Pittwater Online News

September 15 - 21, 2013: Issue 128

Newport Breakers Colts Win Robertson Cup - Great Win in Club's 50th Year

Newport Breaker's Colts. Picture by Michael Mannington, 2013.

Newport Breakers Colts Win Robertson Cup

The Newport Breakers Rugby Union Colts won the Robertson Cup yesterday, Saturday 14th of September. Defeating Oatley 36 to 13 at the TG Millner Field at Eastwood was a fitting end to their celebratory 50th season. As it happened, the two teams had met three times in the year's competition with the Breakers again showing their superior form. Club vice President Alan Jones was clearly delighted with the win and was looking forward to a big celebration at the Newport club last night.

Breakaway and Captain Tynan Linton: "Saturday brings a close to a season of hard work and is the last chance a lot of the boys will have to play together as colts". Sub-district Colts is an under 21 competition and 12 of the squad next year will be eligible for higher grade selection.

Linton said prior to the game again: "Guys play entire careers without the opportunity to play a grand final, to have this opportunity two years in a row cannot be allowed to be wasted. Bring on Saturday!"

Club spokesman Alan Jones: "The colts are an outstanding group of young men, who play a fantastic style of rugby with a brutal defensive forward unit complimented by a quick and skilful backline". Jones again "Whatever the result on Saturday I can promise you it will be a great advertisement for running rugby".

The Grand Final brings to a close a year of celebrations for the Breakers and Newport junior club, which saw celebrations of its 50 years, and importantly welcomed Scott Fardy as the Newport club's 3rd Wallaby. A truly remarkable achievement for the tight knit rugby club at the tip of the Peninsula.

Breakers Colts coaches Adrian Piggy Langford and Terri Lee. Picture by Michael Mannington.

The Robertson Cup was named after former Suburban Chairman of the New South Wales Suburban Rugby Union, (1978–80), Brian Robertson, and was first won by Port Hacking. After not being contested between 1988–93, the Robertson Cup was revived to become the Colts trophy for second division.

The New South Wales Suburban Rugby Union (NSWSRU) is affiliated to the New South Wales Rugby Union and runs the competition affectionately known as "Subbies" rugby. There are around 7500 players and 55 clubs competing across 6 divisions, making "Subbies" the largest centrally administered rugby competition in the world. NSWSRU is truly the grassroots of the game in Sydney. Matches played by suburban or sub-district clubs began in 1869 as the City and Suburban competition.

Newport Rugby Club was established in 1963 and has participated in the NSW Suburban Rugby competition since that time. Their home ground is located at Porter Reserve, Burke Street, Newport. The Newport Rugby Club seeks to actively participate in the improvement of the local community, by providing a strong football club for the local youth of the Northern Beaches.

Michael Mannington's Volunteer Photography Public Gallery here

Newport Breakers website here

Joe Osborne playing fly half, picture by Michael Mannington, 2013.

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Articles This Week:

Front Page Issue 128 - Newport Breaker's Colts Win Robertson Cup

From Colonial Navy Brigades in Second Hand Ships to Where the Australian Navy was Born – The Practical Verses of William Rooke Cresswell's Charter - **International Fleet Review 2013 precursors - Article II**

Art and Soul's 'Coffee Break' Installation for Art in Open Places 2013 from Cindy Good Milman

Maria Regina Catholic Primary School's DanceFever 2013 Winners by Joanne Seve, Peta Wise and Jo Kelly

World's Largest Grommet Festival Returns - an outline of the September 23-26 2013 Blast Off from BL and Co.

Mona Vale Hospital Auxiliary's 2013 Fashion Show by Waveney Perman and Michael Manington

The Mermaids of Palm Beach 2013 Bash - from Bankstown to Ballarat from Elyse Cole and Esa Thomas

Avalon Beach Historical Society's 30th Anniversary and 8th Exhibition from ABHS

Put Your Foot Down at Palm Beach 2013 for the Avner Nahmani Pancreatic Cancer Foundation by Michael Mannington

Pictures: A Week in Pittwater by .... all of the above!...and : A Barking Owl, A Friendly OAM, PNHA placing HaZZard tape around our unique environment plus a little more...

Artist of the Month for September 2013: **Meredith Scott -**Beautiful mosaics elevate new, found and recycled materials into glorious works of art - if art is a font then Meredith, one of our premier Pittwater artists, epitomises how boundless the ancient traditions of mosaics still are - what a great way to celebrate the first month of Spring!

All Previous Articles

Profile: September 2013 - Pittwater Spring Ladies - Brenda Allsop - from growing up in Allambie to being an Accountant to becoming a Missionary in Kenya - a truly extraordinary and brave lady

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Previous Profiles:

Barton Lynch Shane Withington Commodore Sloper Herminie Swainston Teresa Cutter Joanne Brigden-Jones Tamara Sloper Harding Katie Spithill Chris Salisbury Doug Crane Henry MacPhillamy Aim for the Stars Foundation Broken Bay Marine Rescue Pittwater Environmental Foundation Rotary Club of Pittwater Sophie Haythornthwaite Joan Fisher Mark Ferguson Veteran Carolyn McKay Christine Hopton Ian White Jack Elsegood Robert Grace Colin Casey Bob Waterer The Surfers Group The Palm Beach Yacht Club Pittwater Natural Heritage Association Pittwater Friends of Soibada Pam Bayfield Denise Casey Lynda Hill Belinda Grundy Paul Christie Neil Evers Andrew Holder Ian Curlewis Lange Theory Phil Colman-Peter Mitchell and Exploring tidal waters on Australia's temperate coast Geoff Clarke Palm Beach Sailing Club The Bopulaters Pittwater Camera Club Dragonfly Environmental Pittwater Community Hub Pittwater Community Arts Hayley Turner Samantha Shaw Danielle DuBois Mumpreneurs Neil Johnston Simon Hyland Paul Wheeler Ian McGiffen Brian Friend Pittwater Council Zonta Club of Northern Beaches Sydney Northern Beaches Symphonic Wind Ensemble Bei Loon Dragon Boat Club Margaret Molloy OAM Patricia Giles OAM DoreenCherry Cindy Goode Milman Stephen Marr Bob Hamilton Simon Abbott Peter Rumble Graham Spong Sailability Pittwater Mona Vale Hospital Auxiliary Avalon Active Seniors Group Northern Beaches Orchestra Sonja Elwood June Lahm Valerie Vickers Karen Draddy Betty King David Hanley Les Ball Paul Webb Malo Legardinier EGConstructions Integrity Candles Monatones The Narrabeen Lakes Ladies Probus Club Inc. NinaCurtis Robyn McWilliam Gretel Pinniger Ted Blackall Edwin Barnard Doug Elliott Anthony Patrick Chandler Walter 'Wal' Wardle Avalon Beach RSL Fishing Club Avalon Voices Surfing Mums Inc. Northern Beaches Social Riders StephanieBrown Judith Bennett Gemma Rasdall Gwynneth Ross Peter Verrills Tom Gilbert Tony Carr Gwenyth Sneesby Bobbie Squire Philip Bond Save Mona Vale Hospital Committee Southern Cross Wildlife Care Wingala Lapidary Club Surfers Against Suicide Tracy Ponich Katerina Cosgrove Christina Stewart Mermaids of Palm Beach Rob Romer Bert King OAM John L Gordon Jackson Davies Mona Vale Mountain cub Scouts Sydney Wildlife Henry John Chisholm Easy Transport Manly - Warringah - Pittwater John and Bob Johnson - The Johnson Brothers Meredith Scott Shelagh Bokenham

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History: September 2013 -Surf Life Saving Clubs of Pittwater- Bilgola SLSC – the first 10 years

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Previous History Pages:

Marie Byles Lucy Gullett Kookoomgiligai Frank Hurley Archpriest JJ Therry Sir Patrick Gordon Taylor Bowen Bungaree W. Bradley 1788 Journal Midholme Loggan Rock Cabin La Corniche La Corniche II Lion Island Bungan Beach Botham Beach Scarred Trees Castles in the Sand Dame Nellie Melba lunches at Bilgola Spring, 1914 First to Fly in Australia at North Narrabeen Mona Vale Golf Club's Annual Balls Governor Phillip camps on Resolute Beach Ruth Bedford Jean Curlewis Mollie Horseman Charlotte Boutin May Moore Neville W Cayley Leon Houreux Frederick Wymark Sir Adrian Curlewis Bilgola Heron Cove Mullet Creek Shark Point Woodley's Cottage A Tent at The Basin Collin's Retreat-Bay View House-Scott's Hotel Bilgola Cottage and House The First Pittwater Regatta Women Cricketers Picnic Filmed In Pittwater Governor Phillip's Barrenjoey Cairn Waradiel Season The Church at Church Point Governor Phillip's Exploration of Broken Bay, 2 – 9 March 1788 Petroglyths: Aboriginal Rock Art on the Northern Beaches Avalon Headland Landmarks Steamers Part I Pittwater Aquatic Club Part I Woody Point Yacht Club Royal Motor Yacht Club Part I Dorothea Mackellar Elaine Haxton Neva Carr Glynn Margaret Mulvey Jean Mary Daly Walter Oswald Watt Wilfrid Kingsford Smith John William Cherry George Scotty Allan McCarrs Creek Narrabeen Creek Careel Creek Currawong Beach Creek Bushrangers at Pittwater Smuggling at Broken Bay An Illicit Still at McCarr's Creek The Murder of David Foley Mona Vale Outrages Avalon Camping Ground Bayview Koala Sanctuary Ingleside Powder Works Palm Beach Golf Course Avalon Sailing Club Mona Vale Surf Life Saving Club Palm Beach SLSC Part I - The Sheds Warriewood SLSC Whale Beach SLSC Flagstaff Hill Mount Loftus Pill Hill Sheep Station Hill S.S. Florrie S.S. Phoenix and General Gordon Paddlewheeler MV Reliance The Elvina Florida House Careel House Ocean House and Billabong Melrose-The Green Frog The Small Yacht Cruising Club of Pittwater Canoe and I Go With The Mosquito Fleet - 1896 Pittwater Regattas Part I - Dates and Flagships to 1950 Shark Incidents In Pittwater The Kalori Church Point Wharf Bayview Wharf Newport Wharf Palm Beach Jetty - Gow's Wharf Max Watt Sir Francis Anderson Mark Foy John Roche Albert Verrills Broken Bay Customs Station At Barrenjoey Broken Bay Water Police Broken Bay Marine Rescue - Volunteer Coastal Patrol Pittwater Fire-Boats Prospector Powder Hulk at Towler's Bay Naval Visits to Pittwater 1788-1952 Pittwater's Torpedo Wharf and Range Naval Sea Cadets in Pittwater S.S. Charlotte Fenwick S.S. Erringhi P.S. Namoi S.Y. Ena I, II and III Barrenjoey Headland - The Lessees Barrenjoey Lighthouse - The Construction Barrenjoey Broken Bay Shipwrecks Up To 1900 Barrenjoey Light Keepers Douglas Adrian Ross Newport SLSC 1909 - 1938 Part I Overview North Narrabeen SLSC - The Formative Years

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Park Bench Philosopher: Bogong Moth Time Approaches – Spring in Australia – Eastern Coasts - some facts, Historical names of Bogong places and a few whimsies

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News From Our Inbox **Flying Warriewood**, The case for reforming Australia's electoral system, CSIRO now: Salt lakes and satellites, Pirates/Pilates, With Horses and iPads Autistic Children Learn to Communicate, Distracting you so I may steal your shiny round thing, Comet Discovered Hiding in Plain Sight: Near-Earth Asteroid Is Really a Comet, Water Hidden in the Moon May Have Proto-Earth Origin, A New Beautiful Translucent Snail from the Deepest Cave in Croatia, Doghouse, Health Papers published this week: Closing in On Risk Factors for Cerebral Palsy and Infant Death; Hypertensive Smoking Women Have an Exceptionally High Risk of a Fatal Brain Bleeding; Lung Cancer Drug Could Aid Plight of Ectopic Pregnancy Patients; Toward Treating Disease the Way Artificial Limbs Replace the Function of Lost Arms and Legs; Possibility of Selectively Erasing Unwanted Memories.

Events: Grants Writing **Workshop**, Art, Music, Paddling, Walking, Music, Music, Music, Australia II 30th Anniversary, Katandra Season, Buddy Holly Evening at Pittwater RSL, Lime Cordial All Ages Gig at Manly, Art In Odd Places, AvPals Term 3 2013, Pittwater Camera Club, FoNLC Activities: **if it's happening here it's probably listed HERE. Also See Environment, Seniors, Children's and Youth pages for age or specific Events and Courses**

Collector's Corner: Trinket Boxes - a delight for small and big girls alike, these dainty colourful craft made or purchased small boxes have a history that goes back several hundred years

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Community News: **Kenya Care Wear Launch – Keen Hall, 15th of September, 2013 -TODAY!** PITTWATER BEACHES SET TO BE SMOKE-FREE, Say It With Music, RPAYC Sailor Stacey Jackson selected for SCA All Women Sailing Team in Volvo Ocean Race, LGA – Planning Reforms, Wearing of Lifejackets by Rock Fishers, International Fleet Review 2013 - Updates, Critter of the Month - Water Dragon, Wingala Lapidary Club re-opened, Flying Daughters and Tree Stories, Funding On Offer For Local Surf Clubs, Katandra Bushland Sanctuary 2013 Season, Cultural Exchange Opportunity, MIND MATTERS! - October is Mental Health Month, PITTWATER BUILDINGS MAKE THEIR MARK, Energy Chief Calls for Greater Policy Certainty, RAV4 UP FOR GRABS IN THE BE THE INFLUENCE AUSTRALIAN BOARDRIDERS BATTLE MONSTER RAFFLE, MONA VALE HOSPITAL AUXILIARY STALLS, September 2013, Avalon Sailing Club 75th Anniversary, Our Councils Notices and more

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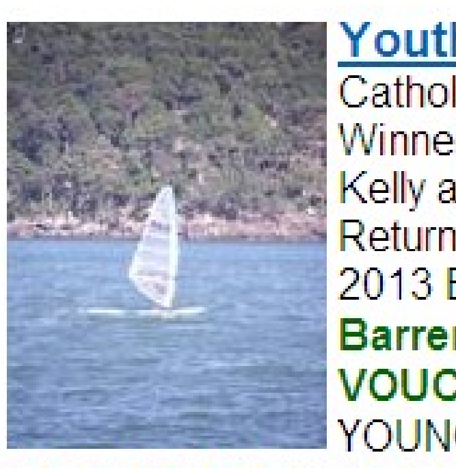
Environment; **Barking Owl - Pittwater, High-tech fish surveillance at Narrabeen Lagoon**, CSIRO: Indigenous Land Council, Dingo Wrongly Blamed for Extinctions, RockCorps Returns to Barrenjoey - Earn Some Music - Do Barrenjoey A Favour, COASTAL AMBASSADORS PROGRAM VISITS CENTRAL COAST, Planting Day at Irrawong Reserve -Sept 21, Surprising Underwater-Sounds: Humpback Whales Also Spend Their Winter in Antarctica, Thank you Birdfair for 25 years of growing conservation, Plant Genes Have Scientists Seeing Spots, Deep-Sea Waves, as High as a Skyscraper, Reveal Mechanism for Global Ocean Mixing, Rainfall in South Pacific Was More Variable Before 20th Century, Oil Industry and Household Stoves Speed Arctic Thaw, Life Found in the Sediments of an Antarctic Subglacial Lake for the First Time, Wildlife Photographer Engaging with Subjects, **COOEE SEPTEMBER 2013**, **FishMap**, New App for Gardeners, local Environment groups, and organisations.

Lynda Hill: **Update 1.9.13: Family Trees, The Seeds Of Humanity And Gaining Ground: September's Virgo New Moon**

Pictures: A Week in Pittwater by .... all of the above! and : A Barking Owl, A Friendly OAM, PNHA placing HaZZard tape around our unique environment plus a little more...

Children: For you this week: Maria Regina Catholic Primary School's DanceFever 2013 Winners by Joanne Seve, Peta Wise and Jo Kelly and World's Largest Grommet Festival Returns - an outline of the September 23-26 2013 Blast Off from BL and Co., Building Sydney Harbour Bridge, Pretty Poetic, Comb Jellyfish, Holiday Movies for you: James And The Giant Peach, Madeline, Bridge to Terabithia and TARZAN 2, Headbutting softly, ATLAS OF LIVING AUSTRALIA - 40 million specimen records now available online, Explore the West with WilderQuest!, BreakDancing, LET'S READ NATIONAL EARLY LITERACY CAMPAIGN, **Picture Books Online, Children's Storytime at Mona Vale Library**

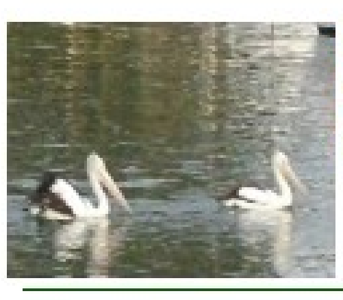


Youth: For you this week: Maria Regina Catholic Primary School's DanceFever 2013 Winners by Joanne Seve, Peta Wise and Jo Kelly and World's Largest Grommet Festival Returns - an outline of the September 23-26 2013 Blast Off from BL and Co., **RockCorps Barrenjoey - EARN A $70 TICKETMASTER VOUCHER!,** Building Sydney Harbour Bridge, YOUNG PEOPLE HOLDING THE KEY TO OUR SUSTAINABLE FUTURE, This is a Comb Jellyfish deep in the sea - not an alien life form, deep in space, Dear Deer, Selfies, HSC 'LOCK-IN' AND FREE PIZZA OFFER RETURNS!, Metronome Software. Free Download for Musicians, Tech Help Your parents, Salt, Photobomber - Burro!, Project Public Service, Hold A Meeting, Pretty Poetic, Headbutter, ATLAS OF LIVING AUSTRALIA - 40 million specimen records now available online, Holiday Flick - Have a Great Two Weeks Off! - Spy Kids 4 All The Time In The World, Holiday Concert - Pearl Jam - Lollapalooza 2013, See U at BL's Blast Off, Band Camp with Tommy Emmanuel!, AUSTRALIAN NAVY CADETS - On the Northern Beaches, Flight Radar 24.com, Year 13: have questions? Get answers, The ECO. Clean Beach Initiative is looking for Australia's most passionate ECO. Warrior to be the face of its movement!, Mona Vale Library - Duke of Edinburgh Awards.

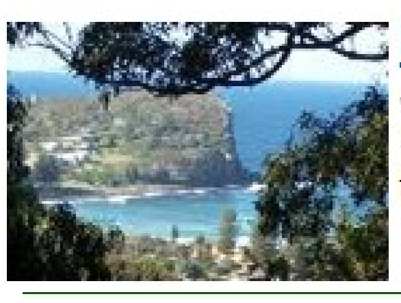
Seniors; For you this week: Mona Vale Hospital Auxiliary's 2013 Fashion Show by Waveney Perman and Michael Manington and The Mermaids of Palm Beach 2013 Bash - from Bankstown to Ballarat from Elyse Cole and Esa Thomas, Respect for the Aged Day, COTA NSW is pleased to be chatting to more of our mates, Building Sydney Harbour Bridge, Give It A Go Month, Revving up brain skills, Deer Thing, Doga, Central Park - NY - Not so Scary, Wingala Lapidary Club re-opened, Email from Dad, Jellyfish, Underground Bicycle Parking Systems in Japan Health papers published this week: Screening for minor memory changes will wrongly label many with dementia, warn experts; Research Points to Promising Treatment for Macular Degeneration; Bacteria Responsible for Gum Disease Facilitates Rheumatoid Arthritis; Alzheimer's: Newly Identified Protein Pathology Impairs RNA Splicing; Can Drinking Orange Juice Aid in Cancer Prevention?; Say It With Music, AvPals Term 3, Grandparenst Day 2013, Grandfriends at Mona Vale, National Seniors Literary Prize 2013, local Events, Support and Education Activities.

Community Clubs: Updates on Activities and links to sites.

Artist of the Month: **September 2013 - Meredith Scott -** Beautiful mosaics elevate new, found and recycled materials into glorious works of art - if art is a font then Meredith, one of our premier Pittwater artists, epitomises how boundless the ancient traditions of mosaics still are - what a great way to celebrate the first day of Spring!



Reflections: by George Repin. **This week; COSTUMES FROM THE BALLETS RUSSES**



DIY Hints: **Spring Garden Chores** - Johnson Brothers have some great Spring Specials - just perfect for spending time in your own garden

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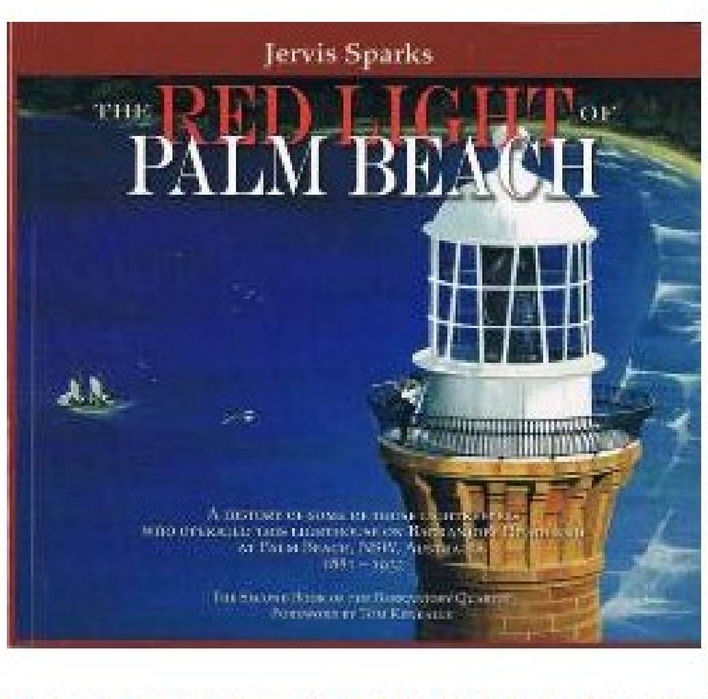

Books: The Red Light of Palm Beach, The Great Granny Gang, Peppa Pig - Little Library Box Board Book, The Grand Tour: Letters and photographs from the British Empire Expedition 1922 By Agatha Christie (Australia Included), Bittersweet By Colleen McCullough, Great Australian Outback School Stories by Bill ' Swampy' Marsh, Seasonal Kitchen - Serge Dansereau (Bathers Pavillion), Future Park - Imagining Tomorrow's Urban Parks by Amalie Wright, Australasian Nature Photography - ANZANG Tenth Collection

Old Books: - **September 2013** - read in full here: online! **Australian Life (1892) by Francis William Lauderdale Adams**

The Great Barrier Reef of Australia; its products and potentialities (1893) by William Saville Kent

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Food: **Strawberries**- New Season Strawberries are in and they're cheap - this week we share some simple recipes, a report this week released on Lord Sandwhich's embrace of Chocolate, perfect for dipping strawberries in, and a few facts about the history of this fruit

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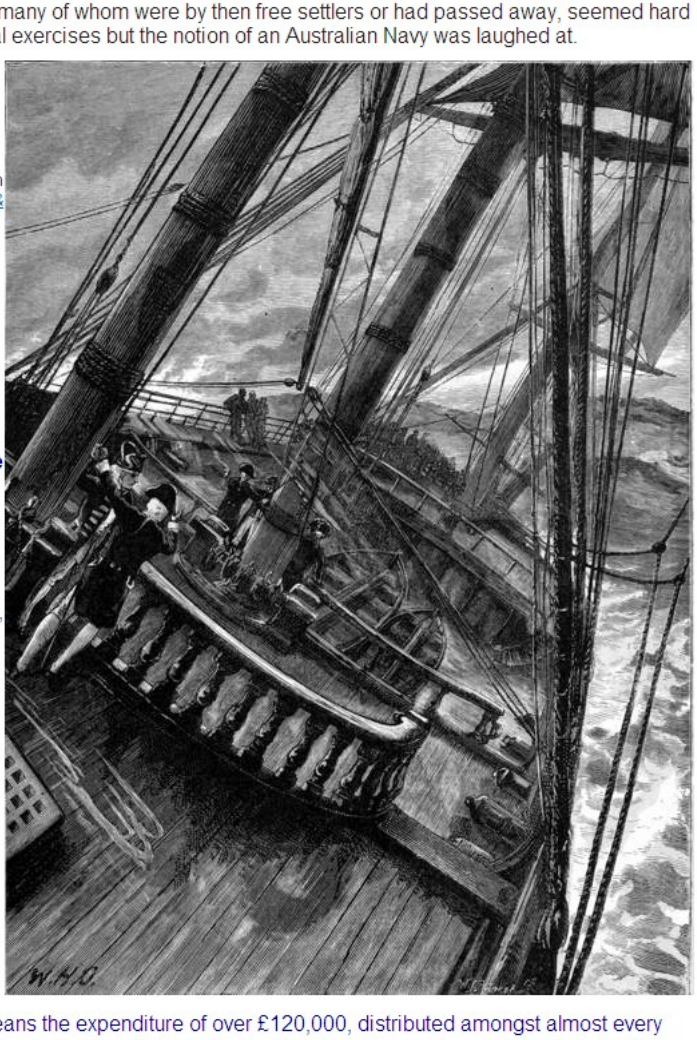
From Colonial Navy Brigades in Second Hand Ships to Where the Australian Navy was Born – The Practical Verses of William Rooke Cresswell's Charter

Mailed mastodons ploughing the main, their backs bulging over the foam. Watching to vomit forth lethal fire and drive desolation home.
Alfred Austin

While Australian colonies in all states purchased their own gunboats and formed their own coastal Naval defence, assisted by the rotation of ships from the Royal Navy, by the time the newly formed nation was less then a hundred years old, those born here and those who had emigrated here and fallen in love with Australian landscapes, seascapes and the people, began to wish to stand on their own two feet in all ways. The costs incurred by the separate states given to maintain an Australian Squadron were, by 1907, £200,000; over half that paid by all colonies in the British Empire, and this 'Australian Squadron' of Royal Navy vessels, although impressive when viewed as one fleet, may not be in the right place at the right time. Although the threat of war was touted it was the pounds brought in by trade, some estimated at worth £170,000,000 per annum in 1907, and pirates in southern seas 'plundering' merchant ships, that brought out that feisty Australian character.

The Imperial Conference of 1907 was also a benchmark for Australia (Colonial Conferences before 1907) as it was the first move towards all 'colonies' being recognised as 'dominions' and named such. The 'hated stain' of being a colony of convicts, when of a population of almost four million comprised less then 164,000 transportees, many of whom were by then free settlers or had passed away, seemed hard to dislodge. Australians may have been included in some Naval exercises but the notion of an Australian Navy was laughed at.



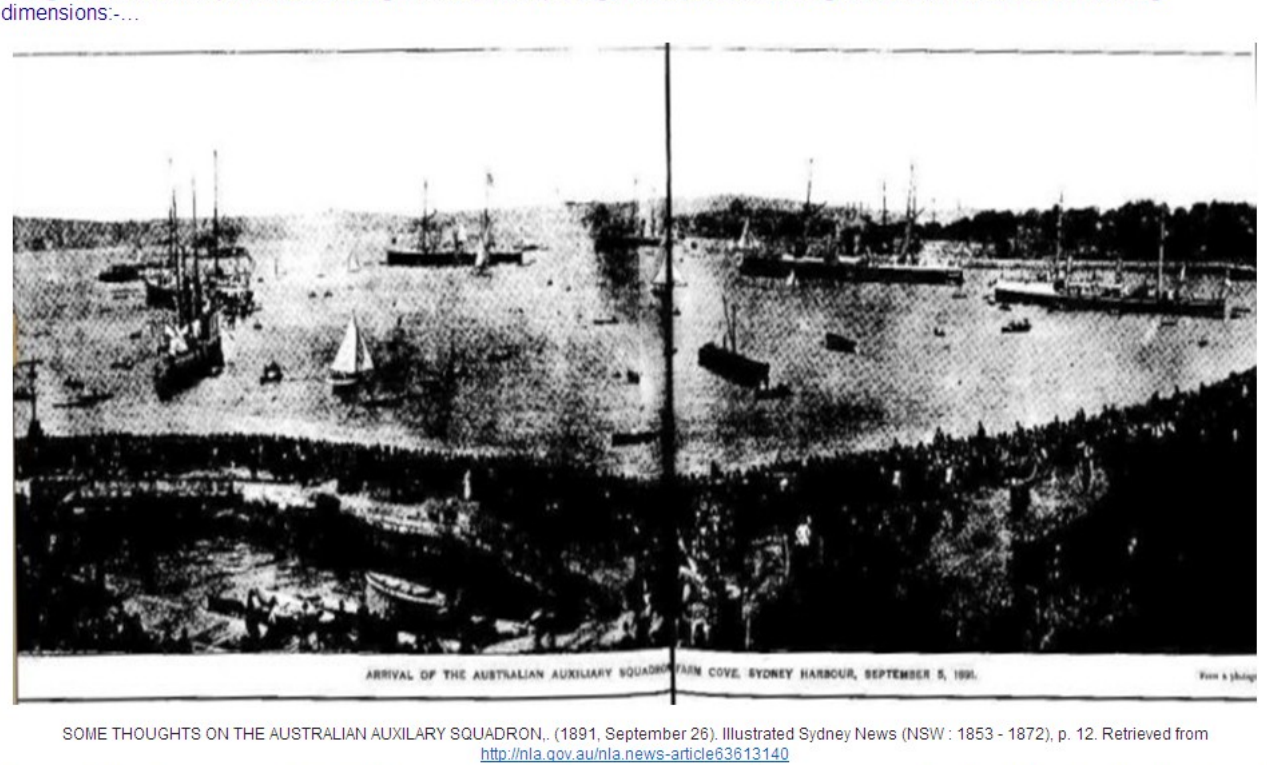
Still, here, the idea of an Australian Navy, discussed in sumptuous parlour and on street corner from at least 1850 on, filtered through to reports that would become more overt as we headed towards Federation.

Right: ON DECK OF A MAN-OF-WAR, EIGHTEENTH CENTURY. Illustration from The Project Gutenberg EBook of *The Sea: Its Stirring Story of Adventure, Peril, & Heroism, Volume 1* by Frederick Whymper.

The Australian Squadron based on the Australian station in Sydney Harbour, whose ships visited all ports in this vast 'station' which included much of the South Pacific and New Zealand originally, and the limits of the Royal Navy fleet based here were examined in the lead-up to the arrival in Australian waters on April 1st 1891 of the new Australian Squadron and their entrance into Sydney Harbour on September 5th, 1891, including the capabilities of the vessels themselves:

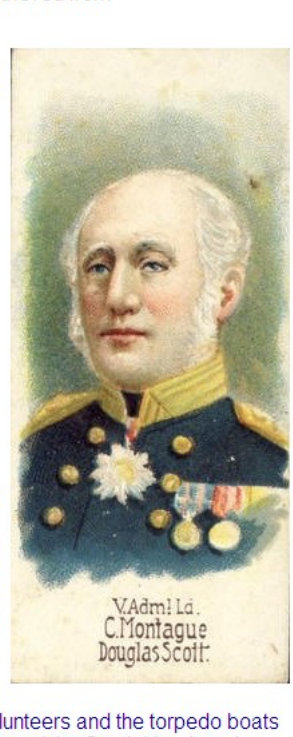
After the arrival of the new Australian Squadron, fears are expressed by some that intercolonial jealousy will prevent a proper distribution of the naval force. Each colony may be wanting a vessel each to look at in port. Colonists should learn that the ships of a fleet should be exercised as much as possible at sea. Of late years Admirals Tryon, Fairfax, and Scott do not anchor their ships much in port, but are always on the move and so it must be with the new ships in commission. It would be a master stroke of defence policy if Admiral Lord Scott, C.B., would visit all the Australian and New Zealand ports with the Imperial and Australian fleets, and close the all-round cruise with a grand naval review off Sydney Heads. Sydney Harbour presents itself as a splendid place to lay up ships out of commission, certainly far in advance of the Medway as a haven for the Royal Steam Reserve. To prevent any intercolonial jealousy with regard to the station of ships it would be wise for provincial parliaments to be content to abide by the professional wisdom and discretion of the Admiral upon the station, who is changed every few years.
The desire of the Admiralty is to form the naval base of the Australian squadron in Port Jackson, and the New South Wales Government should do all in its power to facilitate the plans of the Board in Sydney waters, as it means the expenditure of over £120,000, distributed amongst almost every trade. It is intended to have in Sydney a naval dockyard, and a large coaling wharf, under the direction of a naval superintendent. It will be very 'shabby ' if the Admiral has to coal his men-o'-war from ugly old hulks in 'our beautiful harbour,' instead of a wharf. When Captain St. Clair, the new captain of the 'Orlando,' arrives out here in June next, the question will no doubt be finally considered by Admiral Lord Scott, C.B., and Sir Henry Parkes.
Naval & Military Notes and Gossip. (**1891, March 14**). *Illustrated Sydney News* (NSW : 1853 - 1872), p. 7. Retrieved from http://nla.gov.au/nla.news-article63612293

THE AUSTRALIAN SQUADRON. ARRIVAL OF THE WARSHIPS. OPINIONS OF THE ADMIRAL AND CAPTAINS.
"A spectacle well worth viewing," must have been the verdict of the crowds who, having braved the discomfort of rain, watched the entry of the seven ships of the Australian Squadron into Port Jackson, on Saturday. Heavy showers of rain, an occasional peal of thunder, and clouds that overhung both city and harbour up to lunch-time, afforded ominous indications of what the afternoon had in store, and doubtless deterred not a few from venturing out, but happily by 3 o'clock the rain-clouds had cleared away, and a glorious sunshine had given to the capital city and to the waters which washed its shores that beauty of appearance for which Sydney is so famed. Of demonstration, in the official sense of the term, there was none. Steamboats, both large and small, crowded with men and women, steamed towards the Heads, and kept company with the war-ships until the latter had made fast to their moorings; club boats and pleasure boats and dainty-looking sailing-craft dotted the waters of the harbour and spectators were gathered in large numbers on South Head, whence the first glimpse was to be obtained, and in the vicinity of Lady Macquarie's Chair and Fort Macquarie, and other points of vantage ; but of cheering there was very little, and of martial music and military display none at all. The New South Wales warship **Wolverene steamed towards the Heads, and saluted the Admiral with 13 guns, and the English warship Curacoa, lying at anchor off Gordon Island,** fired similar salute as the Admiral's ship rounded Bradley's-compliments which were acknowledged with a salute of seven guns. Beyond this ceremonial did not extend, and as a matter of fact it was not necessary that it should be extended, inasmuch as the ships of the first Australian fleet possess in themselves features of absorbing interest. They are indeed magnificent specimens of the shipbuilder's art, and possession of them may justly be esteemed a source of honest pride to the Australian. Many were the admiring remarks made as on Saturday afternoon **they passed between the Heads in single line, and then forming into two lines off Shark Island the Katoomba, Tauranga, and Wallaroo, and the Ringarooma, Mildura, Boomerang, and Karrakatta steamed slowly to their anchorage off Farm Cove**. Of a certainty time will come when these splendid engines of war, over the possession of which Australia is making glad, will become practically obsolete by reason of the never-ceasing developments of inventive genius, but for the present, at any rate, they stand at the head of a class of ship that was designed but yesterday, not for aggressive but for defensive warfare, and which by reason of great speed and strength, and quick firing armament, is eminently suited for the work marked out. The very appearance of the warships which entered port on Saturday is suggestive of great speed, and equally great strength. A detailed description of the vessels, giving full particulars respecting their size, speed, armament, trial trips, voyage to Australia, ice., was published in Saturday's issue of this journal, and hence more than a very few words concerning them would, at this stage, be unnecessary. The fast cruisers Katoomba, Ringarooma, Tauranga, Mildura, and Wallaroo, are of the following dimensions:-….. The ships are built of steel throughout, and are provided with a cellular double bottom through a considerable portion of their length. …The two torpedo gunboats, the Boomerang and Karrakatta, are of the following dimensions:-…


ARRIVAL OF THE AUSTRALIAN AUXILIARY SQUADRON FARM COVE, SYDNEY HARBOUR, SEPTEMBER 5, 1891.

SOME THOUGHTS ON THE AUSTRALIAN AUXILARY SQUADRON.. (1891, September 26). Illustrated Sydney News (NSW : 1853 - 1872), p. 12. Retrieved from http://nla.gov.au/nla.news-article63613140

The vessels had no sooner made fast to their moorings then they were surrounded by numerous small craft and closely studied, but beyond this inspection did not go. The Mayor (Mr. W. P. Manning), with the town clerk (Mr. H. J. Daniels) and a number of the city aldermen, including Mr. Jos. Martin, Mr. A. J. Riley, and **Mr. C. E. Jeanneret**, visited the flagship, and gave greeting to the Admiral and to Captain Bickford and his officers, and were afforded opportunity of inspecting tho vessel. Each of the ships was in turn boarded by a representative of the Herald, and inquiries made as to their seagoing qualities, and from each was received such an account as cannot fail to give satisfaction to tho owners. "A splendid sea boat, steady as a rock, easily handled, and beautiful engines " was in brief the verdict of each concerning his vessel, and other information was gleaned which goes to show that the doubts engendered by the discovery of defects when tho official trial tests were mado, and by the reports that the decks were never dry when at sea, and that the stokeholes and engine rooms were insufferably hot, are absolutely without foundation. When officers and men alike are pleased with their ship, then it may fairly be taken for granted that the ship is a good one. **It has been arranged that the squadron shall leave on Saturday, the 19th instant, for Melbourne, and after a couple of weeks' stay there proceed to Adelaide, and then to Hobart**. During this week each vessel will be docked at Cockatoo. With the exception of the Boomerang, one of the boilers of which got injured between Thursday Island and Brisbane, the attention required in dock is only such as is generally required after a long voyage. In the case of the boiler referred to, the water was through some oversight or other allowed to get too low, and the crown in consequence suffered. The vessels were all thrown open to inspection yesterday afternoon between the hours of 1 and 4, when they were thronged by admiring crowds. They will be open daily between the same hours during their stay in port except on Sunday next and when the presence of visitors would be inconvenient. The leading clubs of Sydney will extend hospitality to the officers during their stay in port, and the Mayor has invited them to lunch with him and the city aldermen at the Town Hall on Wednesday. On Thursday a number of the citizens will entertain the Jack Tars at a "high tea" in the Town Hall basement, to be followed by a welcome demonstration in the Town Hall. THE AUSTRALIAN SQUADRON. ARRIVAL OF THE WARSHIPS. (**1891, September 7. Monday**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 8. Retrieved from http://nla.gov.au/nla.news-article13837805


V.Adml Ld.
C.Montague
Douglas Scott.

INTERVIEW WITH THE ADMIRAL.
Admiral Lord Charles Scott, in answer to questions put by our representative, **stated that the ships to remain in commission are the Tauranga, the Ringa-rooma, the Katoomba, and the Boomerang, and that the cost of keeping them in commission will be about £137,000 per annum. The Wallaroo, the Mildura, and the Karrakatta** will be kept in reserve, but should an emergency arise they will be manned by crews transferred from ships like the Rapid. **No provision is made in the Naval Defence Act for supplying crews or officers from the colonial fortes, neither is any power of control or direction vested in the Australian Governments, other than is contained in the provision that none of the ships may be removed from the Australian station, which comprises Fiji and Samoa, without the consent of the Australian Governments.** The ships, without exception, will be employed in the general work of the station that is to say, none of them will be specially told off for continuous duty on any particular coast, and until each of the Australian capitals has been visited the fleet will be kept together. The Admiral looks upon the new vessels as extremely useful and suitable ones, and does not think that anything would have been gained by ordering larger and more powerfully armed ships. INTERVIEW WITH THE ADMIRAL. (**1891, September 7**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 8. Retrieved from http://nla.gov.au/nla.news-article13837804

ON BOARD THE WOLVERINE. **It had been arranged that the Wolverene, manned by the Naval Brigade, should steam down to the Heads, and upon meeting the squadron there at 4 o'clock, to fire a salute of 13 guns. This programme was, however, somewhat interfered with owing to the squadron arriving nearly an hour earlier than had been expected. It had left Newcastle at 8 in the morning, and after a beautifully smooth passage down under easy steam, entered the Heads at five minutes past 3**. In the meantime **the Wolverene had embarked 250 Naval Brigade blue-jackets from the Man-o'-War Steps, and started to steam down the harbour at a quarter to 3, followed by the Naval Artillery Volunteers in the launch Captain Cook**, and by the two torpedo boats. **Captain Hixson, R.N.,** who was on board the Wolverene, was in general command. **Commander Lindeman, R.N.,** had charge of the Naval Brigade, while Commander Connor, R.N., acted as navigating officer of the Wolverene, and there were also on board Staff-surgeon Knaggs, and Surgeon M'Cormick. The Artillery Volunteers and the torpedo boats were under the control of Commander Bosanquet. When, off Bradley's Head the fleet was espied coming round the South Head, and skirting slowly up by the southern shore in single column line ahead, **the flagship Katoomba leading, and the Mildura, Ringarooma, Wallaroo, Tauranga, Boomerang, and Karrakatta** following in the order named. Under those circumstances the original plan of meeting the fleet at the Heads had perforce to be abandoned, and the Wolverene awaited the vessels' arrival a short distance below Bradley's Head. When the fleet came up at a quarter past 3 the Wolverene fired a salute of 13 gnus, and the Naval Brigade struck up the inspiriting strains of "Rule Britannia," the blue-jackets cheering the new arrivals. The Katoomba replied with a salute of seven guns, and then, while passing Shark Island, the vessels formed into single column line abreast, an order which was preserved till they reached Fort Denison, where they got into formation for anchoring. The Wolverene, accompanied by a swarm of smaller craft, yachts, pleasure boats, and steam launches, followed the squadron as it steamed up the harbour, and when it had anchored, the Wolverene sailed slowly up past Goat Island, and then returned to her anchorage. The appearance of the fleet as seen from the decks of the Wolverene was beautiful and impressive, and the numberless excursion and small pleasure boats which went to meet the vessels and followed them up helped to make the harbour very gay and the whole scene charmingly picturesque. **After the fleet had passed by some excitement was created by the capsize of an open sailing boat, the Craigie Lee.** It had eight occupants, who fortunately all succeeded in clambering on to the keel of the boat. **The launch Captain Cook and the torpedo boats were at once signalled by the Wolverene to go to their rescue, but before they could do so the crew was picked up by the Waratah**. ON BOARD THE WOLVERINE. (**1891, September 7**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 8. Retrieved from http://nla.gov.au/nla.news-article13837803

The gentleman quite rightly known as the 'father of the Australian Navy' William Rooke Cresswell, apparently began considering a wholly Australian Naval Defence force as early as 1886;

The first plans for an Australian naval defence force were drawn up on board the Protector by Creswell as early as 1886 "to while away the many solitary evenings", and these culminated in the new Royal Australian Navy of which the Protector became a member in 1911, having served as a training ship since 1904 with the Commonwealth naval forces. Gunboat diplomacy. (**1968, July 20**). *The Canberra Times* (ACT : 1926 - 1995), p. 11. Retrieved from http://nla.gov.au/nla.news-article107063620

AUSTRALIAN NAVAL DEFENCE.
Among the most conservative bodies in the United Kingdom is the British Admiralty. It has become associated with a class, and is impregnable in its ideas and practices. Criticism is a thing it abhors, and this would seem to apply to its officers, because in a recent cablegram we were informed the chief constructor of the navy had resigned because he could not stand the criticism to which he was exposed. It will be pleasing to members of our Naval Brigade to learn that in their new commander they have an officer who dares to differ from the Admiralty.

It will be remembered that a meeting of Australian naval officers was held in Melbourne, at which a scheme of naval defence was considered, and a memorandum on the subject prepared. This met with hostile criticism in " The Times." There could be no doubt as to the source whence it was inspired. So long ago as November last Commander Cresswell, then Naval Commandant in South Australia, replied to it, though no room for his letter could be found till the middle of April. In it he claims for Australian naval defence a position to which colonists will agree it is entitled. **The Admiralty has no great opinion of any naval defence force formed by the colonies in Australia, and "The Times" throws ridicule on the scheme proposed. Among other things it maintained that the force raised and trained under a Federal Naval Discipline Act will be widely divergent in discipline and efficiency from the National Navy.**

Above right: HMAS Wolverene: Starboard side view of the screw corvette HMS Wolverine, flagship of Commodore Second Class John C. Wilson, Commander of the Australia Station, moored in FARM COVE. Beyond her is the screw corvette HMS Carysfort, of the visiting detached squadron, and Fort Denison. July, 1881, courtesy of state Library of Victoria.

On this Commandant Cresswell remarks that it is premature to estimate the standard of discipline end efficiency of a. force raised under an Act which is not even drafted. Here it will be seen the Commandant makes a good hit.

Then "The Times" stated the Australian force, would, consist of amateurs, half-trained volunteers, and longshoremen. The Commandant cheerfully admits that till the Act authorising the formation of the naval companies is passed the force will not be highly trained men-of-war's men, seamen, gunners, and torpedo-men, &c, but the disparagement he looked upon as just as meaningless as to say the British army consists of agricultural labourers, mechanics, factory hands and etc.

" Neither in numbers, physique, intelligence, nor sea aptitude is the available material one whit below that of the mother country. These men have never been properly tested because of want of opportunity. Any doubt that may have existed about the qualifications of colonials as fighting men must have been removed by the admirable service rendered by the colonial troops in South Africa. They have shown an adaptiveness for the kind of warfare there which has commended them to all the generals who have had them at command."

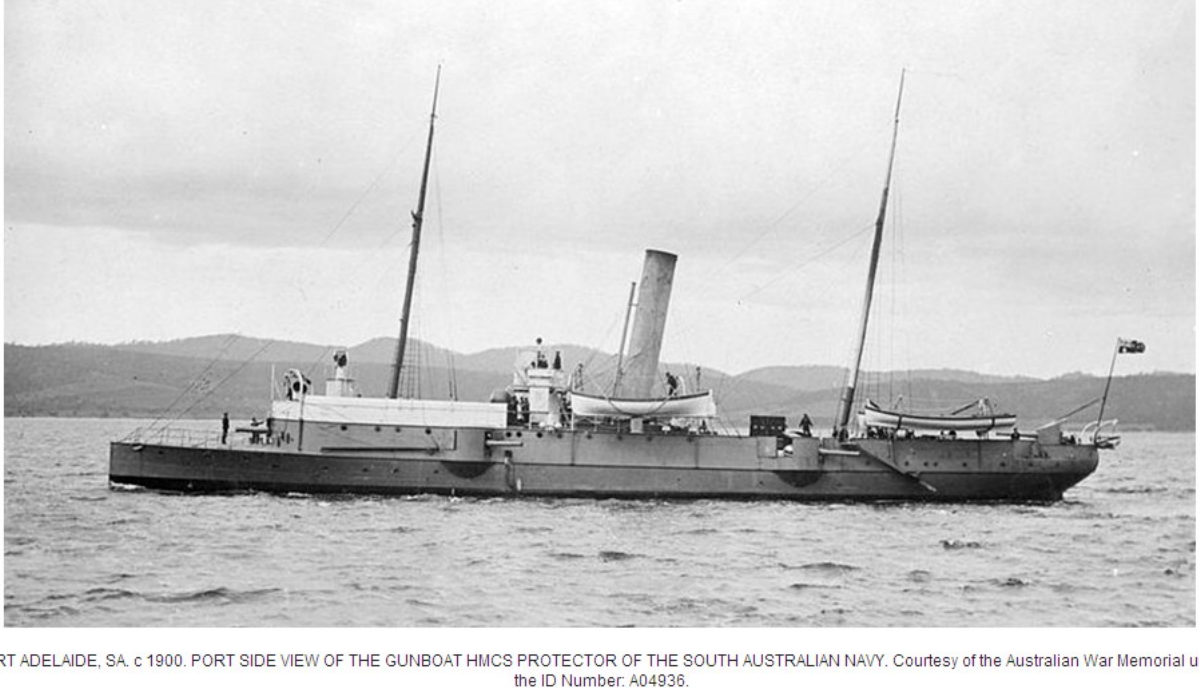
Then " **The Times** " **ridiculed the Australian Navy scheme because it would lead to half-a-dozen semi-independent navies in the Empire**. To this Commandant Cresswell replied that such difficulty might require consideration if there were half-a-dozen British continents in the South Pacific. There was only one, however, and, like other great dependencies of the Empire, it had no frontier to defend. In this style the gallant officer disposes of the contentions put forward by "The Times," and he argues very soundly, it seems to us, that Australians should fit themselves to share the only risk and danger to which they are exposed-foreign invasion.

"The idea that four and a half millions of British people are to remain absolute ciphers as the protectors of their great coast trade is one that will not for a moment be entertained. They will never endure to remain impotent on shore with idle hands, while work is towards on their coast in which they are directly' involved."

A Commandant who entertains such sentiments, and is not afraid to entertain them as Commandant Cresswell does, will, unless we are greatly mistaken, receive the ready and cordial support of our Naval Brigade. AUSTRALIAN NAVAL DEFENCE. (**1900, June 2**). *Morning Bulletin* (Rockhampton, Qld. : 1878 - 1954), p. 4. Retrieved from http://nla.gov.au/nla.news-article52575851

What's interesting about this above article is that it does not mention what is expressed by other sources that the expense entailed in maintaining an Australian squadron, then borne by all states, could have been put to the purchase or building of an Australian Navy and that this idea was introduced by Commandant Cresswell. It also is published during the times of the Boxer Rebellion.

Commandant Cresswell had been appointed Commandant of the Queensland Naval Forces on May 1st 1900 and by August 1900 had been released to command HMCS/HMAS *Protector* on its deployment to China to assist in suppressing the Boxer Rebellion as the British Government would accept this vessel offered by the South Australian Government only if it was commanded by a 'British officer'. Captain Cresswell, although his expressed sentiments clearly point to a love of Australia, fulfilled this mission. This vessel was manned solely by Australian sailors.



PORT ADELAIDE, SA. c 1900. PORT SIDE VIEW OF THE GUNBOAT HMCS PROTECTOR OF THE SOUTH AUSTRALIAN NAVY. Courtesy of the Australian War Memorial under the ID Number: A04936.

HMCS/HMAS Protector was a large flat-iron gunboat commissioned and purchased by the South Australian government in 1884, for the purpose of defending the local coastline against possible attacks in the aftermath of the 'Russian scare', of 1870s. She arrived in Adelaide in September 1884 and subsequently served in the Boxer Rebellion, World War I and World War II. During the pre-federation period all colonies and states had to provide their own colonial navies. The final cost of this Vessel was £65,000 pounds sterling. (1).

Running concurrently with the development of colonial defence systems a growing discussion about forming a Federation during the 1890's led to the Constitution of Australia (approved in a series of referendums held over 1898–1900 by the people of the Australian colonies) becoming law on 9 July 1900, and entered into force on 1 January 1901. This too, first debated in the 1850's, stemmed in part to address cooperation between the states on inter-colonial tariffs.

Captain Cresswell returned to Australia on the HMAS/HMCS Protector on January 6th, 1901. His advice on defence matters and being recommended to advise on the formation of an Australian Navy continued in a somewhat quieter form than had been represented in the first article regarding his 'answers' to 'The Times'.:

COMMONWEALTH NOTES. THE FEDERAL TARIFF. (BY OUR SPECIAL REPORTER.) MELBOURNE, Monday.
"Not quite ready yet," was **Mr. Barton's** reply to an inquiry as to the position of the federal tariff tonight. "We have made very good progress," said the Premier, "and there is not very much more to do." Mr. Barton thinks that there will be no difficulty in bringing the budget and the tariff together before the House of Representatives. In his opinion the forms of Parliament will easily allow of that course being followed…

Right:The first Prime Minister of Australia, Sir Edmund Barton. 1903, courtesy of the National Library of Australia.

MILITARY PAY COMMITTEE.
As stated in today's " Herald," the committee appointed by the Minister for Defence to inquire into various systems and rates of pay in the Australian States, with a view to recommending a schedule of pay for the defence forces of the Commonwealth, concluded its sittings on Saturday. The committee, under the chairmanship of Colonel Finn, the Queensland commandant, consisted of representatives of all the States, with the addition of Captain Cresswell, of the navy, and Colonels Burns, Waddell, and Templeton as financial experts. Sittings have been held in Melbourne and Sydney, extending over the past month. Exhaustive evidence has been taken, and the committee has during the last few days devoted itself to the preparation of rates of pay it purposes recommending to the Minister. The committee is practically unanimous on the main principles, and it is intended that the rates of pay for the same class of duty shall be uniform throughout the Commonwealth. At present there is a considerable discrepancy in the amounts paid to the permanent forces. This is to be changed. Every gunner in the service of the Commonwealth will receive the same pay and the same allowances, and the same principle will be carried out in all ranks and all arms of the defence force.
FEDERAL COMMANDANT.
To all inquiries on the subject of the appointment of the Federal Commandant, Mr. Barton returns the answer "Nothing has yet been decided." There is talk in military circles of negotiations between the Federal Government and the War Office having reached such a stage that the appointment may be decided upon any day. The information obtainable does not bear the official stamp of authenticity, but it coincides with the non-committal statements made from time to time during the last three months by the Premier and the Minister of Defence. It is gathered that the Federal Government tasked the War Office some time ago to nominate an officer as Federal Commandant, the principal conditions being that the candidate should have seen active service and should have sympathy with citizen soldiers. Lord Roberts thereupon nominated Lieutenant-General Pole Carew, and asked what the salary would be. The Government offered £2500, and the War Office then intimated that double that sum would have to be offered if Lieutenant-General Pole Carew's services were to be secured. No increase could be made by the Commonwealth Government, and the War Office was asked to nominate another officer. Lieutenant-General Hildyard and Lord Dundonald were then recommended as officers eminently qualified to fill the position, and an intimation was returned that the appointment of either of these officers would be approved, and here the matter is now said to rest and the Federal Government is awaiting an intimation as to the acceptance of the position by one or other of the officers named. Failing them, three others are favoured—Lieutenant-General Smith-Dorrien, Major-General Hector Macdonald, and Major-General E. T. H. Hutton. It is no secret that the appointment of the last-named gentleman, who is well known as Major-General French's predecessor in command of the New South Wales forces, would meet the views of at least two members of the Cabinet. COMMONWEALTH-NOTES. THE FEDERAL TARIFF. (**1901, September 10**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article14408938

Some time ago Sir Langdon Bonython asked the Minister of Defence to seek the advice of Captain Cresswell of Queensland, in regard to naval defence. Sir John Forrest then replied that the naval commandants, had presented their report on the subject in 1899, but that he would be glad to hear from Captain Cresswell on the subject. Captain Cresswell has how replied. He believes in the gradual establishment of an Australian Navy and the development of a Naval Brigade. THE DEFENCE OF THE COMMONWEALTH. (**1901, October 12**). *Western Mail* (Perth, WA : 1885 - 1954), p. 74. Retrieved from http://nla.gov.au/nla.news-article33218102

Captain Cresswell, reported as being a man with a great sense of humour, was again ignored. Instead the Colonial Conference of 1902 resulted in a naval agreement which provided for a financial subsidy and the acceptance of Australians for service as sailors (but not officers) in Royal Navy ships on the Australian Station. The British Admiralty continued to stand on its domination of all strategical matters and on a restriction of colonial naval activity to local defence.

Cresswell was supported by others in his assertions that Australia needed her own Navy though and on 25 February 1904 was appointed to a newly created position of naval officer commanding the Commonwealth Naval Forces. In 1903, the newly written Defence Act, proclaimed of July 14th that year, was moving towards establishing more then just an Army for Australia.

CAPTAIN CRESWELL. Captain Creswell has arrived in Melbourne to assist the Defence Department in drafting regulations for the Australian local naval forces. CAPTAIN CRESWELL. (**1904, January 26**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article14595565

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AUSTRALIAN NAVAL COMMANDANT. CAPTAIN CRESWELL APPOINTED. Melbourne, February 25. Captain W. R. Creswell, C.M.G., Naval Commandant of Queensland, and formerly Naval Commandant of South Australia, was appointed at the Federal Executive Council today pro tem. naval officer commanding the naval forces of the Commonwealth. AUSTRALIA NAVAL COMMANDANT. (**1904, February 26**). *The Advertiser* (Adelaide, SA : 1889 - 1931), p. 5. Retrieved from http://nla.gov.au/nla.news-article4947924

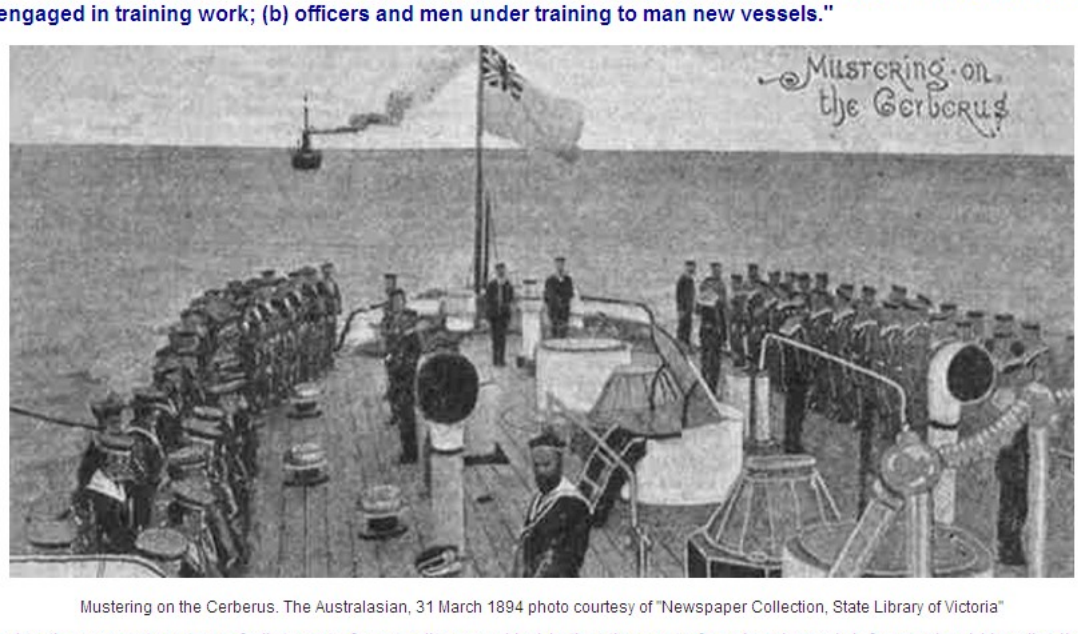
AUSTRALIAN DEFENCE. PROPOSALS FOR THE-COUNCIL. MELBOURNE. December 19 **The new defence administration system will come into force on New Year's Day.** The Minister for Defence today submitted to his colleagues in Cabinet his proposals in respect to the constitution of the Council of Defence and the Naval and Military Boards, and they were approved. The military headquarters administration will be reorganized in a revolutionary manner at the next meeting of the Federal Executive Council. Brig.-Gen. Finn, acting as General Officer Commanding, will be appointed Inspector-General of the Federal Forces, at a salary of £1,750 per annum. Gen'. Finn has been engaged to serve in this capacity for two years. **Capt. Creswell (Acting Naval Commandant) will be appointed Naval Director of the Common wealth, at a salary of £950.** Brig.-Gen. Gordon (Commandant of Victoria) will be transferred to a similar position in New South Wales, in succession to Gen. Finn. Col. Ricardo (Military Commandant of Western Australia) will be transferred to Victoria. Col. Plumer (Acting Military Commandant of Queensland) will be confirmed in his position. Lieut.-Col. Wallace. R.A.A., will go to Western Australia as Military Commandant of that State. Col. McKenzie will remain Military Commandant of Tasmania; and Lieut.-Col. Reade will continue to act as Military Commandant of South Australia during the absence on sick leave of Col. Bayly, The Council of Defence will be constituted as follows:— ' Minister of Defence— Lieut.-Col. McCay. Treasurer— Sir George Turner. Inspector-General— Brig.-Gen, Finn. Nval Director— Capt. Creswell. Chief of Intelligence— Lieut.-Col. Bridges. Representatives of the citizen forces— Still to be selected.
The Military Board will consist of the Minister for Defence (D.A.G., and senior member of the board), Col. J. C. Head, the Chief of Intelligence (Lieut.-Col. Bridges), Chief of Ordinance (an artillery officer to be obtained from England, and, pending his arrival, Lieut.-Col. Le Messurier), and a finance member (still to be selected). The Naval Board will consist of the Minister for Defence, the Naval Director (Capt. Creswell), finance member (still to be selected), and representatives of the citizen naval forces. Capt. Collins (Secretary of Defence) will act as secretary to both boards. Some of the officers who will serve on the council, Col. Hoad and Lieut.-Col. Bridges in particular, will receive small increases of salary when they begin their new duties. It is expected that the first meeting of the council and boards will not be held till the middle of January. AUSTRALIAN DEFENCE. (**1904, December 20**). *The Register* (Adelaide, SA : 1901 - 1929), p. 8. Retrieved from http://nla.gov.au/nla.news-article56578356

CAPTAIN' CRESWELL'S VIEWS. When communicated with on Wednesday evening, Captain Creswell said that **the appearance of Russian war-ships off the Australian coast might be part of Russia's general policy of interference with British trade, in a manner similar to that-which the same power recently adopted off the Cape.** It is just possible, he added, that one of these war ships was the vessel allowed to leave Port Arthur with women and children and other non-combatants, and whose arrival at any port has not yet been notified.'" If that is the case the other vessel may be one of the volunteer fleet of cruisers, of which so much was heard some weeks ago, and if the object is to interfere with our trading vessels the questions of contraband as affecting Australia will, of course, come up for consideration. More particulars are desirable, however. CAPTAIN' CRESWELL'S VIEWS. (**1904, October 8**). *Queensland Times, Ipswich Herald & General Advertiser* (Qld. : 1861 - 1908), p. 5. Retrieved from http://nla.gov.au/nla.news-article124416542

Captain Cresswell's first recommendations to the newly formed Naval Board urged the creation of an Australian naval force. In 1906 he was sent to England to look into naval developments there, and despite the growing presence and growing number of German naval ships in the Pacific, was rebuffed for his ideas to form an Australian Navy:

NAVAL DEFENCE. Melbourne. March 14.The report of the Director of Naval Forces of the Commonwealth was received to-day by the Minister for Defence. Captain Cresswell commences by saying that a clearer definition of the Commonwealth Naval Defence responsibility has now been arrived at and announced by the Government, but that means are still lacking to carry it out. He looks upon the present vessels as only being useful to train officers and men for the new vessels.

