currents in the Australasian region. Courtesy SIRO, the Wealth from Oceans Flagship and theAustralian Climate Change Science Program. images were prepared by Graeme Whittle of Pixelcraft Studios, Tasmania.

Ocean Currents
0:00 / 1:20

Pittwater Online News

June 16 - 22, 2013: Issue 115

Shorter and Taller Young People at the 2013 Avalon Tattoo

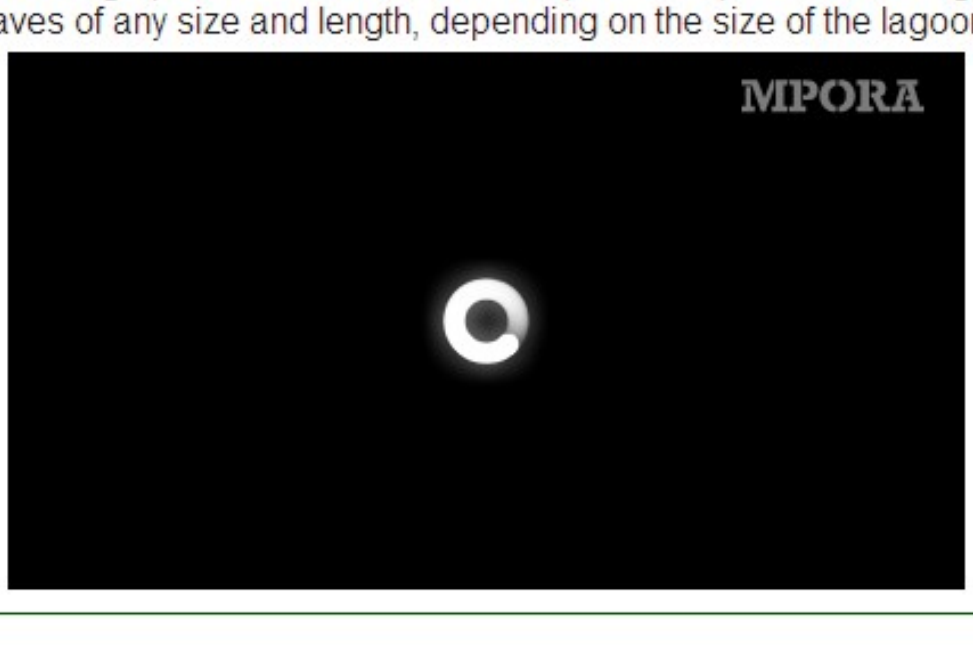
The perfect wave…in a Basque mountain valley - June 11, 2013

Wavegarden, industry leader in the design and manufacture of wave generation systems, has built a full-sized demo center in Northern Spain.

Located at Wavegarden's research and development site, the new surfing lagoon generates perfectly formed tubing waves that peel for more than 220 m without losing power or shape. It is the longest artificial surfing wave in existence, and the wave quality, shape, and speed, are suitable for the highest levels of performance surfing.

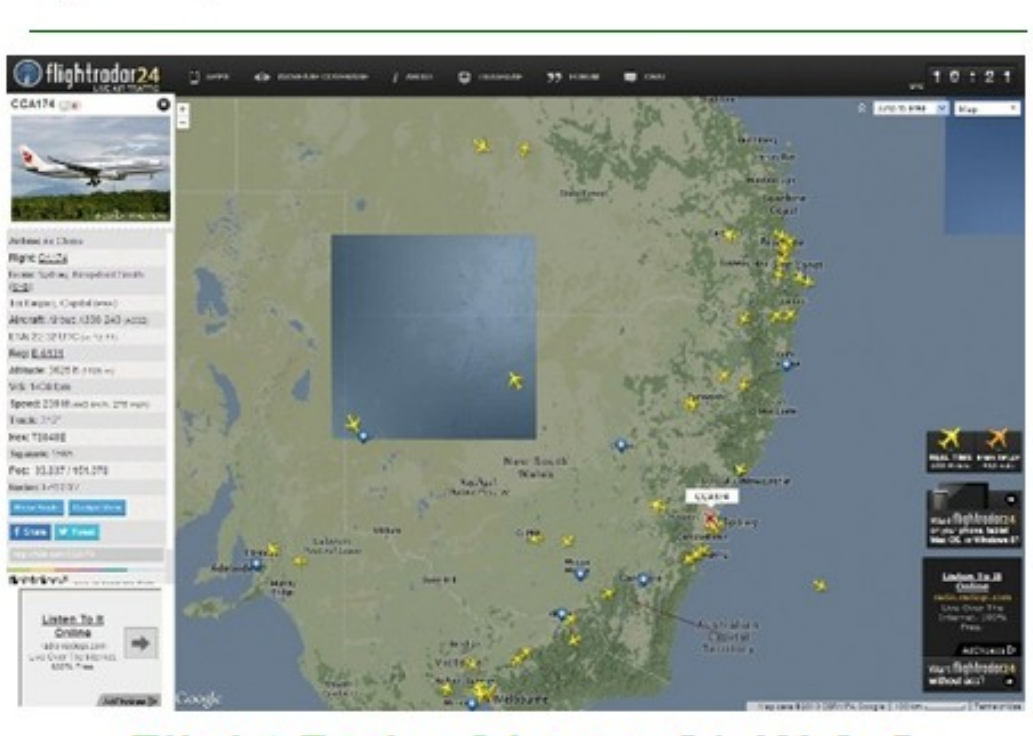
Every minute two identical waves break simultaneously left and right with barreling point break type rides up to 20 seconds long. Once the waves reach the bay area, the left and right hand waves transform into smooth rolling whitewater waves; perfect for children, longboarding and surf lessons.

The technology is designed to generate 120 waves per hour with an average power of 270 kW and has proven capable of making waves of any size and length, depending on the size of the lagoon.



The Dalai Lama speaks on education - 13 June 2013

With his customary red robes enfolding him, His Holiness the 14th Dalai Lama, spoke with great humour to a group of about 800 students at the Seymour Centre on Thursday 13 June, about the purpose of education in creating meaningful lives.
He said the purpose of education was to not only develop knowledge but also to recognise the importance of human emotion and its interrelationship with the mind. Emotions such as fear and jealousy, His Holiness said, biased the mind against reality.
And yet when education and emotional understanding are brought together, it allows us to go to a deeper level, and to penetrate reality, enabling us to reduce the gap between reality and appearances, which is education's true purpose.
This unique student event was hosted by the Institute for Democracy and Human Rights (IDHR) at the University of Sydney. It included in the audience about 180 high school students from the University's Compass program.
After an introduction by Professor John Keane from the IDHR, His Holiness urged that it is the responsibility of the next generation to build a happier world. The 20th century was marred by violence and war, he said, naming the Sino-Japanese war, the Second World War and the sorrow of Hiroshima, the Korean War and the Cold War.
Claiming the world is facing a moral crisis, His Holiness said that while a large proportion of the world's 7 billion claimed to be religious, many had no moral conviction when living outside their temples and churches.
His Holiness the Dalai Lama was awarded the Templeton Prize in May 2012, which was awarded for his commitment to interfaith relations and in 1989 he was awarded the Nobel Peace Prize for his non-violent struggle for the liberation of Tibet.
He has always advocated policies of non-violence, even in the face of extreme aggression. He also became the first Nobel Laureate to be recognised for his concern for global environmental problems. The talk is part of the 'Beyond Religion: the benefits of living ethically' tour of Australia from 13 to 23 June.



Flight Radar 24.com C/- W.A.G.

Have you ever wondered where that plane flying over head is going and what type of aircraft it is? On flightrader24.com you can do just that.

I just watched on my laptop the plane whose vapour trail I could see over head and was blown away by all the information and also the view. This is definitely a keeper.

You are also going to be totally blown away when you see how many aircraft are flying in your area. I can now see why an aircraft traffic controller is one very, very busy person.

If you can get this working for you it will tell you who is flying and where they are going. Here is a note to help you get more out of your visit to this site:

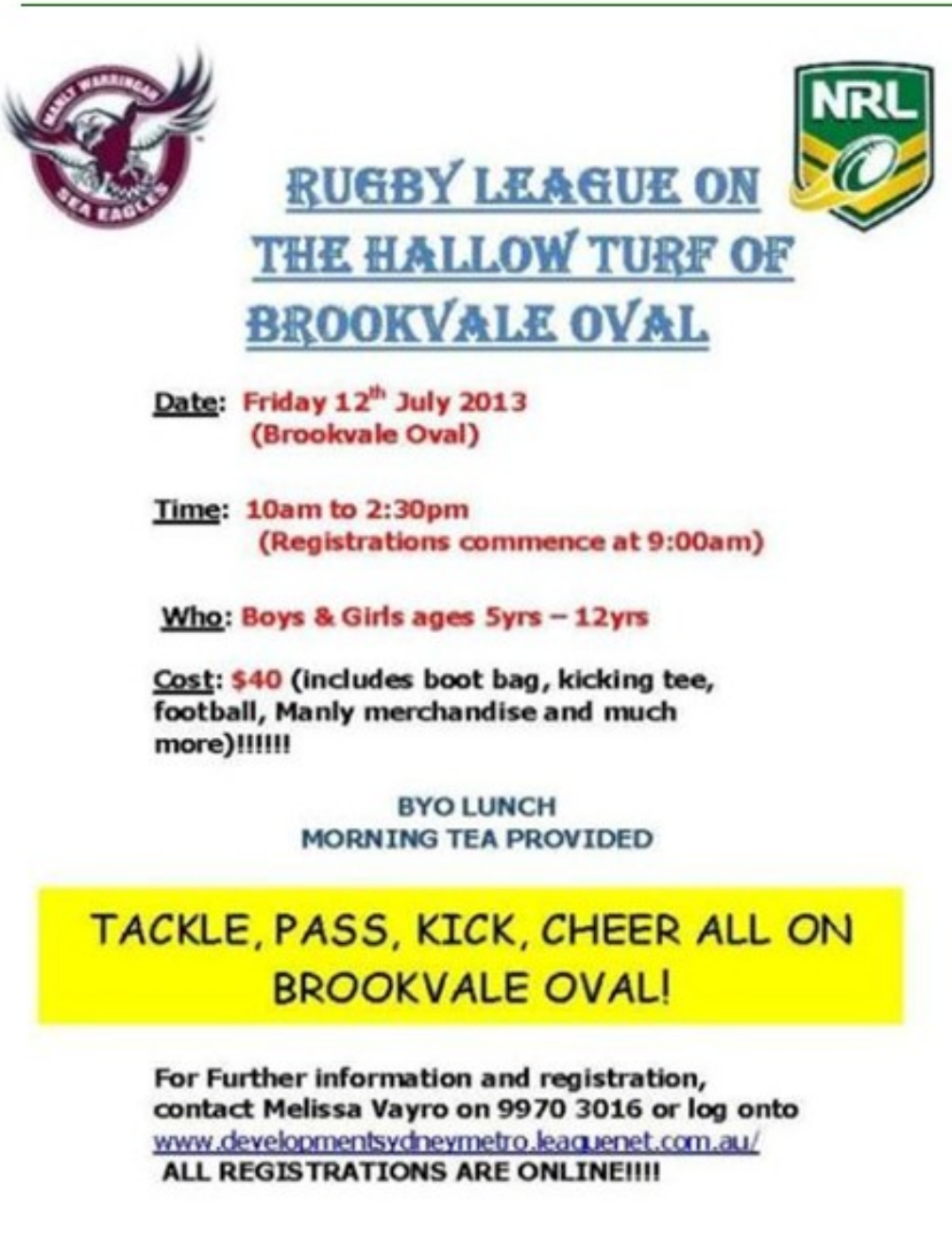
These are all the aircraft in the air right now. In the left hand column, there is a box called "planes." The number in the box is the number of aircraft airborne. This view is what the traffic management people see for planning purposes at the various airports.

Every day you see planes in the sky, sometimes very high, with or without con-trails. We ask ourselves questions :

What type of plane, airbus A320,330,350? Boeing.....or other. Where does it come from, where is it going, what altitude, what speed, what company etc. on this website you can see all the information instantly on your screen.

Some tricks;

Drag the map to take you to the area you want to view. To view your region or town, you can zoom in by tapping with your mouse. On the map you will see all the planes in the air. Click on a airplane, and on the left screen you will get all the info. Airline, type, speed, altitude in real time, recalculated every 10 seconds. On some you can also click on 'view from the cockpit'. See www.flightradar24.com/



RUGBY LEAGUE ON THE HALLOW TURF OF BROOKVALE OVAL

Date: Friday 12th July 2013 (Brookvale Oval)

Time: 10am to 2:30pm (Registrations commence at 9:00am)

Who: Boys & Girls ages 5yrs – 12yrs

Cost: $40 (includes boot bag, kicking tee, football, Manly merchandise and much more)!!!!!!

BYO LUNCH
MORNING TEA PROVIDED

TACKLE, PASS, KICK, CHEER ALL ON BROOKVALE OVAL!

For Further information and registration, contact Melissa Vayro on 9970 3016 or log onto www.developmentsydneymetro.leaguenet.com.au/
ALL REGISTRATIONS ARE ONLINE!!!!

DeeWhyGrand SHOPPING CENTRE

ENQUIRING MINDS
WHAT ARE YOU INTERESTED IN?
Class of 2013
App Store

Models of Achievement: Greater Western Sydney's role in tertiary education- 7 June 2013

A former child soldier who is now a lawyer, a factory worker who cracked a previously unsolvable equation, a Bulldogs player who completed his master's in commerce. These are some of the stories being told in a new TV documentary series, *Models of Achievement*, which showcases Australians from Greater Western Sydney who have changed their lives through higher education and are making some remarkable contributions to the country's future.

The series is a **Bridges to Higher Education** initiative aimed at addressing the impending shortage of people with higher education in the Australian workforce. Bridges to Higher Education is a partnership of five NSW universities, including the University of Sydney, and 15 other education partners working to develop and deliver projects to improve academic outcomes and higher education participation rates, particularly in Greater Western Sydney.

Annette Cairnduff, the University's Director of Social Inclusion said, "The program shows the transformative impact tertiary study can have on an individual's life. Some of the stories are amazing, all are inspiring."

Among the five students from the University of Sydney featured in Models of Achievement are William Chan, whose Bachelor of Design in Architecture has led him to work in the slums of Diepsloot in South Africa, on designs for Barangaroo and the Kellyville train station, and a building project at the Venice Architecture Biennale.

Also featured is Jayne Weller, whose veterinary science degree has seen her work with exotic animals in Australia and overseas, including in South Africa on wildlife rehabilitation.

"These are impressive examples of where tertiary studies can take you. This is not only about social inclusion in education. Based on the projected population growth, a 12.2 percent increase in university students across the Sydney region would be required to reach the government's university participation target of 40 percent by 2021."

"This will not be achieved if we cannot inspire more Australians from Great Western Sydney to participate in higher education," said Ms Cairnduff.

Greater Western Sydney is home to over 1.6 million people and contributes $85 billion a year to the nation's GDP - if population growth continues in this area as predicted, Greater Western Sydney has the potential to provide a large proportion of Australia's future jobs growth.

"Models of Achievement is aimed at young people and adults and sits alongside the **Enquiring Minds** series which was launched in March and is aimed at primary school students. Both programs will be used as part of the University's widening participation programs with schools and communities," said Ms Cairnduff.

The 10-part documentary series **will premiere on Television Sydney (TVS), digital 44, at 7.30pm on Tuesday 11 June.** The series will explore the success and aspirations of 20 people who, despite hardships, have gone to university and thrived.

See: www.enquiringminds.com.au/

Asking for a Precise Number During Negotiations Can Give You the Upper Hand

With so much on the line for job seekers a lot of new hires might be wondering how - or whether at all - to negotiate salary when offered a new position. A recently published study on the art of negotiation by two professors at Columbia Business School could help these new hires - and all negotiators - seal a stronger deal than before.

Research conducted by Professors Malia Mason and Daniel Ames and doctoral students Alice Lee and Elizabeth Wiley finds **that asking for a specific and precise dollar amount versus a rounded-off dollar amount can give you the upper hand during any negotiation over a quantity.**

"What we discovered is there is a big difference in what most people think is a good strategy when negotiating and what research shows is a good strategy," said Professor Mason. "Negotiators should remember that in this case, zero's really do add nothing to the bargaining table."

The research, **forthcoming in the** *Journal of Experimental Social Psychology*, looks at the two-way flow of communication between 1,254 fictitious negotiators. The negotiators were placed in everyday scenarios such as buying jewelry or negotiating the sale of a used car. Some people were asked to make an opening offer using a rounded-off dollar amount, while other people were asked to use a precise dollar amount; let's say for example $5,000 vs. $5,015.

The results showed that overall, people making an offer using a precise dollar amount such as $5,015 versus a rounded-off dollar amount such as $5,000 were perceived to be more informed about the true value of the offer being negotiated. This perception, in turn, led precise-offer recipients to concede more value to their counterpart. In their negotiation scenarios, the professors concluded **the person making a precise offer is successfully giving the illusion they have done their homework. When perceived as better informed, the person on the opposite end believes there is less room to negotiate.**

To determine whether people make round offers more often than not, the researchers looked at the real estate market. Research done on Zillow, the online real estate marketplace, showed the overwhelming majority of displayed prices were rounded numbers, and that only two percent of people listed their homes with precise dollar amounts.

"The practical application of these findings - signalling that you are informed and using a precise number - can be used in any negotiation situation to imply you've done your homework," Mason concluded.

Malia F. Mason, Alice J. Lee, Elizabeth A. Wiley, Daniel R. Ames. **Precise offers are potent anchors: Conciliatory counteroffers and attributions of knowledge in negotiations.** Journal of Experimental Social Psychology, 2013; 49 (4): 759 DOI: 10.1016/j.jesp.2013.02.012

Mona Vale Library - Duke of Edinburgh Awards

During term times, Mona Vale Library accepts students completing the volunteering component of their Duke of Edinburgh Award Scheme. There are jobs available for the Bronze, Silver and Gold levels of the Scheme. Students who wish to participate in the Duke of Edinburgh program at the library need to be prepared to commit one hour per week during school terms for however many weeks they need to complete. Hours can be made up only in rare circumstances. Details HERE.

Keep children safe online

The Easyguide to Socialising Online is available here

The Cybersafety Help Button is available to download free of charge here

More information about the ACMA's Cybersmart program is here

The Internet allows us to store and access Old Books, Films and photos that may not be accessible elsewhere.

For works now archived and available to all, please visit: http://www.archive.org/

The Project Gutenberg Library of Australiana

Australian writers, works about Australia and works which may be of interest to Australians.This Australiana page boasts many ebooks by Australian writers, or books about Australia. There is a diverse range; from the journals of the land and sea explorers; to the early accounts of white settlement in Australia; to the fiction of 'Banjo' Paterson, Henry Lawson and many other Australian writers.

The list of titles form part of the huge collection of ebooks **freely downloadable** from **Project Gutenberg Australia**. Follow the links to read more about the authors and titles and to read and/or download the ebooks.

New Facebook Page for young bands on the Northern Beaches - it has info about upcoming gigs, and if you play in a band you can list your gigs on it!

Keep in the loop and support local bands! Northern Beaches Youth Bands at: www.facebook.com/pages/Northern-Beaches-Youth-Bands/347121408731758

The Line

Official "The Line" page on Facebook, brought to you by the Australian Government. We've created this space to discuss respectful relationships. Please read our moderation guidelines before participating http://on.fb.me/Yp9eYy

Do you need information on respectful relationships and where to draw The Line?

Explore The Line website: www.australia.gov.au/theline

If you need help or would like to talk to someone call: 1800 MYLINE (1800 695 463) to talk confidentially and for free with a trained counsellor or Kids Helpline on 1800 55 1800.

Numbers operate 24 hours a day, 7 days a week and the person you speak to will be an experienced counsellor, not the police, not a government department. You will not have to give your name.

* Please note that all mobile phone calls made from within Australia to Kids Helpline—using Optus (including Virgin), Vodafone, and Telstra—and 1800 Respect—using Telstra—are now free.

Online Safety and Cyberbullying: Are you being bullied online or has something happened online that makes you feel uncomfortable, scared or sad? Call Kids Helpline on 1800 55 1800 or go to the Kids Helpline online counselling service

Relationship Violence: Are you or have you been: scared of someone hurting you? sexually assaulted? concerned about violence in a relationship with a friend, partner or family member? Call 1800 RESPECT (1800 737 732) or talk to a counsellor online.

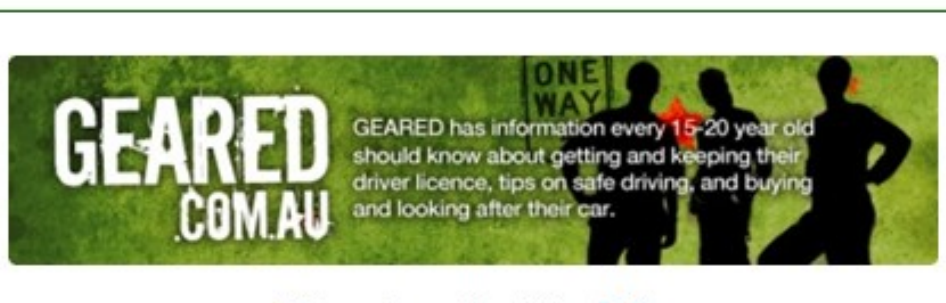
Crisis Support, Suicide and Mental Health

If you would like to talk to someone about anxiety, depression, loneliness, suicidal thoughts or attempts: Call Lifeline on 13 11 14

Powerhouse Museum Online Fun

The Powerhouse Museum, besides offering great exhibits, also has a range of online activities and games with a bit of educational insight.

An example: This online skittles game is based on a Victorian table game of skittles, c. 1880, made of wood and coloured paper, from the Powerhouse Museum's collection (object number A7575). Games which combined an element of chance while developing hand-eye coordination were very popular as family entertainment during the later part of the 19th and early 20th century. More HERE



GEARED .COM.AU
ONE WAY
GEARED has information every 15-20 year old should know about getting and keeping their driver licence, tips on safe driving, and buying and looking after their car.

Click on Image to visit website.

Love Food, Hate Waste Cookbook

KIDS IN THE KITCHEN

Our own Pittwater Council has joined with other councils in our area to produce an online cookbook especially for children. This 'flipbook' Program allows you to read through and get some great ideas on how to use leftover veggies to make great pasta or make mini pizza. Yum !

Love food hate waste book: HERE

CALCULATORS

The Computer History Museum offers many online exhibits on a variety of topics related to the history of computing. The first 2000 years of Computers is HERE

Headspace 'We've got your back' campaign

A groundbreaking national awareness campaign developed by National Youth Mental Health Foundation headspace aims to dramatically increase young Australians' awareness of everyday mental health issues affecting them and their friends. The campaign will run for the next 3 years.

eheadspace is a confidential, free, anonymous, secure space where you can chat, email or speak with qualified youth mental health professionals if you are 12 to 25 years

Bullying; NO WAY !!!

This website has many different items and guidelines on how to deal with bullying. If you can't find it there, ask someone in school or talk to mum and dad. **Make sure you are heard**. We are here to lift each other up, not tear each other down. Anyone who tries to tell you otherwise is wrong.

Tweet | Like | +1

Don't follow the Guru
you are the Guru
MARLA ?
SAVE THE FORESTS

Send In Your Stuff

Pittwater Online News is not only For and About you, it is also **BY** you. We cannot publish swearing or the maligning of others (this is the opposite of what we stand for). If you have a poem, story or something you want to see addressed, let us know or send to: pittwateronlinenews@live.com.au

All are Welcome, All Belong !

History: June 2013 - Pittwater Ferries Round II - The Erringhi- affectionately called 'the guy' this vessel is a great example of our sea channels as highways prior to roads to get produce to market

SEEING STARS

Seeing Stars SKA Art Prize 2013

Seeing Stars is a celebration of art and astronomy inspired by the world's largest telescope – the Square Kilometre Array (SKA) which will be co-hosted here in Australia!

Using the inspiration of the SKA, artists and would-be artists are invited to create original pieces of artwork expressing the excitement and mystery of the SKA and its potential for discovery. Seeing Stars is open to 2D graphic mediums including painting, drawing, textiles and prints of digital art. Mediums not accepted include photography, installations or other craft.

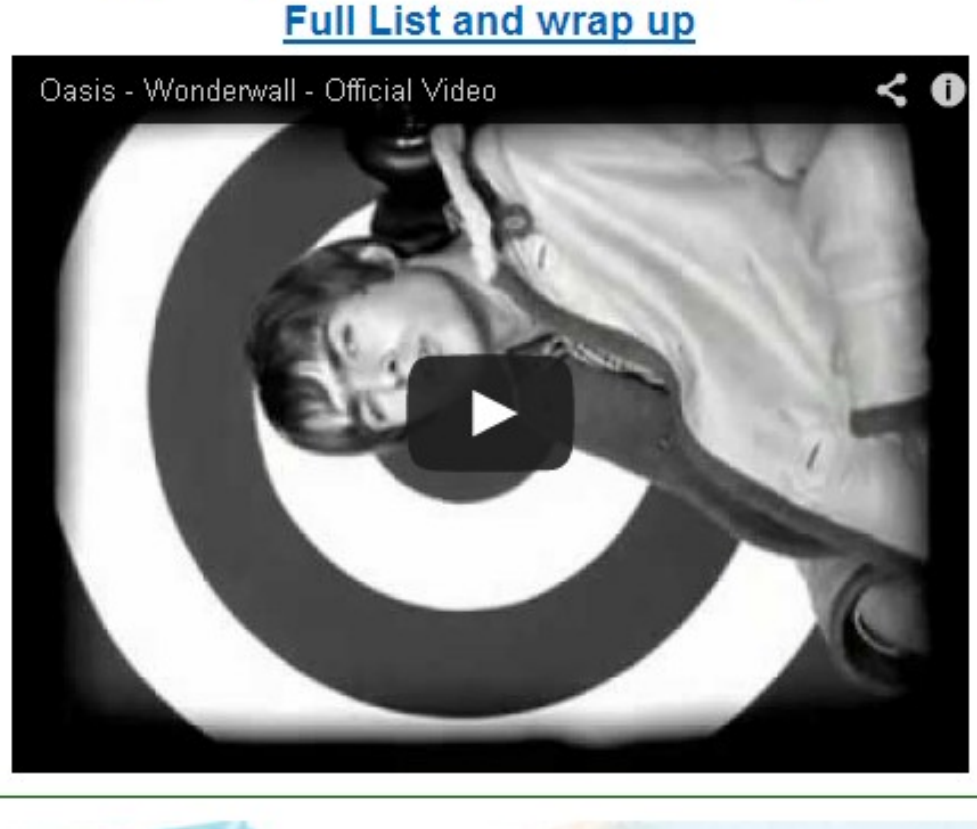
Artwork should be based around one or more of the five 'themes' identified below, which align with the five research areas for the SKA.

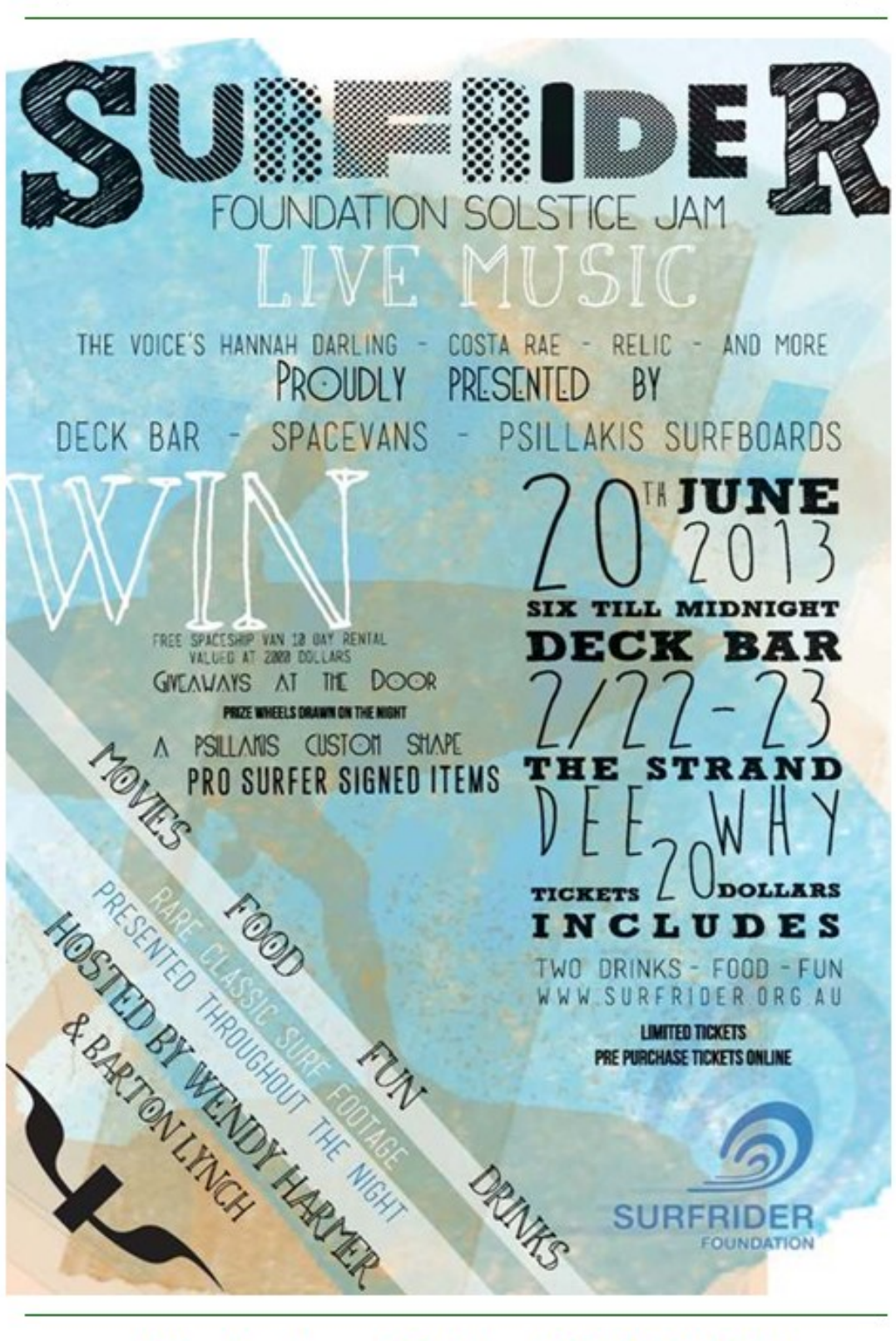
The themes are:
- The birth of stars and galaxies
- The mysteries of dark energy
- Alien life
- The genius of Einstein
- Giant magnetic fields of space

For the full Terms & Conditions, please see Rules. Entry details can be found here. Entries close at 11:59 PM AEST, Friday 5 July 2013. Entrants are allowed a maximum of five (5) entries.

Oasis - Wonderwall - Official Video - No 1 Song in Triple Jay's Hotteste 100 for past 20 years

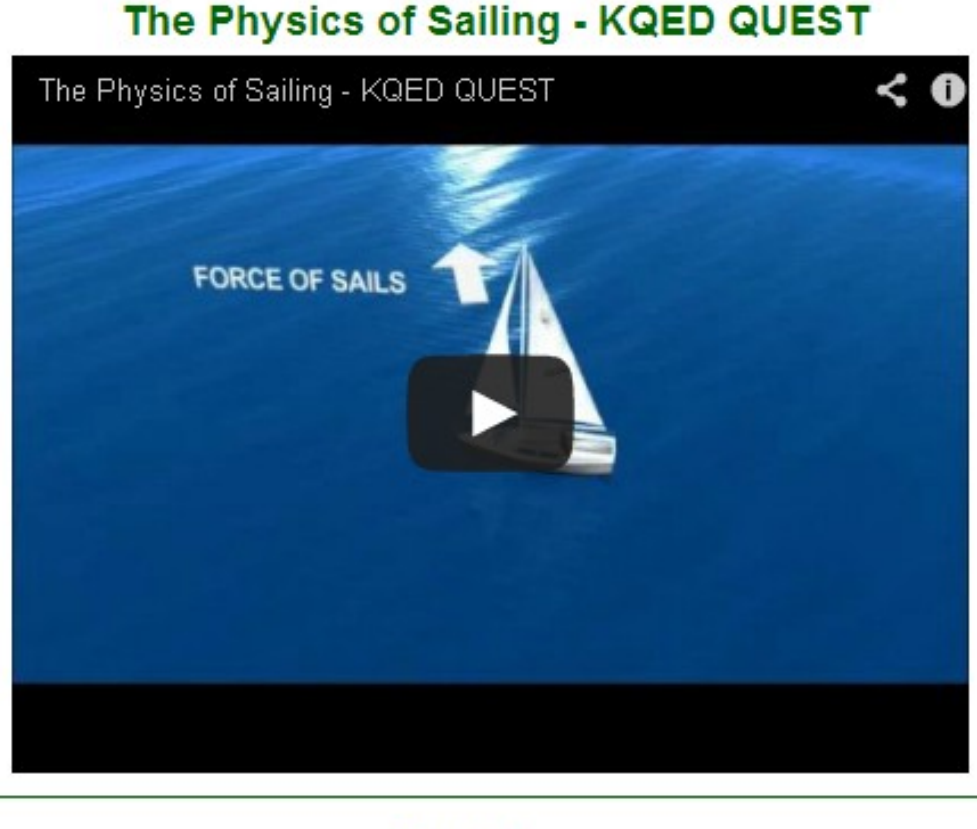
Full List and wrap up



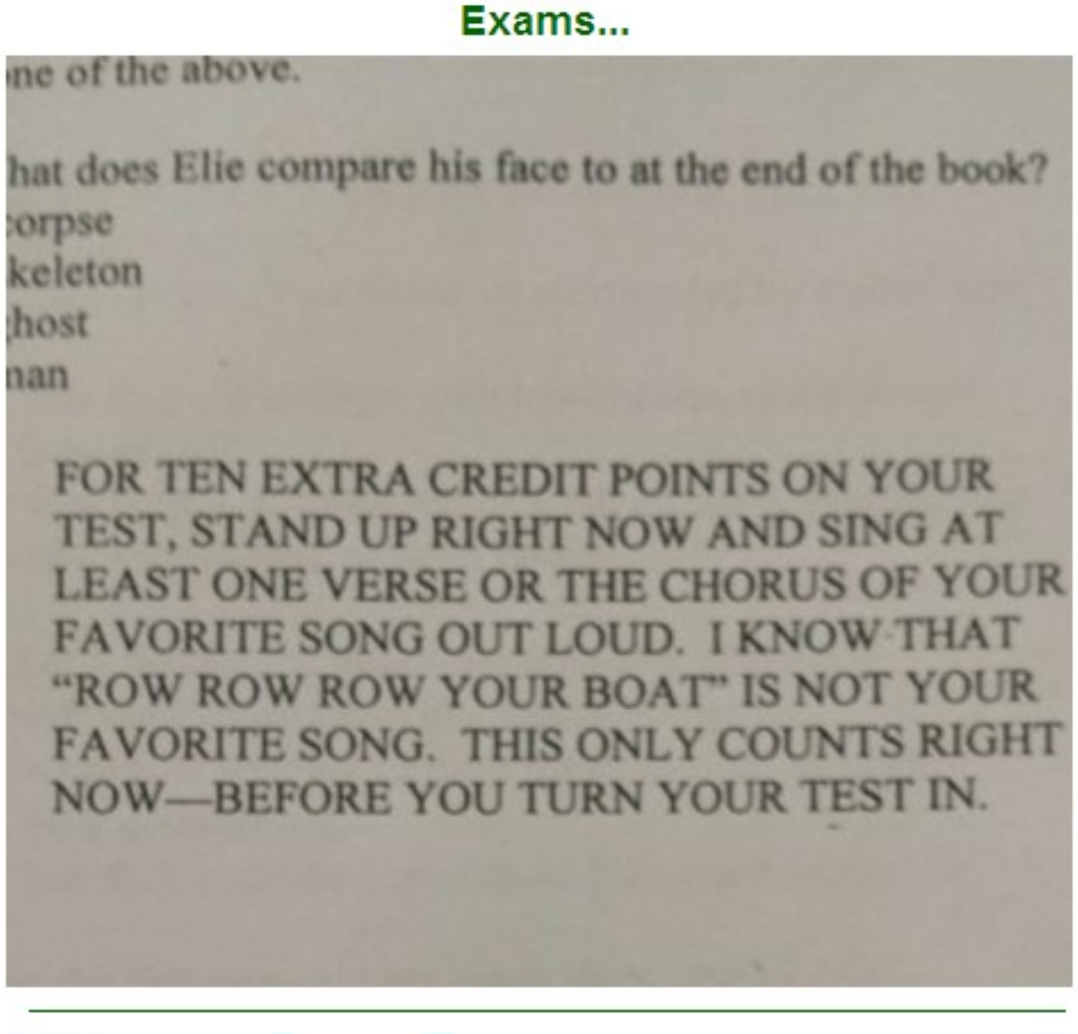


SURFRIDER FOUNDATION SOLSTICE JAM
LIVE MUSIC
THE VOICE'S HANNAH DARLING - COSTA RAE - RELIC - AND MORE
PROUDLY PRESENTED BY
DECK BAR - SPACEVANS - PSILLAKIS SURFBOARDS
WIN
FREE SPACESHIP VAN 10 DAY RENTAL VALUED AT 2000 DOLLARS
GIVEAWAYS AT THE DOOR
PRIZE WHEELS DRAWN ON THE NIGHT
A PSILLAKIS CUSTOM SHAPE
PRO SURFER SIGNED ITEMS
20TH JUNE 2013
SIX TILL MIDNIGHT
DECK BAR
2/22-23
THE STRAND
DEE WHY
TICKETS 20 DOLLARS
INCLUDES
TWO DRINKS - FOOD - FUN
WWW.SURFRIDER.ORG.AU
LIMITED TICKETS
PRE PURCHASE TICKETS ONLINE
MOVIES FOOD FUN DRINKS
RARE CLASSIC SURF FOOTAGE PRESENTED THROUGHOUT THE NIGHT
HOSTED BY WENDY HARMER & BARTON LYNCH
SURFRIDER FOUNDATION

The Physics of Sailing - KQED QUEST



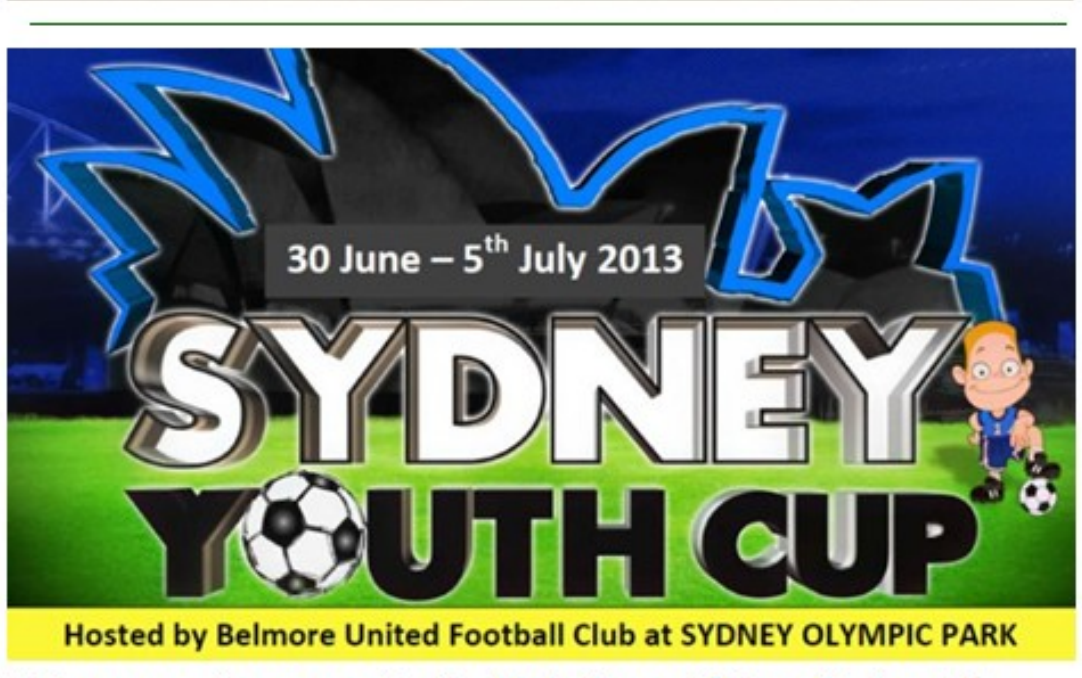
Exams...



ne of the above.

hat does Elie compare his face to at the end of the book?
orpse
keleton
host
nan

FOR TEN EXTRA CREDIT POINTS ON YOUR TEST, STAND UP RIGHT NOW AND SING AT LEAST ONE VERSE OR THE CHORUS OF YOUR FAVORITE SONG OUT LOUD. I KNOW THAT "ROW ROW ROW YOUR BOAT" IS NOT YOUR FAVORITE SONG. THIS ONLY COUNTS RIGHT NOW—BEFORE YOU TURN YOUR TEST IN.