"The age of our ships is," he says, "evidence of the care taken with them. The Cerberus was launched in 1869 and most of the other vessels are nearly a quarter of a century old. The lines on which the next Estimates should be framed, apart from provision for new vessels, are briefly as follows:-(1) Plants and vessels obsolete or obsolescent, to be maintained for the training of the forces required for the new naval service. (2) Personnel: (a) Instructional staff to form nucleus of crews of vessel's engaged in training work; (b) officers and men under training to man new vessels."



Mustering on the Cerberus. The Australasian, 31 March 1894 photo courtesy of "Newspaper Collection, State Library of Victoria"

He objected to the present system of allotment of expenditure and holds that the cost of our local naval defence should be distributed per capita. **Captain Cresswell points out that the cadet system as applied to the navy, is at least of equal importance to the military side of the question. He regrets that no naval representative was present at the Sydney conference on the cadet question. Captain Cresswell refers at considerable length to the fact that Australia's naval responsibility has at last been recognised**, and he discusses very fully the reasons for the needs contained in the report of the Imperial Defence Committee. "**The axiom of our defence," he says, "should be the production in Australia of every requisite, and, though it may be years before this can be completely done the 'principle must be persistently adhered to." He urges the necessity for sending Commander Colquhoun and Engineer-Commander Clarkson to England at an early date for the purpose of acquiring a thorough knowledge of every detail connected with torpedo craft. It is understood that application will be made for Commander Colquhoun to serve with a torpedo flotilla**. FEDERAL AFFAIRS. (**1907, March 15**). *The West Australian*(Perth, WA : 1879 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article25698545

An Australian Navy – The A.N. View MELBOURNE, **This Afternoon The Australian Natives' Conference has passed a resolution to the effect that the time has arrived when an Australian Navy should, be formed for the defence of Australian interests**. AN AUSTRALIAN NAVY. (**1906, March 22**). *The Daily News*(Perth, WA : 1882 - 1950), p. 5 Edition: SECOND EDITION. Retrieved from http://nla.gov.au/nla.news-article82678594

CAPTAIN CRESWELL IN ENGLAND. LONDON, Tuesday. **Captain Creswell, Australian Naval Commandant, is visiting the naval establishments at Portsmouth and Plymouth, and also the Colleges at Osborne and Dartmouth**. CAPTAIN CRESWELL IN ENGLAND. (**1906, May 9**). *Morning Post* (Cairns, Qld. : 1897 - 1907), p. 3. Retrieved from http://nla.gov.au/nla.news-article44424482

AUSTRALIAN DEFENCE. CAPTAIN CRESWELL CRITICISED. LONDON, April 26. Lieutenant Carlyon Bellairs, R.N., M.P., on being interviewed, said he considered .that Captain Creswell greatly underestimated the cost of his Australian defence scheme. Lieutenant Bellairs declares that the present Australian squadron is quite inefficient, as the vessels are not armoured. Sir John Colomb, on being interviewed, said that Captain Creswell overrated the dangers of attack from armed merchant cruisers. AUSTRALIAN DEFENCE. (**1906, April 28**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 11. Retrieved from http://nla.gov.au/nla.news-article14768331

Scoffed at, derided despite being a highly esteemed and decorated for services Royal Naval officer prior to becoming an Australian resident, and perhaps losing patience, some attribute the visit of the American Navy, called 'The Great White Fleet', (the sixteen warships were painted white to denote peace) to Sydney Harbour on August 20th, 1908, as Captain Cresswell's means of stirring up yet more support from the Australian people and as a means of rebuffing his proposals being rebuffed:

A GREAT WELCOME Thursday last was the greatest day that New South Wales ever saw! Sydney has had some great days, such as the Jubilee and the Commonwealth times, but the coming of the fleet set everything else in the shade. The crowds at South Head beat all possible records, and there must have been 300,000 people down that way. The trams were alleged to be able to carry 12,000, and maybe they did, but the multitude went afoot. The crowd marched out, women carrying babies; most carrying luncheon or billies, or some preparation for a picnic. It was a good-tempered, well-dressed, and nobly-behaved crowd. It was enough to fill a man's soul with pride in his country. They are great people, are the Australians.

The weather was all that could be desired, and the whole pageant was a brilliant success. Perhaps it will be best to reprint the account from the *'Daily Telegraph,'* which was one of the best things done : —'Nature was kind, and did her sunny best to make the mighty pageant of yesterday an unfailing memory for the vast multitude who witnessed it. All the previous night the city seemed to sleep uneasily,' decked in its new finery. There were people in the streets long after the lights of the ferry steamers had ceased to glide in and out of Circular Quay. And almost with the dawn Sydney was fairly awake once more, and the principal streets were humming with life. That unmistakable thrill of expectation at the near approach of the event which has absorbed public attention for months was quite apparent in the dense crowds that streamed, like rivers in flood, along all the channels that led to the cliffs overlooking the ocean. And he must have been indeed an early riser who found himself the first-comer mi any of the heights near the Heads. Watchers who caught the first gleams of the rising sun in their binoculars, and swept the long line of the cliffs at South Head into their field of vision were amazed to find a fair number of spectators already in their places, and waiting for the curtain of morning mist to rise upon the stage of the Pacific. The outlook was anything but reassuring. Dense cloud masses were piled high to the south and east, and the tyro regarded the prospect with ill concealed apprehension, until sun weather-beaten person, with a slight roll in his gait, reminiscent of many strange experiences at sea, announced that with the wind in the wes'ard there would be no rain. And so it proved.

U.S.A. FLEET. ENTERING SYDNEY HEADS.
J.F.H. 334.

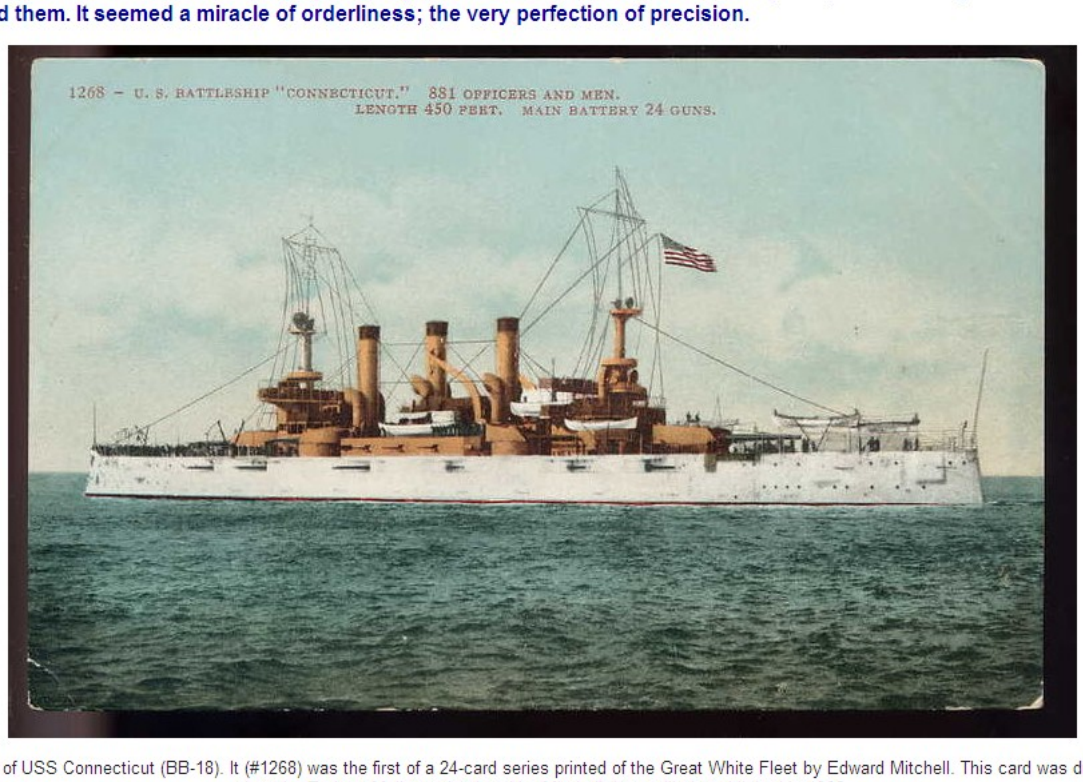
The Great White Fleet entering Sydney Heads, August 20, 1908, Naval History of America website photo #NH 67143.

Gradually the sun forced his way out through the banks of leaden cloud. .Little by little the visible area of the ocean on one side and the harbour on the other broadened outwards, and each new. bit of territory won from the mist revealed a fresh accession of onlookers, who massed themselves on the sides of the hills, and arranged themselves strikingly on the skyline at the crest. Looking over the harbour, with its flotilla of pleasure boats moored in the appointed bight, and its fine array of steamers dressed with flags, **one could see the red root's of North Sydney and Mosman touched to vivid colour by the sunlight, the dark grey hulls of the British warships lying at anchor at Harden island,** and further away the city itself waiting in festal attire to receive its honoured guests. But still the eyes of thousands were strained seaward in vain. Rumours ran from mouth to mouth that the battleships had been seen for a tantalising instant, moving like ghosts through the mist, and had then altered their course, and vanished. But those who knew where to look kept their glasses fixed on the south, and presently keen-eyed watchers made out the shape of the leading ship looming through the rapidly disappearing haze. And the suspense was over. So slowly were the great battleships advancing that there was an appreciable Interval of time before the remaining ships even of the leading division could be picked out of the haze. Owing to the angle at which the fleet approached the spectators on the cliffs, a peculiar optical effect was produced. When Admiral Sperry's flagship was clearly defined, a shadowy companion emerged from the haze and seemed to step into place alongside her. Then another followed, and after a farther brief period of eager watching on the part of the spectators, a fourth appeared. The flagship leading the line stood out bold and distinct, lifting and falling slowly in the 'long wash of Australasian seas.' The three yellow funnels stood out sharp and clear. The big turrets were easily discernible, and even the heavy scrollwork on the bows could be plainly seen. Abreast of her — so It seemed from the angle of view — marched a shadowy 'doppel danger,' resembling her in every particular, but with outlines blurred. And then came another 'doppel danger' and another, each more shadowy than the last, until it seemed as though the flagship moved amid ail eve-extending squadron of phantom ships advancing with her in one-abreast formation, as the fleet drew nearer the illusion vanished, and the spectators saw that the ships were not In line abreast, but in line ahead, each separated from the next by an interval of two cables' lengths. The increasing shadowiness of outline that marked the ships far down the line was caused, of course, by their increased distance from the spectator. Then all at once the mist faded away, and the majestic battleships showed themselves for what they were — the most overwhelmingly powerful navy that has ever floated in Australian waters. The effect was simply stupendous.

Admiral Sperry had brought his ships along just a shade ahead of the schedule, and accordingly the whole fleet almost marked time as it approached the Heads. Making, perhaps, a knot or two an hour, the battleships glided on towards the entrance of the harbour, keeping their intervals with accuracy, and the very slowness of ;their progress made their approach all the more fatefully impressive. It was borne In upon the minds of the onlookers that nothing on earth could stop that slowly-moving line of white ships if the directing brain decided that it should go on. Here on the cliffs nearly 100 feet above the sea were the spectators, like an audience in some vast theatre. Down below, on the stage of the ocean's surface, a splendid pageant was represented. And it had cost £20,000,000 to set that scene. The mere money value of these slowly-moving ships, lazily billowing out light clouds of thin smoke as the revolutions of the engines were reduced so as to give them merely bare headway, staggers a young country with a limited revenue. But if the wealth represented by the fleet is impressive, the strength is portentous.

Looking down on the battleships as they approached their first port of call in the Commonwealth after a cruise unique in naval History, even the least imaginative onlooker must have been warmed and thrilled by the thought that he saw before him the right arm of the Great Republic- -a long, strong hard hitting arm ready to strike terrible blows in defence of the ….. man's cause should it ever assisted in this part of the world.

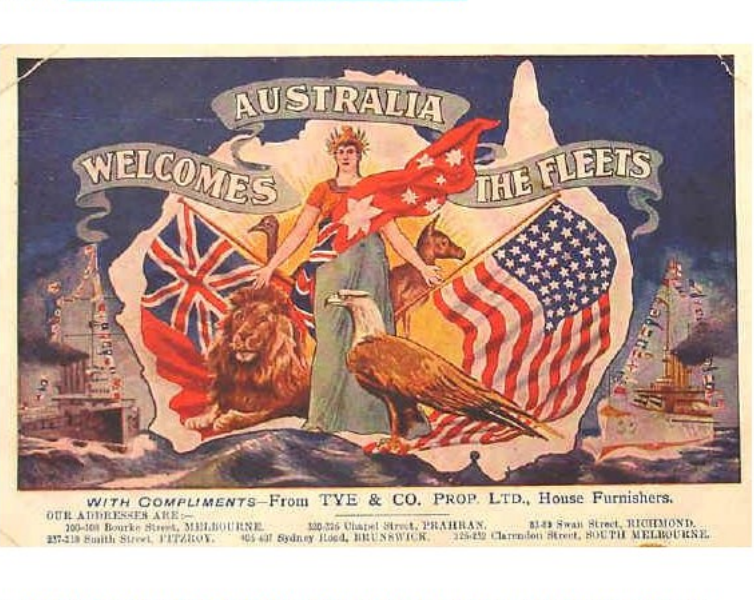
Even while this thought was framing itsel;f in my mind the flagship of the First Division swung itself round to starboard at right angles to her course and headed out to sea, followed by each succeeding ship, which executed the same 'right turn' as soon as she reached the exact spot where the '**Connecticut**' had changed her course, 'then the pageant suddenly livened up; black smoke poured from the funnels, and the ships quickened their stride in the game of 'follow-my-leader' as **the 'Connecticut' led the four divisions in a grand march straight out to seaward before she turned and came back heading straight for the harbour entrance. This is a simple manoeuvre, and one that is commonly exhibited at great naval reviews. But few of the hundreds of thousands of people who welcomed the United States battleships yesterday had ever seen a naval review of any kind, and the simple evolution fairly enthralled them. It seemed a miracle of orderliness; the very perfection of precision.**


1268 – U. S. BATTLESHIP "CONNECTICUT." 881 OFFICERS AND MEN.
LENGTH 450 FEET. MAIN BATTERY 24 GUNS.

Postcard of USS Connecticut (BB-18). It (#1268) was the first of a 24-card series printed of the Great White Fleet by Edward Mitchell. This card was drawn off a photo by Enrique Muller and colored by Mitchell. It was likely published in 1906.

As the ships approached in a long line straight as a spear shaft, with the head pointing straight for the entrance to the harbour, a military band at the South Head fort began to play a series of American airs, and the simple music was aptly titled to the moment. It helped one to realize that this miracle, this portent, this astounding wonder of a great world Power's battle fleet entering the sequestered waters of Sydney Harbour, was indeed an actuality when one heard the plaintive and simple but thoroughly characteristic American music floating out to meet the ships that steamed from Hampton Roads so many months ago on a cruise that was to circumnavigate the globe. The sad little plantation ditty, the sonorous marching song that carries the rhythm of tramping feet in its cadences. The tripping little inconsequent melody that chance has made a national air; all these were borne out by the west wind to greet the ears of men who could hear in the music echoes from their distant homeland. And as the great procession entered the Heads, a hoarse and dissonant screech of welcome went up from every waiting vessel, big or little, that could muster a steam whistle or a siren. It was not musical, but it was sincere, and it was thoroughly characteristic of Sydney. And so the great white battle-ships moved at a slow and stately pace up the harbour, dipping the flag of their country in grave salute as each passed by the signal station.

Their very names set in motion a train of new associations for the people of this country, 'there is a whole world of romance in the single name 'Virginia.' And 'Georgia' — let it be spoken with pity as well as pride —calls up a story of something more than even a famous march. And what shall he said of 'Kearsage.' recalling the stubborn winner in that great seal duel off Cherbourg, where the Confederate cruiser, whose career cost England a huge bill of damages, and went near to dragging her into a fratricidal strife, went down beneath the waves — the only way of escape from the terrible pounding of her adversary. Truly even by their names the great white battle-ships have power to stir the imagination of Anglo-Saxons in this part of the world. And so with unerring precision each ship passed on to her moorings. And when night descended upon the harbour there were strange lights burning to show the people that the cause of the white man has found a new and a mighty upholder in this hemisphere.' THE ARRIVAL OF THE FLEET. (**1908, August 25**). *The Sydney Stock and Station Journal* (NSW : 1896 - 1924), p. 3. Retrieved from http://nla.gov.au/nla.news-article124355480


AUSTRALIA
WELCOMES
THE FLEETS
WITH COMPLIMENTS—From TYE & CO. PROP. LTD., House Furnishers.

Ships of the Great White Fleet
The Fleet, First Squadron, and First Division were commanded by Rear Admiral Charles S. Sperry. First Division consisted of Connecticut, the Fleet's flagship, Captain Hugo Osterhaus, Kansas, Captain Charles E. Vreeland, Minnesota, Captain John Hubbard, and Vermont, Captain William P. Potter.
Second Division consisted of Georgia, the Division flagship, Captain Edward F. Qualtrough, Nebraska, Captain Reginald F. Nicholson, New Jersey, Captain William H.H. Southerland, and Rhode Island, Captain Joseph B. Murdock.
The Second Squadron and Third Division were commanded by Rear Admiral William H. Emory. Third Division consisted of Louisiana, the Squadron flagship, Captain Kossuth Niles, Virginia, Captain Alexander Sharp, Missouri, Captain Robert M. Doyle, and Ohio, Captain Thomas B. Howard.
Fourth Division was commanded by Rear Admiral Seaton Schroeder. Fourth Division consisted of Wisconsin, the Division flagship, Captain Frank E. Beatty,Illinois, Captain John M. Bowyer, Kearsarge, Captain Hamilton Hutchins, and Kentucky, Captain Walter C. Cowles.
The Fleet Auxiliaries were Culgoa (a storeship), Lieutenant Commander John B. Patton, Yankton (a tender), Lieutenant Commander Charles B. McVay,Glacier (a storeship), Commander William S. Hogg, Relief (a hospital ship), Surgeon Charles F. Stokes, and Panther (a repair ship), Commander Valentine S. Nelson.
Great White Fleet. (2013, September 13). *In Wikipedia, The Free Encyclopedia*. Retrieved 22:57, from http://en.wikipedia.org/w/index.php?title=Great_White_Fleet&oldid=572817244
A 1908 Australian postcard welcoming the American 'Great White Fleet' to Australia.

By 1909, with the intervening years spent championing Australia's needs, backed up be then Prime Minister Deakin, the government of Andrew Fisher, alarmed at the growing German fleet, ordered three destroyers.

Creswell attended the 1909 Imperial Conference, in company with Colonel Justin F. G. Foxton (Australian politician, barrister and soldier), **which resulted in the Naval Defence Act of 1910** being passed **which then created the Australian Navy**. On the **10th of July, 1911 July King George V granted the title of 'Royal Australian Navy' to the Permanent Commonwealth Naval Forces** . In 1911 Creswell was promoted to rear admiral in the service of the Royal Australian Navy and began the work of building an Australian Fleet, seeking Royal Navy officers who would oversee the first Naval College and teach the Australians all they needed. The colonial naval vessels were formed into one Navy while the three new vessels were being built:

THE GERMAN NAVY. TEN YEARS' GROWTH.
It is the enormous expansion of German naval power in the last ten years that is forcing Great Britain just now to launch out upon a more active policy of construction than ever. Ten years ago, on the eve of the Boer war, the German fleet was inferior to those of both France and Russia. It numbered only 14 battle-ships, vessel for vessel, decidedly inferior to vessels of similar type in the British navy, which then included no fewer than 47 battle-ships. By1908 the number of German battle-ships had increased to 24, and that of the British to only 52. Thus the German battle fleet has been enlarged 1 percent, to the 13 per cent, of the British battle fleet. At the same time there was an immense improvement in the quality of the German vessels, of their armament, and their personnel. Of the German battle-ships in 1899, the largest was only11.700 tons, while Great Britain had 36 over 12,000 tons, including six of 15,000tons'. By 1908 Germany had in her fleet of 24 battleships two of 18,307 tons and two of 17,679 tons, with a total of 14 all larger than any ship owned by her in 1899.
German naval expansion can be even more clearly understood from the stupendous growth of the German Estimates. During the ten years ending in 1888,while British expenditure on the navy averaged about £12,000,000, that of Germany averaged less than £2,500,000. In the following ten years tho British outlay was about £18,500,000 annually, and the German still only a shade over£4,500,000. Then came the new German policy of aggressive construction. From 1898 onwards German expenditure has amounted to £10,865,000 a year, as against Great Britain's £32,000,000. It is now over £16,600,000, and under the latest programme it will reach£23,000,000 in 1911. In the four years
up to 1908 British expenditure on new construction decreased toy an aggregate sum of £11,000,000, while German expenditure for that purpose increased by a total sum of £6,380,000, The German fleet is now being strengthened at the following rate. One vessel of "Dreadnought" or "Indomitable" type every quarter; one cruiser of 25 knots every six months; one destroyer of nearly 700tons every month; and one large submarine every month. When the present German programme, which provided for the expenditure of £200,000,000 on the navy in ten years is worked out in 1917 Germany will have 38 battle-ships, all less than 20 years of age, 10 battleship cruisers, 40 other cruisers, and twelve dozen destroyers, with many submarines. This powerful fleet will not be scattered over the world as the British navy must perforce be, but concentrated in German home waters, within a few hours sail of Great Britain. Is it surprising that the British nation regards as a menace the rise of this new sea power at Its doors? It is a direct challenge to Great Britain's traditional two power standard, and the cause of nearly doubling the British navy estimates, for as the "Quarterly" pointed out in October last, "If Germany were today content to devote to her fleet as a matter of £6,000.000 each year, as was the case in 1898, it would be possible for the British Government to maintain the two power standard at an annual outlay only slightly exceeding £20,000,000."
At the darkest moment of British reverses in South Africa. Prince Bufyw introduced the bill which lay the foundations of the new German navy. The preamble of the bill declared that "Germany must have a fleet of such strength that a war against the mightiest seapower would involve risks threatening the supremacy of that power. For this purpose it is not absolutely necessary that the German fleet should be as strong as that of the greatest sea-power, because generally the greatest sea'power' will not be in a position to concentrate all its force against us? THE GERMAN NAVY. (**1909, March 31**). *Border Watch* (Mount Gambier, SA : 1861 - 1954), p. 1. Retrieved from http://nla.gov.au/nla.news-article77452548

NAVY. During her few months stay at Port Adelaide, **H.M.A.S. Protector was subjected to a complete overhaul** and cleaning, besides being fitted with new water tanks and undergoing minor alterations. On Friday afternoon the old gunboat cast off her moorings at the buoys opposite the Glanville Wharf, and steamed slowly down the river enroute to **Melbourne, where she will be engaged in training the Victorian section of the naval militia.** The chief seaport will be without the presence of a warship until next Friday, when **the Parramatta, Yarra, and Warrego**, now engaged in manoeuvring operations at Port Lincoln, will return. **To the average Australian, these three ships of war constitute the Commonwealth Navy. This is not altogether correct, as the Royal Australian Navy boasts no fewer than 10 vessels—Cerberus, Childers, Countess of Hopetoun, Tingira, Faluma, Gayundah, Protector, Yarra, Parramatta, and Wanego.' The Cerberus, however, is only valuable as a target, or possibly a magazine**; The **torpedo boats Childers and Countess Of Hopetoun are rather out of date, though useful for training purposes. The old gunboat Paluma would cut a sorry figure in a sea fight, but she is to be rearmed and used as a tender to the gunnery school. The Protector, which went to China at the time of the Boxer rebellion, and which was South Australia's only gunboat until the Federal Government took her over, is like the old Gayundah, also to be rearmed and used for training reserves. The Tingira, another old vessel, should prove an excellent craft for teaching youngsters the rudiments of seamanship.** But **for an effective fighting force we must rely on the three new destroyers, the nucleus of the newest navy in the world. This trio was recently reinforced by an efficient second cruiser, the Encounter**, which was transferred from the Admiralty. She is manned with a nucleus crew of Royal Navy officers and men, and completed with Australian ratings for training. As these latter are trained they will be sent to England to man **the three cruisers, Australian, Sydney, and Melbourne, now building in Great Britain, and which are due in Australia next year.** OUR NAVY. (**1912, July 27**). *Daily Herald* (Adelaide, SA : 1910 - 1924), p. 8. Retrieved from http://nla.gov.au/nla.news-article124833384

Training ship HMAS Tingira moored in Rose Bay, Sydney in 1912. Originally named Sobraon, in 1911 she was sold to the Commonwealth and re-named "Tingira". Commissioned in 1912 as Australia's first naval training craft and remained in commission at Rose Bay until 1927. The ship was towed to Berry's Bay in 1929 and broken up in 1941. Image of the Australian War Memorial under the ID Number: A02605

Next Week – The ships of the newly formed Australian Navy and their Entrance into Sydney Harbour – the 1913 Fleet Review

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First Naval Exercises by New South Wales Colonial Ships – The Wolverene at Broken Bay - Issue 126, Pittwater Online News

Robert Hyslop, 'Creswell, Sir William Rooke (1852–1933)', Australian Dictionary of Biography, National Centre of Biography, Australian National University, http://adb.anu.edu.au/biography/creswell-sir-william-rooke-5817/text9875

Incidentals:

Grand Naval Demonstration in Sydney Harbour

THE naval review and sham fight in Sydney Harbour on Tuesday, the 12th instant, formed one of the grandest spectacles ever beheld in Australia, and will long be remembered by all who had an opportunity of witnessing it. The plan of operations was very simple; it was assumed that **the Wolverene (flag-ship), Emerald, Miranda, and Cormorant**, should steam up the harbour as if they had succeeded in forcing the outer batteries. To oppose their further progress a strong earthwork, manned by the Naval Reserve and contingents from the fleet, was planted at Mrs. Macquarie's Point, **flanked by the Alert (corvette), Beagle, and Conflict on the right, and the Sandfly and the Renard on the left.** To carry out these arrangements the attacking squadron had to leave its moorings at noon and proceed down as far as the South Head Light-house ; but as a matter of fact the fleet went nearly as far as Manly. When the time arrived for commencing operations the Wolverene, followed in line by her three sister vessels, steamed slowly but gracefully past Brad-ley's Head. The fight commenced with fierce cannonading, which rapidly increased in intensity as the fleet took up its position opposite the point to be attacked, **the fire being returned by the lighter guns from the Active, Beagle, and Alert.** After the four attacking ships had come fairly to anchor in half-circular form, with the Wolverene and Miranda on the off side, and the Cormorant and Emerald at the Garden Island side of the half-circle, the two latter, who had been previously somewhat sparing with their powder, opened up the attack in order to make it hot for the defenders, who, however, briskly re-plied, and were assisted in their defence by the gun-boats flanking the position. All being now ready a flotilla of boats and steam launches, under cover of the guns of the fleet, made away for the shore with parties of attacking marines and blue jackets. As they approached close to the point of landing, the big guns covered them, playing upon the defenders with their stern batteries. The preconceived plan of a repulse at first was well played ;for, having landed a short time, and after making vigorous attempts to displace the defenders, the enemy was compelled to beat a most inglorious retreat. Many of them were to be seen rushing into the water in order to reach their boats and launches. The rattle of musketry from Macquarie Fort now became general, interspersed frequently by the booming from light field guns, which the holders of Macquarie's Chair spitefully plied over
them. The assailants and the attacked, however, pretty fairly exchanged shots ; a fusilade was maintained during the retreat, while the guns of the fleet vigorously covered the retiring forces, but the fire of the blue-jackets was rapid and well sustained. The men afloat, however, soon found themselves at a safe distance once more, under the wing of either of the four principal ships at anchor, each of whom let off an occasional stinging shot by way, apparently, of revenge. Soon a stillness followed, in the course of which signals were hoisted and lowered in rapid succession from the mainmasts of the ships, and these were followed by another period of silence, which may be assumed to be that momentous period when a more advantageous process of attack is being discussed. Presently the enemy drew up in order, and commenced a second attack in almost similar order to the previous attempt. The boats advanced this time, however, in greater order, maintaining a regular half-circle in their advance from the fleet to the point of landing. The attack was covered by the fleet, as before, and as they neared the shore, a perfect hail of firing commenced, which reverberated in the air. The attack was this time swift and determined. The enemy effected a prompt landing, and compelled the defenders to retreat at the double quick. Having landed and "fallen in," the marines made a flank movement, and acting in unison -with the tars compelled the final surrender of the defenders.

Sham Naval Fight - Sydney 1881, courtesy State Library of NSW.

The force engaged during the day was as follows :-Wolverene, 17 guns, 335 men ; Emerald, 12 guns, 230men ; Alert, 4 guns, 220 men ; Miranda, 6 guns, 145men ; Cormorant, 6 guns, 145 men ; Alacrity, 1 gun, 35men ¡ Beagle, 1 gun, 30 men ; Conflict, 1 gun, 30 men ; Renard, 1 gun, 30 men ; Sandfly, 1 gun, 30 men ; Naval Brigade, about 300 men ; total, 1,530 men. The first division of boats consisted of- Wolverene, launch, 1st 1 -7 cutter (one gun); 2nd cutter, galley; Miranda, 1st cutter (one gun), 2ndcutter ; Alert, 1st whaler, 2ndwhaler ; Beagle, 1st whaler, 2ndwhaler ; Conflict, 1st whaler, 2ndwhaler ; Naval Brigade, steam launch, 1st cutter ; carrying 191officers and men.
The second division of boats were - Emerald, steam pinance (one gun), 1st cutter and 2nd cutter ; Cormorant 1stcutter (one gun), 2nd steam cutter; Renard, 1st whaler, 2nd whaler; Sandfly, 1st whaler, 2nd whaler ;Naval Brigade, 4 gigs, pinance,2nd cutter (one gun). Total, 196officers and men. The whole landing party was under the command of Captain Maxwell, assisted by Commander Dawson, in charge of the first division of boats; Commodore Bruce, second division. The defending force comprised eight ships' companies, &c, numbering 3G9men and 19 officers :-Wolverene, A Company (Lieutenant Corbett) ;Emerald, half A Company (Lieutenant Giles) ; Cormorant, half Company (Sub-Lieutenant Armstrong) ;Wolverene, field and Gatling guns' crew, 2 guns (Sub-Lieutenant Torlesse) ; Emerald, field and Gatling guns' crew, 2 guns (Lieutenant Clarke) ; Miranda, Gatling guns 'crew, 1 gun (Sub-Lieutenant Knight) ; Naval Brigade small arm men (Commander Jones) ;Naval Brigade, 3 9-pounders, 3howitzers, 6 guns (Commander Allen) ; surgeons, stretcher party. The defending force was under the
The command of Captain Maclean, R.N., assisted by Commander Watson, R.N., Captain Hixson, S.N. Brigade, with Lieutenant Clark, R.N., and Commander Allen, S.N. Brigade, in charge of the field batteries and Gatlings. The vessels on the left flank of the Point were commanded by Lieutenant-Commanding Izat; those on the right, by Lieutenant-Commanding Maxwell. The boats which carried the Royal Marines were the harbour steam pinnace, the Emerald's sailing launch, the Alert's steam cutter, and the harbour launch. The whole affair was successful from beginning to end, and gave every satisfaction to all concerned. Grand Naval Demonstration in Sydney Harbour. (**1881, April 23**). *Illustrated Sydney News* (NSW : 1853 - 1872), p. 21. Retrieved from http://nla.gov.au/nla.news-article64974245

Admiral Lord Charles Thomas Montagu-Douglas-Scott
This portrait by an unknown artist depicts Admiral Lord Charles Thomas Montagu-Douglas-Scott on the deck of a man-of-war probably during his time as a Lieutenant of Britain's Royal Navy. As a Rear Admiral, Lord Scott was Commander-in-Chief of the Australia Station 1889-1892 with HMS ORLANDO as his flagship.
Lord Charles Thomas Montagu-Douglas-Scott was born on 20 October 1839 at Montagu House, Whitehall, London to Walter Francis Montagu-Douglas-Scott, 5th Duke of Buccleuch and Queensberry and Lady Charlotte Anne (née Thynne, daughter of the 2nd Marquess of Bath). After receiving an education at St Peter's College, Radley, Lord Scott joined the Royal Navy (RN) as a naval cadet in 1853 at the age of 14. He remained in the service of the RN for his entire working life serving in the Russian War in the Baltic in 1854, the China War 1857 and was mentioned in despatches during the Indian Mutiny of 1857-58. Lord Scott served in 14 RN ships during his 51 years in the navy culminating in his appointment as Commander-in-Chief of the Australia Station 1889-1892. He was also a Lieutenant aboard the Royal Yacht VICTORIA & ALBERT 1863-65, flag-captain of the Flying Squadron during its world voyage (in which Australia was visited) of 1875-77, Aide-de-Camp to Queen Victoria in 1887-88 and Commander-in-Chief of Plymouth Naval Base 1899-1902. Lord Scott married Ada Mary Ryan in Victoria, Australia in 1883. They had two sons. Admiral Lord Scott died on 21 August 1911 at the Buccleuch family home of Boughton House, Northamptonshire, England, aged 72. His portrait shows him probably as a Lieutenant; he is seen in full uniform cradling a telescope in his right hand, his left hand resting on a cannon, as he stands on the deck of a man-of-war. The artist is unknown but probably of the English School. This newspaper report from The Argus, 28 November 1890, page 5 details just one of the many (and typical) inspections Lord Scott undertook as part of his Australia Station duties: "*His Excellency Lord Charles Scott, the Admiral in charge of the Australian station, in a report to His Excellency the Governor regarding his inspection of the Victorian Naval Forces on the 10th inst., states that the Naval Reserve, who were on the H.M.V.S. Nelson under Captain Fullarton, went through the gun drill in a most creditable style, although the guns were not of modern date. The appearance and dress of the men left little to be desired, and he never had the honour to inspect a body of men of finer physique. The crew of the Cerberus performed the gun drill in the turrets of that vessel, and also the other drills in which they were exercised in a most satisfactory manner. The arrangements for getting the torpedo nets in and out on the Cerberus were particularly clever and well adapted. Speaking of the gunboats Victoria and Albert, Lord Charles Scott states that they were in as efficient a state as the nature of the forces would allow, seeing that it was impossible to keep entire crews on board of them. The few days' training which the Naval Reserve got during the year afloat was hardly sufficient to keep them properly posted up in the details of working modern ordnance, though they performed their exercises at the inspection very well and smartly. He suggested that they should receive more drills afloat, which are at present confined to holi- days, as this would tend to increase their efficiency. After referring in complimentary terms to the manoeuvres of the torpedo boats, the Admiral concludes his report by stating that the naval forces are in a very efficient state, and complimenting the officers and men on the zeal and attention they have evidently bestowed on their work.*"

Admiral Lord Charles Thomas Montagu-Douglas-Scott biography from http://www.anmm.gov.au/
Date or Place c 1862 England Image No: 00018387

SIR WM. CRESWELL. Death in Melbourne. FORMER HEAD OF AUSTRALIAN NAVY. MELBOURNE, Thursday.
The death occurred tonight of Vice- Admiral Sir William Creswell, formerly Director of the Commonwealth Naval Forces and First Naval Member of the Commonwealth Naval Board, Sir William Creswell, who had been in ill-health for some time, was in his 81st year.
Sir William's earliest association with Australia was in pre-Federation days, when he served in South Australian waters, eventually becoming Naval Commandant of that colony. It was during his stay there that Sir William, with the equipment of long and distinguished Imperial experience and passion and resource for the study of naval problems, applied his attainments to the future programme of Commonwealth defence. He ably advocated the maintenance of an Australian fleet in lieu of an annual subsidy towards the support of the British squadron in these waters. On the small scale of South Australia's local system, he illustrated those gifts for organisation which were to have a wider ambit in the evolution of an Australian fleet and naval policy.

Vice-Admiral Creswell entered the Royal Navy as a cadet in 1865, and during his career was associated with some historic episodes in naval affairs. After he was advanced to sub- lieutenant, in 1871, he was appointed to the Thalia, on the China station. In a boat action against Chinese pirates in the boats of the Midge, gun vessel, to which he had been temporarily appointed, he was severely wounded, and was later presented with a lieutenant's commission by the Admiralty for his conduct on that occasion. On his recovery, Lieutenant Creswell was appointed to the Naval College in 1874, and thence to the Topage, one of the squadron sent to India to receive H.R.H. the Prince of Wales. He then served in the flag-ship of the East India station, the Undaunted, and later in the London for the suppression of the slave trade. While thus engaged he received the thanks of the Foreign Minister for services in command of the London's boats against Arab slave dhows. He was invalided home in 1878, and later appointed to the training service, and to the charge of the Lion of Devonport. He retired temporarily from the navy to take up squatting pursuits in Queensland. Soon after H.M.S. Protector's arrival in South Australian waters he was elected as first lieutenant of the cruiser. He was in active command during 1891, and on Captain Walcot's retirement, in 1893, his command of the Protector was confirmed, and he was appointed to the position of Naval Commandant. In June, 1896, he was promoted to the rank of post-captain.

Sir William was appointed Naval Commandant of Queensland in 1900, and four years later was chosen for a similar position in connection with the Commonwealth forces. In 1906 he visited England to ascertain all particulars relative to torpedo boat destroyers, with a view to Australian construction. In 1909 Sir William attended the Imperial Conference that resulted in Australia's co-operation in sea defence, and provision for this purpose of a fleet unit. He was appointed Rear-Admiral in 1911, and Vice-Admiral In 1922. He retired from the position of First Naval Member in 1919.

He married in 1888 Adelaide Elizabeth, daughter of the late Mr. Justice Stowe, of South Australia. Lady Creswell survives him. A married daughter lives in South Africa, one son, Mr. Edward Creswell, is shire engineer at Ararat (Vic), and a younger son, Mr. Peter Creswell, is on the land. Two other sons were killed in the Great War. A brother of Sir William Creswell, is Lieutenant-Colonel F. H. P. Creswell, leader of a section of the Labour party in South Africa, and a former Minister for Defence and Labour.
SIR WM. CRESWELL. (1933, April 21). The Sydney Morning Herald (NSW : 1842 - 1954), p. 13. Retrieved from http://nla.gov.au/nla.news-article16977806

Photo: William Creswell, c1880 courtesy State Library of South Australia, B 22103/115 from Adelaide Book Society : W.R. Creswell Members from 1873 - William Rooke Creswell. Date ca.1880

Service of Captain Randolph William Creswell, 3 ANZAC Camel Battalion, Egypt and Palestine, 1916-1917. Collection includes a letter (and a transcribed copy) written to his father, Vice Admiral William Rooke Creswell, and a copy of a letter to the Australian Comforts Fund. Biographical note: Served in the 3rd Anzac Camel Battalion, AIF. Killed in action 6 November 1917 at Tel el Khuweifle, Palestine. Mining engineer of Melbourne, born Largs Bay, SA 13 March 1890; educated at St Peters College, Adelaide; Brisbane Grammar School; Melbourne Grammar School and Melbourne University. Appointed Second Lieutenant in AIF 6 July 1915 and posted to 29 Battalion, transferred to Camel Corps, 24 January 1916; promoted Lieutenant 20 February 1916; temporary Captain and to command no 11 Company, Imperial Camel Corps 1 July 1916; to 3 ANZAC Camel Battalion, 1 November 1916, promoted Captain, November 1916. Passed first in Topographical School, Cairo. Son of Sir William Rooke Creswell, First Naval Member of the Royal Australian Navy. His twin brother Lieutenant Edmund Lindsay Gordon Creswell was wounded at Bullecourt, but survived. Another brother Lieutenant Colin Fraser Creswell RN was killed in submarine E. 47. Permalink: http://www.awm.gov.au/collection/1DRL/0225

AUSTRALIAN CONTINGENTS. EMBARKATION FOR CHINA. Brisbane, August 3.
The Government of South Australia have applied to the Government asking that the Naval Commandant (Captain Cresswell) should be allowed to command H.M.S. Protector while on service in China. At considerable inconvenience to the local marine defence affairs, the Government have, in the interest of Australian Unity, acceded to the proposal. Captain Cresswell will probably join the Protector in Brisbane. Captain Cresswell's services have been granted for three months without prejudice to his present appointment.
Adelaide, August 3.
The call made by the Naval Commandant for a crew to proceed to China in H.M.S. Protector met with a ready response. The men .are delighted at the prospect of participating in active service. The enrolment will take place to-morrow morning, when the places of those who fail to present themselves will be filled by others from the reserve. The officers are confident that everything will be shipshape by Monday afternoon. Fresh water is being taken on board, and further supplies of powder and projectiles are being shipped with all haste. Dr. B. H. Morris, medical officer for the Destitute Poor and State Children's Depart-ment, has been appointed surgeon on the Protector.
Adelaide, August 5.
H.M.S. Protector, with the naval contingent, will leave for service in China at 4 oclock to-morrow afternoon. The crew were enrolled on Saturday, all except two. In the afternoon a public reception was tendered to the officers and men by the Port Adelaide and Semaphore Corporations….
Replying, on behalf of the Navy, in response to the toast of "The Army and Navy," the Chief Secretary made an important announcement concerning Captain Cresswell's appointment to command the Protector. **Before accepting the Protector the Admiralty wished to place Royal Navy officers onboard. The Government would not agree to this, and then. Captain Cresswell, who was formerly Commandant of the South Australian Naval Forces and who had served in the Royal Navy, was suggested. Lieutenant Clare at first objected, but subsequently waived it and the difficulty had been overcome by his agreeing to go with Captain Cresswell as chief executive officer. By his action, Lieutenant Clare would lose none of his privileges as Commandant of the South Australian Naval Force**. AUSTRALIAN CONTINGENTS. (**1900, August 11**). *Western Mail*(Perth, WA : 1885 - 1954), p. 19. Retrieved from http://nla.gov.au/nla.news-article33189776

AUSTRALIAN SEAMEN.VIEWS OF AN ENGLISH NAVALOFFICER.INTERVIEW WITH CAPTAINCHAMBERS. Journeying to Melbourne by the **R.M.S. *Orontes*** is Captain B. M. Chambers, R.N., a prominent English officer who has been commissioned by the Australian Government to assist in the work of placing the Commonwealth Navy on a satisfactory basis. His first task in that connection will be as Director of the Australian Naval College, which is to be established at Sydney. When seen by a "West Australian" representative, Captain Chambers expressed himself as glad of the opportunity of spending 'a few years in Australia engaged in a work in which he naturally took the keenest delight. Captain Chambers, during the course of his remarks, said that he had been told that there had been considerable adverse comment on the action of the Commonwealth authorities in engaging English officers to assist in the work of developing the Australian Navy on the lines it should be formed. "We naval officers at home," he continued, "naturally are extremely interested in the development of the Australian Navy, and those of us who have beer selected to participate in that work of development hope to make it a great success. Just as naturally we, while prepared to enter into our duties with the utmost cordiality, feel somewhat the criticism. Of course, I know there is generally a strong feeling of dislike to outsiders being brought into active connection with a new navy, but in starting an organisation such as a navy it is quite impossible to find experts in a moment. I think, therefore, people ought to realise that, however much one might desire to employ local men, there are some positions which can only be filled by people with a naval training. After all, the appointment of English officers is only temporary, and after a few years they will have completed their task and returned to England, their positions being filled by Australians who have profited by their experience. As I have said, you can't make a naval officer in a moment. It takes at least12 years to make a reliable naval lieutenant and this alone should show how absolutely necessary it is that some of the officers should be brought out from .England. In this, of course, Australia is doing no new thing, as Japan affords an illustration. Admiral Douglas went to Japan some 40 years ago to supervise the start of the Japanese navy. The recent war between Russia and Japan showed the results of his work. Once started, of course, a navy is capable of running itself, and Admiral Douglas's services after a while were not required, the consequence being that he returned to England. So, I take it, will be the experience with the Australian Navy. Mind you, I am coming out to Australia with quite an open mind regarding the whole question, and am quite prepared to find, that the criticism which is levelled at the employment of experienced British naval officers is not, after all, a serious matter."

R.M.S. ORONTES.

In response to a query as to how Australian seamen were regarded by the naval authorities, Captain Chambers said that they were recognised to be exceedingly capable men. "Just before leaving for Australia," he said, "I was informed by my brother-in-law, Admiral Ingram, that his experience of Australian sailors in the navy had been such as to call forth admiration. It has been said that the Australian is not readily amenable to .discipline. On this point he told me that he had 'found that if Australians once understood the reason for discipline and for orders given from time to time no difficulty was experienced in getting them to carry out those orders. Of course, .in an old-established navy like our own, people are apt to forget that point. Our sailors, trained from boyhood, take things for granted and do not reason why an order, the reason for which is not obvious, should exist. With Australians it is a case of them wanting knowledge, and why such and such an order is required. Personally I believe in letting sailors know reasons for orders, so as to carry their training further. Everything in a navy, however, hinges on discipline, and without it no good results can be achieved, and, in fact there can only be chaos. One always finds that reasonable men never object to discipline, and that is where the British navy shines. I believe it will be so in the 'Australian' navy, for the Australians are, I am' told, always hardworking and keen, always rising to the occasion.".

Captain Chambers's attention was drawn to the fact that technical knowledge seemed to be one of the great outstanding features of the American sailors, and during the stay of "The White Aramada" in Australian waters American sailors were frequently found studying hard at technical books. Asked whether' in a sailor such technical knowledge was essential, Captain Chambers answered emphatically in the affirmative. "I believe in sailors getting all the technical knowledge they can," he said, "and the greater the knowledge they possess the better they will be prepared for every emergency. Australians are, I am informed, possessed of great capacity for absorbing knowledge, and have shown on many occasions their great initiative. The Americans possess much the same qualifications, and among themselves they, are always seeking for greater knowledge. Should the occasion ever arise when America is called upon to engage in war the enemy, I believe, will meet with some surprises, for the Americans are always on the alert trying to find ways and means of defeating their opponents, be it in the schools of instruction or on the open sea.. The Australian should in the near future be in a position-to rank as the equal, if not the superior, of the American sailor."

While discussing naval matters Captain Chambers broke off to pay a tribute-to Fremantle.: "I have recently been out in the western States of America," he said, "and coming from there to Fremantle I could not help noticing the finished appearance of your port. It is so different from ports on the other side, where everything seems to be in an untidy, unfinished state.

Capatian Chambers will confer with Admiral Cresswell at Melbourne in regard to his duties, which he will shortly enter upon as Director of the Australian Naval College, which is to be established at Sydney. He has had a distinguished career, and served in several Egyptian campaigns As a "middy" he was present at the bombardment of Alexandria. The new director became captain in 1905. He is an expert nautical surveyor and chart compiler. He has made important contributions to the literature of his profession, and has much popularity m the service. He has been lent to the Australian navy for three years, and before going out to Sydney he received special permission to visit the Royal Naval Colleges at Osborne, Dartmouth and Portsmouth Dockyard, in connection with taking up his new duties as Director of the Naval College in the New South Wales capital. While holding a sub-lieutenant's commission he won the Shadwell prize awarded to the lieutenant making the best map of an anchorage with sailing directions executed by himself. He is also a Fellow of the Royal Geographical Society. According to himself Captain Chambers has been navigating officer on a number of the principal ships in the navy, and has devoted himself to cruiser work and scouting. On attaining his captaincy he was appointed to the staff of the War College, Portsmouth, where he remained for a year. Since then he had commanded the battleship Bulwark and the cruiser Talbot. He was for 18 months in the home fleet under Admiral May, and his last commission was in H.M.A.S. Majestic in charge of one of the reserve fleets of battleships at home. AUSTRALIAN SEAMEN. (**1911, May 17**). *The West Australian*(Perth, WA : 1879 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article2634032

NAVAL COLLEGE SITE. BARRANJOEY NAMED. CAPTAIN CHAMBERS' REPORT. A WORD FOR JERVIS BAY.'
It is understood that Barranjoey is favoured by the Naval Board as a suitable site for the Commonwealth naval college. My report respecting suitable sites for the Commonwealth naval college was forwarded to the Federal Government on Saturday," said **Captain Bertram Chambers, R N** , yesterday "and I am hoping that we shall soon be able to make a start During my tour of inspection I saw three or four sites which I greatly admired One of those is just a little to the north, of Sydney. That was one of the spots that Impressed me of course, there were others."
Asked whether any recruiting was going on for the Australian auxiliary of the fleet, Captain Chambers stated that so far nothing had been done in that direction "Admiralty House and Garden Island," he said in reply to further queries, ' belong to the Admiralty, and although there is no telling what the Admiralty will do with them it is probable that they will be handed over to the Federal Government."
"Yes, I liked Jervis. Bay I believe that Nowra and Jervis Bay are only about 15 miles distant and there are no Insuperable difficulties in the way of connecting them by railway The connection, I think, should have been made long ago. You see, it is such a small distance, and I am told there are practically no engineering difficulties to surmount "
THE PROBABLE SITE
In his interview Captain Chambers remarked that he had been very favourably Impressed with a site a little to the north of Sydney. There is every reason to believe that the site he has in view is that at Barranjoey. This site appears to fulfil all the requirements spoken of by Captain Chambers on his arrival in Sydney early this month. He insisted then that while it was desirable to have the college within easy reach of Sydney, it must be so far removed from the city that the students are excluded from the temptations that the environments of a large city always hold out. He also mentioned that the site must have easy access to the sea, and that there must be room for the college to expand. NAVAL COLLEGE SITE BAERANJOEY NAMED. (**1911, June 26**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 9. Retrieved from http://nla.gov.au/nla.news-article15256261 Photo: Admiral Bertram Mordaunt Chambers, C.B., R.N., Retired (3 October, 1866 – 27 April, 1945) was an officer of the Royal Navy. Phoot is from 1919. © National Portrait Gallery, London.

There are many indications that Englishmen 'in the ";four quarters of the globe" are no longer content to let the mother country not only pay for, but provide crews for, the great fleet which is so essential to the Empire. Already the colonies have done something 'to show their recognition of their duty towards the navy. Though their efforts may not be as great as many statesmen would desire, the monetary and other contributions are an admis sion of colonial indebtedness and a promise for the future. COLONIAL CONTRIBUTIONS. India contributes £100,000 towards the expenditure upon the naval force in East Indian waters, The Australian colonies pay annually £120,000 as a grant towards the expenses of the squadron that guards their coasts and adjacent waters. Cape Colony is remitting £30,000, being the annual interest on the million sterling which the Admiralty are expending upon the new "mighty cruiser," Good Hope, of 14,100 tons, which was recently launched on the Clyde. Natal presents each year 12,000 tons of the excellent coal raised in that at colony to the British navy, a present that must be worth to this country at about £18,000. Newfoundland has offered coal, and the question is understood to be still under the consideration of the naval authorities. **The assistance rendered by the Australian colonies is all the more note-worthy because they also support small navies of their own, as does India. Victoria has a force of 300 strong, an old armoured ship, and half a dozen torpedo craft: while South Australia's gunboat Protector, with her crew of 170 men, has been doing Imperial work in China. Queensland has 300 officers and men to man a couple of gunboats and two torpedo-boats, and New South Wales can count on the services of nearly 600 colonists, forming a fine brigade, which has also done splendid work in the Far East**. These Australasian seamen are of good physique and well trained, and their efficiency is a good omen for the future of any reserve force that may be formed. Canada alone among the British colonies, in spite of her increasing revenue, reaching to ten millions sterling, and her mercantile marine, equaling that of Japan, which spends five millions sterling each year on her navy, renders no assistance of any kind to the support of the Imperial feet. Her neighbour, Newfoundland, however, is showing her patriotism in this respect in the most practical manner. Too poor to afford to relieve Great Britain of more than a mere fraction of the twenty-eight millions which is swallowed up each year by our marine forces, she is proposing to give men to the service of the navy. The difficulty in the past has been that Lord Goschen was unwilling to vary the regulations to suit the colonial conditions, particularly that which requires all reserve men to undergo six months' training afloat. **In his last "memorandum" the First Lord announced in regard to Australasia that "it has been considered most expedient to await the establishment of one central authority under the scheme of federation, so as to organise a central system of colonial reserves if an agreement can be arrived at."** Similarly, last spring the proposals with reference to the training of Canadians were still under discussion. AN IMPERIAL NAVY. (**1901, May 11**). *Examiner* (Launceston, Tas. : 1900 - 1954), p. 13 Edition: DAILY. Retrieved from http://nla.gov.au/nla.news-article35399333

MOVING ONWARD.
(From the "*Times*" of 1st January, 1904.)

Years moving onward, onward,-Whence, and Whither, and Why ?
Age after Age in the self-same world, with the self-same stars in the sky,
The self-same glory of Light in Heaven, and Light that is still on the way,
Outlooking gaze of the damsel dawn, and droop of declining day.
All things always the same, unchanged, unchangeable, all save we, :
Who come like clouds, like clouds disappear, form and fall like waves of tho sea,
Message and meeting, of severed friends, Yule carol, New Year chime,
And Eternity moving on and on, on the passionless wheels of time.
Peace but a hungry duel for life, darkening to menace of War,
And Muscovite legions tramping on, doing the will of the Tsar.
II
New Philosophies, policies new, new but like to the old,
Fervent in faith at the birth, then questioned, railed at, obsolete, cold;
Mailed mastodons ploughing the main, their backs bulging over the foam,
Watching to vomit forth lethal fire and drive desolation home;
Fretful heart, of some dreaming boy in the crimsoning coverts of Spring,
Moving, mellowing, slowly on, to become a Poet and sing ;
Or destined by Heaven to wake and shade the world with a mighty voice,
And make the knees of the tyrant quail, and the hearth of the slave rejoice,
To gather the tumult of every tide and the fury of every blast.
And pile fresh thunders of Thought upon the freshening storms of the Past.
British sentinels standing mute at the fortress gates of the world.
And the British Flag on every sea, with its splendid symbol unfurled ;
Carrying Liberty, Reverence, Law, wherever wave-pulses reach,
To bale-laden quay, to highway stream, and palm-wattled island beach.
Lovers, husbands, like you, like me, torn from their homes afar
Marching, marching, onward and on, doing the will of the Tsar,
Past slinking and snarling white-fanged sloth through limitless leagues of snow,
Moon after moon of monotonous months, till the blue-eyed scillas blow.
And the cold-sleeping rivers yawn and wake, and mightily flush and flow.
Peasant mother and maiden left at their desolate doors ajar,
While their eons and lovers march warward, deathward, doing the will of the Tsar.
III
But still the glory of Light in Heaven, and light that is still on its way ;
Faint hearts that despond of to-morrow, look up, and be done with despair or dismay ;
For British sentinels stand erect at the fortress gates of the world.
And the British Flag is on every sea, with its splendid symbol unfurled ;
And the Lord of Right still sits on His throne, still wields His sceptre and rod,
And the winds, and the waves, and the Years move on, doing the will of God.
ALFRED AUSTIN.
MOVING ONWARD. (**1904, February 6**). *The Brisbane Courier*(Qld. : 1864 - 1933), p. 13. Retrieved from http://nla.gov.au/nla.news-article19264344

Alfred Austin DL (30 May 1835 – 2 June 1913) was an English poet who was appointed Poet Laureate in 1896 upon the death of Alfred, Lord Tennyson.

From Colonial Navy Brigades in Second Hand Ships to Where the Australian Navy was Born – The Practical Verses of William Rooke Cresswell's Charter - International Fleet Review 2013 precursors - Article II - threads collected by A J Guesdon, 2013.

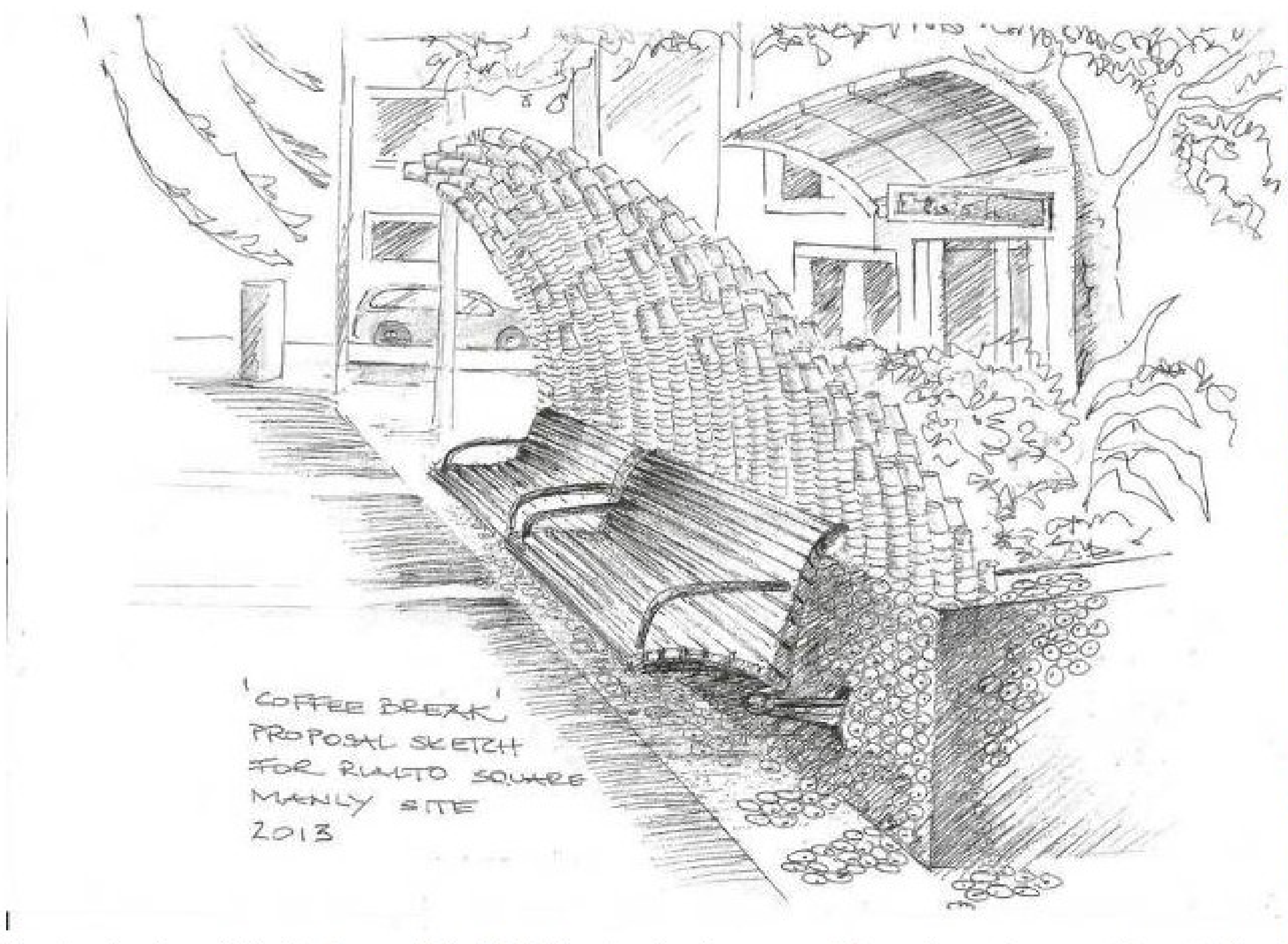
September 15 - 21, 2013: Issue 128

Art and Soul's ‘Coffee Break’ Art Installation for Art In Odd Places 2013

“*Coffee Break*” is an art installation, one of 25 artists’ projects for the Art in Odd Places festivals scheduled for 14, 15 September at Dee Why, The Strand and 21, 22 September at Manly, The Corso.

“Coffee Break: is a wave tower of recycled takeaway cups & lids highlighting the up swell of community collaboration in Dee Why and Manly.

Residents and tourists of Dee Why and Manly, who frequent the some 90 cafes in the areas, consume 2,676 kg of coffee weekly representing some 53,520 takeaway cups & lids or 2.78 million barista interfaces a year!



“*Coffee Break*" is an art installation by Art & Soul Collective Inc. which quantifies local coffee consumption and highlights the merge of coffee culture with surf culture in local coastal communities. Towers of recycled takeaway coffee cups and lids form a wave representative of a changing cultural and environmental swell,” stated artist Cherry Corr.

The art installation is created by 7 artists from Art & Soul Collective including **Cherry Corr, Maria Romeo, Mary-Anne Barnes, Penny Polkinghorne, Pru Smith, Amanda Farquharson and Cindy Goode Milman** with assistance from **Pam Henry May and Leonie Niven**.

Left: Coffee Break image by Mary-Anne Barnes

The 3 x 3m tower of cups and lids will rise up over seating benches as part of Art in Odd Places (AiOP) 2013: NUMBER - an international art event founded and directed by New York artist Ed Woodham which explores public space at Dee Why (14 & 15 September) and Manly Corso (21 & 22 September) amongst three American and twenty-five Australian artists in the overall event.

The artists are attending workshops at Eramboo Artist Environment (curators Susan Milne and Greg Stonehouse) and free talks with presenters Warringah & Manly Councils, responding to Art in Odd Places 2013 thematic concept of NUMBER by:-

- Canvassing the 90 coffee dominant cafes in Dee Why and Manly which became the tower number for each of the two installations – 90 coffee cup towers
- Provided café figures that show this periods weekly coffee consumption of 2,676 kilos which became the number of cups featured in each installation – 2,676 coffee cups in each of the two waves
- Collaborative efforts that directly involved some 200 persons over the 3 month planning period from July to September 2013

“The structure consists of 90 lengths of conduit and bamboo stems drilled into a plywood platform with plaster reinforced cups at the base for weight and recycled cardboard used as spacers for the height” says artist Mary – Anne.

The artists met regularly devising the structure at Northern Beaches TAFE open studio, receiving mentoring and installation advice from well-known Sydney artist Julia Davis who said:-

“Collaboration is not an easy thing to achieve in art projects. It cannot be contrived but needs to have its own impetus and motivation.

It is a rewarding experience to observe how this group of artists have not only collaborated together but with the community at large…. from the people working in local cafes, tourists and locals in the streets and on the ferries, to the gardeners, cleaners, students and staff at TAFE. The ripples from this creative project travel far.”

The artists found this public collaboration a truly engaging part of the project receiving whole hearted community support and some interesting anecdotal stories, mused artists Penny and Amanda, noting a favourite by Espresso Head at Dee Why who received a customer request to “burn the milk for her cappuccino”.

“It only happened once," says owner Sten, "as it was against every fibre of our barista profession!”

Artist Cherry Corr with collected and washed cups for the art installation Coffee Break

Artist Cindy Goode Milman pointed out that almost 100% of the cups are paper and thus bio-degradable, with only a single Styrofoam amongst the almost 3,000 collected and that was from country town in Grafton that somehow made it to our Manly’s Gallery used cup collection point.

These favourite cups can be seen on the groups’ Facebook page for Coffee Break (facebook.com/CoffeeBreak.ArtandSoulCollective) constructed by artists Maria and Pru with further engagement planned over the two event separately located installations which will be asking the general public to vote on the artists favourite chosen cup design.

The Art & Soul Collective Inc. is proud to present Coffee Break and celebrate the positive impact our café culture has on coastal communities whilst acknowledging an awareness of environmental concerns and the swell of change it makes on all our lives.
The Art & Soul Collective Inc. is a not-for-profit incorporated association that aims to connect member artists in their artistic endeavours and encourage creative arts in the community.

Constructing *'Coffee Break'*

ABOUT ART IN ODD PLACES:
Art in Odd Places (AiOP) is a thematic annual festival that presents visual and performance art in public spaces along 14th Street in Manhattan, NYC from Avenue C to the Hudson River each October. Active in New York City since 2005, AiOP aims to stretch the boundaries of communication in the public realm by presenting artworks in all disciplines outside the confines of traditional public space regulations. Using 14th Street as a laboratory, this project continues AiOP’s work to locate apertures in public space policies, and to inspire the popular imagination for new possibilities and engagement with civic space. www.artinoddplaces.org

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LISTING INFORMATION
Event: Art in Odd Places 2013: Number / Australia
Location Dates: Saturday – Sunday 14th & 15th September, 2013 Dee Why Beach
Location Dates: Saturday – Sunday 21st & 22nd September, 2013 Manly Corso
Times: 11am – 3pm
Free Entry: All welcome, no bookings necessary

Article from Cindy Goode Milman, 2013.

Tweet Like +1

September 15 - 21, 2013: Issue 128

Maria Regina Catholic Primary School Avalon – Dance Fever 2013

Maria Regina Catholic Primary School in Avalon experienced not only a spectacular showcase of their student's dance talents on Tuesday night, 10th of September, but a very successful and rewarding night to match!

With a record number of students from the school attending the evening, some exhilarating and well-timed dance steps entertained the expansive audience of parents for hours.

All children from Kindergarten to Year 6 participate enthusiastically in a once a week dance program in Term 3 of each year, with two instructors from Dancefever Multisport, Australia, which this year, as in previous years, they have thoroughly enjoyed. The students learn a multitude of dance styles from the committed staff, who make it "cool" to express yourself through dance and it gives all individuals the opportunity for positive fitness and fun while learning a new skill.

This year the Foxtrot and the Cha Cha were showcased along with a whole school dance routine and we achieved our highest success rate ever in terms of awards won. Overall, a wonderful night for all involved.

danceFever
INTERSCHOOL CHALLENGE

Isabelle & Noah Wise (siblings) – **First Place Year 3 Foxtrot**

SCHOOL HOLIDAY DANCE WORKSHOPS
danceFever
INTERSCHOOL CHALLENGE
1st

Joshua Sargeant & Lara Walsh - **First Place Year 4 Foxtrot**

DANCE FEVER
danceFever
INTERSCHOOL CHALLENGE
3rd

Kira Johnson & Tyson Paine – **Third Place Year 5 Foxtrot**

danceFever
INTERSCHOOL CHALLENGE
1st

Samuel Beynon & Lily Boffa – **First Place Year 6 Foxtrot**

danceFever
INTERSCHOOL CHALLENGE
2nd

Taylor Burfitt-Williams & Elizabeth Kelly – **Second Place Year 6 Foxtrot**

danceFever
INTERSCHOOL CHALLENGE
2nd

Elizabeth Mitcherson and Oliver Irvin – **Second Place Year 6 Foxtrot**

danceFever
INTERSCHOOL CHALLENGE

Maya Preziuso & Remy Garner – **Second Place Year 3 Cha Cha**

Remy Garner and Lara Walsh - **Third place Year 3 Foxtrot**

393
SCHOOL HOLIDAY DANCE WORKSHOPS
danceFever
INTERSCHOOL CHALLENGE
2nd

Lara Walsh & Joshua Sargeant – **Second Place Year 4 Cha Cha**

danceFever
INTERSCHOOL CHALLENGE
2nd

Isabelle Wise & Laura Piacentini – **Second Place Year 5 Cha Cha**

danceFever
INTERSCHOOL CHALLENGE
1st
SCHOOL HOLIDAY DANCE WORKSHOPS

Grace Foster & Digby Dalton – **First Place Year 6 Cha Cha**

DANCEFEVER INTERSCHOOL CHALLENGE CHAMPIONS

School Captains - Digby Dalton & Grace Boffa - **Year 6 Overall Point Score Winners**

School Captains - Digby Dalton & Grace Boffa and L to R: Grace Foster, Sophie Sheppherd & Keira Paine - **Overall Winning School Division B**

Pictures by Joanne Seve and Peta Wise, 2013.

MARIA REGINA
DANCEFEVER INTERSCHOOL CHALLENGE CHAMPIONS

Trophies won in DanceFever 2013 by Maria Regina Catholic Primary School.

DanceFever Program

Dancefever Multi Sport teaches organised and curriculum school programs that is currently being taught across Australia in Catholic, Public and Independent schools.

The story began in 1999 when Directors, Chris Milburn and Maria Russo, bothing working in a High School, identified that students were lacking skills in self expression, communication, etiquette and social skills. Born was the Dance program, which saw shy and quiet students, quickly develop into comfortable and confident studens both in and outside of the classroom. The "fever" spread across the country and the first two schools that began Dancefever are still participating today.

In 2010, Dancefever was approached by many schools asking, "We love your dance program, but do you teach sport?". In 2011, Dancefever launched Gymnatics, Athletics and Fitness Programs across NSW which are now endorsed by Gymnastics Australia and Athletics Australia and are taught by accredited PDHPE Teachers and Sport Specific Graduates.

The stories of Dancefever changing children's lives continue to grow as the dynamics of our work spread. Dancefever prides itself on our programs, our staff, our professionalism and our reputation.

Whether it be dancing as couples or learning sports skills as a team, Dancefever helps children improve their self expression, respect, etiquette, school spirit, team work and sportsmanship.

At the end of each school term, Dancefever hosts the "Dancefever Interschool Challenge". This is a spectatular event, where children from schools participating in the programme utilise the skills they have learnt, through a professional production totally organised by Dancefever. This showcase event is for the entire school community to thoroughly enjoy.

Many students who normally achieve average results in other sports or in the classroom are suddenly filled with pride and confidence as they perform at their very best. Teachers and parents swell with pride and amazement as they watch their children excel in a field which brings out the best in them. Dancefever has had many celebrities from "Dancing With The Stars", "So You Think You Can Dance" and "Australia's Got Talent" support, perform and adjudicate at the Challenges.

From: www.dancefever.net/challenges

Pittwater Online News

September 15 - 21, 2013: Issue 128

WORLD'S LARGEST GROM SURF FESTIVAL RETURNS

The Hurley BL Blast Off Presented by beecraft - September 23-26, 2013

The next generation of young surfers will have the chance to rub sandy shoulders with surfing world champions again this spring at Barton Lynch's 2013 "Hurley BL Blast Off presented by beecraft" surf festival.

Now in its eighth year, kids 14 years and under (with some surf experience) can head to Sydney's Northern Beaches for a jam-packed four-day surfing festival full of instruction, activities, competition and surfing greats.

With 350 spots available, the Hurley BL Blast off is the largest single grommet event in the world.

In 2013 the school holiday fun will run from Monday September 23 to Thursday September 26 at Palm Beach - with Whale Beach and Avalon the back-up venues depending on surf conditions.

There is the potential that each day can be held at a different break adding an element of adventure and surprise to the event. The event also features a unique format that focuses on coaching and performance improvement rather than wave scores.

The first 14 and under surf event and competition of its kind in Australia, the Blast Off is all about providing the very best pre-junior surfing experience for groms.

The event is held on weekdays during the school holidays so kids get a good run of the beach; there's a focus on fun over competitive stress - and everyone gets at least two chances to surf before elimination. And, in the spirit of improvement and enjoyment, all kids are offered advice and coaching (from World Champ Barton Lynch) no matter their age or experience in a supportive and fun environment.

"Getting the opportunity to give back to young surfers is one of the things I love most, and Blast Off is the perfect platform to do just that. It's important that young kids can learn and compete with the focus on fun," says Barton Lynch of the event he founded.

With the warmer spring weather kicking in, the Blast Off surf festival is a great way to keep kids active, and budding junior surf pros will get a real chance to show off their skills, talk to the champs and meet other like-minded kids.

Surf legends such as Layne Beachley, Tom Carroll, Rabbit Bartholomew, Damien Hardman, Laura Enever, Harley Ingleby and Terry Richardson – as well as Barton Lynch, of course – will all be part of the festival again in 2013.

The competition itself is broken up into age and gender categories from 6yo to 14yo (although kids as young as 3 and 4 also participate), with everyone receiving a goodie bag for participating, with awesome prizes for those ranked 1st - 6th.

The divisions are 14s, 12s, 10s, 8s, and 6s for both girls and boys with the judging and coaching panels made up of ex pro surfers, coaches and expert surfers to give participating kids the best advice and direction to take their surfing into the future.

"Blast Off gives kids an amazing opportunity to learn from some of our country's best surfers," says Hurley Australia CEO Jason Haynes. "And it's a great chance – for the whole family to enjoy the beach and take part in some relaxed competitions and have an awesome active holiday experience. Hurley is proud to support this fantastic event that offers 350 kids the chance to become a part of Australia's thriving surf community."

Hurley
Hurley

ABOUT BARTON LYNCH

Intellect and an irrepressible social conscience combine to make Barton Lynch one of the most formidable figures in surfing of the last three decades.

He refined his competitive act into a near flawless, fluid routine of vertical manoeuvres that brought him immediate success on the Association of Surfing Professionals (ASP) world tour. He spent 13 consecutive years in the elite top 16 rated surfers, earning a reputation as a tactical competitor as well as a forthright and articulate spokesman for the sport.

His greatest competitive moment could not have been more perfectly scripted, as he surfed the perfect tubes of Hawaii's famed Pipeline, to take out the 1988 Billabong Pro and the World Title. He retired from competition in March 1998, after 15 years on the ASP tour and a total of 17 WCT victories.

Barton received the Association of Surfing Professionals' (ASP) Sportsman Award in 1995, the ASP Service to the Sport Award in 1997, was inducted into the Australian Surfing Hall of Fame in 1998 and into the Australian Sporting Hall of Fame in 2000. www.bartonlynch.com

ABOUT HURLEY

The essence of Hurley is based on our love of the ocean and its constant state of change. With deep roots in beach culture, we are all about inclusion and positivity. Our brand was started with the idea of facilitating the dreams of the youth. Music and art are the common threads that bring us all together. We are passionate about freedom of expression and the individual voice. We place a premium on smiles. Welcome to our world, imagine the possibilities www.hurley.com

www.hurley.com or http://facebook.com/HurleyAus

ABOUT BEECRAFT

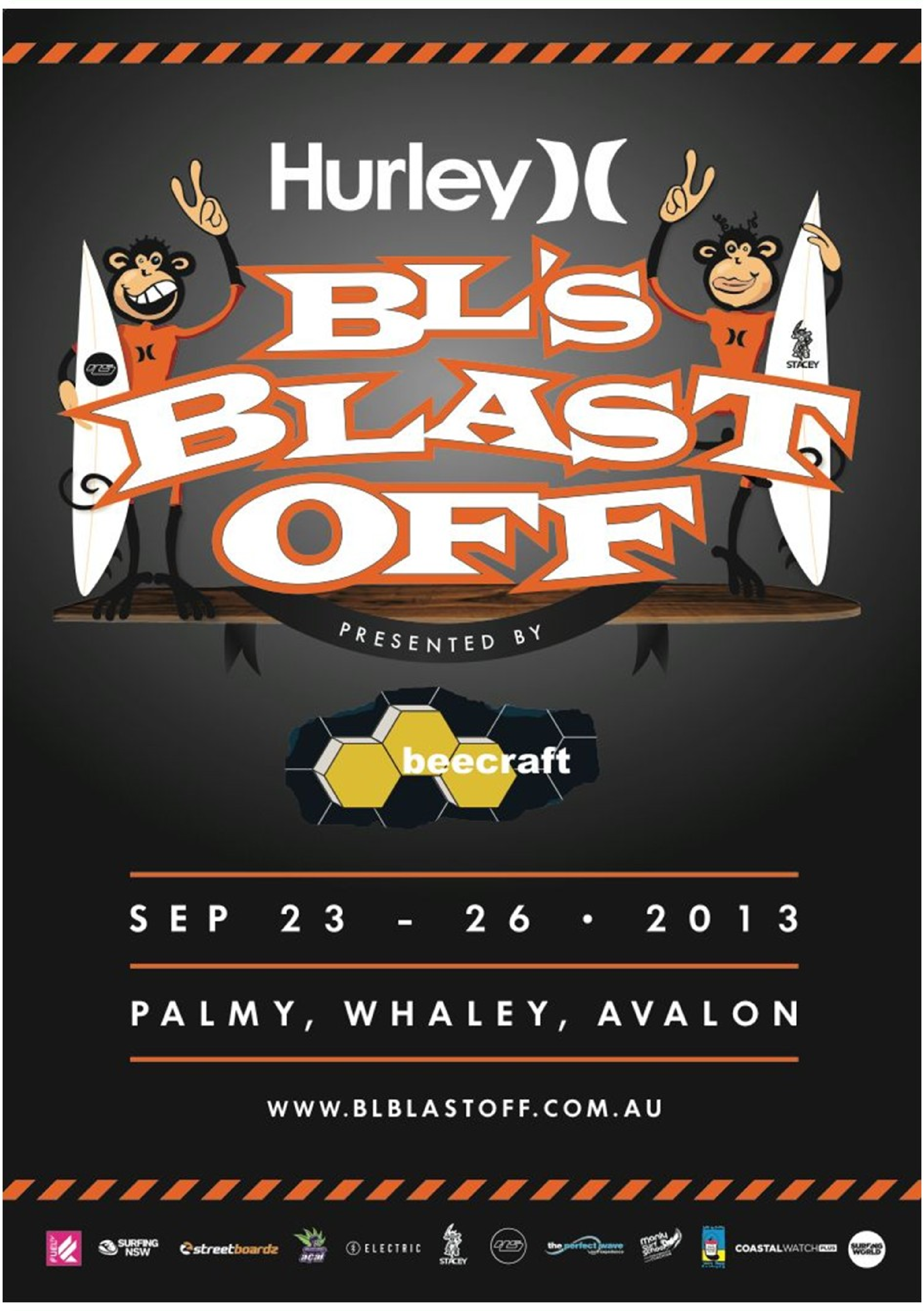
beecraft was established in 1981 and is predominately a residential building & landscaping company who have carried out countless projects in Sydney for over 30 years.

The company has grown steadily since it's inception, their core values of innovation, integrity, quality and builder/client relations have never been compromised and are the cornerstone of the business.

Numerous members of the team enjoy living on the northern beaches and the beach culture that goes with it. We are proud to have been associated with Barton & 'Blast Off' over the last few years and are excited about our new role as presenting sponsor.'

For more check out- www.beecraft.com.au

By D Glindemann, The Garden and from Barton Lynch (BL), 2013.



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Mona Vale Hospital Auxiliary Annual Fashion Show Fundraiser

The Mona Vale Hospital Auxiliary held their third Fashion Show at the Newport Bowling Club on Tuesday 10th of September.

The Annual Fashion show is more about fun and social networking but the Auxiliary does expect to raise about $1500 from this year's event.

Besides the fashion show compered by Deborah Brown, the Auxiliary had raffle prizes and a spread of delicious treats for morning tea which was enjoyed by a large number of guests.

Bright colours were once again the feature of the fashions that were expertly displayed by local models. Perfect for the breezy Summer days ahead with deep orange and classic black making a come back.

This is the third year Donna-Lou has supported this great event and an indication of the kniche these clothes have created with Pittwater ladies for being great in quality and style as well as comfortable.

The Funds this year's Fashion Parade and Morning Tea raised will be used to purchase medical equipment for the hospital and a range of items to assist patients and staff.

Text from Waveney Perman, Hon. Secretary, Mona Vale District Hospital Auxiliary

Volunteer Photography gallery here

Mona Vale Hospital Auxiliary Profile

Models: Wendy Matchett, Roberta Brose, Chris Wyton, Norma Moran, Pam Richardson. Photo by Michael Mannington, 2013.

Tweet Like +1

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The Mermaids of Palm Beach 2013 Variety, The Children's Charity Bash - from Bankstown to Ballarat

STRZELECKI TRACK
MERTY MERTY TO INNAMINCKA OPEN
MERTY MERTY TO MT HOPELESS OPEN
MT HOPELESS TO LYNDHURST OPEN
MT HOPELESS TO ARKAROOLA OPEN
HV-HEAVY VEHICLE (OVER 3 TONNE)
4WD-FOUR WHEEL DRIVE (UNDER 3 TONNE)

Elyse Cole, Beryl Driver and Viktorija MacDonnell - on the road again!

The Mermaids of Palm Beach 2013 Variety, The Children's Charity Bash - from Bankstown to Ballarat

A few photo's of us on the road to Ballarat in this years Variety, The Children's Charity Bash.

We had a wonderful time, however the car not so great!!! On day one in Parkes, we had to decide do we stay in Parkes and get the car repaired or hire a car and continue on with a Nissan Patrol??? Quite easy really, we continued with the Nissan.

We had a trouble free BASH and got to enjoy seeing all the country towns but more importantly the schools and all the kids. They loved us in our outfits and the pilot who flies with us for emergency / pickup/delivery of parts etc. took Beryl for a flight all day on the day we were driving to Innamincka for her 80th birthday treat, she loved it.

The NSW Variety BASH also had a night in Mildura for Beryl and did a "This is Your Life"

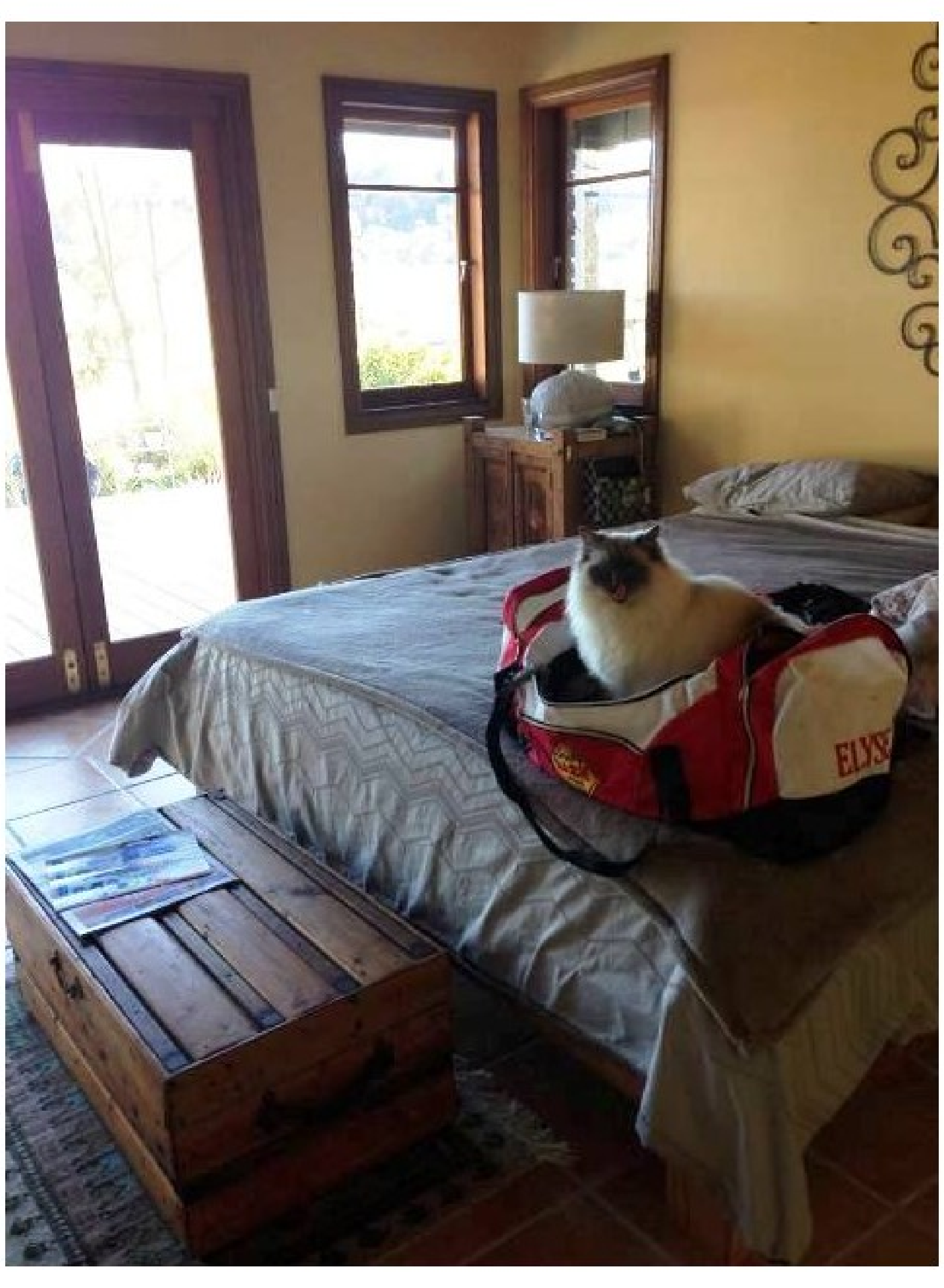
It was amazing. Bruce, Beryl's son, rode his motorbike 2,500 kilometres over three days to join us so she was very excited by it all. The car was finally repaired and delivered to us in Mildura by one of the extraordinarily generous Bashers with absolutely no cost to us as he "loves Beryl"!!!!

This year we had the best food of any Bash I've been on so we were very happy. We had great entertainment each night and all in all it was very successful.

Beryl raised over $22,000.00 and the NSW 2013 Bash raised a total of 2 MILLION DOLLARS!!!! Extraordinary in these tough times. It will be very well spent.

Our trip home was uneventful as all problems with the car have been solved and she's ready for 2014!!!!

In Text Pixcture: Shiloh packing self - ready to go on bash.



Words and Pictures courtesy Elyse Cole, Mermaid of Palm Beach and Esa Thomas.

A Wrap up from the Variety, The Children's Charity website on the 2013 – NSW Bash

VARIETY NSW DICK SMITH BASH 2013

WELCOME to the 2013 Variety and Dick Smith NSW B to B Bash, Australia's most successful charity motoring event.

This year there was a spectacular start from Dick Smith's head office in Chullora (almost Bankstown!) where we had live weather crosses with the Today show, kids from local schools attend and loads of entertainment from our colourful Bashers. From there the Bashers set off on the 11 day adventure, travelling through FOUR different states, visiting rural towns and schools along the way, all in celebration of a years' worth of fundraising for Variety and Aussie kids in need.

WHEN. WHERE. HOW FAR?
Day 1. Thursday 22nd August. Bankstown to Manildra to Nyngan = 608Ks
Day 2. Friday 23rd August. Nyngan to Wanaaring to Tibooburra = 648Ks
Day 3. Saturday 24th August. Tibooburra to Cameron Corner to Innamincka SA = 417Ks
Day 4. Sunday 25th August. Innamincka to Cordillo Downs to Birdsville Qld = 417Ks
Day 5. Monday 26th August. Birdsville to Mungerannie to Leigh Creek SA = 636Ks
Day 6. Tuesday 27th August. Leigh Creek to Curnamona Station to Peterborough SA = 636KS
Day 7. Wednesday 28th August. Peterborough to Morgan to Mildura Vic = 455Ks
Day 8. Thursday 29th August. Mildura to Pinnaroo to Horsham Vic = 526Ks
Day 9. Friday 30th August. Horsham to Ballarat = 250Ks
Day 10. Saturday 31st August Planned day activities and Final Night Dinner
Day 11. Sunday 1st September Breakfast and Parade at the Ballarat Historic Festival of Motoring
TOTAL DISTANCE = 4,425Ks

Variety – The children's Charity: http://www.variety.org.au/NSW/About-us/Vision--mission/

variety
the children's charity

BORGER
variety
BASH
000

Making the kids smile: Variety Bash Episode 2 – by Nurofen Australia - Published on 23 Aug 2013

The Bashers know how to bring joy to the kids they visit at each stop. Check out their first school stop, in Manildra.

Making the kids smile: Variety Bash Episode 2
0:00 / 3:08
YouTube

The Bashers in Ballarat: Variety Bash Episode 13

The Bashers in Ballarat: Variety Bash Episode 13
0:00 / 2:12
YouTube

For more stories from the Bash, go to
www.milesforsmiles.varietynsw.org.au

Bash Kick-Off - Stuart Telfer's Story: Variety Bash Episode 1 Published on 22 Aug 2013

Meet head honcho and Variety Bash veteran, Stuart Telfer. With 24 Bash's under his belt, he knows firsthand what it is about the exciting 4,400km adventure that keeps the Bashers coming back year after year.

Bash Kick-Off - Stuart Telfer's Story: Variety ...
0:00 / 2:34
YouTube

The Bash doctor's story: Variety Bash Episode 5 - Published on 25 Aug 2013

Dr Andrew Berry AM is the official Variety Bash doctor. For 25 years, he's had a birds-eye view of the 4,400km event - getting to know the people of the outback and the people of the Bash. Find out what he loves about his job in this video.

The Bash doctor's story: Variety Bash Episode 5
0:00 / 1:39
YouTube

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Avalon Beach Historical Society 30th Anniversary and 2013 Exhibition

On this October long weekend **(5th to 7th)** the Avalon Beach Historical Society will be celebrating its 30th Anniversary with a mammoth '8th Great Historic Photographic Exhibition'. For the first time and on such a grand occasion, it will be held in the main hall of the Avalon Recreation Centre at 59a Old Barrenjoey Road, where we will have the space to exhibit over 700 photographs. That number of photos will cover around 55 different topics, aspects and many eras of our local history and it will certainly rank alongside the best photo exhibitions of local history seen in the Manly-Warringah area.

Of course there will be the all-time favourites such as 'Koalas', 'Clareville Torpedo Base', 'Women & Avalon Beach', 'The Hole in the Wall', 'Avalon Squash Courts' and 'St Michael's Cave' etc. but we have added some new panels of interest, such as 'Love in Avalon Beach', the 'Mudlarks of McCarr's Creek Reserve', 'Shark!', 'The Big Tree', The 'Rock Lily', 'Surfboats', "Westcott" and the Sanders Family' and a couple of photos of 'Night Golf at Avalon Golf Links in 1938' etc.

We will also have on display some of our fabulous historic panoramic photos, some originals by EB Studios from the early 1920s.

Besides the 'still' photographs there will be a screen set up to continually show many short 'movie' segments collected and compiled over the years, relating to our area. Besides the popular 'Bandstand and the Stomp on Avalon Beach' in 1965, there will also be 'A Day in the Life of Avalon School' shot in the 1950s by the ABC.

You will also be able to see the beach and the 'Avaputt' mini golf course in action during 1930 from a film shot by the 'father of Avalon Beach' - A.J. Small. We also have a great short film called 'Cave Folk' showing a folk concert shot in St Michael's Cave in 1964.

'Ghost Ships' will show the search conducted off Palm Beach for survivors of the 'Birchgrove Park' in 1956 and some recent excellent colour footage shot by diver/photographer Max Gleeson of the wreck 3 kms off Avalon Beach.

We will also have on sale our 30th Anniversary Calendar for 2014. Like our last calendar in 2009, the photos are printed so that they could be framed if you wish or send one overseas. Besides the calendar there will be photographs for sale, historic, panoramic bookmarks and copies of Jervis Sparks 2nd book "The Red Light of Palm Beach" with almost 65% off the original retail price.

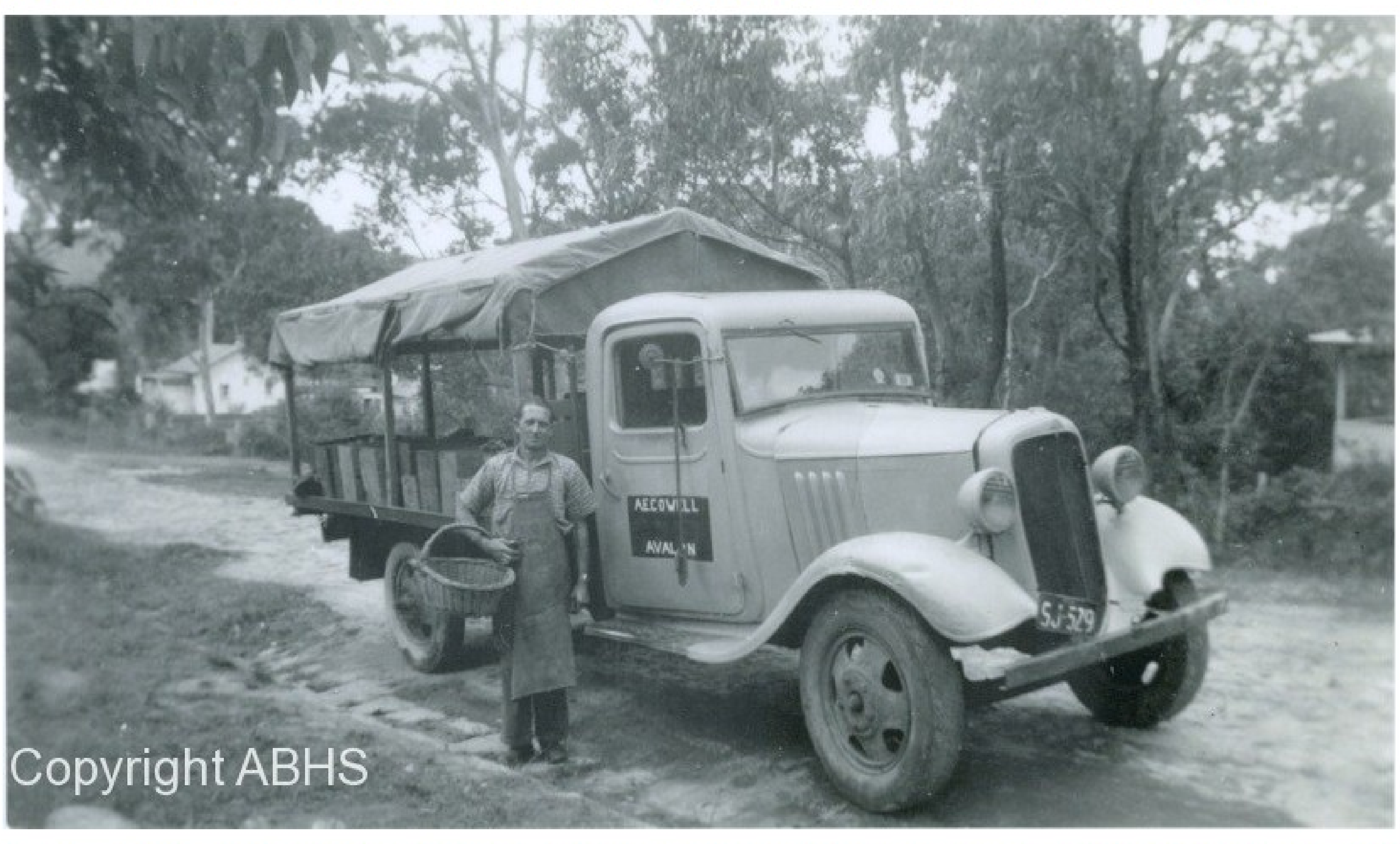
Admission will still only be $3 for adults and children free, no change over the last 15 years!!

There will be a 1947 Dennis Fire Engine with outfitted enthusiasts (including brass helmets) publicising the exhibition on Saturday morning around the streets, eventually parking on Dunbar Park to allow children access. It will be accompanied by 2 early 1920s T-model Fords.

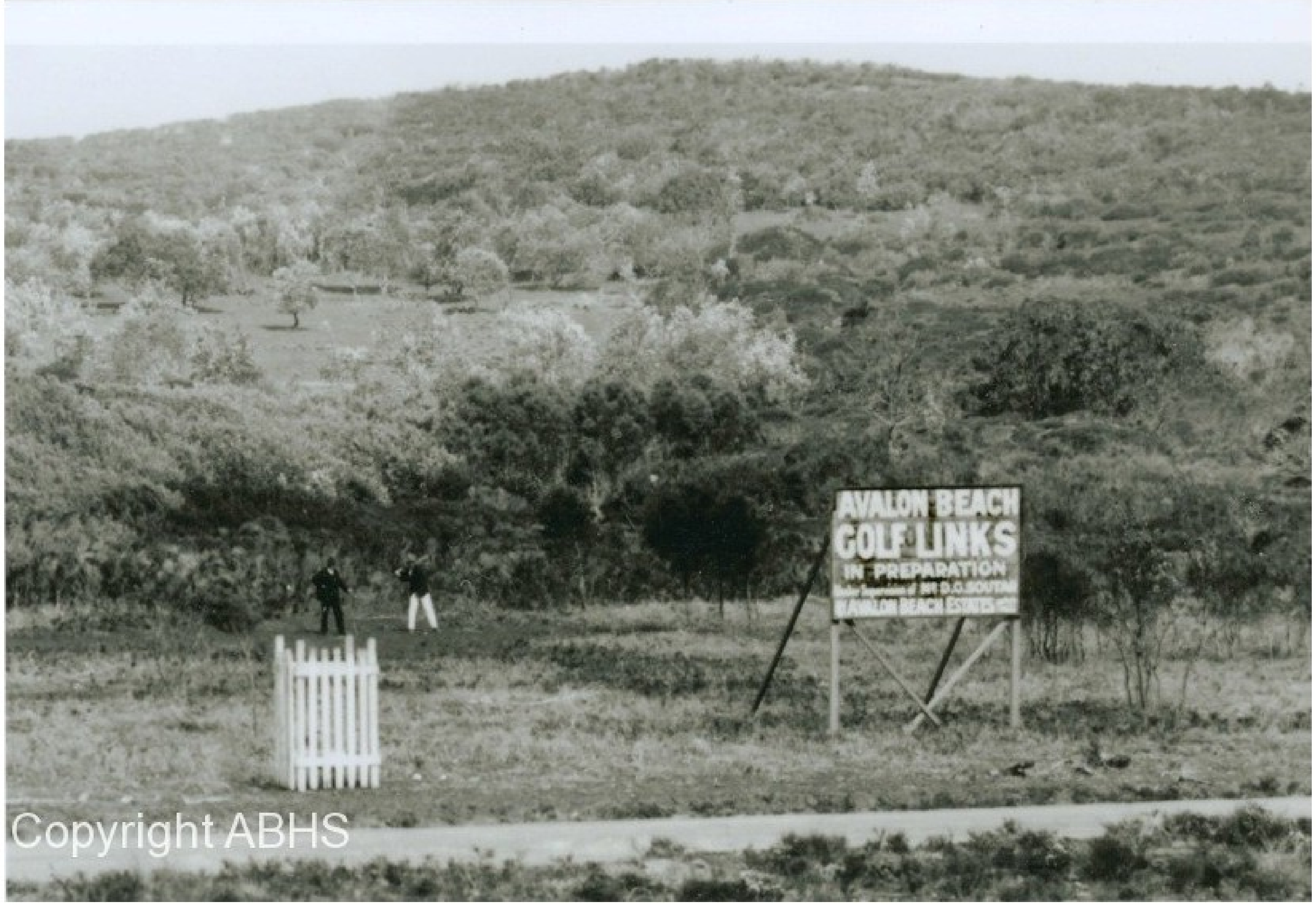
From Avalon Beach Historical Society

Avalon Beach Historical Society: http://avalonbeachhistory.com.au/

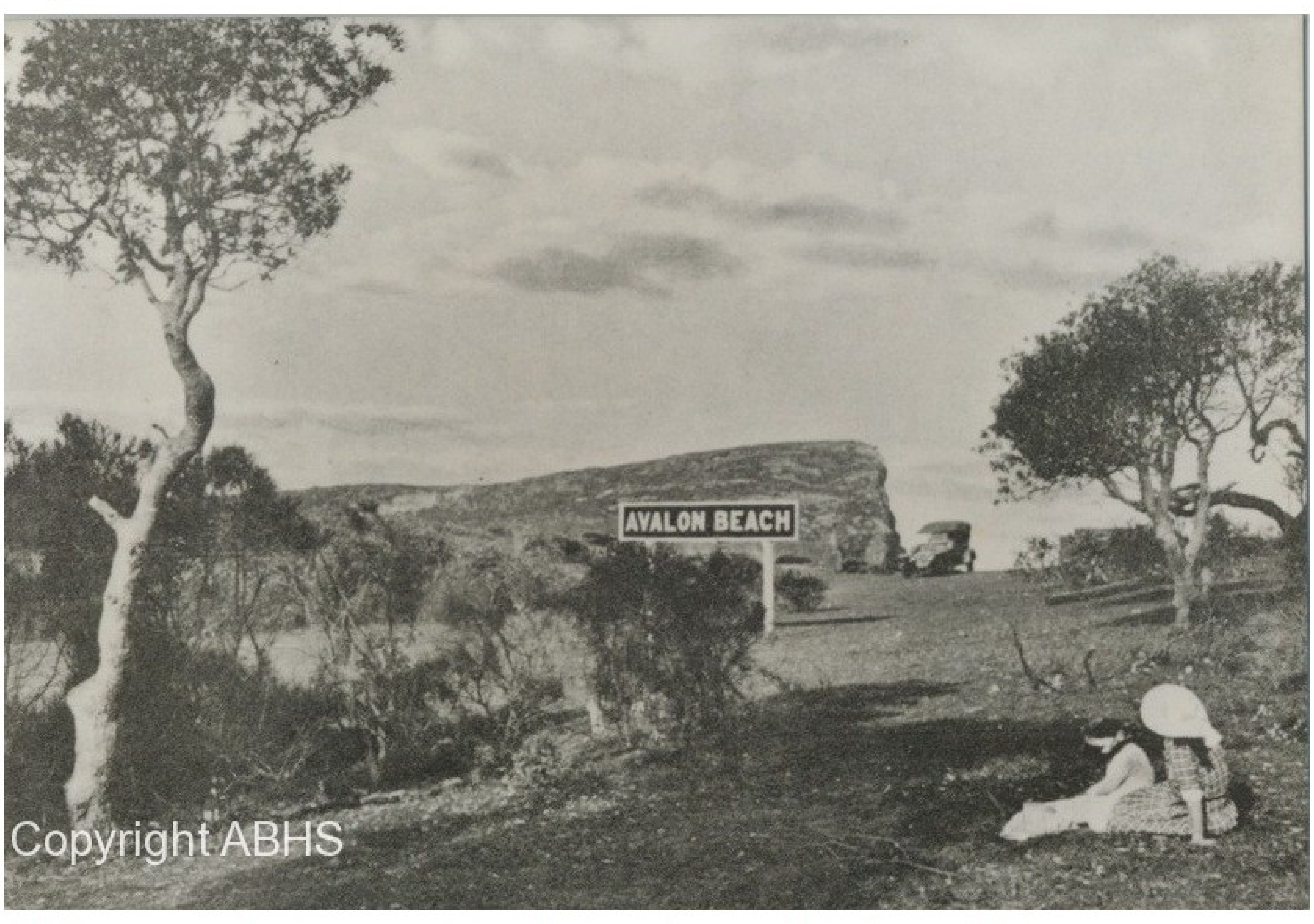
Below is a sample of five wonderful photographs from this vast collection kindly shared this week to whet your appetite.



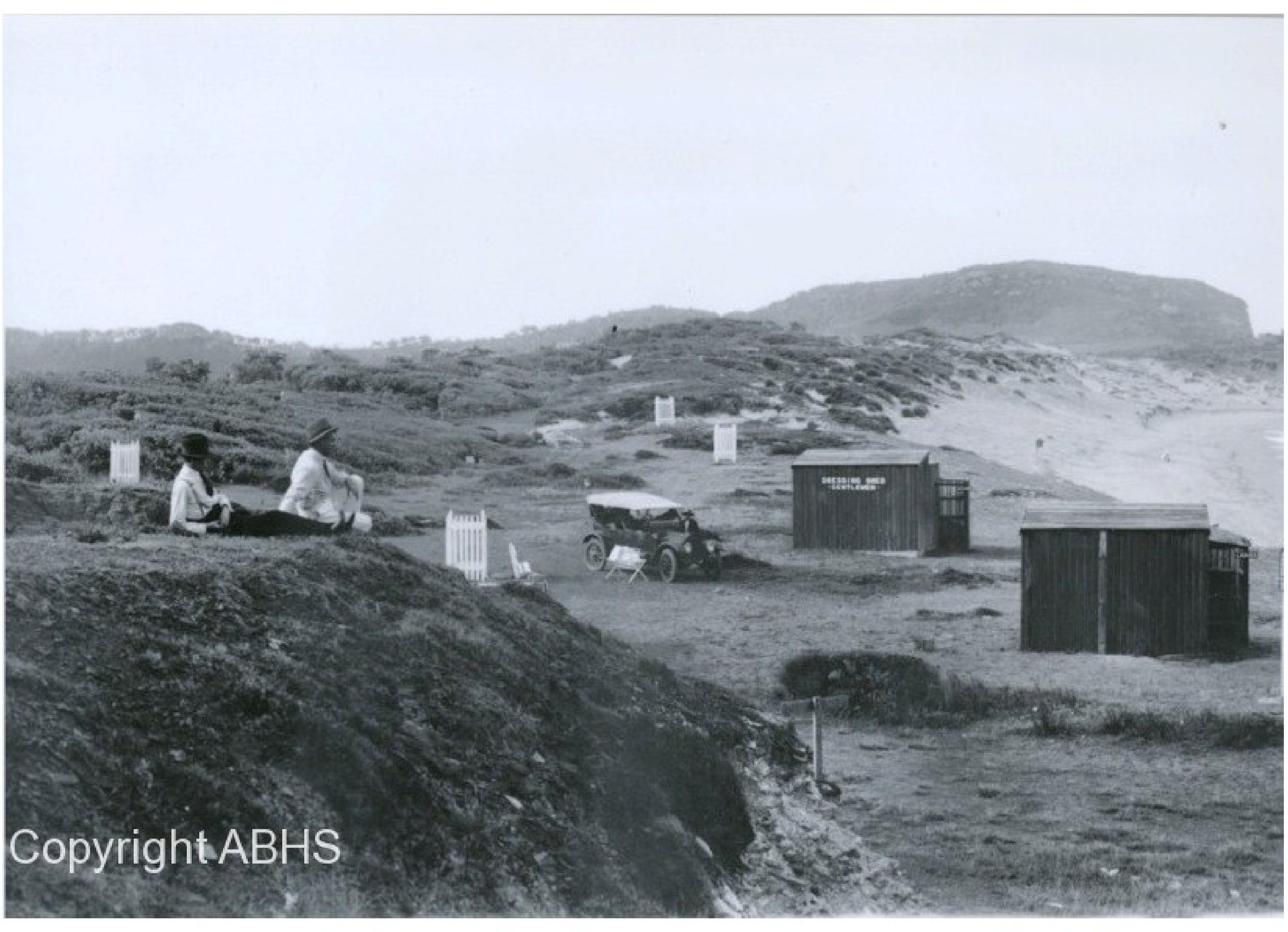
This is our other signature shot of dear old Bert Cowell, the mobile greengrocer outside his home in Edwin Avenue in the late 1940s. Bert Cowell's daughter is our long-time secretary of the Society - Nina Gow.



This was the view in around 1923 looking east from Old Barrenjoey Road soon after A. J. Small purchased the land which later became the golf links - boy did he have some work to do!



This would be the view approx. from today's inward bound bus stop looking across to the beach in 1920.



This is one of our signature shots advertising the exhibition and is a detail of a much longer panorama taken by EB Studios around 1920. We obtained permission from the NLA to use it even though it is well and truly out of copyright. The new surf club building will stand where the 2 distant planter surrounds are.

Copyright ABHS

One of the new panels is called "Love in Avalon Beach" and this is Geoff Searl's Mum and Dad on their honeymoon at Avalon Beach in 1944. They are out on the rockshelf at North Av. near the stone lady (the remains of the hole in the wall).

Tweet Like +1

All Images are Copyright of Avalon Beach Historical Society.

Pittwater Online News

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Put Your Foot Down for the Avner Nahmani Foundation for Pancreatic Cancer

Palm Beach – 8th of September, 2013

By Michael Mannington

They came from different parts of the state to be in Palm Beach on Sunday. Some bringing very personal family stories others just to support a good cause. For the fifth year the Put Your Foot Down Sydney Walk organised by the Avner Foundation assembled in Governor Phillip Park. Current Pittwater Woman of the Year and Avner Nahmani Foundation co-founder Caroline Kelly said the interest and awareness is growing each year.

A large number of participants took part in the 3.5km leisurely beach walk along Palm Beach with purple being the predominant colour and some in fancy dress which would be their entry to the fancy dress competition. Others had their own shirts with messages of their own personal stories of loved family members who had been taken by pancreatic cancer. The Avner Foundation is the only foundation solely supporting pancreatic cancer research. Foundation director and Woolworth's CEO Grant O'Brien explained that funds to support the programs is important.

"However the need of awareness of the need is also extremely important" said Grant.

Local member Rob Stokes welcomed everybody to Pittwater and Anne Sargeant, netball legend was on hand to make sure the walkers undertook the appropriate stretching exercises before starting their walk.

Anne Sargeant with Rob Stokes leading the stretching exercises before the start.

The MC for this year's event was foundation board member **Peter Hosking**:

Put your foot down
I'M WALKING
IN MEMORY OF MY
GRANDMA JOAN
1937~2012

The Palm Beach walks have generated in excess of $150,000 for pancreatic cancer research and the work the Avner Foundation is doing. It started just from a single walk around Palm Beach which we think is a fantastic result so thank you for your support. Each year this is certainly an event that is gaining momentum and has acted as a bit of a catalyst to fundraising activities around the country. We now have walks in Brisbane, Melbourne, Hobart and Adelaide and we have planned walks in Canberra and Western Australia.

As we look at some of the people we get in contact with through the course of the year that through individuals, families and communities more and more people are coming to help with the program of making a change with pancreatic cancer to give you a couple of quick examples recently we had a call from a guy in the Northern Territory his best mate was diagnosed with pancreatic cancer in his early 40s. He wanted to something about that and he is running the Melbourne Marathon and in the space of a couple of weeks has raised in excess of $7000 so an individual effort and a great result.

Right: Jesse Webster walking in memory of his Grandma.

Separately some people with Caroline and the work she has been doing in Queensland prompted a group of solicitors to band together and have function and they wanted to donate all their proceeds to the Avner Foundation and at one luncheon, must have been a great luncheon, raised in excess of $17,000 so I mention these things because whilst you are all here at the start of the Avner Foundation fund raising activities in Palm Beach you can see the ripple effect this is now having with individuals and communities around the country and that is a great result.

You don't need me to explain to you the importance of changing the odds with pancreatic cancer. We often refer to pancreatic cancer as the underdog of cancers, it is definitely under the radar, it's under funded and under researched and that's what we are all here to make a difference on. We should take heart though medical research and a lot of the work that is being done with other cancers great progress is being made and with these other cancers survival rates beyond five years is well above sixty percent these days and that's a figure that seen a thirty percent improvement in just two decades.

So with the right research, the right minds and the right focus some other illnesses are seeing some terrific progress. Clearly we are all here today to replicate that for pancreatic cancer which is currently sitting at five percent survival over five years as everyone here I am sure knows. Now one of the things we did want to say is that the Foundation has decided this year to hold a national summit which is going to be bringing thirty to forty of the top minds in medical research and scientists together in December and the purpose of that summit very simply to get a clear national strategy to where the funds that you are helping raise today should be directed to get the best and fasted result for pancreatic cancer so it's a sign that the conference that we are holding in beginning December and we'll be sure to keep you up to date with how that progresses we're really excited about the prospect for the first time having a national agenda and a national framework for how pancreatic cancer research can proceed from here. Now what I would like to de is to introduce Rob Stokes to say a few words before we hand over to Anne for her strenuous activities before we actually get into the walk itself. But Rob would you like to say a few words.

Hon. Rob Stokes.
Thanks Peter well I would like to in my role as local member for Pittwater welcome any of you who aren't lucky enough to live up here in the best bit of the best country on earth where we can share together the beauty of this part of the world in support of a very important cause. As Peter has already mentioned pancreatic cancer is one of the most difficult to treat owing obviously to its very late diagnosis and so it is a really important effort to which we are directed. I would like to pay particular tribute to Caroline Kelly the Pittwater Woman of the Year for 2013 for her efforts and her visions in setting up this foundation in memory of Avner. It's an incredible tribute to your love for Avner that we are here today and for all of you who are here in memory of someone in your lives who has been very special thank you for honoring their memory in this way by participating in this really important work to raise funds for an absolutely crucial cause. I would also like to thank everyone from the Garvin Institute who is involved in research into an earlier diagnosis and also a cure for pancreatic cancer. It is a notoriously difficult area of medical research form what I understand from medicos I have spoken to you are engaged in one of the most difficult areas and we are so lucky to have a research institute of world renown like the Garvin here in Sydney.

I would also like to thank all of the sponsors who have so generously supported today and also supported the Avner Nahmani Foundation over the past five years and I would just like to conclude before handing over to Peter because I have to blow off a few cobwebs after last night particularly in my line of work last night was quite an exciting time but before handing over I just wanted to leave you with a final thought which is that the wealth of an individual is not measure by what they have but by what they give and the health of a community is not by what it acquires but what it shares and that is the effort that we are engaged in today so please walk well, give generously and thank you for supporting the Avner Nahmani Pancreatic Cancer Foundation. Thank you.

Maysoon El-Ahmad, Woolworth's Tjeerd Jegen with the relay winning team "Strategy First"

The final words from Pittwater Woman of the Year **Caroline Kelly**.
I just want to thank you for coming here today and for supporting this walk and to the many volunteers because many of them have been volunteering every year and this is our fifth year and so we couldn't do it without them and I am very grateful for that support. I also just want to thank all who have supported us from the start and I am very grateful for that and I want to give you an update in terms of money we have actually raised $21763 which is actual quite a few ahead of last year so that shows that momentum is building and I hope you can fit in more sausages, eggs and bacon and we will see you again next year.

PUT YOUR FOOT DOWN.

Caroline Kelly

More information: www.avnersfund.org.au
Michael Mannington Volunteer Photography gallery here

Report and Images by Michael Mannington, 2013.

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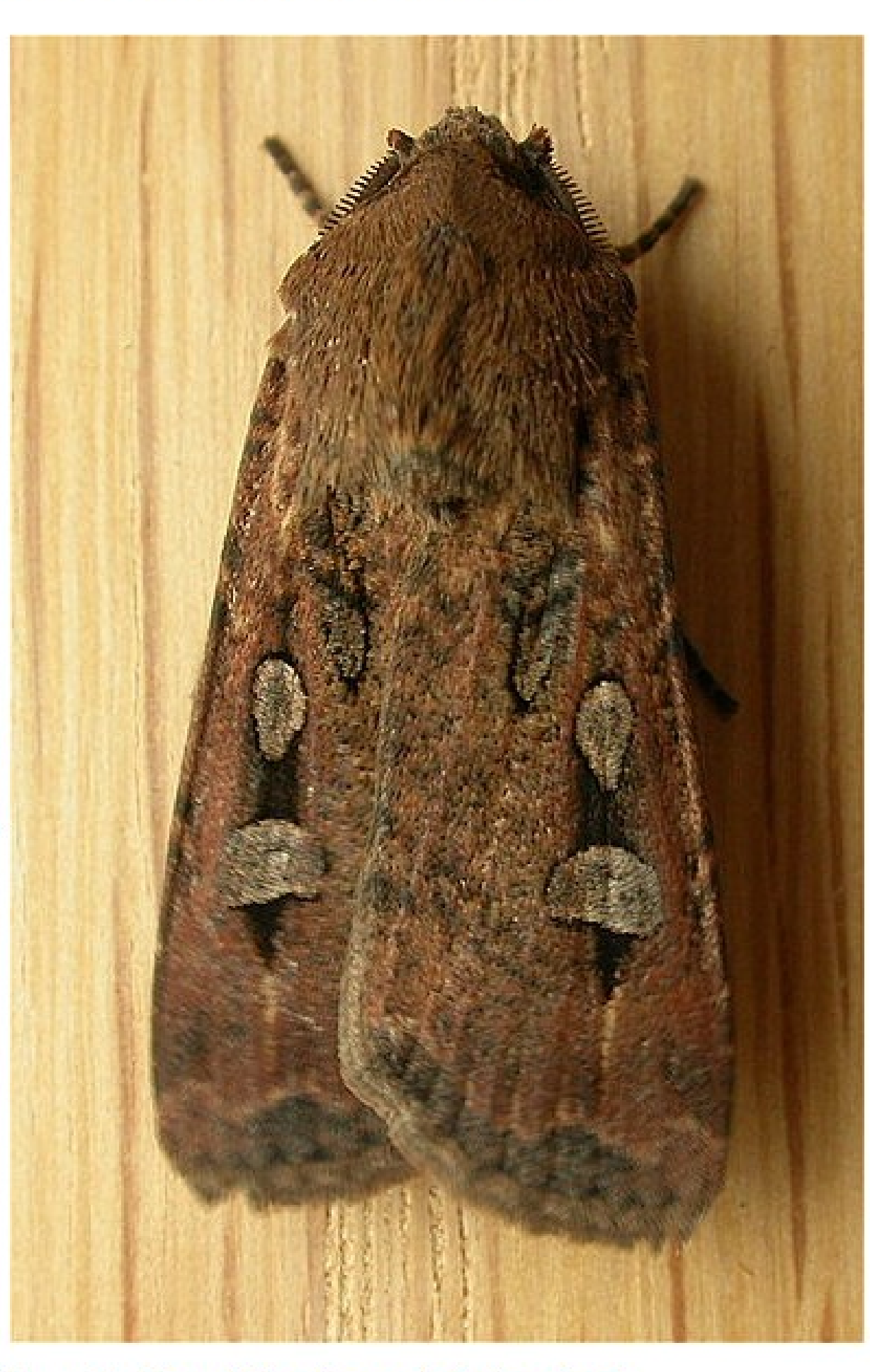
Bogong Moth Time Approaches – Spring in Australia – Eastern Coasts

There have been so many insects and moths around already that we're just waiting for the onslaught of the Bogong moth. Although some squirm when these beautiful insects and their season approaches, they are part of our natural balance and a sure sign that Spring is moving towards Summer.

The Bogong moth (*Agrotis infusa*) is a temperate species of night-flying moth notable for appearing in large numbers around major public buildings in Canberra, the capital city of Australia, during spring (late September to November) as it migrates to the High Plains. The moth's name 'Bogong' is the same as the mountain ranges on the High Plains i.e. the Bogongs, and may mean 'Big Fella' hence the name for the mountains, or it may have been the name for the Moth which has been accorded to the mountains as their locale.



Indigenous Australians living in south eastern Australia were known to have feasted on the moths, benefiting from their rich fat reserves, particularly during the summer when the moths were plentiful. The moths were either killed or stupefied by the heat and smoke of torches, and then their bodies collected. Many Aboriginal band groups from the lowlands traveled to exploit this tasty, high protein and high fat resource, and so at any time during the summer, the population of human foragers could be upwards of 400 individuals. Moth collection activities were accompanied by appropriate ceremonies and rites of intensification, and most nearby groups held title to their own pitch for harvesting. Once collected, the moths were generally roasted and eaten whole. This cultural use is no longer practised. The term "Urri Arra" refers to the Bogong moth feasts that these Aboriginal people held.

A town, Bogong, in the Australian state of Victoria has been named after the moth. The Bogong moth Agrotis infusa is common throughout southern Australia. These brown to blackish moths have a wingspan of approximately 45 millimetres. Adults make lengthy migrations to spend summer months in large congregations in caves and crevices of rocks in the Australian Alps, notably in the region of the Bogong High Plains in Victoria. They are attracted to lights, like those seen at night in the Sydney and Canberra areas. They were notable in broadcasts of the Sydney 2000 Olympics Opening Ceremony on 15 September. Large numbers may enter houses or other buildings to rest during the day. In winter, adults disperse to pastures across inland New South Wales and Queensland to lay their eggs.