30 June – 5th July 2013
SYDNEY YOUTH CUP
Hosted by Belmore United Football Club at SYDNEY OLYMPIC PARK

This year we have gone for the Main Arena, Wilson Park and the Warm Up track all with very plush grounds suitable for the world game. Both tournaments will kick off on the 1st week of the July school holidays which is the 30th June and run for 6 days ending on the 5th July 2013.

Each team will play a minimum of 4 games each with the first few days in a round robin style format moving into a knock-out stage and then finals.

The Sydney Junior Cup is aimed at ages U8 – U11, these teams can be boys, girls or mixed teams. The Sydney Youth Cup is aimed at ages U12 – U18* (boys and girls), each age group will be split up into boys and girls competitions.

To register for the SYC or SJC please download our information packs. For any other information please read our information packs or contact us on 9758 6371.

Penguin Teen Australia LIVE - Sydney

After having an amazing time with our Brisbane peeps, Penguin Teen Australia Live is back again and this time in Sydney. You'll get to meet the people behind Penguin Teen Australia, ask us questions, hear about our amazing 2013 titles still to come, meet other YA fans in person AND hear a few extracts from HIGHLY anticipated books. We'll also have a little PTA show bag of fun stuff for everyone attending.

AND we've got special guest author **Will Kostakis** attending - we'll spend time quizzing him about reality TV, Greek food and of course his amazing book, **The First Third** which is out later this year.

Our amazing friends at Books Kinokuniya in the city (right near the town hall), are going to be our co-hosts on the night and will offer 20% discount on some hot teen titles as well. YAY! And if you want to bring a friend – then go for it, the more the merrier.

The Details: Penguin Teen Australia LIVE . Time: **6pm, Monday 24 June.** At: Books Kinokuniya, Level 2, Galleries Victoria, 500 George St, Sydney

RSVP: penguinteenaus@au.penguingroup.com

It's important to **RSVP by Wednesday 19 June** - that way we can make sure everyone gets a show bag!

BackMeUp poll - Posted 14 May 2013 by Commission

The BackMeUp cyberbullying video competition is going to run again in 2013 and we need your help to select the best prizes for the winning videos. Vote HERE

Don't stand by. It could be YOU!

A reminder that the BackMeUp survey is still running, and we'd love to hear your thoughts. **Complete the survey by the 14th of September** and you could go into the draw to win $50 JB Hi-Fi vouchers! Stay tuned! Survey At: www.surveymonkey.com/s/XFXKXZC

Year 13: Finishing school and want some answers as to what your options are next ? Have a look at the Year 13 website for a plethora of answers. At: http://year13.com.au/

INTRODUCING THE INAUGURAL NATIONAL YOUTH AWARDS!

The Minister for Youth, Peter Garret announced on April 5 that this year the Australian government will contribute to NYW by presenting the first ever National Youth Awards. The initiative was created to acknowledge and celebrate the countries young people. Awards will go to those young people who have demonstrate excellence and initiative! Applications for the inaugural National Youth Awards **open Friday 24 May 2013**. Information on how to apply will be available at http://youthweek.com/nya

How to apply
To apply for the National Youth Awards, please read and ensure you understand the Application Guidelines prior to completing the Application Form.

If you are applying for more than one Award, you must complete a separate Application Form for each Award.

Applications for the Positive Media Award do not require an application form. Please refer to the instructions below on how to nominate for this Award.

Applications close at 11pm (AEST) on 23 June 2013. No late applications will be accepted.

Bus Pass Replacement

HERE

ECO Clean Beach Initiative

The ECO. Clean Beach Initiative is looking for Australia's most passionate ECO. Warrior to be the face of its movement! Interested? All you need to do is show us how you're contributing to our fight against marine pollution.

Simply send us a video or Instagram us with pictures of you cleaning up your local beach, protecting your local wildlife or hosting your own ECO. Clean Beach Initiative fundraiser with your friends and family.

The person that shows the most initiative will become the face of our campaign so get up, get outside and start showing us why you're Australia's greatest ECO. Warrior now!

A LED surfboards from Bilton Custom Surfboards so much that we're getting the team to create a special ECO. Clean Beach board for the winner of our Find our Face competition.

For your chance to win, send us a video of how you're helping to keep our beaches clean. Visit www.ecocleanbeach.com for more details. Facebook Page.

LUMINOSITY YOUTH SUMMIT 24-26 JULY 2013 INSPIRE CHALLENGE EXCEL

Luminosity youth conference

The theme for the Summit is 'Dangerous Ideas' i.e. Thinking big! Daring to dream and create, taking calculated risks to achieve success. The aim is to provide you with the skills, knowledge and confidence to 'just do it' and take a risk to achieve success.

You will be challenged to create dangerous ideas for the future...

New ideas and strategies for business, education, environment, charity and ultimately personal success

What are the risks you will need to take to achieve your dreams?

What are the tools and resources you will need to put your idea into action?

What do you need to do to mitigate the risks involved and achieve success?

Day One - Inspire

The theme for day one focuses on inspiration and goal setting. You will be provided with inspirational stories that send a very powerful message that you are not defined by your circumstances. Journeys are made up of both struggles and triumphs but with perseverance and determination will come success.

Day Two - Challenge

Day two will focus on the theme of 'challenging yourself' where both local and global entrepreneurs will share their story. Speakers will share their experiences from starting out to achieving their goal and becoming a master in their chosen craft.

Day Three - Excel

The third day will be all about 'excelling' and encouraging you to take a chance on yourself and shine their inner light. We want participants to be empowered to be the best version of themselves and to achieve and exceed their own expectations. They will be asked to explore and identify tools to blueprint their journey to success. Structure - subject to change

See more at: www.luminosityyouthsummit.com.au/key-inspirational-speakers.php

Dorothea Mackellar Poetry Awards - 2013

OPTIONAL THEME FOR 2013
Wherever the Wind Blows

The Awards - **2013 poetry competition dates: close 30 June**

The oldest and largest poetry competition for school aged children in Australia. The aim of the Dorothea Mackellar Poetry Awards is to capture the imagination of school students across Australia, inspiring them with a passion for poetry and a love of country. It is a unique national project, giving Australia's youth a voice and an opportunity to strive for excellence in literature.

Categories and Prizes

Lower Primary (Years K – 3):
Winner: $300, trophy and prize pack
Runner-up: $150 and prize pack

Upper Primary (Years 4 – 6, Inc. Year 7 in QLD, WA, SA)
Winner: $400, trophy and prize pack
Runner-up: $200 and prize pack

Junior Secondary (Years 7 – 9)
Winner: $500, trophy, UWS engraved IPod Touch and prize pack
Runner-up: $300 and prize pack

Senior Secondary (Years 10 – 12)
Winner: $500, trophy, UWS engraved IPad and prize pack
Runner-up: $300 and prize pack

Community Relations Commission (NSW) Award
Winner: $500, trophy and prize pack (separate presentation arrangements) For the best poem highlighting the value of cultural diversity within Australian community: Commenting on the cultural diversity of people (or their descendents) who have migrated to Australia; or Exploring interactions and experiences of migrants (or their descendents) after their arrival in Australia; or
Reflecting on the life of migrants (or their descendents) in Australia in comparison to their life before coming to Australia.

Schools' Award: For schools that demonstrate effort, achievement and a high standard of entries, awarded at the judges' discretion.
Winner Primary (the Sheelah Baxter award) : $1000, trophy and prize pack
Winner Secondary: $1000, trophy and prize pack
2013 prize packs also include a unique trophy and a wonderful collection of books from a number of publishing houses and local businesses . Entries for 2013 now open, **click here to enter online**

National History Competition

The Hon Peter Garrett AM, MP, Minister for School Education, Early Childhood and Youth has announced **the theme for 2013 "Legends, Fact and History".** Full details will be released in February!

How to enter
It is easy to enter the NHC. Register your school, obligation free, and receive a Welcome Kit by clicking here. Select up to 6 entries from each year level category, using the judging sheet as a guide.

Complete and sign the entry form and the declaration. On the entry form you may also nominate each entry for one special category award. Print four (4) copies of your selected entries and entry form (for judging purposes).

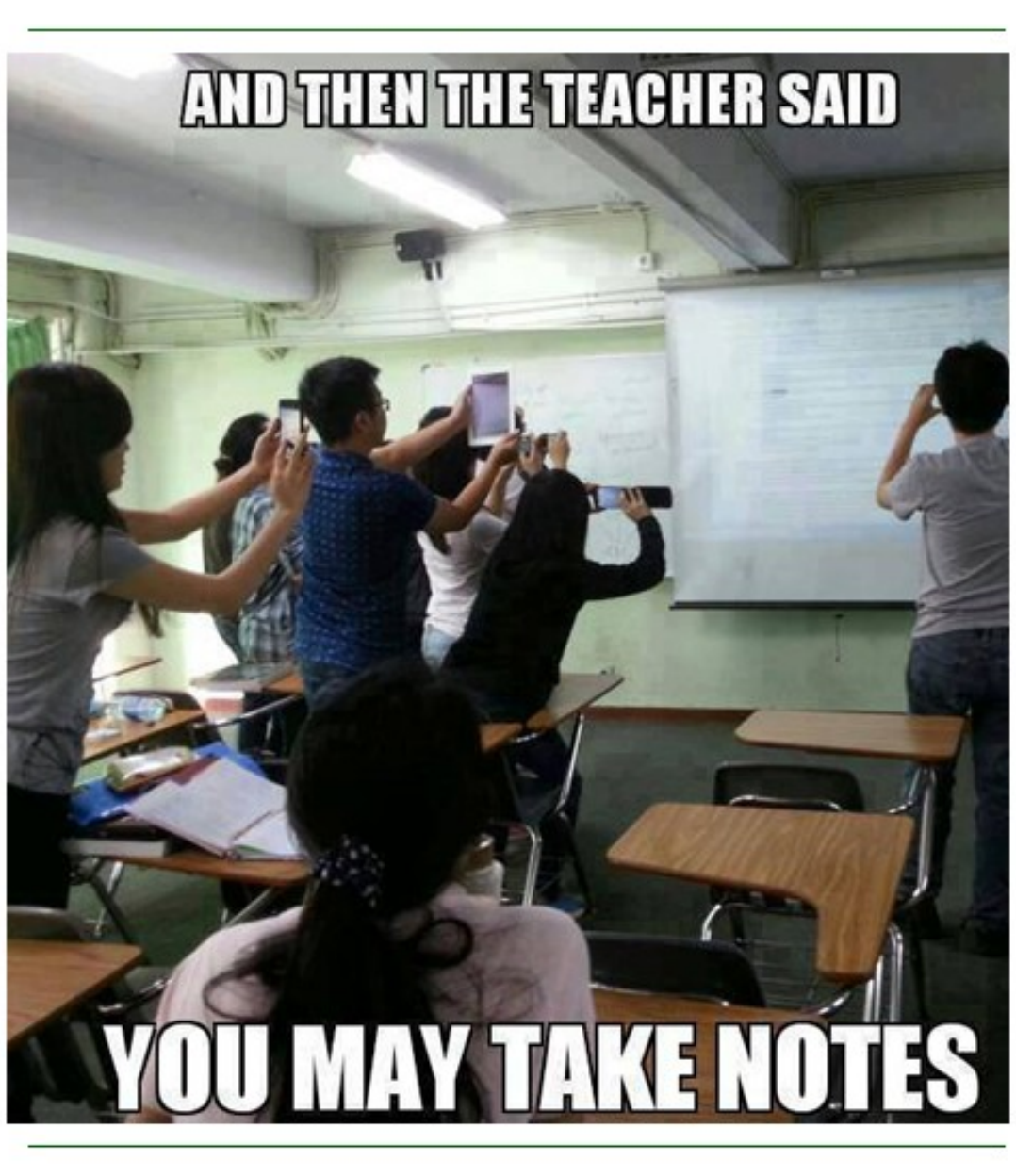
Submit your entries to your State Coordinator, as detailed below. If you wish to order Certificates Of Participation please do so by downloading the certificate request form and fax it to 08 9204 5112. Remember these are for ALL participants not just those whose entries were submitted for judging.

Where to send your entries for NSW: Send to HTANSW, PO Box 219, ANNANDALE, NSW. 2038

Checklist
Before submitting your nominated entries to your state coordinator please make sure you:
- select a maximum of six (6) entries for each Year Level category.
- have also nominated relevant entries for a Special Category award.
- submit the required number of copies of the selected entries (for judging purposes).
- submit a signed copy of the entry form and the declaration with each entry.
- send the entries to your state coordinator before the due date.

What do I do if I have any questions or problems or need more details? For more contest information please click here. You can also email us at admin@historychallenge.org.au or contact your state coordinator. Contact Number: NSW: 0426 275 166

When can I start? You can register for the 2012 NHC **from February, 2013.** The **competition closes** on **Friday, August 30**.From; http://historychallenge.org.au/contest-information/teachers-how-to-enter/


AND THEN THE TEACHER SAID
YOU MAY TAKE NOTES

Young Endeavour – celebrating 25 years

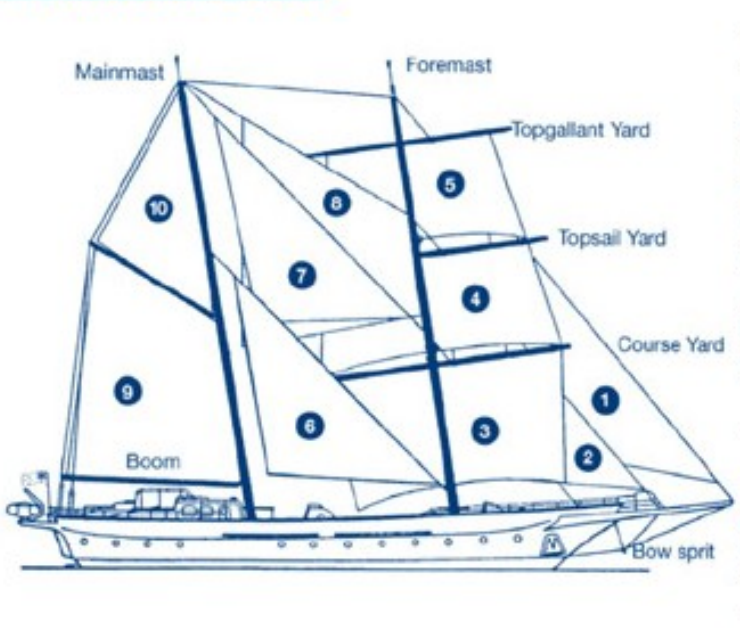
The Minister for Defence Science and Personnel, Warren Snowdon, has congratulated the Young Endeavour Youth Scheme on 25 years of youth development voyages aboard the national Sail Training Ship Young Endeavour.

"Twenty-five years of continuous service is a great accomplishment worthy of much celebration," Mr Snowdon said. "Since 1988 more than 11,000 young Australians have joined 472 challenging training voyages in Young Endeavour, and a further 10,000 guests from organisations supporting youth with special needs have joined a community day sail. During each voyage, youth who join Young Endeavour live and work with a diverse range of people, adapting to a challenging and unfamiliar environment as they learn to sail a square-rigged tall ship," he said. "In doing so they develop a broad range of personal skills and attributes – becoming more effective team members, leaders and communicators. Young people reap enormous benefit from the Young Endeavour Youth Development Program and, in turn, the Australian people also benefit as participants go on to make valuable contributions to their family, their employer, their community and their country. I congratulate the Young Endeavour Youth Scheme and the members of the Royal Australian Navy who crew the ship and deliver this internationally recognised program. It is a wonderful example of the contribution our people make in the Australian community."

SAIL YOUNG ENDEAVOUR

Are you between 16 and 23 years old? Looking for a challenge? A voyage aboard Young Endeavour is an awesome experience, and one which will give you skills for life. The Royal Australian Navy crew will teach you how to sail a square-rigged vessel, including how to navigate, keep watch, take the helm, cook in the galley, tie knots, work aloft and even take command. Not only that, you will develop teamwork, leadership and communication skills, work with disadvantaged youth and meet people from around the country.
Applications are currently being accepted for voyages sailing between August 2013 and January 2014.

Click here to apply.



Young Endeavour's Sail Plan
1 Jib
2 Forestaysail
3 Course
4 Topsail
5 Topgallant
6 Main Staysail
7 Topgallant Staysail
8 Fisherman Staysail
9 Main Sail
10 Main Gaff Topsail

The Young Endeavour Youth Scheme is a not for profit organisation which provides young Australians with a unique, challenging and inspirational experience at sea. Our voyages increase self awareness, develop teamwork and leadership skills and create a strong sense of community responsibility amongst members of the youth crew.

The Scheme began when the magnificent sail training ship STS Young Endeavour was given to the people of Australia by the United Kingdom as a Bicentennial gift back in 1988. Since then, the Scheme, in partnership with the Australian Government and the Royal Australian Navy, has provided challenging training voyages for over 11,000 young Australians aboard Young Endeavour.

Young Endeavour undertakes around 20 voyages each year, mostly along the east and south coasts of Australia. Each voyage we embark 24 young Australians - the youth crew - and nine specially trained Royal Australian Navy crew, usually for an eleven day adventure at sea.

The Young Endeavour Youth Scheme is run in partnership with the Royal Australian Navy with the head office at GardenIsland, Sydney. It is supported by Commonwealth funding and private donations. If you're into facts and figures you can download the Annual Report of Proceedings (3MB).

Our Values

- We are committed to upholding the practice of equitable access to our activities.
- Our programs are conducted with the highest regard for safety.
- We support each youth participant to achieve his/her goals.
- We operate as a financially responsible business unit.

Ship's History

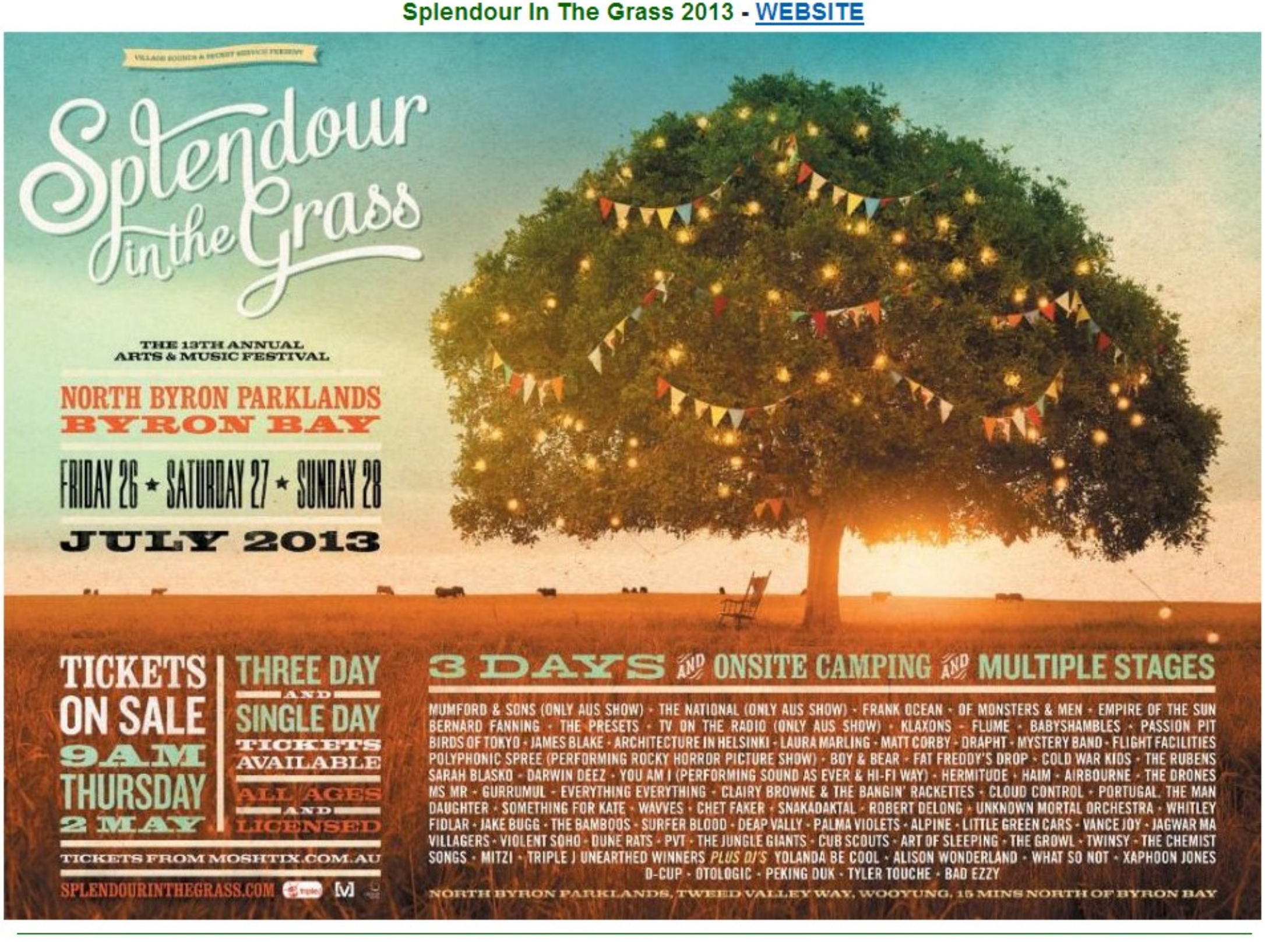
Young Endeavour was a gift from the United Kingdom to the Government and people of Australia to mark the Bicentenary in 1988. Construction began on the ship in May 1986 in Lowestoft, England and on 3 August 1987 she began the long voyage to Australia with a crew which included 24 young people from Britain and Australia. The official handover ceremony took place on 25 January 1988 in the presence of their Royal Highnesses the Prince and Princess of Wales in Farm Cove, Sydney Harbour.

In his acceptance speech, the ship was pledged by the then Prime Minister, Mr Bob Hawke, to serve Australian youth. For a land girt by sea, the ship was a reminder of the maritime heritage shared by the two countries. Her arrival heralded the start of a new era of sail training in Australia. The Government decided that the Royal Australian Navy would operate and maintain the ship, and that the Young Endeavour Youth Scheme would be set up to manage the associated sail training program.

The Scheme was established in early 1988 with a Board appointed by and responsible to the Minister for Defence. The Scheme's management and administration is undertaken by civilian staff, and is based in the ship's home portof Sydney. As Australia's sail training flagship, Young Endeavour participates in major eventsin Australia and around the world.

Young Endeavour - The Long Way Down
0:00 / 3:27

Splendour In The Grass 2013 - WEBSITE



Splendour in the Grass
THE 13TH ANNUAL ARTS & MUSIC FESTIVAL
NORTH BYRON PARKLANDS BYRON BAY
FRIDAY 26 ★ SATURDAY 27 ★ SUNDAY 28
JULY 2013
TICKETS ON SALE 9AM THURSDAY 2 MAY
THREE DAY AND SINGLE DAY TICKETS AVAILABLE
ALL AGES AND LICENSED
TICKETS FROM MOSHTIX.COM.AU
SPLENDOURINTHEGRASS.COM
3 DAYS AND ONSITE CAMPING AND MULTIPLE STAGES
MUMFORD & SONS (ONLY AUS SHOW) • THE NATIONAL (ONLY AUS SHOW) • FRANK OCEAN • OF MONSTERS & MEN • EMPIRE OF THE SUN
BERNARD FANNING • THE PRESETS • TV ON THE RADIO (ONLY AUS SHOW) • KLAXONS • FLUME • BABYSHAMBLES • PASSION PIT
BIRDS OF TOKYO • JAMES BLAKE • ARCHITECTURE IN HELSINKI • LAURA MARLING • MATT CORBY • DRAPHT • MYSTERY BAND • FLIGHT FACILITIES
POLYPHONIC SPREE (PERFORMING ROCKY HORROR PICTURE SHOW) • BOY & BEAR • FAT FREDDY'S DROP • COLD WAR KIDS • THE RUBENS
SARAH BLASKO • DARWIN DEEZ • YOU AM I (PERFORMING SOUND AS EVER & HI-FI WAY) • HERMITUDE • HAIM • AIRBOURNE • THE DRONES
MS MR • GURRUMUL • EVERYTHING EVERYTHING • CLAIRY BROWNE & THE BANGIN' RACKETTES • CLOUD CONTROL • PORTUGAL. THE MAN
DAUGHTER • SOMETHING FOR KATE • WAVVES • CHET FAKER • SNAKADAKTAL • ROBERT DELONG • UNKNOWN MORTAL ORCHESTRA • WHITLEY
FIDLAR • JAKE BUGG • THE BAMBOOS • SURFER BLOOD • DEAP VALLY • PALMA VIOLETS • ALPINE • LITTLE GREEN CARS • VANCE JOY • JAGWAR MA
VILLAGERS • VIOLENT SOHO • DUNE RATS • PVT • THE JUNGLE GIANTS • CUB SCOUTS • ART OF SLEEPING • THE GROWL • TWINSY • THE CHEMIST
SONGS • MITZI • TRIPLE J UNEARTHED WINNERS PLUS DJ'S YOLANDA BE COOL • ALISON WONDERLAND • WHAT SO NOT • XAPHOON JONES
D-CUP • OTOLOGIC • PEKING DUK • TYLER TOUCHE • BAD EZZY
NORTH BYRON PARKLANDS, TWEED VALLEY WAY, WOOYUNG, 15 MINS NORTH OF BYRON BAY

June 16 - 22, 2013: Issue 115

Plunging Fish Numbers Linked to Dam Releases

June 11, 2013 — A significant decline in the numbers of native fish in the Murray-Darling Basin may be linked to released dam water being too cold for breeding. This is just one of the findings from a Griffith University led study which found current water releases back into the Murray-Darling system limit fish reproduction and therefore impact freshwater biodiversity.

Griffith University Research Fellow Dr Rob Rolls said the results, published in *Freshwater Biology*, throw cold water on the notion that large dam releases compensate for the effects of interrupting natural water flows. And it's not just seasonal flooding which is important; the natural low flow periods matter too.

"Golden perch an iconic species that significant value for recreational fishing and it is often assumed that large floods are necessary to initiate spawning and recruitment of golden perch and many other fish," Dr Rolls said. "But we found that more than 90% of golden perch juveniles occurred in unregulated lowland rivers in the northern Murray-Darling Basin, which naturally stop flowing for weeks or months, while regulated reaches now flow constantly.

"Restoring these natural low flow periods is critical because it is these shallow, warm reaches of waterways which produce the food fish depend upon."

The team also found that releases from the Pindari Dam on the Severn River did not encourage fish spawning because the water is much colder compared with nearby unregulated rivers.

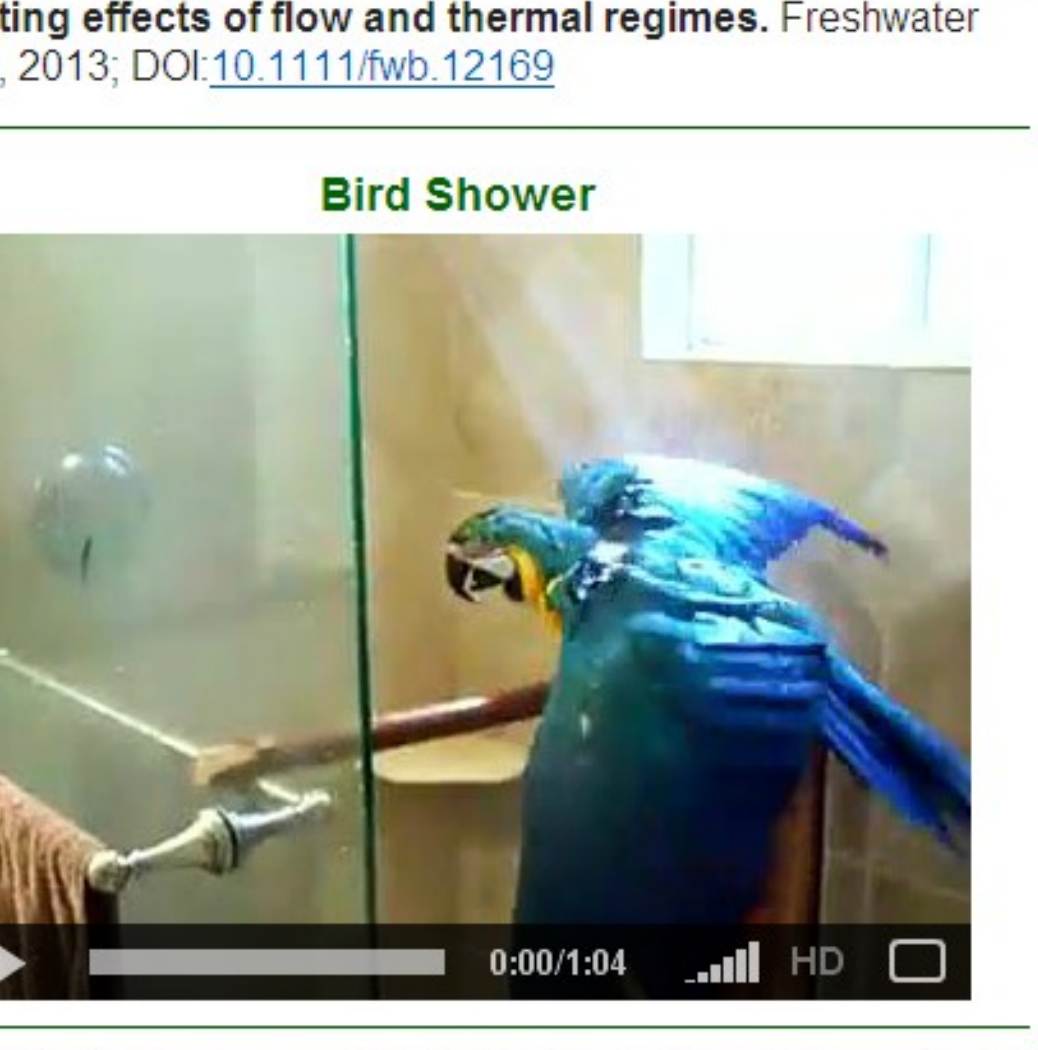
"Stream temperature has a significant effect on spawning opportunities for fish, and cold water released from the bottom of dams may limit the benefits of environment flows," Dr Rolls said.

"The negative impact of this could be minimised by modifying dams so the warmer water from the surface of reservoirs is released rather than from the bottom."

This research was undertaken in conjunction with the New South Wales Office of Water, the Queensland Government and the University of New England.

Robert J. Rolls, Ivor O. Growns, Tariq A. Khan, G. Glenn Wilson, Tanya L. Ellison, Andrea Prior, Caroline C. Waring.**Fish recruitment in rivers with modified discharge depends on the interacting effects of flow and thermal regimes.** Freshwater Biology, 2013; DOI:10.1111/fwb.12169

Bird Shower



Leakage of Carbon from Land to Rivers, Lakes, Estuaries and Coastal Regions Revealed

June 10, 2013 — When carbon is emitted by human activities into the atmosphere it is generally thought that about half remains in the atmosphere and the remainder is stored in the oceans and on land. New research suggests that human activity could be increasing the movement of carbon from land to rivers, estuaries and the coastal zone indicating that large quantities of anthropogenic carbon may be hidden in regions not previously considered.

The research, published in *Nature Geoscience* and led by researchers from the Université Libre de Bruxelles, the University of Exeter, Laboratoire des Sciences du Climat et l'Environnement, the University of Hawai'i and ETH Zürich, has for the first time shown that increased leaching of carbon from soil, mainly due to deforestation, sewage inputs and increased weathering, has resulted in less carbon being stored on land and more stored in rivers, streams, lakes, reservoirs, estuaries and coastal zones - environments that are together known as the 'land-ocean aquatic continuum'.

The study reviewed previously published data and showed that a significant fraction of the carbon emitted through human activity that is taken up by the land is not actually stored there, but in the aquatic continuum.

Pierre Regnier from Université Libre de Bruxelles said: "The budget of anthropogenic CO2 reported by the Intergovernmental Panel on Climate Change (IPCC) currently does not take into account the carbon leaking from terrestrial ecosystems to rivers, estuaries and coastal regions. As a result of this leakage, the actual storage by terrestrial ecosystems is about 40% lower than the current estimates by the IPCC."

The 'land-ocean aquatic continuum', has not previously been considered an important carbon sink. Future assessments of carbon storage must now take into account the surface areas of the land-ocean aquatic continuum to ensure accurate estimation of carbon storage. This will also require an improved knowledge of the mechanisms controlling the degradation, preservation and emissions of carbon along the aquatic continuum to fully understand the impact of human activity on carbon transfer.

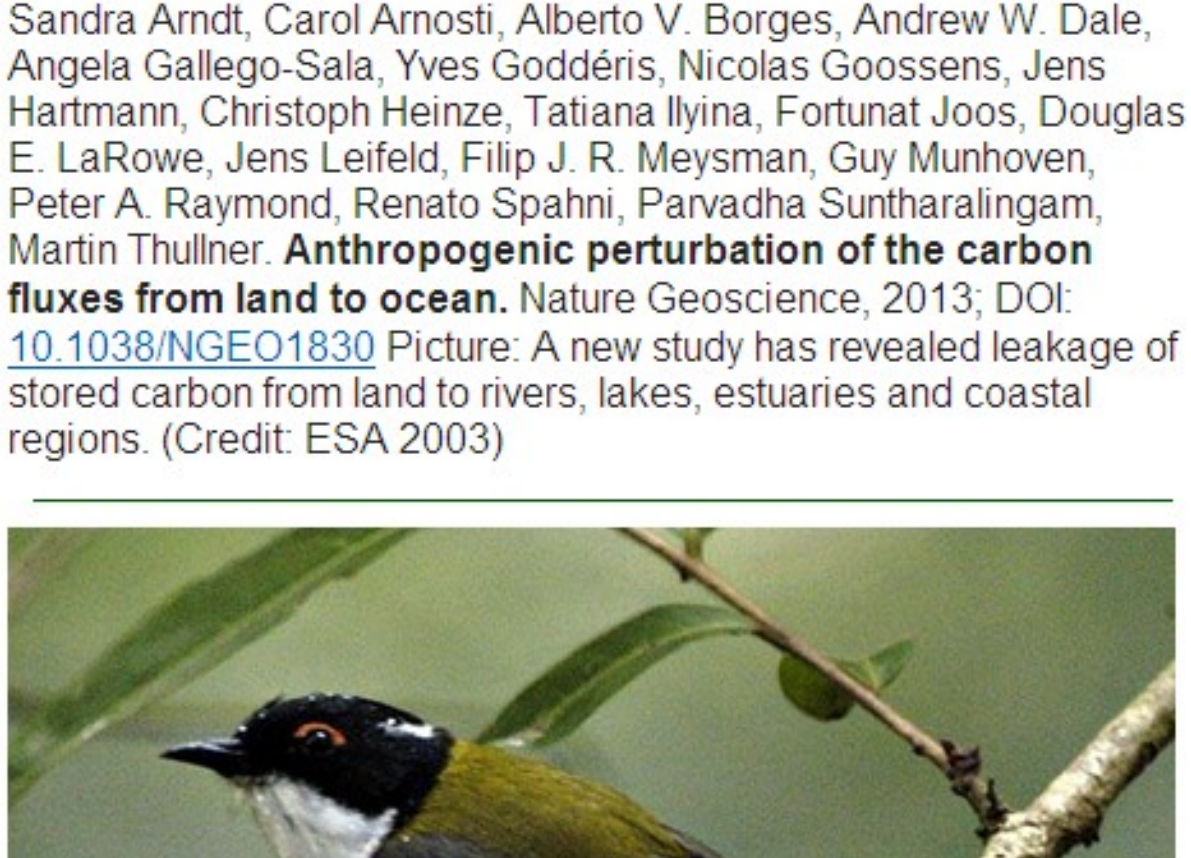
Professor Pierre Friedlingstein from the University of Exeter said: "Carbon storage in sediments in these rivers and coastal regions could present a more secure environment than carbon stored in soil on land. As soil warms up stored carbon can be lost to the atmosphere. The chances of this occurring in wet sediments are reduced."