This subfamily are characterised by their stoutly built bodies covered with long dense scales. The larvae, collectively known as cutworms, are also stoutly built. They feed on a wide variety of plants (see list below). The name cutworm comes from the larvae's habit of cutting off plant parts during the night which they drag back to their burrows in the soil as food. The Bogong moth is univoltine (i.e. it has one generation per year). The Lepidopteran life cycle consists of four stages; ova (eggs), several larval instars (caterpillars), pupa (cocoon), and imagines (adults).

Photo: Donald Hobern from Canberra, Australia

Bogong moth. (2013, March 5). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Bogong_moth&oldid=542256792

VISITATION OF MOTHS . Little Damage Done

Entomologists of the Department of Agriculture are investigating a plague of moths which has afflicted many parts of the State in recent weeks. The mothshave appeared in amazing numbers in the Mallee, the Wimmera, the Mornington Peninsula, and even in some of the outer suburbs. The moths in the Wimmera, which have caused some concern, are cram-bid, or grass moths, in the main, but so far very little dam-age has been caused. An entomologist said yesterday that they were confining their attentions almost entirely to "rubbish," though there had been one or two instances of their eating wheat. Some of the species have not yet been identified, and they are being bred in the department's laboratory for purposes of identification. It is at present considered unlikely that the plague will develop to serious proportions. It is expected that rain will drown the moths in the ground. A report from Queenscliff states that at the week-end moths arrived in huge clouds at sunset, and many died, having to be swept up from floors of houses and from paths.

Seagulls' Feast

What must have been the first "hatch" of the Bogong moth emerging from the tea-tree at Beaumar is is related by Mr.C. W. Wilson, proprietor-manager of Scott's Hotel, Melbourne. On Sunday evening at dusk Mr. Wilson saw a large flock of silver gulls above the shoreline wheeling, "backpedalling," and somersaulting in mid-air. Their antics were caused by their enthusiasm for a large swarm of Bogong moths, drifting out to sea in the still air. Some of the gulls were so gorged with the moths that they could scarcely fly, others seemed insatiable.

The Bogong moth (Euxoa infusa) has in countless numbers stopped trains, ob-scured lighthouse lights, and wrecked in-numerable gas mantles. When the moths emerge after heavy rain in early winter they swarm in millions. The aborigines used to make special trips to the Australian Alps to gorge on this delicacy. They occur in masses in rocky crevices and caves; hence the names Bogong High Plains and Mountains in Gippsland. VISITATION OF MOTHS. (1939, May 17). The Argus (Melbourne, Vic. : 1848 - 1957), p. 3. Retrieved from http://nla.gov.au/nla.news-article12129340

THE BIG BOGONG. A Neighbour of Kosciusko. (BY J. J. B.)

The southern tablelands are rich in items of physiographical interest, for among other distinctions they embrace the highest mountain in Australia-Kosciusko. Not with-standing this prestige, Kosciusko is closely pressed when it comes to comparing altitudes above sea level; in far, the main range on which Kosciusko rests is studded with peaks culminating in rocky knolls, which, though not very conspicuous, run very close to Kosciusko on the altitude scale. There is no mountain, however, in the territory, which compares with the "Big Bogong"-as it Is familiarly known, or Jagungal as it is called in official circles-in downright majesty and impressiveness. Strangely enough, It is situated on a spur at a distance of four miles westerly from the main range, and this fact adds to its uniqueness. **Its altitude Is 6755 feet, or 575 feet less than that of Kosciusko**, but whereas the latter is located in the midst of a confusion of high altitudes, the Big Bogong stands out in singular glory. As the crow flies, the Big Bogong is distant twenty-two miles, and bears almost due north from the more famous summit.

In appearance the subject of this article gives the sightseer the Impression of restful grandeur. True, the Immediate summit and part of the western face is rocky, but the general effect Is not one of ruggedness. It stands as a huge monument facing the west, bare of timber on the upper slopes, grassed to within a few feet of the trigonometrical station, and generally conveying a suggestion of guardianship over the flocks and herds which frequent the grassy plateaux and valleys on all sides during the summer months.

Mount Bogong, at 1,986 metres (6,520 ft) the highest mountain in Victoria. This is the western flank towering above the town of Mount Beauty, taken looking east from Sullivans Lookout on the Tawonga Gap Rd. Victoria, Australia. Photo by John O'Neill, 9 May 2013

ORIGIN OF THE NAME.

Various theories are given as to the origin of the name Bogong, the most popular being attributed to the aboriginal name for a huge moth, which is to be found around the summit at certain times of the year. This may have some truth In it, but the fact remains that there are numerous mountains in southern New South Wales and that part of Victoria adjacent, bearing the name of Bogong in some combination or other. There is the Rocky Bogong, Grey Mare's Bogong, and Dicky Cooper Bogong, all within ten miles, and there are the "Bogongs"-a nest of peaks situated easterly from Tumut.

The first name "Big" does not, it is thought, refer to big moths, but to the fact that the mountain is unusual, and therefore my the story is that Bogong in the dialect of southern aborigines euphoniously indicated a conspicuous mountain.

The Big Bogong is easily scaled on horse-back to within a few feet of the summit, the culminating point being an outcrop of andesite piercing the granite surroundings. Here a trigonometrical station has been erected, consisting of the usual cairn of stone supporting a post of squared timber. The galvanised iron vanes have been blown away by the force of wind and driven snow. A flash of lightning, some three or four years ago, struck the guy wire supporting the upright, and blast-ed out some 30 or 40 tons of the hard rock, scattering fragments as if by heavy explosive some hundreds of yards.

A LANDSCAPE OF PEAKS.

From the summit one may gaze for scores of miles in any direction until the distant landscape melts into space. To the north, Tabletop Mountain, a basaltic peneplain, Im-mediately attracts attention; to the north-west, the Round Mountain and Black Jack are prominent; to the south-west, Rocky and Grey Mare's Bogongs are conspicuous; and southerly, Dicky Cooper's Bogong appears like a pimple of rock behind which progressively one's eyes can discern Adams and Twynams' peaks and other points which hide or confuse the real Kosciusko; to the south-east the Kerries, which actually comprise a huge swell in the range, are easily seen. Beyond all these in any direction the landscape extends to beyond the power of the eye to discern.

In the Immediate foreground, 1000 feet lower than the summit, are extensive areas of grass land, with belts of timber and plain alternating. The Geehi River rises on the south-east, and the Tumut River immediately under the mountain an the west. Further westerly the Tooma River-named the Toolong locally-rises, and after meandering through plain and timber alternatively, eventually joins the Upper Murray. There are approximately 125,000 acres of good summer grazing country in the vicinity held by graziers under leasehold, and used extensively for re-lief pastures In times of drought.

Some day this territory will become the sanitorium for the Riverina, where relief from summer heat can be gained. Then the Big Bogong will surely be appreciated for its most remarkable appearance; for while there may be many mountains In Australia more rugged and forbidding, there is no other mountain like the Big Bogong. Patriarchal, he faces the sunburnt western plains, kindly visaged, inviting, beautiful in rounded simplicity. THE BIG BOGONG. (**1930, June 14**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 19. Retrieved from http://nla.gov.au/nla.news-article16679141

Bogong - Lyricals

The hills and mountains here sing that they are a way of trees. The dreams of songnames we hear first are all names of trees. A hill is named by what flourishes in it. Each hill, in every grain, is a meaningbeing. *BunyaBuny*a is a mountain of bunya-bunya trees. These mountains forms in flow alike wave rhythms reveal they are a flow of trees. They are places of Bunya, Coobah. What thrives there is what they be. As it is and has always been in the measures of the measures of meanings being.

'*BogongBogong*.' echoes from further south and we can hear, and know, these are mountains where Bogong, a kind of moth, issues from. This song is *Bogong* from Bogong. Being from meaning is pure and brilliance in this place, and all its places. Murrlrrillee is a spirit filled garden, a Sanctum Temple in every measure.

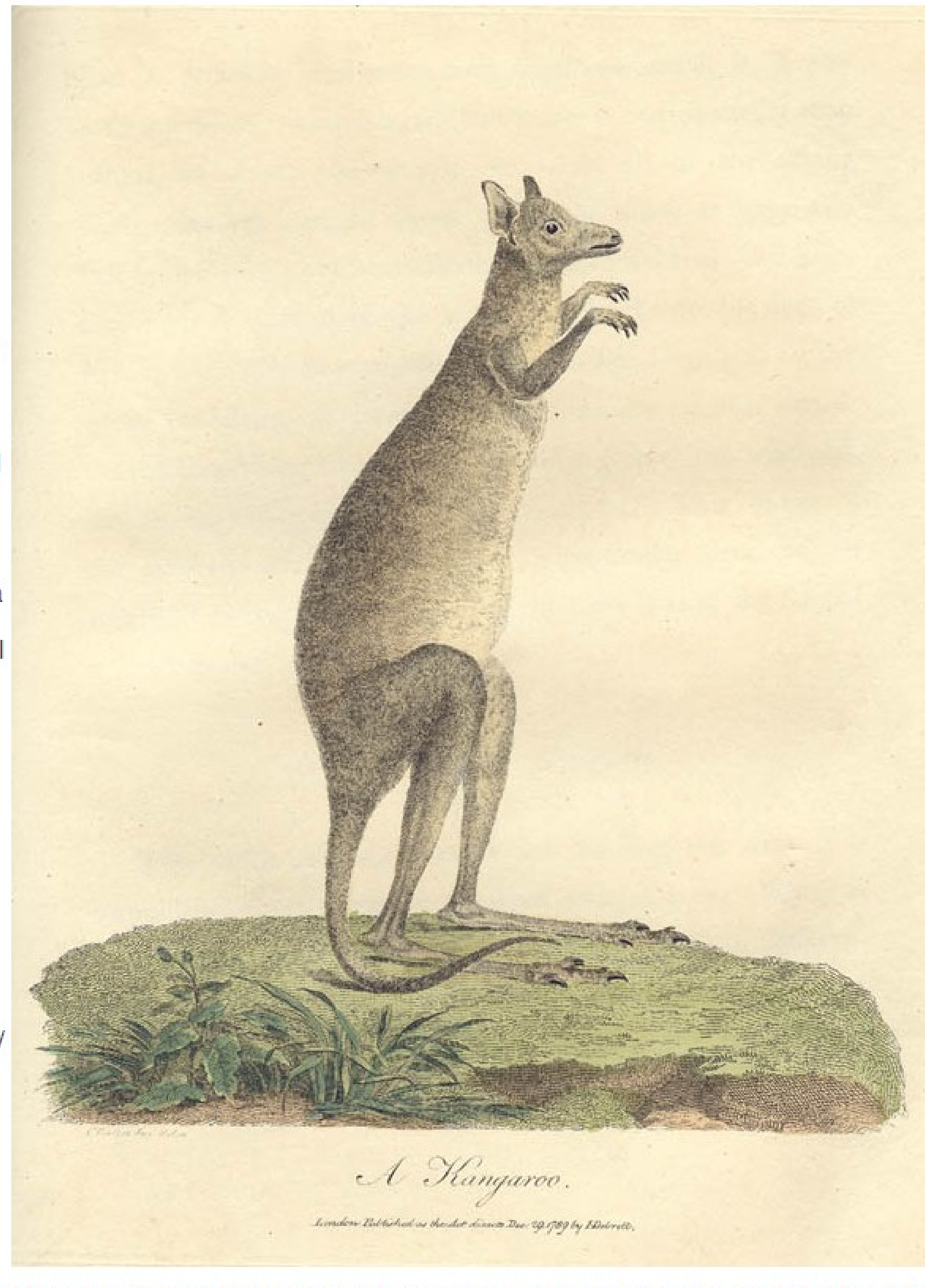
We pad alongside a bay that dreams it will become '*Caareell*'. '*Murrnong*' and '*Belah*' dream in the silty edges along the low banks of earth. Small wiry trees with whitegreen clouds of leaf dream '*Yarran MurrMurr*' in rising land behind these *Murrnong* and *Belah*, '*murrMulga murr Mulga*', with roots that grow out of the salty mud dream before them. Brolga, cormorant, heron, pelican and curlew wade and feed in this bays' edges.

"This is where the curlew were flying to." Ulmna songs.

Cassowary run through thick scrub away from the tidal edges. Pununnarras' eyes follow the flights of vermillion and bright blue wings amongst higher canopy. We can hear the dull thumping of padded creatures making rhythms over land through the sumunah shimmering trees. Gold sparks rise and drift east from this earth, as a spirit mist we can see, even in shaded groves.

A giant red trunked, dark green leafed tree is the elder of all trees in *Murrlrrillee*. It is songnamed the Murr tree or the Red River Gum. The meaning in this song comes from the turning in *Murrlrrillee* verse when waters flood the belly of this place and stream in season among red river tree root. This large red flow has made rise this flow of red Murr tree. They are kismet. Everywhere we go through the forests the blood through trees of many colours and widths and heights will be Murr tree blood. The colour of leaf may be different, its shape and size and kind may vary, but the taste will be the same. The spread of cloud like treecrown and the places they gether in, by river banks, in snows, through valleys and across open plains, will mark their changes, but they will all be blood of the Murr tree. They have all been sung from the Murr tree tide and drip Murr tree resinous oil. They are *Yarran, Mulga, Myall* and *Mallee*, and they are the cascade a font risen from *MollinUmrill* bears out. This is the first meaning-being of *Murrlrrillee*. This gardens' first dream, its soulname, means 'flow of meres of trees'... *Murrlrrillee*.

This makes its breath, that which fills songname Murrlrrillee, pure murr, or, as it is sung in my homeland, pure myrrhh. And this is how MollinUmrill, a salty womb for such a green fountain, has breathed out myrrh murr, the breath made by trees. Murr tree is an Onkaparinga, a mother tree. Beneath its green boughs live all others, acacia, mallee meres, *bunyabunya*, and the furred and doe eyed who cleave to Murr trees blue haze air.


A Kangaroo.
London Published as the Act directs Dec 29 1789 by I.Debrett.

KhungUru is one of these doe eyed creatures. They are buff and red brown in fur. They have a long thick tail, two large feet and two small paws halfway up their chests with which to cup their young or hold their food. The large tail propels them away from and to the ground when they move.

They are dreamed *WhallUru* if they live in mountains, and *Whallibi* if they hop through green vales, are PataGoRang (paddymelon) if they prefer the ferns and fruits of warmer ravines. *Tamma* is songname for these creatures in west measures of *Murrlrrillee*, and *Leger* the namesong of their inland cousins. They can be small and large and larger. They can be resplendent in forests and across rocks or bound as one wave, one two, one two, across great red plains. They are one to one, kismet, with Murrlrrillee garden.

We followed the largest red furred ones through a forest rain fell thick in, teeming around us. This green reminded me of the jungles of Ullumunn. All greens are here. The large flowers, of velvet petal, are too warm to be in snow. The matted canopy is filled with birds of brilliant colours and almost blocks the suns' slants down onto leaf covered ground.

The KhungUru bound on paths that wend through the raining forests' hush. You can hear them coming through the tall gum beams, flitting through the arches of green light under their canopy. They lead us towards the belly of Murrlrrillee. 'Come to CorroBoree.' they call to Pununnarra, Ulmna and Sutude. 'Come to Communion.' their bloods sing into the air as they bound forward among the beams that are trees.

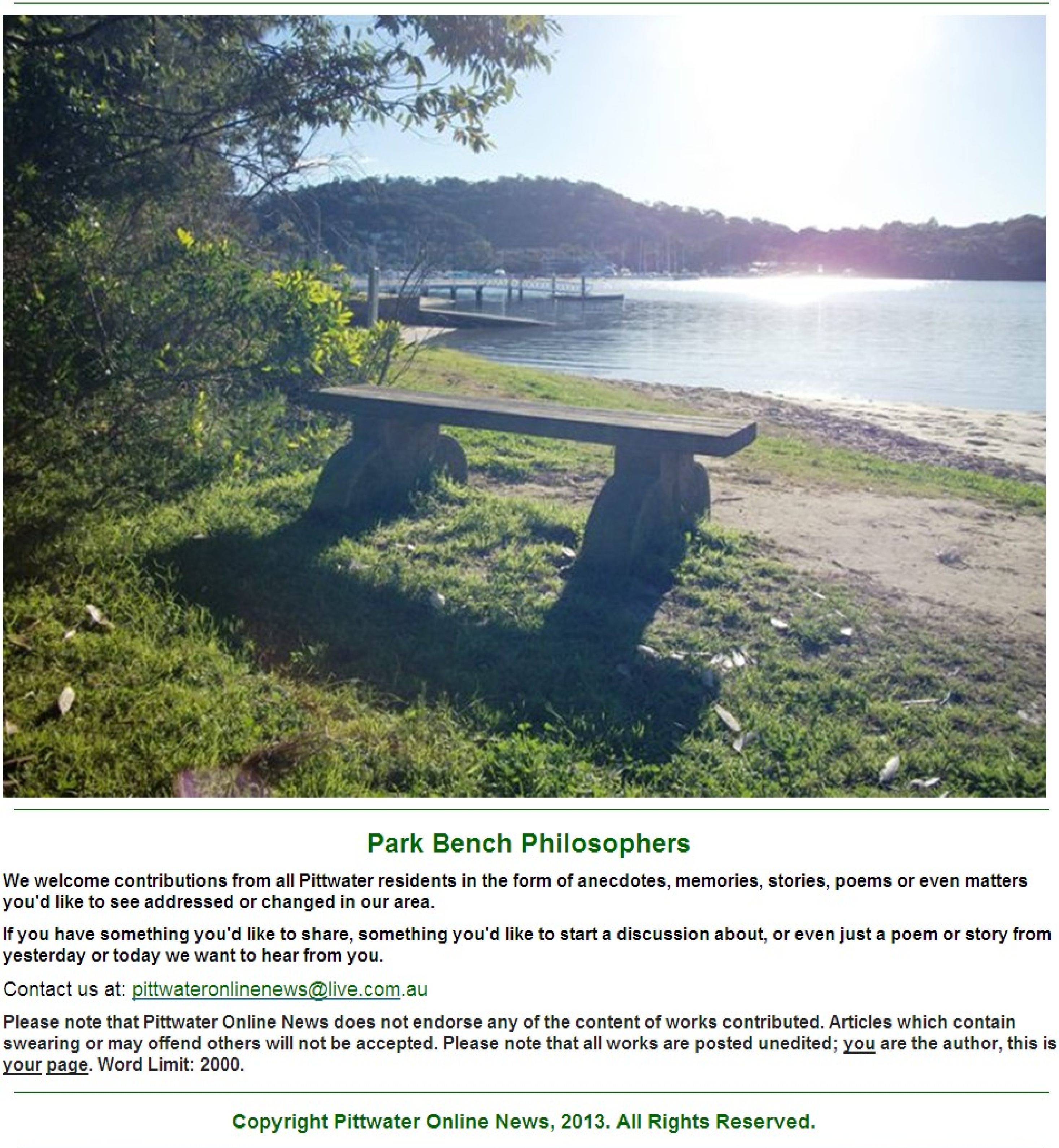
Extract from *Coming Home I*, Village Green, Copyright A J Guesdon. 1985-2013.

A Paraclete is filled with Holy Spirit. Paraclete the word comes from the Hebrew 'menahem' meaning 'comforter' and is also an ancient word for messiah or 'spirit of truth' and in being thus is one filled with holy spirit, the Holy Spirit. Paracletes learn how to become spiritual, which is putting on your spiritual body, through spiritual practices. These are a combination of physical, emotional, mindful and even spoken exercises, prayers. The quality of sacredness, of devout devotion and adoration as in 'always turned to', suffuses through you and is maintained until it grows steadier and steadily, stays instead of slipping away, and imbues your world and life with its light. We achieve connection through practicing connection.

Practicing this initially, in basic form, by choosing to know the angel inside each other entity can lead to recognising the angelic Quality of each word you enunciate in prayer. Our example, the Bogong moth; imagine wearing that other's skin as a dress perhaps, the velvety brown 'cloth' sprung from threads, with ringed markings symbolically meaning, with merging with air wings. Soft brown body of velvet wing across the land, given birth to in ***Bogong-Bogong* mountains** and part of an annual unfolding in skins of the evertide. Imagine the sacred places you will return to in your annual moth flight, imagine the communion of all that brown velvet humming together. Imagine putting on a blessed tree, becoming part of a forest family, or putting on, being air itself when light and birdsong brim through you at dawn. Connecting with Spirit from inkling the spirit in others will lead to the rising and putting on of your own spiritual body. Spirit is the Lily, Soul is the Pearl. Raise up your spirit, help your soul unfurl.

Extract from *Paracletes, Alchemists and Bodhisattvas* Ch.6, Seeing Things, Copyright A J Guesdon, 2008.

Kangaroo Illustration from *Journal of a Voyage to New South Wales* by John White (1757/8-1832), Surgeon-General to the [First Fleet and the] Settlement [at Port Jackson] Published 1790. Available oin FULL on Project Gutenberg Australia **HERE**



Park Bench Philosophers

We welcome contributions from all Pittwater residents in the form of anecdotes, memories, stories, poems or even matters you'd like to see addressed or changed in our area.

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you.

Contact us at: pittwateronlinenews@live.com.au

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please note that all works are posted unedited; you are the author, this is your page. Word Limit: 2000.

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Pittwater Online News

September 15 - 21, 2013: Issue 128

Articles This Week

Front Page Issue 128 - Newport Breaker's Colts Win Robertson Cup

From Colonial Navy Brigades in Second Hand Ships to Where the Australian Navy was Born – The Practical Verses of William Rooke Cresswell's Charter - **International Fleet Review 2013 precursors - Article II**

Art and Soul's 'Coffee Break' Installation for Art in Open Places 2013 from Cindy Good Milman

Maria Regina Catholic Primary School's DanceFever 2013 Winners by Joanne Seve, Peta Wise and Jo Kelly

World's Largest Grommet Festival Returns - an outline of the September 23-26 2013 Blast Off from BL and Co.

Mona Vale Hospital Auxiliary's 2013 Fashion Show by Waveney Perman and Michael Manington

The Mermaids of Palm Beach 2013 Bash - from Bankstown to Ballarat from Elyse Cole and Esa Thomas

Avalon Beach Historical Society's 30th Anniversary and 8th Exhibition from ABHS

Put Your Foot Down at Palm Beach 2013 for the Avner Nahmani Pancreatic Cancer Foundation by Michael Mannington

Pictures: A Week in Pittwater by .... all of the above!...and : A Barking Owl, A Friendly OAM, PNHA placing HaZZard tape around our unique environment plus a little more...

Profile of the Week: **September 2013 - Pittwater Spring Ladies - Brenda Allsop** - from growing up in Allambie to being an Accountant to becoming a Missionary in Kenya - a truly extraordinary and brave lady

History: **August 2013 -Surf Life Saving Clubs of Pittwater - Bilgola SLSC – the first 10 years**

Collector's Corner: **Metters - An Australian Company and Products**

Artist of the Month for September 2013: **Meredith Scott** -Beautiful mosaics elevate new, found and recycled materials into glorious works of art - if art is a font then Meredith, one of our premier Pittwater artists, epitomises how boundless the ancient traditions of mosaics still are - what a great way to celebrate the first month of Spring!

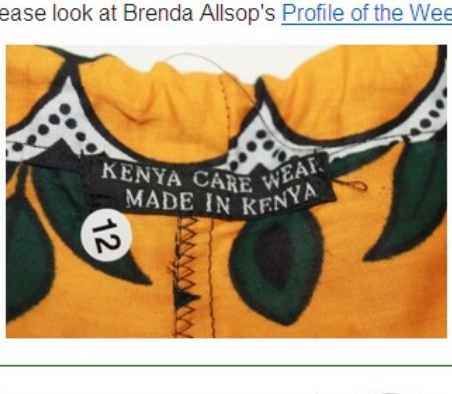
Kenya Care Wear Launch – Keen Hall, 15th of September, 2013 - TODAY!

Kenya Care Wear is a Not for profit venture of 2 Australian mothers aiming to educate and empower children and families amongst the poorest in Kenya. All money raised goes direct to Kenyan beneficiaries with whom we have direct contact. All admin costs donated. The launch of this is today at Keen Hall, Kevin Avenue, Avalon and as you can see from the above photo, these are beautiful prints on cool fabrics.

We will bring you a full report on Kenya Care Wear next Issue but suggest you get along from 11.15 am today to get yourself some great cool cotton pants for summer, cute little dresses for little girls, a unique apron or one of the many other items for sale. **Kenya Care Wear** on Facebook

Website: www.kenyacarewear.com/

To find out more about one of the ladies behind this great new venture, please look at Brenda Allsop's Profile of the Week page.



PITTWATER COUNCIL

PITTWATER BEACHES SET TO BE SMOKE-FREE

The Council has signalled its intention to make Pittwater beaches smoke-free, following a decision at its meeting last week.

The Council's smoke-free policy in public buildings is set to be extended to include all nine of Pittwater's beaches. The amended policy is now on public exhibition for comment until 6 October.

Pittwater's public playgrounds, spectator areas at sportsgrounds, public transport stops including ferry wharves and outdoor dining areas are already smoke-free.

If adopted by the Council, the amended policy will mean no smoking signage will be placed at all beaches advising the public that smoking is banned.

Mayor Jacqueline Townsend said the Council had been commended by the Heart Foundation for its move.

"Passive smoking is directly linked to a range of diseases and we believe we need to take a leadership role on this issue," she said. "The other concern is the damage to the environment that cigarette butts cause. Clean Up Australia estimate that 50% of litter is made up of discarded butts."

Mayor Townsend said she believed community sentiment would be strong enough to discourage people from lighting up at beaches, but added that if the policy came into effect Council rangers could be given the power to issue on-the-spot fines.

To view the draft policy visit www.pittwater.nsw.gov.au/exhibition

Brian Friend received his OAM at GOVERNMENT HOUSE. See more in Pictures

The Lion Island Challenge is on Saturday October 12th, 2013. Race will include ocean and spec skis, SUPs, racing mals and 12 foot an unlimited paddleboards. Registrations are opening in the next week. See all details on Lion Island Challenge Facebook page.

LGA – Planning Reforms – September 11, 2013 Media Release

Local Government NSW (LGNSW) Joint Presidents have strongly urged NSW Premier the Hon. Barry O'Farrell to restore the balance back to the community in his Government's proposed planning reforms or risk a council-led direct action campaign against the legislation. Concerns about the proposed changes have been raised repeatedly by councils and LGNSW since the initial Green Paper was released by the Department of Planning and Infrastructure in July 2012. In the most recent correspondence to Mr O'Farrell this week, the LGNSW Joint Presidents reiterated their concern that the planning reforms favoured developers at the expense of the community.

Joint President of Local Government NSW, Cr Keith Rhoades AFSM, said the NSW Government is not only ignoring the community, but breaking an election promise.

"The Coalition's election Contract with NSW promised the return of planning powers to the community, and Premier O'Farrell and his Ministers have failed, and in fact broken their election promise, and we have had enough!" Cr Rhoades said. "Councils and the broader community do not accept that the proposed new system delivers on this promise and many actually believe that it is doing quite the opposite."

"With the NSW Government ignoring repeated calls from Local Government NSW to amend its proposed changes to the planning system, councils are becoming increasingly frustrated."

"If Premier O'Farrell does not respond to our letter within the next fortnight as we have requested, it is highly likely that some form of direct action campaign against the legislation will be proposed at the LGNSW Annual Conference next month."

Joint President of Local Government NSW, Cr Ray Donald, said most concerning to councils was the reduction in the community's ability to have a say in local development.

"The reduction in community engagement during assessment of contentious developments seriously risks reducing transparency," Cr Donald said.

"That's why, amongst other changes, we're calling on the NSW Government to amend their proposed planning system and only permit code assessable developments and complying developments to low risk and low impact development. In addition, certain classes of code assessable development should be advertised to ensure the community can have a say on contentious developments in their neighbourhood".

"We are also calling on the NSW Government to provide mechanisms that require early consultation with councils to ensure there is input into higher level plans, such as Regional Growth Plans. This will ensure there is true grassroots community engagement in the establishment stage of these plans."

The proposed changes to the planning system is one of the five strategic themes that will be debated by delegates at the upcoming LGNSW Annual Conference, taking place on 1-3 October 2013 at the Sydney Town Hall.

Sydney Wildlife - Baby Season for our Native Wildlife

Its baby season for all our Native furred, feathered, and scaled animals. Please keep a look out for little creatures that have lost their mummies. This juvenile Ringtail possum being raised by a trained Sydney Wildlife carer. If you find sick, injured or orphaned native wildlife call Sydney Wildlife on 9413 4300 for advice and assistance.

Blue September
FIGHTING CANCER IN MEN

Blue September is a nationwide awareness and fundraising initiative about all the cancers that affect men – not just prostate and testicular cancer, but also bowel, lung, liver, pancreatic and other cancers. The campaign aims to raise funds for Australian Prostate Cancer Research and Australian Cancer Research Foundation charities to raise men's awareness of cancer and help them to reduce the risk of developing and dying from cancer by making better lifestyle choices and seeking help sooner rather than later.

Can we really prevent cancer?

At least one in three cancer cases is preventable. Thousands of men's lives could be saved by making healthy lifestyle decisions such as quitting smoking, reducing alcohol intake, taking care in the sun, regular exercise, maintaining a healthy weight and eating a balanced diet.

Lives can also be saved if more men know more about the symptoms of cancer and contact a health professional as soon as they notice something worrying such as a lump or a nagging cough.

So let's face up to cancer in men this September! Show your support by painting your face blue and raise awareness and funds to save lives!

You can help. You can do something.

In fact thanks to support from Blue September, Australian Prostate Cancer Research are about to launch a world-first online cancer support program for men with prostate cancer. Prostmate is a ground breaking personalised support system for men and their families dealing with prostate cancer. It will provide access to the latest research validated information, personalised support, specialised programs and consultations with prostate cancer specialist nurses and psychologists. Prostmate is being developed in partnership with leading cancer agencies, researchers and clinicians. It will be free to join, easy to use and a valuable resource to help make informed choices.

The cancer statistics:

Australia has the highest rate of prostate cancer in the developed world

In 2013, it is estimated that over 122,000 Australians will be diagnosed with cancer and more than half of these cases are expected to be males

In recent decades cancer mortality rates have fallen due to vital advances in research

In 2013, the campaign is set to be bigger than ever with the launch of the Blue September wristband, which will help us raise awareness and well needed funds for cancer research to develop new treatments, online medical support and cutting edge equipment. See more at:

http://www.blueseptember.org.au/index.php

Surf Life Saving Nippers 2013-14

This list will be updated as Pittwater SLSC's finalise their 2013-14 Seasons dates.

North Narrabeen SLSC

http://www.northnarra.org.au/

2013-14 SEASON OPENS Sunday 13th October 2013

Nippers REGISTRATION DAYS **Sunday 8th & 15th September 2013: 9am to 12pm** Clubhouse (upstairs)

Warriewood SLSC

Nippers Home Page: HERE

Mona Vale SLSC - Nippers registration - **8 & 15 Sept 2013**.

http://monavaleslsc.org.au/

Mona Vale Patrols begin - Saturday September 21

Bungan SLSC

Phone: 9979 5097 (Clubhouse)

Newport SLSC - **8th and 15th September between 9:00am and 11:00am**.

Nippers home page: HERE

Bilgola SLSC

Nippers home page: HERE

Avalon SLSC

http://avalonbeachslsc.com.au/

Our patrolling season for 2013/2014 begins at the end of September and finishes on Anzac Day next year. We patrol our beach every weekend and public holidays throughout the season. Members can check their patrols on the 2013/2014 roster or the calendar which will be available in August. We also have a Nippers program which is held on Sunday mornings beginning in October.

Whale Beach SLSC

www.whalebeachsurfclub.org/

North Palm Beach SLSC

Flying Daughters and Tree Stories

Flying Daughters and Tree Stories is a joint exhibition featuring well known artist and teacher Meredith Rasdall and Award winning artist and printmaker Julia Sample.

As part of the Manly Art Festival they will be showing their latest work at Angel Restaurant at Freshwater from **4th of September to the 30th of September**.

Flying daughters is an apt title for a show of Meredith's work as the 3rd of her artistic daughter's has just completed her HSC major work and will be leaving school. After nurturing her daughter's artistic endeavours she can now focus on her own work.

Still life continues to be a recurring theme and expression of Meredith's immediate environment as the views inside and outside her Clareville house continue to inspire; bowls, vases, vessels and windows. She explores the simplicity of the forms through painting, printing and encaustic with focus on the juxtaposition of colours: red and earthy tones that contrast with aquas and stone.

Meredith and Julia met at Warringah Printmakers and have exhibited together at Artspot in Avalon January 2013. Both artists tell a story which relates to their immediate environment. Meredith focusing on a reflection of home life and Julia's latest body of work relating to her natural environment.

The latest body of work from Julia Sample has been a labour intensive, but enjoyable process. Julia won the Warringah Art Prize this year with the latest work from this series, " Arboreal Legend".

These relief prints have been taken from recovered tree trunk which she sands and then burns the surface before brushing out the burnt areas, leaving the rings of wood that reveal the tree's story and age. After printing on Japanese paper, Julia uses an encaustic medium to finish the process.

"Every tree is unique and my art is recording these tree stories ".

Angel Restaurant 29 Crown Road Queenscliff NSW

Restaurant hours

Breakfast Saturday – Sunday 8:30am-12

Lunch Monday to Sunday 12-3pm

Dinner Thursday to Saturday 6pm-10pm

Meredith Rasdall: meredith.rasdall@westnet.com.au

Julia Sample: jules.sc@optusnet.com.au

Top: photo of Meredith with daughter Lily at her year 12 majorwork exhibition. Below: Julia Sample working on artwork.

PITTWATER COUNCIL

COUNCIL REFUSES WARRIEWOOD DEVELOPMENT

An application seeking to increase the development potential for 23 -27 Warriewood Road Warriewood has been unanimously refused by Pittwater Council at its meeting this week. The application – for a unit development of up to five storeys and a density of 98 dwellings per developable hectare - was lodged in June on behalf of Karimbla Properties Pty Ltd, which is linked to the Meriton Group of companies.

The Council refused the application citing its departure from the 'orderly planning process' outlined by the Warriewood Valley Strategic Review which was adopted by the Council in June 2013.

The Strategic Review was jointly prepared by the NSW Department of Planning & Infrastructure and Pittwater Council as a means of planning for the remaining undeveloped land in the Warriewood Valley.

The Review, completed after 18 months with extensive input from the community and independent consultants' reports, recommended a maximum dwelling density of 32 per hectare, up from the previous 26 per hectare.

The application sought for 23-27 Warriewood Road exceeded this recommendation by almost three times.

Mayor Jacqui Townsend and Cr Julie Hegarty both declared an interest and withdrew when voting took place on the proposal, due to their positions on the Joint Regional Planning Panel.

Deputy Mayor Bob Grace, speaking after the meeting, said the Council would now seek an urgent meeting with local MP Rob Stokes over the development proposal.

"It's our belief the developer will now seek what's called a pre-gateway review of the Council's decision by the NSW Department of Planning, which could potentially overturn our refusal and the recommended densities of the Warriewood Strategic Review," he said.

"Given the community's unrest over the government's planning reforms and the extent of consultation that went into the Strategic Review, we believe this cannot go unchallenged. We will be seeking an urgent meeting with the Planning Minister Brad Hazzard to seek his reassurance that he will not use his powers to overturn the Council's refusal of the planning proposal.

Cr Grace said that the community, Council and the Department have agreed on the future densities of Warriewood Valley after an exhaustive process over the last 18 months.

"Council has rejected a development which is totally inconsistent with these agreed densities and Council's decision should be supported by the Department and the Minister," added Cr Grace.

SPRING INTO READING AT MONA VALE LIBRARY

Bookworms are invited to take part in Mona Vale Library's Spring reading competition **called Transformations during September and October**, with the winner receiving a free Kobo glo e-book reader.

Transformations invites library members to read three books of their choice, then comment on them by completing a mini-review form.

Library Manager Cathy Howie said the competition gave readers the opportunity to share their thoughts on the books they had read with other readers.

"Each review form will be made into a bookmark that will be placed in the reviewed books and then made available at the front desk", said Ms Howie.

Event Librarian Heather Thomson said many readers enjoy sharing their reading experiences.

"We've designed easy to complete review forms, that are quite short," said Mrs Thomson. "There are questions about the themes explored in the book and if the book was an enjoyable read. The reader is also asked to comment on whether they learned anything new and if they would recommend the book to another reader," added Mrs Thomson.

The competition will open on Monday 16 September and run until Friday 25 October.

For more information about what's happening at Mona Vale Library, visit www.pittwater.nsw.gov.au/library

MIND MATTERS!

Local residents are invited to learn more about mental health issues with a series of free seminars at Mona Vale Library. The seminars will run during October to recognise Mental Health Month.

The month kicks off with a seminar about '**Breaking down depression and building resilience' presented by the Black Dog Institute on Tuesday 1 October.**

On **Tuesday 8 October from 2pm Uniting Care hosts a discussion on support services, referral pathways and contacts for families and carers of people with a mental illness**.

A seminar '**Living with the mental illness schizophrenia'** will be presented by a sufferer who will discuss their experiences on **Tuesday 15 October from 2pm**.

The final session will be delivered by a local doctor who will discuss the importance of mindfulness in maintaining good mental health on **Tuesday 22 October at 2pm.**

Library Manager Cathy Howie said Mental Health Month is an initiative of the Mental Health Association of NSW.

"The aim of the month is to promote social and emotional wellbeing by encouraging people to maximise their mental health," said Ms Howie.

"**This year's theme is 'Kindness: little acts, big impacts!'** with the intention of promoting kindness to oneself and to others as beneficial to the health and wellbeing of everyone," she added.

For full details of other events being held visit www.mentalhealth.asn.au

PITTWATER BUILDINGS MAKE THEIR MARK

Council-owned properties in Pittwater are now being signposted for their sustainability features through a trial of so-called 'eco-markers'. The distinctive signs have been installed at seven locations including community centres, Pittwater Rugby Park, Lakeside Holiday Park, the Coastal Environment Centre and Council administration buildings. Each sign highlights a sustainable feature in the building, ranging from rainwater tanks and solar panels through to irrigation systems and retrofitted lighting.

The signs also point to the Council website for more detailed information about the sustainable features.

Eco-markers are the brainchild of local resident Graeme Jessup, who is also a member of one of the Council's advisory committees looking at ways to improve Pittwater's natural environment. Mr Jessup is no stranger to sustainability, having built a new home at Mona Vale to be energy self-sufficient by using a combination of solar panels and thermal design. The eco-markers were installed as a trial and a review is carried out to decide whether to continue the project.

Mayor Jacqui Townsend said the Council had embarked on a rolling program of improvements to public buildings to make them more sustainable.

"One example is the huge water savings we have been able to make at Pittwater Rugby Park, just by recycling rainwater collected from the roof and using bore water. We estimate we are saving over 300,000 litres every week in using mains water for irrigation."

"We have also installed dimmer lights at the fields saving a further 52,000 kWh each year."

To find out more about Pittwater's eco-markers visit www.pittwater.nsw.gov.au/ecomarker

ARTS PAPER ADOPTED

Pittwater Council adopted a new arts paper for Pittwater at its meeting this week. The paper which was developed over a six month period, forms part of Pittwater's Social Plan known as '***Live, Connect, Participate***' 2012-2016.

Pittwater Mayor Jacqui Townsend said the paper assesses the opportunities and challenges for artistic development in the local area, with a view to identifying partnership opportunities and informing resource allocation over the next three years.

"I am excited to see what will emerge from the arts paper, given that there is certainly no shortage of creative talent in Pittwater," said Mayor Townsend. "We have many wonderful artistic events already on our social calendar such as ArtZpace, Artfest, the Northside Aboriginal Art & Craft Exhibition and our Pittwater Artists Trail," said Mayor Townsend.

Council's Social, Community & Economic Coordinator Melinda Hewitt said the document had been developed through extensive consultation with the arts community and local residents.

"We conducted a survey, spoke to local creative people and held the Picnic Perfect event, allowing residents to talk about their vision for the arts in a relaxed environment," said Ms Hewitt.

"From these discussions we gained a clearer perspective of the local arts scene including an understanding of audiences and creative professionals."

"Overall Pittwater has a creative population and this document informs us of the opportunities and challenges," she said.

Some of the key findings of the draft arts paper include:

- Pittwater audiences strongly support the events run in Pittwater, and expressed their wish for a more regular program of arts activities
- Creative people in Pittwater want more opportunities to present their work
- Public art has been identified as the top priority in community consultation
- Community members have highlighted the potential of linking art events with the natural environment; along the lines of the 'Sculpture by the Sea' exhibition.
- Pop-ups and short-term leases are identified as possible ways of showing more arts, retail and recreation.

A copy of the arts paper is available at HERE

FREE WORKSHOPS FOR TOURISM & HOSPITALITY BUSINESSES

Tourism and hospitality businesses in the Pittwater and Warringah area are invited to free workshops to get a clearer understanding of workforce issues relating to their industry. The tourism and hospitality industries provide significant employment opportunities on the northern beaches.

In Pittwater, there are nearly 2,000 people working in tourism and hospitality jobs, accounting for more than 10.5% of the workforce. Warringah's tourism and hospitality sector supports nearly 3,900 people in jobs, which is 8.2% of the workforce.

"The Tourism & Hospitality Industry is vitally important economically and job-wise to the Pittwater community," said Pittwater Mayor Jacqueline Townsend.

Warringah Mayor Michael Regan said there are numerous career prospects available in this significant industry sector, however there can be challenges for business operators to recruit and retain suitable staff.

The workshops are being coordinated by the Stafford Group who has been engaged by The Department of Resources, Energy and Tourism to develop a Tourism Employment Plan (TEP) to address workforce, employment and skills development issues for Sydney. The project is supported by NSW Trade and Investment and Destination NSW.

The free workshops will communicate information on the TEP and will discuss issues impacting on tourism and hospitality businesses in the Pittwater and Warringah areas. Local operators, tourism trainers and interested parties are invited to discuss workforce issues such as employment gaps and upskilling needs and help identify potential solutions.

The workshops will provide participants with a guide to accessing workforce planning solutions, potential visa programs and the potential to engage mature aged and indigenous workers.

Workshops are being held in the following locations in the area:

Pittwater Council: Coastal Environment Centre Narrabeen Lake Monday, 9 September 2013, 9.30am to 12pm

Warringah Council: Council Chambers Warringah Council 725 Pittwater Rd Dee Why Monday, 9 September 2013, 2pm to 4.30pm

Please RSVP to admin@thestaffordgroup.com.au or phone Mandy on 9331 6222.

HISTORY IN PICTURES @ THE LIBRARY

Mona Vale Library is celebrating History Week with two pictorial events between 7 and 15 September. This year's History Week theme will bring the past into view through the frame of images. There will be a presentation on digitising images to preserve them for the future, plus an exhibition of historical images called Who Am I, which the library is seeking more information from the public on.

Library Manager Cathy Howie said the exhibition features a number of images that the library has little or no information about.

"We're asking local residents to pop into the library help us identify some of the people or the time frame the photos were taken," she said. "The exhibition will run **until Monday 30 September** and will be open during library operating hours," she added.

A short free presentation on preserving images for future generations will be on **Wednesday 11 September from 6.30pm**. Ms Howie said the presentation would cover topics on storing, displaying and digitising photographs. She said Mona Vale Library had an extensive local studies area that often assisted students and researchers with many aspects of local history.

"Preserving these images for the future is a really important part of our work."

NEW SWIMMING POOLS INSPECTION PROGRAM

A new swimming pools inspection program for backyard pools in Pittwater will go on public exhibition for comment this month. The inspection program is designed to raise swimming pool safety awareness measures for identifying non-compliant swimming pools and, ensuring upgrade works.

Pittwater Council's Environmental Compliance Manager, Jeff Lofts said the program is a proactive measure that will ensure continuing improvement in the level of safety for young children.

"Through this program Council is working in tandem with the New South Wales Government's recent regulation changes to the Swimming Pools Act 1992.

"The amendments to the Act have been designed to actively contribute to a reduction in drowning or near drownings in private backyard swimming pools and spas," added Mr Lofts.

Mayor Jacqui Townsend urged owners to comply with the new legislation and register their pools on the swimming pool register operated by the NSW Department of Local Government.

"Owners are able to register at www.swimmingpoolregister.nsw.gov.au.

"There are over 5500 backyard pools in Pittwater, all of which will need to comply with the new legislation requiring pools and spas **to be registered by 29 October**," she said.

As a deterrent from continual non-compliance, owners who fail to comply with the new laws may face on-the-spot fines of up to $550. Penalty fees collected through this process are directed towards the funding of the swimming pools inspection program.

Mayor Townsend said the Council had already introduced a community education program which is centred on major local events to draw residents' attention to the new laws.

Pittwater's Draft Swimming Pools Inspection Program is on exhibition for public comment until Friday 6 September and can be viewed online: www.pittwater.nsw.gov.au/exhibition and at Council offices and libraries at Mona Vale and Avalon.

COASTAL AMBASSADORS PROGRAM VISITS CENTRAL COAST

Pittwater Council's award-winning Coastal Ambassador program is being extended this year to other NSW coastal regions thanks to support from the NSW Environmental Trust.

Surf club members at Copacabana on the Central Coast will get a taste of the program on **Saturday 21 September at Copacabana Surf Life Saving Club.**

Pittwater Mayor Jacqui Townsend said the Coastal Ambassadors program was started by the Council's Coastal Environment Centre in 2005.

"Every year since then, the program has trained volunteers from surf clubs and other community groups to become 'ambassadors' for the local marine environment," she said.

Event coordinator Sonja Elwood said we are inviting surf club members in the Central Coast area to come and learn more about their coastal environment.

"The session at Copacabana will offer a snapshot of the more extended Pittwater's Coastal Ambassadors program which normally runs over a six week period," said Ms Elwood.

The event at Copacabana will run from 2pm to 4.30pm and will include a seminar that discusses the impact of erosion, storm surge, pollution and sea level rise on our Australian coastline.

Participants will also get to visit the local rock platform and investigate the amazing diversity of life that lives between the land and the sea!

Ms Elwood said the session which is taking place at Copacabana SLSC at Del Monte Place, Copacabana is suitable for all family members connected to local surf clubs in the Central Coast area.

"Participants are encouraged to wear sturdy walking shoes and to bring a camera on the day."

"Our hope is that participants will feel motivated to share the conservation message with other members of their club and the wider beach-going community."

"We also hope that some of the participants will feel inspired to join **our Coastal Ambassadors Program at the Coastal Environment Centre in Pittwater that commences in October.**

Bookings and enquiries for the Copacabana event can be made by calling Sonja on 9970 1308 or emailing sonja_elwood@pittwater.nsw.gov.au

SEEKING STALLHOLDERS FOR DOG DAY BY THE BAY

Pittwater Council will host the annual Dog Day by the Bay at Rowland Reserve Bayview on **Sunday 22 September** and is looking for stall-holders and sponsors for the event. Organiser Emma Mackay from the Council said it was a great opportunity for providers of dog related products and services to showcase their business.

"The event, now in its 13th year, attracts over 2000 families and their dogs who enjoy a mix of fun competitions, demonstrations and talks on interesting topics relevant to dog owners.

"We're pleased to have TV vet Dr Katrina Warren, back again this year. Dr Warren has become a household name for promoting responsible pet ownership and animal welfare," added Ms Mackay.

Other highlights include the return of popular MCs Brian and Kaye from Essential Pet, and the Flipbooks photo booth where owners and dogs can have their pictures collated into a mini cartoon!

Ms Mackay said Dog Day by the Bay was an opportunity for dogs to learn obedience techniques and other skills, as well as compete in fun competitions such as the ever popular doggy dash.

Opportunities for Platinum or product sponsorship are still available, full details are available **HERE**. Organisations donating prizes at $100 or over will receive a free full page advert in the event guide.

Dog Day by the Bay runs from 10am to 3pm and activities include agility demonstrations, education talks, children's activities in the kids' corner and competitions to enter including the Canine Fancy Dress Parade and the kids under 12's Scoop - a - Poop race.

A variety of food and drink stalls will also be at the event and proceeds raised will be donated to local branch of the Animal Welfare League. Entry and parking are free.

The popular "Pittwater Dog of the Year" photo competition is also on again. Entries are now open, in two categories: Pittwater Dog of the Year and Look-a-Like with winners being announced on the day.

For more information about becoming a stall holder or sponsor of Dog Day by the Bay contact Pittwater Council's environmental education team on 9970 1194.

For more information visit www.pittwater.nsw.gov.au/dogday

The NSW Government Gazette

The New South Wales Government Gazette is the official channel for the circulation of Proclamations, Regulations, Government Notices, Private Legal Advertisements andther matters required to be published in the Government Gazette under the Statutes of New South Wales Government.

The NSW Government Gazette contains:

New South Wales Legislation, Notices (public and official announcements), and Official Government Notices from the New South Wales Government and Local Government Agencies, Cities and Shires. The NSW Government Gazette is available online on the **N.S.W. Government website** **from 2pm each Friday.**

LEGO AT THE LIBRARY

Local children will have the chance to join a club specialising in one of the most enduring playthings of childhood. Mona Vale Library has started a Lego club on the first Sunday of each month from 2pm to 4pm. **Next is October 6th, 2013.**

The club is open to children aged between seven and twelve years of age, with younger children welcome with parental supervision. If you are interested in attending a Lego at the Library session contact the library on 9970 1622 or book in person at the library, 1 Park Street, Mona Vale.

Aboriginal Support Group Manly Warringah Pittwater
asgmwp.net

Click on logo above to visit their website.

Energy Chief Calls for Greater Policy Certainty

Australia's ongoing economic prosperity is reliant on development of its energy resources and a stable, informed policy environment is needed if to maximise future opportunities in the resource sector, the CEO of leading Australian energy company Origin Energy told an audience at the Sydney Law School last week.

"We see situations where policy responses to issues - well intentioned as they may be - are quite destructive and quite negative," Grant King told attendees at the 2013 Kevin McCann Lecture on Energy and Resources Law last week.

"If we want to grow the economy we have to play to our strengths, and our strengths are the development of resources."

On the heels of the federal election, King told attendees that the lack of certainty around energy policy has hampered the energy industry as it seeks to increase its investment in gas and renewable energy sources. In particular he highlighted the continual tinkering with the Renewable Energy Target (RET) and carbon pricing schemes - which underpinned the previous government's energy policies - as creating an unstable investment environment.

"In their original policy and formulation they had many virtues. But in their implementation they were not causing the outcomes people were seeking. In fact, they were causing quite contrary and, arguably, damaging outcomes in respect of the economy."

Download the podcast of the 2013 Kevin McCann Lecture on Energy and Resources.

TOYOTA RAV4 UP FOR GRABS IN THE BE THE INFLUENCE AUSTRALIAN BOARDRIDERS BATTLE MONSTER RAFFLE

Running in conjunction with the Be the Influence Australian Boardriders Battle is a Monster Raffle with one lucky ticket holder to drive away in a Toyota RAV4 valued at up to $55,000.

COOLANGATTA/QLD (12th Sept, 2013): Australia's boardriders club community will be the big winners from a Monster Raffle being run in conjunction with the Be the Influence Australian Boardriders Battle.

The Be the Influence Australian Boardriders Battle is the biggest grassroots, boardriders event series in Australian surfing history with more than $100,000 in prize money and starts on October 12.

It will involve more than 100 of Australia's best boardriding clubs in seven State qualifying rounds and culminate in a two-day, National Final for 16 clubs on the Australia Day Long Weekend on 25-26 January, 2014 at Cronulla in Sydney.

In total, $105,000 is up for grabs across the entire National Series including the National Final. There is $30,000 available across the seven State qualifying events, while $75,000 will be split between the 16 clubs that make the National Final.

Running in conjunction with the National Series is a Monster Raffle with one lucky ticket holder to drive away in a Toyota RAV4 valued at up to $55,000. Other prizes include a Billabong pack valued at more than $1500 and a Nikon camera valued at up to $1000.

"Toyota Australia is proud to be associated with the Be the Influence Australian Boardriders Battle and would like to wish all the clubs the best of luck in their respective events," said Toyota Australia's Divisional Manager - National Marketing Brad Cramb.

Surfing Australia Chief Executive Officer Andrew Stark said the Monster Raffle is a Surfing Australia initiative designed to raise $250,000 for community boardriders clubs Australia wide.

"We want to build capacity in clubs and this monster raffle initiative will ensure that every Surfing Australia affiliated club in Australia will have the opportunity to raise valuable funds for their club," he said.

"Only 16 clubs will make the national final of the Be the Influence Australian Boardriders Battle however the Monster Raffle will touch every club in the country that chooses to take advantage of the program. We are very pleased to provide this valuable fund raising opportunity to clubs."

Tickets are $5.00 each (open to public) with proceeds going back to the grassroots Australian boardriders clubs of your choice.

All Surfing Australia affiliated boardriders clubs can register to be a part of the Monster Raffle (whether they are participating in the Be the Influence Australian Boardriders Battle or not).

For more information on the Be the Influence Australian Boardriders Battle and to buy tickets in the Monster Raffle visit www.australianboardridersbattle.com.

The Be the Influence Australian Boardriders Battle is proudly supported by *Be the Influence – Tackling Binge Drinking*, Billabong, Toyota, Nikon, Destination NSW, Surfing Australia, the Association of Surfing Professionals and Sutherland Shire Council.

The Be The Influence Australian Boardriders Battle Schedule:

EVENT 1: South Australia, October 12, 2013, Victor Harbor

EVENT 2: New South Wales, Northern Region, October 26-27, 2013, Forster

EVENT 3: Queensland, November 2-3, 2013, Gold Coast

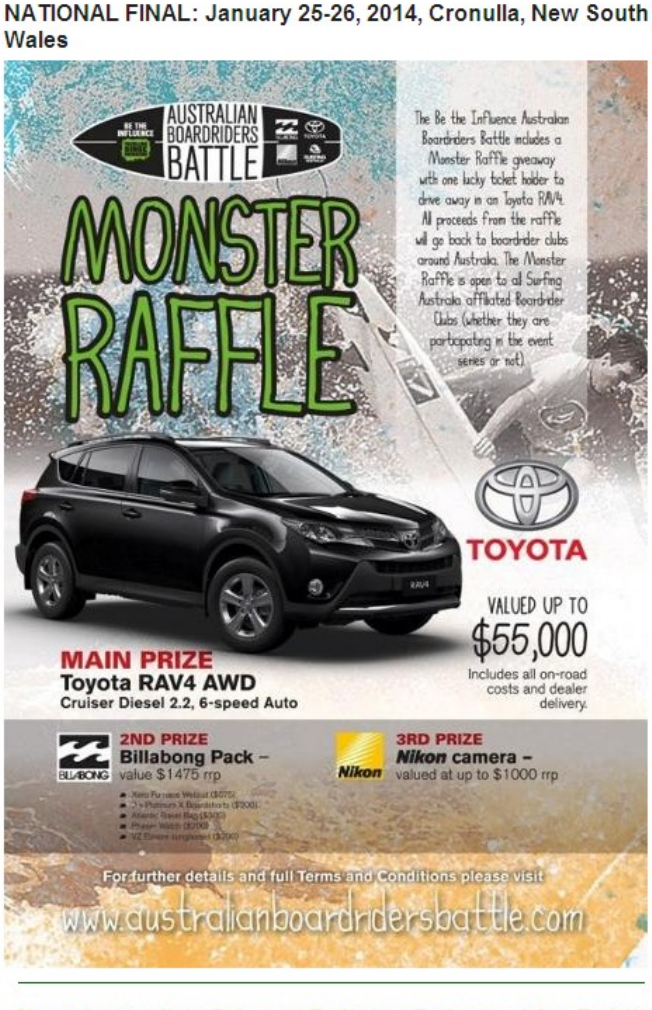
EVENT 4: Western Australia, November 16 or 17, 2013, (conditions depending), Trigg Point, Perth

EVENT 5: Victoria, December 14, 2013, Phillip Island

EVENT 6: Tasmania, December 21, 2013, East Coast

EVENT 7: New South Wales, Southern Region, January 11-12, 2014, Wollongong

NATIONAL FINAL: January 25-26, 2014, Cronulla, New South Wales


BE THE INFLUENCE AUSTRALIAN BOARDRIDERS BATTLE
MONSTER RAFFLE
The Be the Influence Australian Boardriders Battle includes a Monster Raffle giveaway with one lucky ticket holder to drive away in an Toyota RAV4 All proceeds from the raffle will go back to boardrider clubs around Australia. The Monster Raffle is open to all Surfing Australia affiliated Boardrider Clubs (whether they are participating in the event series or not).
TOYOTA
VALUED UP TO $55,000
Includes all on-road costs and dealer delivery.
MAIN PRIZE
Toyota RAV4 AWD
Cruiser Diesel 2.2, 6-speed Auto
2ND PRIZE
Billabong Pack – value $1475 rrp
3RD PRIZE
Nikon camera – valued at up to $1000 rrp
For further details and full Terms and Conditions please visit
www.australianboardridersbattle.com

New Australian Privacy Policies Released for Public Consultation

The Privacy Amendment (Enhancing Privacy Protection) Act 2012 (Privacy Amendment Act) was passed with amendments on 29 November 2012. It introduces many significant changes, although they will not happen until March 2014.

http://www.oaic.gov.au/privacy/privacy-act/privacy-law-reform

Australian and Norfolk Island government agencies and businesses should start preparing now and individuals should also be aware that from December 2012 if

they fail to make loan or credit card payments on time, it may affect their ability to obtain credit in the future.

On Friday, 23 August 2013, the Australian Information Commissioner and the Australian Privacy Commissioner, released draft Australian Privacy Principle (APP)

Guidelines for public consultation.

"These Guidelines will play an important role in helping Australian Government agencies and private sector organisations understand and comply with their new obligations. The new privacy laws will affect every Australian so it's important that the Guidelines are practical, accessible and that we get the balance right," Professor McMillan said.

The draft Guidelines will be released in stages. The first stage gives guidance about new requirements for agencies and organisations about how they manage personal information, including the requirement to have a clearly expressed and up-to-date privacy policy.

The new laws will give people a better understanding of how their personal information will be handled so that they can make an informed decision about interacting with the bodies covered by the Privacy Act.

The remainder of the draft Guidelines will be released over the next month. Finalised Guidelines will be published before the end of the year. **The consultation is open until close of business Tuesday 20 September 2013**. Please send submissions to consultation@oaic.gov.au

THE SUMBA FOUNDATION AUSTRALIA

Avalon Beach Historical Society 30th Anniversary and 2013 Exhibition

On this October long weekend **(5th to 7th)** the Avalon Beach Historical Society will be celebrating its 30th Anniversary with a mammoth '8th Great Historic Photographic Exhibition'. For the first time and on such a grand occasion, it will be held in the main hall of the Avalon Recreation Centre at 59a Old Barrenjoey Road, where we will have the space to exhibit over 700 photographs. That number of photos will cover around 55 different topics, aspects and many eras of our local history and it will certainly rank alongside the best photo exhibitions of local history seen in the Manly-Warringah area.

Of course there will be the all-time favourites such as 'Koalas', 'Clareville Torpedo Base', 'Women & Avalon Beach', 'The Hole in the Wall', 'Avalon Squash Courts' and 'St Michael's Cave' etc. but we have added some new panels of interest, such as 'Love in Avalon Beach', the 'Mudlarks of McCarr's Creek Reserve', 'Shark!', 'The Big Tree', The 'Rock Lily', 'Surfboats', "Westcott" and the Sanders Family' and a couple of photos of 'Night Golf at Avalon Golf Links in 1938' etc.

We will also have on display some of our fabulous historic panoramic photos, some originals by EB Studios from the early 1920s.

Besides the 'still' photographs there will be a screen set up to continually show many short 'movie' segments collected and compiled over the years, relating to our area. Besides the popular 'Bandstand and the Stomp on Avalon Beach' in 1965, there will also be 'A Day in the Life of Avalon School' shot in the 1950s by the ABC.

You will also be able to see the beach and the 'Avaputt' mini golf course in action during 1930 from a film shot by the 'father of Avalon Beach' - A.J. Small. We also have a great short film called 'Cave Folk' showing a folk concert shot in St Michael's Cave in 1964.

'Ghost Ships' will show the search conducted off Palm Beach for survivors of the 'Birchgrove Park' in 1956 and some recent excellent colour footage shot by diver/photographer Max Gleeson of the wreck 3 kms off Avalon Beach.

We will also have on sale our 30th Anniversary Calendar for 2014. Like our last calendar in 2009, the photos are printed so that they could be framed if you wish or send one overseas. Besides the calendar there will be photographs for sale, historic, panoramic bookmarks and copies of Jervis Sparks 2nd book "The Red Light of Palm Beach" with almost 65% off the original retail price.

Admission will still only be $3 for adults and children free, no change over the last 15 years!!

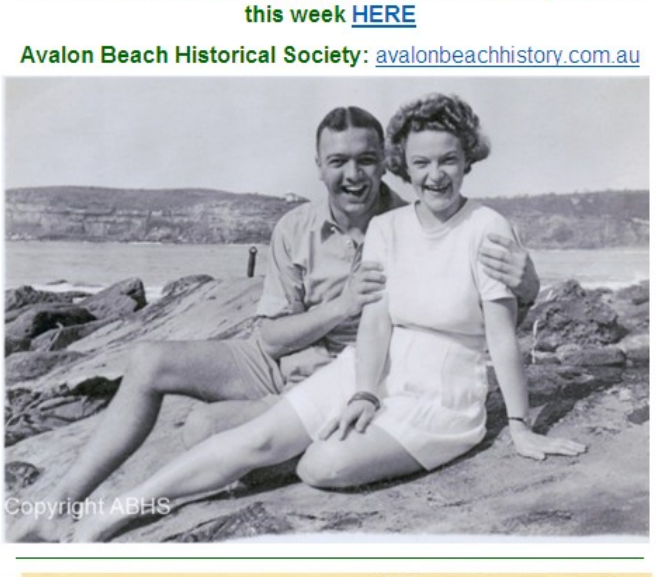
There will be a 1947 Dennis Fire Engine with outfitted enthusiasts (including brass helmets) publicising the exhibition on Saturday morning around the streets, eventually parking on Dunbar Park to allow children access. It will be accompanied by 2 early 1920s T-model Fords.

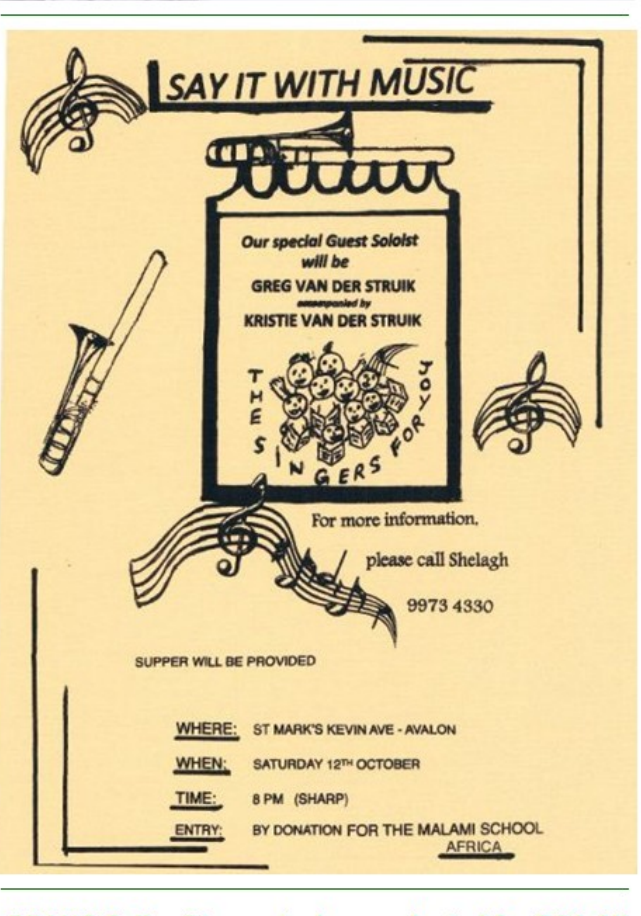
Below is one of the new panels is called "Love in Avalon Beach" and this is Geoff Searl's Mum and Dad on their honeymoon at Avalon Beach in 1944. They are out on the rockshelf at North Av. near the stone lady (the remains of the hole in the wall).

From Avalon Beach Historical Society

See More Photos from this Great Historical Society Shared this week HERE

Avalon Beach Historical Society: avalonbeachhistory.com.au





Our special Guest Soloist will be GREG VAN DER STRUIK accompanied by KRISTIE VAN DER STRUIK

For more information, please call Shelagh 9973 4330

SUPPER WILL BE PROVIDED

WHERE: ST MARK'S KEVIN AVE - AVALON
WHEN: SATURDAY 12TH OCTOBER
TIME: 8 PM (SHARP)
ENTRY: BY DONATION FOR THE MALAMI SCHOOL AFRICA

RPAYC Sailor Stacey Jackson selected for SCA All Women Sailing Team in Volvo Ocean Race in 2014-2015 – from Volvo Ocean Race

SCA has confirmed that Stacey Jackson (AUS) and Abby Ehler (GBR) have joined their all-female Team SCA crew for the Volvo Ocean Race 2014-15. Stacey and Abby will be joining the five selected crew announced earlier this year, which includes Carolijn Brouwer (NED), Sophie Ciszek (AUS), Sam Davies (GBR), Annie Lush (GBR) and Liz Wardley (AUS).

For Stacey Jackson, one of Australia's few female boat captains, the call to join Team SCA comes a few months after she was one part of the first selection trials for the all-women's team.

"*I joined Team SCA for the initial delivery sail of the VO70 training boat to Lanzarote, Spain. It was a really interesting experience and gave me a taste of the potential for the team. We were a group of girls from different disciplines and nationalities, so much of the first week was just getting to know everyone. But it was a really great session and I am thrilled to be asked to join the team as a confirmed crew,*" she comments.

Selected crew are:

Carolijn Brouwer (NED), Sophie Cizcek (AUS), Sam Davies (GBR) Annie Lush (GBR), Liz Wardley (AUS), Stacey Jackson (AUS), Abby Ehler (GBR)

Aged 30, Stacey Jackson is one of Australia's leading female match racers and boat captains and she was part of the first selection trial for the all-women's team back in February.

"It was a really interesting experience and gave me a taste of the potential for the team. It was a really great session and I am thrilled to be asked to join the team as a confirmed crew." Stacey says.

With seven sailors now confirmed, there are still four spots to be filled, as well as the role of Onboard Reporter. All-female teams will race with 11 sailors plus 1 embedded OBR while the standard crew size will be 8 plus 1 embedded OBR.

Team SCA currently have four sailors taking part in the selection programme and, once the sea trials are completed in the UK, they will join the confirmed crew in sailing the race boat back to the team's base at Puerto Calero in Lanzarote.

The team, backed by global hygiene and forest products company SCA, will take delivery of their Volvo Ocean 65 race boat later this month.

The Volvo Ocean Race is the world's pre-eminent round-the-world yacht race and one of the most coveted prizes in the sport. The Race is owned by Volvo Cars and Volvo Group and managed by a dedicated team working from state-of-the-art headquarters in Alicante, Spain.

The event, which began life as the Whitbread Round the World Race in 1973, moved from its home in England to the Valencia region in 2010 and is preparing for its 12th edition in 2014-15 and the 13th in 2017-18.

Interest in the Race has never been higher after an 11th edition that proved the closest in history.

Across four oceans and five continents, the six teams that contested the 2011-12 race around the world experienced scorching days and freezing nights in impossibly cramped conditions on board. Over 39,270 nautical miles (45,000 miles or 72,000 kilometres) and over eight months of competition, the sailors took on a challenge of breathtaking scope, hitting maximum speeds of 42 knots (77.8 kph) and being faced with waves as high as 16 metres.

The route for the 2014-15 edition of the race is currently being announced port by port after a selection process involving over 80 potential Host Cities.

SCA is a leading global hygiene and forest products company that develops and produces sustainable personal care, tissue and forest products. Photo by Rick Tomlinson/Team SCA

Wearing of Lifejackets by Rock Fishers

Discussion Paper

A significant number of people drown every year in and around our coastal environment. This has necessitated significant rescue attempts, often utilising volunteers in treacherous conditions. Anglers also drown while rock fishing in NSW.

Among other initiatives, the NSW Government is responding to this level of drowning rates for rock fishers through this discussion paper. A range of actions to address other areas of concern are being progressed under the direction of the Water Safety Advisory Council.

The discussion paper does not deal with the wearing of lifejackets while boating or fishing from a vessel, or while undertaking other recreational water activities.

The issues for consideration are questions that were aired during the development of the paper by the Ministry for Police and Emergency Services. They are included solely to prompt discussion and not every 'question' needs to be answered in a submission.

Submissions may include a general comment or may answer a number of specific questions posed. Certain questions in the online submission are mandatory to provide a minimum of information on which to consider outcomes, however do not indicate a particular preference and may be answered with a no comment.

The questions raised in this paper are intended to stimulate discussion and are not indicative of a proposed course of action. They do not reflect the formal views of the NSW Government.

The last date for submissions is 30 September 2013

See Paper and do survey at: HERE

INTERNATIONAL FLEET REVIEW
SYDNEY · AUSTRALIA · 3 – 11 OCTOBER 2013
A CENTENARY OF PRIDE 1913-2013
WWW.NAVY.GOV.AU/IFR

International Fleet Review 2013 - Updates

Headlands on both sides of the harbour from North & South Head to Balls Head Reserve west of the Sydney Harbour Bridge will have views of the tall ship and warship activities on key IFR dates of 3, 4 and 5 October. Please refer to the maps for each date on the IFR website to determine which headland best suits your requirements.

The biggest day will be Saturday 5 October, when there will be a range of entertainment and activities on and around Sydney Harbour from 11am until the Fireworks and Lightshow Spectacular starting at 7.40pm. The Fireworks and Lightshow Spectacular will also be televised live on ABC Television from 7.40pm.

There are a number of public vantage points from which to see the tall ships, warships, aerial displays and formation flypast, and the fireworks. Key vantage points include Dawes Point, Bradfield Park, Mrs Macquaries Chair and Circular Quay.

All these sites will be very popular and will fill up quickly so plan to get there early and have an alternative location in case the site is full.

The interactive map provides detailed information about the facilities and services available at all public vantage points. If these sites reach capacity on the Saturday 5 October this map will show the site as closed. We strongly encourage you to check your chosen vantage point before leaving home.

Please note, **there will be significant road closures in place for all the IFR events, particularly on Saturday 5 October** so leave the car at home and plan your trip into the city or vantage points on public transport. There will also be limited ferry services and extended exclusion zones for boats on the harbour. For information about these restrictions, and extra bus and train services to get you into the city and home again afterwards, go to fleetreviewtransport.info.

The other aspect to remember is that Daylight Saving begins in NSW Sunday, 6 Oct 2013 - you need to bear this in mind for October 6th Events you wish to attend.

Day Sails onboard HMB Endeavour

Get in quick to secure your place onboard the magnificent replica HMB Endeavour for a harbour sail during the IFR. You can enjoy great food, entertainment and fun for the whole family, and the best vantage points to take in all the IFR activities on the water.

The NSW National Parks and Wildlife Service is selling tickets to three premier vantage points in the harbour so you can enjoy the naval activities taking place throughout the day, soak up the atmosphere of the Ceremonial Review and be 'wowed' by the evening Spectacular. Receive a 15% discount off the ticket price for 5 October by entering promotional code "NPWSIFR" at the time of ticket purchase. Tickets are limited so book early.

International Fleet Review Warship Open Days - 6-7 October 2013

Tickets Please

With the world's biggest Navies visiting for the IFR, not to mention all the beautiful tall ships, you're sure to want to get on board a few and check them out. **Tickets go on sale Monday 9 Sept through Ticketek for $3** (plus Ticketek handling fee). Until then, start planning your open day visits by having a look at the participating ships.

Be a part of the International Fleet Review celebrations! Step on board warships from Australia and the world, and see what life is like for a sailor in today's modern navies. View helicopters, weapon systems, and the bridge of some of the most advanced warships in the world - you may even get the chance to sit in the Captain's chair!

Warships from Russia, China, several South East Asian nations and Australia will be open at Garden Island, with ships from Japan, the United Kingdom, United States of America, and Australia at Barangaroo. Be entertained by the Australian, New Zealand and Royal Marine bands, and witness demonstrations in the Navy dive tank, or try your hand at the firefighting and physical training displays, plus loads more. Tickets are limited and will sell out.

For more information visit www.navy.gov.au/ifr

Tickets for ship's open days are going quick, with over 20% sold already! Get in quick so you don't miss out. http://bit.ly/17vWspf

Your Free IFR App

We are excited to announce the launch of the Royal Australian Navy International Fleet Review 2013 app. It's the perfect way to be 'in the know' for all the IFR information and events. You can use it to check out the best harbour vantage points for the IFR fireworks and lightshow spectacular and find all the information you need for the many exciting activities happening during the IFR, such as the fleet entry and ceremonial fleet review. You can also read up on all the participating Australian and international warships, tall ships, military and historic aircraft and military bands. Plus there is heaps of general info such as the history behind the IFR and how to make finding your way around Sydney as hassle free as possible.

Wingala Lapidary Club re-opened

After several weeks closed for major maintenance, Wingala Lapidary Arts and Crafts Council has reopened and members have resumed turning precious, semi-precious and common gems and stones into their own jewellery creations.

While the club was closed, repair work was undertaken by members on the flooring and workbenches. The lapidary machinery was also refurbished.

The only lapidary club on the northern beaches, Wingala is located in Harbord Park, off Wyadra Avenue, near the intersection with Oliver Street, Freshwater.

The club is open Mondays and Wednesdays from 9:30 AM to 3:30 PM and on the first and third Tuesday evening each month from 7:30 PM to 9:30 PM. New members are always welcome.

For further information, phone Ian Lee, President, on 9918 2900.

Funding To Help Can Graffiti At Berry Reserve - 16 August 2013

NSW Attorney General Greg Smith SC and Member for Pittwater Rob Stokes today announced the NSW Government has awarded Warringah Council $131,000 to revitalise the Community Recreation Precinct at Berry Reserve in Narrabeen and make it more resistant to graffiti.

Mr Smith said the planned improvements to the precinct were designed to increase legitimate use of the area's facilities and deter vandals.

"The installation of outdoor fitness equipment and new seating will attract more visitors to the community precinct, which will increase 'natural surveillance' in the area and make it harder for vandals to avoid being seen," Mr Smith said.

Mr Stokes said clever landscaping and art installations would provide further protection to commonly vandalised sections of the precinct.

"Unfortunately this area is regularly targeted by graffiti vandals and it's tarnished what can be a great community precinct," Rob Stokes said. "This funding will enable Council to create a more vibrant atmosphere by installing coloured paving and covering graffiti-damaged walls, including those at the basketball court, with 'non-aerosol' art."

"Trees or shrubs will be planted along the blank walls to minimise access to surfaces that could be used for graffiti. Security mesh will also be installed to limit access to the roof of the precinct's toilet block, which is frequently damaged by vandals.

The NSW Government has awarded more than $2.3 million to local councils over the past three years as part of its Graffiti Hotspot Program.

The Government is also teaming up with Rotary Down Under to conduct Graffiti Removal Day, which will give community members an opportunity to clean up their area. **Graffiti Removal Day will be held on Sunday, October 20 between 10am and 4pm.**

"Cleaning up graffiti costs our local Councils ridiculous amounts of money every year which could be better spent on improved community services. I encourage all local sporting clubs, businesses and community organisations to sign up for this event and demonstrate what people power can achieve in the fight against graffiti," Mr Stokes said.

People can volunteer or nominate a clean-up site for Graffiti Removal Day by completing an online registration form at www.graffitiremovalday.org.au . Volunteers will be provided with training, graffiti removal equipment and protective gear on the day. Anyone can report graffiti by contacting the Graffiti Hotline on 1800 707 125.

Funding On Offer For Local Surf Clubs - Tuesday, 27 August 2013

Member for Pittwater Rob Stokes today said it would be fantastic to see Pittwater's recent success under the NSW Government's Surf Club Facility Development Program continue this year.

Applications are now open for the annual $2 million grant program which offers funding up to $350,000 to assist with the development, expansion and improvement of surf life saving clubs in NSW.

Pittwater's surf clubs had great success with this program last year when they received over $478,000 from the $2 million on offer. This included the State's biggest grant of $320,000 to assist with the renovation of Avalon Beach Surf Life Saving Club.

"Surf clubs are an integral part of our community and provide invaluable benefits to local residents," Rob Stokes said today.

"This program aims to increase the availability, standard and quality of surf life saving facilities along our beaches and help ensure their increasing popularity is catered for.

"The recent success of our local surf clubs in attracting funds under this program shows just how important they are to our community and the wider Sydney region.

"This program is specifically designed to support key surf club projects which require a financial leg up to help get started.

"Further information on the grant program and details on how to apply is available by visiting the NSW Government's community grants website https://grants.communities.nsw.gov.au .

"Applications are now open and will be accepted until 5pm Monday 30 September.

"This is a great opportunity which I encourage all our local surf clubs to explore," Rob Stokes said.

CULTURAL EXCHANGE OPPORTUNITY

Pittwater Council is seeking to contact local marathon runners who would like to participate in the 2014 Senshu International City Marathon to be held in Tadaoka, Japan on 16 February 2014.

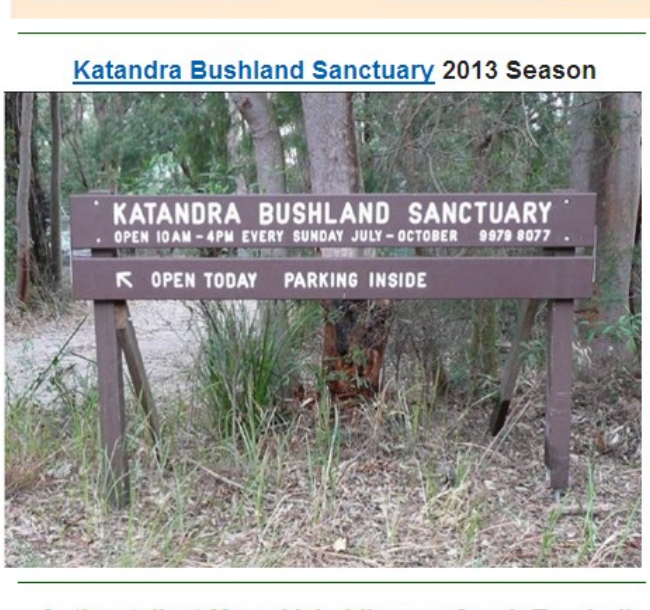
Tadaoka, the host city of the international marathon has a friendship agreement with Pittwater and has invited runners from the area to participate in this annual race.
The city of Tadaoka will pay for the return travel from Sydney to Osaka for the participants as well as accommodation costs in Japan. The period of stay in Japan will be from 13 to 18 February.

Preference will be given to Pittwater residents

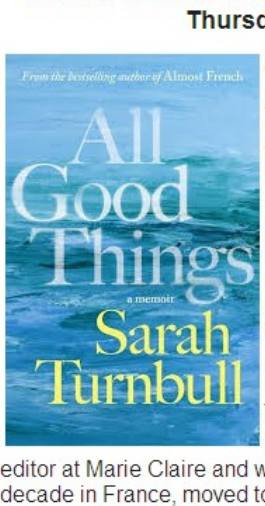
Enquiries: Catherine Buddin 9970 1605at Mona Vale Library or Catherine_buddin@pittwater.nsw.gov.au

MONA VALE LIBRARY | PITTWATER COUNCIL

Katandra Bushland Sanctuary 2013 Season


KATANDRA BUSHLAND SANCTUARY
OPEN 10AM – 4PM EVERY SUNDAY JULY – OCTOBER 9979 8077
OPEN TODAY PARKING INSIDE

Author talk at Mona Vale Library - Sarah Turnbull Thursday 19 September



All Good Things by Sarah Turnbull

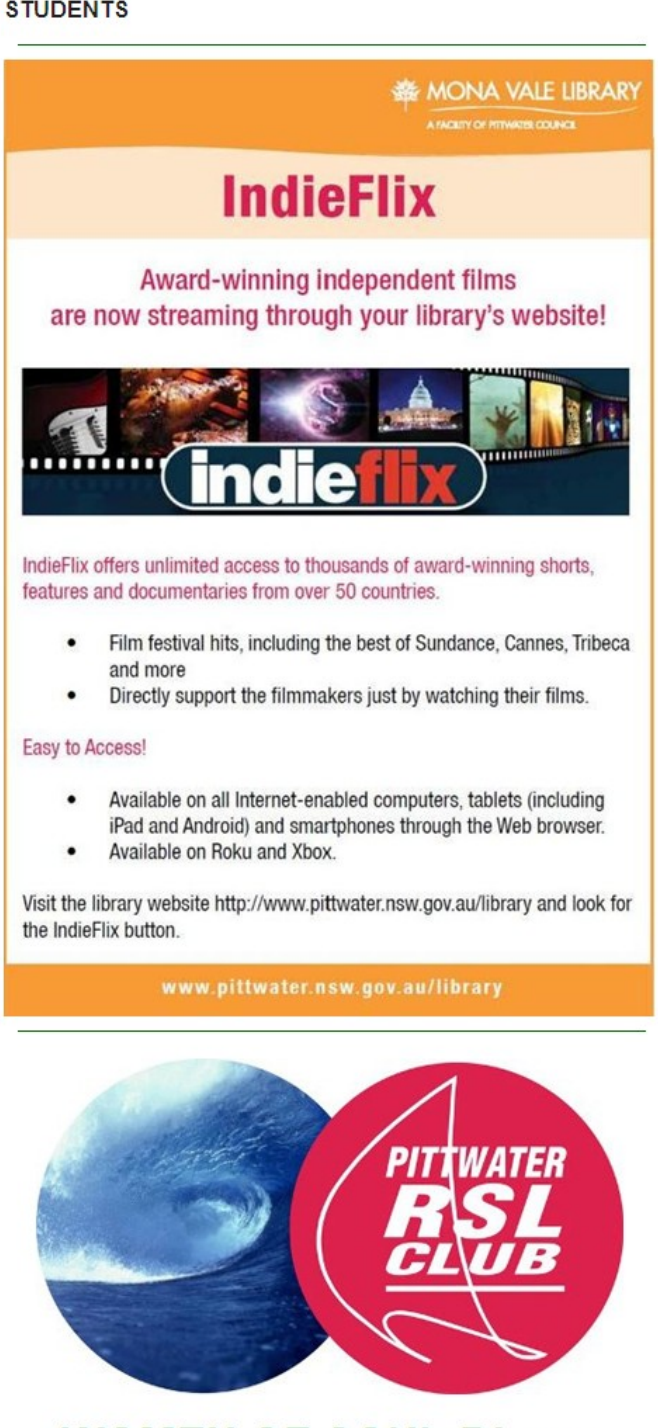
After sharing her story in her bestselling memoir, Almost French, this next book follows Sarah Turnbull and her French husband, Frederic and their West Highland Terrior's move to French Polynesia in 2003. Frederic is asked to open an office in Papeete, the administrative capital on Tahiti for his law firm and Sarah's has two aims for the next two years, a book and a baby.

Sarah Turnbull formerly a television journalist with SBS in Sydney, began working in print media after moving to France in 1994. She was a contributing editor at Marie Claire and wrote for several magazines and after a decade in France, moved to Tahiti for several years . She now lives on the northern beaches.

Time: 6.30pm at Mona Vale Library; 1 Park Street, Mona Vale.

Cost: $8 Adults, $6 Concession - Pensioners and Students (passes must be shown)

Bookings essential - tel. 9970 1600. **FREE FOR SCHOOL STUDENTS**


MONA VALE LIBRARY
A FACILITY OF PITTWATER COUNCIL
indieflix

IndieFlix

Award-winning independent films are now streaming through your library's website!

IndieFlix offers unlimited access to thousands of award-winning shorts, features and documentaries from over 50 countries.

- Film festival hits, including the best of Sundance, Cannes, Tribeca and more
- Directly support the filmmakers just by watching their films.

Easy to Access!

- Available on all Internet-enabled computers, tablets (including iPad and Android) and smartphones through the Web browser.
- Available on Roku and Xbox.

Visit the library website http://www.pittwater.nsw.gov.au/library and look for the IndieFlix button.

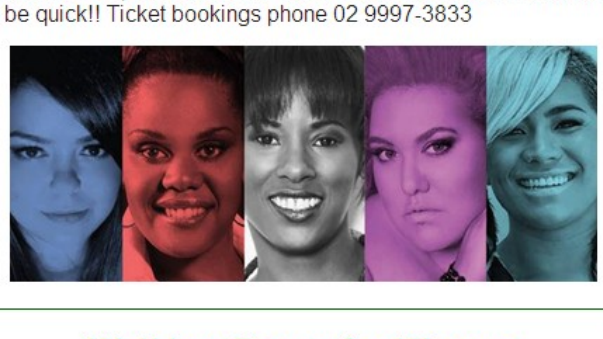
www.pittwater.nsw.gov.au/library

PITTWATER RSL CLUB

WOMEN OF SOUL Dinner Show on Saturday 12 October!!

A Tribute to Soul Divas 'Women of Soul' starring Mindy Kwanten & Evie J Willie is at the Club on Saturday 12th October.

This special performance features Deni Hines, Casey Donovan & Angel Tupai and will also include a special 2 Course Menu by Executive Chef, Paul Sanders. Tickets are $55 for this dinner show so be quick!! Ticket bookings phone 02 9997-3833

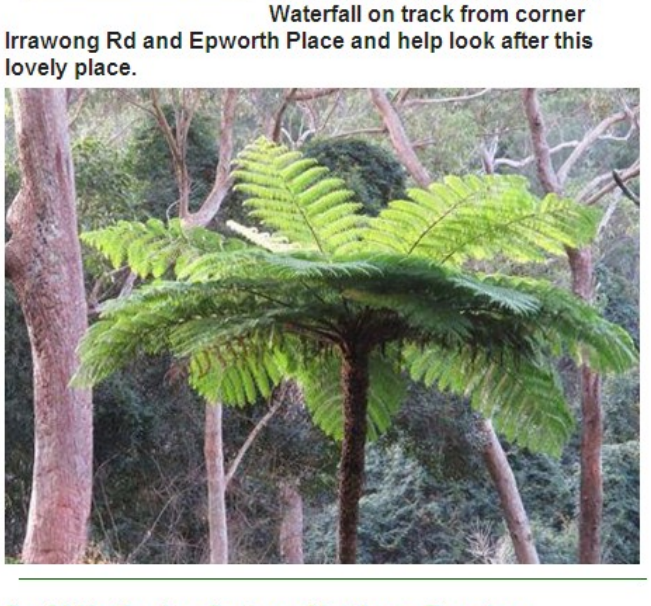


Walking Group for Women

Get healthier and meet new friends with a walking group **based in Narrabeen for women aged 50+.** Walks are around an hour and suitable for all fitness levels, with coffee and chat afterwards! For more info email jenniferhe@ransw.org.au

Pittwater Environmental Foundation

Saturday afternoon suits people better than Sunday for bushcare near the Irrawong Waterfall, so the next event will be on **September 21**. contact Helena Dewis, Pittwater Council Bushcare Officer if you can help: helena_dewis@pittwater.nsw.gov.au or 0408 164 235 Come to **Irrawong Waterfall on track from corner Irrawong Rd and Epworth Place and help look after this lovely place.**



Surf Life Saving Sydney Northern Beaches

Here's your chance to help raise funds for the Sydney Northern Beaches representative team to contest the NSW InterBranch Championships on the Central Coast later this year. Surf Life Saving SNB will be holding a golf fundraising day at Bayview Golf Club on **Friday, September 20**.

For individual players the cost is $100. And Hole sponsorship is $700 [includes four players]. It includes breakfast from 7am, lunch and green fees. There are prizes for the longest drive, closest to the pin, handicap winners and overall winners, plus auction and raffles.

This event is a major fundraiser to help send our team to the championships at North Entrance Beach on December 14-15. SNB are the current InterBranch champions.

Contact Jen for details: jen@surflifesaving.net.au

Register Now!
Steptember.org.au
STEPTEMBER

This year again we'll have a very strong team doing their utmost to represent Conductive Education. Let me introduce you to our 2013 Steptember team climbing a virtual mountain:

1. Carrie (Jackson's mum from Miss Rita's preschool)
2. Jodi (Coffee lady @ Cerebral Palsy Alliance)
3. Marian Robertson (Conductive Education volunteer)
4. ...and of course lil' me: Mr. Gabriel

This year again we are fundraising to support more Services & Equipment. We've set our initial target for $1000 but in reality only the sky is the limit!

There are 3 ways you can support Steptember:

1. Register your own team of 4 walkers at: www.steptember.org.au

2. Donate directly to our Conductive Education team at:

https://event.steptember.org.au/donate/onbehalfof?id=15675c6e-63c5-48a2-a591-2f2d29da9713

3. Forward this information to all family & friends in your contact list. ...or of course (just like I did) you can do all 3 above!

Thank you for your $upport! Keep on walking!

Captain Gabriel

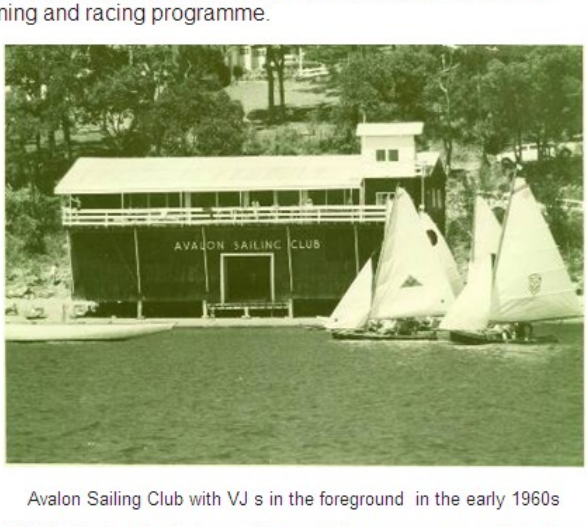
Gabriel Pinter | Senior Conductive Educator

Cerebral Palsy Alliance
187 Allambie Road, Allambie Heights, NSW 2100

CELEBRATING 75 YEARS 1938 - 2013

This year Avalon Sailing Club commemorates 75 years of proud history on Pittwater. All members past and present are invited to join celebrations over the first weekend in November 2013, as the Club hosts a series of events to recognise its growth from a handful of VJs sailing off Clareville Beach in the 1930s , to a current membership in excess of 300.

Gone are the old VJs, the Club now caters for craft from centreboards through to racing and cruising yachts, as well as running an extensive junior sailing training and racing programme.



Avalon Sailing Club with VJ s in the foreground in the early 1960s

The Club's history includes sailors who have gone on to win the America's Cup and collect medals at the Olympics. But there are also many more who have not strayed so far, happy to have learned the simple pleasure of filling sails with a breeze and to have shared this magical experience with others of similar mind, often forging lasting friendships that transcend a collection of boats and building.

While there have been many changes over the years, the heart of Avalon Sailing Club remains a community built on countless hours of volunteer time. The landmark clubhouse, erected in the 1950s, is a testament to time gladly given. And this will be the centre of 75th anniversary celebrations.

From Friday 1st November to Sunday 3rd November activities will include fun for younger members; a historical display (contributions needed); the taking of commemorative photos of office bearers past and present; a formal dinner; historic vessel sailing, as well as a regatta including all types of craft sailed at the Club.

Details of events will continue to be updated on the Club's website www.avalonsailingclub.com.au so people are encouraged to visit the site regularly to find out more as it gets closer to the time.

People can register their interest in attending and/or offering items for display. The following contacts are also the way to get any questions answered:

Email: 75th_ann@avalonsailingclub.com.au

Jan Trembath: 0412 234 565 or David Evans: 0438 224 926

MONA VALE HOSPITAL AUXILIARY STALLS FOR JUNE TO DECEMBER, 2013

Mona Vale Hospital Auxiliary.

Third Friday of every month: stall at Mona Vale Hospital foyer. 9am-3pm.

September

20th Mona Vale Hospital foyer, knitting, craft, baking, bric-a-brac, 9am – 3pm

October

5th Pittwater Place, Bric-a-brac, knitting, craft, books, 9am – 3pm
18th Mona Vale Hospital foyer, knitting, craft, baking, bric-a-brac, 9am – 3pm
19th Sausage Sizzle, Bunnings Narrabeen, 8am – 3pm

November

1st, Centro Warriewood, knitting and craft, 9am – 3pm
2nd Pittwater Place, Bric-a-brac, knitting, craft, books, 9am – 3pm
15th Mona Vale Hospital foyer, knitting, craft, baking, bric-a-brac, 9am – 3pm
16th Sausage Sizzle, Bunnings Narrabeen, 8am – 3pm

December

7th Pittwater Place, Bric-a-brac, knitting, craft, books, 9am – 3pm
14th Sausage Sizzle, Bunnings Narrabeen, 8am – 3pm
20th Mona Vale Hospital foyer, knitting, craft, baking, bric-a-brac, 9am – 3pm

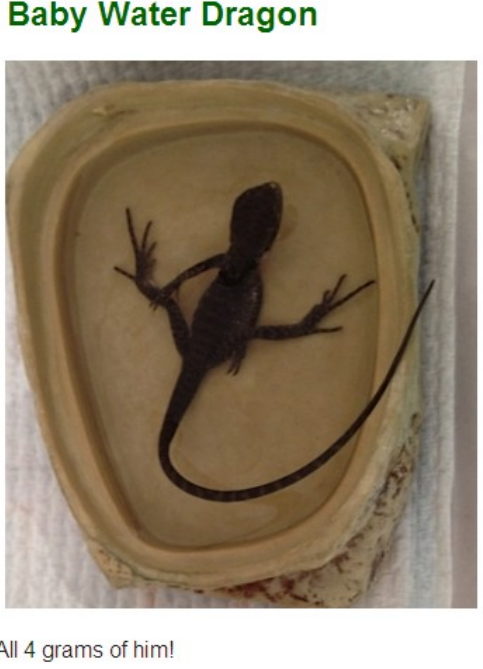
Pittwater Offshore Newsletter Update 15/9/2013: click on Logo. Also has an Extensive Local Directory.

Scotland Island - Western Shores - Mackerel Beach
Pittwater Offshore Newsletter

To contact Julian: editor@scotlandisland.org.au

Southern Cross Wildlife Care - Critter of the Month - September 2013

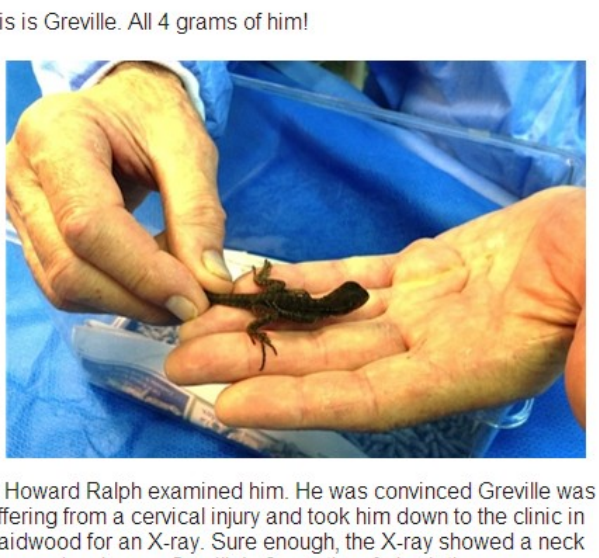
Baby Water Dragon



In January of this year, a baby water dragon was found in Chatswood running around awkwardly in someone's backyard. The home owner noticed he wasn't using his front legs correctly, picked him up and took him to a local vet.

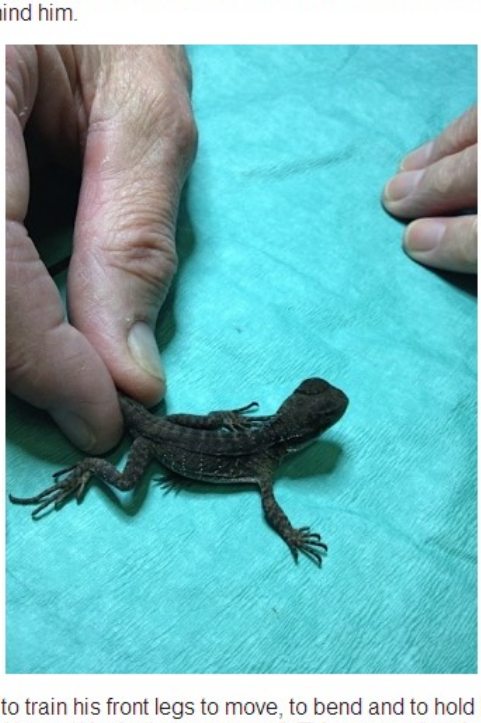
He was then passed on to us.

This is Greville. All 4 grams of him!



Dr Howard Ralph examined him. He was convinced Greville was suffering from a cervical injury and took him down to the clinic in Braidwood for an X-ray. Sure enough, the X-ray showed a neck injury and so began Greville's 8-months of physiotherapy...

You can see from this photograph that he was just folding his front legs behind him.



We had to train his front legs to move, to bend and to hold him upright. We used hydrotherapy as well. This was undertaken daily.

For company, Greville shared accommodation with a pair of baby Bearded Dragons. They became very good friends and all cuddled together on a log at bedtime. They also shared mealtimes: crickets, mealworms and veggies. Yum...

As the months went by, Greville began to get the feeling back into his tiny front legs and his muscles began to build up again. We were so pleased with his progress! Once or twice he managed to wriggle free and have a run...! Water dragons are quite tricky to catch...

After 8 months of daily treatment, Greville was ready to face the world again. We took him to a gorgeous area with an abundance of insects for mealtimes, lots of water and plenty of undergrowth in which to hide.

This photo shows him looking to his new and brighter future.

Good luck, little man!

Bushcare Notices - August 2013

Bushcare at Warriewood

The Warriewood bushcare group managed by Pittwater Council needs more volunteers on 4th Wednesday morning of the month – Can you help? Please contact Mary Johnsen at 9999 2020.

Sun September 15
Angophora Res 8:30-11:30am
Crescent Res 9-12pm
McCarrs Creek Res 9-12pm

Wed September 18
Warriewood Beach 8-11am

Thu September 19
Mona Vale Dunes 8:30-11:30am

Sat September 21
Toongari Res 9-12pm
Old Wharf Res 8-11am
Nth Palm Beach 9-12pm
Pathilda Res 9-12pm Irrawong Res 1-4pm

Sun September 22
Bungan Bch 8-11am
Winn Bay 9-12pm

Sat September 28
Pindari Res 8-11am
Nth Newport Beach 8:30-11:30am
Careel Creek 8:30-11:30am
Kywong Res 8:30-11:30am

For further information on bushcare and/or to check if your group is working this month, please contact our bushcare officer below. Bushcare is a great way to help your local bushland and make new friends! Helena Dewis 9970 1367

Pittwater Council's COOEE Newsletter September 2013

ANZAC Centenary 2015

Planning is already underway this historic event. The ANZAC Centenary will be commemorated in Pittwater on Sunday 19 April 2015 with a march from Boondah Reserve, Warriewood at 11am, finishing at Pittwater Rugby Park at 12.30pm for a commemorative service. All schools, community services and sporting groups are invited. Any organisation wishing to participate in the March or Ceremony should call Graham Sloper on 9918 2201.

Federal Government Media Releases this week:

Fewer Aussies being hospitalised for asthma (AIHW)

SNIPPET: Fewer asthma sufferers are ending up in hospital than a decade ago, according to a report released today by the Australian Institute of Health and Welfare (AIHW). Indigenous Australians were 2.1 times as likely to be hospitalised for asthma as other Australians. In total, there were 37,830 hospitalisations for asthma in Australia in 2010-11.

Berlin International Film Festival selector in Australia

SNIPPET: Funding for audience-engaging features of any genre. Success of Australian features, TV drama and documentaries on the international stage. 's was awarded Best Short Film in the same section.

ACCC grants interim authorisation to Clubs Australia | ACCC

SNIPPET: The Australian Competition and Consumer Commission has granted interim authorisation to enable Clubs Australia to negotiate on behalf of its member clubs with suppliers of Automatic Teller Machines (ATMs). Clubs Australia has applied for authorisation to collectively bargain with suppliers of a range of goods and services to registered clubs across Australia. The ACCC has sought submissions from interested parties on Clubs Australia's substantive application for authorisation.

ACCC institutes proceedings against APG for alleged false and misleading representations and unconscionable door to door sales conduct | ACCC

SNIPPET: The Australian Competition and Consumer Commission has filed proceedings in the Federal Court against Australian Power & Gas Company Ltd (APG) in relation to its door-to-door selling practices. The ACCC is alleging that APG, through the conduct of certain sales representatives acting on its behalf, made false or misleading representations while calling on consumers at their homes for the purpose of negotiating agreements for the supply of retail electricity and/or gas by APG. In March 2013, the ACCC instituted proceedings against EnergyAustralia Pty Ltd (formerly TRUenergy Pty Ltd) and four marketing and sales companies engaged by EnergyAustralia in relation to alleged false and misleading conduct during their door-to-door selling practices.

Fighting online child sexual abuse | ACMA

SNIPPET: The Australian Communications and Media Authority Hotline referred more than 4,700 images of abused children to law enforcement during National Child Protection Week last week, 1-7 September. 'Images depicting child sexual abuse are among the most abhorrent on the internet,' said ACMA cyber safety spokesman, Richard Bean. &copy 2013 The Australian Communications and Media Authority.

Atlas of Living Australia celebrates 40 million milestone | CSIRO

SNIPPET: CSIRO aims to establish and build relationships with members of the community. The Atlas of Living Australia has received Australian Government contribution of A$41.3 million, comprising A$8.5 million from the National Collaborative Research Infrastructure Strategy program, A$30 million from the Super Science Initiative and A$2.8 million from the Collaborative Research Infrastructure Scheme. Atlas of Living Australia.

New Season for Sailability Pittwater

Sailability NSW
Freedom on the water
PITTWATER

Sailability Pittwater is a volunteer organisation which provides sailing for people with a disability. Our main recreational sailing activities are at Rowland Reserve, Bayview, and we run competitive sailing for people with a disability out of RPAYC Newport.

We are currently looking for new volunteers for our Saturday morning program at Rowland Reserve and Tuesdays at RPA. Visit our website for more information at www.sailability.org/au/pittwater or call John on 99825656 / 0409391065

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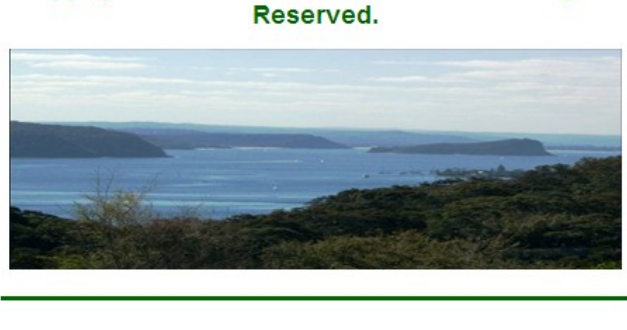

September 15 - 21, 2013: Issue 128

Brenda Allsop

Many of us look forward to retirement, or are enjoying one. These years are a time to put your feet up, play golf, do some form of community service and dote on grandchildren. Not too many of us decide that a lifetime of service can be followed up by beginning yet more service. Whenever we get to meet any of the wonderful quiet legends that fill our Profile pages it is a constant reminder of what a privilege it is to get to know such people exist, to hear a little of their stories and realise their energy and essence is calling many good angels in.

Brenda Allsop is clearly a humble and shy lady. It was difficult to get her to speak of herself but her whole form and voice becomes animated, vibrant, when she speaks of what her life is now. To herself she is merely doing what she can, to those she meets her works and the way she goes about them are something to support and make others aware of…

Where did you grow up?

I was raised in Allambie Heights when the area was a new subdivision, so I was part of the first kindergarten at Allambie Heights Primary School (bussed to North Manly P S each day until classrooms were completed) and went through to Grade 6 there amongst children of similar hard working parents. Mum and Dad were both active in the P&C, Mothers Auxiliary, School working bees. When we played Netball, Swam or did Physical Culture they were on parent committees. They were an active part of a young church in the area, leading Sunday school or lay preaching, always serving the community as best they could whilst being actively involved in their daughters lives. Baking in large quantity for cake stalls was a regular activity with both parents involved.

When in 3rd grade my Dad changed jobs, dropped pay to have more family time - he became a tech college teacher so we would drive off to stay with friends in far off places each school vacation - Melbourne, Townsville (just in time for cyclone Althea) Port Macquarie, Culburra and Narrabri were standouts. My parents will also tell you I have seen a clinic in each of those places as I seemed to often be the accident prone one when on holiday.

We regarded the Manly Dam catchment bushland as our private playground. We would play there for hours on the rocks, in caves and amongst pristine bushland dotted with flannel flowers, boronias, egg and bacon plant, and wattle. What is the new name for black boy plants?

Galun is what some sources tell me is the name once used here.

Their fronds were really sharp and probably gave us our only injury in that environment. Imaginations ran riot amongst the neighbourhood kids. Never ending games could be invented. We played in safety with not a fear of getting lost or being kidnapped or any of the other fears troubling parents today. I don't recall much use of sunscreen which may be returning to haunt us now...

We all then moved on to The Forest High School in the late 1960's. With a school population of about 1200 there were lots of opportunities and a great academic and sporting tradition. Julie Sutton was one of our English teachers. From there most of our cohort went to uni or teachers college.

When about 12 I took an interest in sewing through an aunt and my parents enrolled me in a course in town so I went to the city by bus each Saturday for some weeks and learned to sew. I then made most of my clothes, even my own wedding dress. Children's clothes for my kids until they decided they would prefer fewer items with labels than lots of variety from Mums hand. So that slowed me down.

From HSC I did an Accounting degree at UNSW. I was fortunate to get one of the first scholarships with KPMG to study full time and work with that firm in the long vacation. The only female amongst 10 scholars and that was about the makeup of uni classes and the profession at that time 1 in 10, F:M. That accelerated my career in Chartered Accounting. I preferred working with smaller business, some not for profits in various industries. Great experience with audit and small business accounting and tax.

Then I got married (at Frenchs Forest Baptist Church) and after a few years we decided to start a family rather than me pursue a full time career. I used my accounting skills in church, an aid organisation, small business, building projects and private schools; Generally where professional accounting help was needed but not affordable for various reasons. My husband was always very supportive as I did not earn the large income that my qualifications might have generated. We both saw my 'work' as an act of service we were privileged to be able to offer, and a way of being involved with the schools and churches we attended as a family.

Until moving to Kenya I have lived in Allambie Heights, Killarney Heights, Bayview and Avalon.

How did you get involved in the St Mark's Mission in Kenya?

I left Australia intending to be a tourist. When I arrived in Kenya I found there was something I could do to help other people. I think a lot of us have a story and like many, there was a tragedy in my life almost ten years ago and I needed how to work out how to deal with that and this involved a complete change of life plan. I found that as part of my own healing process I needed to turn around and help other people and that that would help heal me. When I landed in Kenya I found there were opportunities there to help others. It doesn't take a lot of money but it does take a bit of courage to live in that environment. I decided that I could spend this season of my life helping others and soon came across people whom I found god and faithful stewards and these are the people I have worked with.

When I reported back to people here that I had found these good people, people here have stated that they too want to make a contribution towards that person or their works. Different people have come on board to send what we may consider small gifts but which have a big impact in a country where wages are so low or non-existent. People can see exactly where their contribution is going, and I am there to monitor this, and getting money to the people on the ground in Kenya who are largely living in oppression and poverty. They have been able to make a difference in other people's lives, a significant difference.

I did not grow up longing to be a missionary. In fact I was probably, for many years, one of those believers very thankful that God had planted me in Warringah/Pittwater to be His person. Even now I hesitate to call myself a missionary, except in that we are ALL missionaries - called to be the light of the world wherever we happen to be. I was not sent out by a church organisation. I have just followed my instinct/God's leading and ended up living in Nairobi Kenya doing what I believe is right for me to do. I am called to do for this season of my life. I regard myself as a member of St Marks Avalon and am accountable to the leadership there. I greatly appreciate others giving support to some of the good people I have found as the needs are beyond my personal ability to meet. I am very thankful for the generosity of others towards the people I know and very thankful for the support of girlfriends here looking after things for me. Very thankful. It's sometimes not easy for family and friends to accept the one choosing the alternative path. We all have expectations for ourselves and those around us. Can we let go? Can we let God?

Can you share with us some insights into the projects being supported?

One of the first which may be of interest to people in Pittwater started from a friend of mine who now lives in Mona Vale. Back in 2006 she had gone to a conference in Kenya and met a fellow who was her interpreter. He had a vision to start a school in a poor area near Nairobi. After spending a few weeks with him in his role as her interpreter she left him her traveller's cheques which amounted to around 500 dollars and said to him "See what you can do with that."

She hasn't been back to Africa since.

When I was there she asked me to visit him as he had communicated via email that he had started a school. I contacted him and found him about an hour outside of Nairobi. That man has been a good and faithful steward. He spent the money buying a plot of land for the school. On a plot of land that measures 50 feet by 100 feet he was then educating 175 children. This is now called Milami Primary School.

What does 'Milami' mean?

The word has come from a mixture of his and his wife's names. Michael is married to Mihlab. It's a very common Kenyan practice when you're starting a business to meld the names of those whose business it is. They had 175 in 2011 when I arrived and are now up close to 300 children. This year they are doing their first Public Exams, which for them is the end of primary school and grade 8. they have been doing mock exams and the children are doing really well and that has attracted other people to come into the school.

Through donations from people here we have been able to supply them with text books, readers, only at minimal quantities but compared to other schools they are well resourced. They have no power, no electricity on site. When a lady from here visited she left them 200 dollars and when I visited they'd rebuilt their whole latrine block. When I told Kathryn this she said "Oh, see what he can do with 100 dollars." And with that they built a staff room!! This is of course mainly second-hand corrugated iron and stick, with a concrete floor if they're lucky, but the staff thought it was fantastic – they now have a staff room, which was only six feet by six feet, but they thought it was wonderful.

How many staff members are there?

Twelve at present. The lower grades have more children then the higher grades as people put their children in at the beginning of school which in Nairobi starts at age three. They do three grades before first grade – they have a baby class, a nursery class and then a grade they call pre-unit and then they start grades one to eight.

Sounds like they are making a little go a long way.

A heck of a long way. I think that is what has appealed to people here, a little bit of money can make a huge difference. It's not only that though; a little bit of encouragement can make a huge difference too. I think I was the first white person many of them had seen. In their village it's still unusual to see a Caucasian. When I first arrived many looked and wondered. They don't have much contact with white people, there's no aid agencies working in that area. It's semi-arid. They try and plant maize but the crop has failed every year I've been there so they're doing it tough.

A lot of people, if they have got work, are commuting in to Nairobi, an hour in a very shaky bus. The majority of the population is living in poverty but they see education as the way out. That is the way to lift their children out of the life that they have had. They reason if they have some education they have a chance at a better job in the future and not only will that child have a better life then them they will also look after them in the future when they are in their old age. That's the way their society works.

What are future projects for the school?

Through a fundraiser at St Mark's last year we were able to do a big building project at Christmas time. St Mark's has provided funds for two extra plots, so now there is the original one plus two others and on these St Mark's raised funds to build a whole school block and another latrine. They now have a classroom for each of these grades.

For future projects; the children don't have much in the way of footballs, sports equipment. They need more latrines. They need a water tank to collect rainwater. We'd like them to have hand washing facilities.

What is your role at the school?

I am the connection between Australia and Kenya. I've tried to stand back from having a direct role in the management of the school as we feel they need to be viable on their own. If for some reason I had to leave they would not be dependent on me. We have contributed help in terms of infrastructure and books, necessities like that but they need to run the school themselves.

You have another project too – Kenya Care Wear – how did that evolve?

I met a gentleman who is a pastor in the Mathare slum of Nairobi. He has had peace initiatives in Mathare and he grew up in this slum even though he has now moved his family just outside of it. There are two tribal ethnic groups there that tend to clash and he has also started peace initiatives there. There are also bootleg liquor manufacturers there. The Mathare river goes through that section and it's badly polluted, quite horrible. It's a volatile place but that's where he grew up, they are the people he knows and they are the people he is called to minister to. It's very difficult but they know him, they know he's one of their boys and they know that's he's trying to help them. He has become a peace maker in that area, with the blessing of the chief.

After starting with a men's group they decided it was time to expand and become a proper church. So he has actually started a church in that area and he now has women who go to that church as well. He told me the women's group get together of a Saturday and were trying to save up to buy a sewing machine.

A sewing machine is around about 100 dollars in Australian currency. They were hoping to make some more money using this first machine to buy another, then another so that each of them would be set up with a sewing machine and have a small business one by one.

They had a great vision and great plans and I thought "Yes, that's terrific". Most of these women are dependent on their husbands for income because they have absolutely no training in anything. Or, if they are trying to ear an income they do laundry for another ethnic group in the slum which might earn them two or three dollars a day.

SCRATCH CARDS
AVAILABLE HERE

It doesn't sound like much, and it is difficult for them to feed a family on that a day, it's not easy anywhere in the world, but if they're lucky they might get that work to do.

So if they can develop some kind of skill to lift themselves out of that dependency on doing laundry then it's a great thing. A couple of the girls did have sewing training but because they didn't have a machine they hadn't practiced. Like anything where you receive training a5ht you don't have a machine to practice on, the skills get a bit rusty. So they needed a machine to practice on to get their skills up and then their intention is to train the others in the group and one by one start them up in small business.

When I talked to pastor Ezekiel I said that we could possibly find a sewing machine to get these girls going. He too wanted to empower these women, he sees that as part of his calling, to empower them, to empower the church within Mathare. We purchased four machines and they have begun sewing.

Last year I brought some trousers over for Kathryn (Kathryn Hall) who told ne she had so many comments about them that she thought there is an opportunity here and that if we could make more, out of Kenyan fabric, and raise more funds for the school in Milami and for the church and school we hope to raise in Mathare. It also helps empower the women with having work to do they will be paid for and as we are wholly non-profit, myself as a self-funded retiree over in Kenya, and Kathryn working here solely to raise awareness and inspiring philanthropy in those she meets to help with these projects, the whole of the margin can be poured back into the school and the Mathare project.

The Mathare project: This year we have also helped pastor Ezekiel purchase a plot of land in Mathare, for the princely sum of 1200 dollars, where he hopes to place a permanent building. When our Senior Minister Stuart Holman visited him he stated we would really like to help him have a seeable presence so people would know we're there to help them. That too is a project we will all work on together, both here in Pittwater through fundraising and on the ground in Kenya.

These Kenyan fabrics are beautiful, really vibrant; do they have specific names for these patterns?

These are Lesso fabrics in the leisure pants, the women in Kenya wear this one everyday. We also have Kikoy and Kitenge, which is a wax print. We started on very simple aprons. We have also designed some tableware as the women who can't sew can make the fringe for these.

Are you going to sell these online?

Only through the church at present and Kathryn wants to do a Tupperware style party plan.

Did you fall in love with Kenya when you arrived there?

I think I must have. When Stuart (Seniors Minister of St Mark's Avalon and St David's Palm Beach) arrived recently we were in Mathare. It smells terrible due to there being open sewers and the smell of the bootleg liquor being made. We were walking along and Stuart said something about the smell and I looked at him and said "yes, it is a bit smelly but I think I thrive on it."

There was something in that moment, a kind of 'yeah, I'm home'. I know it's revolting, that smell, but I just love those people. People say I'm blessing them when actually it is me who is being blessed. I'm being healed and I'm also being blessed here.

There is also one other project that I have recently become involved in. **In Kenya the whole population has been badly impacted by the spread of AIDS, something people here may not hear much about. A whole generation of mothers and fathers have died and now the grandparents are left to raise the children.** You find eight or more grandchildren living with a grandparent in a six feet by six feet tin shed. One thing you must bear in mind too is that there is no social security in Kenya, and so without that, that grandmother or grandfather has to find food for those children and so does the pastor in that are I've recently visited.

This gentleman has stayed working beyond his retirement age so he can help provide food through the church for these children. He said 'if you can give us any help, we will appreciate it'. At first he suggested a feeding program but I was moe interested in empowering his people to provide their own feeding program. That's what I can do; I don't want to be telling them what to do. I decided on the spot to provide them with a sewing machine, as the women there also did sewing, and he came back to me and said they had a contract to sew school uniforms. They're off and running and absolutely delighted. They are out near Lake Victoria so I'm not going to get there all that often to see how they're going but they're good people. I had an instant rapport with them.

Where did your faith begin?

I was very fortunate to be brought up in a Christian home. I went to Sunday school and have been to church all my life. When I was 15, and after growing up in a Christian home, I made a personal commitment of my life to Jesus Christ. After a sermon on Shadrack Meshack and Abednego I was challenged to make my faith "all or nothing". I was of the opinion that sitting on the fence was an uncomfortable place to be so one needed to commit wholeheartedly or not at all. I had enough evidence to assure me that opting out was a bad move. So I made Jesus Christ Lord of my life from that time. He has not let me down.

In Avalon we moved in next door to the Anglican minister. After a while it seemed silly to be driving past his church to attend one in another suburb, and he seemed like a reasonable person. So we attended St Marks Avalon and happily made that our church home. Little did I know how my life would go, later connecting with Kenya, nor that this minister, Rev Stuart Holman and his wife Cate, were people with a long attachment to Africa, a heart for those people and a desire to connect Avalon church with God's work in Africa. That has been a great blessing.

God has trained me well for many of the roles I am in now - with school board and church leadership opportunities, building project management and sewing skills, parenting and budgeting, serving and mentoring roles. One of the advantages of being older is that wealth of experience you have in your kit. More than you might realise. I am regularly amazed at the situations that arise and I can recall - I have dealt with this before, I know how to handle this. Even in such a different situation as Kenya, the methods and attitudes for solving problems remain the same.

What is your favourite place or places in Pittwater and why?

The church has been a great place for me, St Marks in Avalon, the people have been very welcoming and I have recently met the people of St David's I Palm Beach and they're lovely too, very welcoming, very relaxed. I have to admit though that some of the major decisions in my life have been made at Church Point. That's a funny thing to me as my dad, Keith Jones, when he was a child, his family had a holiday home in Eastview at Church Point and he would go there as a five year old, which was a great trek form the Cremorne area, and they would go fishing and paddle around in boats.

To me Pittwater is a beautiful place. Kenyan people tell me that when they see me get near water I kind of (perks up); there's some affinity in me with water. I live in Nairobi now but I can get to Mombassa and to Lake Victoria but water, there's something therapeutic about it. I love it, I've grown up around it.

To be able to sit near Pittwater, where the water isn't dead still, it has a bit of movement to it, it's just beautiful.

What is your 'motto for life' or a favourite phrase you try to live by?

I think it's probably Jeremiah 29:11; ***I know that God has good plans for me.***

Kenya Care Wear Launch – Keen Hall, 15th of September, 2013 - TODAY!

Kenya Care Wear is a Not for profit venture of two Australian mothers (Brenda and Kathryn Hall), aiming to educate and empower children and families amongst the poorest in Kenya. All money raised goes direct to Kenyan beneficiaries with whom we have direct contact. All admin costs donated. The launch of this is today at Keen Hall, Kevin Avenue, Avalon and as you can see from this photo, these are beautiful prints on cool fabrics. We will bring you a full report on Kenya Care Wear next Issue but suggest you get along from 11.15 am today to get yourself some great cool cotton ants for summer or a unique apron or one of the many other items for sale.

Kenya Care Wear on Facebook: HERE

Website: www.kenyacarewear.com/

KENYA CARE WEAR
MADE IN KENYA
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Pittwater Online News

September 15 - 21, 2013: Issue 128

Bilgola Beach SLSC

The Bilgola Surf Life Saving Club was formed in the summer of 1949 when a small band of locals commenced patrols on Bilgola Beach. This Club has now served the local community and our visitors for over 60 years. Also called Dalley's Beach originally as well as Belgoula (Surveyor James Meehan, the word '*Belgoula*' was noted in his records of 1814) and other variations as well as Palm Grove Beach, Valley and Vale, the original name recorded by Mr Meehan is said to mean 'swirling waters' by some, definitely a beach in need of surf life savers.