A fraction of the carbon that leaches from land to the land-ocean aquatic continuum is emitted back to the atmosphere, while another fraction is sequestered in sediments along the continuum. Only a minor part, about 10%, eventually reaches the open ocean.

Philippe Ciais from the Laboratoire des Sciences du Climat et l'Environnement said: "**Our revisited global carbon budget which includes the land-ocean aquatic continuum is still entailed with significant uncertainties. It is however fully consistent with the observed growth rate of atmospheric CO2. Our downward revision of the land carbon storage is also in agreement with very recent results from forest inventories.**"

A significant part of the carbon storage thought to be offered by ecosystems on land - mainly forests - is thus negated by this leakage of carbon from soils to aquatic systems, and to the atmosphere.

Pierre Regnier, Pierre Friedlingstein, Philippe Ciais, Fred T. Mackenzie, Nicolas Gruber, Ivan A. Janssens, Goulven G. Laruelle, Ronny Lauerwald, Sebastiaan Luyssaert, Andreas J. Andersson, Sandra Arndt, Carol Arnosti, Alberto V. Borges, Andrew W. Dale, Angela Gallego-Sala, Yves Goddéris, Nicolas Goossens, Jens Hartmann, Christoph Heinze, Tatiana Ilyina, Fortunat Joos, Douglas E. LaRowe, Jens Leifeld, Filip J. R. Meysman, Guy Munhoven, Peter A. Raymond, Renato Spahni, Parvadha Suntharalingam, Martin Thullner. **Anthropogenic perturbation of the carbon fluxes from land to ocean.** Nature Geoscience, 2013; DOI: 10.1038/NGEO1830 Picture: A new study has revealed leakage of stored carbon from land to rivers, lakes, estuaries and coastal regions. (Credit: ESA 2003)



PITTWATER NATURAL HERITAGE ASSOCIATION INC.

Next PNHA Activity: Sunday 23 June - Birdwatching & monitoring, Warriewood Wetlands: Winter Birds.

Swamp Mahoganies will be in flower attracting many honeyeaters and different species of lorikeets. Meet: 8am at Katoa Close off Garden St Narrabeen ends 11am. Bring: Binoculars, water, morning tea. To Book: P: Kerry Smith 9944 6271 0402 605 721 E: pnhabirdwatching@gmail.com. Photo: White-naped Honeyeater - Neil Fifer

African Starlings: Dashing Darlings of the Bird World in More Ways Than One

June 10, 2013 — It's not going to happen while you're peering through your binoculars, but African glossy starlings change color more than 10 times faster than their ancestors and even their modern relatives, according to researchers at The University of Akron and Columbia University. And these relatively rapid changes have led to new species of birds with color combinations previously unseen, according to the study funded in part by the National Science Foundation and published today in theProceedings of the National Academy of Sciences.

"Many people enjoy bird watching because of all the different, beautiful colors of feathers, but this study gives us a closer look into the story of how these colors came to be, and how they changed over their millions of years of evolution," says Rafael Maia, the study's lead author and a graduate student in the Integrated Bioscience program at UA.

Feathers send messages

Just like bar cruisers who don flashy clothes before a night out, birds use feathers to attract the opposite sex and intimidate the competition.

"The feathers aren't just there for flying," Maia says.

The team of scientists used analysis of microscopic feather structures, spectral color analysis and evolutionary modeling to analyze patterns of evolution in African starlings, a diverse group of primarily brightly colored birds known for their metallic sheens. (By comparison, the European starling - the only starling found in the United States - is a drab creature.)

The researchers focused mainly on the different forms of feather melanosomes, the parts of cells (organelles) that carry the dark pigment melanin. Melanosomes are found in all vertebrates and most typically show up as black, brown or gray. But in birds, melanosomes are sometimes organized in a way that interacts especially with light to create colorful, metallic and often iridescent feathers. The melanosomes of the African starling groups evolved to become especially suited to react with light of various wavelengths, according to the researchers.

The ancestors of today's starlings reached Africa about 17 million years ago. Back then, most likely had simple, rod-like melanosomes that are found in most bird species, according to the study. As the ancient starlings of Africa started to split into new species, new melanosome types began to emerge. Some species retained the ancestral rods, while others shed them for one of three unusual forms of melanosomes: hollow rods, solid flattened rods and hollow flattened rods.

New shapes, new colors

Some of the nearly 10,000 species of birds in the world also have some of these modified melanosomes, but - as a group - African starlings are the only birds to have all four types among them.

"With the appearance of these new shapes comes new ways of interacting with light, and a whole range of colors that these birds could never have made before can now be produced in their feathers," says Maia.

These African Starlings didn't just leave their simple bland relatives behind slowly. When they took on the new melanosome types, they began to sport spiffier plumage more than 10 times faster than their kin.

"Evolving these new melanosomes was like inventing the wheel for these birds - it allowed starlings to reach new colors at an incredibly fast rate," says Matt Shawkey, co-author of the study and UA associate professor of biology and integrated bioscience.

Similar key evolutionary patterns have been found in the jaws of African fishes and the beaks of finches that allow them to adapt rapidly to explore new food sources. But it's not quite the same, the researchers says.

"Bright colors don't help you get a meal - and they certainly don't help hide you from a predator," says Shawkey.

Feathers aid courtship

"Feather coloration is very important in African starlings because it is used to signal quality and dominance when competing for mates," says study co-author Dustin Rubenstein, assistant professor in the Department of Ecology, Evolution and Environmental Biology at Columbia University in New York. They help establish dominance and rank in females and males, an earlier Rubenstein study showed.

"And since birds of a feather flock together and all that," says Shawkey, new colors may enable new social groups to form quickly and halt breeding with the rest of the population. Alternatively, bird populations may diverge because of physical barriers such as mountains, and new colors may help keep them separated when the two populations meet again. Either of these processes could lead to the birth of a new species, and may explain why the more colorful starlings, with modified melanosomes and their fast-evolving color palette, also form new species more readily.

"Like some other classic evolutionary innovations, these elaborate ornaments seem to have promoted diversification at a relatively fast rate," says Maia. "However, they do so not by allowing you to eat something new, but just by changing your look."

Rafael Maia, Dustin R. Rubenstein, and Matthew D. Shawkey. **Key ornamental innovations facilitate diversification in an avian radiation.** PNAS, June 10, 2013 DOI: 10.1073/pnas.1220784110 Picture Credit: Sarah Guindre-Parker, Columbia University

PITTWATER NATURAL HERITAGE ASSOCIATION INC.

What Does PNHA do?

On-ground bush regeneration. eg: Asparagus Fern Out Days
Activities: guided walks, bird-watching
Quaterly informative newsletter, online or paper
Members email group for leaset environmental news and events
AGM with Guest Speaker
Free advice for members on managing gardens for Native Vegetation and fauna habitat
Lobbies Pittwater Council and State Government on inappropriate management practices and development
Provides support to Council for PNHA-approved grant applications for environmental projects
Publications: Introductory Field Guide to Birds of Warriewood Wetlands & Irrawong Reserve, $20.00rrp, attractive cards with photos of Pittwater scenes, flora and fauna $2.00

Email: pnhainfo@gmail.com **Or click on Logo to visit website.**
PROFILE

growing together
Pittwater Community Gardens

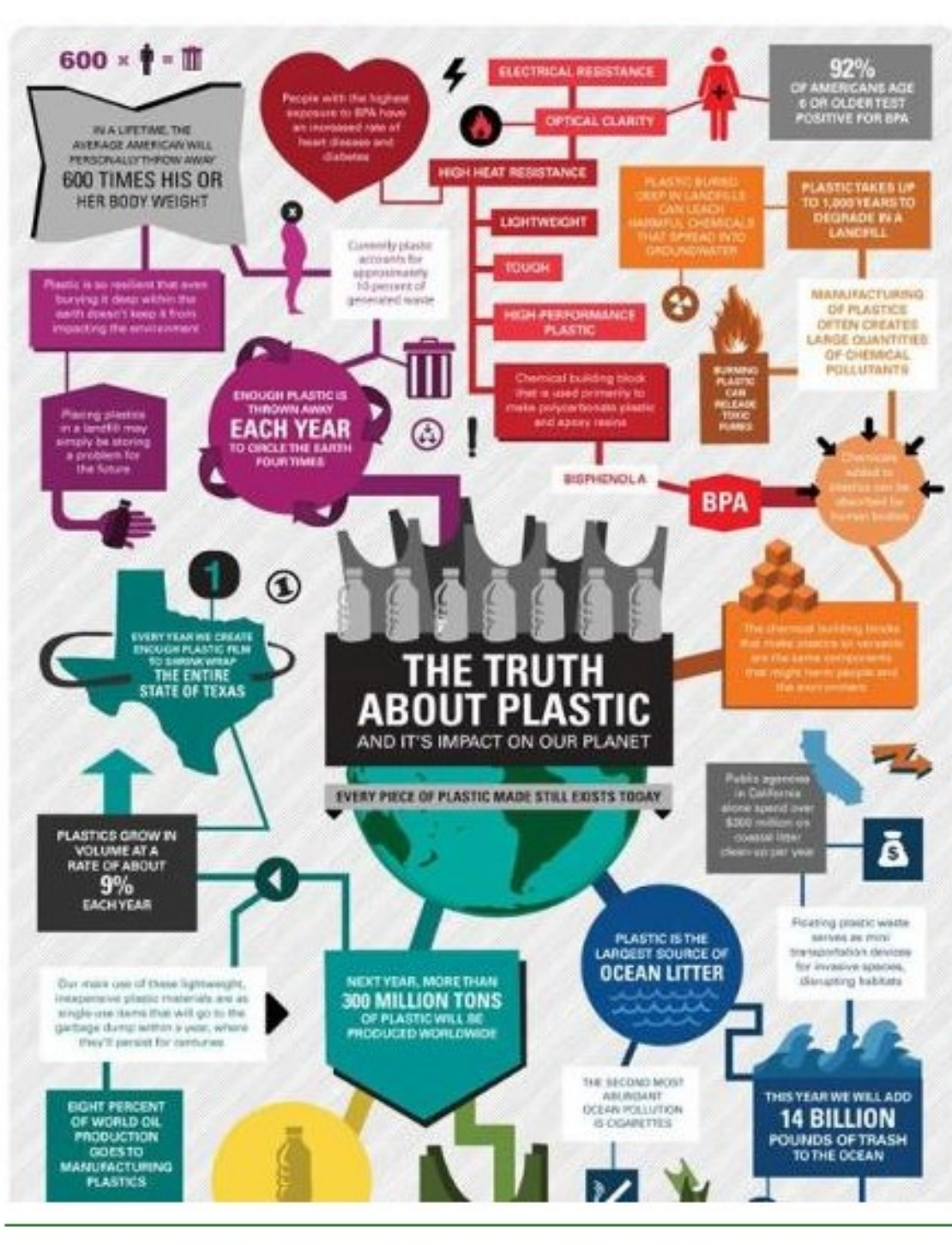
Community Gardens bring people together and enrich communities. They build a sense of place and shared connection.

Pittwater Community Gardens is a community led initiative to create accessible food gardens in public places throughout the Pittwater area. Our aim is to share skills and knowledge in creating fabulous local, organic food. But it's not just about great food. We also aim to foster community connection, stimulate creative ideas for community resilience and celebrate our abundance. Open to all ages and skills, our first garden is on the grounds of Barrenjoey High School (off Tasman Road). Become part of this exciting initiative to change the world locally.

www.pcga.org.au Contact us info@pcg.org.au or Visit us at facebook.com/pcga.org; image artwork: www.gravey.com

Australian Native Foods website:
http://www.anfil.org.au/

Plastic Facts


THE TRUTH ABOUT PLASTIC
AND IT'S IMPACT ON OUR PLANET
EVERY PIECE OF PLASTIC MADE STILL EXISTS TODAY
600 TIMES HIS OR HER BODY WEIGHT
ENOUGH PLASTIC IS THROWN AWAY EACH YEAR TO CIRCLE THE EARTH FOUR TIMES
92% OF AMERICANS AGE 6 OR OLDER TEST POSITIVE FOR BPA
BPA
ELECTRICAL RESISTANCE
OPTICAL CLARITY
HIGH HEAT RESISTANCE
LIGHTWEIGHT
TOUGH
HIGH-PERFORMANCE PLASTIC
BISPHENOL A
THE ENTIRE STATE OF TEXAS
PLASTICS GROW IN VOLUME AT A RATE OF ABOUT 9% EACH YEAR
NEXT YEAR, MORE THAN 300 MILLION TONS OF PLASTIC WILL BE PRODUCED WORLDWIDE
PLASTIC IS THE LARGEST SOURCE OF OCEAN LITTER
EIGHT PERCENT OF WORLD OIL PRODUCTION GOES TO MANUFACTURING PLASTICS
THIS YEAR WE WILL ADD 14 BILLION POUNDS OF TRASH TO THE OCEAN

Avalon Dunes Bushcare

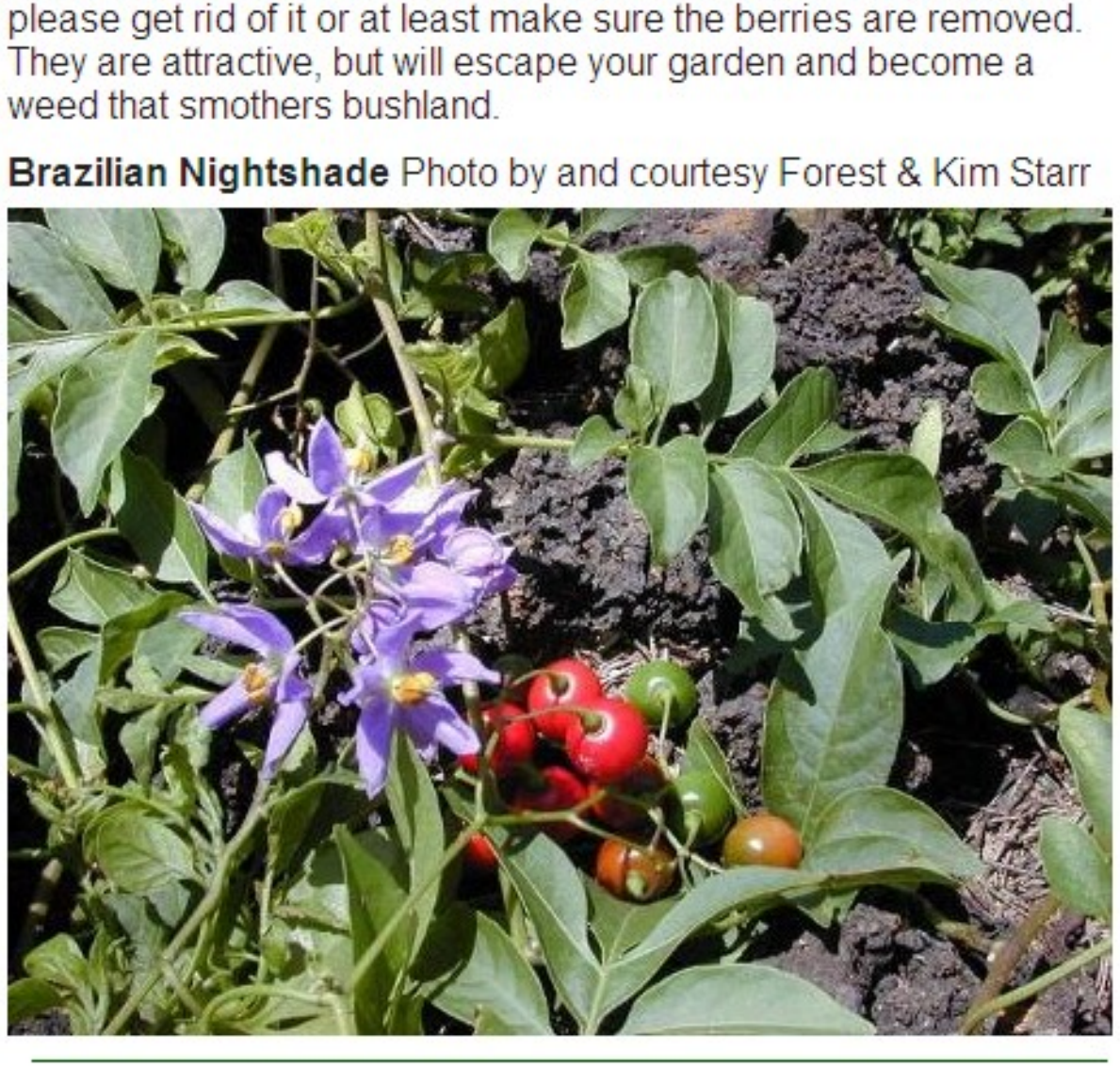
Avalon Dunes bushcarers are back in action. After working on the dunes for 20 years, they took a break. But the weeds came back.

We meet on the **first Sunday of each month**, starting at **8.30 and currently meeting near the Montessori school corner**. Next meeting **Sunday July 6.**

Weeds we are tackling are: Asparagus Fern, Bitou etc and a climber that has become a recent problem, **Brazilian Nightshade, *Solanum seaforthianum.***

This garden plant has clusters of blue flowers followed by red berries, spread by birds or possums. If you have it in your garden please get rid of it or at least make sure the berries are removed. They are attractive, but will escape your garden and become a weed that smothers bushland.

Brazilian Nightshade Photo by and courtesy Forest & Kim Starr



LIghtning!

Save Pittwater.com People for Pittwater.com.au

FREE
The Avalon Tattoo
DUNBAR PARK - SATURDAY JUNE 15
BANDS - CONCERTS - DISPLAYS
SavePittwater.com

Iron Fertilization, Process of Putting Iron Into Ocean to Help Capture Carbon, Could Backfire

June 12, 2013 — A new study on the feeding habits of ocean microbes calls into question the potential use of algal blooms to trap carbon dioxide and offset rising global levels.

These blooms contain iron-eating microscopic phytoplankton that absorb CO2 from the air through the process of photosynthesis and provide nutrients for marine life. But one type of phytoplankton, a diatom, is using more iron that it needs for photosynthesis and storing the extra in its silica skeletons and shells, according to an X-ray analysis of phytoplankton conducted at the U.S. Department of Energy's Argonne National Laboratory. This reduces the amount of iron left over to support the carbon-eating plankton.

"Just like someone walking through a buffet line who takes the last two pieces of cake, even though they know they'll only eat one, they're hogging the food," said Ellery Ingall, a professor at the Georgia Institute of Technology and co-lead author on this result. "Everyone else in line gets nothing; the person's decision affects these other people."

Because of this iron-hogging behavior, the process of adding iron to surface water - called iron fertilization or iron seeding - may have only a short-lived environmental benefit. And, the process may actually reduce over the long-term how much CO2 the ocean can trap.

Rather than feed the growth of extra plankton, triggering algal blooms, the iron fertilization may instead stimulate the gluttonous diatoms to take up even more iron to build larger shells. When the shells get large enough, they sink to the ocean floor, sequestering the iron and starving off the diatom's plankton peers.

Over time, this reduction in the amount of iron in surface waters could trigger the growth of microbial populations that require less iron for nutrients, reducing the amount of phytoplankton blooms available to take in CO2 and to feed marine life.

While scientists have known for a long time that phytoplankton use iron to fuel the process of photosynthesis, there are gaps in their understanding of how this iron cycling process works. Those gaps led scientists to miss how large an amount of iron was getting trapped in those sinking skeletons and removed permanently from the food chain. X-ray studies at the Advanced Photon Source at Argonne gave scientists a way to measure the ratio of iron and silica in the plankton and surface water.

"Being able to use X-rays and see the element content of individual microscopic phytoplankton has completely altered our perspective on how these organisms use iron and how that could affect CO2 levels," Ingall said.

In the paper "**Role of biogenic silica in the removal of iron from the Antarctic seas**" published June 10 in the journal *Nature Communications*, scientists conservatively estimate that 2.5 milligrams of iron annually is removed from every square meter of surface water in the Ross Sea and sequestered in silica skeletons on the ocean floor. This is roughly equivalent to the total amount of iron deposited annually into the Ross Sea surface through snow melt, dust and upwelling of seawater.

The same process may be occurring in the Southern Ocean and having a greater impact there, because this region dictates the nutrient mix for the rest of the world's oceans through migratory current patterns.

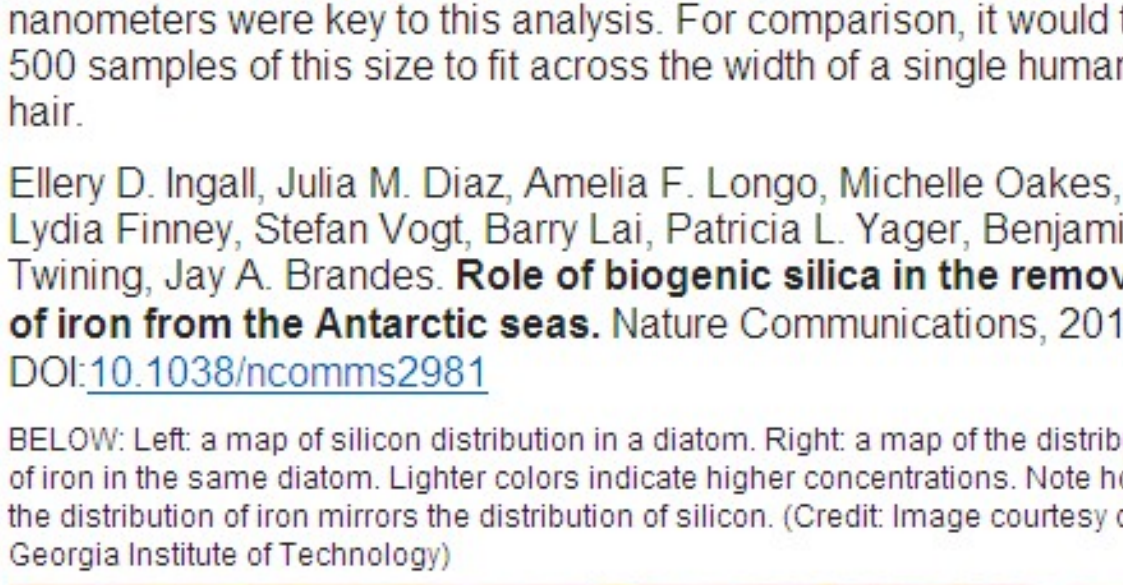
More study is needed to know just how much iron is used to make the silica skeletons and how much gets trapped on the ocean floor, the researchers said.

"This gap in our knowledge, combined with renewed interest in iron fertilization as an approach to the current climate crisis, makes it crucial that we have an improved understanding of iron cycling in marine systems," Ingall said.

Measurements of iron and silicon content in silica from living phytoplankton collected in the coastal seas of West Antarctica was derived through X-ray analysis on beamlines 2-ID-D and 2-ID-E at the Advanced Photon Source using microscopy and fluorescence techniques. High-resolution imaging, chemical identification and the ability to focus X-rays on an ultra small area of about 200 by 200 nanometers were key to this analysis. For comparison, it would take 500 samples of this size to fit across the width of a single human hair.

Ellery D. Ingall, Julia M. Diaz, Amelia F. Longo, Michelle Oakes, Lydia Finney, Stefan Vogt, Barry Lai, Patricia L. Yager, Benjamin S. Twining, Jay A. Brandes. **Role of biogenic silica in the removal of iron from the Antarctic seas.** Nature Communications, 2013; 4 DOI:10.1038/ncomms2981

BELOW: Left: a map of silicon distribution in a diatom. Right: a map of the distribution of iron in the same diatom. Lighter colors indicate higher concentrations. Note how the distribution of iron mirrors the distribution of silicon. (Credit: Image courtesy of Georgia Institute of Technology)



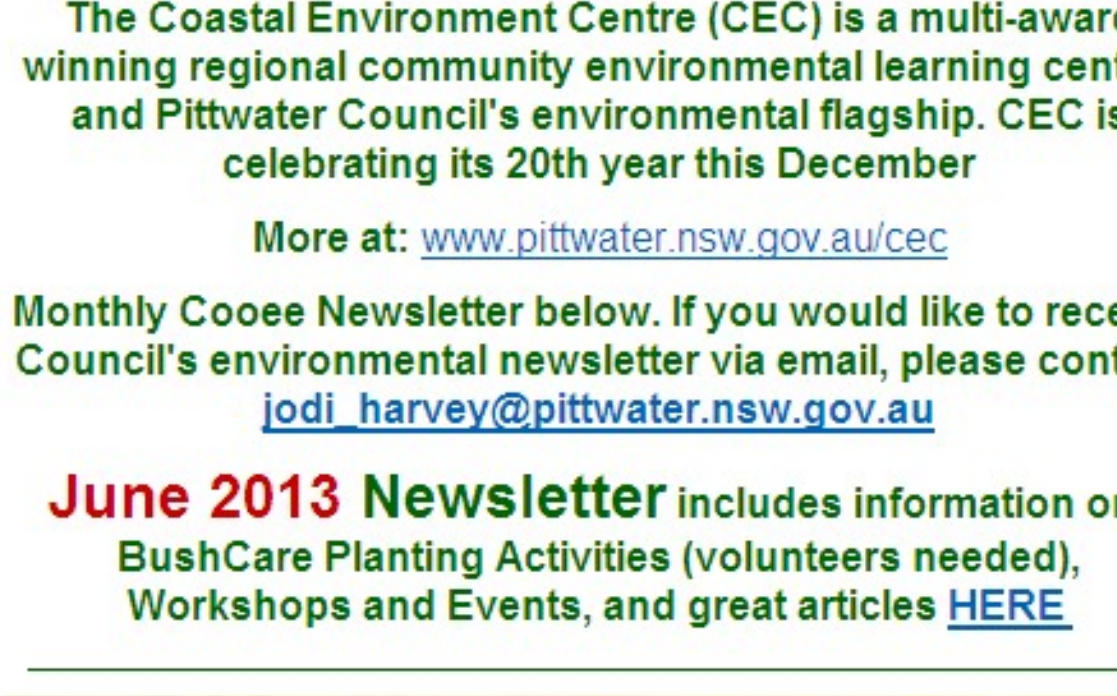
Coastal Environment Centre

The Coastal Environment Centre (CEC) is a multi-award winning regional community environmental learning centre, and Pittwater Council's environmental flagship. CEC is celebrating its 20th year this December

More at: www.pittwater.nsw.gov.au/cec

Monthly Cooee Newsletter below. If you would like to receive Council's environmental newsletter via email, please contact jodi_harvey@pittwater.nsw.gov.au

June 2013 Newsletter includes information on: BushCare Planting Activities (volunteers needed), Workshops and Events, and great articles HERE



Botany Online

From their 'about us' page:

BOTANY Online - The Internet Hypertextbook

.....all that students are eager to know ! BOTANY online discovers the world of the internet for teaching. We invite all of you, especially all those botanists, biologists, computer scientists, teachers and students out there to contribute. BOTANY online is open for all kinds of changes and supplements ....your participation keeps it alive! **Botany Online** CONTENTS PAGE

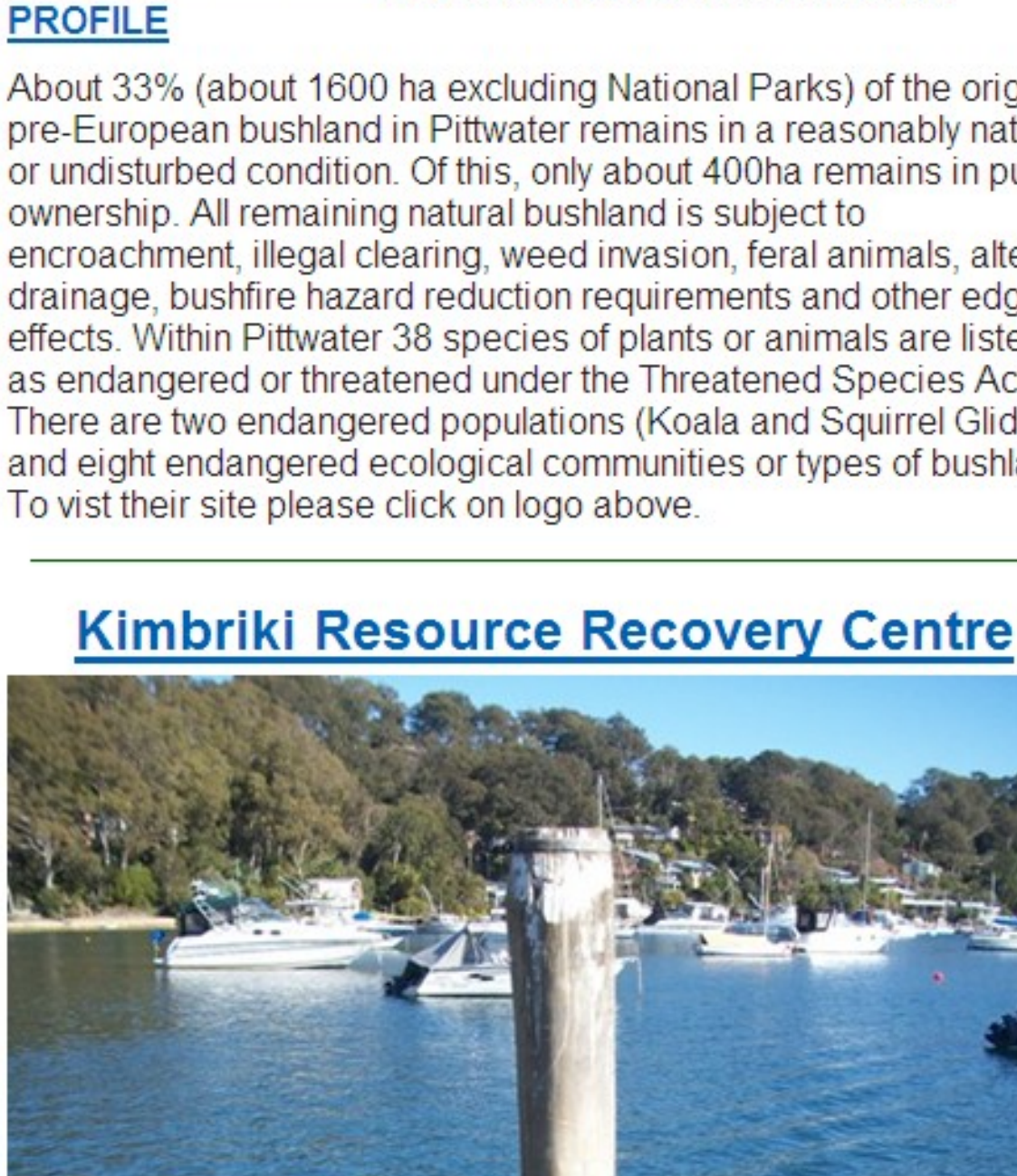
Above, from this website: *Puffinus puffinus* - **Manx petrel** *Puffinus griseus* - Dark PetrelNaumann, NATURAL HISTORY OF BIRDS OF CENTRAL EUROPE: Volume XII, Table 4 - Gera, **1903**. Digital Editing: Peter Seng v. Bus

Pittwater's Environmental Foundation

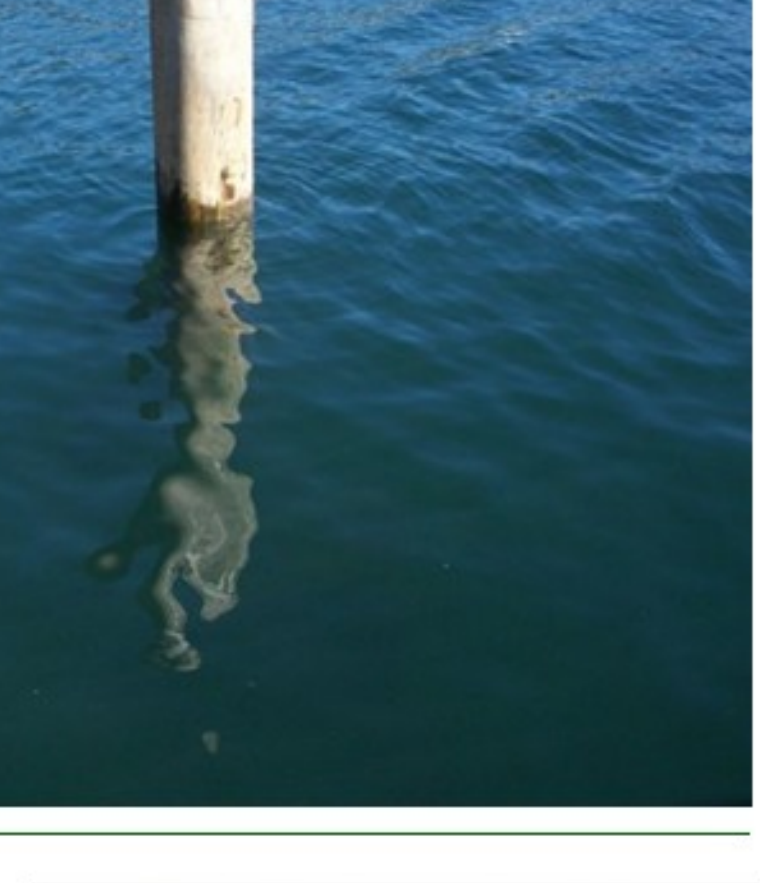
Pittwater Environmental Foundation was established in 2006 to conserve and enhance the natural environment of the Pittwater local government area through the application of tax deductible donations, gifts and bequests. The Directors were appointed by Pittwater Council. Our PROFILE

About 33% (about 1600 ha excluding National Parks) of the original pre-European bushland in Pittwater remains in a reasonably natural or undisturbed condition. Of this, only about 400ha remains in public ownership. All remaining natural bushland is subject to encroachment, illegal clearing, weed invasion, feral animals, altered drainage, bushfire hazard reduction requirements and other edge effects. Within Pittwater 38 species of plants or animals are listed as endangered or threatened under the Threatened Species Act. There are two endangered populations (Koala and Squirrel Glider) and eight endangered ecological communities or types of bushland. To vist their site please click on logo above.

Kimbriki Resource Recovery Centre



Antarctic Ocean Alliance


WITHOUT OCEANS LIFE ON EARTH CAN NOT EXIST
Join The Watch
www.antarcticocean.org

In july the Commission for the Conservation of Antarctic Marine Living Resources will meet in Germany to revisit their commitment to establish the largest network of marine reserve in the world around Antarctica.

If you want the meeting in Germany to be a success, ask your friends and family to sign our petition:

www.antarcticocean.org.

CLIMATE ACTION PITTWATER

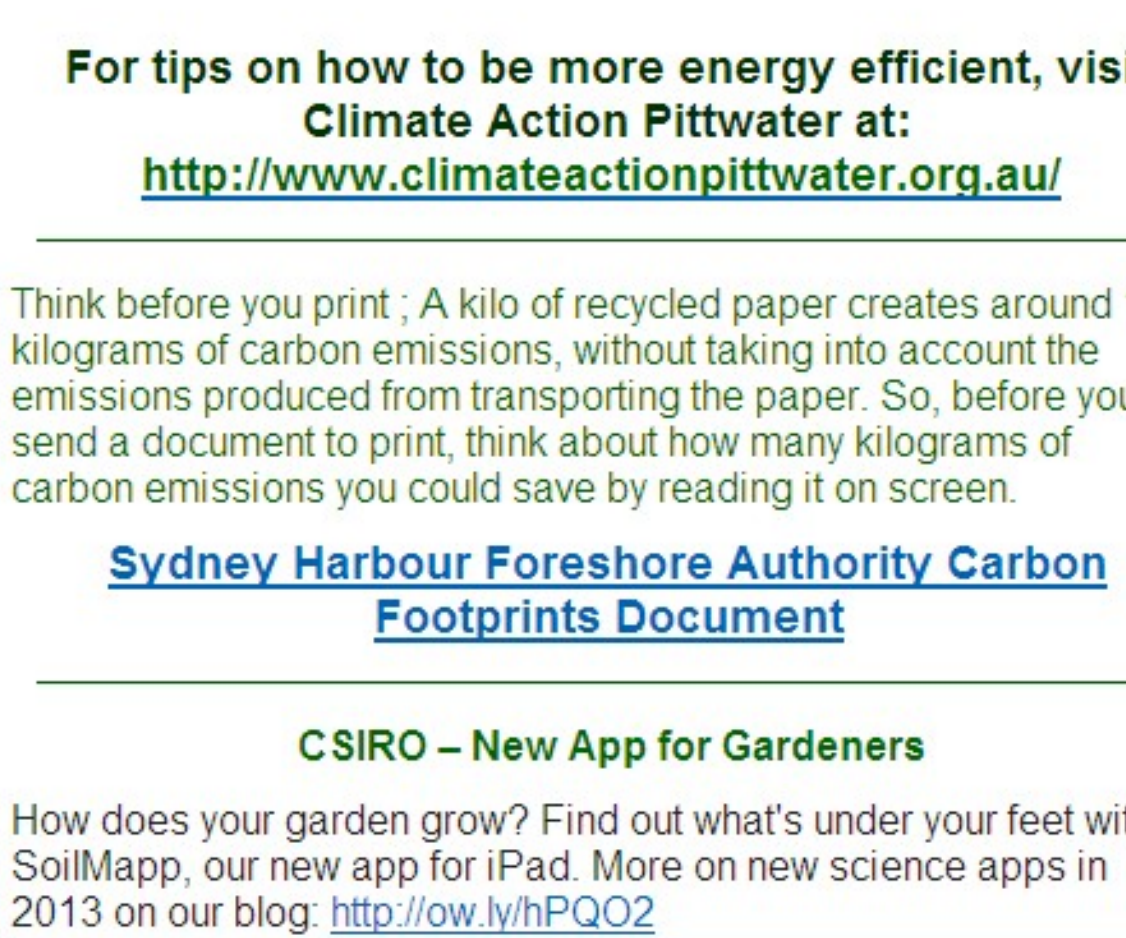
For tips on how to be more energy efficient, visit Climate Action Pittwater at:
http://www.climateactionpittwater.org.au/

Think before you print ; A kilo of recycled paper creates around 1.8 kilograms of carbon emissions, without taking into account the emissions produced from transporting the paper. So, before you send a document to print, think about how many kilograms of carbon emissions you could save by reading it on screen.