Other names this green and blue echo chamber has known;

…it is a region with smiling, long names, one supposes, with a Cockney twist: Barrenjoey, which used to written "Barenja" and Barrenjuee; the estuary headland called Flint and Steel, the creek called Coal and Candle, the hill called Tumble Down Dick. **Two names that aren't heard now are Cranky Alice's Beach and Mad Mick's Hollow. They distinguished a gully and beach off Barrenjoey Road (now Dalley's Beach)** and the names commemorated picturesque old residents. LAUGHTER AND TEARS IN THE WILDERNESS. BY Peter Harding.(**1968, February 14**). *The Australian Women's Weekly* (1933 - 1982), p. 15. Retrieved from http://nla.gov.au/nla.news-article51973069

According to the BeachSafe website Bilgola is even today considered moderately hazardrous. There are permamnet rips like most of our beaches against the rocks at south and north ends and a central sandbar is typically cut in tow by shifting rips. It is the rip at the south end that is the most dangerous though. Known locally as the 'Newport Express' it flows out over the rocks, speedily carrying the unwary towards Newport Beach. An average of 83 people per season are rescued at Bilgola from this rip.

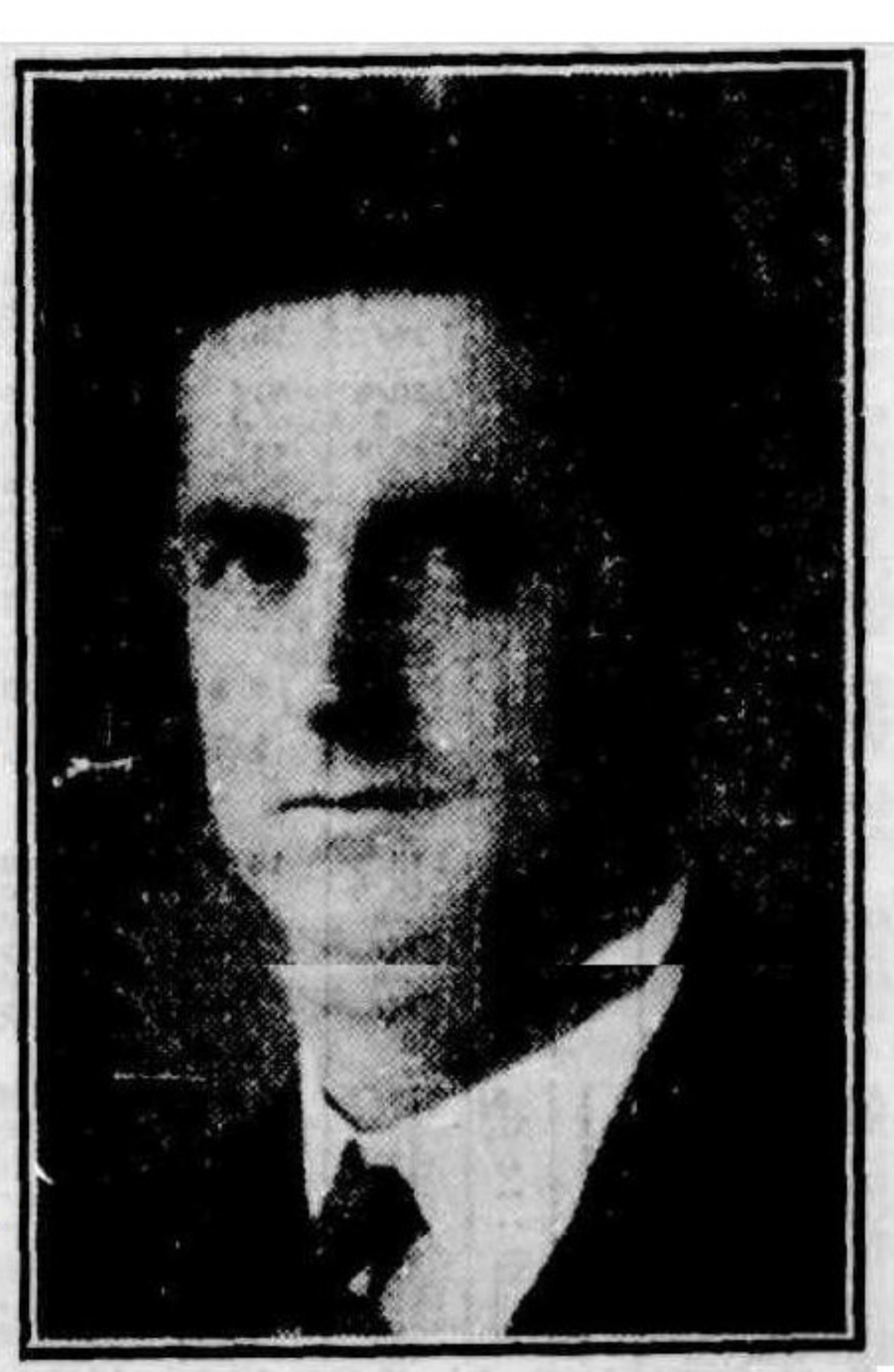
Last May, during our focus on Pittwater aviators, many would have read of the drowning of **Colonel Walter Oswald Watt** at this beach and in this undertow. He is not this beach's only victim, the young man sent as surveyor to measure his property for selling, also drowned:

Caught in the Undertow. COLONEL OSWALD WATT DROWNED.SYDNEY, Sunday. Colonel Oswald Watt, late of the Australian Flying Corps, and of the firm of Gilchrist, Watt, and Sanderson, lost his life in the surf at Bilgola Beach (a little beach a mile north of Newport) on Saturday morning, through being caught in the undertow. Caught in the Undertow. (**1921, May 23**). Examiner(Launceston, Tas. : 1900 - 1954), p. 6 Edition: DAILY. Retrieved from http://nla.gov.au/nla.news-article51126044

The sale of Bilgola, at Pittwater, formerly the residence of the late Colonel Oswald Watt, which will take place on December 8, ought to attract much attention. The land, which comprises some very attractive week-end sites, issituated beyond Newport, and before reaching Palm Beach. ' HAPPENINGS OF IMPORTANCE IN REAL ESTATE WORLD. H. (**1921, November 27**). *Sunday Times* (Sydney, NSW : 1895 - 1930), p. 10. Retrieved from http://nla.gov.au/nla.news-article123244094

Next Saturday Messrs. Raine and Horne will submit to auction the well-known Bilgola Estate, just beyond Pittwater. This is one of the choice spots of this popular district, and was for many years the residence of the late Colonel Oswald Watt. There are ocean beach frontages and palm groves. In all 28 fine lots, with excellent views. There has been a big demand for plans and booklets. REAL ESTATE. (**1922, February 11**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 9. Retrieved from http://nla.gov.au/nla.news-article15970823

THE MISSING BATHER. EVIDENCE OF HAVING BEEN KILLED BY SHARKS. SYDNEY. February 8. On the beach at Bilgola late this afternoon were found a torn bathing costume and several bones The discovery was made by the Mona Vale police, and it is said that **the bathing costume has been identified as that of Norman Whitley, the young surveyor who disappeared from the beach on Monday morning after expressing his intention of a going for a swim.** It is believed the bones are human. When an extensive search for the missing man was being made by the police on Monday evening, three sharks were seen cruising close into the surf. The belief is held that Whitley has been taken by sharks. THE MISSING BATHER. (**1922, February 9**). *The Mercury*(Hobart, Tas. : 1860 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article23545709


MR. FRANK GRENVILLE PURSELL, Bronze Medal, for the rescue of Miss Phylis Wallace from drowning at Bilgola Beach, January 1, 1929.

MR. STANLEY EDWARD WALLACE, who was **drowned through his efforts to save his young daughter at Bilgola beach,** N.S.W., last week, was nephew of Mr. and Mrs. H. C. Clayton of East Devonport, and was the third son of the late Jas. and Mrs. Wallace of Middle Park, Victoria, and formerely of Devonport. He saw active service during the war, being ii member of the 10th Battalion Band. The "Sun" give the following account of the tragedy: "Never mind me, take thc child," sahMr. Stanley Edward Wallace, ;10, oil"ullcrs road, Chatswood, while .struggling' in the surf of Bilgola Beach today, attempting to save his young daughter. He was drowned, but the girl was saved. Three men who went to their assistance reached the beach only after a long fight. When Mr. Wallace and his daughter went swimming, Mrs. Wallace, watched them from the beach. Suddenly they were caught in an undertow, and **a man named Pursell, of Spit road, Mosman, went to their assistance. "Never mind me, take the child," Mr. Wallace gasped, pushing the girl to him.** A man named Jacobs, of Norton street, Leichhardt, then swam out and held the father afloat, but both were almost exhausted when a third rescuer, Jacobs' brother, reached them. An intense struggle for safety followed, while Mrs. Wallace, helpless, watched front tho beach. The three men were almost thrown on some rocks, eventually reached the beach, but Mr. Wallace was dead." MEN AND WOMEN. (1929, January 7). Advocate (Burnie, Tas. : 1890 - 1954), p. 2. Retrieved from http://nla.gov.au/nla.news-article67791103

PICTURE: MR FRANK GRENVILLE PURSELL, Bronze Medal, for the rescue of Miss Phylls Wallace from drowning at Bilgola Beach, January 1, 1929. SOME OF THE RECIPIENTS OF AWARDS OF THE ROYAL SHIPWRECK RELIEF AND HUMANE SOCIETY OF N.S.W. (**1929, October 1**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 14. Retrieved from http://nla.gov.au/nla.news-article16588739

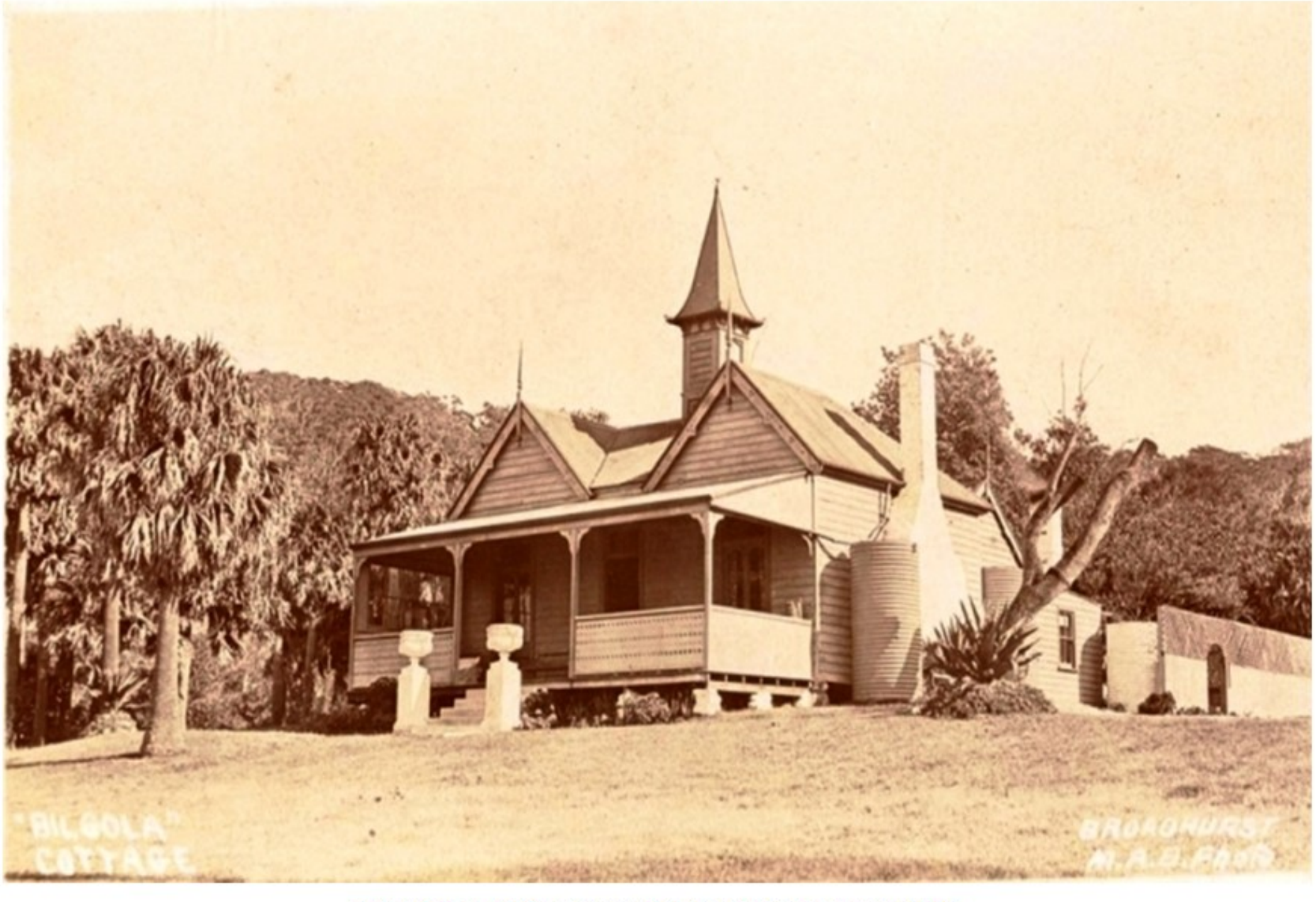
2 NEARLY DROWNED AT BILGOLA. A.I.F. Man's Rescue Swim. Two surfers were nearly drowned at Bilgola yesterday. **An A.I.F. man rescued one and a wave washed the other on to a rock. There are no life-savers at Bilgola, but a belt and line are kept on the beach.** Norman Leslie Mobbs, 27, of Midson Road, Epping, and John Archer, 22, of Meadow-bank, were swimming on the southern end of the beach when they were caught in the undertow. Mobbs lost consciousness and Archer supported him. Lance-corporal Brian Lloyd Badgery, of the A.I.F., who was one of a picnic party on the beach, saw the plight, donned the belt and, after a swim of nearly 200 yards, brought Mobbs in. Mobbs appeared to be dead, but two doctors on the beach applied artificial resuscitation while the Newport Surf Club's boat brought round a gas cylinder. Later Mobbs revived and was taken by Manly Ambulance to the Manly Hospital. After Mobbs had been rescued, Archer got into difficulties while trying to reach the beach and Mr. John Hillier, of Bilgola, donned the belt and went to his aid. Before he reached him, however, Archer was carried on to a rock. 2 NEARLY DROWNED AT BILGOLA. (1941, March 3). The Sydney Morning Herald (NSW : 1842 - 1954), p. 9. Retrieved from http://nla.gov.au/nla.news-article17728633

At Bilgola a migrant got into difficulties 300 yards out, and was brought in on a surf ski. SHARKS SIGHTED. (**1950, October 16**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 1. Retrieved from http://nla.gov.au/nla.news-article27571282

Bilgola has always been a popular beach. Tucked away from all but the strongest onshore winds, with pristine creeks that wound down to the beach from the plateau, it has been a favourite for campers and excursionists since tracks were first made towards Barrenjoey.

The first structure of any kind was what we call **Bilgola Cottage**, built by the Hon. W. B. Dalley as his family's 'Pittwater Farm' and named 'Tallamalla' by those who advertised it for sale just prior to his passing. Some called Bilgola 'Dalley's beach' over 20 years later, setting a 'seal of approval' on the beach by association with this gentleman, his character and life works:

Yet, despite the liberal dower of honour and the general desire of Australian people to have him constantly prominent, Mr. Dalley 's life, from the date of his retirement from political life, was very simple. His house, a quaintly decorated, roomy chateau on the tongue of the North Shore hills of Sydney Harbour, immediately above the Isthmus of Manly, was always open to his friends — and every man of culture 'or genius was Mr. Dalley's friend. But the utmost simplicity reigned within. Governesses and housekeeper sat down with the privy councillor and all his children at the breakfast-table, and **frequently on hot summer days the whole family might be seen migrating shortly after daybreak to a farm by the banks of Broken Bay at Pittwater, near the mouth of the Hawkesbury River**. Often, also, by eight o'clock in the evening, the chateau would be in absolute darkness, for Mr. Dalley, following the simple teaching of nature, had a habit of retiring with the close of day whenever it was practicable, and rising al- .ways before the sun. He might be seen by mo3tvisitors to Sydney of late taking his afternoon ride about the little watering place above which he lived, jogging along on a full fed, well - groomed charger in very stately style, but with a pleasant word, nod, or smile for all whom he might encounter, and always the quiet self-assurance of one who had no enemies, and was ignorant alike of jealousy or tear. The death of Sir James Martin, late Chief Justice of the colony, saddened his last year of life, for the two were brother's-in-law, and had been fast friends, and moreover so many old comrades had passed away from him that, though scarcely at;the threshold of ripe old age, he was sadly alone. Morning found him always with his children or his books. And once a week, perhaps, he might entertain a little party of friends. He loved a feast with perfect appointments and accompaniments of all sorts, but through all his later years his feast days were few and his fast almost continuous. It was much more of toast and weak tea than truffles and champagne. ' I am trying by extreme abstemiousness,' he would say, ' to last out a few more years.' And thus in a placid, self denying, painful way he finished out his last few months of life. A PEN PICTURE CF THE LATE MR. DALLEY. (**1888, November 10**). *Freeman's Journal* (Sydney, NSW : 1850 - 1932), p. 8. Retrieved from http://nla.gov.au/nla.news-article115458480



Bilgola Cottage, 1900, image no: a105043r, courtesy state Library of NSW

AROUND PITTWATER AND BARRENJOEY. Sydney is often envied by other centres for the profligacy of beautiful scenery found almost at its doors. One of the most charming of its beauty spots, though perhaps not so 'well known as the Blue Mountains and Hawkesbury River, is Barrenjoey, the bold headland at the southern entrance to Broken Bay. Two pages of pictures are devoted to this charming spot. They delineate many of its attractive phases, including a beautiful panorama showing the lighthouse and the ocean on the left, **with Pittwater on the right; Dalley's Beach, near Newport, and a beautiful beach in Pittwater between Newport and Barrenjoey**. Advertising. (**1910, September 1**). *Town and Country Journal Advertising. Evening News* (Sydney, NSW : 1869 - 1931), p. 9. Retrieved from http://nla.gov.au/nla.news-article115258245

SYDNEY. .The Right Hon. W. B. Dalley is now sufficiently well to lead to the expectation that he may he able to deliver one or two of his eloquent orations during the centennial celebrations. The sea-air does not agree with him, and hence his well -known castellated residence at Manly, **as well as a smaller country house at Pittwater**, is now in the hands of the auctioneers for sale. As he is recommended to live on the high lands of the colony, could not one of the large houses recently for sale in Goulburn be specially brought under his notice?. SYDNEY. (**1888, January 24**). *Goulburn Herald* (NSW : 1881 - 1907), p. 3. Retrieved from http://nla.gov.au/nla.news-article100230026

PITTWATER— Talamalla, a choice Marine Villa Residence, formerly owned by the late W. B.Dalley, situate on about 18 acres of land, having extensive frontage to Bilgola Bay. Advertising. (**1890, August 9**). *Freeman's Journal* (Sydney, NSW : 1850 - 1932), p. 11. Retrieved from http://nla.gov.au/nla.news-article111116846

PITTWATER— TALLAMALLA. The Marine Villa owned by the Right Honourable W. B. DALLEY. This Property has about 18 Acres Land, and is divided into two portions by the main Pitt Water road. It is the pick of Spots along the northern coast, and has a large frontage to Bilgola Bay, with the best fishing grounds the most enthusiastic disciple of Izaac Walton could desire. There are two residences, one for the caretaker and the other for the owner's use.The Palm Groves and Ferns on this property are a marvel of semi-tropical growth. The soil is equal to any of the richest Illawarra land. MILLS and PILE have been instructed by the proprietor to sell by auction, at the Rooms,130 Pitt -street, on Thursday, February 2, at half past eleven o'clock, Tallamalla, the most charming Marine Villa site in the Colony. Plans and Particulars at the Rooms. TITLE, FREEHOLD. TERMS AT SALE. Advertising. (**1888, January 28**). *Freeman's Journal* (Sydney, NSW : 1850 - 1932), p. 11. Retrieved from http://nla.gov.au/nla.news-article115461366

Messrs. Mills and Pile report the sale of Yarinella, the residence of the Right Hon. W. B. Dalley, at Manly Beach; and Tallamalla, Pittwater-Messrs. M'Eachern, M'llwraith, and Taylor, purchasers. MONETARY AND COMMERCIAL. (**1888, April 2**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 6. Retrieved from http://nla.gov.au/nla.news-article28346738

Bilgola's sheltering landscape also attracted its use as a venue for fundraising picnics and parties, all encouraging 'surf bathing' on this unpatrolled beach:

Members of the Allen Family surf bathing at Bilgola, Sunday 30th of November, 1913, Pic a3292030h courtesy State Library of NSW. The Allen Family were frequent visitors to Bilgola Beach and Cottage - bringing Dame Melba there for afternoon tea in August, 1914

MOTOR CYCLING. MOTOR CYCLE CLUB OF N.S.W. A contingent spent the day **at the club camp, Bilgola beach;** *The Sydney Morning Herald* (NSW : 1842 - 1954) Wednesday 4 June 1913 p 4 Article

Visitors and campers alike and growing number of holiday 'shacks' and further roads with sell off of land – **necessitates community development of infrastructure which, as everywhere, where it's rural or coastal needs, comes from the community for gratis originally, and is still carried on in this large measure alongside hired lifeguards.** It is proposed by Dr. Arthur to organise a visit of members of the Country Women's Association today, at 3 o' clock, **to a site where it is suggested that the first seaside camp of the season be established. The site is on the road to Palm Beach, between the Newport Beach and the house known as Dalley's Cottage, which belonged to the late Captain Watt.** If the site is considered suitable, the Government will be approached with the object of obtaining a lease of the land in question at a nominal rental. Dame Alice Chisholm, Mr. and Mrs. Ashton, Mr. and Mrs. H. C. McIntyre, Dr. Arthur, Mr. Weaver, Mr. de Putron(president of the Voluntary Workers' Association), have promised to be present, and invitations have been sent to Mr. Wearne (Minister for Lands), Captain Chaffcy (Minister for Agriculture),Colonels Bruxner and Rutledge, and Messrs. Loughlin and Dunn, as country representatives. TEA-TABLE GOSSIP. (**1923, September 23**). *Sunday Times*(Sydney, NSW : 1895 - 1930), p. 16. Retrieved from http://nla.gov.au/nla.news-article120531575

SEASIDE CAMP FOR WESTERNERS. TO THE EDITOR OF THE HERALD. Sir,-In your Issue of Thursday last, the 12th Instant, I notice that **a seaside camp is proposed to be built at Bilgola for the Western boys**. As one who is very intersted in the excellent Idea, which I hope will now soon take some practical form when in such good hands as Dr. Arthur and Mr. Hunt. I, however, suggest that **some safer and more convenient beach than Bilgola will be selected. The sand on this beach is exceptionally coarse and loose, and experienced surfers are unanimously of opinion that this beach should be classed as generally unsafe**. I have surfed for 25 years almost continuously, and know practically every beach from Victoria to Queensland, and have particularly noticed on scores of occasions that **Bilgola beach is very dangerous when other beaches are quite safe.** It only needs a few accidents, and the camp will immediately get a bad name, and the whole project be a failure.

Country boys who are to be sent to this camp would naturally prefer a less expensive and more get-at-able place than Bilgola. People from outback want for a change not only surfing but other amusements, which can be provided in or near the more closely settled areas, such as Narrabeen, Deewhy, or Cronulla. **Another great disadvantage of Bilgola is that country boys would need, in addition to the surf, smooth water to learn to swim.** Now this is readily obtainable at either of the three above mentoned places. In which I might say I have no interest whatsoever.

I am, etc. **H RUSKIN ROWE. March 18.** SEASIDE CAMP FOR WESTERNERS. (**1925, March 19**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 8. Retrieved from http://nla.gov.au/nla.news-article16205460

FOR WOMEN. ORGANISING BEACH PICNIC. MISS VALERIE HORNE. MISS LESLEY TURNER. SECRETARY and PRESIDENT of the Younger Set Appeal Committee of the Sydney Industrial Blind Institution, which is arranging a Hawaiian Beach Day to be held at the home of Mrs. M. Thornell, at Bilgola Beach, on November 21. There will be a picnic lunch, surfing, and deck tennis, and a camp fire concert in the evening. FOR WOMEN. (**1937, November 3**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 8. Retrieved from http://nla.gov.au/nla.news-article17402057

HAWAIIAN BEACH SCENE. Party at Bilgola. CONCERT AT NIGHT. A grove of glorious palm trees with sloping lawns underneath and a shelter built of palm tree branches was a perfect setting for the Hawaiian Beach party, held at Bilgola Beach yesterday, and it looked most picturesque at night when the party ended with a camp-fire and Hawaiian concert. The party was In aid of the Sydney Industrial Blind Institution, and was **held at the home of Mrs. M. Thornell, and the adjoining property, belonging to Mr. L. Marks**. To increase the Hawaiian atmosphere strolling players wandered through the grounds all day, members of the committee which organised the party wore hula skirts, and nearly all the girls and many of the men wore gaily coloured leis, which were distributed by Mrs. M. Perray. Playsuits, slacks, Hawaiian beach coults, beach coats, and shorts all vied for first place as the choice of the girls who were among the 300 guests at the party. There was **a beauty parlour for them to have their faces made up and hair dressed after their surf** if they wished. The joint honorary secretaries, Mrs. G. Simpson Millar, who wore a black playsuit with white stripes, and Miss Valeria Horne, wore a beige pink mesh shirt with brown shorts, were busy with the organising, and one of their jobs before the party had been to send out 1000 invitations. For swimming Miss Horne wore an American swim suit of burgundy rubber. Miss Lesley Turner, who is president of the Younger Set appeal committee, which arranged the party, wore a navy blue and white figured playsuit and wide-brimmed matching hat and added a knee-length navy blue cape. Glare glasses were popular, and Miss Jean Gibson wore a pair of green glasses with a white sports frock, at the neck of which she knotted a green scarf.

VARIED COSTUMES AT HAWAIIAN BEACH PARTY FOR THE BLIND.

A variety of costumes were worn at the Hawaiian Beach Party held at Bilgola Beach yesterday in aid of the Sydney Industrial Blind Institution, and those present included, from left to right: MISS MARGARET CARY, whose topee and white suit fitted into the bush surroundings; MISSES VALERIE HORNE, JUNE WHITCOMBE, and JOYCE EWINGTON, who were all on the committee; and MISS MARGOT RUTHVEN, who wore a Hawaiian beach coat which she bought when in Honolulu; and MISS SHEILA CARTER, who wore a smart bathing suit bought in Hollywood.

FROM HAWAII. Miss Joan Hodgson wore a beach suit which she brought with her from Hawaii. The slacks were of cream flannel and the navy. "MRS." M. THORNELL in a cool, shady corner of the garden of her home at Bilgola Beach, which she lent for the Hawaiian Beach Party, held yesterday in aid of the Sydney Industrial Blind Institution, whose blue coat had the Hawaiian coat of arms on the pocket. Miss Pamela Roberts, who was with Miss Lorna Hagon, chose a mustard yellow playsuit. Miss Nancy Holland wore a black and white beach hat with a black and White ensemble and added a carved scarlet bracelet. With Mr. Eric Luscombe Newman, was Mrs. Newman, who wore a brown and white playsuit. S.O.S. PATTERN. Miss Patricia Godson's white playsuit was patterned all over with the letters "S.O.S.," and her sister. Miss Babette Godson, chose an Alice blue and white rleured playsuit. Navy blue shorts and a navy blue shirt were chosen by Miss Ruth Wells and about her neck she tied a lipstick red scarf. Navy blue was the choice, too, of Miss Rhoda Clarke, who wore shorts and a shirt, and with grey slacks Miss Shirley Poynter wore an Alice blue shirt. Miss Marie Cohen chose a sky blue and white figured playsuit, and Miss Gwen Sheridan wore a backless linen frock. Miss Gloria Moore Gosgrave wore a yellow top with blue pyjamas, and Miss Audrey Wilkinson wore a navy blue and white Hawaiian beach coat. Miss Nildra Leonard wore a yellow rubber swim suit. HAWAIIAN BEACH SCENE. (**1937, November 22**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article17413360

MRS. M. THORNELL in a cool, shady corner of the garden of her home at Bilgola Beach, which she lent for the Hawaiian Beach Party, held yesterday in aid of the Sydney Industrial Blind Institution.

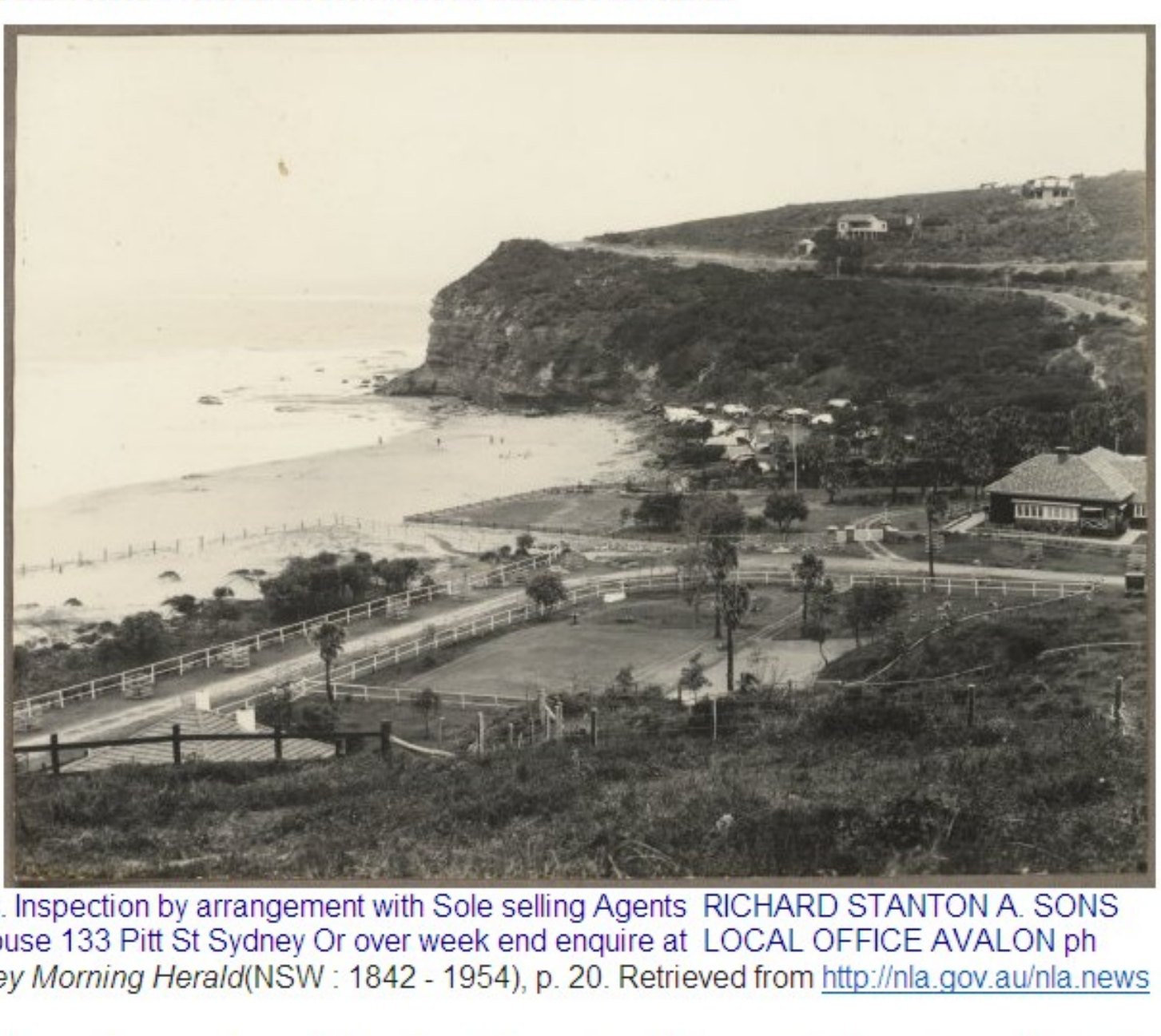
One of the entertainments at the Hawaiian Beach Party was circlos, and photographed on the court were (from left to right) NANCYE BUNDOCK, PATRICIA GODSON, BABETTE GODSON, GWEN JENSEN, MARY JENSEN, and (sitting) JOYCE HARRIS.

FOR WOMEN VARIED COSTUMES AT HAWAIIAN BEACH PARTY FOR THE BLIND. A variety of costumes were worn at the **Hawaiian Beach Party held at Bilgola Beach yesterday in aid of the Sydney Industrial Blind Institution**, and those presentincluded, from left to right MISS MARGARET CARY, whose tome and white suit fitted into the bush surroundings, MISSES VALERIE HORNE, JUNEWHITCOMBE, and JOYCE EWINGTON who were all on Hie committee, and MISS MARGOT RUTHVEN, who wore a Hananan beach coat which she bought wlicn in Honolulu, and MISS SHEILA CARTER, who wore a smart bathing suit bought in Hollywood. One of the entertainments at the Hawaiian Beach Party was tirelos, and photographed on the court were (from left to |right) NANCYE BUNDOCK, PATRICIA GODSON, BABETTE GODSON, GWEN JENSEN, MARY JENSEN, and (sitting) JOYCE HARRIS. FOR WOMEN. (**1937, November 22**). The Sydney Morning Herald (NSW : 1842 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article17413362

Planning Beach Barbecue. **MEMBERS of the Anti T.B. Association Younger Set:** MISS MONICAMYERS (co-secretary),MR. JOHN STEINWADE(treasurer), MISS BARBARA TUIT (president)and MISS ELIZABETHMANNERS (secretary), **are arranging a barbecue to be held at Bilgola Beach on February 28**. THEY ROSE AT THE DAWN TO BE MARRIED BY SEVEN. (**1953, February 15**). The Sunday Herald (Sydney, NSW : 1949 - 1953), p. 28. Retrieved from http://nla.gov.au/nla.news-article18513390

Although it was acknowledged that Bilgola was a popular bay, that it was frequented by those unfamiliar with its hazards and hints that lifeguards and trained life-savers were needed became more frequent, it was still the community that began volunteer patrols and the community again that raised funds to begin a swimming pool in which to train youngsters to swim. There was a pool of sorts, cut into the rocks at the south end prior to this undertaking:

HOUSES AND LAND FOR SALE. BILGOLA, BEAUTIFUL BILGOLA. Between Newport and Palm Beach. Under Instructions from the Executors of the Estate of the late Mrs. H. Maclurcan-Lee. CHOICE LAND FOR SALE, AND TWO DISTINCTIVE RESIDENCESON THE BILGOLA BEACH ESTATE.ON THE BILGOLA BEACH ESTATE. THE LOVELIEST SPOT ON THE COAST. WITHIN ONE HOUR'S DRIVE FROM THE CITY. BILGOLA is favoured with a glorious Beach, in a most beautiful setting. Blocks with clean sandy ocean beach frontage. UNSURPASSED FOR SEASIDE HOMES. are now available. **SWIMMING POOL, south end of Beach, cut in rocks.** PERFECT ROAD APPROACH. Environment and general atmosphere of this unique property are beyond compare. The beauty of this Estate is enhanced by DUE EASTERLY ASPECT. AN INSPECTION WILL CONVINCE. 'Phone or call Agents for plans and prices of land and full particulars of residences. Cars leave city office daily and Sunday. Sole Selling Agents: RICHARD STANTON & SON, LIMITED. and J. T. STAPLETON and CO., LIMITED. Stanton House. 133 Pitt-street, SYDNEY. Or inquire at LOCAL OFFICE, AVALON. Advertising. (**1937, January 2**). *The Sydney Morning Herald*(NSW : 1842 - 1954), p. 17. Retrieved from http://nla.gov.au/nla.news-article17306579


Right: Bilgola 1930, courtesy National Library of Australia, Picture an24768552-v. Tents can be seen where the clubhouse now stands.

BILGOLA. A MAGNIFICENT SEASIDE RESIDENCE SURROUNDED BY BEAUTIFUL GROUNDS WITH PRIVATE SURFING BEACH. BILGOLA HOUSE the home of the late Mrs. H. Maclurcan Lee is now offered for sale with Instructions from the Executors at a price considerably below its original cost. It is a most attractively designed Residence faithfully built very well planned with all modern equipment and appliances. The accommodation consists of a spacious lounge room with open brick fire-place, five bedrooms, the principal bedrooms are connected with hot and cold water, maid's room, three bathrooms, two sleeping-out verandahs, a well fitted kitchen, pantry, ample cupboard space, hot water service, electric light private supply of soft water connected, and now city water Is also available. THE GROUNDS, which have an extensive frontage of about 303 frontage to Bilgola Avenue with a glorious outlook. They are very imposing and are an important feature of this property, being arranged in gardens, lawns, shrubs, rockeries, large aviaries, a shady palm plantation with its own golden beach in front. "Bilgola House" is undoubtedly in the picturesqueness of its outstanding its surroundings. Inspection by arrangement with Sole selling Agents RICHARD STANTON A. SONS PTY LTD, J.T. STAPLETON PTY LTD Stanton House 133 Pitt St Sydney Or over week end enquire at LOCAL OFFICE AVALON ph y9155. Advertising. (**1938, January 1**). *The Sydney Morning Herald*(NSW : 1842 - 1954), p. 20. Retrieved from http://nla.gov.au/nla.news-article17426157

After WWII Pittwater provided an affordable means for newly married couples, kept apart for so long by this conflict, to purchase a block of land, construct a dwelling of some kind from hard won materials in post-war scarcity, and begin to have the families they had dreamed of. This generation, after having served for so long, then began serving Australia anew by building the infrastructure of community. Part of this building, in this case of Bilgola, was to construct a life saving team that began its first official patrol in the summer of 1949.

This was definitely a case of 'hit the ground running' and like all Pittwater SLSC's the lack of gear with which to save people, the lack of facilities in which to store them or to offer for a much needed paid fulltime lifeguard a place to lay his head, a clubhouse, may have seemed a bit like rubbing salt into a wound when the, by then, instituted 'fee' to belong to a club as a volunteer qualified bronze medal life-saver for the first season fell due:

SURF CLUBS FACE BAN; FEES UNPAID. Lifesavers from 20 Sydney clubs will be barred from competing in surf carnivals this season unless their clubs pay capitation fees to the S.L.S.A. before December 20.

This was decided at last night's council meeting of the Sydney branch of the association. The capitation fee of a shilling per head for each active member and £.2/2/ for affiliation were payable in early October. Unless the clubs forward the money owing by December 20their members will be barred from open competition and the clubs prevented from holding carnivals. The ban would prevent members of unfinancial clubs from qualifying for the tour of New Zealand. Assistant registrar of the branch, Mr. Gordon Davies, said the clubs concerned were:

Avalon, **Bilgola,** Bronte, Burning Palms, Clovelly, Collaroy, Coogee, Era, Freshwater, Garie, Manly, Maroubra, Mona Vale, North Bondi, North Cronulla, North Curl Curl, North Palm Beach, Palm Beach, Tamarama, and Whale Beach. SURF CLUBS FACE BAN; FEES UNPAID. (**1949, December 7**).*The Sydney Morning Herald* (NSW : 1842 - 1954), p. 16. Retrieved from http://nla.gov.au/nla.news-article18139520

This season each club will have one or more safety belts, but most will have to use old-type belts because they cannot afford to re-equip with safety belts. S.L.S.A. officials say it is the same with all types of gear. The clubs-which have always had to battle for funds-are up against inflation. A reel and line, which cost about £20 before the last war, now costs £38. A surf boat that could be put on the water for £100 now costs £300. Last year the Commonwealth Government for the first time granted £5,000 to be shared between about 180 surf clubs in Australia. But even this with State grants could not make up the leeway, **and small clubs that have just started, like Warriewood, Bilgola and Long Reef, will be desperate for gear, according to S.L.S.A. officials.** A fast-growing population and increasing popularity of the surf have increased the problems of the clubs. More patrols are needed, more gear and more "social work" to raise funds. New Australians have swelled the ranks of the surfers and banked up more problems and anxiety for the lifesavers. Many of them don't understand, or ignore, the "Bathe between the flags" signs and seem unconscious of the patrolman's whistles and signals when they drift towards a treacherous rip or undertow. Like so many of the old Australians, the migrants just take it for granted when the lifesavers drag them from death in the surging waves. "I'm sure that most of the New Australians think we are paid to do the job," said Mr. A. R. Loton, Sydney Branch secretary of the S.L.S.A. Club membership is not what it used to be in the pre-war days, when most big clubs had closed memberships and waiting lists. In some clubs the membership is falling off and the old hands are working hard to maintain efficiency. Since it started its voluntary work in 1907 the Association has saved about 80,000 lives. It is ready for another 3,500-odd rescues this season. Safer Beaches—At A Cost. (**1951, September 30**). *The Sunday Herald* (Sydney, NSW : 1949 - 1953), p. 8. Retrieved from http://nla.gov.au/nla.news-article28670997

That didn't stop this club from winning at carnivals or for running their own, one of the few means available in these early years, for any club to raise funds to purchase what they needed to look after visitors and residents alike:

SURFING - COLLARO Y CARNIVAL-Boardrace W McGrigor (Collaroy) 1 B Bartlett (Collaroy) 2 R Ryan (Newport) 3 R and R Deewhy 73points 1 Collaroy 2 Soith Nurrabeen 3 Senior boat Mona Vale 1 Newport 2 Junior boat Newport 1 North Narrabeen 2 Deewhy3 Single ski race **G Collis (Bilgola) 1 S Howe (Bilgola) 2 M Watt (Avalon) 3** Senior surf raceA Beard (Deewhy) 1 R Twight(Collaroy) 2 H Maccallum (Decwhy) 3 Senior surf teams Deewhy 1 North Narrabeen 2 Coilaroy 3 Junior surf J Clarke (SouthNarrabeen) 1 K West (North Narrabeen) 2 N Bcrtrind (North Narrabeen) 3 Junior teams North Narnbeen 1 Newport 2 Collaroy3 Senior belt race M Whitehead(South Narrabeen) 1 R Twight(Collaroy) 2 T Dalton (Deewhy) 3Junior belt J Clarke (South Narrabeen) 1 B Pitt (Deewhy) 2 RGallagher (Collaroy) 3 Beach relayCollarov 1 North Narrabeen 2South Narrabeen 3 Beach sprint J Harrison (Newport) 1 J Bliss(North Narrabeen) 2 R Langbein (Collaroy) 3 SPORT IN DETAIL. (**1951, November 19**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 7. Retrieved from http://nla.gov.au/nla.news-article18240036

Open surf race: B Hutchings(Bondi), 1, B Barry (Manly), 2.B Lumsdaine (freshwater). 3, R Heming (North Steyne). 4, M Riddington (Manly), 5, B Bourke(North Cronulla), 6 March past: Maroubra (4 pts), 1,Freshwater (7), 2, North Curl Curl (10 6), 3 Senior bell: R Mathieson (Freshwater), 1, B Browne (Coogee), 2.F Jordan (Cronulla), 3 Senior R. and R.: Freshwater(6 19 pts), 1. Bondi (7 2), 2,Manly (8 27), 3 Junior R. and R.: North Bondi(9 4 pts), 1, Deewhy (10 22), 2,Bondi (10 34), 3 Junior surf: B Mortenson (Clojelly), 1, J. Rodgers (Maroubra),2. G Winram (North Bondi), 3,B Darke (North Steyne), 4, R Boswartha (Bronte), 5, E Abbott(North Bondi), 6 Single ski: K Howell (North Bondi), 1, W Green (Maroubra).2, P Coles (North Bondi), 3 Pillow Fight: A Cooke (Bondi),1, J Bradshaw (Bondi). 2, **R Motherall (Bilgola), 3 Senior boat final:** Whale Beach.1, Bronte, 2, **Bilgola, 3.** TAKES METROPOLITAN TITLE. (**1954, February 28**). *The Sun-Herald* (Sydney, NSW : 1953 - 1954), p. 40. Retrieved from http://nla.gov.au/nla.news-article12641343

Senior surf race. R Sharpe (Palm Beach), 1, I Curlewis (Palm Beach) 2, **R Hosking (Bilgola), 3** SPORT DETAILS. (**1954, January 11**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article18404079

SURFING. South Narrabeen Carnival March past.: Freshswater, 1; North Narrabeen, 2: North Curl Curl, 3.Board: G. Nichols (Queenscliff), 1, O. Ramsey (Whale Beach), 2, D. Mears (Palm Beach), 3. Senior Boat: North Steyne, 1, North Curl Curl,2, North Narrabeen, 3. **Single ski: T. Bristow (Bilgola), 1**; N. Davidson(Avalon), 2. G. Collis (Collaroy), 3 SPORT IN DETAIL. (**1953, December 14**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 11. Retrieved from http://nla.gov.au/nla.news-article18401198

MR. AND MRS. RAYMOND KEENE will entertain more than 60 guests at a cocktail party at their home in Roseville tomorrow night to celebrate the engagement of their second daughter, Miss Robin Keene, to **Mr. Noel Hosking. Mr. Hosking is the only son of Mr. and Mrs. Leslie Hosking, of Lindfield, and a great-great nephew of John Hosking, the first Mayor of Sydney, after whom Hosking place is named. He is also a member of Bilgola Surf Club and was one of the six finalists in the senior belt race at the Bondi surf carnival last Saturday.** Social News Gossip. (**1954, February 11**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 6 Section: Women's Section. Retrieved from http://nla.gov.au/nla.news-article18409170

The first clubhouse's construction began in 1950. It was 1954 before it was officially opened:

HIGHLAND PIPERS. More than 300 people will go to the New Year's Eve's dance held in the Newport, clubhouse of the Broken Bay R.M.Y.C, where Highland pipers will usher in the New Year and dancing will continue until dawn. **Dancing and a barbecue are on the programme for the 300-odd people who will tonight "christen" the clubhouse (to be opened officially on January 30) of the Bilgola Surf Life Saving Club.** "Come in disguise" are the instructions which Mr. and, Mrs. Bruce McWilliam have given all who will attend their New Year's Eve party at their Palm Beach home, Pebbles. More than 350 members and their guests will attend the New Year's Eve dance at Elanora Country Club, and another 150 will be present at the formal dance at Killara Golf Club. At Davis Cup. (**1953, December 31**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 6. Retrieved from http://nla.gov.au/nla.news-article18402896

New Clubhouse. Bilgola surf club will open its new £7,000 clubhouse during its carnival next Sunday. Officials say the clubhouse is one of the most modern in Australia. **Bilgola will conduct its annual restricted carnival on Sunday.** New Clubhouse. (**1954, February 16**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 15. Retrieved from http://nla.gov.au/nla.news-article18410172

Surf Clubhouse Opening Sunday. **Bilgola Surf Club will open its new clubhouse next Sunday. Heavy seas last month prevented the club from staging the carnival, and the opening function had to be postponed**. Surf Clubhouse Opening Sunday. (**1954, March 17**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 15. Retrieved from http://nla.gov.au/nla.news-article18414852

Once the clubhouse was open it was utilised by the community, as it still is now, for community events:

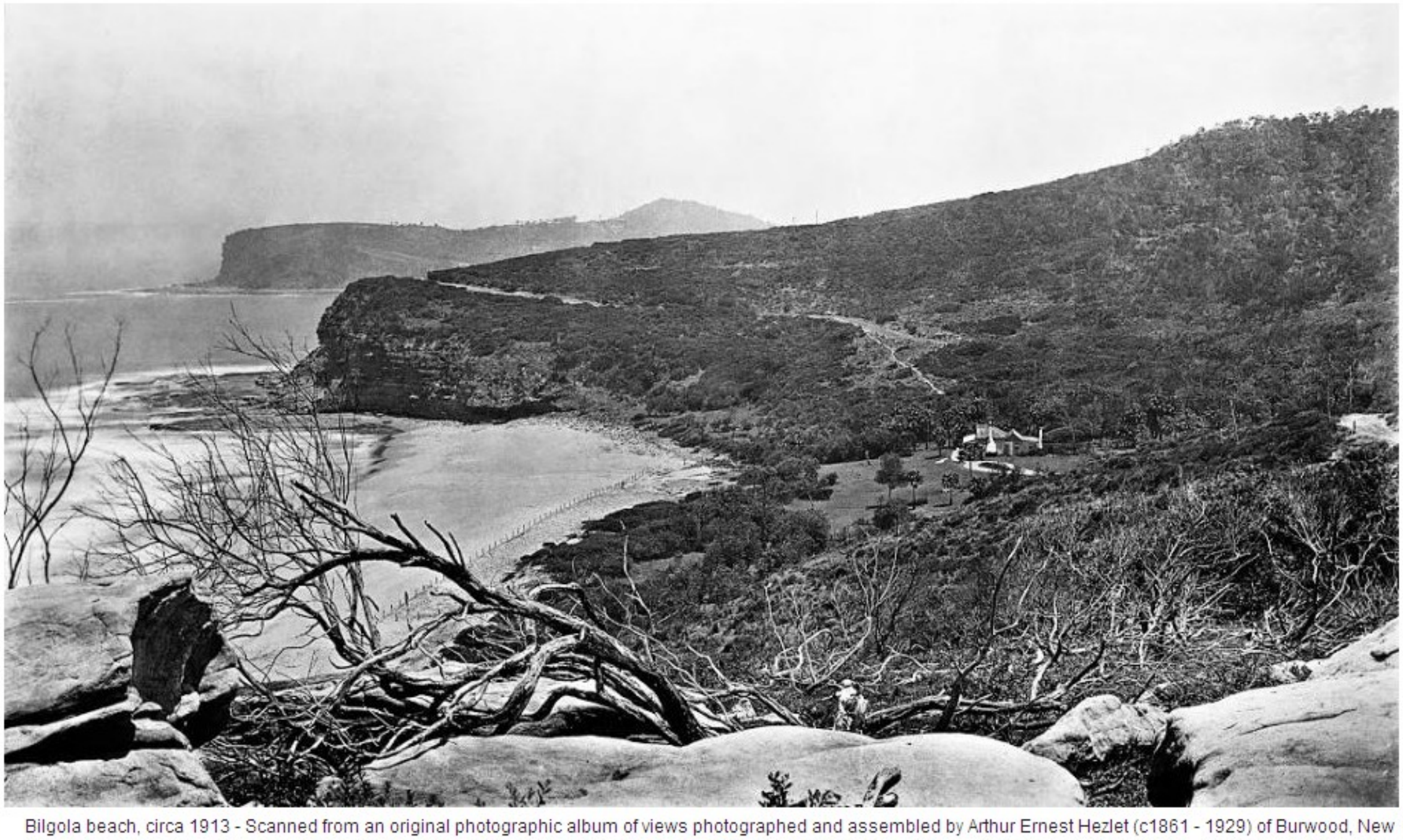
A BARBECUE on Bilgola Beach and an informal dance at the surf clubhouse were features of the "Tropical Grove Party" held last night in aid of the Newport and Avalon Beach kindergartens. Social News, Gossip. (**1954, June 27**). *The Sun-Herald*(Sydney, NSW : 1953 - 1954), p. 25. Retrieved from http://nla.gov.au/nla.news-article28662617

Bilgola, well aware of how hard it is to raise funds to buy equipment, has a clear 'waste not, want not' policy:

Surf Boat For S.A. Lifesavers. By C.W.S. A surf boat presented to the SA State Centre of the3urf Lifesaving Association by the North Palm Beach Surf. The boat is expected to reach Adelaide from NSW in November, at about the same time as the one the Glenelg Club is purchasing from the Bilgola (NSW) Surf Lifesaving Club. The two additions will mean that three surf boats will be available for patrol and rescue work along metropolitan beaches next summer. Henley is the only club with its own boat, which escaped damage when the clubrooms were wrecked in the May storms. Tuesday's meeting will begin at 7.30 p.m. Nominations for official positions will close on Monday. Surf Boat For S.A. Lifesavers. (**1953, September 11**). *The Advertiser* (Adelaide, SA : 1931 - 1954), p. 9. Retrieved from http://nla.gov.au/nla.news-article48921485

An idyll since its earliest days, there is something very special about this tucked away beach and the palm groves that surround it. Today, as yesterday, it attracts people to Pittwater who then return or stay, in spirit, in the bay below the bends;

SUNTANNED, bearded **Ross Renwick**, of Roseville, N.S.W., who contributed the article opposite on **the current hot-doggin' craze**, can be found most summer weekends **with his balsa board at Bilgola Beach**, one of Sydney's northern beaches. Twenty-three-year-old Ross has been riding surfboards himself for seven years; he is looking forward to competing in the first hot-dog meet of this summer's surf carnival. The Weekly Round. (**1958, December 3**). *The Australian Women's Weekly* (1933 - 1982), p. 2. Retrieved from http://nla.gov.au/nla.news-article48077083


Bilgola beach, circa 1913 - Scanned from an original photographic album of views photographed and assembled by Arthur Ernest Hezlet (c1861 - 1929) of Burwood, New South Wales.

Bilgola Beach Surf Life Saving Club - Formative Years: Page 1 - threads collected by A J Guesdon, 2013.

Pittwater Online News

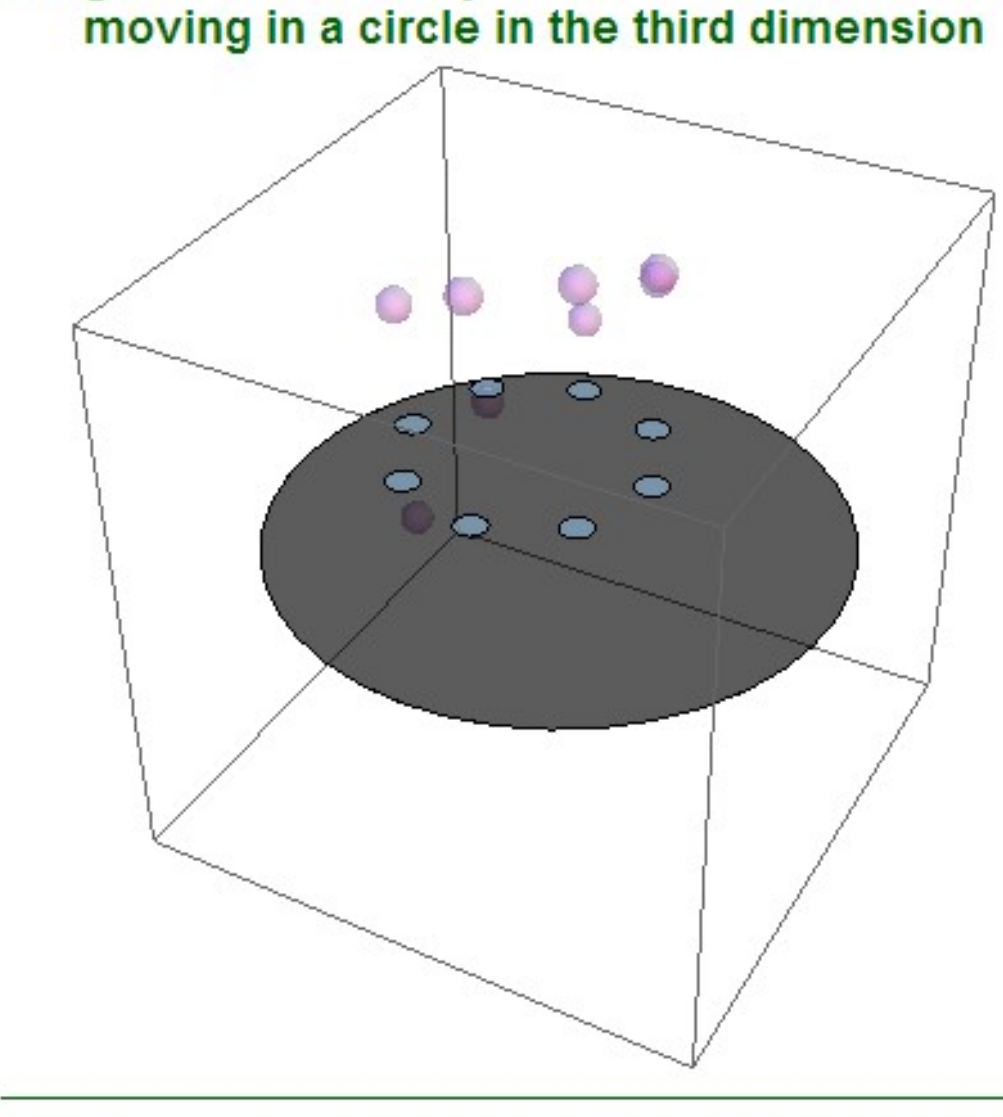
September 15 - 21, 2013: Issue 128

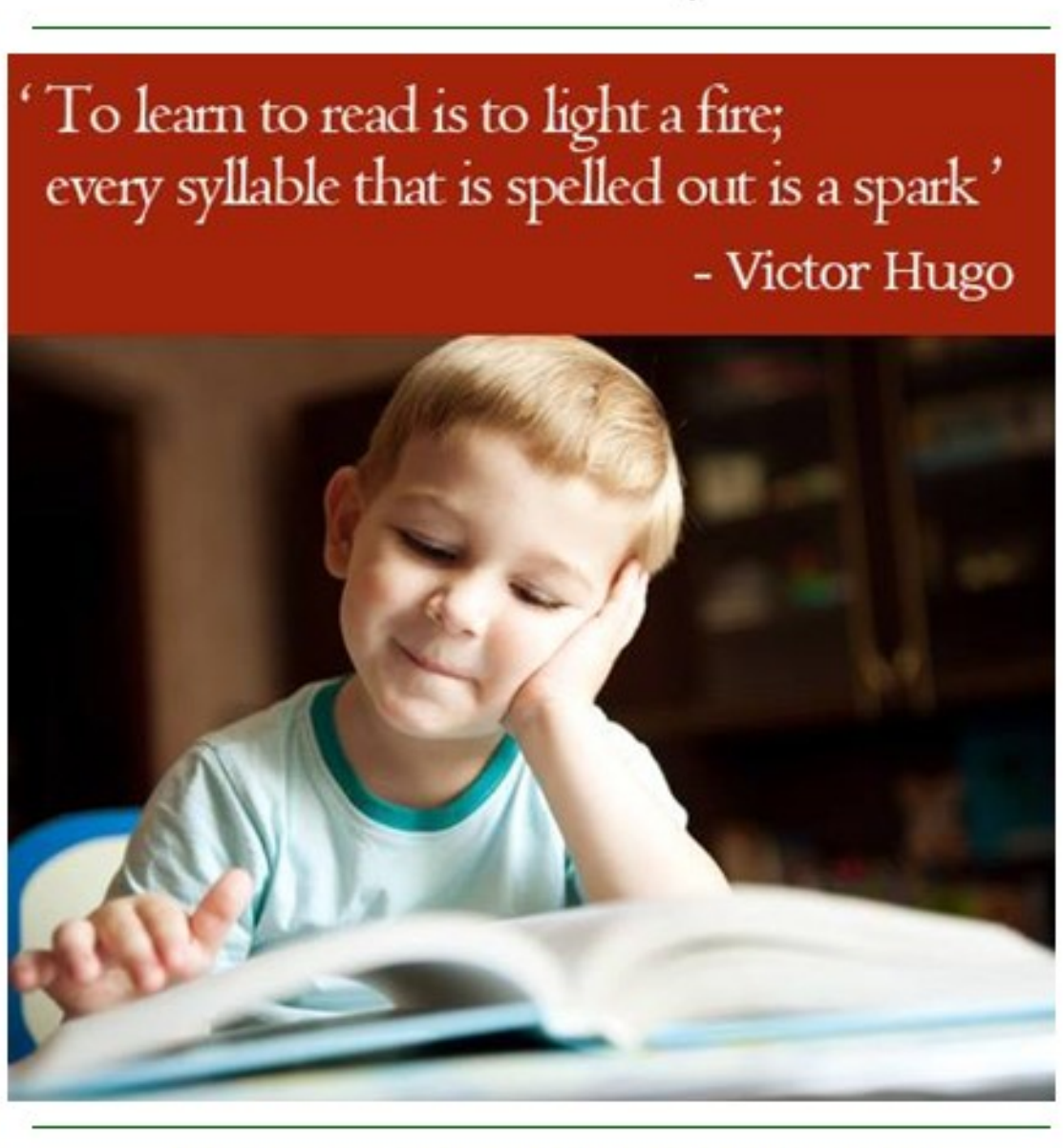
For you this week:

Maria Regina Catholic Primary School's DanceFever 2013 Winners by Joanne Seve, Peta Wise and Jo Kelly

World's Largest Grommet Festival Returns - an outline of the September 23-26 2013 Blast Off from BL and Co.

Pretty Poetic: Every individual dot moving in a straight line is actually the shadow of a ball that's moving in a circle in the third dimension





'To learn to read is to light a fire; every syllable that is spelled out is a spark'
- Victor Hugo

James And The Giant Peach (1996)

James and the Giant Peach is a Walt Disney 1996 musical fantasy film, based on the 1961 novel of the same name. The film is a combination of live action and stop-motion animation.

James And The Giant Peach (1996)
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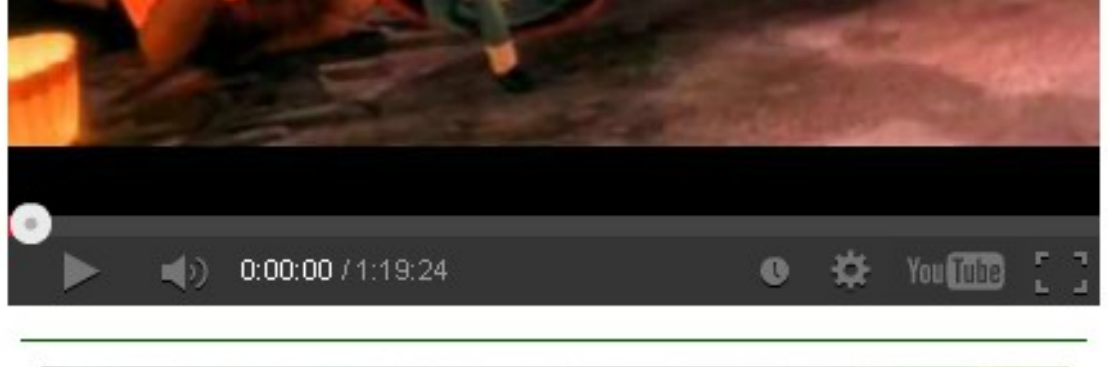


Mona Vale Mountain Cub Scouts Profile

Find out more about all the fun you can have at Mona Vale Mountain Cub Scouts Profile – yes, our Profile pages aren't just about those who can tell you about Pittwater before you were born, they're also about great clubs and activities that you too can get involved in!

Love Food, Hate Waste Cookbook

KIDS IN THE KITCHEN

Our own Pittwater Council has joined with other councils in our area to produce an online cookbook especially for children. This 'flipbook' Program allows you to read through and get some great ideas on how to use leftover veggies to make great pasta or make mini pizza. Yum !

Love food hate waste book: HERE

BackMeUp poll

The BackMeUp cyberbullying video competition is going to run again in 2013 and we need your help to select the best prizes for the winning videos. Vote HERE

Don't stand by. It could be YOU!

A reminder that the BackMeUp survey is still running, and we'd love to hear your thoughts. **Complete the survey by the 14th of September and you could go into the draw to win $50 JB Hi-Fi vouchers!** Stay tuned! Survey At: www.surveymonkey.com/s/XFXKXZC

LET'S READ NATIONAL EARLY LITERACY CAMPAIGN

FISHING
PICTURES
MICHAEL'S HAIRDO
MONSTERS
ANIMALS
SCARY STORIES
INSECTS
ELEPHANTS
I STARTED SCHOOL
HOBBIES
BUILDING THINGS

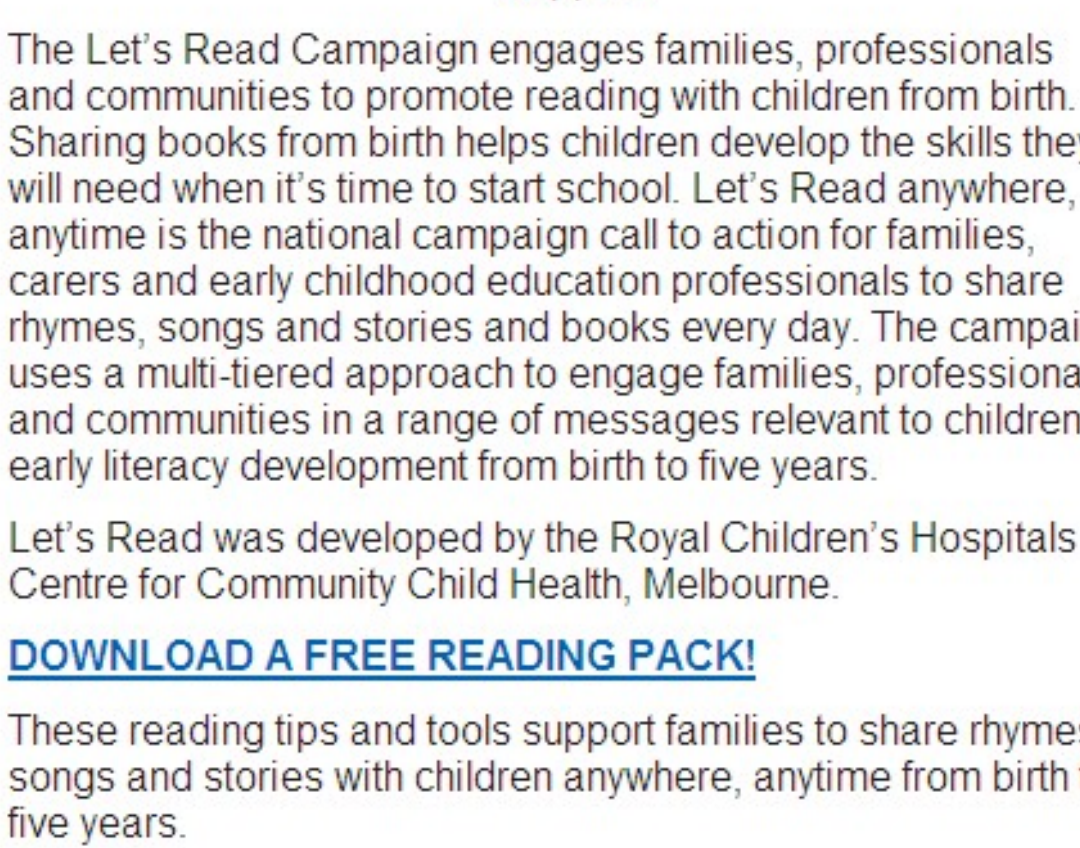
The Federal Government's Department of Education, Employment and Workplace Relations has funded the Murdoch Childrens Research Institute $1 million over 12 months to implement a Let's Read National Early Literacy Campaign. Building on existing evidence-based programs and leveraging off the designation of 2012 as the National Year of Reading, this campaign aims to develop and generate national, integrated early years literacy promotion and support.

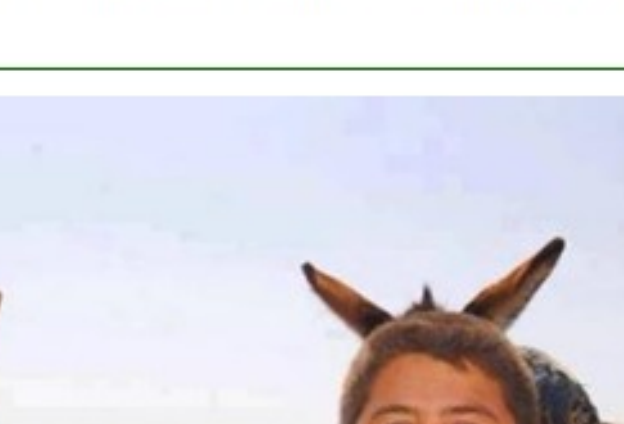
The Let's Read Campaign engages families, professionals and communities to promote reading with children from birth. Sharing books from birth helps children develop the skills they will need when it's time to start school. Let's Read anywhere, anytime is the national campaign call to action for families, carers and early childhood education professionals to share rhymes, songs and stories and books every day. The campaign uses a multi-tiered approach to engage families, professionals and communities in a range of messages relevant to children's early literacy development from birth to five years.

Let's Read was developed by the Royal Children's Hospitals Centre for Community Child Health, Melbourne.

DOWNLOAD A FREE READING PACK!

These reading tips and tools support families to share rhymes, songs and stories with children anywhere, anytime from birth to five years.





Mona Vale Library - Young Runarounds!

Mona Vale Library has expanded the books available through their 7-day loan collection of new titles for younger readers. These are all books which are currently deemed 'hot' in local book stores. To see the wide range of titles available have a look HERE.

Children's Storytime at Mona Vale Library

Mona Vale Library offers storytime for pre-school children every week during school terms. Children and their carers come and participate in a fun sing-a-long with our story teller as well as listen to several stories in each session, followed by some craft. Storytime is held in the Pelican Room of the library in front of the service desk. Storytime is free and no bookings are required. Storytime Sessions

Tuesdays 10.00am - 11.00am
Wednesdays 10.00am - 11.00am
Thursdays 10.00am - 11.00am

NATIONAL GEOGRAPHIC
Little kids
Tree Frog

National Geographic online fun For little kids:

Online Fun, games and a magazine they can subscribe to, all vetted by industry experts on this award winning website

HERE

Picture Books Online

Picture Books Online is a collection of classic picture books from Era Publications. Watch your favourite characters, stories and imagination come to life through Picture Books Online.

TARZAN 2 [Full Movie] [Disney Movie]

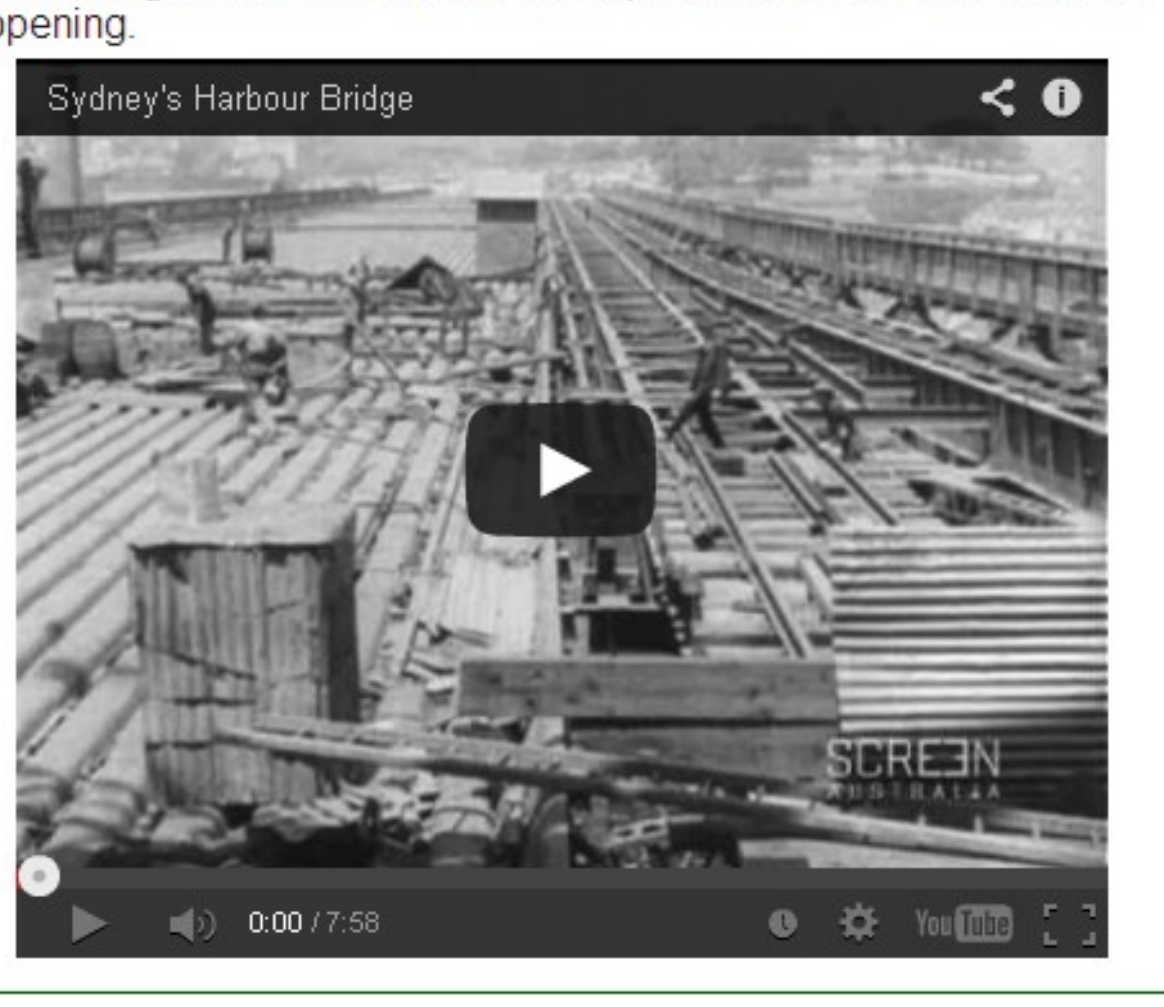
TARZAN 2 [Full Movie] [Disney Movie]
0:00:00 / 1:08:15

Holiday Movie Too - Madeline

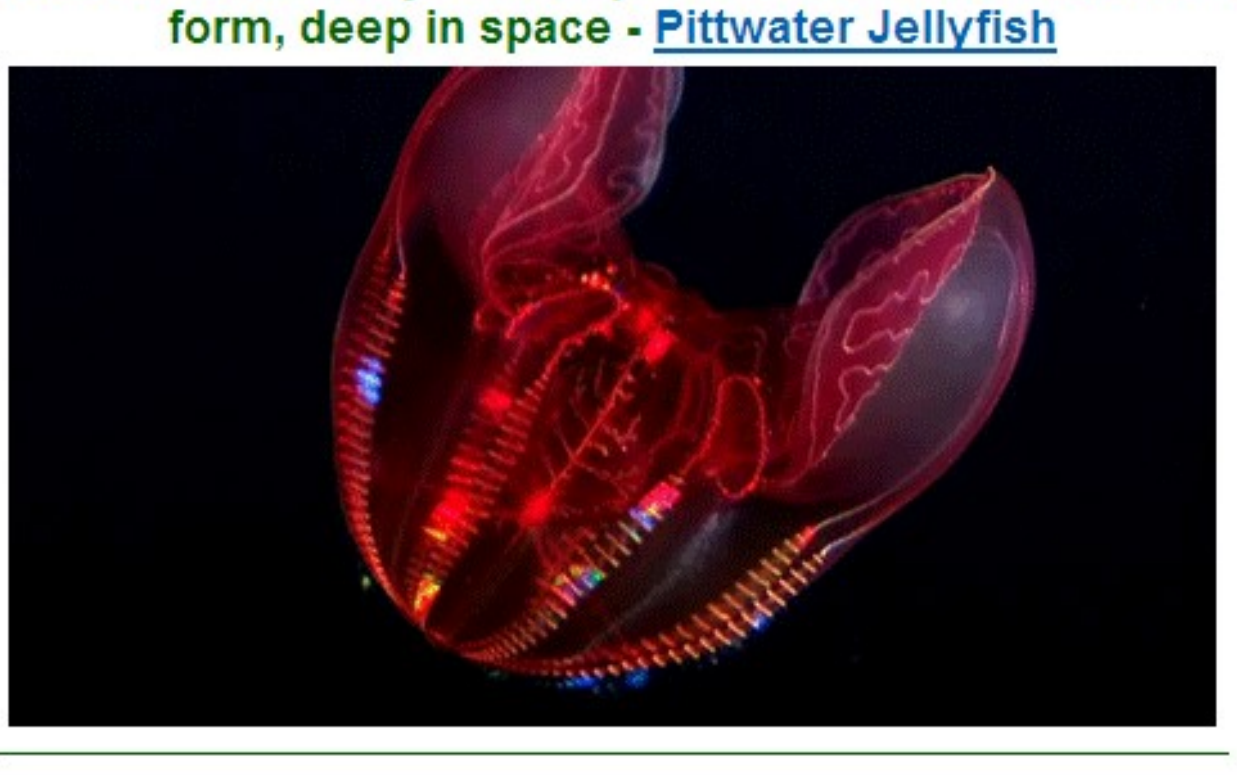
MADELINE
0:00:00 / 1:21:48

Building Sydney Harbour Bridge - C/- W.A.G.

Made by the Cinema Branch 1933. Directed by Lyn T Maplestone. Officially opened on 19 March 1932, the Sydney Harbour Bridge was a massive engineering undertaking that transformed the city. This short film documents the construction of one of the world's great landmarks in its various stages, and provides a fascinating glimpse of life around Sydney Harbour and Circular Quay in the twenties and thirties. The Cinema Branch regularly filmed events of special interest to the nation. There were at least 3 different films on the progress of the bridge. Sydney's Harbour bridge was filmed over several years and edited to celebrate the opening.



This is a Comb Jellyfish deep in the sea - not an alien life form, deep in space - Pittwater Jellyfish



Starting school? Tell Puffin all about it!
'Dear Puffin' Competition
STARTING SCHOOL
anna walker

'DEAR PUFFIN' COMPETITION

To celebrate the publication of STARTING SCHOOL written by JANE GODWIN and illustrated by ANNA WALKER you could win a signed set of beautiful picture books created by this award-winning team. To enter send a letter or drawing addressed to 'Dear Puffin' - sharing your thoughts and feelings about starting school. (Caregivers and parents will need to submit competition entry on behalf of entrants under 18 years of age.)

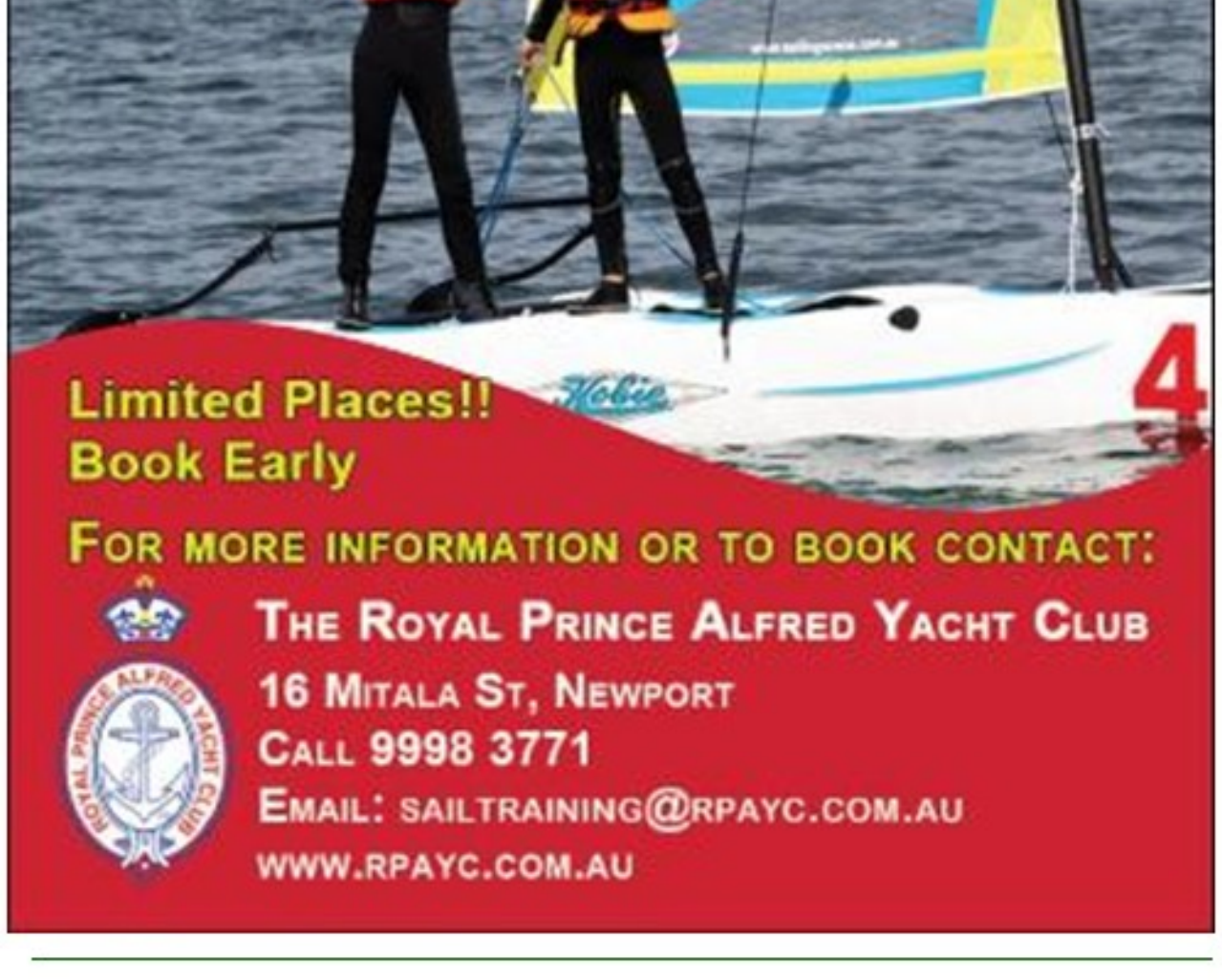
For more information, terms and conditions and to find out how to submit an entry click here.

Offer closes 10am AEST Monday September 30th, 2013.

START SAILING THESE HOLIDAYS

The Royal Prince Alfred Yacht Club, situated on Pittwater, at Newport has sailing courses for children between the ages of 7 and 16 these school holidays. Courses are fun and fully supervised by qualified instructors.

Learn to Sail Kids Holiday Camps
Level 1 & 2 (7 - 12)
Teenage Hobie Wave Program (13 - 16)
Four Day Course 9:00am - 3:30pm
Spring Camp 1
Tues 24 - Fri 27 Sept 2013
Spring Camp 2
Tues 1 - Fri 4 Oct 2013
Cost: $330 Members / $380 Non Members



Limited Places!!
Book Early

FOR MORE INFORMATION OR TO BOOK CONTACT:
THE ROYAL PRINCE ALFRED YACHT CLUB
16 MITALA ST, NEWPORT
CALL 9998 3771
EMAIL: SAILTRAINING@RPAYC.COM.AU
WWW.RPAYC.COM.AU

Triple Zero Kids' Challenge

Kids, learn about what happens when you call Triple 000. Triple Zero Kids' Challenge is an online game designed for children of kindergarten and primary school age. The game consists of nine safety scenarios. kids.triplezero.gov.au/

CEC – Kids on the Coast School Holiday Program

Monday 23rd of September – Friday 4th of October, 2013

This year's program combines a mix of outdoor adventure, discovery and learning, art, craft, fun and games, with an emphasis on the plants and animals that make up our coastal environment. Field trips to the headlands, lagoon, beach or bushland are fun and exciting, and a great way for kids to learn more about our coast. Our activities suit kids aged 5 - 12 years. These holidays we have some great activities that your children will love!

The Spring 2013 program is here!

Session Times (unless otherwise specified): Morning session (am): 10am to 12pm or Afternoon session (pm): 1pm to 3pm

Full-Day Program: 10am to 3pm (two environmental educational activities, including supervision over lunch)

Note - BYO lunch, snacks and drinks. Please avoid nut products.

See Terms and Conditions.

Cost (inc. GST): Single session $22 per child; Full-day $55 per child

Bookings & Enquiries: Online Booking. Call the CEC on 1300 000 CEC (232) or in person at the CEC - Pelican Path, Lake Park Road, North Narrabeen (see map)

FAST & FURIOUS FILM-MAKING!

Now in its eleventh year, the 24/7 Youth Film Festival will kick off this weekend on Saturday 17 and Sunday 18 August. 24/7 is supported by Pittwater, Warringah, Manly, and Mosman Councils. **The festival is aimed at young film-makers aged 12-24** with the goal of shooting a short 7 minute film in the space of 24 hours. The festival also showcases local creative talent, giving valuable training, exposure and experience in all aspects of film making – and to have a great time in the process!

The competition weekend will take place over the weekend of 17-18 August, kicking off at Star of the Sea Theatre in Manly. Registrations opened at 10am on Saturday 17 August, with the 24 hour film-making process starting at midday. At the launch participants will be given the secret items to be included in their film.

All films submitted will be shown on the big screen at Collaroy Cinema on 4 and 9 September from 6pm. A panel of industry professionals plus young people from outside the region will judge the films to decide the Top 10.

The films will be unveiled at the Finals Awards Night at Warriewood Cinema on Sunday 15 September. Awards on the night will be given for criteria such as Best Film, Best Actor, Best Script, and People's Choice Award, with great prizes on offer.

24/7 Youth Film Festival can be found online: Facebook and http://247youthfilmfestival.tumblr.com/

Keep children safe online

The Easyguide to Socialising Online is available here The Cybersafety Help Button is available to download free of charge here More information about the ACMA's Cybersmart program is here

Stories for you already run:

Adrenalin 360 Surf and Skate Competition and Kids Festival

Are You up to the RED BELT CHALLENGE by Hoshin Australia

ArtFest 2012 - Biannual Children's Art Exhibition

Australian Ibis for Children

Australia's First School Launch was in Pittwater

Australia's First Steamers

Avalon Bulldogs Season Open Pictorial

Avalon Junior Rugby League Super Saturday

Avalon Sailing Club Teaches A Novice To Sail

Bilgola Plateau Public School - Sustainable Practices

Bilgola Student and Avalon lady attend Aboriginal and Torres Strait Islander Veterans 6th Annual Commemorative Service at Hyde Park

Bilgola Plateau's NAIDOC Week Celebrations; Darinyung Sculpture and Under A Starry Sky

Dance Fever 2012 by Peta Wise

Friendly Toulouse Goose at Palm Beach - Yes! Pittwater has her very own 'Mother Goose'

Grandparents Day 2012 by Peta Wise

Harvest Day 2012 at Maria Regina Avalon by Alexis Conn and Peta Wise

Heartsong - an Anthology of Pittwater Poetry Launched

Hoishin Anti-Bullying Summer Camp 2012

Kangaroo Dance

Learn2Swim Narrabeen Coastal Platform Tour for children

Maria Regina Catholic School at Avalon: Christmas Crafts for Children

Maria Regina Celebrates Timor-Leste's 10th Anniversary of Independence 2012

Mona Vale Public School's Centenary Launch

Mona Vale Public School Centenary Festival Day 15th of September, 2012

Mr Wiseacre Discourses. ON LIGHTHOUSES

MV Reliance and Maria Regina Avalon - Clareville Outing

Newport Student Wins RMYC MArine Art Prize

NLASC Narrabeen Rockpool Learn to Swim Program by J P Fisher and Glenn Nicholls

112th National Australian Flag Day this Tuesday, 3rd of September

Online World To Be Safer - Sonar Dolphins Arise!

Pacific Black Duck taking a bath at Careel Creek

Pelican Dreamsong - A Legend of the Great Flood - dreamtime legend for children

Pink Ribbon Day at Maria Regina by Joanne Seves

Pittwater's Break The Famine Lunch 2013

RPAYC Youth Development Program Graduates Win 2012 Bird Island Race by Damian Devine

RPAYC Hosts 20th HARKEN International Youth Match Racing Championships by Damian Devine

Schoolchildren's gifting of 'play!' to their fellow schoolchildren

SLSC 2013 Interstate Championships - at Newport

Spotted Gums of Pittwater Inspirations

Summer is Channel-billed Cuckoos Season - Fledglings 2013 by Jeffrey Sabri and Andrew Tiede

The Northern Beaches Music Festival's YOUNGBLOODS Competition

The Royal Prince Alfred Yacht Club Teaches over 600 Children to Sail Each Year by Damian Devine

Timor Leste Independence Day Celebrations at Maria Regina Avalon - 2013

Winning the Homework War by Rosemary Smith

Youth Leading the Way 2013 - Environmental Congress Empowering our Youth and Inspiring Initiatives for Change

Zoomobile at Loquat Valley School, Bayview

ATLAS OF LIVING AUSTRALIA CELEBRATES 40 MILLION MILESTONE - 12 SEPTEMBER 2013

How many amphibians, arthropods or protozoa are living in your backyard? **With over 40 million specimen records now available online** in one location, you can find out! **The Atlas of Living Australia** has achieved a significant leap forward in bringing Australia's biodiversity information together online, making it easy to access and analyse.

The Atlas now provides access to over 40 million records thanks to the addition of over 700,000 specimen records from Queensland Museum and 560,000 new and updated specimen records from Museum Victoria, including 23,000 images.

"Queensland Museum's entire digitised biodiversity collections are now available online for anyone to access for any purpose, from simply admiring our country's unique and beautiful biodiversity, to figuring out how to sustain our natural environment," Queensland Museum Network CEO Professor Suzanne Miller said. "The Atlas of Living Australia provides immediate access to reliable and verifiable information about Australia's remarkable biodiversity and lets us share this information with the world."

The 40 million records available via the Atlas include specimens held in collections, observations made in the field, molecular data, literature, maps, sound recordings and photographs.

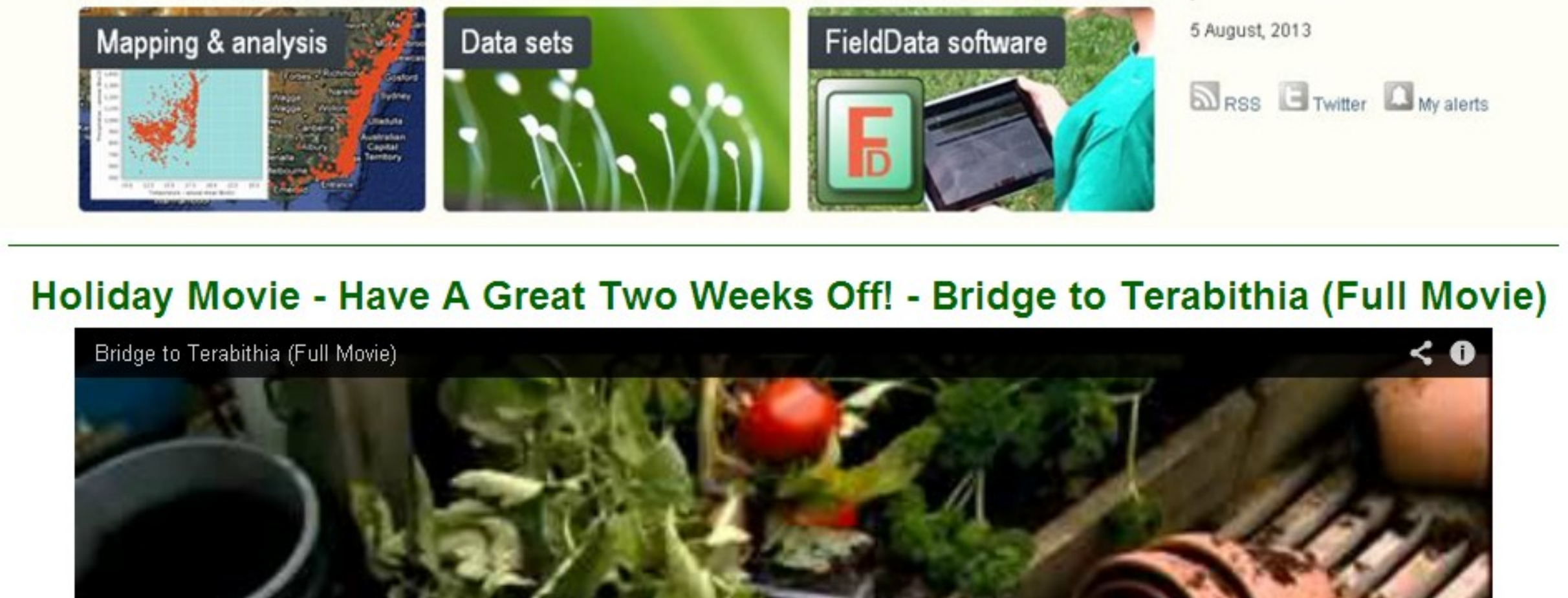
"Museum Victoria's collection dates back over 150 years. Our specimens, data and images are critical to furthering the understanding of Australia's biodiversity and we are pleased to share them with the nation through the Atlas of Living Australia," Museum Victoria CEO Dr J Patrick Greene said.

The Atlas is also calling for citizen scientists to upload their own photos and sightings of Australian species and is crowd sourcing digitisation of field notes, diaries and specimen labels held by museums and collections.

"With over half a billion records downloaded, the Atlas demonstrates the power of collecting biodiversity data once and reusing it many times over to benefit research, conservation and planning. There are still a lot of biodiversity records out there and we encourage organisations to come forward and share their data via the Atlas," Atlas of Living Australia Director Dr John La Salle said. "The records in the Atlas can be put to many uses, from simply looking up species or finding out what species occur at any location in Australia, to informing pest management, helping revegetation groups understand what species to plant and predicting species distributions in the future."

The Atlas of Living Australia is a partnership between CSIRO, Australia's museums and herbaria, biological collections, research organisations, universities and government departments.

The Atlas of Living Australia has received Australian Government contribution of $41.3 million, comprising $8.5 million from the National Collaborative Research Infrastructure Strategy program, $30 million from the Super Science Initiative and $2.8 million from the Collaborative Research Infrastructure Scheme.


ATLAS OF LIVING AUSTRALIA
sharing biodiversity knowledge
My profile | Log in
Search the Atlas
Search the Atlas
Sharing biodiversity knowledge
Contributed by Australia's academic, scientific, environmental communities and you
Get involved
Explore
Australia's species
Species by location
Natural history collections
Mapping & analysis
Data sets
FieldData software
Blogs & news
Science Symposium presentations now available
5 August, 2013
RSS
Twitter
My alerts

Holiday Movie - Have A Great Two Weeks Off! - Bridge to Terabithia (Full Movie)

Bridge to Terabithia (Full Movie)

Explore the West with WilderQuest!

The WilderQuest website is now even bigger with the addition of our new desert environment. From the mighty red kangaroo to the mighty useful dung beetle, there's an abundance of new plants and animals for your kids to discover. Check out the website.

WilderQuest is a fun and innovative children's program designed to inspire love and care for nature. Its aim is to motivate and encourage children to learn about and experience the natural world, using a combination of digital and real-life encounters.

Stay up-to-date with all of the great things happening at WilderQuest at our brand new Facebook page. We'll be posting game updates, fun tours for kids and lots of quirky wildlife facts that are sure to impress your friends and family.

About

www.nationalparks.nsw.gov.au/wilderquest Ignite your kids love of nature with WilderQuest! WilderQuest makes nature fun and easy for children to understand by experiencing the natural world online and in NSW national parks and reserves.

Mission

To engage, excite and create a fun place to inspire children to learn about and experience the natural world.

Company Overview

WilderQuest is an initiative run by the NSW National Parks and Wildlife Services (NPWS), which is part of the NSW Office of Environment and Heritage (OEH).

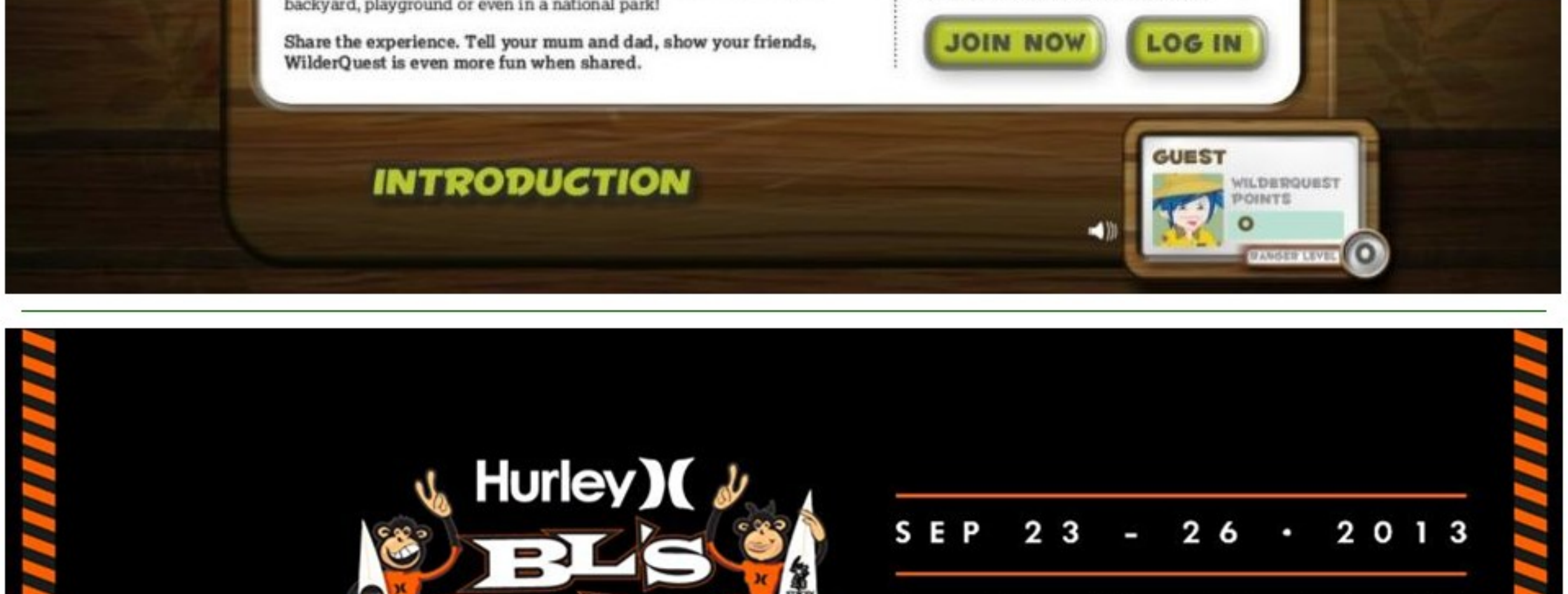
NPWS manages over 880 national parks and reserves. This comprises of more than 7 million hectares of landscapes from rainforests and rugged bush to coastal landscapes and outback deserts. Through WilderQuest, NPWS invites children and families to visit, explore, discover and enjoy these special places and to commit to their protection and enhancement.

Description

WilderQuest aims to educate and inform children and their families about nature and provide opportunities for them to engage with nature in easily accessible national parks.

WilderQuest also promotes an online learning environment, through the WilderQuest website and app, to help Australian children become comfortable with and fascinated by nature. Children can discover ecosystems – from rainforests to coastal regions – play games and learn about Australian plants and animals, guided by Ranger Sam and his host of friendly and cheeky native animals.

Visit the website www.wilderquest.nsw.gov.au or Download the app http://bit.ly/15vDcKt



WELCOME TO WILDERQUEST

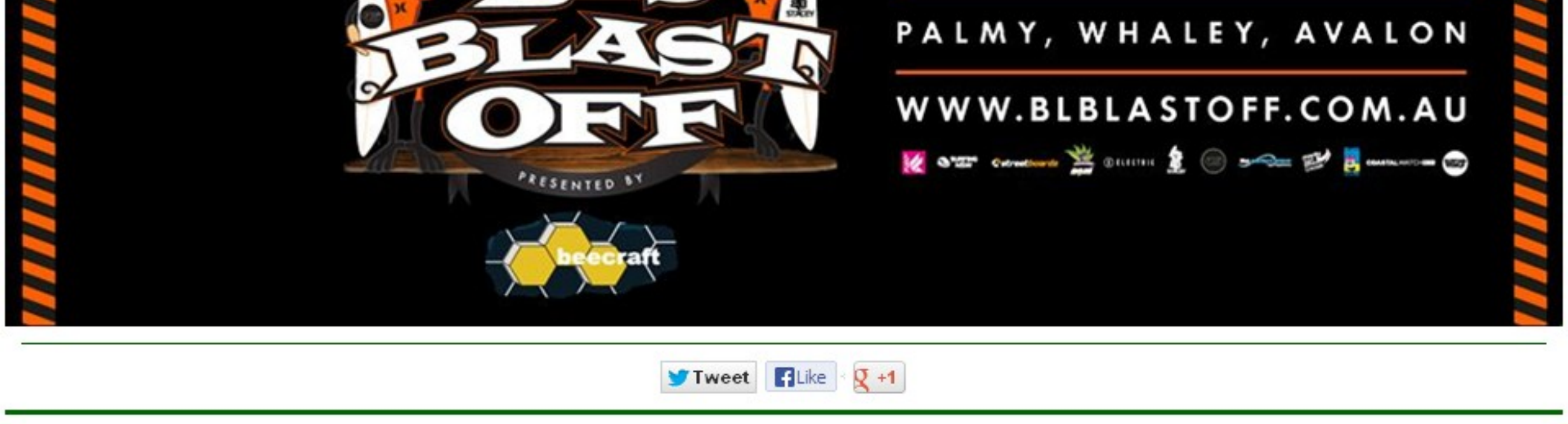
Are you ready to set off on a wild adventure? Join Ranger Sam and his friends on WilderQuest. Discover amazing places – from rainforests to coastal regions – play games and learn about Australian plants and animals. Look for traces of animals, collect images and decorate your own cubby house online. And find out about all the cool stuff to do in your backyard, playground or even in a national park!

Share the experience. Tell your mum and dad, show your friends, WilderQuest is even more fun when shared.

KIDS
- Join today and become a WilderQuest Ranger
- Create your own WilderQuest character
- Customise your Cubby house
- Play games
- Earn points and rewards
- Collect badges

TEACHERS
More info for teachers from the NSW National Parks and Wildlife Service.

PARENTS
More info for parents from the NSW National Parks and Wildlife Service.



SEP 23 - 26 • 2013
PALMY, WHALEY, AVALON
WWW.BLBLASTOFF.COM.AU

Pittwater Online News

September 15 - 21, 2013: Issue 128

For you this week:

Maria Regina Catholic Primary School's DanceFever 2013 Winners by Joanne Seve, Peta Wise and Jo Kelly

World's Largest Grommet Festival Returns - an outline of the September 23-26 2013 Blast Off from BL and Co.

PITTWATER COUNCIL — CELEBRATING 20 YEARS 1992-2012

YOUNG PEOPLE HOLDING THE KEY TO OUR SUSTAINABLE FUTURE

Pittwater and Warringah Councils hosted the Youth Leading the World (YLTW) conference at the Coastal Environment Centre (CEC) at North Narrabeen from 3 to 5 September 2013.

21 high school students from across the northern beaches discussed environmental issues affecting them and worked on future action plans. The Congress culminated with an event attended by Pittwater Mayor Jacqueline Townsend, Warringah Mayor Michael Regan, Pittwater Councillors Kylie Ferguson and Selena Griffith as well as council staff and members of the community.

The event was facilitated by Cr Vanessa Moskal of Warringah Council and local high school students Jessica Lawson, Jessica Chignell, Josy Clucas and Meagen Storey.

Warringah Council's education officer Leonie Maddigan said the Youth Leading the World conference never fails to fill her with inspiration.

"The young people of the northern beaches are full of innovation, passion and enthusiasm that is contagious," she said.

Pittwater Council's education coordinator David Lowery said one of the main messages from students who attended the event was that there needs to be more engagement with young people in tackling our environmental and social justice issues.

"The use of social media and technology to connect people together and create really engaging presentations was also seen as key in getting the message across," said Mr Lowery. "The young people developed some innovative and creative action plans such as installing reverse vending machines to pay for recycling and using social media to sell the message of alternative energies."

"The students and facilitators also produced an engaging video entitled Northern Beaches YOUth LEADing the World Congress 2013 that they posted on Youtube.

Mr Lowery said the students who attended the forum really appreciated spending time with other students from the area and networking with our local representatives and local business people to have their voices heard."

"Attendees have also agreed to meet every term to work together and support each other in achieving their goals."

"These young people hold the key to our sustainable future!" Mr Lowery added.

PITTWATER COUNCIL — CELEBRATING 20 YEARS 1992-2012

HSC 'LOCK-IN' AND FREE PIZZA OFFER RETURNS!

Mona Vale Library is once again offering to 'lock up' HSC students for special after-hours study sessions at the library from 24 September. To make studying for the HSC exams even more palatable, the library will be offering students free pizza along with Tuesday evening study sessions.

The lock-in and free pizza sessions will be **every Tuesday evening from 6pm to 9pm between 24 September and 22 October**. **Early opening hours at Mona Vale Library** will also be on offer **to HSC students each weekday from 9am to 10am, from Monday 23 September to Tuesday 5 November.**

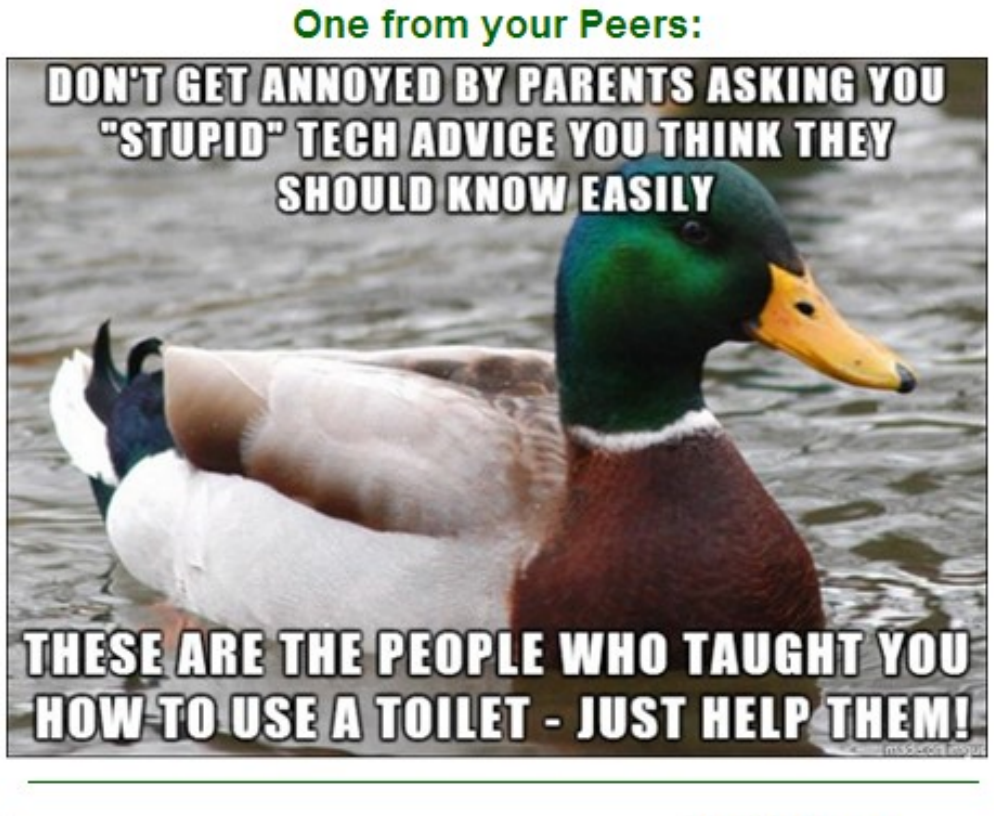
The library normally opens at 10am on weekdays, but HSC students will have access to the library from 9am during this period.

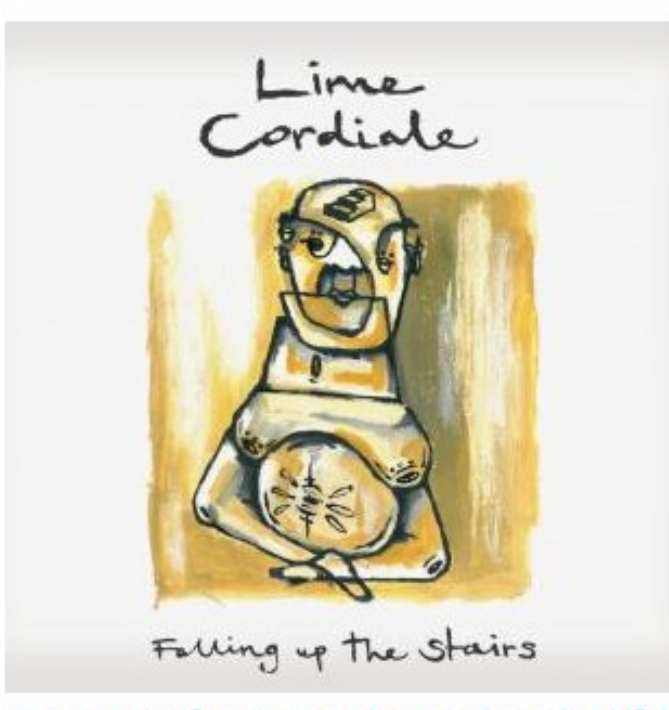
Library Manager Cathy Howie said that the after-hours study sessions aimed to help HSC students to make use of a quieter environment for studying.

"We hope the offer of free pizza on Tuesday evenings will also make studying a little less stressful for them," she said. "The only requirement for students to take advantage of the study 'lock-in' is for them to arrive by 6.15pm on the Tuesday evening at the library, or by 9.15am for the early morning sessions."

Mona Vale Library is located at 1 Park Street, Mona Vale.

One from your Peers:


DON'T GET ANNOYED BY PARENTS ASKING YOU "STUPID" TECH ADVICE YOU THINK THEY SHOULD KNOW EASILY
THESE ARE THE PEOPLE WHO TAUGHT YOU HOW TO USE A TOILET - JUST HELP THEM!


Lime Cordiale
Falling up the Stairs

NEW Lime Cordiale EP.

It's out this week. Pre-order it now for a extra special signed copy at link below;

www.waterfrontrecords.com/product/81889

PITTWATER COUNCIL — CELEBRATING 20 YEARS 1992-2012

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Now in its eleventh year, the 24/7 Youth Film Festival will kick off this weekend on Saturday 17 and Sunday 18 August. 24/7 is supported by Pittwater, Warringah, Manly, and Mosman Councils. **The festival is aimed at young film-makers aged 12-24** with the goal of shooting a short 7 minute film in the space of 24 hours. The festival also showcases local creative talent, giving valuable training, exposure and experience in all aspects of film making – and to have a great time in the process!

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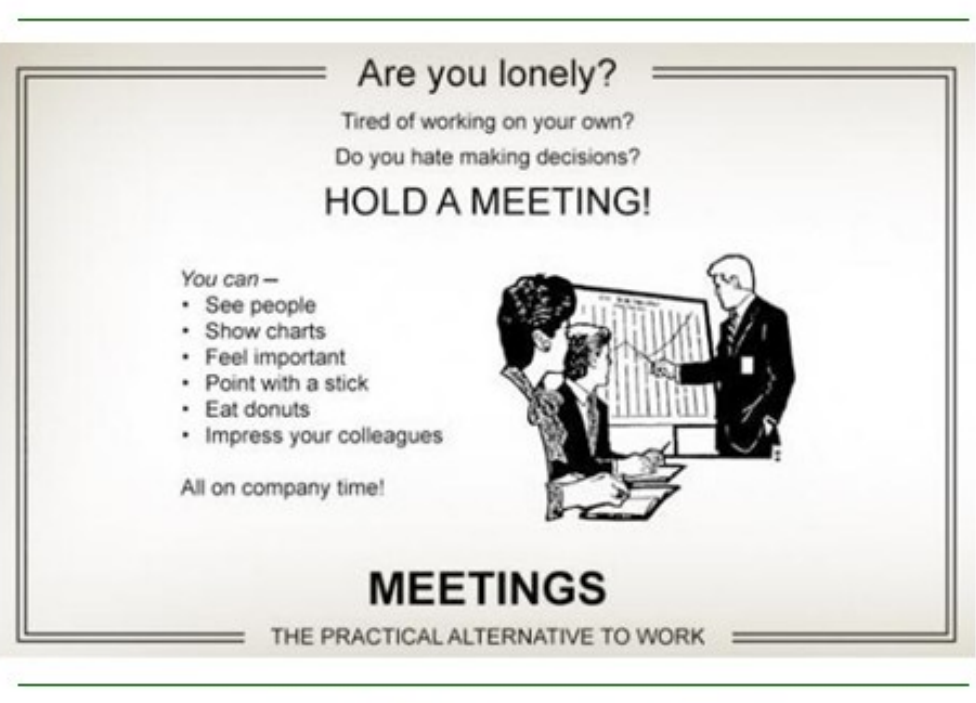
24/7 Youth Film Festival can be found online: Facebook and http://247youthfilmfestival.tumblr.com/


Are you lonely?
Tired of working on your own?
Do you hate making decisions?
HOLD A MEETING!
You can –
• See people
• Show charts
• Feel important
• Point with a stick
• Eat donuts
• Impress your colleagues
All on company time!
MEETINGS
THE PRACTICAL ALTERNATIVE TO WORK

ORIGINAL SOURCE INTENSE SURF CHALLENGE

Australia's leading big-wave maniacs are on a new hunt with the launch today of the inaugural Original Source Intense Surf Challenge. But they won't be alone as the public will be riding with the contestants on every massive wave in this unique, interactive, digital surf tour. Fifteen of Australia's top big-wave surfers and slab hunters were invited to join the six-month competition running **from 1st August, 2013, to 31st January, 2014 with the winner to receive $30,000.**

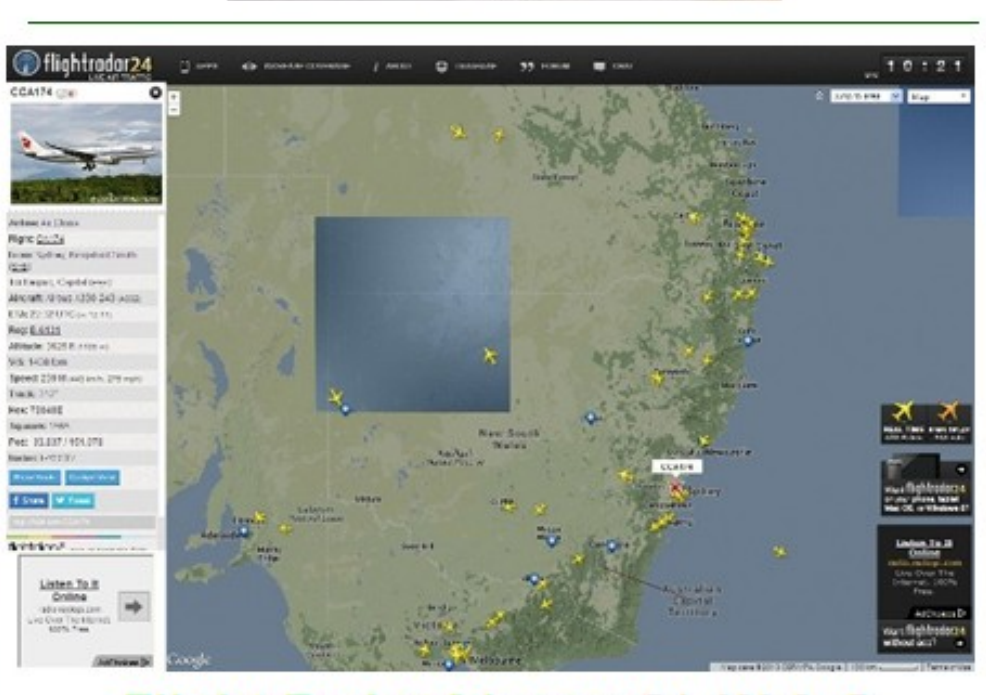
The 15 surfers taking on the challenge are: Jamie Mitchell, Asher Pacey, Jeff Rowley, Richie Vaculik, Riley Laing, Kerby Brown, Marti Paradisis, Dean Morrison, Anthony Walsh, Laurie Towner, Ryan Hipwood, Dean Bowen, Tyler Hollmer-Cross, Brett Burcher and Josiah Schmucker.

The event's ambassador is big-wave champion Mark Mathews. Each month, the contestants will submit to the event website www.intensesurfchallenge.com a 30 second clip of them riding an intense wave, which can be from past exploits or during the competition period. **Each clip will be open to public vote** and the website will host a live leader tally board constantly updating so surfers and the public will know who is leading at any stage of the day.

Have you voted in the Original Source Intense Surf Challenge yet? What are you waiting for?

You could win $5000 and a trip to Fiji just by voting and sharing. Get over to http://www.intensesurfchallenge.com/ to vote on your favourite clip.

Year 13: Finishing school and want some answers as to what your options are next ? Have a look at the Year 13 website for a plethora of answers. At: http://year13.com.au/



Flight Radar 24.com C/- W.A.G.

Have you ever wondered where that plane flying over head is going and what type of aircraft it is? On flightrader24.com you can do just that.

I just watched on my laptop the plane whose vapour trail I could see over head and was blown away by all the information and also the view. This is definitely a keeper.

You are also going to be totally blown away when you see how many aircraft are flying in your area. I can now see why an aircraft traffic controller is one very, very busy person.

If you can get this working for you it will tell you who is flying and where they are going. Here is a note to help you get more out of your visit to this site:

These are all the aircraft in the air right now. In the left hand column, there is a box called "planes." The number in the box is the number of aircraft airborne. This view is what the traffic management people see for planning purposes at the various airports.

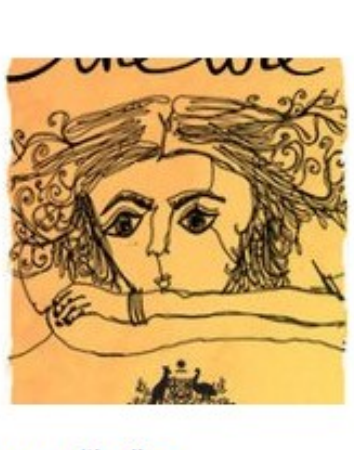
Every day you see planes in the sky, sometimes very high, with or without con-trails. We ask ourselves questions :

What type of plane, airbus A320,330,350? Boeing.....or other. Where does it come from, where is it going, what altitude, what speed, what company etc. on this website you can see all the information instantly on your screen.

Some tricks;

Drag the map to take you to the area you want to view. To view your region or town, you can zoom in by tapping with your mouse. On the map you will see all the planes in the air. Click on a airplane, and on the left screen you will get all the info. Airline, type, speed, altitude in real time, recalculated every 10 seconds. On some you can also click on 'view from the cockpit'. See www.flightradar24.com/

The Line



Official "The Line" page on Facebook, brought to you by the Australian Government. We've created this space to discuss respectful relationships. Please read our moderation guidelines before participating http://on.fb.me/Yp9eYy

Do you need information on respectful relationships and where to draw The Line?

Explore The Line website: www.australia.gov.au/theline

If you need help or would like to talk to someone call: 1800 MYLINE (1800 695 463) to talk confidentially and for free with a trained counsellor or Kids Helpline on 1800 55 1800.

Numbers operate 24 hours a day, 7 days a week and the person you speak to will be an experienced counsellor, not the police, not a government department. You will not have to give your name.

* Please note that all mobile phone calls made from within Australia to Kids Helpline—using Optus (including Virgin), Vodafone, and Telstra—and 1800 Respect—using Telstra—are now free.

Online Safety and Cyberbullying: Are you being bullied online or has something happened online that makes you feel uncomfortable, scared or sad? Call Kids Helpline on 1800 55 1800 or go to the Kids Helpline online counselling service

Relationship Violence: Are you or have you been: scared of someone hurting you? sexually assaulted? concerned about violence in a relationship with a friend, partner or family member? Call 1800 RESPECT (1800 737 732) or talk to a counsellor online.

Crisis Support, Suicide and Mental Health

If you would like to talk to someone about anxiety, depression, loneliness, suicidal thoughts or attempts: Call Lifeline on 13 11 14

Bullying; NO WAY !!!

This website has many different items and guidelines on how to deal with bullying. If you can't find it there, ask someone in school or talk to mum and dad. **Make sure you are heard**. We are here to lift each other up, not tear each other down. Anyone who tries to tell you otherwise is wrong.

Don't follow the Guru you are the Guru
MARLA ?
SAVE THE FORESTS

The Computer History Museum offers many online exhibits on a variety of topics related to the history of computing. The first 2000 years of Computers is HERE

Bus Pass Replacement

HERE

BackMeUp — Don't stand by. It could be YOU!

BackMeUp poll - Posted 14 May 2013 by Commission

The BackMeUp cyberbullying video competition is going to run again in 2013 and we need your help to select the best prizes for the winning videos. Vote HERE

A reminder that the BackMeUp survey is still running, and we'd love to hear your thoughts. **Complete the survey by the 14th of September** and you could go into the draw to win $50 JB Hi-Fi vouchers! Stay tuned! Survey At: www.surveymonkey.com/s/XFXKXZC

Send In Your Stuff

Pittwater Online News is not only For and About you, it is also **BY** you. We cannot publish swearing or the maligning of others (this is the opposite of what we stand for). If you have a poem, story or something you want to see addressed, let us know or send to: pittwateronlinenews@live.com.au

All are Welcome, All Belong !