Sydney Harbour Foreshore Authority Carbon Footprints Document

CSIRO – New App for Gardeners

How does your garden grow? Find out what's under your feet with SoilMapp, our new app for iPad. More on new science apps in 2013 on our blog: http://ow.ly/hPQO2



PITTWATER COUNCIL

ONLINE BIODIVERSITY CALENDAR A FIRST

Pittwater Council has launched a unique online calendar designed to educate the community about the coastal environment, based on traditional Aboriginal knowledge. The calendar, which is web-based, works through hundreds of images of coastal native birds, animals and plants. Many of the images were provided by local residents and collated by staff from the Council's Coastal Environment Centre at North Narrabeen.

The calendar has been coordinated by Pittwater Council on behalf of the Pittwater, Hornsby and Gosford communities and was funded by a $50,000 grant from the Hawkesbury Nepean Catchment Management Authority, through the federal government's Caring for Country grant program. Representatives of the D'harawal people have provided their knowledge for descriptions of some of the images and the Guringai, Darkinyung and Darug people are also providing input into the calendar. Other information in the calendar includes details of environmental events and community groups, weather patterns and hazards to the environment, such as weed species. The calendar can be viewed at www.pittwater.nsw.gov.au/environment/biocalendar

To submit photos for the biodiversity calendar email cec@pittwater.nsw.gov.au

Birdlife Australia - New Website and Quarterly Magazine

Birdlife Australia has begun a quarterly magazine which is available online at: www.birdlife.org.au/australian-birdlife

This organisation, which has been going for over a century now, have been a leading authority and advocate for the protection of Australia's birds, achieved by combining scientific research, nationwide surveys, targeted actions and other activities to create real and positive outcomes. They state that over 200 species of birds in Australia are considered threatened at present. Visit their new website, have a look at all the information collated, and see if you could help them out as a volunteer or donor.

So many fish, one great map-

From identifying what's on the end of your fishing line, to finding out which fishes occur in your local waters, FishMap has the answers. FishMap is a free online mapping tool that allows anyone interested in fish to discover which fish species occur at any location or depth throughout the marine waters of Australia's continental shelf and slope. FishMap also lets people create regional illustrated species lists for almost all of Australia's marine fishes, detailed with photographs and illustrations, distribution maps and current scientific and common names. FishMap was developed by CSIRO's Wealth from Oceans Flagship and the Atlas of Living Australia.

FishMap was officially launched on Tuesday 26 February 2013 and is available on the Atlas of Living Australia website: http://fish.ala.org.au

Top: FishMap on the Atlas of Living Australia provides the geographical and depth ranges of some 4500 Australian marine fishes, including the Clown Triggerfish (Balistoides conspicillum).

Tweet | Like | +1

"I bind myself today to the power of Heaven, the light of the sun, the brightness of the moon, the splendour of fire, the flashing of lightning, the swiftness of wind, the depth of the sea, the stability of the earth, the compactness of rocks." - from the Prayer of Saint Patrick

Pittwater Online News

June 16 - 22, 2013: Issue 115

Pear – Packham's Triumph

Early winter is when we see the crop of Packham pears arrive in urban areas. This wonderful Australian cultivar, developed in rural NSW, is firm enough to use as is in salads and works well as a dessert essential as it is able to hold its shape. They are bursting with vitamin C, loaded with fibre and low in calories if you want a sweet treat without piling on winter weight.

Pear, Parmesan and Rocket salad

Ingredients
50g (1/2 bunch) rocket, trimmed
1/2 small green oakleaf lettuce, washed, dried
50g piece Parmesan, shaved
40g (1/3 cup) walnut pieces
2 tbs chopped fresh chives
1 (about 300g) ripe pear (like beurre bosc, packham or williams)
Dressing
2 tbs olive oil
1 tbs cider vinegar
Salt & ground black pepper, to taste

Dressing: place the olive oil and vinegar in a small bowl. Season with salt and pepper and whisk to combine.
Place the rocket, lettuce, Parmesan, walnuts and chives in a large bowl. Peel, quarter and core the pear. Slice each quarter into four. Add to the salad with the dressing and toss well. Serve immediately.

Warm sticky pear cake

Ingredients
Nutrition
150g (1 cup) dried pitted dates
250ml (1 cup) boiling water
1 tsp bicarbonate of soda
215g (1 cup) caster sugar
180g butter, at room temperature
1 egg
225g (1 1/2 cups) self-raising flour
1 tsp ground cinnamon
3 Packham pears, peeled, cored, cut into 2cm pieces
185ml (3/4 cup) pouring cream
200g (1 cup, firmly packed) brown sugar

Preheat oven to 180°C. Line a round 22cm (base measurement) cake pan with non-stick baking paper. Coarsely chop the dates and place in a heatproof bowl. Add the water and bicarbonate of soda. Set aside to cool. Use a fork to coarsely mash.
Use an electric beater to beat the caster sugar and 125g of the butter in a bowl until pale and creamy. Beat in the egg. Sift the flour and cinnamon over the egg mixture. Add the date mixture and pear. Use a large metal spoon to fold until well combined. Pour into the lined pan. Bake for 1 hour 10 minutes or until a skewer inserted into the centre comes out clean.
Place the cream, brown sugar and remaining butter in a small saucepan over medium heat. Cook, stirring, for 5 minutes or until well combined.
Slice the cake and drizzle over the warm toffee sauce to serve.

Packham's triumph – the Australian Pear

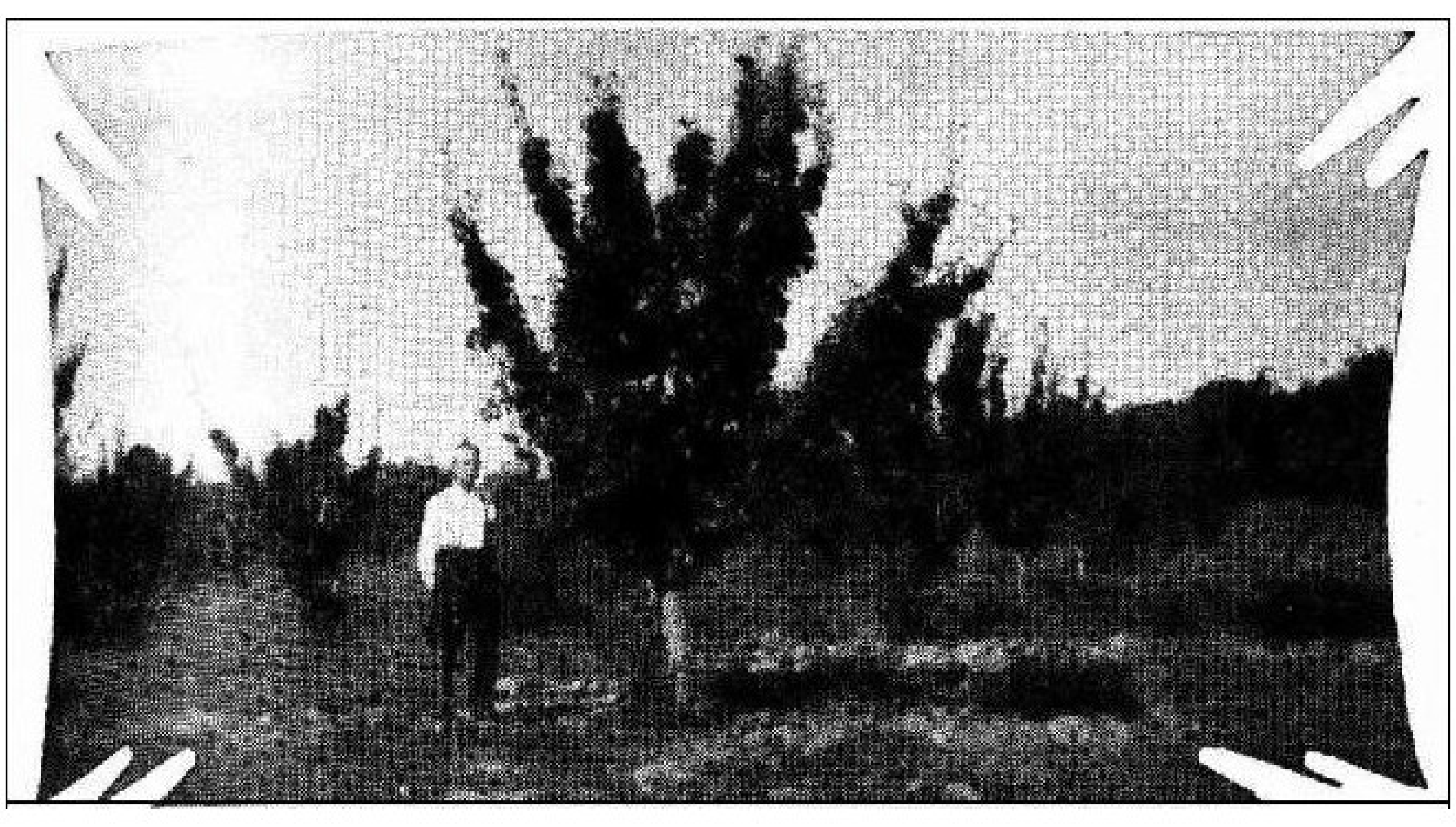
A Paragon Pear. Molong - Monday.-Mr. Charles Packham, an enthusiastic orchardist at Garra, has achieved much success at recent shows with a new pear propagated by him, which last year the Agricultural Department recommende him to call "Packham Triumph." 'He recently forwarded more samples to the department, on which Mr. Allen, fruit expert, reports: "This is without exception the best pear I have ever seen, and is well named Packham's Triumph. It is a triumph in pear culture, the flavour being quite unique-a beautiful sugary flavour, yet sufficiently tart to prevent it becoming insipid-melting, juicy, and pleasantly perfumed." A Paragon Pear. (**1901, May 18**). *Goulburn Evening Penny Post*(NSW : 1881 - 1940), p. 6. Retrieved from http://nla.gov.au/nla.news-article98726178

THE PACKHAM TRIUMPH PEAR.

Mr. C. H. Packham, of Garra, near Molong, has received an order from Mr. Luther Burbank, of the United States, for some grafting wood of his famous Packham's Triumph pear, declared by Australian fruit experts to be the best variety known. Mr. Burbank has written that he is much interested in the pear in question. THE PACKHAM TRIUMPH PEAR. (**1906, September 26).** *The Farmer and Settler* (NSW : 1906 - 1957), p. 5. Retrieved from http://nla.gov.au/nla.news-article109686071

Historic Molong ORCHARD that gave to the WORLD a New and DELICIOUS PEAR

By James Fraser.



THE ORIGINAL PACKHAM'S TRIUMPH PEAR TREE, in the old orchard on Mr. S. W. Packham's property at Garra near Molong. It was here that the late Charles Henry Packham carried out his successful experiments in cross-pollination. Photo courtesy S.W.Packham.

THE orchards surrounding the little village of Garra, in the Molong district of central western New South Wales, were the scene of extensive experiments in the hybridisation of fruits during the nineties of the last century. A large measure of success attended the efforts of at least one resident of that district—Mr. Charles Henry Packham, who had been specialising in the pollination and cross-pollination of pears, but little did he think when he evolved what was later to be known as Packham's Triumph, that his name would be perpetuated throughout the civilised world by the popularity of this delicious fruit.

CHARLES HENRY PACKHAM, who died in 1909, at the age of 67years, was born in the Parramatta district, his father being one of the pioneer settlers, and the subject of this article spent a life-long association with primary production, principally in the Molong district.
Eventually, he purchased "Clifton," Garra, where he at first conducted general farming operations. There was a small orchard on the property, in which he began to take a keen interest, and started experimenting along original lines; he was an intelligent experimentalist with an ideal, but his methods were not those which lead to great financial success-rather those of one who delights to give something new and better to his fellow man, without thought of reward.

IN 1895 came the great success of his work in this direction, following the pollination of the Eusdale St. Germain (sometimes called the Bell)pear with the Williams' Bon Chretien. From this pear (which contained from five to seven seeds) seedlings were planted out, until, at his death in 1909, there were 20,000 seedlings on his Garra property. The seedlings were planted out one foot apart in rows, with six feet between the rows. The idea was that every sixth tree in the row was to be the main tree; he would take buds from each tree for the main, and the rest of the work he would leave to nature to complete.

HIS enthusiasm for this work was so great that he was experimenting continuously along new lines in quest of something new.
On one occasion, he exhibited at the Sydney Royal Show a pear tree about three feet high, bearing fruit. This he obtained by selecting a short upright limb of a Bell pear tree, inserting the limb in a hole cut in a piece of timber, so that the board would fit snugly near the joint, grafting roots on the limb above the board, placing a metal container similar in shape to an inverted bucket, filled with soil, around the roots, and at an opportune time, cutting the limb off the main tree. This limb had, of course, been budded previously with Triumph.
From the first crop of Triumphs, samples were sent to Mr. W. J. Allan, fruit expert of the Department of Agriculture, who reported that it was the best pear he had ever tasted; in fact, he said, "they are unique."

Mr. Packham received many requests for trees, and these were propagated and disposed of to Government Experimental farms. Some were sent to Tasmania, and later placed on the market by nurserymen.

HIS enthusiasm did not abate, and shortly afterwards another pear, which bore the name of Packham's Late, was produced. The fruit of this is larger than that of the Triumph, and longer in shape, being also of a lighter green in colour. This, however, did not catch the public's fancy to the same ' extent as the Triumph, taking too long to ripen, and were mostly sold for cooking purposes. These two varieties are still regarded as among the best pears for cold storage purposes.

Unfortunately, there is no record of how the Packham's Late was originally produced. Still another variety was evolved in Packham's Autumn Nella, which is similar to the Winter Nella in flavour, but a little longer in shape and a midseason pear; this variety did not goon to the market, but in the old orchard there still remains a tree of Packham's Autumn Nella in full bearing. The only fertiliser used during the experiments was stable manure.

MR. S. W. PACKHAM, a son of our experimenter, still lives in the Molong district, where he is interested in fruit-growing. He is also interested in public affairs, and is an alderman of the Molong Municipality, president of the local Fruitgrowers' Association, and secretary of the Copper Hill Agricultural Bureau, while it is only natural that his opinions in matters appertaining to fruit-growing should be held in respect.

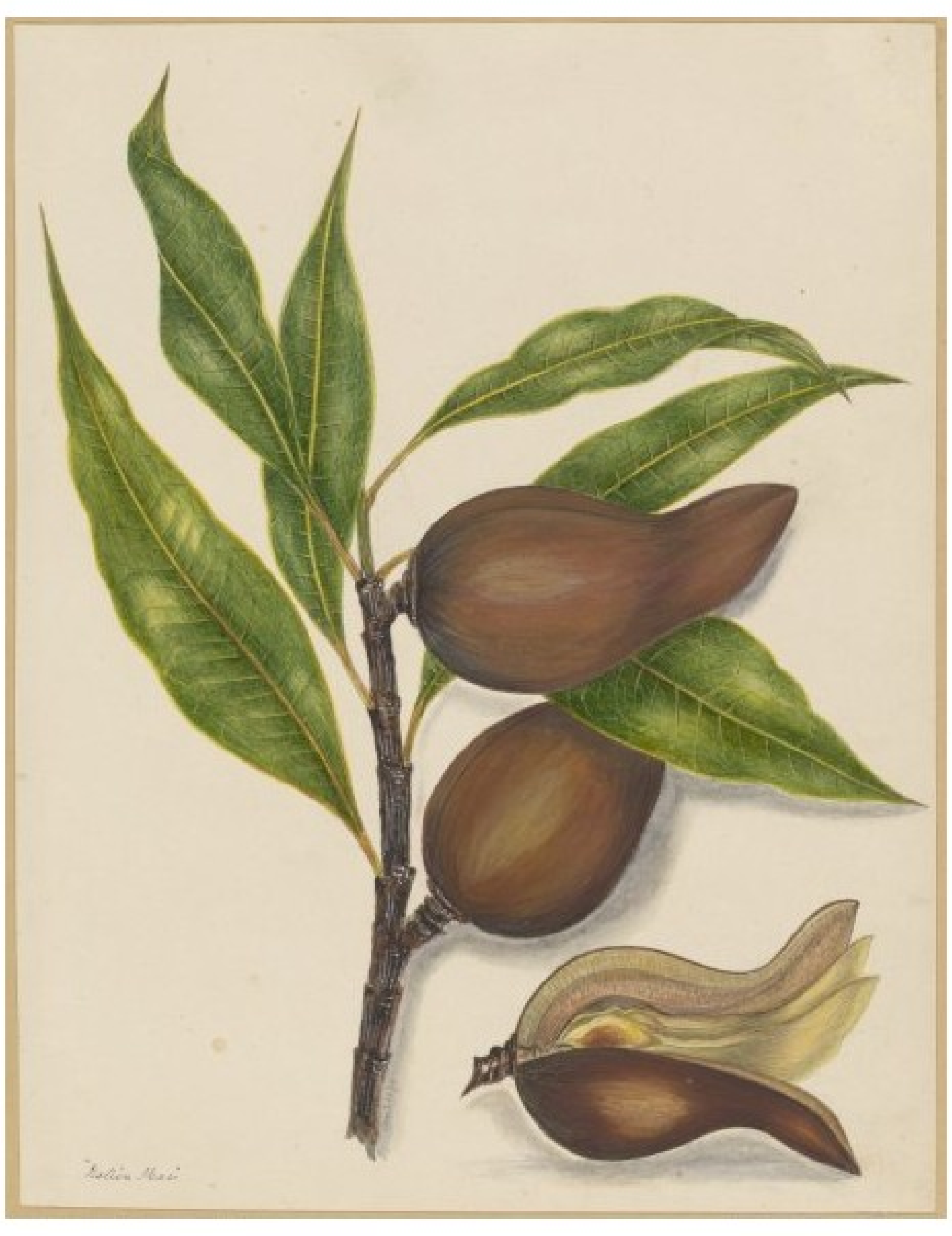
It is interesting to note that the orchard at Garra is practically all good sandy loam, with a westerly aspect, which Mr. Packham does not consider a disadvantage, and assertsthat he can grow anything in the nature of pome fruit and oranges and lemons on the high lands. "We take no notice of the situation now," he says. "As. long as the soil and the climate are suitable, anything will grow well."
He is of the opinion that there is no set limit to the useful life of a pear tree, so long as it is healthy. He has had pear trees which were put in over fifty years ago, and they were growing vigorously and cropping heavily until about eight years ago, when the orchard was grubbed, as the trees were a nuisance owing to the prevalence of so many pests, and the trees were on good land that could be used to better advantage. He is now raising a quantity of Late and Triumph seedlings to graft or bud to form another orchard on this area.

THE original Triumph tree was destroyed about eighteen years ago. In fact, Mr. S. W. Packham, who was away from the district for about, five years, on his return did not agree with the raising of so many, seedlings, and later grubbed them all out, including the those in which- his father, met with greatest success in cross-pollinating and evolving the new strains and discoveries.
Official figures show that the Packham's Triumph is the second most popular pear among growers in this State, there being in 1928 a total of 123,000 Williams and 72,000 Packham's Triumph trees.

The Department of Agriculture, owing to complaints of bad setting of the fruit, particularly in tableland districts, conducted a five years' test, and arrived at the conclusion that the lack of cross-pollination was the main cause of the trouble. In this regard, Mr. Packham states that there has never been any cause for complaint so far as the Garra district is concerned. The officers of the Department report that that they were led to the conclusion from their extensive experiments, that Williams' prove an efficient pollinator for the Triumph, but that it commenced blossoming a little later.

Of the varieties tested, Josephine de Malines, Baronne de Mello and Beurre Superfine usually blossom at the same time as the Triumph, and from this viewpoint they were most satisfactory for interplanting than Williams, Josephine being the first choice, as it is the best commercial variety, but to ensure the most satisfactory pollination in a commercial orchards, it was suggested that there should be at least two pollinating varieties, and at least one hive of bees to each acre to ensure a maximum transference of pollen. Historic Molong ORCHARD that gave to the WORLD a New and DELICIOUS PEAR. (**1933, September 1**). *The Land*(Sydney, NSW : 1911 - 1954), p. 9. Retrieved from http://nla.gov.au/nla.news-article104243760

THE WOODY PEAR.



At its last meeting the council of the Wild Life Preservation Society of Australia decided to request the Government to add the plant known as Woody Pear Xylomelum to the schedule of protected flowers and plants under the Wild Flowers and Native Plants Protection Act. Great concern was expressed at the rapid destruction of this quaint and interesting native tree. It was stated that the foliage of the woody pear was in great demand by shopkeepers, especially fruit sellers, for decoration of their premises. THE WOODY PEAR. (**1933, November 11**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 12. Retrieved from http://nla.gov.au/nla.news-article17023391

NATIVE FLOWERS.
It is suggested that prosecutions for wild-flower vandalism should be more stringent. But prosecutious are not enough. Reserves are also stripped of woody pear, also protected, whose leaves are in demand for dyeing those fierce colours we see in shops. How canthe trustees of Kuring-gai Chase provide a ranger to lie in wait day after day until the inevitable visit of the sellers of dyed leaves? The only way to save the woody pear from the same fate as the waratahs, would, failing an enlightened public opinion, be a complete prohibition of the sale.
M. B. BYLES, Hon., Sec. Federation of Bushwalking Clubs. Sydney.
POINTS FROM LETTERS. (**1943, November 8**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 3. Retrieved from http://nla.gov.au/nla.news-article17871497

Xylomelum pyriforme, commonly known as the woody pear, is a tree species in the family Proteaceae. It is endemic to Australia. First documented at Botany Bay byJoseph Banks and Daniel Solander in 1770, it was first described as Banksia pyriformis by German botanist Joseph Gaertner in 1788 in De Fructibus et Seminibus Plantarum. It was given its current name in 1809 by the gardener Joseph Knight in hisOn the cultivation of the plants belonging to the natural order of Proteeae. he plant's range is from the New South Wales mid-north coast south to Mittagong, with an outlying record from the vicinity of Cooma. Xylomelum pyriforme. (2013, March 22). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Xylomelum_pyriforme&oldid=546166457

Picture: Native pear [Xylomelum pyriforme] by Marrianne Collinson, 1827 - 1903, nla.pic-vn3624094 courtesy National Library of Australia. See Collecting Ladies

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Pittwater Online News

June 16 - 22, 2013: Issue 115

Pittwater Online News receives a lot of information from various sources each week. For Your Interest and Bemusement:

Asked my cousin how his job as a paramedic is going. He sent me this in reply...

Health papers published this week:

Easy and Effective Therapy to Restore Sight: Engineered Virus Will Improve Gene Therapy for Blinding Eye Diseases

June 12, 2013 — Researchers at UC Berkeley have developed an easier and more effective method for inserting genes into eye cells that could greatly expand gene therapy to help restore sight to patients with blinding diseases ranging from inherited defects like retinitis pigmentosa to degenerative illnesses of old age, such as macular degeneration.

Unlike current treatments, the new procedure is quick and surgically non-invasive, and it delivers normal genes to hard-to-reach cells throughout the entire retina.

Over the last six years, several groups have successfully treated people with a rare inherited eye disease by injecting a virus with a normal gene directly into the retina of an eye with a defective gene. Despite the invasive process, the virus with the normal gene was not capable of reaching all the retinal cells that needed fixing.

"Sticking a needle through the retina and injecting the engineered virus behind the retina is a risky surgical procedure," said David Schaffer, professor of chemical and biomolecular engineering and director of the Berkeley Stem Cell Center at UC Berkeley. "But doctors have no choice, because none of the gene delivery viruses can travel all the way through the back of the eye to reach the photoreceptors - the light sensitive cells that need the therapeutic gene.

"Building upon 14 years of research, we have now created a virus that you just inject into the liquid vitreous humor inside the eye, and it delivers genes to a very difficult-to-reach population of delicate cells in a way that is surgically non-invasive and safe. "It's a 15-minute procedure, and you can likely go home that day."

The engineered virus works far better than current therapies in rodent models of two human degenerative eye diseases, and can penetrate photoreceptor cells in monkeys' eyes, which are like those of humans.

Schaffer said he and his team are now collaborating with physicians to identify the patients most likely to benefit from this gene delivery technique and, after some preclinical development, hope soon to head into clinical trials.

Deniz Dalkara, Leah C. Byrne, Ryan R. Klimczak, Meike Visel, Lu Yin, William H. Merigan, John G. Flannery, And David V. Schaffer. **BLINDNESS In Vivo–Directed Evolution of a New Adeno-Associated Virus for Therapeutic Outer Retinal Gene Delivery from the Vitreous.** Sci. Transl. Med., Vol. 5, Issue 189, p. 189ra76 DOI: 10.1126/scitranslmed.3005708

Post-traumatic Stress Disorder Treatment: Genetic Predictor of Response to Exposure Therapy

June 11, 2013 — There is growing evidence that a gene variant that reduces the plasticity of the nervous system also modulates responses to treatments for mood and anxiety disorders. In this case, patients with posttraumatic stress disorder, or PTSD, with a less functional variant of the gene coding for brain-derived neurotrophic factor (BDNF), responded less well to exposure therapy.

This gene has been implicated previously in treatment response. Basic science studies have convincingly shown that BDNF levels are an important modifier of the therapeutic effects of antidepressants in animal models. Other researchers have made similar findings in a small group of depressed patients treated with the rapid-acting antidepressant ketamine. Low BDNF plasma levels also have been linked to poorer effects of cognitive rehabilitation in schizophrenia. BDNF infused directly into the infralimbic prefrontal cortex in rats was found to extinguish conditioned fear, and BDNF levels were found to modulate the amount of fear extinction.

"Findings are accumulating to suggest that BDNF is an important modifier of the responses to a number of clinical interventions, presumably because BDNF is such an important regulator of neuroplasticity, i.e., the ability of the brain to adapt," said Dr. John Krystal, Editor of *Biological Psychiatry*.

In this study, researchers **from Australia and Puerto Rico teamed up to investigate the influence of the BDNF Val66Met genotype on response to exposure therapy in patients with PTSD.** They recruited 55 patients, all of whom participated in an 8-week exposure-based cognitive behavior therapy program.

Exposure therapy is currently the most effective treatment for PTSD, although it does not work for everyone. This type of therapy is delivered over multiple one-on-one sessions with a trained therapist, with a goal of reducing patients' fear and anxiety.

They found that patients with the Met-66 allele of BDNF, compared with patients with the Val/Val allele, showed poorer response to exposure therapy.

"This paper reflects an important and significant advance, in translating recent ground-breaking findings in animal and human neuroscience into clinically anxious populations," said first author Dr. Kim Felmingham.

She added, "Findings from this study support a widely held, but largely untested, hypothesis that extinction is necessary for exposure therapy. It also provides evidence that genotypes influence response to cognitive behavior therapy."

This finding supports prior evidence and highlights the importance of considering genotypes as potential predictor variables in clinical trials of exposure therapy.

Kim L. Felmingham, Carol Dobson-Stone, Peter R. Schofield, Gregory J. Quirk, Richard A. Bryant. **The Brain-Derived Neurotrophic Factor Val66Met Polymorphism Predicts Response to Exposure Therapy in Posttraumatic Stress Disorder.** Biological Psychiatry, 2013; 73 (11): 1059 DOI: 10.1016/j.biopsych.2012.10.033

First Comprehensive and Prospective Characterization of a Genetic Subtype of Autism

June 11, 2013 — In the first prospective study of its kind, Seaver Autism Center researchers at the Icahn School of Medicine at Mount Sinai provide new evidence of the severity of intellectual, motor, and speech impairments in a subtype of autism called Phelan-McDermid Syndrome (PMS). The data are published online in the June 11 issue of the journal *Molecular Autism*.

Mutation or deletion of a gene known as SHANK3 is one of the more common single-gene causes of autism spectrum disorders and is critical to the development of PMS, a severe type of autism. To date, clinicians have relied on case studies and retrospective reviews of medical records to understand the features of this disorder and how the clinical presentation relates to the extent of the genetic changes in the SHANK3 region. In the first systematic and comprehensive prospective trial, researchers led by Alex Kolevzon, MD, Clinical Director of the Seaver Autism Center, under the direction of Joseph Buxbaum, PhD, Director of the Seaver Autism Center, enrolled 32 participants with SHANK3 deletions to comprehensively assess their clinical symptoms and examine how the size of the SHANK3 deletion correlated to those symptoms.

"Previous studies have not utilized prospective assessments to understand Phelan-McDermid Syndrome, and the prevalence of autism spectrum disorder has never been examined using gold-standard instruments" said Dr. Kolevzon. "There is no established standard for assessing this type of autism, and our study provides important guidance in developing such a standard."

Of the 32 patients enrolled, 84 percent met criteria for an autism spectrum disorder. Seventy-seven percent of patients exhibited severe to profound intellectual disability, with 19 percent using some form of verbal communication. Other common features included low muscle tone, gait disturbance, and seizures. The researchers also found that patients who had larger SHANK3 deletions had more severe disease.

"Our findings provide additional evidence of the significant impairment associated with SHANK3 deficiency," said Dr. Kolevzon. "Also, knowing how large the deletion of the SHANK3 gene is may have important implications for medical monitoring and individualizing treatment plans. Results also provide much-needed guidance in developing a standardized methodology for evaluating the features of this disorder."

Latha Soorya, Alexander Kolevzon, Jessica Zweifach, Teresa Lim, Yuriy Dobry, Lily Schwartz, Yitzchak Frank, A Ting Wang, Guiqing Cai, Elena Parkhomenko, Danielle Halpern, David Grodberg, Benjamin Angarita, Judith P Willner, Amy Yang, Roberto Canitano, William Chaplin, Catalina Betancur, Joseph D Buxbaum. **Prospective investigation of autism and genotype-phenotype correlations in 22q13 deletion syndrome and SHANK3 deficiency.** Molecular Autism, 2013; 4 (1): 18 DOI:10.1186/2040-2392-4-18

New Details of Natural Anticancer Mechanism Uncovered

June 11, 2013 — **Scientists at The Scripps Research Institute (TSRI) have identified key triggers of an important cancer-blocking mechanism in cells.** Termed "oncogene-induced senescence," this mechanism can block most cancer types, and is commonly experienced when incipient skin cancers turn instead into slow-growing moles. Tumors that achieve malignancy often do so by defeating or circumventing this growth barrier - which is why scientists have been eager to find out precisely how it works.

We have known about some of the molecular signals that mediate this senescence response, but we've needed to understand the signaling pathway in much more detail," said Peiqing Sun, associate professor in TSRI's Department of Cell and Molecular Biology.

In the new study, published recently by the journal *Molecular Cell*, Sun and his colleagues describe the cascading interactions of three enzymes that are necessary to initiate a common type of oncogene-induced senescence.

Looking for Binding Partners

Oncogenes are growth-related genes that, through DNA damage, inherited mutations or some other cause, push cells to keep dividing beyond normal limits. Oncogenes in the ras gene family are the ones that have been most commonly linked to human cancers - and most studied as triggers of senescence . Sun and other researchers showed a decade ago that an enzyme called p38 sits near the top of the ras-induced senescence response cascade. In 2007, Sun and his colleagues reported that p38 plays a role in this cascade by activating another enzyme, PRAK, through the addition of a phosphor group, a modification known as phosphorylation. For the new study, Sun and first author Research Associate Hui Zheng, along with other members of the laboratory, sought more details of PRAK's role in this cascade.

Zheng began the investigation by searching for binding partners of PRAK. With a series of protein-interaction assays he isolated an enzyme called Tip60, which binds tightly to PRAK. Further tests indicated that Tip60 does indeed lie within the senescence-inducing signaling cascade, because senescence fails to occur when Tip60 is absent. PRAK is a kinase enzyme that, like p38, phosphorylates other proteins. Initially Zheng and Sun suspected that PRAK interacts with Tip60 by phosphorylating it, and thereby activating it. Instead, the reverse turned out to be true: Tip60 acts on PRAK. Tip60 is a type of enzyme called an acetyltransferase, which modifies other proteins by adding acetyl groups. "Our tests showed that Tip60 binds to PRAK and acetylates it at a certain location, which helps activate PRAK," said Zheng.

Thus, the key enzyme PRAK requires two signals: "First the phosphorylation by p38 and then the acetylation by Tip60 are required for fully activating PRAK in this senescence-induction cascade," Zheng said.

Potential Cancer-Drug Strategy

What controls Tip60's own activation in this cascade? None other than the master switch, p38. "As a first step, p38 phosphorylates both Tip60 and PRAK," said Sun. Activated Tip60 then acetylates PRAK, completing PRAK's activation.

Previously Sun and his laboratory have shown that PRAK, when activated, goes on to activate the key tumor-suppressor protein p53, which exerts more direct control over a cell's growth machinery.

Sun and his team have been looking for ways to force the activation of the senescence response in cancer cells, as a potential cancer-drug strategy. "Finding these details of the early part of the signaling cascade helps us understand better what we need to target," he said.

Hui Zheng, Alim Seit-Nebi, Xuemei Han, Aaron Aslanian, John Tat, Rong Liao, John R. Yates, Peiqing Sun. **A Posttranslational Modification Cascade Involving p38, Tip60, and PRAK Mediates Oncogene-Induced Senescence.** Molecular Cell, 2013; 50 (5): 699 DOI:10.1016/j.molcel.2013.04.013

Understanding the Heart's Rhythm

June 11, 2013 — The heart's regular rhythm is crucial to the delivery of oxygenated blood and nutrients to all the organs of the body. It is regulated by a bundle of cells called "the pacemaker," which use electrical signals to set the pace of the heart. Dysfunction in this mechanism can lead to an irregular heartbeat, known as arrhythmia, and often necessitates the implantation of an artificial pacemaker.

Previously, scientists found that many cases of inherited arrhythmias originating in the pacemaker could be attributed to functional defects in the channels responsible for the flow of sodium and calcium. Now Prof. Bernard Attali of Tel Aviv University's Sackler Faculty of Medicine and his fellow researchers have discovered a previously unidentified potassium channel in the cardiac pacemaker which helps to regulate the heartbeat. He hypothesizes that some cases of unexplained arrhythmia could be traced back to irregularities in this channel.

Developing therapies to target this potassium channel could be a significant step towards circumventing artificial pacemakers in favor of biological options, says Prof. Attali. This research has been reported in the journal *PNAS*.

A cellular heart model

To further investigate the workings of the biological pacemaker, Prof. Attali and his fellow researchers turned to embryonic stem cells isolated from human subjects. Once coaxed into differentiating into cardiac tissue, these cells began to beat automatically, like a small human heart.

While observing and recording the cells' electrical activity, researchers discovered the existence of a new channel in the pacemaker. Facilitating the flow of potassium from the pacemaker cells, this channel triggers the repolarization of the cells - returning the cell membrane from a "beating" to a "resting" state - and automatically renews or "restarts" the cycling of the heart.

Since discovering this channel in the embryonic heart, the researchers have shown that the channel exists in the adult heart as well. This finding deepens medicine's understanding of the heart's pacemaker function, which has been the subject of scientific research for over a century.

Screening for mutations

The next step is to conduct screening for mutations in the gene encoding the potassium channel, a process already underway at the TAU-affiliated Sheba Medical Center. "We would like to understand if there are genetic diseases linked to this channel," such as a previously unknown cause of arrhythmia, explains Prof. Attali. If a mutation is found, researchers can begin the hunt for drug compounds, which target this channel. The ultimate goal, he adds, is to be able to treat heart arrhythmias biologically by altering the properties of the pacemaker bundle, rather than relying on a human-made electric pacemaker.

One possible solution could be transplanting healthy pacemaker cells - developed from a patient's own stem cells - to replace dysfunctional cells and restore proper heart rhythm. This method would circumvent a common risk of the body rejecting a mechanical transplant.

D. Weisbrod, A. Peretz, A. Ziskind, N. Menaker, S. Oz, L. Barad, S. Eliyahu, J. Itskovitz-Eldor, N. Dascal, D. Khananshvili, O. Binah, B. Attali. **SK4 Ca2 activated K channel is a critical player in cardiac pacemaker derived from human embryonic stem cells.** Proceedings of the National Academy of Sciences, 2013; 110 (18): E1685 DOI: 10.1073/pnas.1221022110

Scientists Discover New Layer of the Human Cornea

June 11, 2013 — Scientists at The University of Nottingham have discovered a previously undetected layer in the cornea, the clear window at the front of the human eye. The breakthrough, announced in a study published in the academic journal *Ophthalmology*, could help surgeons to dramatically improve outcomes for patients undergoing corneal grafts and transplants. The new layer has been dubbed the **Dua's Layer** after the academic Professor Harminder Dua who discovered it.

Professor Dua, Professor of Ophthalmology and Visual Sciences, said: "This is a major discovery that will mean that ophthalmology textbooks will literally need to be re-written. Having identified this new and distinct layer deep in the tissue of the cornea, we can now exploit its presence to make operations much safer and simpler for patients.

"From a clinical perspective, there are many diseases that affect the back of the cornea which clinicians across the world are already beginning to relate to the presence, absence or tear in this layer."

The human cornea is the clear protective lens on the front of the eye through which light enters the eye. Scientists previously believed the cornea to be composed of five layers, from front to back, the corneal epithelium, Bowman's layer, the corneal stroma, Descemet's membrane and the corneal endothelium.

The new layer that has been discovered is located at the back of the cornea between the corneal stroma and Descemet's membrane. Although it is just 15 microns thick - the entire cornea is around 550 microns thick or 0.5mm - it is incredibly tough and is strong enough to be able to withstand one and a half to two bars of pressure.

The scientists proved the existence of the layer by simulating human corneal transplants and grafts on eyes donated for research purposes to eye banks located in Bristol and Manchester.

During this surgery, tiny bubbles of air were injected into the cornea to gently separate the different layers. The scientists then subjected the separated layers to electron microscopy, allowing them to study them at many thousand times their actual size.

Understanding the properties and location of the new Dua's layer could help surgeons to better identify where in the cornea these bubbles are occurring and take appropriate measures during the operation. If they are able to inject a bubble next to the Dua's layer, its strength means that it is less prone to tearing, meaning a better outcome for the patient.

The discovery will have an impact on advancing understanding of a number of diseases of the cornea, including acute hydrops, Descematocele and pre-Descemet's dystrophies.

The scientists now believe that corneal hydrops, a bulging of the cornea caused by fluid build up that occurs in patients with keratoconus (conical deformity of the cornea), is caused by a tear in the Dua layer, through which water from inside the eye rushes in and causes waterlogging.

Harminder S. Dua, Lana A. Faraj, Dalia G. Said, Trevor Gray, James Lowe. **Human Corneal Anatomy Redefined.** Ophthalmology, 2013; DOI:10.1016/j.ophtha.2013.01.018

Frequent Soccer Ball 'Heading' May Lead to Brain Injury

June 11, 2013 — Researchers at Albert Einstein College of Medicine of Yeshiva University have shown that soccer players who frequently head the ball have brain abnormalities resembling those found in patients with concussion (mild traumatic brain injury). The study, which used advanced imaging techniques and cognitive tests that assessed memory, published online today in the journalRadiology.

"We studied soccer players because soccer is the world's most popular sport," said Michael L. Lipton, M.D., Ph.D., associate director of Einstein's Gruss Magnetic Resonance Research Center and medical director of MRI services at Montefiore, the University Hospital and academic medical center for Einstein. "Soccer is widely played by people of all ages and there is concern that heading the ball - a key component of the sport - might damage the brain." Dr. Lipton is also associate professor of radiology, of psychiatry and behavioral sciences and in the Dominick P. Purpura Department of Neuroscience at Einstein.

On average, soccer players head the ball six to 12 times during games, where balls can travel at speeds of more than 50 miles per hour. During practice drills, players commonly head the ball 30 or more times. The impact from a single heading is unlikely to cause traumatic brain damage such as laceration of nerve fibers. But scientists have worried that cumulative damage from heading's repeated subconcussive impacts might be clinically significant. "Repetitive heading could set off a cascade of responses that leads to degeneration of brain cells over time," noted Dr. Lipton.

To study possible brain injury from heading, the researchers used diffusion tensor imaging (DTI), an advanced MRI-based imaging technique, on 37 amateur adult soccer players (median age 31 years) who had all played the sport since childhood. Participants reported playing soccer for an average of 22 years and had played an average of 10 months over the previous year. Researchers ranked the players based on heading frequency and then compared the DTI brain images of the most frequent headers with those of the remaining players. All participants also underwent cognitive testing.

DTI "sees" the movement of water molecules within and along axons, the nerve fibers that constitute the brain's white matter. This imaging technique allows researchers to measure the uniformity of water movement (called fractional anisotropy, or FA) throughout the brain. Abnormally low FA within white matter indicates axon damage and has previously been associated with cognitive impairment in patients with traumatic brain injury.

"The DTI findings pertaining to the most frequent headers in our study showed white-matter abnormalities similar to what we've seen in patients with concussion," said Dr. Lipton. "Soccer players who headed the ball above a threshold between 885 to 1,550 times a year had significantly lower FA in three areas of the temporal-occipital white matter." Dr. Lipton noted that players with more than 1,800 headings per year were also more likely to demonstrate poorer memory scores compared to participants with fewer yearly headings.

"Our study provides compelling preliminary evidence that brain changes resembling mild traumatic brain injury are associated with frequently heading a soccer ball over many years," said Dr. Lipton. "While further research is clearly needed, our findings suggest that controlling the amount of heading that people do may help prevent brain injury that frequent heading appears to cause."

Michael L. Lipton, Namhee Kim, Molly E. Zimmerman, Mimi Kim, Walter F. Stewart, Craig A. Branch, and Richard B. Lipton. **Soccer Heading Is Associated with White Matter Microstructural and Cognitive Abnormalities.** Radiology, 2013; DOI: 10.1148/radiol.13130545

Men With Prostate Cancer Should Eat Healthy Vegetable Fats, Study Suggests

June 10, 2013 — Men with prostate cancer may significantly improve their survival chances with a simple change in their diet, a new study led by UC San Francisco has found. By substituting healthy vegetable fats - such as olive and canola oils, nuts, seeds and avocados - for animal fats and carbohydrates, men with the disease had a markedly lower risk of developing lethal prostate cancer and dying from other causes, according to the study.

The research, involving nearly 4,600 men with non-metastatic prostate cancer, could help with the development of dietary guidelines for men with the disease. While prostate cancer affects millions of men around the world, little is known about the relationship between patients' diets following their diagnosis and progression of the disease. The study was **published online** on June 10 in *JAMA Internal Medicine*.

"Consumption of healthy oils and nuts increases plasma antioxidants and reduces insulin and inflammation, which may deter prostate cancer progression," said lead author Erin L. Richman, ScD, a post-doctoral scholar in the UCSF Department of Epidemiology and Biostatistics.

"The beneficial effects of unsaturated fats and harmful effects of saturated and trans fats on cardiovascular health are well known," Richman said. "Now our research has shown additional potential benefits of consuming unsaturated fats among men with prostate cancer."

Analyzing Intake of Fats from Various Sources

In recent years, evidence has indicated that diet might be an important way for men with prostate cancer to take an active role in determining their disease outcome and overall health. Research on advanced prostate cancer has suggested that fat intake may be relevant to disease progression, but this is the first study to examine fat consumption post-diagnosis in relation to risk of lethal prostate cancer and overall survival.

The new paper analyzed intake of saturated, monounsaturated, polyunsaturated and trans fats as well as fats from animal and vegetable sources. The data were derived from the Health Professionals Follow-up Study, which began in 1986 and is sponsored by the Harvard School of Public Health and is funded by the National Cancer Institute.

The fat intake study involved 4,577 men who had been diagnosed with non-metastatic prostate cancer between 1986 and 2010. During the study timeframe, 1,064 men died, primarily from cardiovascular disease (31 percent), prostate cancer (21 percent) and other cancers (nearly 21 percent).

The authors uncovered a striking benefit: Men who replaced 10 percent of their total daily calories from carbohydrates with healthy vegetable fats had a 29 percent lower risk of developing lethal prostate cancer and a 26 percent lower risk of dying from all causes.

More Study Needed on Potential Benefits of Healthy Fats

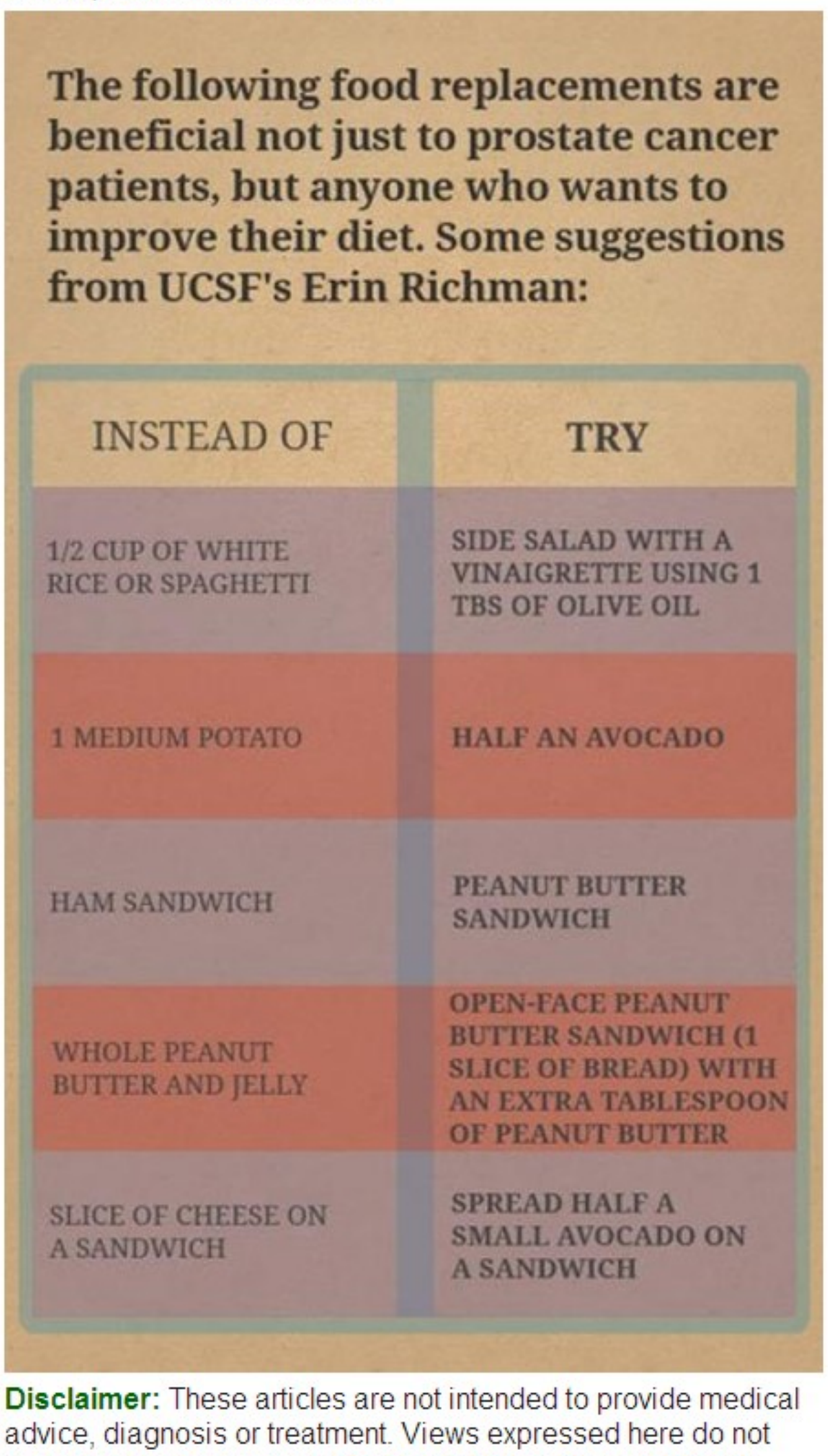
Adding a single serving of oil-based dressing a day (one tablespoon) was associated with a 29 percent lower risk of lethal prostate cancer and a 13 percent lower risk of death, the authors found. And adding one serving of nuts a day (one ounce) was associated with an 18 percent lower risk of lethal prostate cancer and an 11 percent lower risk of death.

The study adjusted for factors such as age, types of medical treatment, body mass index, smoking, exercise and other dietary factors, elevated blood pressure, cholesterol at the time of prostate cancer diagnosis and other health conditions.

The researchers say further research is needed on the potential benefits of healthy fats among prostate cancer patients.

"Overall, our findings support counseling men with prostate cancer to follow a heart-healthy diet in which carbohydrate calories are replaced with unsaturated oils and nuts to reduce the risk of all-cause mortality," said Richman.

Erin L. Richman et al. **Fat Intake After Diagnosis and Risk of Lethal Prostate Cancer and All-Cause Mortality Fat Intake After Lethal Prostate Cancer.** JAMA Internal Medicine, 2013; : 1 DOI:10.1001/jamainternmed.2013.6536Image courtesy of University of California - San Francisco

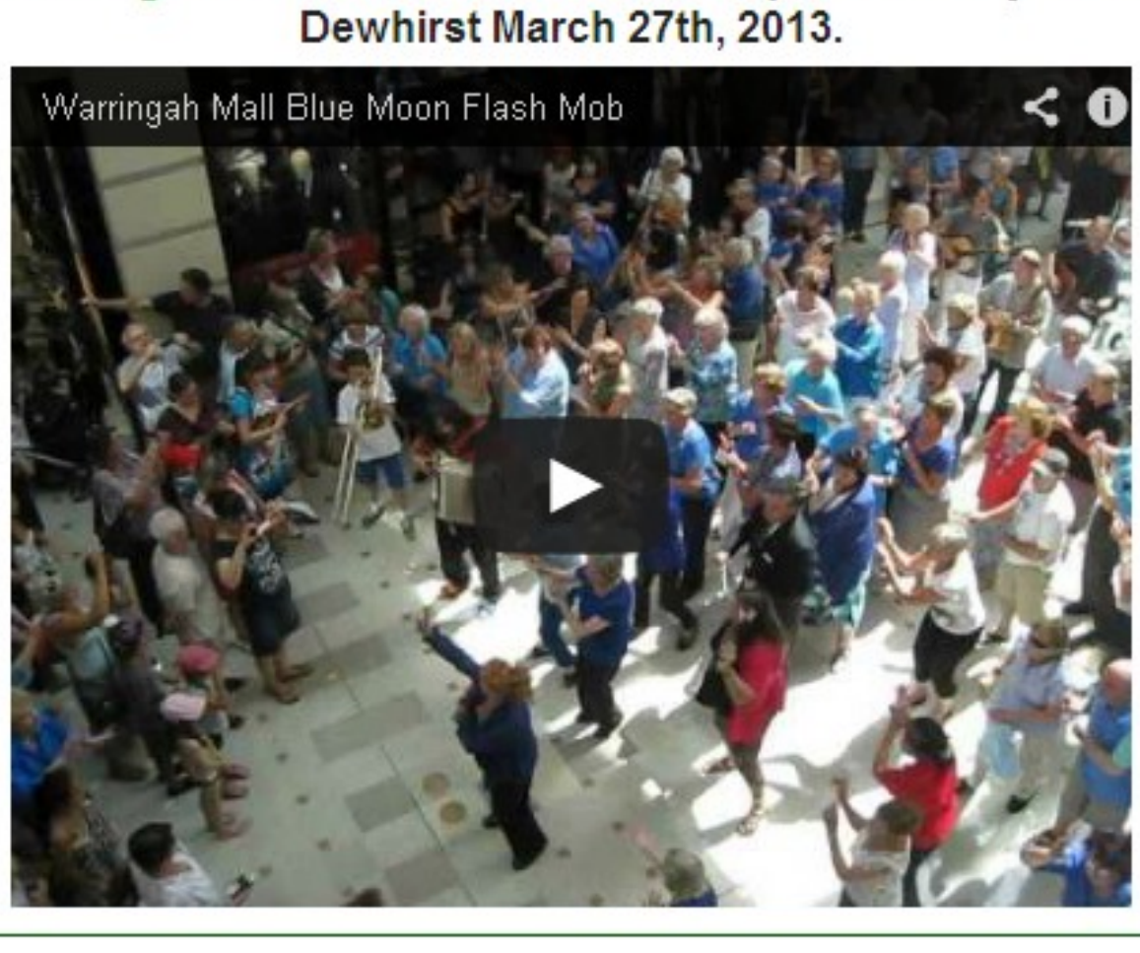


The following food replacements are beneficial not just to prostate cancer patients, but anyone who wants to improve their diet. Some suggestions from UCSF's Erin Richman:

INSTEAD OF	TRY
1/2 CUP OF WHITE RICE OR SPAGHETTI	SIDE SALAD WITH A VINAIGRETTE USING 1 TBS OF OLIVE OIL
1 MEDIUM POTATO	HALF AN AVOCADO
HAM SANDWICH	PEANUT BUTTER SANDWICH
WHOLE PEANUT BUTTER AND JELLY	OPEN-FACE PEANUT BUTTER SANDWICH (1 SLICE OF BREAD) WITH AN EXTRA TABLESPOON OF PEANUT BUTTER
SLICE OF CHEESE ON A SANDWICH	SPREAD HALF A SMALL AVOCADO ON A SANDWICH

Disclaimer: These articles are not intended to provide medical advice, diagnosis or treatment. Views expressed here do not necessarily reflect those of *Pittwater Online News* or its staff.

Warringah Mall Blue Moon Flash Mob published by Marie Dewhirst March 27th, 2013.


Warringah Mall Blue Moon Flash Mob

Speed boat racing-Palm Beach, Florida 1920s

Whales Port Phillip Bay Victoria Australia- Searoad Ferries - Published on Jun 11, 2012

Whales swimming next to Queenscliff - Sorrento Ferry. June 12 2012. Find out more about one of our own ferries from the past, the ***Charlotte Fenwick***, who used to run on this route.

SEAROAD FERRIES

Modern Humans Did Not Settle in Asia Before Eruption of Sumatra Volcano 74,000 Years Ago, Study Finds

June 11, 2013 — When did modern humans settle in Asia and what route did they take from humankind's African homeland? A University of Huddersfield professor has helped to provide answers to both questions. But he has also had to settle a controversy. Professor Martin Richards, who heads the University's Archaeogenetics Research Group, co-authors a new article in the *Proceedings of the National Academy of Sciences*. It refutes a recent theory that there is archaeological evidence for the presence of modern humans in southern Asia before the super-eruption of the Mount Toba volcano in Sumatra. One of the most catastrophic events since humans evolved, it happened approximately 74,000 years ago. In 2005, Professor Richards led research published in an article in the journal *Science* which used mitochondrial DNA evidence to show that anatomically modern humans dispersed from their Africa homeland via a "southern coastal route" from the Horn and through Arabia, about 60,000 years ago - after the Toba eruption.

However, a team of archaeologists excavating in India then claimed to have found evidence that modern humans were there before the eruption - possibly as early as 120,000 years ago, much earlier than Europe or the Near East were colonised. These findings, based on the discovery of stone tools below a layer of Toba ash, were published in *Science* in 2007.

Now Professor Richards - working principally with the archaeologist Professor Sir Paul Mellars, of the University of Cambridge and the University of Edinburgh, with a team including Huddersfield University's Dr Martin Carr and colleagues from York and Porto - has **published his rebuttal of this theory**. In doing so, they have been able to draw on a much greater body of DNA evidence that was available for the earlier article.

"One of the things we didn't have in 2005 was very much evidence from India in the way of mitochondrial sequences. Now, with a lot of people doing sequencing and depositing material in databases there are about 1,000 sequences from India," said Professor Richards.

By using the mitochondrial DNA of today's populations and working backwards, and by drawing on a wide variety of other evidence and research, the team was able to make much more precise estimates for the arrival of modern humans in India.

The evidence suggests dispersal from Africa and settlement in India no earlier than 60,000 years ago. "We also argue that close archaeological similarities between African and Indian stone-tool technologies after 70,000 years ago, as well as features such as beads and engravings, suggest that the slightly later Indian material had an African source," states Professor Richards.

"There were people in India before the Toba eruption, because there are stone tools there, but they could have been Neanderthals - or some other pre-modern population," he adds.

"The replacement of the presumably archaic humans living previously in South Asia by modern people with these new technologies appears analogous to the replacement of Neanderthals by modern humans in Europe and western Asia 50-40,000 years ago."

Journal References:

P. Mellars, K. C. Gori, M. Carr, P. A. Soares, M. B. Richards. **Genetic and archaeological perspectives on the initial modern human colonization of southern Asia.** Proceedings of the National Academy of Sciences, 2013; DOI: 10.1073/pnas.1306043110

Vincent Macaulay, Catherine Hill, Alessandro Achilli, Chiara Rengo, Douglas Clarke, William Meehan, James Blackburn, Ornella Semino, Rosaria Scozzari, Fulvio Cruciani, Adi Taha, Norazila Kassim Shaari, Joseph Maripa Raja, Patimah Ismail, Zafarina Zainuddin, William Goodwin, David Bulbeck, Hans-Jürgen Bandelt, Stephen Oppenheimer, Antonio Torroni, and Martin Richard. Single, **Rapid Coastal Settlement of Asia Revealed by Analysis of Complete Mitochondrial Genomes.** Science, 2005; 308 (5724): 1034 DOI: 10.1126/science.1109792

M. Petraglia, R. Korisettar, N. Boivin, C. Clarkson, P. Ditchfield, S. Jones, J. Koshy, M. M. Lahr, C. Oppenheimer, D. Pyle, R. Roberts, J.-L. Schwenninger, L. Arnold, K. White. **Middle Paleolithic Assemblages from the Indian Subcontinent Before and After the Toba Super-Eruption.** Science, 2007; 317 (5834): 114 DOI:10.1126/science.1141564

Sydney Ferry Race Australia Day 2013 by PaulKerryFoote - Published on May 12, 2013

Sydney Ferry Race - Australia Day 2013 - Video taken from P&O Pacific Pearl

FerryThon

Sydney Ferries and ferries from other areas participate in an annual race every year on Australia Day on Sydney Harbour called the 'Ferrython'. Here are some fast facts about Sydney's favourite race:

The annual Ferrython has been held for over 30 years, in conjunction with the Sydney Festival. The Ferrython was originally inspired by the paddle steam Riverboat races on the Mississippi River. The ferries race from Circular Quay to Shark Island before crossing the finish line under the Harbour Bridge. The original Sydney Ferry race was a little longer, travelling around Cockatoo Island and back.

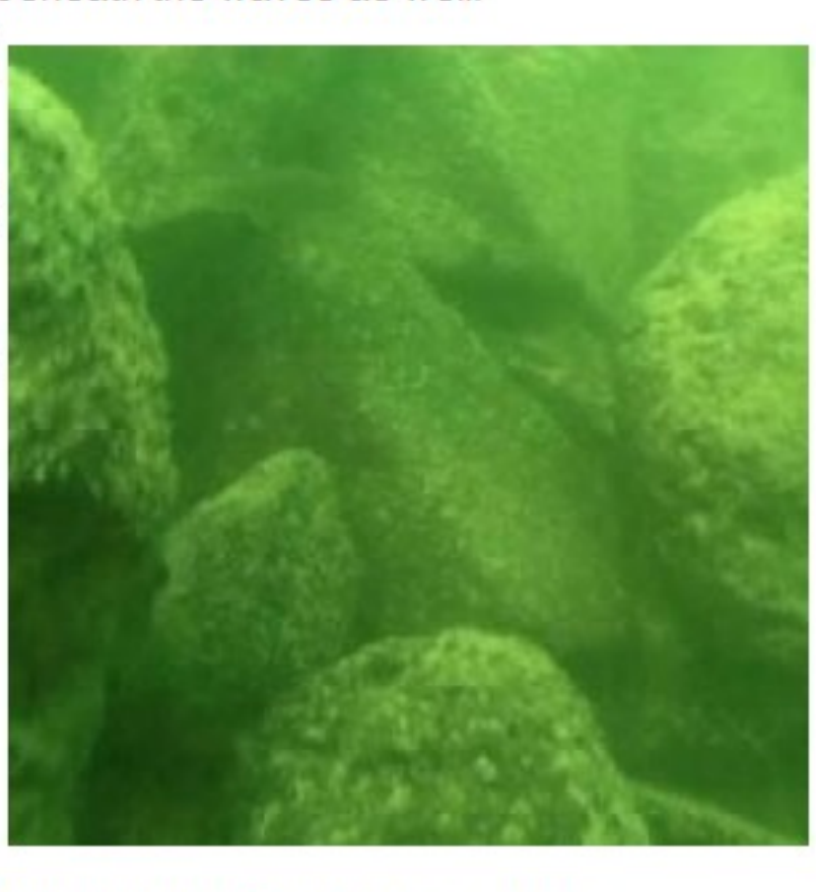
Each ferry is dressed up for the race and packed with lucky passengers invited or balloted by race sponsors. The race raises money for the Sydney Festival and Variety Club

The race was first won by the Lady Woodward with other past winners including the Lady Cutler, the Lady Street, the Kerrabee, the Sirius, the Alexander and the Charlotte.

We went parasailing yesterday and asked someone on the boat to take photos of us. We found this on our camera.

Mysterious Monument Found Beneath the Sea of Galilee

June 10, 2013 — The shores of the Sea of Galilee, located in the North of Israel, are home to a number of significant archaeological sites. Now researchers from Tel Aviv University have found an ancient structure deep beneath the waves as well.



Researchers stumbled upon a cone-shaped monument, approximately 230 feet in diameter, 39 feet high, and weighing an estimated 60,000 tons, while conducting a geophysical survey on the southern Sea of Galilee, reports Prof. Shmulik Marco of TAU's Department of Geophysics and Planetary Sciences. The team also included TAU Profs. Zvi Ben-Avraham and Moshe Reshef, and TAU alumni Dr. Gideon Tibor of the Oceanographic and Limnological Research Institute.

Initial findings indicate that the structure was built on dry land approximately 6,000 years ago, and later submerged under the water. Prof. Marco calls it an impressive feat, noting that the stones, which comprise the structure, were probably brought from more than a mile away and arranged according to a specific construction plan.

Dr. Yitzhak Paz of the Antiquities Authority and Ben-Gurion University says that the site, which was recently detailed in theInternational Journal of Nautical Archaeology, resembles early burial sites in Europe and was likely built in the early Bronze Age. He believes that there may be a connection to the nearby ancient city of Beit Yerah, the largest and most fortified city in the area.

Ancient structure revealed by sonar

The team of researchers initially set out to uncover the origins of alluvium pebbles found in this area of the Sea of Galilee, which they believe were deposited by the ancient Yavniel Creek, a precursor to the Jordan River south of the Sea of Galilee. While using sonar technology to survey the bottom of the lake, they observed a massive pile of stones in the midst of the otherwise smooth basin.

Curious about the unusual blip on their sonar, Prof. Marco went diving to learn more. A closer look revealed that the pile was not a random accumulation of stones, but a purposefully-built structure composed of three-foot-long volcanic stones called basalt. Because the closest deposit of the stone is more than a mile away, he believes that they were brought to the site specifically for this structure.

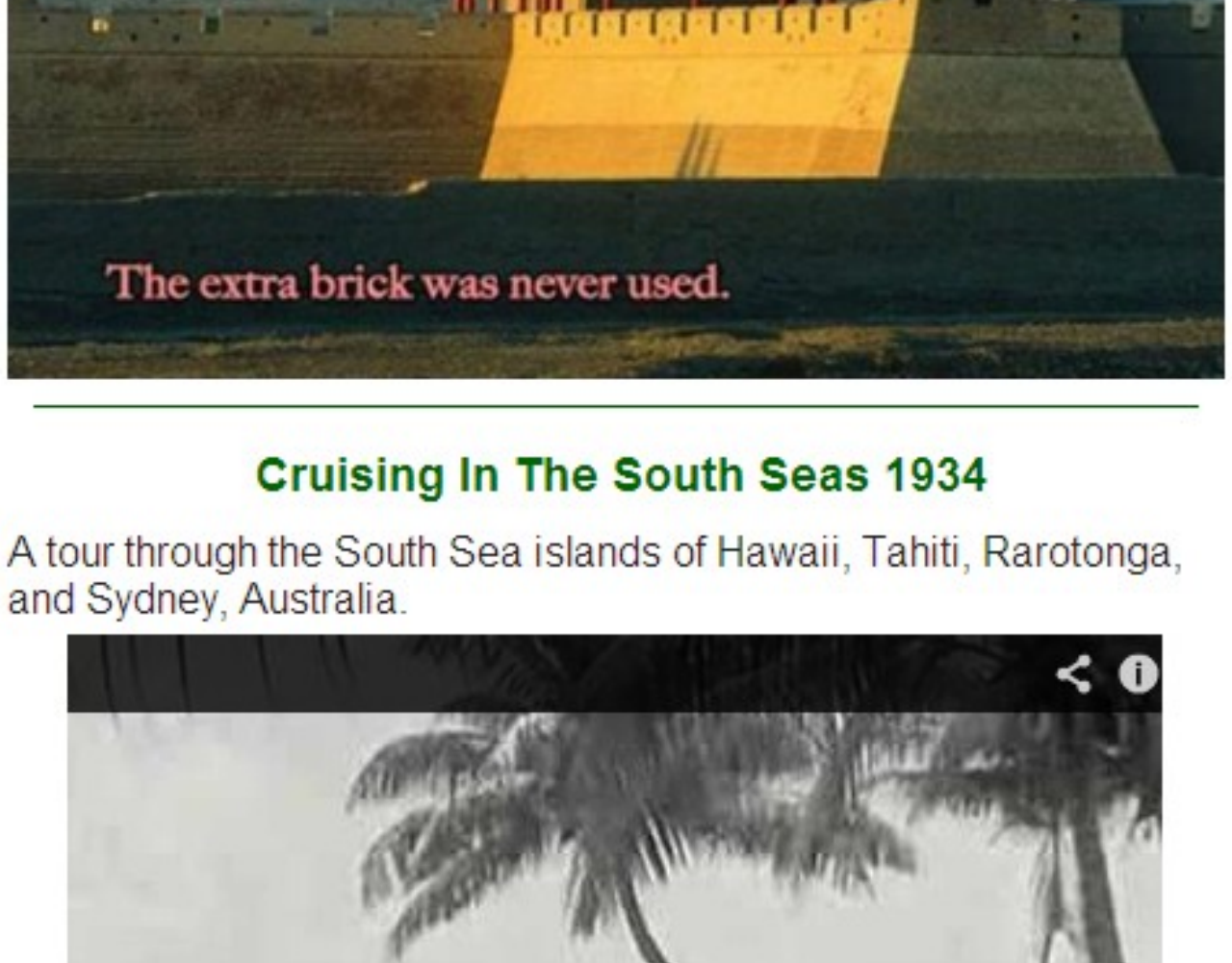
To estimate the age of the structure, researchers turned to the accumulation of sand around its base. Due to a natural build-up of sand throughout the years, the base is now six to ten feet below the bottom of the Sea of Galilee. Taking into account the height of the sand and the rate of accumulation, researchers deduced that the monument is several thousand years old.

Looking deeper

Next, the researchers plan to organize a specialized underwater excavations team to learn more about the origins of the structure, including an investigation of the surface the structure was built on. A hunt for artefacts will help to more accurately date the monument and give clues as to its purpose and builders. And while it is sure to interest archaeologists, Prof. Marco says that the findings could also illuminate the geological history of the region.

"The base of the structure - which was once on dry land - is lower than any water level that we know of in the ancient Sea of Galilee. But this doesn't necessarily mean that water levels have been steadily rising," he says. Because the Sea of Galilee is a tectonically active region, the bottom of the lake, and therefore the structure, may have shifted over time. Further investigation is planned to increase the understanding of past tectonic movements, the accumulation of sediment, and the changing water levels throughout history.

Yitzhak Paz, Reshef Moshe, Ben-Avraham Zvi, Marco Shmuel, Gideon Tibor, Dani Nadel. **A Submerged Monumental Structure in the Sea of Galilee, Israel.** International Journal of Nautical Archaeology, 2013; 42 (1): 189 DOI: 10.1111/1095-9270.12005. An underwater photo shows the structure is made of basalt boulders. (Credit: Shmulik Marco)

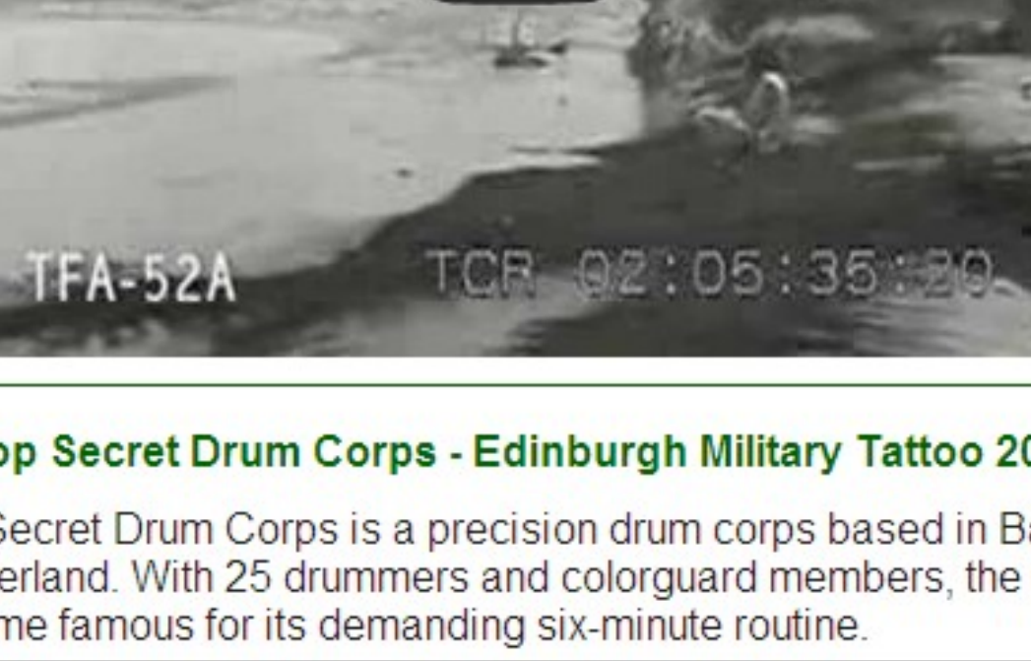


In 1372 architect Yi Kaizhan was hired to build a fort along the Great Wall, and he ordered the exact number of bricks he needed. When his judgment was questioned, he added one more.

The extra brick was never used.

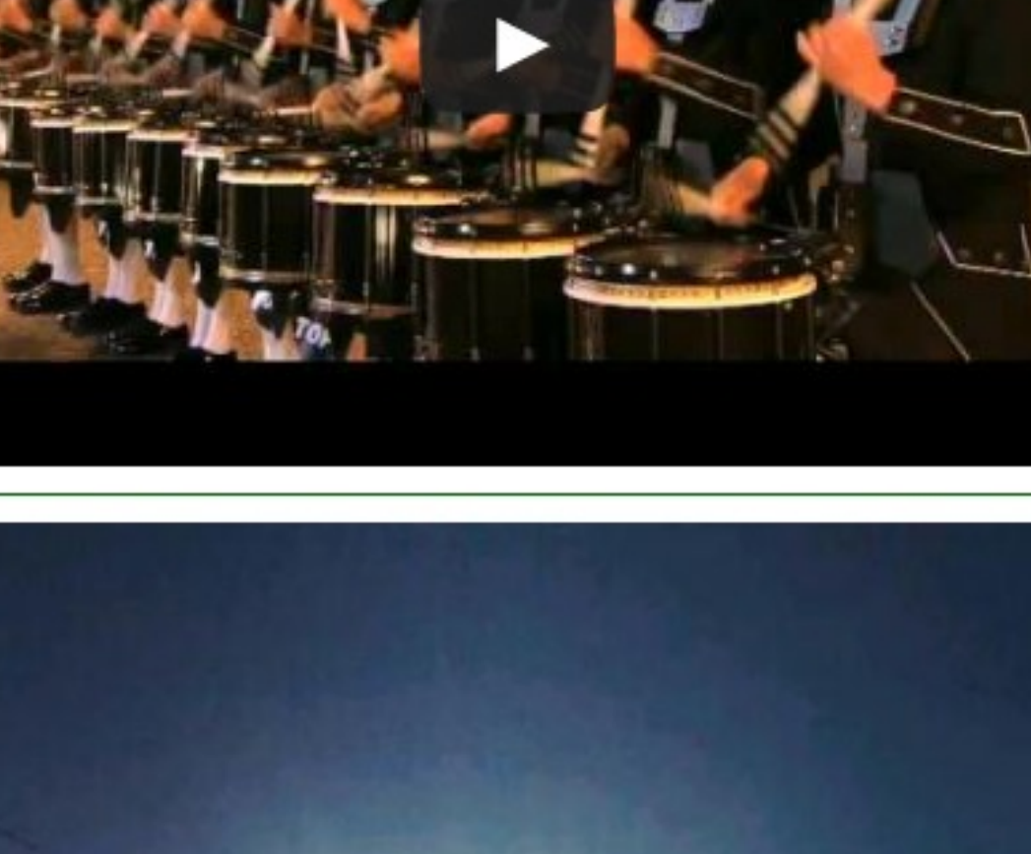
Cruising In The South Seas 1934

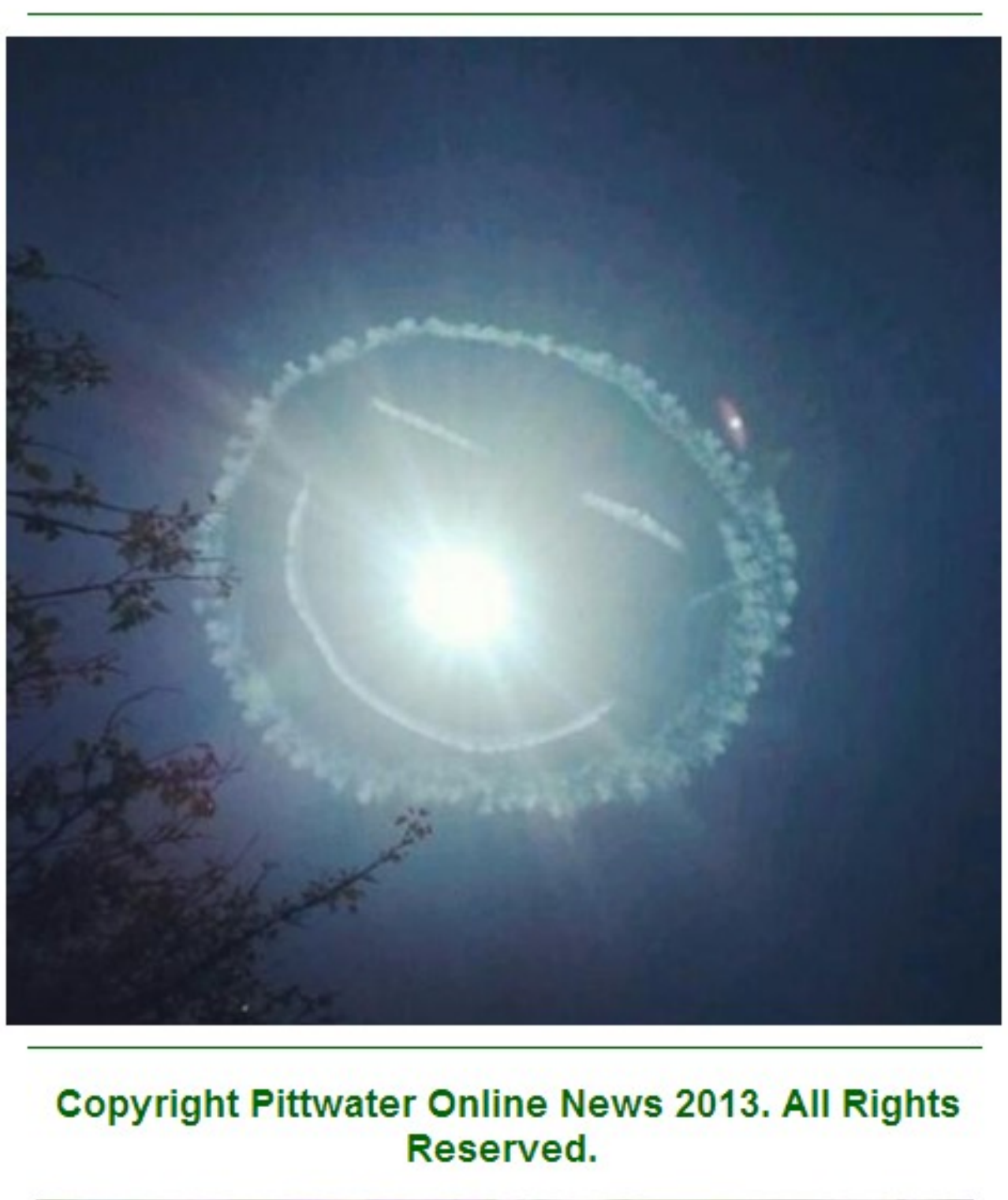
A tour through the South Sea islands of Hawaii, Tahiti, Rarotonga, and Sydney, Australia.



Top Secret Drum Corps - Edinburgh Military Tattoo 2012

Top Secret Drum Corps is a precision drum corps based in Basel, Switzerland. With 25 drummers and colorguard members, the corps became famous for its demanding six-minute routine.


Top Secret Drum Corps - Edinburgh Military Tatt...



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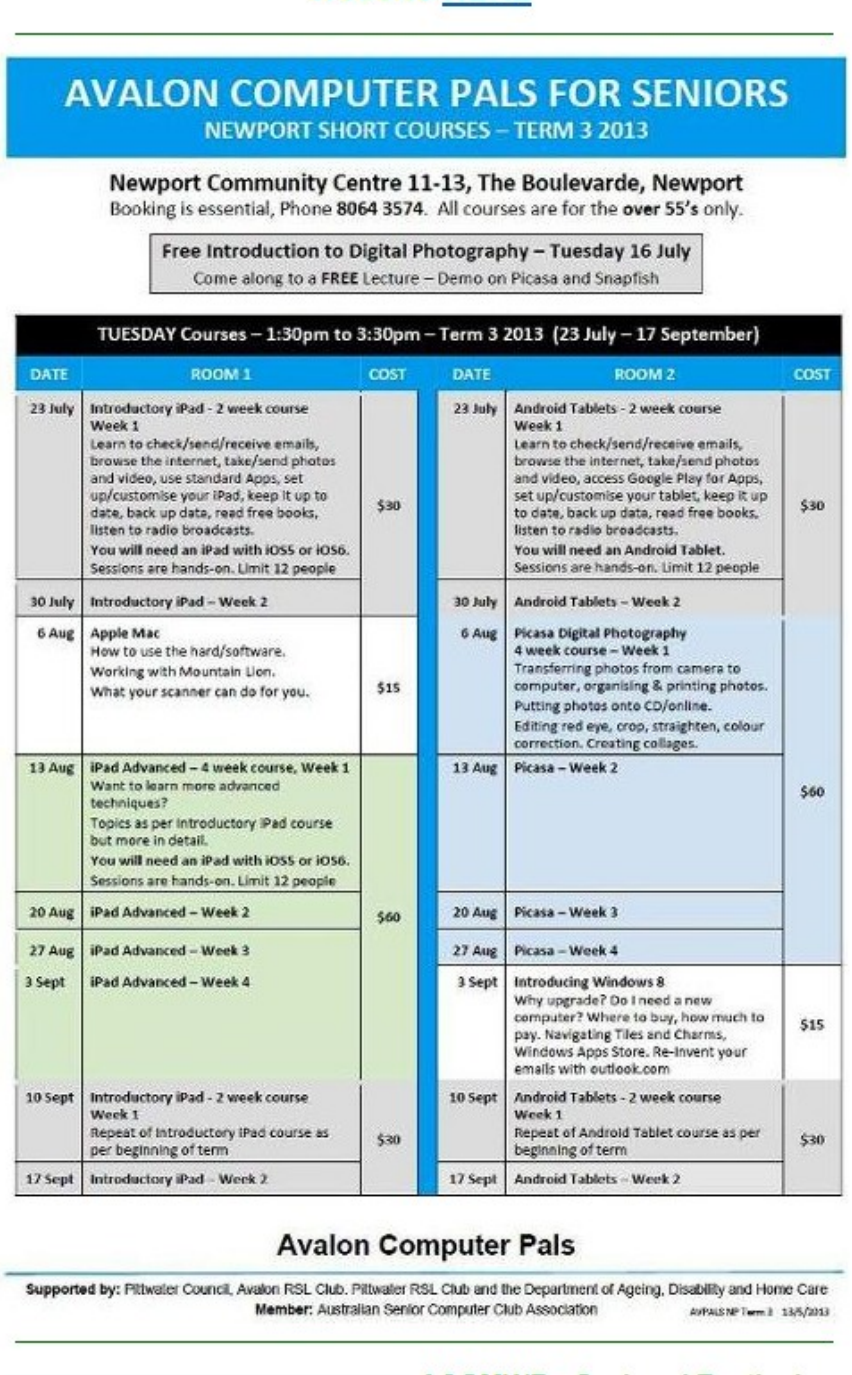

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Come along to a FREE Lecture – Demo on Picasa and Snapfish

TUESDAY Courses – 1:30pm to 3:30pm – Term 3 2013 (23 July – 17 September)

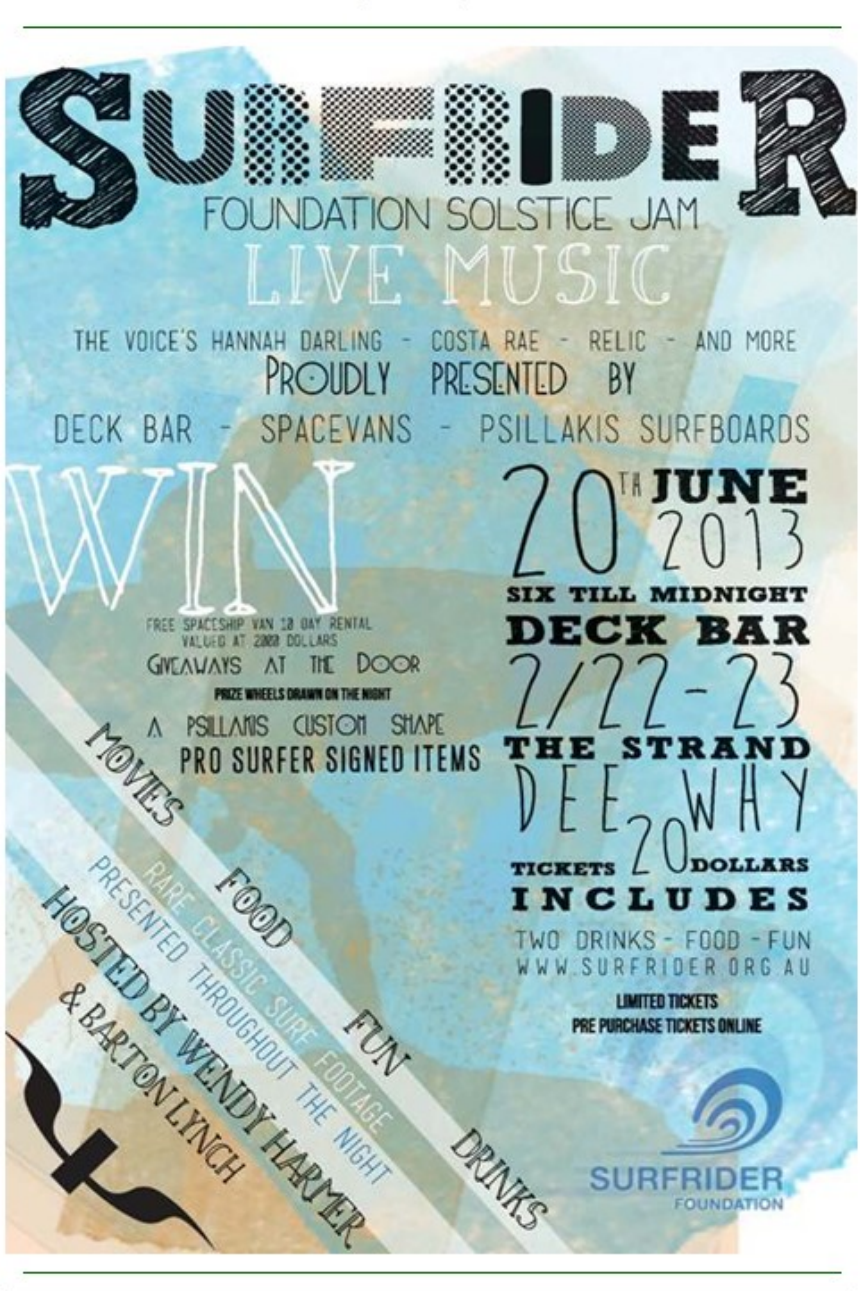
DATE	ROOM 1	COST	DATE	ROOM 2	COST
23 July	Introductory iPad - 2 week course Week 1 Learn to check/send/receive emails, browse the internet, take/send photos and video, use standard Apps, set up/customise your iPad, keep it up to date, back up data, read free books, listen to radio broadcasts. You will need an iPad with iOS5 or iOS6. Sessions are hands-on. Limit 12 people	$30	23 July	Android Tablets - 2 week course Week 1 Learn to check/send/receive emails, browse the internet, take/send photos and video, access Google Play for Apps, set up/customise your tablet, keep it up to date, back up data, read free books, listen to radio broadcasts. You will need an Android Tablet. Sessions are hands-on. Limit 12 people	$30
30 July	Introductory iPad – Week 2		30 July	Android Tablets – Week 2	
6 Aug	Apple Mac How to use the hard/software. Working with Mountain Lion. What your scanner can do for you.	$15	6 Aug	Picasa Digital Photography 4 week course – Week 1 Transferring photos from camera to computer, organising & printing photos. Putting photos onto CD/online. Editing red eye, crop, straighten, colour correction. Creating collages.	
13 Aug	iPad Advanced – 4 week course, Week 1 Want to learn more advanced techniques? Topics as per Introductory iPad course but more in detail. You will need an iPad with iOS5 or iOS6. Sessions are hands-on. Limit 12 people		13 Aug	Picasa – Week 2	$60
20 Aug	iPad Advanced – Week 2	$60	20 Aug	Picasa – Week 3	
27 Aug	iPad Advanced – Week 3		27 Aug	Picasa – Week 4	
3 Sept	iPad Advanced – Week 4		3 Sept	Introducing Windows 8 Why upgrade? Do I need a new computer? Where to buy, how much to pay. Navigating Tiles and Charms, Windows Apps Store. Re-Invent your emails with outlook.com.	$15
10 Sept	Introductory iPad - 2 week course Week 1 Repeat of Introductory iPad course as per beginning of term	$30	10 Sept	Android Tablets - 2 week course Week 1 Repeat of Android Tablet course as per beginning of term	$30
17 Sept	Introductory iPad – Week 2		17 Sept	Android Tablets – Week 2	

Avalon Computer Pals

Supported by: Pittwater Council, Avalon RSL Club, Pittwater RSL Club and the Department of Ageing, Disability and Home Care
Member: Australian Senior Computer Club Association
AVPALS NP Term 3 15/5/2013

ASGMWP - Guringai Festival 2013- Wednesday, June 19, 2013, 10.00am until 12.00pm. Free Event:

"The Sapphires" is an inspirational tale set in the heady days of the late '60s about a quartet of young, talented singers from a remote Aboriginal mission, discovered and guided by a kind-hearted, soul-loving manager, with 12 nominations at the Australian Academy of Cinema and Television Arts (AACTA) Awards.


SURFRIDER
FOUNDATION SOLSTICE JAM
LIVE MUSIC
THE VOICE'S HANNAH DARLING - COSTA RAE - RELIC - AND MORE
PROUDLY PRESENTED BY
DECK BAR - SPACEVANS - PSILLAKIS SURFBOARDS
WIN
GIVEAWAYS AT THE DOOR
A PSILLAKIS CUSTOM SHAPE
PRO SURFER SIGNED ITEMS
MOVIES
FOOD
FUN
DRINKS
RARE CLASSIC SURF FOOTAGE PRESENTED THROUGHOUT THE NIGHT
HOSTED BY WENDY HARMER & BARTON LYNCH
20TH JUNE 2013
SIX TILL MIDNIGHT
DECK BAR
2/22-23 THE STRAND DEE WHY
TICKETS 20 DOLLARS
INCLUDES
TWO DRINKS - FOOD - FUN
WWW.SURFRIDER.ORG.AU
LIMITED TICKETS
PRE PURCHASE TICKETS ONLINE
SURFRIDER FOUNDATION

THE INCOMPARABLE GUITARIST GEORGE GOLLA
SENSATIONAL VOCALIST JACKI COOPER
FEATURING THE JOHN MORRISON ALL STARS BAND
TOGETHER WITH THE TERREY HILLS PUBLIC SCHOOL BAND
NIGHT OF COOL JAZZ ON THE NORTHERN BEACHES
Let go of the Financial Year End Blues with a wonderful Jazz Concert Charity Fundraiser for Life Education and Healthy Harold
THURSDAY 27 JUNE AT 7.00PM
at the Royal Motor Yacht Club
46 Prince Alfred Parade, Newport
(RMYC Brasserie open after 5pm for dinner)
All proceeds go to support the delivery of Healthy Harold and the Life Education programs to Northern Beaches schools
Cost: $35/head
BOOKINGS ESSENTIAL - CONTACT THE ROYAL MOTOR YACHT CLUB AT
www.royalmotor.com.au
or phone: 9997 5511
Rotary Club of Brookvale

26 May - 14 July 2013
Guringai FESTIVAL
2013: Live-Life-Loudly
www.guringaifestival.com.au

Guringai Festival 2013 - Events in Pittwater

Indigenous Walk - Ku ring gai National Park

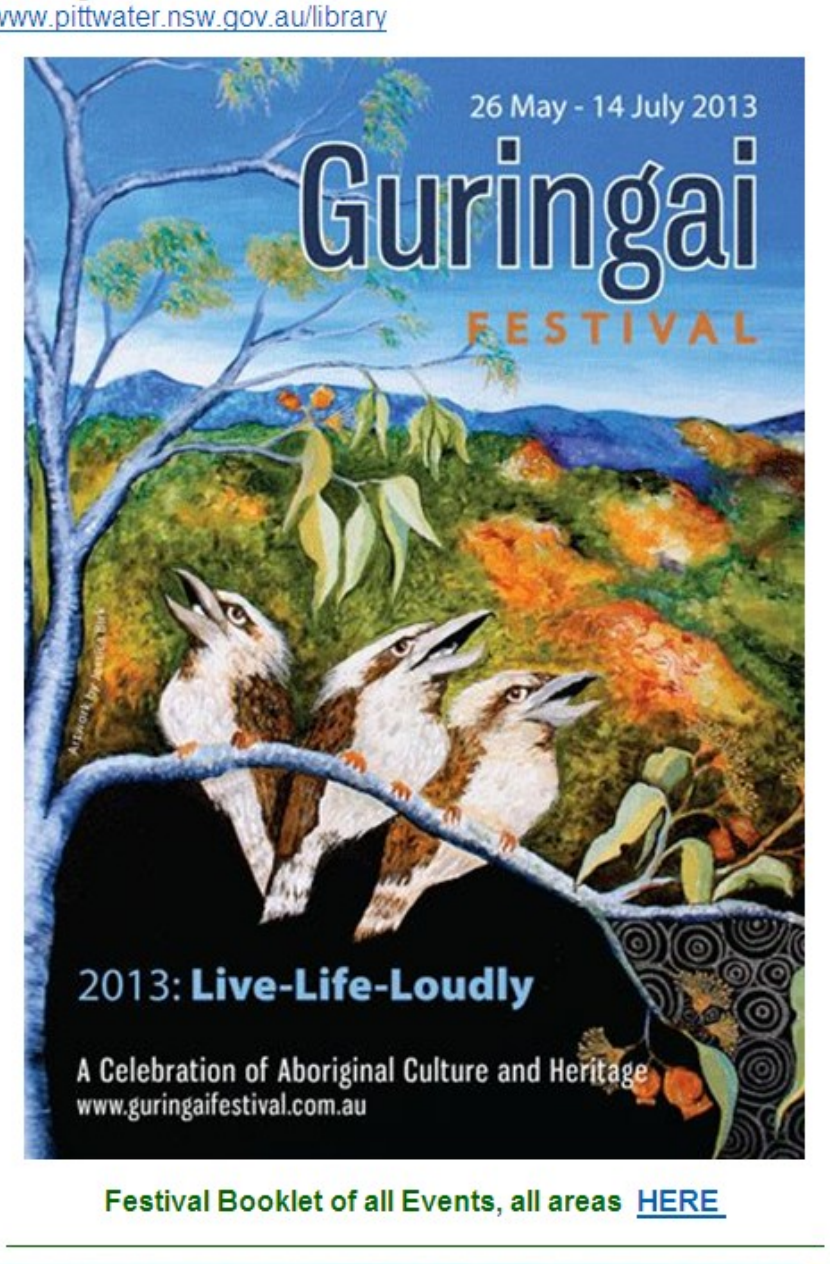
Peninsula CommUNITY of Schools Art Exhibition
Wednesday 26 June, 5pm – 7pm
Wheeler Heights Public School, Veterans Parade, Wheeler Heights **Gold coin donation.** UNITY in our community! An exhibition of artworks by students from Kindergarten to Year 12 who attend the Peninsula Community of Schools. The collection of artworks reflect the Guringai Festival's theme: "Live Life Loudly", the Reconciliation theme "Say Something" and the 2013 NAIDOC theme "Yirrkala Bark Petitions 1963" Enquiries: Sharon.smithies@det.nsw.edu.au

Northside Aboriginal Artists & Craftspersons Exhibition
Friday 28 – Sunday 30 June, 10am – 7pm
Mona Vale Memorial Hall, 1606 Pittwater Road, Mona Vale (Next to Mona Vale Library) **Free entry.** A 3-day selling exhibition of works by Aboriginal artists living and working on the Northside of Sydney and particularly the Guringai Lands of the Northern Beaches. Painting, collage, photography, video, pottery, jewellery.
Exhibition opening event: 6pm – 8.30pm Friday 28 June
On Saturday 29 June there will be two workshops with weaver/painter Keri Kenton: 10.30am and 2pm Event cost: $15 per child or adult. Enquiries: Clair Jackson 9913 9922 jackson@vtown.com.au

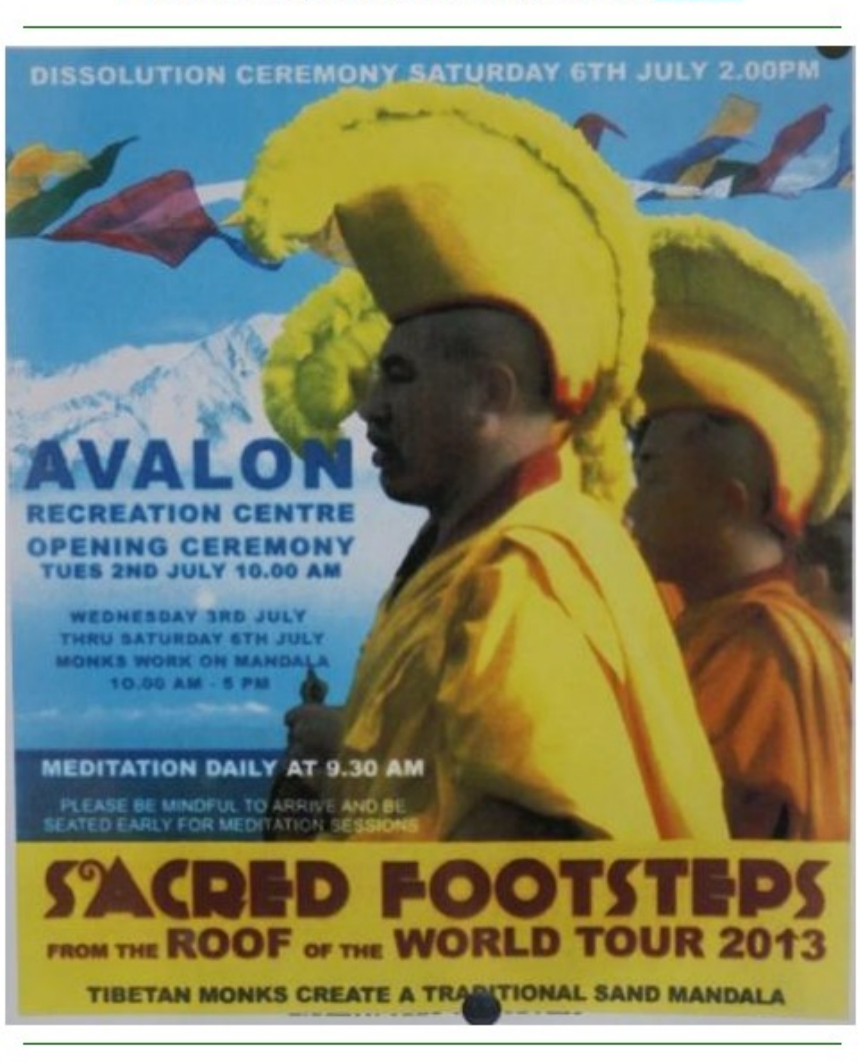
Bangaly Performance
Sunday 30 June, 7pm- 9pm
Mona Vale Memorial Hall, 1606 Pittwater Road, Mona Vale (Next to Mona Vale Library)**Free event.** Bangaly is a local Aboriginal group that will amaze you. Mother, Sister and Brother singing, with Cody playing the didgeridoo; they are Deadly! Enquiries: Neil Evers 9999 3045 www.asgmwp.net

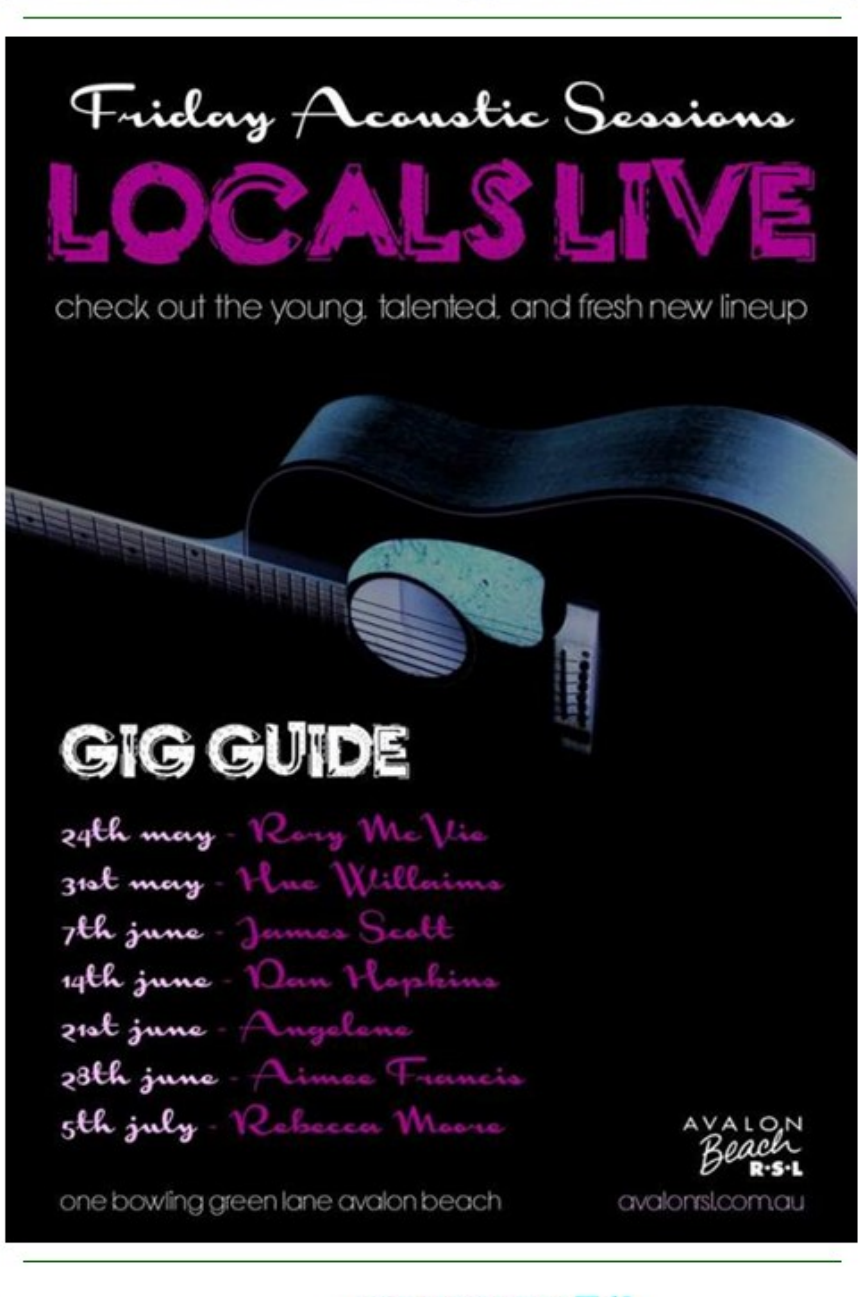
Re-discover Bush Tucker of the First People of Australia
Sunday 30 June, 1pm – 2.30pm or 3pm – 4.30pm
Mona Vale Memorial Hall, 1606 Pittwater Road, Mona Vale (Next to Mona Vale Library) **Free event.** Meet Jess Relton and Les McLeod when they will talk about Bush Tucker, Traditional foods like homemade jams and cheese will be made using native herbs for flavour, you can taste test and purchase food on the day.
Enquiries: Neil Evers 99993045 www.asgmwp.net

Aboriginal Cultural Performance for Children
Wednesday 10 July, 11am – 12.15pm
Mona Vale Library, 1 Park Street, Mona Vale
Admission: $10. Come along and enjoy the didgeridoo, face painting, song and dance, Aboriginal art and storytelling. For children aged 5 to 12 years. Under 7 will require parental supervision. Bookings essential: Sharelle Ravenscroft 9970 1600
www.pittwater.nsw.gov.au/library


26 May - 14 July 2013
Guringai FESTIVAL
2013: Live-Life-Loudly
A Celebration of Aboriginal Culture and Heritage
www.guringaifestival.com.au

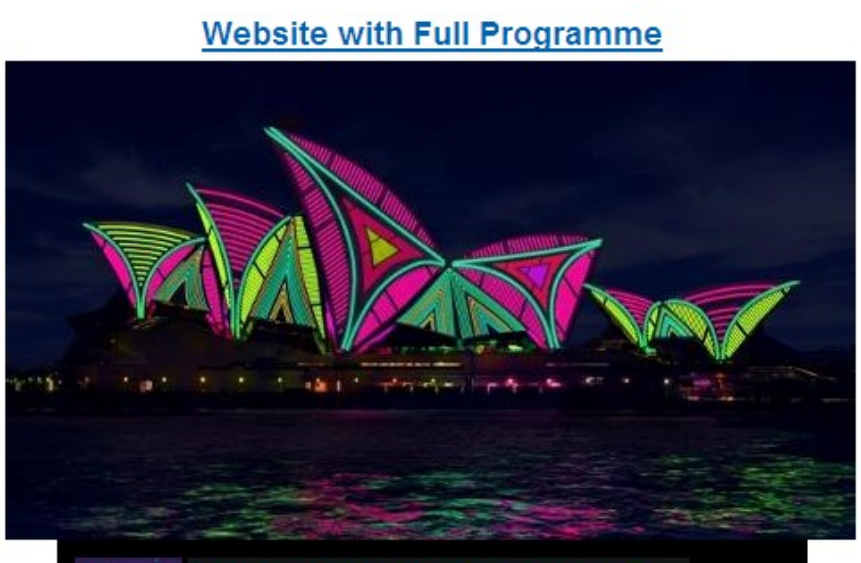
Festival Booklet of all Events, all areas HERE

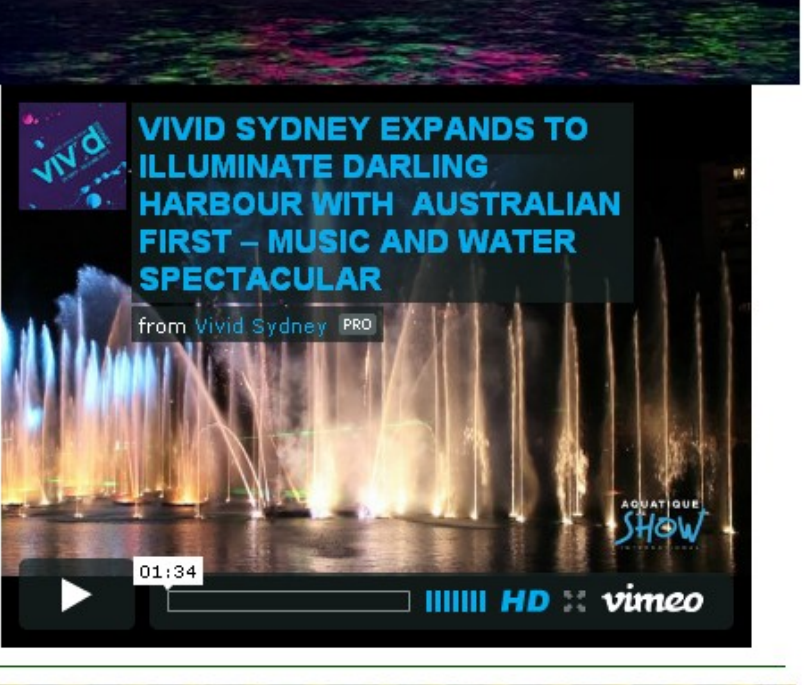

DISSOLUTION CEREMONY SATURDAY 6TH JULY 2.00PM
AVALON RECREATION CENTRE
OPENING CEREMONY TUES 2ND JULY 10.00 AM
WEDNESDAY 3RD JULY THRU SATURDAY 6TH JULY MONKS WORK ON MANDALA 10.00 AM - 5 PM
MEDITATION DAILY AT 9.30 AM
PLEASE BE MINDFUL TO ARRIVE AND BE SEATED EARLY FOR MEDITATION SESSIONS
SACRED FOOTSTEPS
FROM THE ROOF OF THE WORLD TOUR 2013
TIBETAN MONKS CREATE A TRADITIONAL SAND MANDALA


Friday Acoustic Sessions
LOCALS LIVE
check out the young, talented, and fresh new lineup
GIG GUIDE
24th may - Rory McVie
31st may - Hue Williams
7th june - James Scott
14th june - Dan Hopkins
21st june - Angelene
28th june - Aimee Francis
5th july - Rebecca Moore
AVALON Beach R.S.L
one bowling green lane avalon beach
avalonrsl.com.au

LIGHT, MUSIC & IDEAS VIVID SYDNEY 24 MAY - 10 JUNE 2013

Website with Full Programme



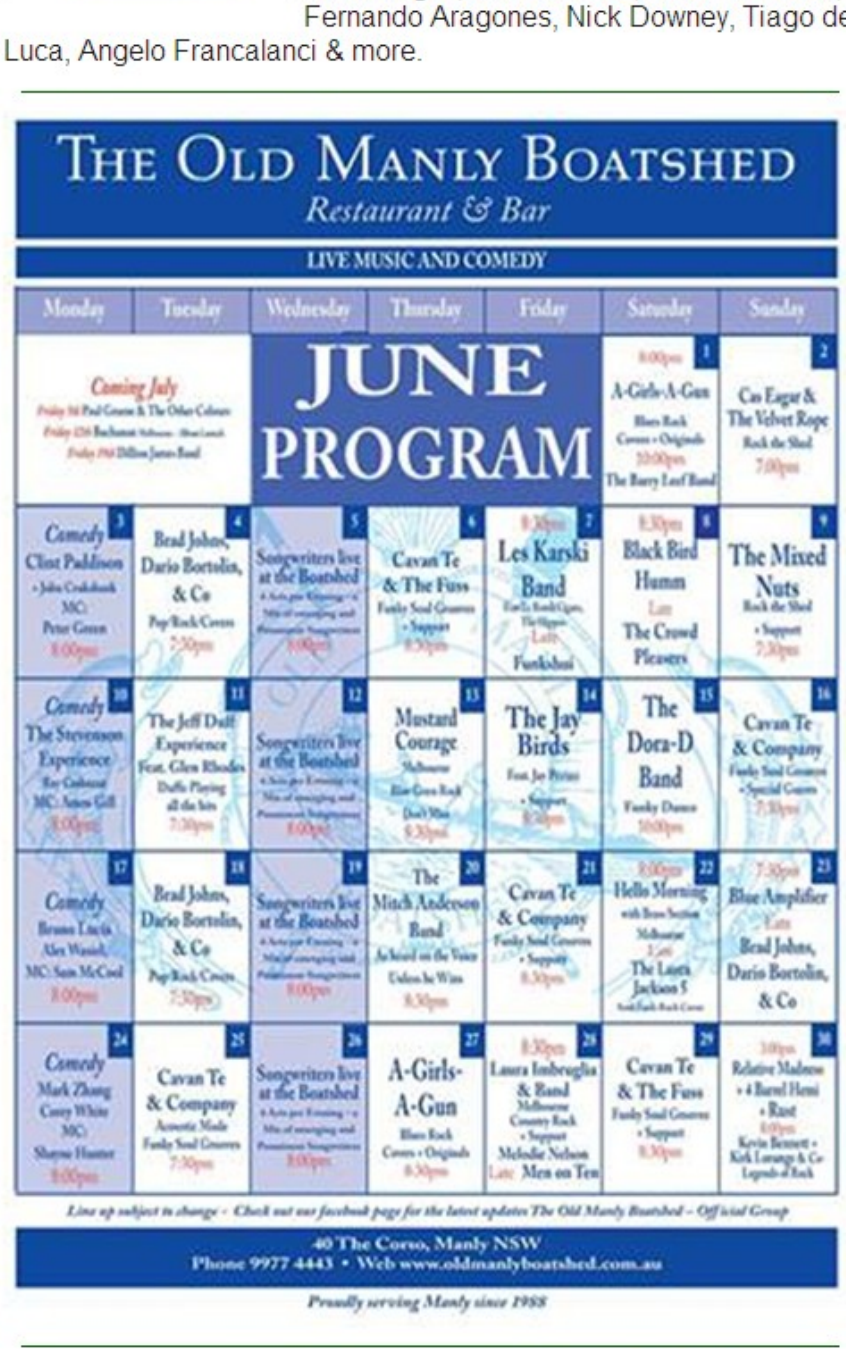

VIVID SYDNEY EXPANDS TO ILLUMINATE DARLING HARBOUR WITH AUSTRALIAN FIRST – MUSIC AND WATER SPECTACULAR
from Vivid Sydney PRO
01:34
HD
vimeo

TIN SPARROW
WITH SPECIAL GUESTS
SATURDAY JUNE 15
MONA VALE HOTEL
TICKETS AVAILABLE FROM OZTIX.COM.AU
DOORS OPEN 8PM | 18+ ONLY

LATIN SUNDAY SESSIONS

- ITS SO GOOD WE'RE KEEPING IT GOING IN AUTUMN! - FREE Live Entertainment from 5pm in the Beer Garden SUNDAY afternoons. **Avalon Beach RSL**

Duo performs each week, rotating roster includes: Taigo Passos, James Willings, Josh Fergus, Marco dAvila, Dave Calandra, Fernando Aragones, Nick Downey, Tiago de Luca, Angelo Francalanci & more.


THE OLD MANLY BOATSHED
Restaurant & Bar
LIVE MUSIC AND COMEDY
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday
Sunday
JUNE PROGRAM
40 The Corso, Manly NSW
Proudly serving Manly since 1988

Australian National Maritime Museum - Events March to October 2013

Rescue exhibition - Opens 16 March

Search and rescue operations take place every minute, every hour, every day, all around the world. From the air to the sea and on land, responsive operations are lifelines to many people in times of need. But what does a rescue scenario really involve? Find out in this hands-on exhibition.

INTERNATIONAL FLEET REVIEW SYDNEY 2013

International Fleet Review voyage - Register your interest

HMB Endeavour, replica will be one of the nine Australian and eight international tall ships sailing into Sydney Harbour on 3 October to mark the beginning the International Fleet Review celebrating the centenary of the Royal Australian Navy. Register your interest to sail with Endeavour as paying voyage crew.
http://endeavour.anmm.gov.au/Sail-with-us

Kids on Deck: Amazing Antarctic Sundays - **10 am - 4 pm** - For ages 5-12 years

Craft your own spyglass telescope, print a bandanna, design a flag or sculpt a ship. Dress up in pirate costumes to perform your own adventure or make stories and siren songs come to life in the mermaids' cavern.

$8.50 per child. FREE for members & Big Ticket holders. Adults general museum fees apply. No booking required.

ONLINE EXHIBITION Sydney's home furnishing stores, 1890-1960

MARK FOYS LIMITED
1932
MAIL ORDER CATALOGUE

Until the 1960s, Sydney-siders usually 'went to town' to shop for furniture and furnishings for the home. There were dozens of specialist furnishing stores and department stores with furnishing sections in the city centre. Many were concentrated in 'furniture precincts', first along George Street and then from the 1920s around the city circle railway stations and the southern part of Pitt Street.

The decline of home furnishing shopping in central Sydney from the late 1950s was influenced by rising rents, lack of parking and a general population move to the suburbs. Shopping patterns also changed with the development of drive-in suburban shopping centres, the first opening at Top Ryde in November 1957.

A legacy of the city stores is their trade literature such as catalogues and associated ephemera: those used to illustrate this exhibition are part of the Caroline Simpson Library and Research Collection (CSL&RC) at the Historic Houses Trust of NSW.

Written and researched by Michael Lech, Assistant Curator. August 2007.

Sydney Northern Beaches Woodturners Inc

Sydney Northern Beaches Woodturners - Monthly Demonstration - Wood Turning Demonstration on the third Sunday of the month: 16th Jun 2013, 9am-2pm

The aim of our group is to bring together people who are interested in woodturning and to assist new members to participate in the craft of woodturning. At the same time we aim to socialise and have fun. We are active in supporting local community groups and charities. We make cash donations as well as donations of toys and equipment made by our members.

Come and see us at the Narrabeen RSL Club, Nareen Pde, North Narrabeen. Workshop Open every **Tuesday,** Friday and Saturday between 9 am and 12 noon.

Cost: $2 for insurance & a cuppa (If you want to join there is a $25 yearly subscription fee). Contact: Jack Butler on 9999 4290 or email: johnbutler@optusnet.com.au . Website: https://sites.google.com/site/woodturner60/

MWPHS - Manly Warringah Pittwater Historical Society - Established 1924

One of the oldest suburban historical societies in Australia, the Manly, Warringah & Pittwater Historical Society has kept the only continuous record of northern beaches achievements, local historical mementoes, documents and research. **Membership: here**

Sydney Film Festival 2013 - Website has full Programme

SYDNEY FILM FESTIVAL
5-16 JUNE 2013

AVALON COMPUTER PALS FOR SENIORS

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about $30 a school term) they can provide one to one training on most matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help. The training rooms are under the Catholic Church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site www.avpals.com or or phone 02 8064 3574

SNBSWE is a symphonic wind ensemble that rehearses every Thursday evening during school terms. The band consists of adult amateur and professional musicians who play a wide repertoire of music. If you play an instrument and are looking for a great musical experience with good company, come and see if you like what we do. The Ensemble serves the local Northern Beaches community through regular concerts. It provides opportunities for experienced brass, percussion and woodwind musicians to play high grade symphonic repertoire. The Ensemble allows people to continue playing their instruments after leaving school, therefore giving the experience of music for life. Contact: Denise Morgan 9999 0655. **More at: http://www.snbswe.org.au/**

Open: mic
@clubpalmbeach
Commencing
6th Sept 2012
Every Thursday Night
6:30pm
Live
Music
$15.00
Meal deals
Includes:
Schooner Bulmer's Cider
$5 bar tab for every guest you bring along
Best performance prizes
Hosted By Sammy Keithy Hutchin

FMK ENTERTAINMENT PRESENTS
KARAOKE NIGHT
SATURDAYS 8:30PM
-10,000+ SONGS TO CHOOSE FROM
-FREE ENTRY, EVERYONE WELCOME
-LOCATED IN LOUNGE BAR
AVALON Beach R.S.L
avalonrsl.com.au
1 Bowling Green Lane Avalon Beach
Ph: 02 9918 2201

Pittwater Camera Club
More at: Profile and
http://pittwatercameraclub.org/

All Meetings are 7.45 for 8pm - 10pm - BYRA Hall, 1842 Pittwater Road, Bayview

Monday June 17
DSLR Video Photography has most of us wondering how to achieve great results. Come along and here well respected photographer Pieter de Vries shed light on a very difficult subject. Free for visitors to the club.

Monday July 1
This will be a fun night for members. Camera phones are so popular today so Tim Hixson will be joining us to give some valuable tips on using a camera phone – he will then judge our efforts. Visitors are made welcome.

Monday July 15
Fire up your laptops and bring them along for this FREE 'Hands On' workshop which is all about 'Photoshop'. For those with limited or no skills this workshop is for you. And if you are more experienced there will be something here for you to learn as well. Practice along with the tutors. Everyone welcome at the FREE workshop.

Monday August 5
The topic for tonights competition is 'Street Photography'. Come along and see what our member 'photo journalists' have captured. Free for visitors to the club.

Monday August 19
Mastering Textures in Images is the title of tonight's presentation by Christine Nelson. Free for visitors to the club

Monday September 2
The ever popular Len Brown will be our guest judge tonight and the competition topic will be 'Food'. This should be a delicious evening. Free for visitors to the club.

Monday September 16
'It's All About The Light' is the subject of this 'Hands On' workshop. With various lighting means, including soft boxes and other lighting forms we will be learning how to take better images with the use of directional lighting. We will have photographic models on the night so we can practice along with our tutors. This promises to be a great learning curve for us all. And as always it is, free for visitors to the club.

Monday October 14
Our members have been given the very hard task of capturing time – without including clocks or other timepieces. Gavin Roberts will determine the winner of this novel competition. Free for visitors to the club.

Monday October 28 – TBA

November 4
Susan Buchanan joins us as guest judge tonight for our Open competition. Free for visitors to the club.

Monday December 3
Tonight the very best images of the year will be on display for you to see. One lucky photographer will be awarded 'Photographer of the Year' and the best projected images, colour and mono prints of the year will also be determined by our well respected photographer and judge, Philip Ramsden. A light supper will be served following the judging.Family, friends and visitors are all welcome.

Narrabeen Lagoon free activities – register now for bushwalks and kayak tour

Friends of Narrabeen Lagoon Catchment has organised a series of spectacular events to celebrate the wonders of this beautiful part of Sydney. These activities are FREE but you must register in advance. All participants will receive a free DVD – "Caring for our Catchment" and an informative brochure and map.

Eco Paddle on Narrabeen Lagoon – Sunday July 28
Tony Carr, President of Friends of Narrabeen Lagoon Catchment, will lead this paddle to both Deep and Middle Creeks. The Lagoon supports a wide range of threatened flora and fauna, but is under threat of urban development. Beautiful Deep Creek attracts migratory birds from as far away as Russia and Middle Creek has recently been the subject of a substantial remediation programme. A relaxing 2 to 3 hour paddle. Easy - no previous kayaking experience required, tuition given. BYO boat or hire kayak can be arranged. To register email tonycarr@ozemail.com.au or call 0417 502 056.

REGISTER TO ATTEND - DON'T JUST TURN UP ON THE DAY. NUMBERS ARE LIMITED.
Kayaks provided by an organisation independent of Friends.

LADIES Luncheon
Wednesday 10 July 2013
Guest Speaker: Jane Caro
Jane Caro is a regular on Channel 7 Weekend Sunrise, Mornings on Channel 9, a panellist on the ABC's "The Gruen Transfer" and has been involved in all aspects of media for many years.
$65.00pp
Includes 2 course lunch - wine, tea & coffee
12.00 for 12.30pm
AMBERLEY
www.royalmotor.com.au
www.facebook.com/rmycbb

Splendour In The Grass 2013 - WEBSITE

Splendour in the Grass
NORTH BYRON PARKLANDS BYRON BAY
FRIDAY 26 • SATURDAY 27 • SUNDAY 28 JULY 2013
TICKETS ON SALE 9AM THURSDAY 2 MAY
THREE DAY SINGLE DAY
3 DAYS ONSITE CAMPING MULTIPLE STAGES

northern beaches orchestra

Do you enjoy orchestral music? Hate travelling far to hear good music? Wish to support local musicians?

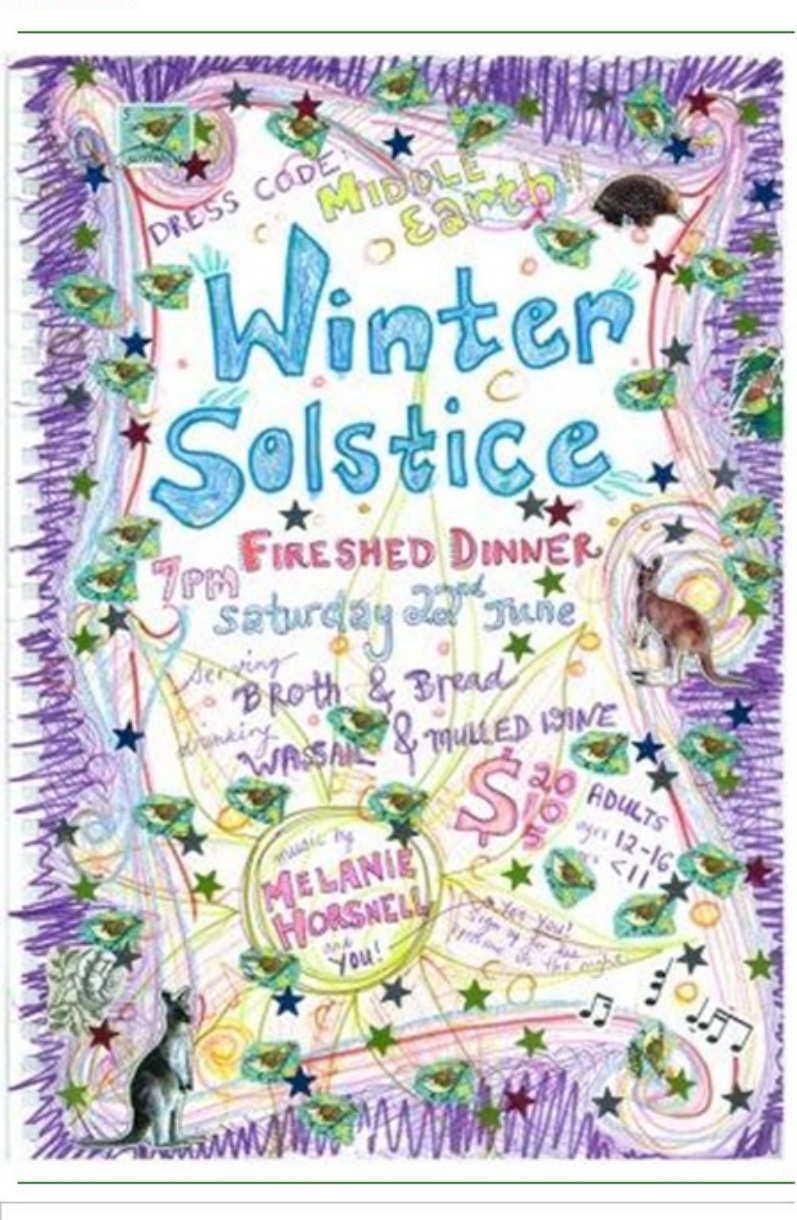
Why not come to the Northern Beaches Orchestra's next concerts featuring soloists from the orchestra?

When: Wednesday June 19th. Where: St Augustine's College, Brookvale. Time: 7.00pm Tickets: Adult $10, Concession $5, Children $3

When: Saturday June 22nd. Where: Pittwater High School, Mona Vale. Time: 7.00pm. Tickets: Adult $15, Concession $10, Family $20 (2 Adults, 2 Children)

Tickets available at the door, or at www.nbo.org.au

Program includes: Die Fledermaus by Johann Strauss Jr ¨ Trumpet Concerto in E-flat major -1st mov. by Joseph Haydn ¨ Flute Concerto -1st mov.by Leopold Hofmann ¨ Horn Concerto No. 3 in E-flat major -1st mov.by Wolfgang Amadeus Mozart ¨ Les filles de Cadix by Leo Delibes ¨ Radetzky March by Johann Strauss Sr.


DRESS CODE MIDDLE EARTH!
Winter Solstice
7PM FIRESHED DINNER
saturday 22nd June
Serving Broth & Bread
Drinking WASSAIL & MULLED WINE
$20 ADULTS
$10 ages 12-16
<11
music by MELANIE HORSNELL and You!

RMYC
Wine & Beer Fair
Sunday 16 June 2013
Last day of RMYC Marine Art Exhibition
16th June 10am to 5pm
A great combination of art & wine & beer
11am-3pm Garden Forecourt
A great range of wine & beer from all around Australia & Internationally.
Wine orders mostly at cellar door prices
Jazz Band 11.30 - 2.30pm
46 Prince Alfred Parade NEWPORT NSW 2106
Phone: 9997 5511 E-mail: info@royalmotor.com.au

RESULTS
the power to end poverty

Results Screening of 'Mary and Martha' - Saturday, June 15, 2013, 4:30pm, Long Reef Golf Club, 25 Anzac Ave, Collaroy

Get Tickets Winter Movie Magic!
AUSTRALIA'S SECOND SCREENING of the deeply moving movie 'Mary and Martha' will be held Saturday June 15, 4:30-7pm. Don't miss out!!

This extremely touching movie stars Hilary Swank and Brenda Blethyn, and has proven to be an eye-opening experience for people who are interested in the topic of malaria. See their comments here: http://youtu.be/c4vsY-wQXYI

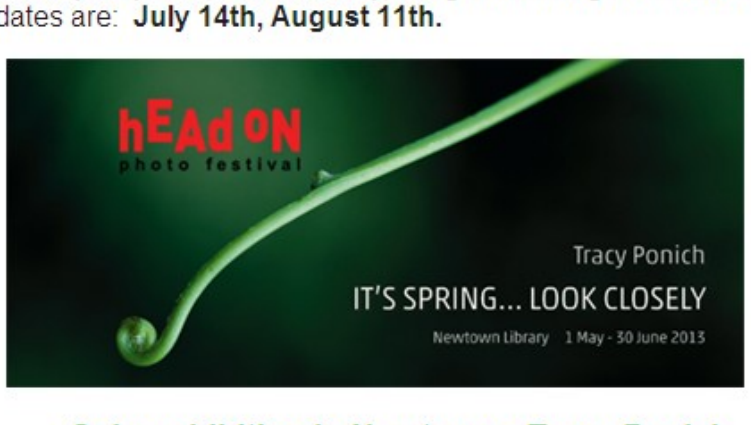
We are very proud to be showing this film for the second time in Australia and are very much looking forward to seeing you!! The RESULTS team

2013 LIONS TOUR FIXTURES
Wallabies
SEE ALL THE BIG GAMES @ The Arms
LIONS
WED 5 JUNE 6PM
WESTERN FORCE vs BRITISH & IRISH LIONS
SAT 8 JUNE 7.30PM
QUEENSLAND REDS vs BRITISH & IRISH LIONS
TUES 11 JUNE 7.30PM
COMBINED NSW-QLD COUNTRY vs BRITISH & IRISH LIONS
SAT 15 JUNE 7.30PM
WARATAHS vs BRITISH & IRISH LIONS
TUES 18 JUNE 7.30PM
ACT BRUMBIES vs BRITISH & IRISH LIONS
SAT 22 JUNE 8PM
WALLABIES vs BRITISH & IRISH LIONS (FIRST TEST)
TUES 25 JUNE 7.30PM
REBELS vs BRITISH & IRISH LIONS
SAT 29 JUNE 8PM
WALLABIES vs BRITISH & IRISH LIONS (SECOND TEST)
SAT 6 JULY 8PM
WALLABIES vs BRITISH & IRISH LIONS (THIRD TEST)
NEWPORT ARMS HOTEL - 2 KALINYA ST, NEWPORT
WWW.NEWPORTARMS.COM.AU
WWW.FACEBOOK.COM/NEWPORTARMSHOTEL

UNIQUE CAR SHOW
Sunday 23rd June
10am to 3pm
ALLAN WARD JAZZ BAND (11AM TO 2PM)
Arrive by Water:
"MV Reliance" shuttle boat service from Rowland Reserve, Bayview starting at 10am to the RMYC
(Cost $5.00 pp each way)
IN THE RMYC WATERFRONT CARPARK
46 PRINCE ALFRED PARADE, NEWPORT
www.royalmotor.com.au
www.facebook.com/rmycbb
ALLAN WARD JAZZ BAND

Sly Dogs Unplugged at Church Point Cafe
Live music on Sunday mid-afternoon

The Sly Dogs will be doing some "winter healing" unplugged every second Sunday at Church Point Cafe on the deck. First session is this coming Sunday May 12th, Mother's Day, bring mum along and relax. Other dates are: **July 14th, August 11th.**


hEAd On photo festival
Tracy Ponich
IT'S SPRING.... LOOK CLOSELY
Newtown Library 1 May - 30 June 2013

Solo exhibition in Newtown - Tracy Ponich

Head to Newtown and take in IT'S SPRING.... LOOK CLOSELY, a Head On Photo Festival 2013 exhibition. Eleven large-scale macro images capture nature's patterns, textures and colour. This is an exploration of the details of spring, sometimes elegant - and sometimes bizarre.

1 May – 30 June 2013
Newtown Library
8 – 10 Brown Street, Newtown NSW

Add On, a group exhibition

131 photographers, 131 images, including Scotland Island Photographer Tracy Ponich's work. See quirky, intriguing Add On 2013, one of the main Head On Photo Festival events.

15 – 25 May 2013
Depot II Gallery
2 Danks Street, Waterloo NSW

For more information, visit: www.feathermark.com.au

NORTHSIDE ABORIGINAL ARTISTS & CRAFTSPERSONS EXHIBITION
Friday 28 June – Sunday 30 June
9am – 7pm daily
Mona Vale Memorial Hall
EXHIBITION GALA OPENING
FRIDAY 28TH JUNE
6 – 8.30 pm
Mona Vale Memorial Hall
(Next to the Library)
This is our FIRST Community Exhibition on the Northern Beaches.
Please come along & Enjoy!!
WORKSHOPS FOR CHILDREN & ADULTS
SATURDAY 29 JUNE
10.30AM & 2PM
Mona Vale Memorial Hall

Southern Cross Wildlife Care
FUNDRAISER

Presentation, Dinner and Drinks
$75.00

Saturday 13th July
4.00pm onwards
Joan Pearson's Place
18 Ida Ave, Mosman

Bookings Essential: Joan 9960-2229

FREEDOM OUTDOORS .COM.AU

Big news - we're going to focus on the mighty Hawkesbury River over the next few months with three paddles that will cover over 75kms of the prettiest part of this historic waterway:

3rd Annual Hawkesbury Happening from Wisemans Ferry to Spencer - Monday June 10 (Queens Birthday)
Our paddle from Wisemans to Spencer was the most popular we ran last year. One way, with the tide for boat owners and hirers. Many people think this twisting, turning section of the mighty Hawkesbury is its prettiest. Lovely pull in spots for lunch/breaks. You'll hear what it's like to do the 15 hour Hawkesbury Classic paddle - and who knows, you might even decide to give it a go this October! Car shuffle will be organised. Hire $85. Boat owners also welcome - $55. Grade Easy/Medium.

Perfect Pittwater in Ku-ring-gai Chase National Park - Sunday June 23
Spend a day on colourful Pittwater, famous for its myriad of bays and coves, where we'll cruise from McCarrs Creek Reserve to Elvina and Lovett Bays, made famous in the Susan Duncan book Salvation Creek. We'll walk through the bush to a waterfall and paddle the Creek. Then to the historic YHA Hostel for BYO lunch and some magnificent views. See wonderful homes in isolated splendour. Inspect the hideout of 50s Russian spy Vladimir Petrov. Paddle led by Adrian Clayton. $85pp, includes kayak hire. Easy/medium

Leisurely Lane Cove River – Saturday July 27
Friends of Lane Cove River Committee members will introduce us to this tranquil waterway, centrally located near Sydney Harbour. It's a gentle, meandering river with tree-clad banks, impressive sandstone rock formations and a fascinating history. We'll even pass Fairyland and learn about Australia's most intriguing murder mystery! We'll explore the river from the weir at Fullers Bridge to the harbour. Compact beach for a snack and swim. 11-4pm. $85 per person. Easy paddle ideal for less experienced kayakers.

Narrabeen Lagoon Eco-Paddle – Sunday July 28
The Lagoon supports a wide range threatened flora and fauna, but it is under threat of urban development. This paddle is organised by Friends of Narrabeen Lagoon Catchment and led by its president, Tony Carr! We'll explore the astonishing Deep Creek, which attracts migratory birds from as far away as Russia and Middle Creek, which has recently been the subject of a substantial remediation programme. An easy 2-hour paddle suitable for less experienced kayakers. Only $55pp.

Hawkesbury Happening #2: Sackville to Wisemans – Sun Aug 4
The 2nd stage of our 3 part journey down the Mighty Hawkesbury River. From tiny Sackville we wend our way eastward with the tide, passing cosy settlements, majestic sandstone outcrops, exquisite bush and some lovely riverside homes. The book and more recently play, The Secret River comes to life as we take in the scenic splendour of this amazing river and acknowledge the important part it played in our European and Aboriginal history. Hire $85pp, Own Boat $55. Easy/Med.

NEW: The Cascades Walk & Paddle - Sun August 11
You'll love this combined paddle and walk. Beyond the Roseville Bridge lie the remnants of a huge Cedar forest. The logs were dragged by horse to The Cascades, where there was a dam with a timber floodgate. The logs were washed down Middle Harbour Creek and loaded onto a barge destined for Sydney. Lush bushland with a defined track, spectacular waterway. Full day starting at Davidson Park. $85, includes kayak hire. Easy/medium.

Coral Sea Kayaking Fantasy - August 18 to 26
Includes Hinchinbrook Island & the Great Barrier Reef Marine Park
Off the tropical coast of North Queensland lie 15 continental islands, 11 of which are National Parks surrounded by the Great Barrier Reef Marine Park. On this extraordinary week, you'll paddle the coast of Hinchinbrook Island and take in 5 other islands with their heady mix of abundant marine life including dolphins and migrating whales, sheltered, sandy beaches and towering granite peaks. Good value at $2,165 per person. Email Tony for full itinerary. A deposit of $350 is all that's needed to secure your spot.

Hawkesbury Happening #3: Brooklyn-Spencer return - Sat Sept 7
Completing our 3 part exploration of the Hawkesbury River, we start our journey at the Deerubben Reserve, beside the F3 bridge over the Hawkesbury. This is where the 111km Hawkesbury Classic Kayak race finishes. We pass through the Milson Island channel to Bar Point, onto Big Jim's Point and the quaint village of Spencer. Popran National Park on one side, Marramarra on the other. Spectacular views all the way. Kayak hire $85 or bring your own boat $55. Grade Easy/medium.

PLAN YOUR OWN TRIP. If you have a dozen or so friends who'd like to join you on a trip we can put on a special, exclusive day for you. Any day, anywhere. Ideal for that holiday reunion with friends. Make it a morning, afternoon or full day event - or a twilight paddle and head off to a restaurant afterwards.

KAYAKING T-SHIRTS now available. Pittwater pic on the back with our theme, "The World looks better from Water Level". Wear the shirt: show everyone you are a kayaker! Small to Extra Large sizes. $25 by mail order or pick one up when you do a paddle. We can also help you with gloves, Aquashoes and Dry Bags. Get the gear and go!

PAY FOR YOUR TRIP by forwarding the participation fee as specified to the following Westpac account, with your name in the message field:

Freedom Outdoors
BSB 032 123 Account 22 32 86

No transfers, cancellations or refunds in the week leading up to a day paddle.

Paddle updates by clicking on:
www.freedomoutdoors.com.au

AMAZE
The Michael Crouch Gallery
Changing objects
Revealing stories
FREE ENTRY

The Mitchell Library - State Library of NSW

Discover the curiosities of our amazing collections and historic Mitchell building direct to your mobile device.

Mitchell Building Discovery Tour delves into the rich history of the Mitchell building with stories about its founders, builders and benefactors, and the many fascinating objects it contains.

AMAZE: The Michael Crouch Gallery features 60 incredibly rare and often quirky objects from the Sir William Dixson collection, including the only known pirated copy of Charles Dickens' Pickwick Club, 1838.

The Greatest Wonder of the World exhibition tour - includes interviews with curator Alan Davies about this internationally significant collection of 19th century photographs of goldfield life in NSW and Victoria, including little-known stories not featured in the exhibition.

Karaoke WORLD CHAMPIONSHIPS 2013
Are YOU Australia's next singing sensation?
Represent Australia

Avalon Beach RSL

HEATS HAVE STARTED!!! - EVERY SATURDAY NIGHT FROM 8:30PM. HEATS FROM SAT 6TH APRIL TO SAT 8TH JUNE. VENUE FINAL **SAT 15TH JUNE**

Are you Australia's next singing sensation? - Now's your chance to get noticed! Starting in April, Avalon Beach RSL Club will be holding heats for the Karaoke World Championships.

There are weekly prizes, venue prizes, state prizes & the national prize: Airfares to Finland to represent Australia at the KWC 2013 World Finals, accommodation, $2,000 spending money & more FOR ALL THE DETAILS PLUS TERMS & CONDITIONS PLEASE CLICK HERE TO VIEW THE KWC WEBSITE.

BUSH REGENERATION & ENVIROFUN!
Weekends April 5 – 7 / Sep 6 – 8, 2013
Catchment Management Authority Hawkesbury-Nepean

CONVICT SYDNEY
EXHIBITION ON NOW

Until Thursday 31 December 2015

All kinds of crimes could get you a job on Macquarie Street ...

Explore Australia's convict history at the World Heritage-listed Hyde Park Barracks. Learn about the forced transportation of convicts, their daily lives and how they built the colony. Wander the streets of 1820s Sydney on our giant map, try on a set of leg-irons, lie in a convict hammock, **look for your relatives on the convict database**, and discover the intriguing stories of some of the 50,000 convicts who passed through the barracks doors between 1819 and 1848. Bring your kids for dress-ups and our convicts Kids' Trail.

Hyde Park Barracks is a World Heritage site. Address: Queens Square, Macquarie Street, Sydney, NSW 2000

Contact: 02 8239 2311 Admission: Adult $10, Child/Concession $5, Family $20, Members free. 10am-5pm daily.

PUBLIC SYDNEY: STOP, LOOK, LIVE!

All around you in Sydney's public spaces people are doing the most unexpected things. This exhibition celebrates the unusual stories of the city's public buildings, parks and street corners, and may answer some of your burning questions about strange things you have seen happening in our shared spaces.
Explore some of our most loved sites – Bennelong Point, the Museum of Sydney, Hyde Park, Central Station and Town Hall – and see how we, the public, are shaping them. Discover what a handmade cedar coffin, a silver trowel and an ASIO surveillance picture can tell you about the remarkable history of Town Hall, or what a 2-tonne cannon has to do with the iconic Sydney Opera House.
Tell us your stories – online and in the exhibition – and share the things that make you stop, look, and embrace life in your public spaces. Alongside the exhibition, this blog will explore the public spaces of Sydney.

Sponsor:
The Sydney Morning Herald
Museum of Sydney
Saturday 30 March - Sunday 8 September 2013
Address: Corner Phillip and Bridge Streets, Sydney, NSW 2000
Contact: 02 9251 5988 or for Education bookings: 8313 5612
Admission: Adult $10 | Child/Concession $5 | Family $20 | Members free |
Hours: Open daily 10am — 5pm | Closed Good Friday and Christmas Day
Photo: Playing lacrosse in The Rocks, 2012. Photograph © James Horan

PITTWATER COUNCIL

Storytime for preschoolers
Held every Wednesday morning at Avalon Library 10:30am - 11am

Avalon Library Storytime is held every Wednesday morning from 10.30am at the Library. Hear stories, listen to music and enjoy craft activities. Sessions run for between 30 and 40 minutes. Suitable for preschoolers, 3 to 5 years of age.
Venue: 59A Old Barrenjoey Road, Avalon (above the Recreation Centre). Cost: Free however bookings are essential. Bookings: Phone: 9918 3013 or email avalonlibrary@ozemail.com.au

Storytime at Mona Vale Library
Tuesday, Wednesday and Thursday Mornings, 10- 10.45am

Mona Vale Library Storytime is held three mornings per week during school terms. Hear stories, sing songs and enjoy craft activities. Sessions run for approximately 45 minutes. Suitable for preschoolers, 3 to 5 years of age. Venue: Mona Vale Library, 1 Park St, Mona Vale. Cost: Free. No bookings required

Pittwater RSL

JAMES MORRISON - Saturday 15th June 2013

Doors open 7pm Dinner 7.30pm Show 8pm - Members - $70 Non-Members - $75 Show Only - $40

Australian National Maritime Museum

Vivid Sydney, the countdown begins
24 May - 10 June
For the first time, the museum will light up as part of the exciting Vivid Sydney program. Inspired by upcoming exhibition East of India - Forgotten trade with Australia, our rooftop will come alive with the colours of India.
Stay up late Join us every Friday and Saturday night during Vivid for DJs, bands, bar and Indian-inspired flavours at Yots café". For a full program, visit our website
http://www.anmm.gov.au/vivid

East of India – Forgotten trade with Australia
Opens 1 June
In an Australian first, this exhibition explores our colonial links with India, the power and monopoly of the English East India Company and its subsequent decline. Featuring objects from international collections including the Victoria & Albert Museum, British Museum, and the Royal Collection.
http://www.anmm.gov.au/india

Family fun day: Excellent Endeavour
Sunday 19 May | 11 am - 3 pm
Uncover the stories behind our tall ship HMB Endeavour replica in a day of family fun. Learn seamanship skills, build your own paper tall ship in Kids on Deck or take part in interactive performances and character tours.
For ages 5 - 14 years and adults
$10 child, $10 adult, $45 family
Includes HMB Endeavour, family fun day activities and galleries.
FREE for members. http://www.anmm.gov.au/events

Talks & tours
We have some fascinating talks and tours happening this month - from maritime archaeology to Antarctic expedition, there's sure to be something to spark your interest.
Day tour: Fort Scratchley and Newcastle Maritime Museum - 16 May
Talk: World War 1 at sea - 19 May
Talk: Michael AW, Antarctic expedition leader - 26 May
Cruise: Japanese midget submarine attack anniversary - 31 May
Book online http://www.anmm.gov.au/events

Exhibition: Elysium Antarctic Visual Epic
Open until 3 November
In 2010 a team of wildlife photographers, filmmakers and scientists embarked on an expedition from the Antarctic Peninsula to South Georgia. This stunning photographic exhibition captures the expedition, life above and below the ice, and the magnificence of this great wilderness.
Related event
Talk: Michael AW, Antarctic expedition leader - 26 May
http://www.anmm.gov.au/elysium

Exhibition: Rescue
Open until 14 July
Search and rescue operations take place every minute, every hour, every day, all around the world. From the air to the sea and on land, responsive operations are lifelines to many people in times of need. But what does a rescue scenario really involve? Find out in this hands-on exhibition.
http://www.anmm.gov.au/rescue

MAHJONG - AVALON ACTIVE SENIORS GROUP

Avalon Active Seniors Group Invites experienced Mahjong players to join a new group. Thursdays 1-3pm: $2.00 per session at Avalon Recreation Centre. Phone Julie: 0403 820 261.

Barrenjoey Lighthouse Tours

Every Sunday, throughout the day, from 11am to 3pm. Tours take approx 30 mins. Phone 9472 9300 on the day to check tours are going ahead. Meeting place: Meet at the top (steep and hard 20-minute walk on uneven ground) at the keeper's cottage. Cost: $5 adults, $2 children.

BERNARD FANNING
DEPARTURES TOUR
SPECIAL GUESTS
BIG SCARY & VANCE JOY
SUN 14 JUL NAMBOUR CIVIC CENTRE NAMBOUR
TUE 16 JUL EMPIRE THEATRE TOOWOOMBA
THU 18 JUL TIVOLI THEATRE BRISBANE
FRI 19 JUL THE ARTS CENTRE GOLD COAST
TUE 30 JUL NEWCASTLE CIVIC THEATRE NEWCASTLE
THU 1 AUG ANITA'S THEATRE WOLLONGONG
FRI 2 AUG ENMORE THEATRE SYDNEY
SUN 4 AUG ROYAL THEATRE CANBERRA
FRI 9 AUG PALACE THEATRE MELBOURNE
SAT 10 AUG SPAC – COSTA HALL GEELONG
TUE 13 AUG WREST POINT HOBART
THU 15 AUG THEBARTON THEATRE ADELAIDE
SAT 17 AUG KURANDA AMPHITHEATRE CAIRNS
SUN 18 AUG THE VENUE TOWNSVILLE
TUE 20 AUG PILBEAM THEATRE ROCKHAMPTON
WED 21 AUG ENT. CONVENTION CENTRE – PLENARY HALLS MACKAY
SUN 25 AUG ASTOR THEATRE PERTH
TICKETS ON SALE 12 MIDDAY FRIDAY 10 MAY
NEW ALBUM DEPARTURES OUT FRIDAY 7 JUNE. NEW SINGLE BATTLESHIPS OUT NOW

Tweet | Like | +1

YOUR INVITATION TO 2 ONE-DAY WORKSHOPS | 22 - 23 June 2013 Sydney, NSW

Our Senior Lecturer, Linn Wiggins, will be running the following 2 one-day workshops between Saturday 22nd and Sunday 23rd June 2013 in Sydney NSW:

Women's Wellbeing & ABFE:
This one day workshop will teach a woman how to easily and effectively use the Australian Bush Flower Essences to help her achieve emotional and spiritual balance in the following areas of her life:
Menstruation, Relationships, Sexuality, Family Planning, Fertility, Pregnancy and Birthing, Motherhood, Body Image, The Wounded Feminine, The Workplace, Menopause, Common Health issues, Graceful ageing

Graceful Ageing & ABFE:
Our Graceful Ageing workshop aims to show you ways to journey through life in an eloquent and graceful way, no matter what your biological age is. We will share with you how a wholistic approach to life and ageing can positively affect your wellbeing and the way you look.

As you move through the cycles of your life you will be confronted with many mental, emotional and spiritual challenges. The storms in life can be an opportunity for you to mature, to deepen your character, find your purpose, and become the best possible version of yourself. Regardless of your years, graceful ageing is mastering the art of progressively redefining yourself in a positive, edifying and mature manner. Your Life is precious. Discover how you can begin to make the most of every day, so your journey can be a more meaningful and enriching everyday experience, throughout all the seasons of your life.

Details for these 2 workshops are:

Venue: Kamaroi Rudolf Steiner School
220 Forest Way, Belrose NSW

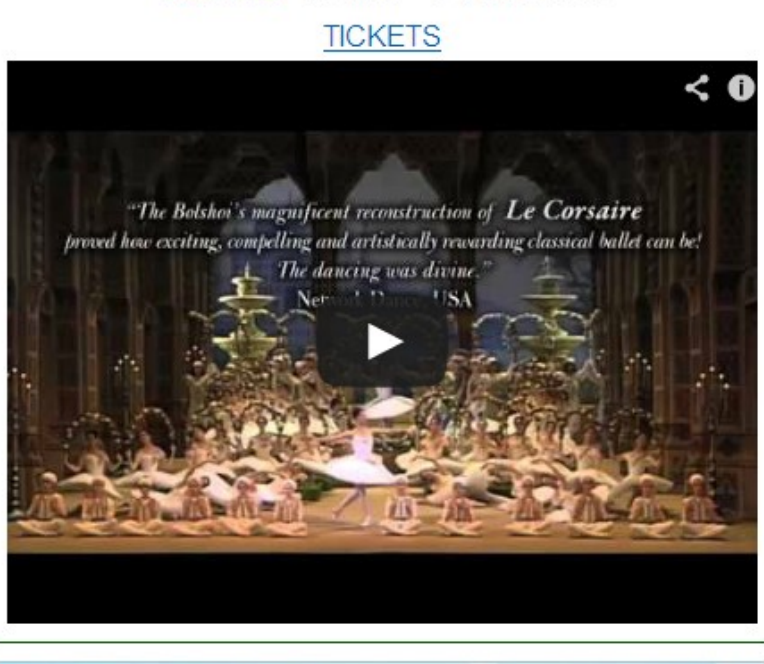
Date & Time:
Women's Wellbeing & ABFE - Saturday 22nd June 2013
Graceful Ageing & ABFE - Sunday 23rd June 2013
9.30am to 6.00pm (both days) Registration: 9.00am

Contact (For more information or for bookings)
Sharon Selvage
Phone: (02) 9450 1388
Email: uschi@ausflowers.com.au

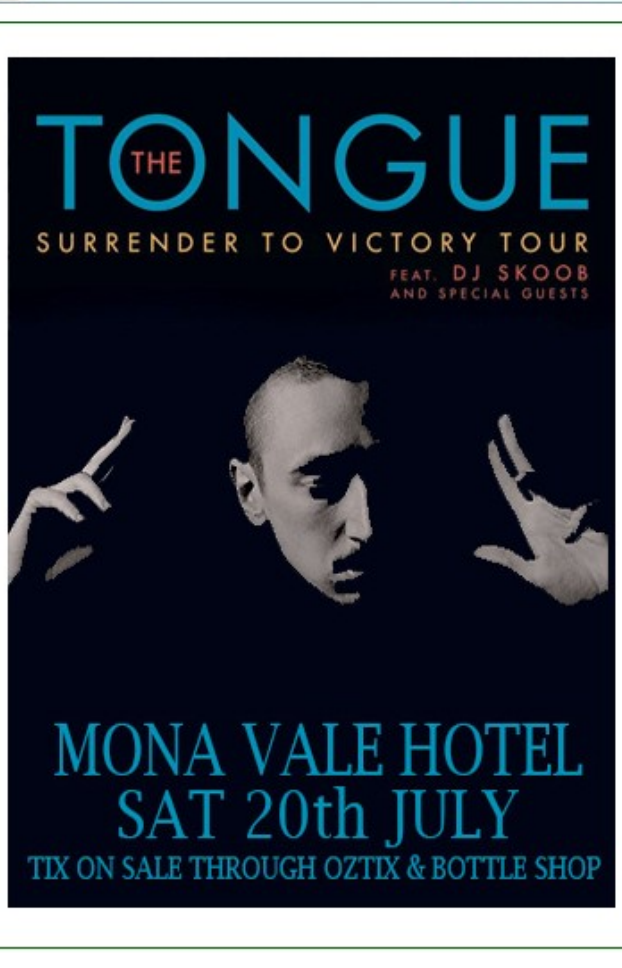
Cost: $175.00 per workshop if prepaid by JUne 7th 2013 (or $199 thereafter). Attend both the Women's Wellbeing and Graceful Ageing & ABFE workshops for the discount price of $325.00 early bird. (Prices include morning/afternoon tea and 10% GST.) Group discounts and other discounts are available.

BOLSHOI BALLET - QUEENSLAND PERFORMING ARTS CENTRE - 30 MAY – 9 JUNE 2013

TICKETS


"The Bolshoi's magnificent reconstruction of Le Corsaire proved how exciting, compelling and artistically rewarding classical ballet can be! The dancing was divine."

Christmas in July Dinner & Show!
Saturday 6th July
$80.00pp
includes drink on arrival and 2 course dinner
THE Whispering Jack SHOW
A TRIBUTE TO THE MUSIC OF JOHN FARNHAM
AMBERLEY
Crown LAGER


THE TONGUE
SURRENDER TO VICTORY TOUR
FEAT. DJ SKOOB AND SPECIAL GUESTS
MONA VALE HOTEL
SAT 20th JULY
TIX ON SALE THROUGH OZTIX & BOTTLE SHOP

To List your Event email pittwateronlinenews@live.com.au . Please send all material ready to publish.

June 16 - 22, 2013: Issue 115

Products and further friendly advice available at Mona Vale and Avalon Johnson Brothers Mitre 10.

Click on logo to visit their website

JOHNSON BROS
MITRE 10
ABN: 12 000 868 866

Tweet | Like | +1

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JOHNSON BROS
MITRE 10 PRESENTS....

TRADE DAY 2013

JUNE 20, 12-6PM

25 MAJOR SUPPLIERS

CPD POINTS

Our famous trade day sale is bigger than ever this year!

Do not miss this day!

FREE!; BBQ, DRINKS, GIVEAWWAYS, & MORE

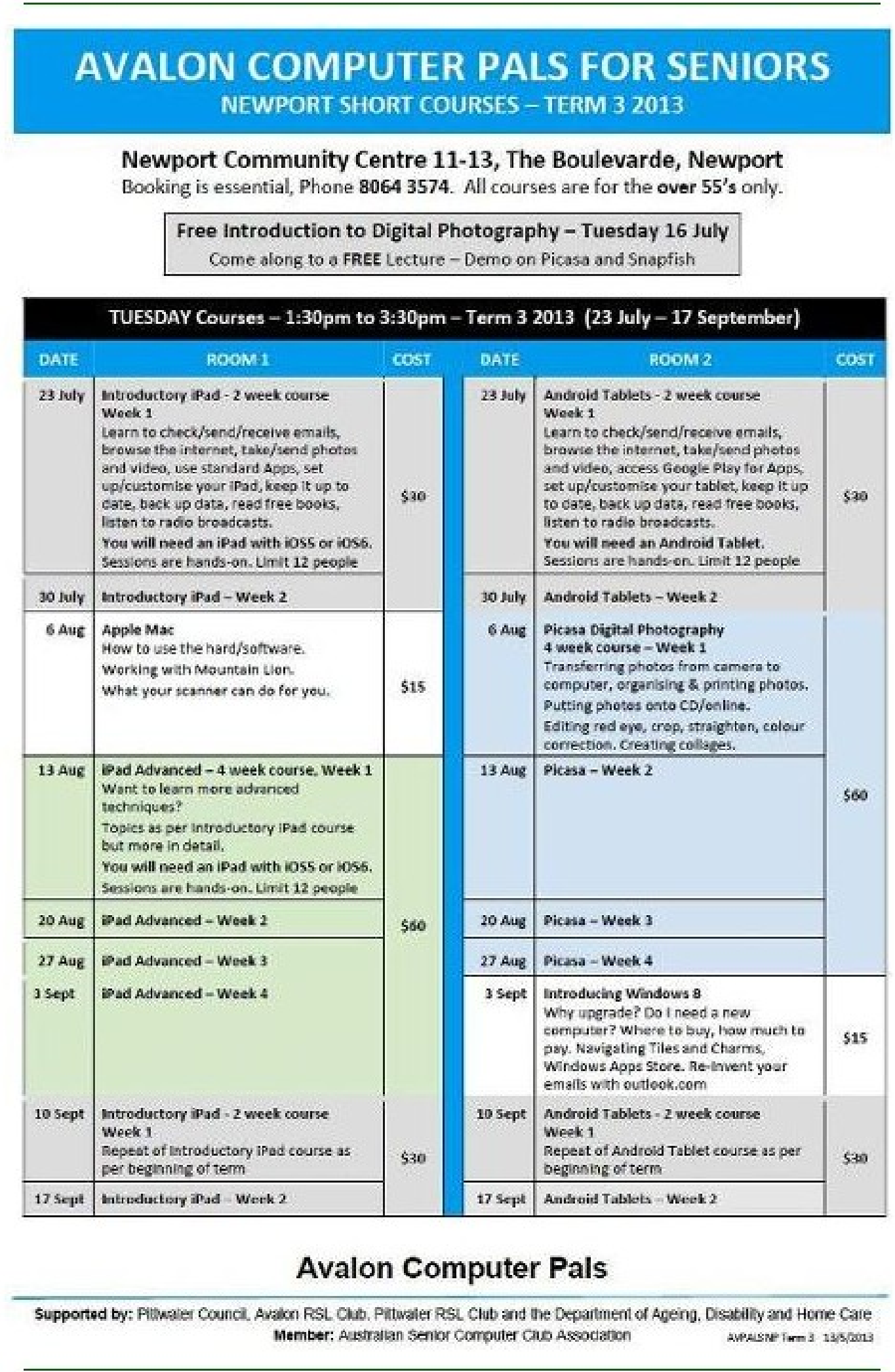
NEVER TO BE REPEATED SPECIALS!

51 Bassett street, Mona Vale

makita
It's what's inside that counts.
BOSCH
Invented for life
James Hardie
elfa
LINKWARE
DRIZORO
Green Insulation
Meyer TIMBER
TruaCuT
SOUDAL
Bradford
SELLEYS
BREMICK
Cabot's
COOPER Tools
IRWIN
CIRCO
BAHCO
APEX
KINCROME
Paslode Australia
OX

Pittwater Online News

June 16 - 22, 2013: Issue 115



AVALON COMPUTER PALS FOR SENIORS

NEWPORT SHORT COURSES – TERM 3 2013

Newport Community Centre 11-13, The Boulevarde, Newport
Booking is essential, Phone 8064 3574. All courses are for the over 55's only.

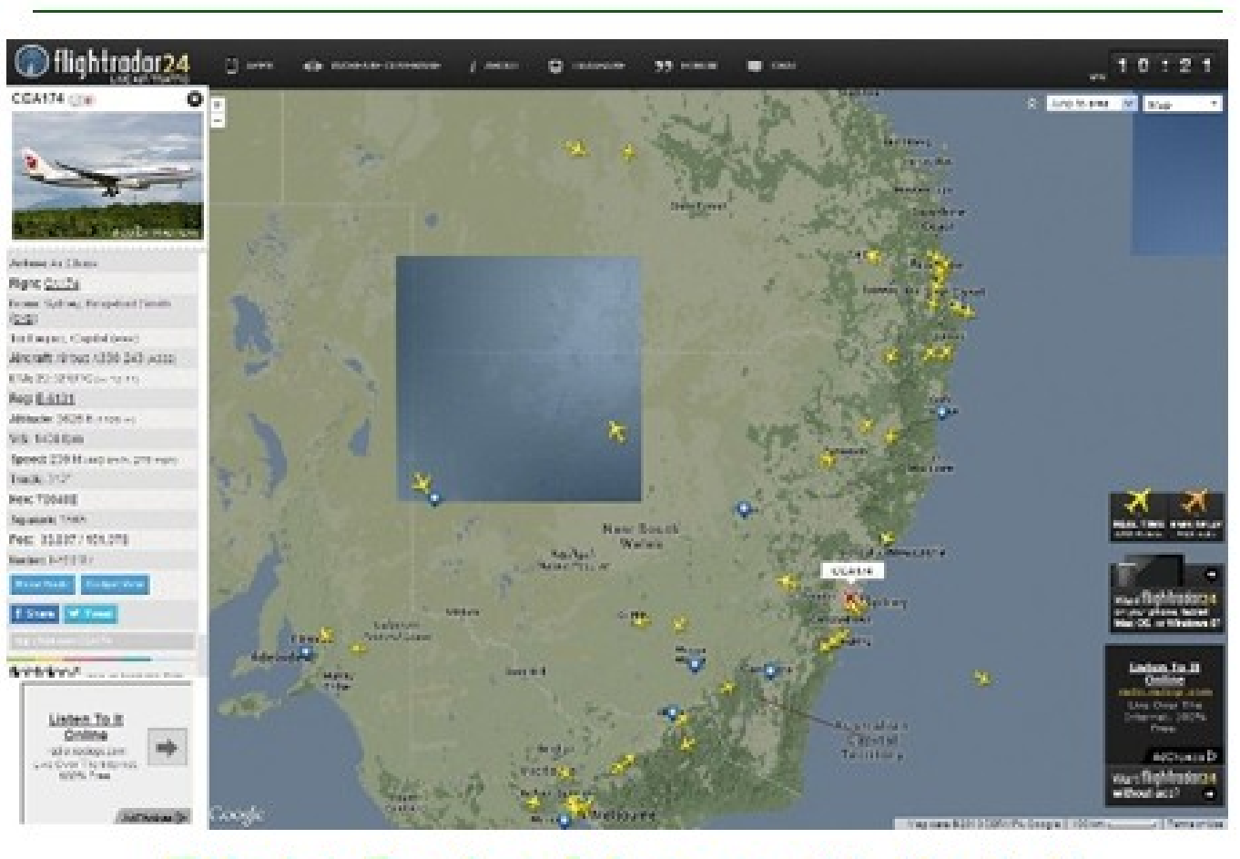
Free Introduction to Digital Photography – Tuesday 16 July
Come along to a FREE Lecture – Demo on Picasa and Snapfish

TUESDAY Courses – 1:30pm to 3:30pm – Term 3 2013 (23 July – 17 September)

DATE	ROOM 1	COST	DATE	ROOM 2	COST
23 July	Introductory iPad - 2 week course Week 1 Learn to check/send/receive emails, browse the internet, take/send photos and video, use standard Apps, set up/customise your iPad, keep it up to date, back up data, read free books, listen to radio broadcasts. You will need an iPad with iOS5 or iOS6. Sessions are hands-on. Limit 12 people	$30	23 July	Android Tablets - 2 week course Week 1 Learn to check/send/receive emails, browse the internet, take/send photos and video, access Google Play for Apps, set up/customise your tablet, keep it up to date, back up data, read free books, listen to radio broadcasts. You will need an Android Tablet. Sessions are hands-on. Limit 12 people	$30
30 July	Introductory iPad – Week 2		30 July	Android Tablets – Week 2	
6 Aug	Apple Mac How to use the hard/software. Working with Mountain Lion. What your scanner can do for you.	$15	6 Aug	Picasa Digital Photography 4 week course – Week 1 Transferring photos from camera to computer, organising & printing photos. Putting photos onto CD/online. Editing red eye, crop, straighten, colour correction. Creating collages.	$60
13 Aug	iPad Advanced – 4 week course, Week 1 Want to learn more advanced techniques? Topics as per Introductory iPad course but more in detail. You will need an iPad with iOS5 or iOS6. Sessions are hands-on. Limit 12 people	$60	13 Aug	Picasa – Week 2	
20 Aug	iPad Advanced – Week 2		20 Aug	Picasa – Week 3	
27 Aug	iPad Advanced – Week 3		27 Aug	Picasa – Week 4	
3 Sept	iPad Advanced – Week 4		3 Sept	Introducing Windows 8 Why upgrade? Do I need a new computer? Where to buy, how much to pay. Navigating Tiles and Charms, Windows Apps Store. Re-invent your emails with outlook.com	$15
10 Sept	Introductory iPad - 2 week course Week 1 Repeat of Introductory iPad course as per beginning of term	$30	10 Sept	Android Tablets - 2 week course Week 1 Repeat of Android Tablet course as per beginning of term	$30
17 Sept	Introductory iPad – Week 2		17 Sept	Android Tablets – Week 2	

Avalon Computer Pals

Supported by: Pittwater Council, Avalon RSL Club, Pittwater RSL Club and the Department of Ageing, Disability and Home Care
Member: Australian Senior Computer Club Association
AVPALSNP Term 3 13/5/2013



Flight Radar 24.com C/- W.A.G.

Have you ever wondered where that plane flying over head is going and what type of aircraft it is? On flightrader24.com you can do just that.

I just watched on my laptop the plane whose vapour trail I could see over head and was blown away by all the information and also the view. This is definitely a keeper.

You are also going to be totally blown away when you see how many aircraft are flying in your area. I can now see why an aircraft traffic controller is one very, very busy person.

If you can get this working for you it will tell you who is flying and where they are going. Here is a note to help you get more out of your visit to this site:

These are all the aircraft in the air right now. In the left hand column, there is a box called "planes." The number in the box is the number of aircraft airborne. This view is what the traffic management people see for planning purposes at the various airports.

Every day you see planes in the sky, sometimes very high, with or without con-trails. We ask ourselves questions :

What type of plane, airbus A320,330,350? Boeing.....or other. Where does it come from, where is it going, what altitude, what speed, what company etc. on this website you can see all the information instantly on your screen.

Some tricks;

Drag the map to take you to the area you want to view. To view your region or town, you can zoom in by tapping with your mouse. On the map you will see all the planes in the air. Click on a airplane, and on the left screen you will get all the info. Airline, type, speed, altitude in real time, recalculated every 10 seconds. On some you can also click on 'view from the cockpit'. **See** www.flightradar24.com/

COTA – NSW - http://cotansw.com.au/

ABOUT US

The Council on the Ageing NSW (COTA NSW) is the peak organisation for people over 50 in our state. We're an independent, non-partisan, consumer-based non-government organisation. We work with politicians, policy makers, and service providers as well as media representatives to make sure your views are heard and your needs are met. COTA NSW works to empower and engage people over 50. For decades, we've shaped the policies and programs that change lives.

Since our beginning in 1956, COTA NSW has introduced policies and programs that make a real difference to peoples' lives. We have proud record, having created:

▪Meals on Wheels, ▪Retirement Village Residents Association, ▪Australian Seniors Computer Clubs Association, ▪Seniors Clubs, ▪Seniors Information Service, ▪OM:NI – Older Men: New Ideas, ▪Grandfriends, ▪Grandparents, Relatives and Kinship Care Alliance, ▪Medication Management for Older People, and the, ▪Mature Employment Line.

COTA NSW, through constant contact with consumers and consumer groups across the state, through the research it conducts and through partnerships with other NGOs, research bodies and universities, is also an important source of information and advice on issues and decisions that people will navigate through as they live long, healthy, and productive lives. We have always made this information and advice available publically through telephone advice and over eighty Fact Sheets. Browse through our website or contact us and help COTA NSW continue its work in advancing the interests of people over 50.

HAVE YOUR SAY!

We have launched our **2013 COTA NSW Survey**. We want to know what you think about important issues. Your input helps to determine the policies and positions we communicate to Government. Everyone who completes the survey goes into a draw to win one of five $50 gift cards. Click the link to access the survey.

Click here to complete the COTA NSW 2013 Survey.

2013 Discount Directory now available - Seniors Card

The 2013 Discount Directory is now available. Please find digital copies of each of the 5 regional directories **HERE**.

The University of the Third Age
Sydney U3A

U3A Events - No Charge - Open to members of U3A, or prospective members can attend two events prior to joining.

University of the Third Age – Northern Beaches

YOGA FOR BLOKES ....
Foundation Yoga and Relaxation

The focus of the class is to introduce yoga to men in a friendly, relaxed **non-competitive** way.
Jeff has completed teacher training with International Yoga Teachers Association plus two years of yogic studies with the Satyananda Yoga Academy.
Bring along a mat (borrow your wife's) .... a blanket .... an open mind .... and a sense of humour.

Where? Newport Community Centre, The Boulevarde, Newport
When? 2.00–4.00pm each Thursday for six weeks: May 9, 16, 23, 30, June 6 and 13
Enquiries and Bookings? Jeff Dods .... tel: 9979 7129 .... Email: jeffdods@bigpond.com

Media Releases concerning Seniors this week from National Seniors Australia

With around a quarter of a million members, National Seniors is Australia's largest consumer organisation for the over 50s and fourth largest group of its kind in the world.

SENIORS CARD

Seniors Card Website; great information Competitions, Newsletters and Events listings

HERE

Contact Community Care Northern Beaches by clicking their logo:

CCNB COMMUNITY CARE (NORTHERN BEACHES) LIMITED

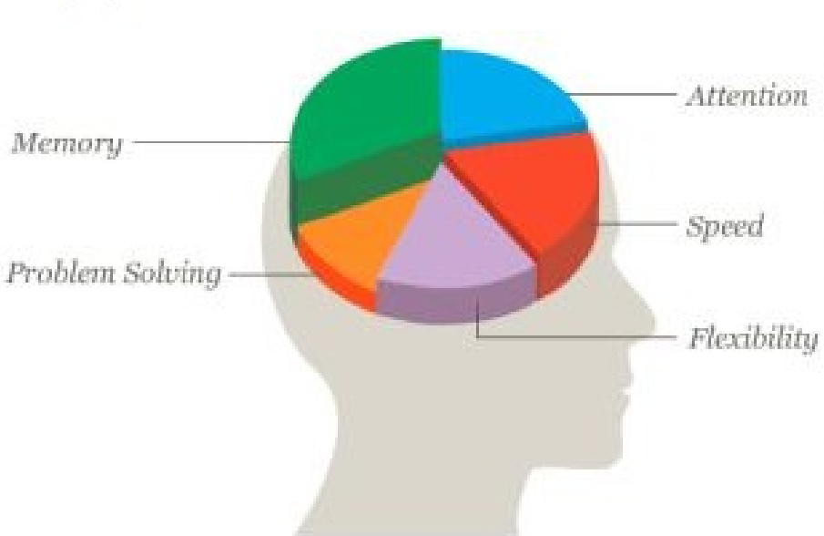
HEARTMOVES Heart Foundation

Heartmoves is a low-moderate intensity exercise program. Regular participation in Heartmoves will help to:

- Better manage weight, blood sugars, blood pressure and cholesterol
- Improve fitness, balance, co-ordination and flexibility
- Enhance your quality of life and meet other people

Ingrid Davey is a qualified Older Adult Instructor and accredited Heartmoves Leader who will guide you through an exercise program that is fun, safe and modified to suit you. Tuesday 9.30am and Thursday 10.30am at Nelson Heather Centre, 4 Jackson Road Warriewood. New people welcome every week. $8.00 casual Phone Ingrid to secure your spot on 0405 457 063. www.heartfoundation.org.au

Keep your Wits About You



A regular contributor suggests we all look at Lumosity to see if will suit keeping active mentally. Their website states: "improve Brain Health and performance. Designed by neuroscientists, Lumosity exercises improve core cognitive functions. Researchers have measured significant improvements in working memory and attention after Lumosity training. Dozens of research collaborations help improve the Lumosity training program and its effectiveness." You can visit their website to decide for yourself at: www.lumosity.com/app/v4/personalization

Warringah Council PITTWATER COUNCIL

Super Seniors Directory

A massive directory for all northern beaches seniors is hitting the streets for Seniors Week. The Services, Activities & Housing Directory 2012-2013 is a one-stop-shop for all northern beaches seniors thanks to a successful partnership between Warringah, Pittwater and Manly Councils.

The directories can be found at Council's Customer Service; Libraries, Community Centres or online at the council websites.

If older people with mobility problems have difficulty assessing the directory - contact Aged Services and you will be sent a copy.

Sydney Northern Beaches Woodturners Inc

The aim of our group is to bring together people who are interested in woodturning and to assist new members to participate in the craft of woodturning. At the same time we aim to socialise and have fun. We are active in supporting local community groups and charities. We make cash donations as well as donations of toys and equipment made by our members.

Come and see us at the Narrabeen RSL Club, Nareen Pde, North Narrabeen. Workshop Open every **Tuesday,** Friday and Saturday between 9 am and 12 noon.

Cost: $2 for insurance & a cuppa (If you want to join there is a $25 yearly subscription fee). Contact: Jack Butler on 9999 4290 or email: johnbutler@optusnet.com.au .
Website: https://sites.google.com/site/woodturner60/

Avalon Computer Pals for Seniors

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about $30 a school term) they can provide one to one training on most matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help.

The training rooms are under the Catholic Church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site www.avpals.com or or phone 02 8064 3574

Article onAvPals Seminar

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Outsmart the SCAMMERS scamwatch.gov.au 1300 795 995 AUSTRALASIAN CONSUMER FRAUD TASKFORCE

National Consumer Fraud Week "Outsmart the Scammers!" - 17 - 23 June, 2013 - Courtesy Australian Seniors Computer Clubs Association

The Australasian Consumer Fraud Taskforce was established in March 2005 to enhance the Australian and New Zealand Governments' enforcement activity against fraudulent and scams related activity. The Taskforce is a member of the International Consumer Protection Enforcement Network and is proud to support its annual Global Consumer Fraud Prevention Month campaign, which includes over 40 consumer regulatory agencies around the world.

ASCCA is proud to be a partner in the Taskforce - to help share information and generate greater interest in research on consumer fraud and raise consumer awareness about scams and how to avoid victimisation.

Have you ever bought or sold something online, only to find that the person at the other end isn't the real deal? National Consumer Fraud Week 2013 is all about outsmarting scammers online by learning how to buy and sell safely online without being duped.

Australians are increasingly going online to buy goods and services, taking advantage of the speed, convenience and greater choice that the internet can offer. Unfortunately scammers like shopping online for their victims too.

1. Stay one click ahead – follow the Top 5 tips to outsmart the scammers: Think twice – if a deal looks too good to be true, it probably is.
2. Find out what other shoppers say – make sure the person that you are dealing with, and their offer, is the real deal.
3. Protect your identity – your personal details are private and invaluable; keep them that way and away from scammers.
4. Keep your computer secure – Install software that protects your computer from viruses and unwanted programs and make sure it is kept up-to-date.
5. Only pay via secure payment methods – look for a web address starting with 'https' and a closed padlock symbol. Never use a wire transfer service to send money to anyone you do not know and trust, and do not share your financial details with anyone.

Visit SCAMwatch to find out how scams work, how to protect yourself and what to do if you've been scammed: www.scamwatch.gov.au

COTA 2013 Federal Election Panel

In this federal election year COTA Australia is establishing a panel of older Australians. This panel of COTA members and others will be asked to provide feedback on issues and policies that impact older Australians.

To participate simply complete t**his online form**.

Election panel members can participate a range of ways – through surveys, providing information sent about areas of interest or being kept informed of events in their area.

Participation is confidential and you get to control what information can be provided to COTA and what cannot.

Essential Research is an ISO 20252 accredited independent research company. Participating in research is confidential and protected by the Privacy Act.

Health papers published this week:

Exercise for Stroke Patients' Brains

June 11, 2013 — A new study finds that stroke patients' brains show strong cortical motor activity when observing others performing physical tasks - a finding that offers new insight into stroke rehabilitation.

Using functional magnetic resonance imaging (fMRI), a team of researchers from USC monitored the brains of 24 individuals - 12 who had suffered strokes and 12 age-matched people who had not - as they watched others performing actions made using the arm and hand that would be difficult for a person who can no longer use their arm due to stroke - actions like lifting a pencil or flipping a card.

The researchers found that while the typical brain responded to the visual stimulus with activity in cortical motor regions that are generally activated when we watch others perform actions, in the stroke-affected brain, activity was strongest in these regions of the damaged hemisphere, and strongest when stroke patients viewed actions they would have the most difficulty performing.

Activating regions near the damaged portion of the brain is like exercising it, building strength that can help it recover to a degree.

"Watching others perform physical tasks leads to activations in motor areas of the damaged hemisphere of the brain after stroke, which is exactly what we're trying to do in therapy," said Kathleen Garrison, lead author of a paper on the research. "If we can help drive plasticity in these brain regions, we may be able to help individuals with stroke recover more of the ability to move their arm and hand."

Garrison, who completed this research while studying at USC and is currently a post-doctoral researcher at the Yale University School of Medicine, worked with Lisa Aziz-Zadeh of the USC Brain and Creativity Institute and the Division of Occupational Science and Occupational Therapy; Carolee Winstein, director of the Motor Behavior and Neurorehabilitation Laboratory in the Division of Biokinesiology and Physical Therapy at USC; and former USC doctoral student Sook-Lei Liew and postdoctoral researcher Savio Wong.

Their research was posted online ahead of publication by the journal Stroke on June 6.

Using action-observation in stroke rehabilitation has shown promise in early studies, and this study is among the first to explain why it may be effective.

"It's like you're priming the pump," Winstein said. "You're getting these circuits engaged through the action-observation before they even attempt to move." The process is a kind of virtual exercise program for the brain that prepares you for the real exercise that includes the brain and body.

The study also offers support for expanding action-observation as a therapeutic technique - particularly for individuals who have been screened using fMRI and have shown a strong response to it.

"We could make videos of what patients will be doing in therapy, and then have them watch it as homework," Aziz-Zadeh said. "In some cases, it could pave the way for them to do better."

K. A. Garrison, L. Aziz-Zadeh, S. W. Wong, S.-L. Liew, C. J. Winstein. **Modulating the Motor System by Action Observation After Stroke.** Stroke, 2013; DOI:10.1161/STROKEAHA.113.001105

Body Clocks Linked to Osteoarthritis

June 11, 2013 — Scheduled exercise, regular meals and the periodic warming and cooling of joints could be used to relieve the symptoms of osteoarthritis according to scientists at The University of Manchester. Their research may also help explain why older people are more prone to developing this common joint disorder.

The team in the Faculty of Life Sciences has established for the first time that cartilage cells have a functioning body clock that switches on and off genes controlling tissue function. The rhythm of the cartilage clock perhaps goes some way to explain why osteoarthritis sufferers find the symptoms of the disease worse at certain times of the day.

When Dr Qing-Jun Meng and his team studied cartilage tissue in older mice they found that the tissue's body clock was 40% weaker than in younger mice. This suggested that clock deterioration could contribute to an increased risk of developing osteoarthritis in later life. The researchers then looked at cartilage cells affected by damage similar to osteoarthritis and found that components of the body clock are altered during the early stages of the disease.

Following these discoveries the researchers tested what would happen to cartilage tissue in mice and human cartilage cells if they imposed an artificial rhythm mimicking daily changes of body temperature. By raising the temperature by two degrees at 12 hour intervals they found that after three applications the body clock in the cells had been reset and was working in a more robust state. This change lasted for between five and seven days even after the temperature cycles were removed. Further study may show the change continues for longer.

Dr Meng says: "By imposing a rhythm to boost the internal rhythm in cartilage, our data suggests the aged cartilage clock might be re-tuned. This could be done using systemic approaches such as scheduled exercise, restricted meal times or by targeting the joint itself with scheduled warming and cooling. We believe imposing a rhythm could have a significant impact on the future management of joint diseases and with further study it could relieve sufferers' symptoms."

This ground breaking research also suggests that taking drug treatments for joint diseases according to the cartilage clock time could increase their effectiveness, which would allow a lower dosage and consequently reduce side effects.

Dr Meng, a Medical Research Council (MRC) Fellow, has been studying body clocks for a number of years: "Mounting evidence suggests that disruption to body clocks by changes like shift work or jet lag contribute to a number of conditions such as obesity, cardiovascular diseases, cancer and mood disorders. Our next step is to test our theory that body clock disruption also contributes to osteoarthritis."

The research has been published in the journal Arthritis and Rheumatism. Osteoarthritis is the most common joint disorder, affecting around 6 million people in the UK. However, the mechanisms behind the disease are poorly understood and treatment options are limited.

Professor Ray Boot-Handford from the Wellcome Trust Centre for Cell Matrix Research, which is based at the university, has been studying cartilage and osteoarthritis for more than 20 years. He worked with Dr Meng on this research and says: "Osteoarthritis is a complex disease caused by multiple factors, although it's well known that one of the major risk factors is aging. Our findings that the cartilage cells show circadian rhythm and that this rhythm is weakened with age is exciting and may help explain how osteoarthritis develops as we get older. Future research will directly examine the link between cartilage clock changes and osteoarthritis and highlight potential new avenues for treating this disease."

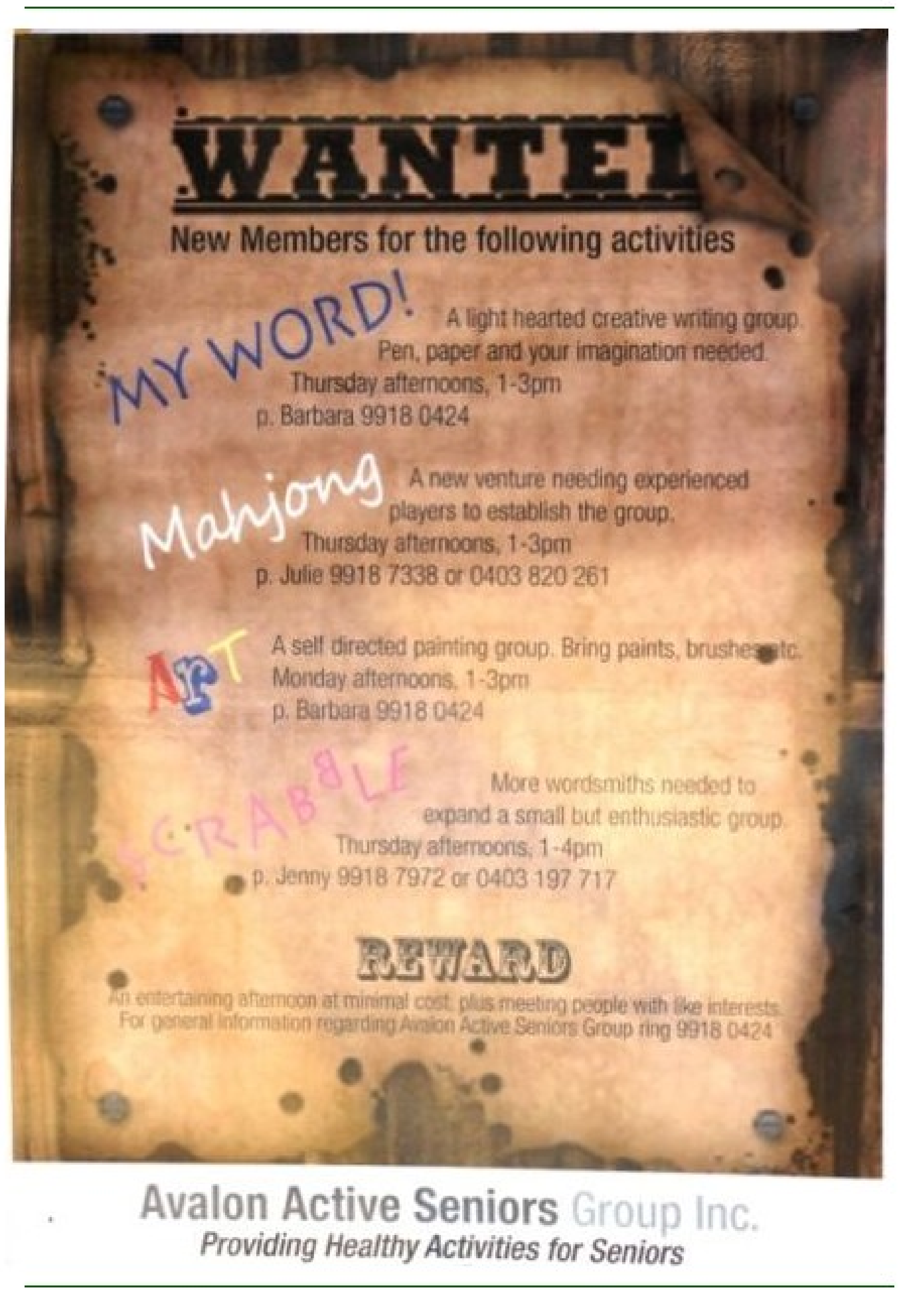
One of the key aspects of this research was the identification of the rhythmic genes that are expressed in cartilage tissue. The scientists found that 615 genes, or 4% of the genes in cartilage, were time-dependently expressed with peaks every 24 hours. They also found that many of the genes have previously been linked to osteoarthritis.

Nicole Gossan worked on the study as part of her PhD. She says: "This research has been incredible to work on. It is the first to show a functioning clock in mouse and human cartilage cells and identify its genome-wide targets. Disruption of these targets during ageing could seriously impact joint health and we are the first to establish a link between clock disruption and osteoarthritis."

Dr Meng and his team have now been awarded an MRC grant of half a million pounds to establish the causal relationship between clock disruptions and the onset and severity of osteoarthritis as well as identifying novel therapeutic targets. This will include the targeting of clocks by imposing an artificial rhythm as well as the timed delivery of drugs. It's hoped the research will ultimately lead to better treatments for osteoarthritis.

Nicole Gossan, Leo Zeef , James Hensmana, Alun Hughes, John F Batemanb, Lynn Rowleyb, Christopher B Littlec, Hugh D Piggins, Magnus Rattray, Raymond P Boot- Handfordd, Qing-Jun Meng. The circadian clock in chondrocytes regulates genes controlling key aspects of cartilage homeostasis. Arthritis and Rheumatism, 2013

Disclaimer: These articles are not intended to provide medical advice, diagnosis or treatment. Views expressed here do not necessarily reflect those of *Pittwater Online News* or its staff.



WANTE
New Members for the following activities

MY WORD! A light hearted creative writing group. Pen, paper and your imagination needed.
Thursday afternoons, 1-3pm
p. Barbara 9918 0424

Mahjong A new venture needing experienced players to establish the group.
Thursday afternoons, 1-3pm
p. Julie 9918 7338 or 0403 820 261

Art A self directed painting group. Bring paints, brushes etc.
Monday afternoons, 1-3pm
p. Barbara 9918 0424

SCRABBLE More wordsmiths needed to expand a small but enthusiastic group.
Thursday afternoons, 1-4pm
p. Jenny 9918 7972 or 0403 197 717

REWARD
An entertaining afternoon at minimal cost, plus meeting people with like interests.
For general information regarding Avalon Active Seniors Group ring 9918 0424

Avalon Active Seniors Group Inc.
Providing Healthy Activities for Seniors

National Seniors Literary Prize a catalyst for change

The 2014 National Seniors Literary Prize will have the **theme 'reflections'. It will be open until 29 November 2013**.

National Seniors Australia and publishing powerhouse Random House Australia are working together to give one lucky writer, aged 50 years and over, the opportunity to make their mark in the world of publishing.
The National Seniors Literary Prize 2014 will be awarded to a work of fiction based on the theme of 'reflections'. Random House and National Seniors are giving you the opportunity to be creative so this theme can be integrated into your storyline or your novel's structure!

The winner of the National Seniors Literary Prize will receive:
$2,000 prize money
A three year membership to National Seniors Australia
A complete cover design for their manuscript
Professional editing by Random House Australia
E-book publication of their manuscript
12 printed copies of their novel
The opportunity for print-on-demand versions of their book

Submit your manuscript into the National Seniors Literary Prize 2014.

Got questions? Read the National Seniors Literary Prize frequently asked questions here. Read the full terms and conditions of the prize here.

The University of the Third Age
Sydney U3A

U3A Monthly Lectures Wednesday Afternoons at Newport -

First Wednesday of the month 2 – 4pm. All welcome - no need to book. Just come along hear interesting speakers and make new friends. Cost: $2 includes tea coffee and biscuits. Venue: Newport Community Centre, for more information contact Nancy Weir 8919 0243 or Mavis Bickerton 9970 7161 Website: www.sydneyu3a.org Website: www.sydneyu3a.org

The Senior Newspaper Online

Click on logo:

Australian Senior PUBLICATIONS

Pittwater Community Hub

Our office at Mona Vale is ready for service. We are located in Shop 17 on the ground floor of the Peninsula Plaza at 20 Bungan Street. We are open Monday to Friday, 9.00am to 4.00pm. The new Hub is fully 'manned' by our professional staff and local volunteers who can answer enquiries and provide personal assistance to meet the needs of residents of the northern beaches. Pittwater Community Hub Profile

Click on logo to visit their website for more

Northside Community CONNECT

Website to help you plan for later life

The NSW Government has launched a website providing up-to-date information and resources about wills, powers of attorney, enduring guardianship and advance care planning. The Planning Ahead Tools website has been specifically designed for community members, service providers, legal professionals and health professionals. It contains advice, resources, videos and interactive tools to help you make decisions about health, welfare, finances and medical treatment.

For more information, visit www.planningaheadtools.com.au.

Senior Movers

Senior Movers is a wonderful resource for the Pittwater senior community who are thinking about downsizing from their property. Senior Movers want you to stop worrying about downsizing from the family home and let us take care of you. Senior movers gives you peace of mind during stressful times of downsizing and moving to a smaller home. No retirement living plan is too large or too small. We are glad to help whether it is a move to a loved one's home, assisted living or to a seniors apartment.

We want you to we help you gracefully downsize with our experience and care. Click on logo to visit website.

SENIOR MOVERS
Gracefully downsize with our experience and care...

www.seniormovers.com.au

Also see Belinda Grundy's Profile and other great Business; www.bgpropertystyling.com.au