Tweet | Like | +1

Powerhouse Museum Online Fun

The Powerhouse Museum, besides offering great exhibits, also has a range of online activities and games with a bit of educational insight.

An example: This online skittles game is based on a Victorian table game of skittles, c. 1880, made of wood and coloured paper, from the Powerhouse Museum's collection (object number A7575). Games which combined an element of chance while developing hand-eye coordination were very popular as family entertainment during the later part of the 19th and early 20th century. More HERE

The Internet allows us to store and access Old Books, Films and photos that may not be accessible elsewhere.

For works now archived and available to all, please visit: http://www.archive.org/

Mona Vale Library - Duke of Edinburgh Awards

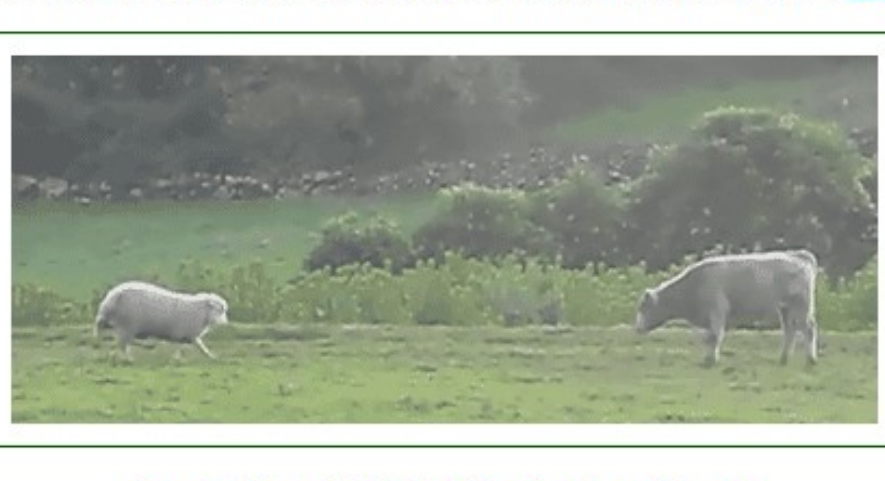
During term times, Mona Vale Library accepts students completing the volunteering component of their Duke of Edinburgh Award Scheme. There are jobs available for the Bronze, Silver and Gold levels of the Scheme. Students who wish to participate in the Duke of Edinburgh program at the library need to be prepared to commit one hour per week during school terms for however many weeks they need to complete. Hours can be made up only in rare circumstances. Details HERE.

Keep children safe online

The Easyguide to Socialising Online is available here

The Cybersafety Help Button is available to download free of charge here

More information about the ACMA's Cybersmart program is here



Love Food, Hate Waste Cookbook

KIDS IN THE KITCHEN

Our own Pittwater Council has joined with other councils in our area to produce an online cookbook especially for children. This 'flipbook' Program allows you to read through and get some great ideas on how to use leftover veggies to make great pasta or mini pizza. Yum !

Love food hate waste book: HERE

Great rewards for Asparagus attack!

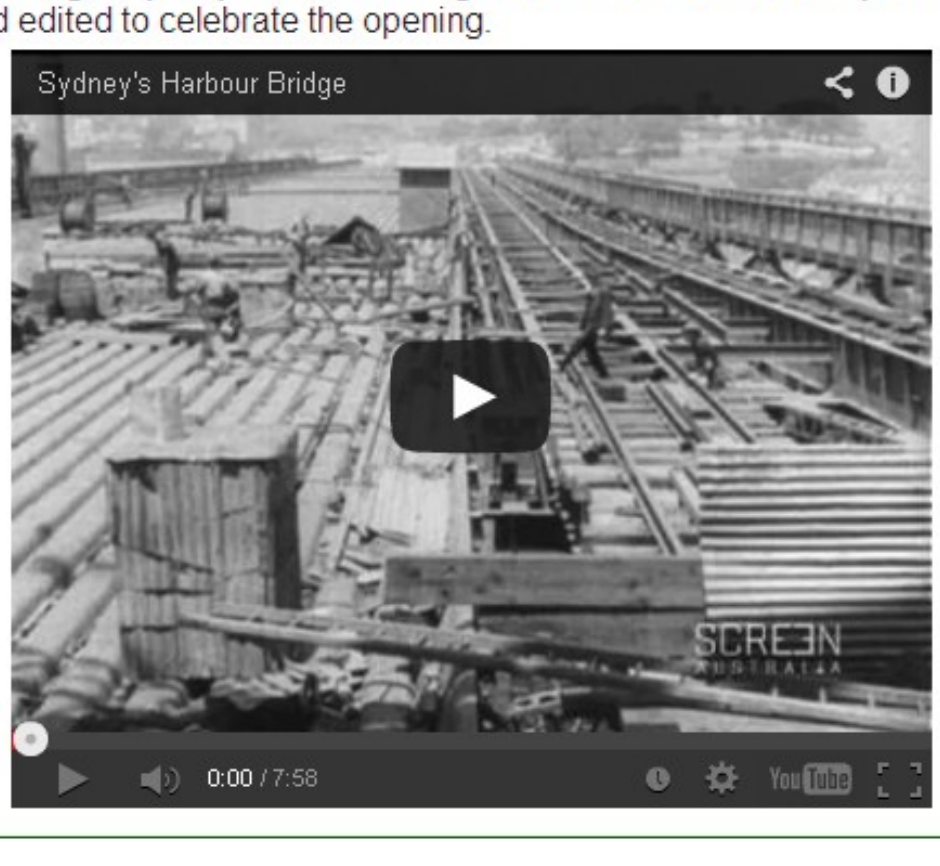
The war against Pittwater's worst weed, Asparagus Fern, will be waged again at spectacular **Barrenjoey Headland and North Palm Beach Dunes on Saturday 28 September.**

Give 4 hours of your time helping us continue the amazing work achieved by Optus RockCorps volunteers earlier this year, then share your story with the Optus RockCorps Collective to EARN A $70 TICKETMASTER VOUCHER! You'll also feel pretty good about yourself!

Want to know more? Sign up to share your volunteer story at www.optusrockcorps.com.au and then RSVP for this event by contacting Council's Bushcare Officer on 9970 1367 or email Helena_dewis@pittwater.nsw.gov.au

Building Sydney Harbour Bridge - C/- W.A.G.

Made by the Cinema Branch 1933. Directed by Lyn T Maplestone. Officially opened on 19 March 1932, the Sydney Harbour Bridge was a massive engineering undertaking that transformed the city. This short film documents the construction of one of the world's great landmarks in its various stages, and provides a fascinating glimpse of life around Sydney Harbour and Circular Quay in the twenties and thirties. The Cinema Branch regularly filmed events of special interest to the nation. There were at least 3 different films on the progress of the bridge. Sydney's Harbour bridge was filmed over several years and edited to celebrate the opening.


Sydney's Harbour Bridge
SCREEN AUSTRALIA
0:00 / 7:58

This is a Comb Jellyfish deep in the sea - not an alien life form, deep in space - Pittwater Jellyfish

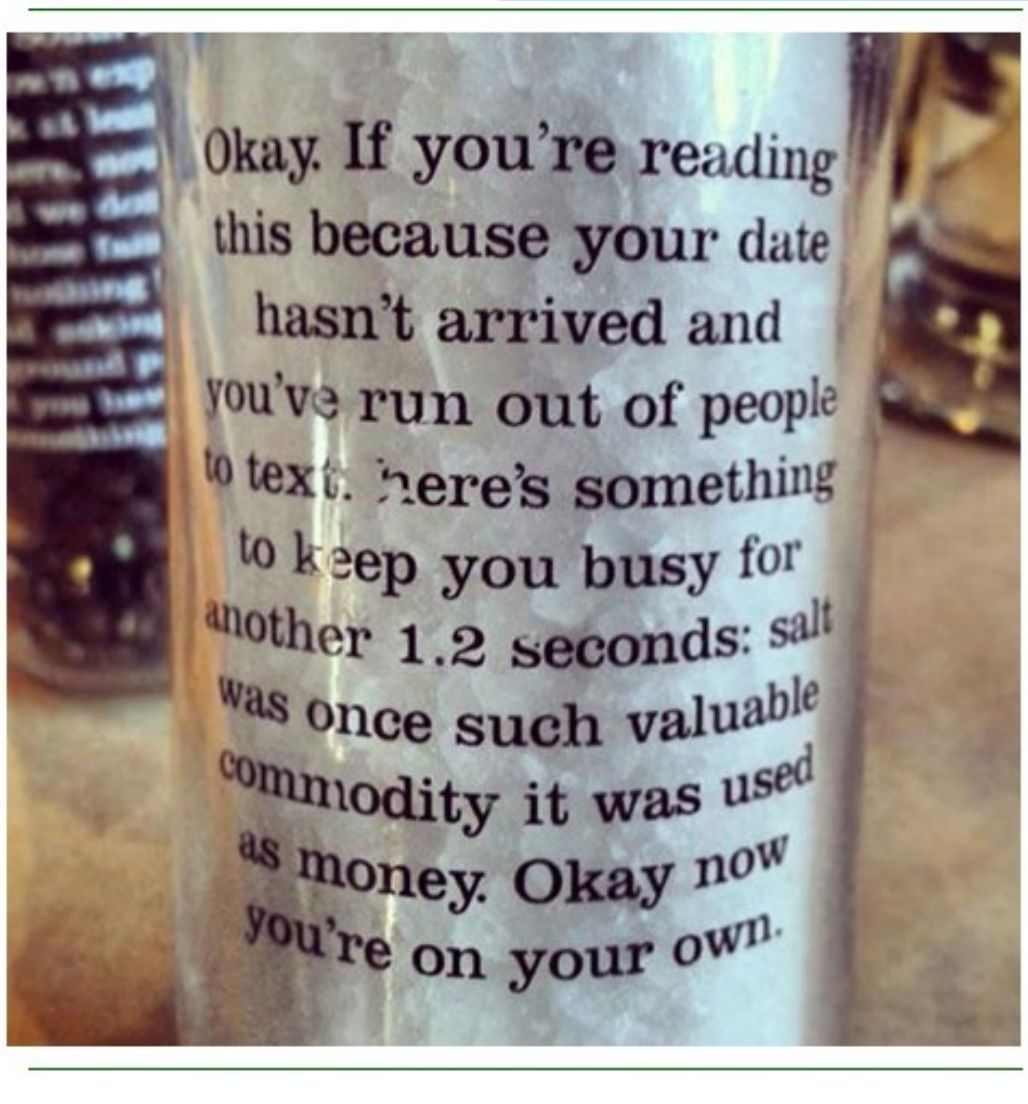
My friends and I sent a selfie to the wrong number...
Call
Add to Contacts
Text Message
Sep 7, 2013, 11:03 PM
Sorry wrong number
Sep 8, 2013, 8:21 AM
Text Message
Send

Metronome Software. Free Download for Musicians - c/- Paul Wheeler

TempoPerfect
File Tools Help
Options Help ToolBox
180 bpm
Tempo 180
Measure None
SubDivs 4
TempoPerfect v 1.02 © NCH Swift Sound

www.nch.com.au

Download free metronome software to keep tempo. This freeware electronic metronome was created by musicians for musicians. Download free software online.


Okay. If you're reading this because your date hasn't arrived and you've run out of people to text: here's something to keep you busy for another 1.2 seconds: salt was once such valuable commodity it was used as money. Okay now you're on your own.

Photobomber - Burro!

Project Public Service from Film Australia Published on 5 Sep 2013

Made by The National Film Board 1957. Directed by Shan Benson. The Commonwealth Public Service as seen through the eyes of a schoolboy preparing a project. The film concludes with a brief history of the Public Service and an explanation of new Parliament and the Public Service function.

Project Public Service
00:00 / 18:54

ECO Clean Beach Initiative

ECO. Clean Beach Initiative

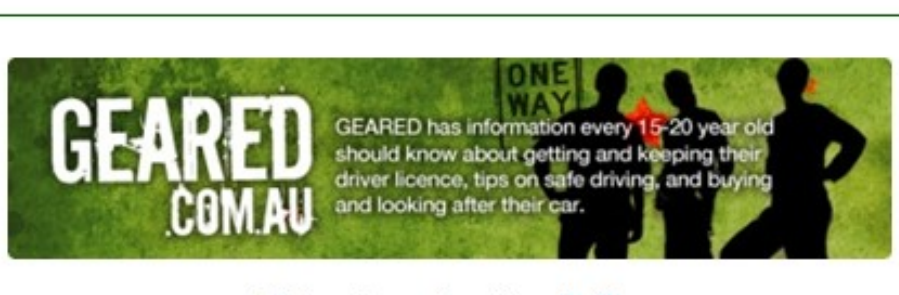
The ECO. Clean Beach Initiative is looking for Australia's most passionate ECO. Warrior to be the face of its movement! Interested? All you need to do is show us how you're contributing to our fight against marine pollution.

Simply send us a video or Instagram us with pictures of you cleaning up your local beach, protecting your local wildlife or hosting your own ECO. Clean Beach Initiative fundraiser with your friends and family.

The person that shows the most initiative will become the face of our campaign so get up, get outside and start showing us why you're Australia's greatest ECO. Warrior now!

A LED surfboards from Bilton Custom Surfboards so much that we're getting the team to create a special ECO. Clean Beach board for the winner of our Find our Face competition.

For your chance to win, send us a video of how you're helping to keep our beaches clean. Visit www.ecocleanbeach.com for more details. Facebook Page.



GEARED.COM.AU — GEARED has information every 15-20 year old should know about getting and keeping their driver licence, tips on safe driving, and buying and looking after their car.

Click on Image to visit website.

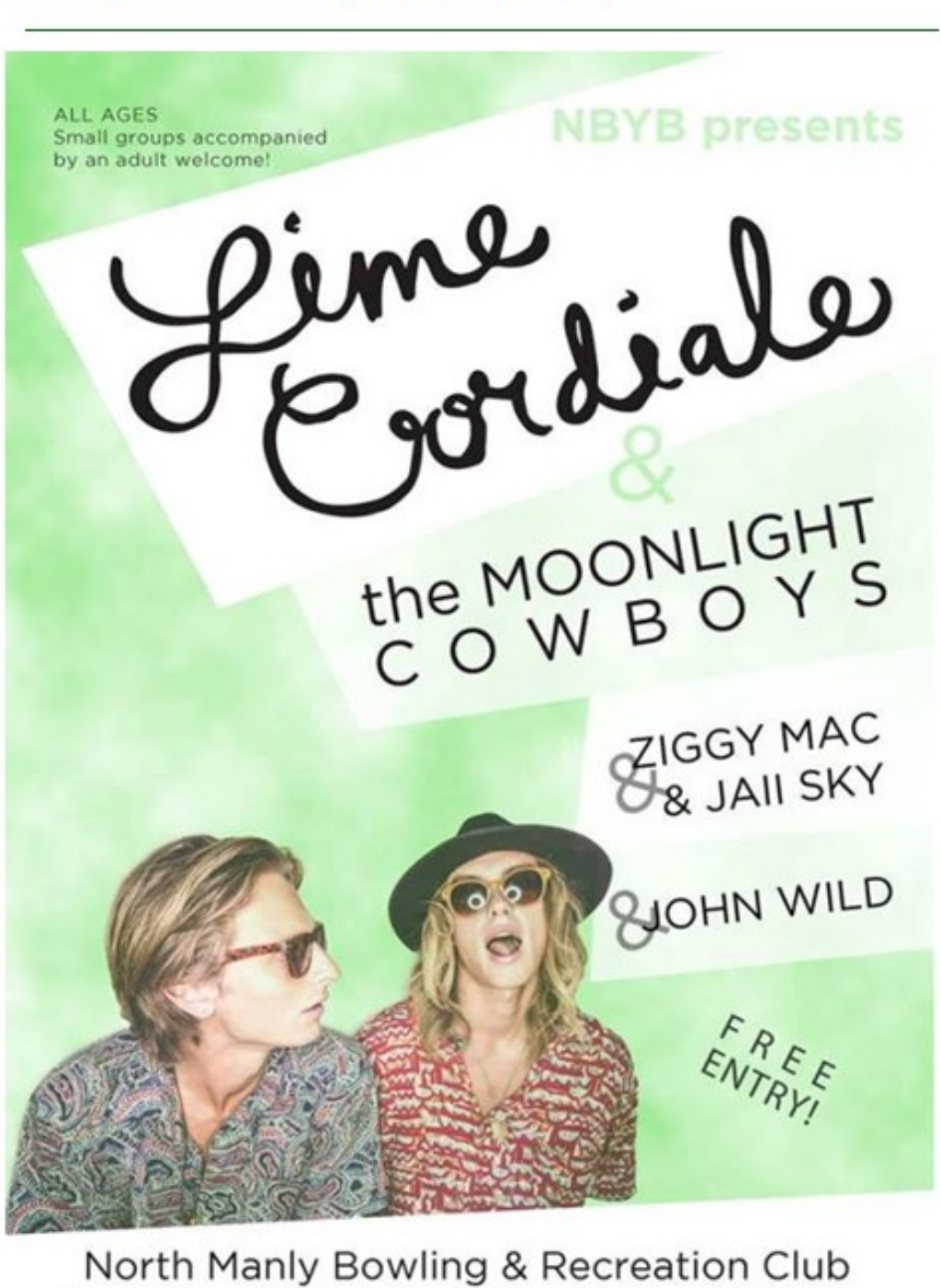
New Facebook Page for young bands on the Northern Beaches - it has info about upcoming gigs, and if you play in a band you can list your gigs on it!

Keep in the loop and support local bands! Northern Beaches Youth Bands at: www.facebook.com/pages/Northern-Beaches-Youth-Bands/347121408731758

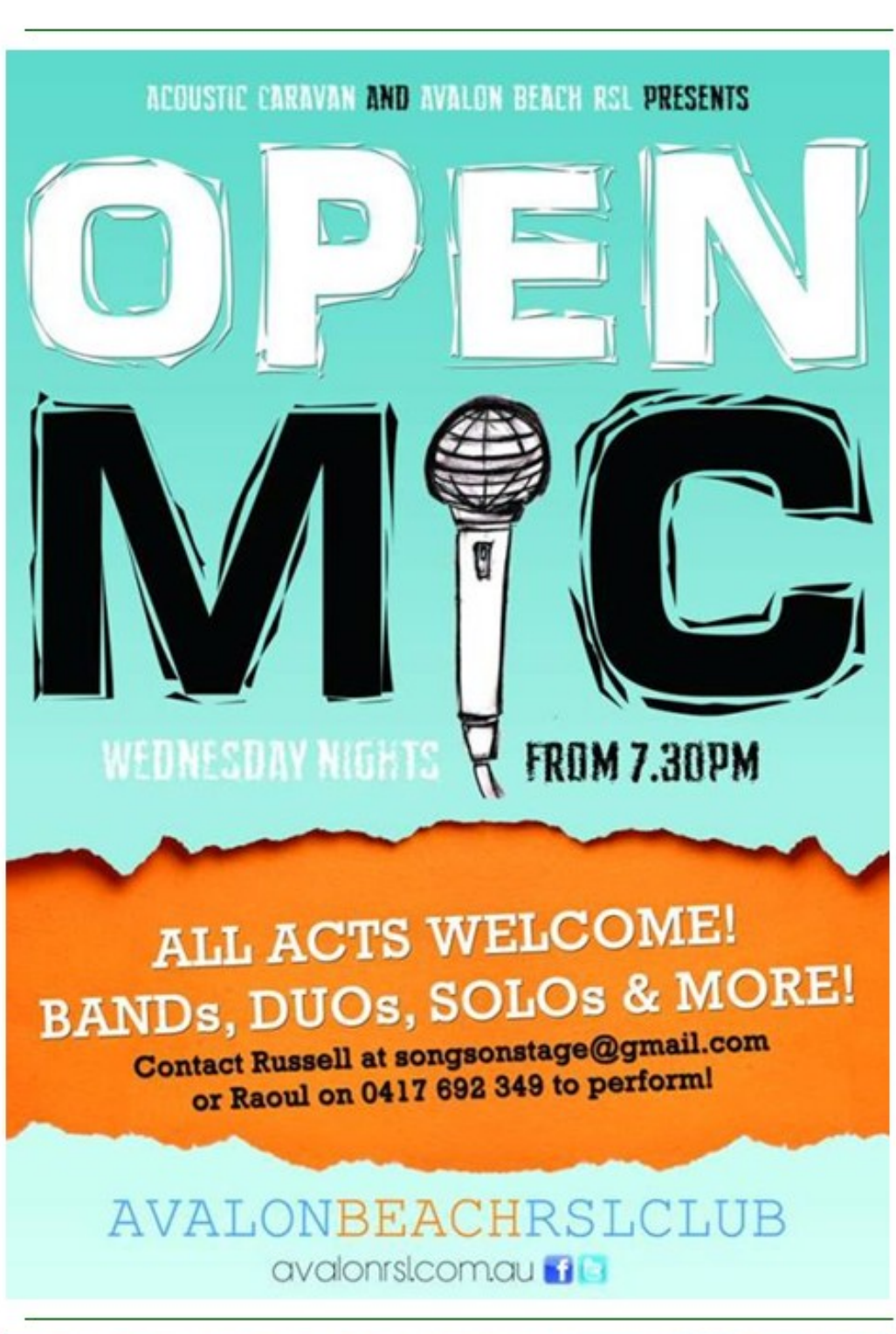
Headspace 'We've got your back' campaign

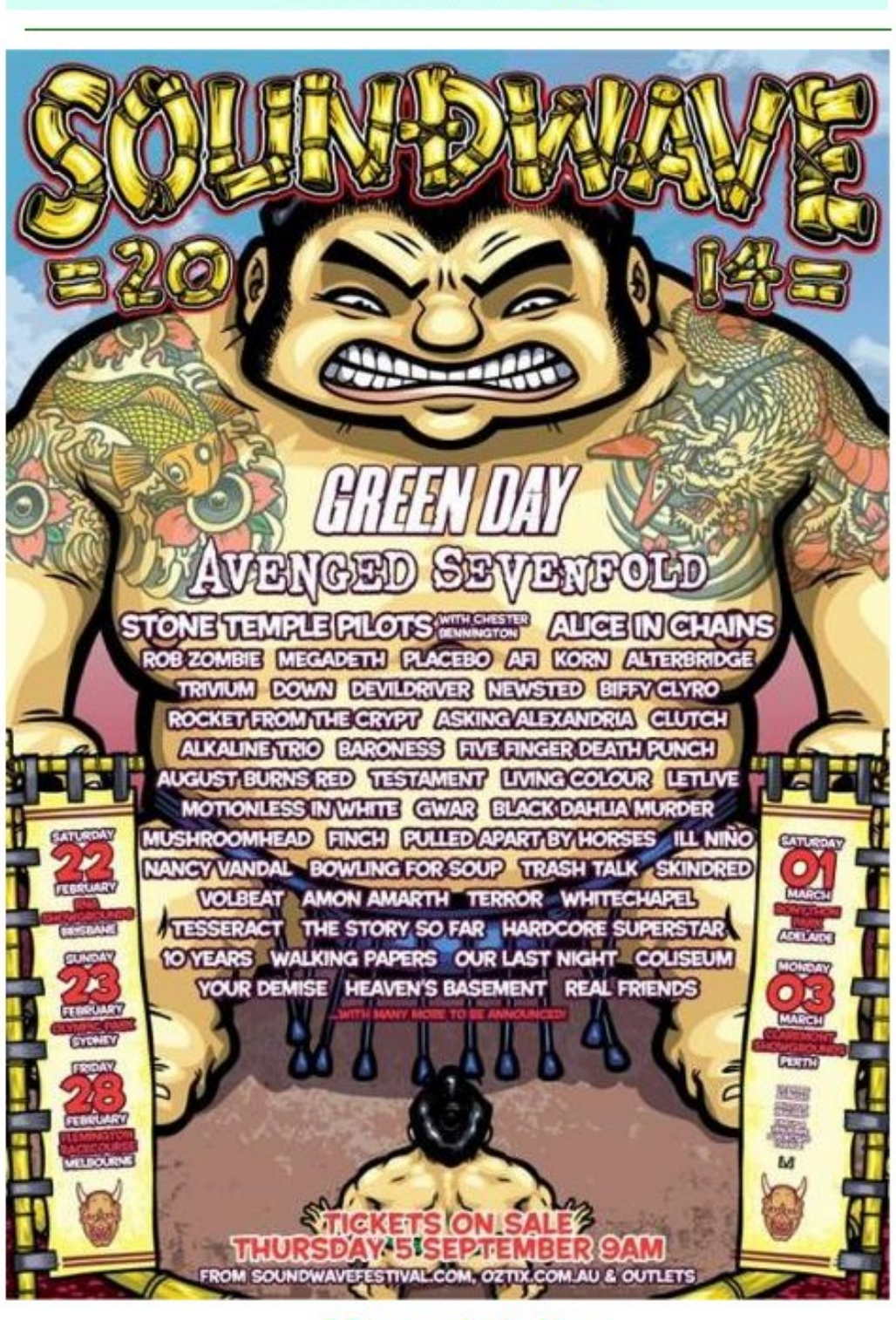
A groundbreaking national awareness campaign developed by National Youth Mental Health Foundation headspace aims to dramatically increase young Australians' awareness of everyday mental health issues affecting them and their friends. The campaign will run for the next 3 years.

eheadspace is a confidential, free, anonymous, secure space where you can chat, email or speak with qualified youth mental health professionals if you are 12 to 25 years

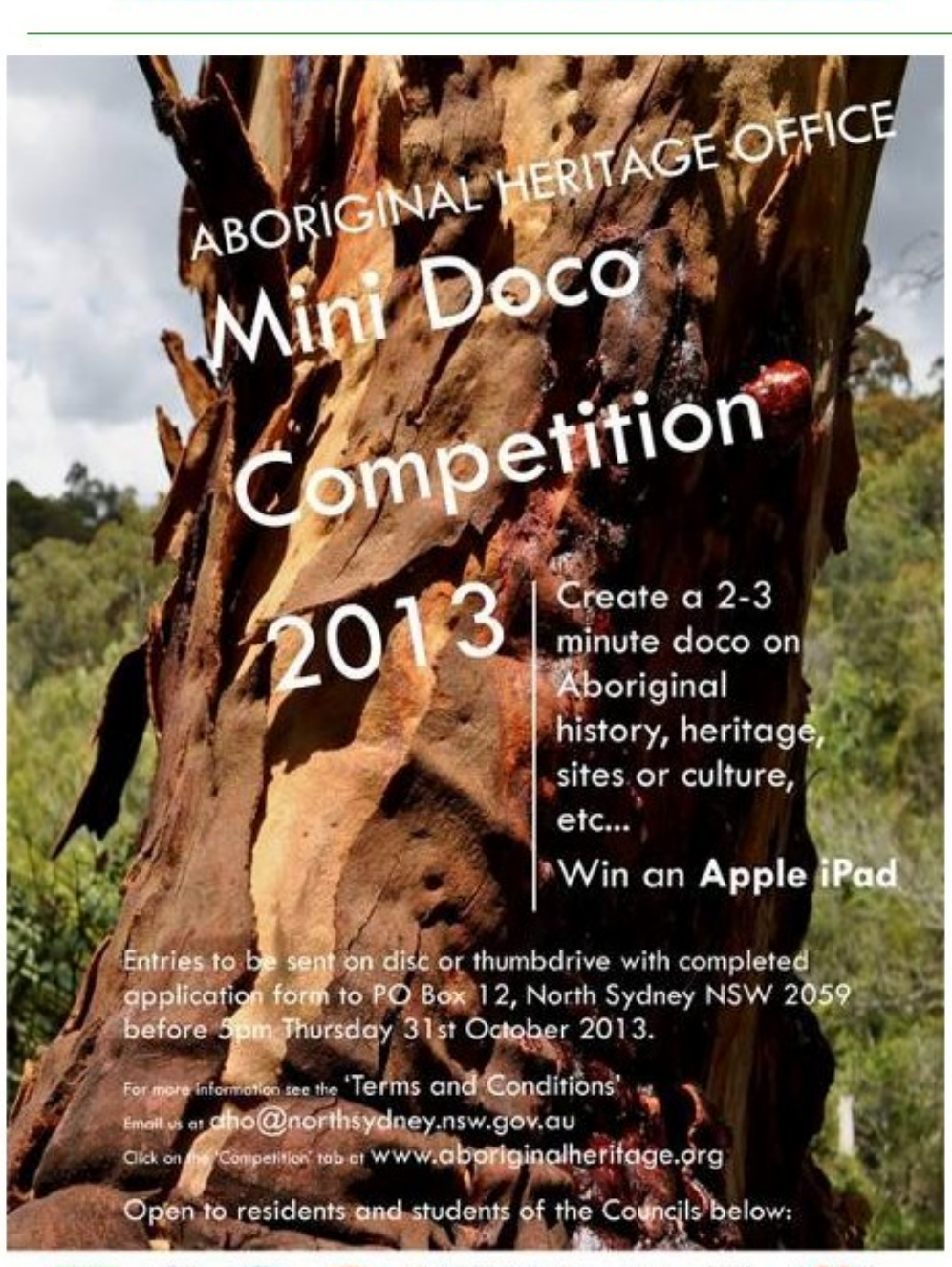

ALL AGES
Small groups accompanied by an adult welcome!
NBYB presents
Lime Cordiale
&
the MOONLIGHT COWBOYS
& ZIGGY MAC & JAII SKY
& JOHN WILD
FREE ENTRY!

North Manly Bowling & Recreation Club
Saturday 28th September 7.30 – 10.30pm


ACOUSTIC CARAVAN AND AVALON BEACH RSL PRESENTS
OPEN MIC
WEDNESDAY NIGHTS FROM 7.30PM
ALL ACTS WELCOME!
BANDs, DUOs, SOLOs & MORE!
Contact Russell at songsonstage@gmail.com or Raoul on 0417 692 349 to perform!
AVALONBEACHRSLCLUB
avalonrsl.com.au


SOUNDWAVE 2014
GREEN DAY
AVENGED SEVENFOLD
STONE TEMPLE PILOTS
ALICE IN CHAINS
ROB ZOMBIE · MEGADETH · PLACEBO · AFI · KORN · ALTERBRIDGE
TRIVIUM · DOWN · DEVILDRIVER · NEWSTED · BIFFY CLYRO
ROCKET FROM THE CRYPT · ASKING ALEXANDRIA · CLUTCH
ALKALINE TRIO · BARONESS · FIVE FINGER DEATH PUNCH
AUGUST BURNS RED · TESTAMENT · LIVING COLOUR · LETLIVE
MOTIONLESS IN WHITE · GWAR · BLACK DAHLIA MURDER
MUSHROOMHEAD · FINCH · PULLED APART BY HORSES · ILL NIÑO
NANCY VANDAL · BOWLING FOR SOUP · TRASH TALK · SKINDRED
VOLBEAT · AMON AMARTH · TERROR · WHITECHAPEL
TESSERACT · THE STORY SO FAR · HARDCORE SUPERSTAR
10 YEARS · WALKING PAPERS · OUR LAST NIGHT · COLISEUM
YOUR DEMISE · HEAVEN'S BASEMENT · REAL FRIENDS
TICKETS ON SALE THURSDAY 5 SEPTEMBER 9AM

More details:
http://www.soundwavefestival.com/


ABORIGINAL HERITAGE OFFICE
Mini Doco Competition 2013
Create a 2-3 minute doco on Aboriginal history, heritage, sites or culture, etc...
Win an Apple iPad
Entries to be sent on disc or thumbdrive with completed application form to PO Box 12, North Sydney NSW 2059 before 5pm Thursday 31st October 2013.
For more information see the 'Terms and Conditions'
Email us at aho@northsydney.nsw.gov.au
Click on the 'Competition' tab at www.aboriginalheritage.org
Open to residents and students of the Councils below:
PITTWATER COUNCIL
City of Ryde
WARRINGAH COUNCIL

AUSTRALIAN NAVY CADETS - On the Northern Beaches

Learn about sailing and seamanship, develop leadership skills and learn how to communicate effectively. Develop confidence, pride and self-discipline whilst having an ocean of fun and making loads of new friends along the way

Training Ship Condamine is your local unit on the Northern Beaches and is in the process of re-establishment.

We are looking for staff. We would like to hear from young people interested in becoming cadets (12 years 6 months to 19 years old)

See the Australian Navy Cadets web site for more information and unit locations

https://www.cadetnet.gov.au/anc

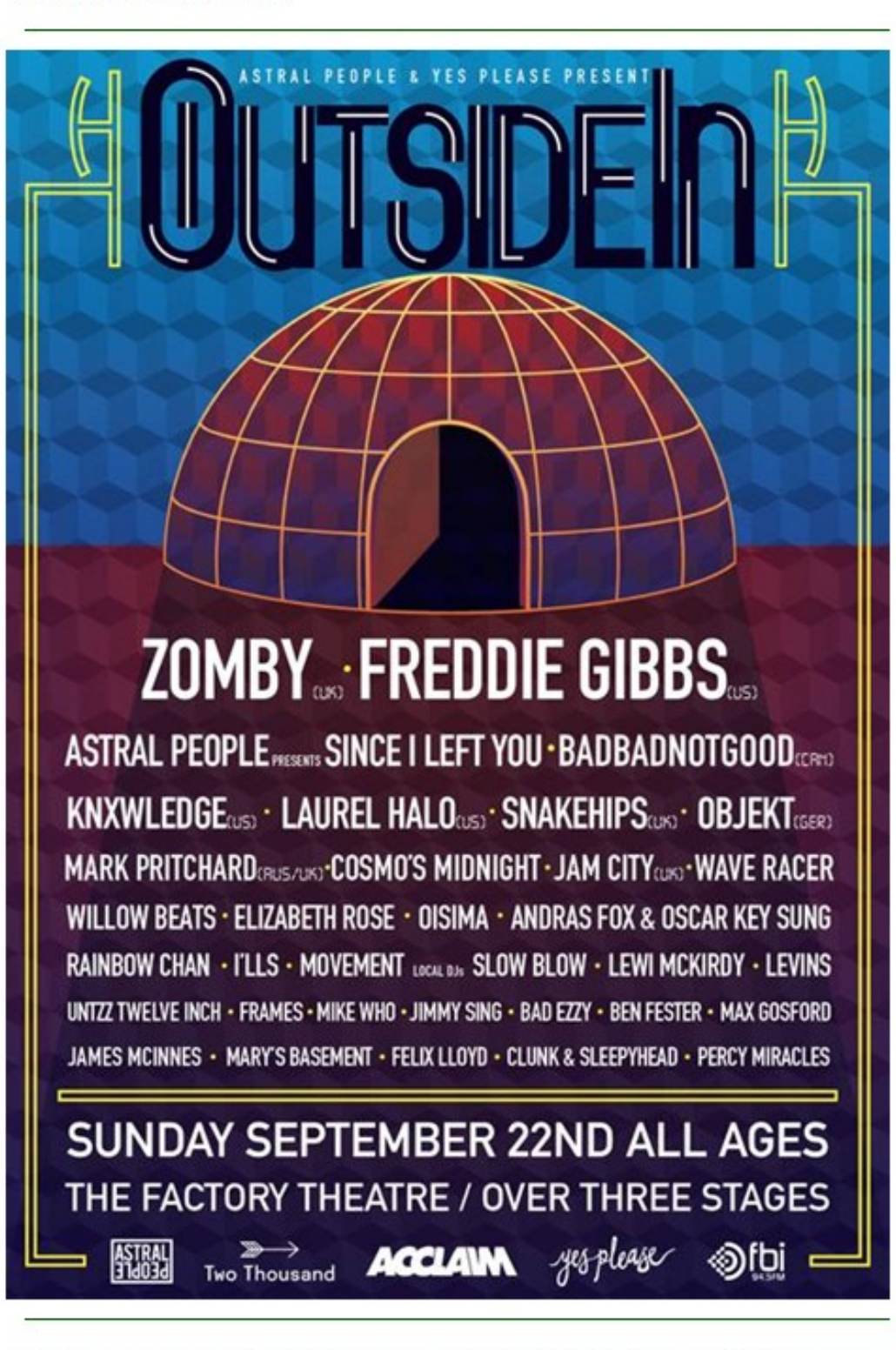
If you are interested in your local cadet unit, TS Condamine, please contact Avalon RSL Sub Branch office to register your interest.

Email— subbranch@avalonrsl.com.au. Phone— (02) 9918-2201

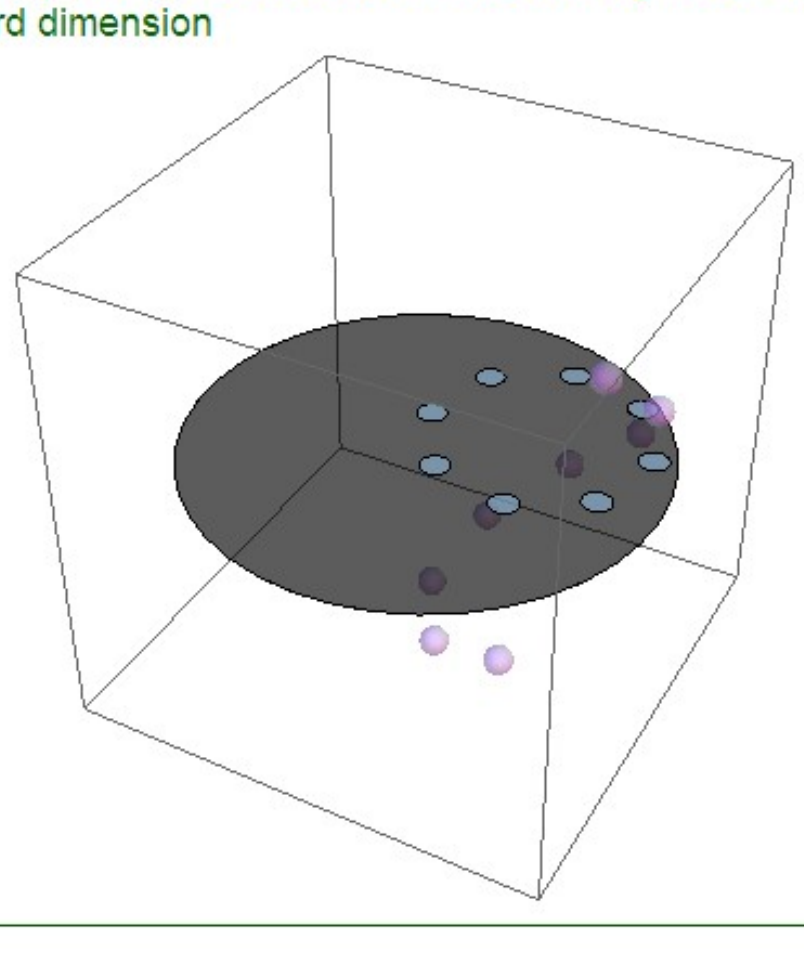
The Project Gutenberg Library of Australiana

Australian writers, works about Australia and works which may be of interest to Australians.This Australiana page boasts many ebooks by Australian writers, or books about Australia. There is a diverse range; from the journals of the land and sea explorers; to the early accounts of white settlement in Australia; to the fiction of 'Banjo' Paterson, Henry Lawson and many other Australian writers.

The list of titles form part of the huge collection of ebooks **freely downloadable** from **Project Gutenberg Australia**. Follow the links to read more about the authors and titles and to read and/or download the ebooks.


ASTRAL PEOPLE & YES PLEASE PRESENT
OUTSIDE IN
ZOMBY (UK) · FREDDIE GIBBS (US)
ASTRAL PEOPLE PRESENTS SINCE I LEFT YOU · BADBADNOTGOOD (CAN)
KNXWLEDGE (US) · LAUREL HALO (US) · SNAKEHIPS (UK) · OBJEKT (GER)
MARK PRITCHARD (AUS/UK) · COSMO'S MIDNIGHT · JAM CITY (UK) · WAVE RACER
WILLOW BEATS · ELIZABETH ROSE · OISIMA · ANDRAS FOX & OSCAR KEY SUNG
RAINBOW CHAN · I'LLS · MOVEMENT (LOCAL DJ) · SLOW BLOW · LEWI MCKIRDY · LEVINS
UNTZ TWELVE INCH · FRAMES · MIKE WHO · JIMMY SING · BAD EZZY · BEN FESTER · MAX GOSFORD
JAMES MCINNES · MARY'S BASEMENT · FELIX LLOYD · CLUNK & SLEEPYHEAD · PERCY MIRACLES
SUNDAY SEPTEMBER 22ND ALL AGES
THE FACTORY THEATRE / OVER THREE STAGES
Two Thousand
ACCLAIM
yes please
fbi

Pretty Poetic: Every individual dot moving in a straight line is actually the shadow of a ball that's moving in a circle in the third dimension



ATLAS OF LIVING AUSTRALIA CELEBRATES 40 MILLION MILESTONE - 12 SEPTEMBER 2013

How many amphibians, arthropods or protozoa are living in your backyard? **With over 40 million specimen records now available online** in one location, you can find out! **The Atlas of Living Australia** has achieved a significant leap forward in bringing Australia's biodiversity information together online, making it easy to access and analyse.

The Atlas now provides access to over 40 million records thanks to the addition of over 700,000 specimen records from Queensland Museum and 560,000 new and updated specimen records from Museum Victoria, including 23,000 images.

"Queensland Museum's entire digitised biodiversity collections are now available online for anyone to access for any purpose, from simply admiring our country's unique and beautiful biodiversity, to figuring out how to sustain our natural environment," Queensland Museum Network CEO Professor Suzanne Miller said. "The Atlas of Living Australia provides immediate access to reliable and verifiable information about Australia's remarkable biodiversity and lets us share this information with the world."

The 40 million records available via the Atlas include specimens held in collections, observations made in the field, molecular data, literature, maps, sound recordings and photographs.

"Museum Victoria's collection dates back over 150 years. Our specimens, data and images are critical to furthering the understanding of Australia's biodiversity and we are pleased to share them with the nation through the Atlas of Living Australia," Museum Victoria CEO Dr J Patrick Greene said.

The Atlas is also calling for citizen scientists to upload their own photos and sightings of Australian species and is crowd sourcing digitisation of field notes, diaries and specimen labels held by museums and collections.

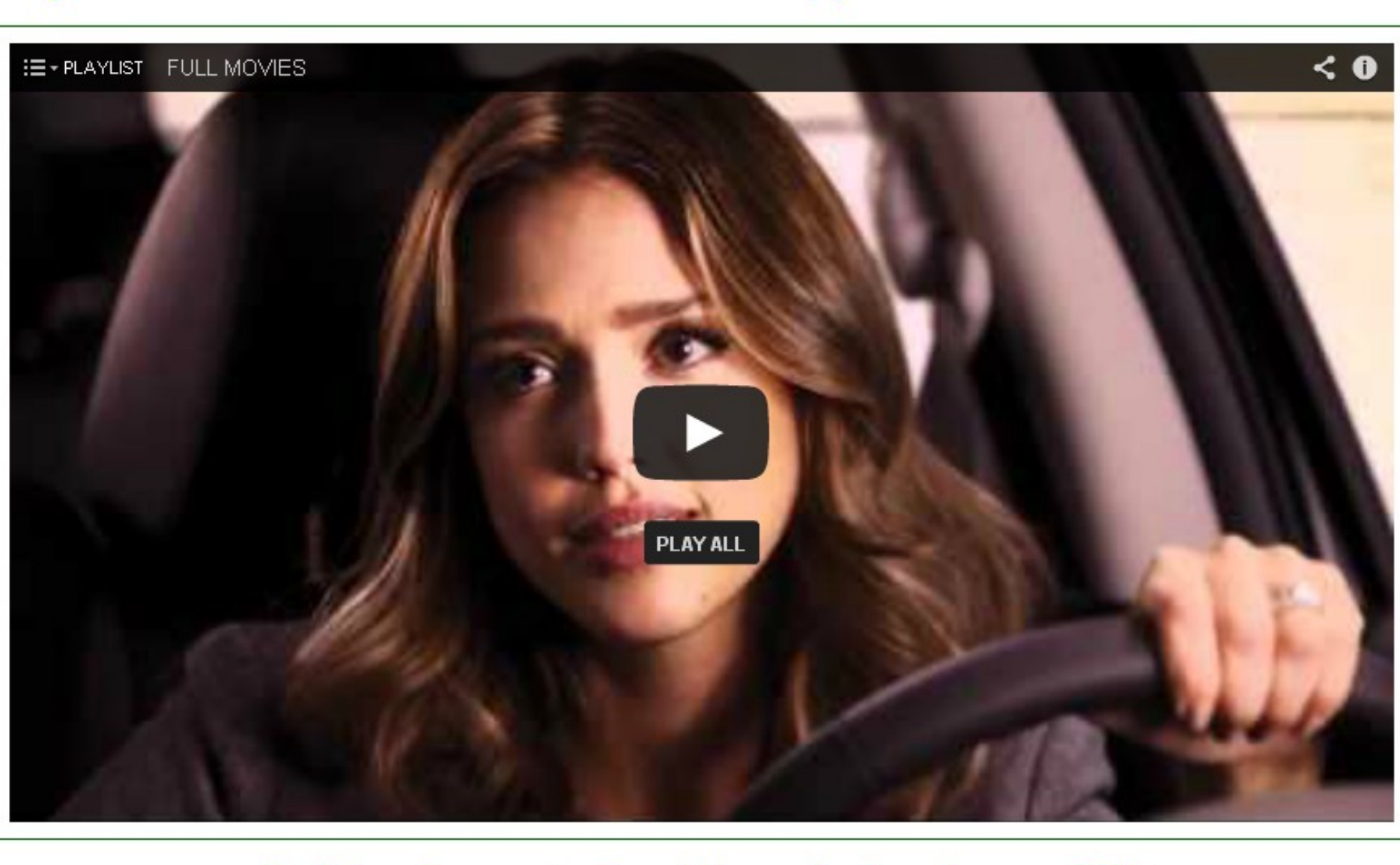
"With over half a billion records downloaded, the Atlas demonstrates the power of collecting biodiversity data once and reusing it many times over to benefit research, conservation and planning. There are still a lot of biodiversity records out there and we encourage organisations to come forward and share their data via the Atlas," Atlas of Living Australia Director Dr John La Salle said. "The records in the Atlas can be put to many uses, from simply looking up species or finding out what species occur at any location in Australia, to informing pest management, helping revegetation groups understand what species to plant and predicting species distributions in the future."

The Atlas of Living Australia is a partnership between CSIRO, Australia's museums and herbaria, biological collections, research organisations, universities and government departments.

The Atlas of Living Australia has received Australian Government contribution of $41.3 million, comprising $8.5 million from the National Collaborative Research Infrastructure Strategy program, $30 million from the Super Science Initiative and $2.8 million from the Collaborative Research Infrastructure Scheme.

ATLAS OF LIVING AUSTRALIA
sharing biodiversity knowledge
My profile | Log in
Search the Atlas
Search the Atlas
Sharing biodiversity knowledge
Contributed by Australia's academic, scientific, environmental communities and you
Get involved
Explore
Australia's species
Species by location
Natural history collections
Mapping & analysis
Data sets
FieldData software
Blogs & news
Science Symposium presentations now available
5 August, 2013
RSS
Twitter
My alerts

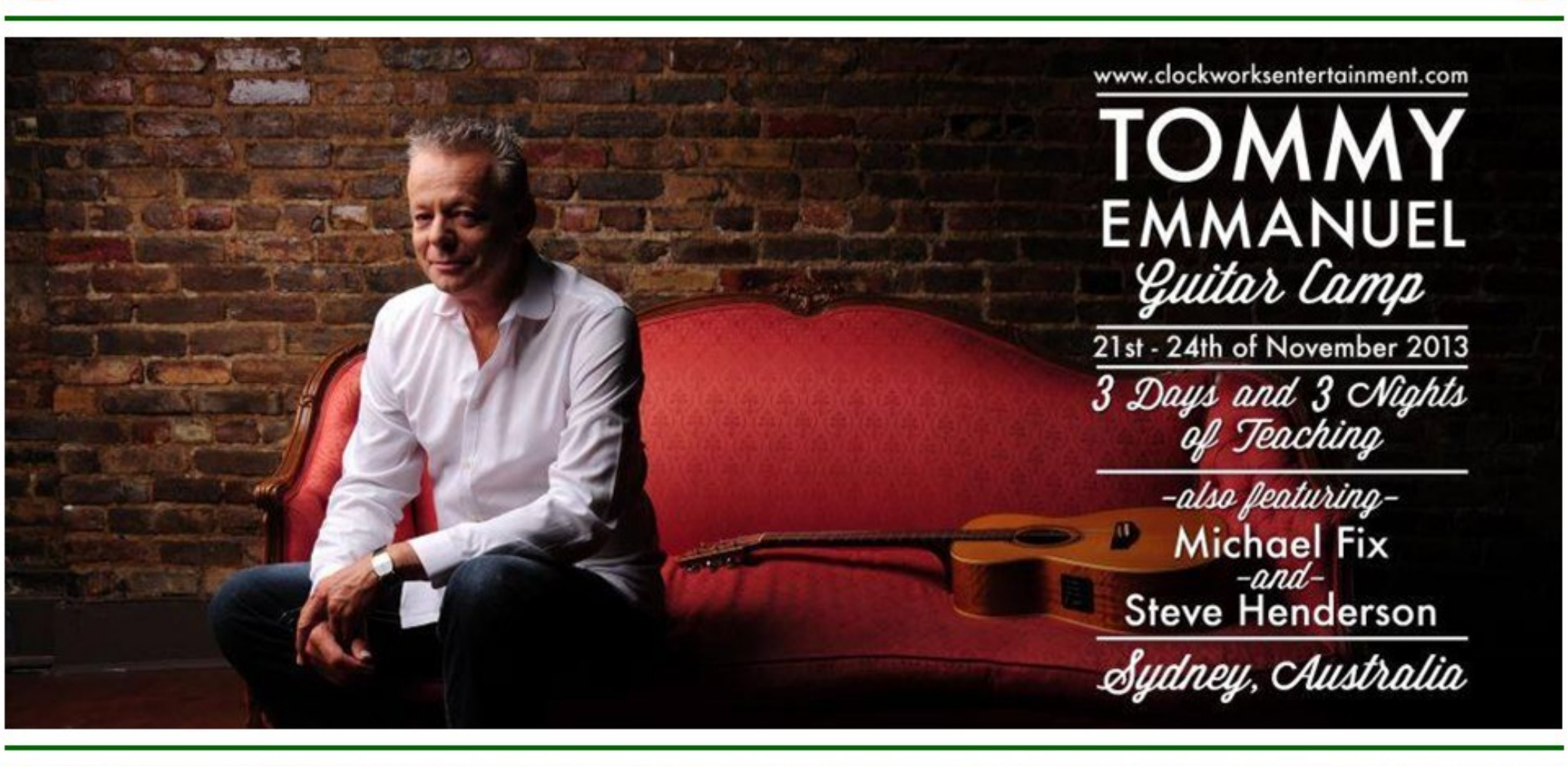
Holiday Flick - Have a Great Two Weeks Off! - Spy Kids 4 All The Time In The World

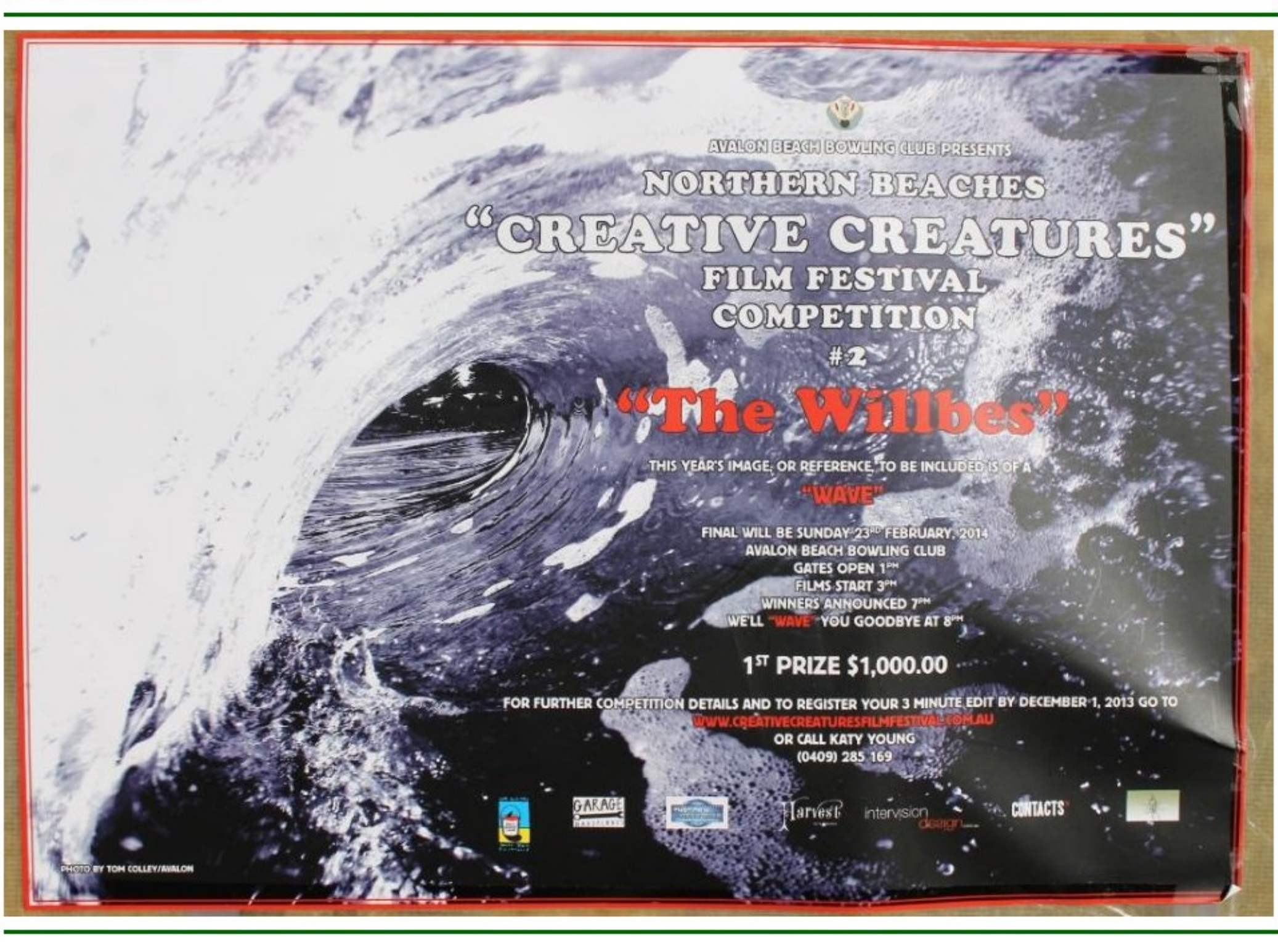

PLAYLIST FULL MOVIES
PLAY ALL

Holiday Concert - Pearl Jam - Lollapalooza 2013

Pearl Jam - Lollapalooza 2013 - COMPLETO (HD)
MSW
#PearlJamNoMultishow
0:00:00 / 2:09:45

Hurley
BL'S BLAST OFF
PRESENTED BY
beecraft
SEP 23 - 26 • 2013
PALMY, WHALEY, AVALON
WWW.BLBLASTOFF.COM.AU


www.clockworksentertainment.com
TOMMY EMMANUEL
Guitar Camp
21st - 24th of November 2013
3 Days and 3 Nights of Teaching
-also featuring-
Michael Fix
-and-
Steve Henderson
Sydney, Australia


AVALON BEACH BOWLING CLUB PRESENTS
NORTHERN BEACHES
"CREATIVE CREATURES"
FILM FESTIVAL COMPETITION
#2
"The Willbes"
THIS YEAR'S IMAGE, OR REFERENCE, TO BE INCLUDED IS OF A
"WAVE"
FINAL WILL BE SUNDAY 23RD FEBRUARY, 2014
AVALON BEACH BOWLING CLUB
GATES OPEN 1PM
FILMS START 3PM
WINNERS ANNOUNCED 7PM
WE'LL "WAVE" YOU GOODBYE AT 8PM
1ST PRIZE $1,000.00
FOR FURTHER COMPETITION DETAILS AND TO REGISTER YOUR 3 MINUTE EDIT BY DECEMBER 1, 2013 GO TO
WWW.CREATIVECREATURESFILMFESTIVAL.COM.AU
OR CALL KATY YOUNG
(0409) 285 169
PHOTO BY TOM COLLEY/AVALON

Pittwater Online News

September 15 - 21, 2013: Issue 128

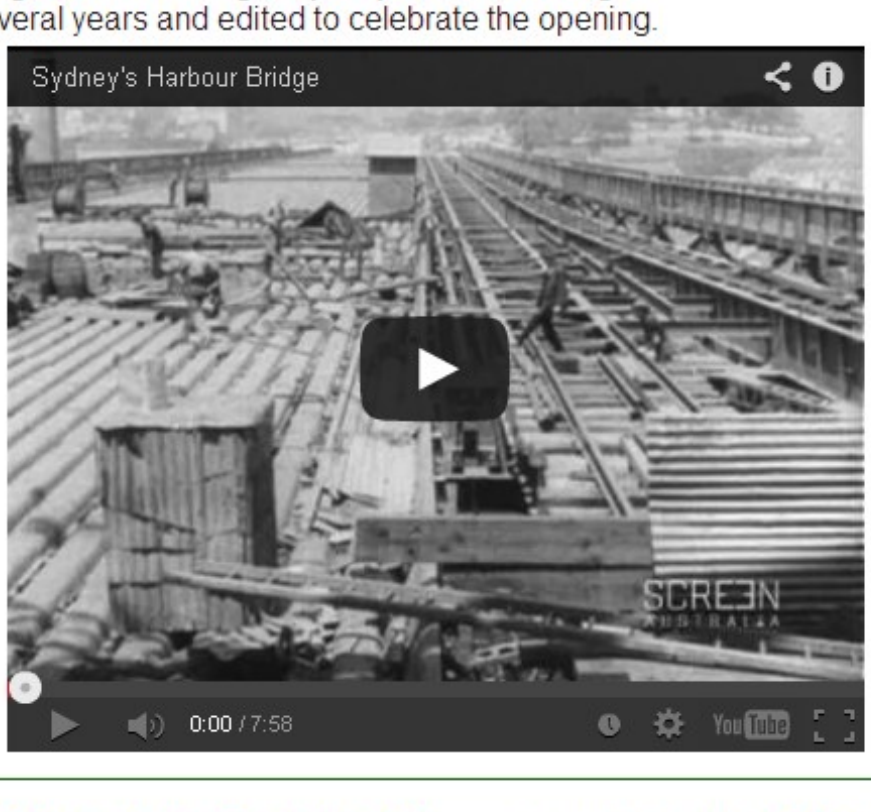
For you this week:

Mona Vale Hospital Auxiliary's 2013 Fashion Show by Waveney Perman and Michael Manington

The Mermaids of Palm Beach 2013 Bash - from Bankstown to Ballarat from Elyse Cole and Esa Thomas

Building Sydney Harbour Bridge - C/- W.A.G.

Made by the Cinema Branch 1933. Directed by Lyn T Maplestone. Officially opened on 19 March 1932, the Sydney Harbour Bridge was a massive engineering undertaking that transformed the city. This short film documents the construction of one of the world's great landmarks in its various stages, and provides a fascinating glimpse of life around Sydney Harbour and Circular Quay in the twenties and thirties. The Cinema Branch regularly filmed events of special interest to the nation. There were at least 3 different films on the progress of the bridge. Sydney's Harbour bridge was filmed over several years and edited to celebrate the opening.



Give It A Go Month – courtesy ASCCA

The month of September is Give it a Go! month in NSW.

Minister for Sport and Recreation, Graham Annesley, is encouraging NSW Seniors to step outside their comfort zone during September and 'Give it a Go' at one of the State's Sport and Recreation Centres. Give it a Go month is all about encouraging seniors to get active and take part in an exciting range of programs at specially discounted prices, Mr Annesley said. Bushwalks, canoe tours and cycling - there are a host of fun and affordable activities on offer at each of our 11 Centres all of which are located in picturesque settings around the state. There is something for all budgets, with events starting at just $25 for a whole day of activities and lunch, and will be on offer for the month of September.

These activities will also provide a fun way to meet new people and connect with the great Australian outdoors. You can do as much as you like; all programs and

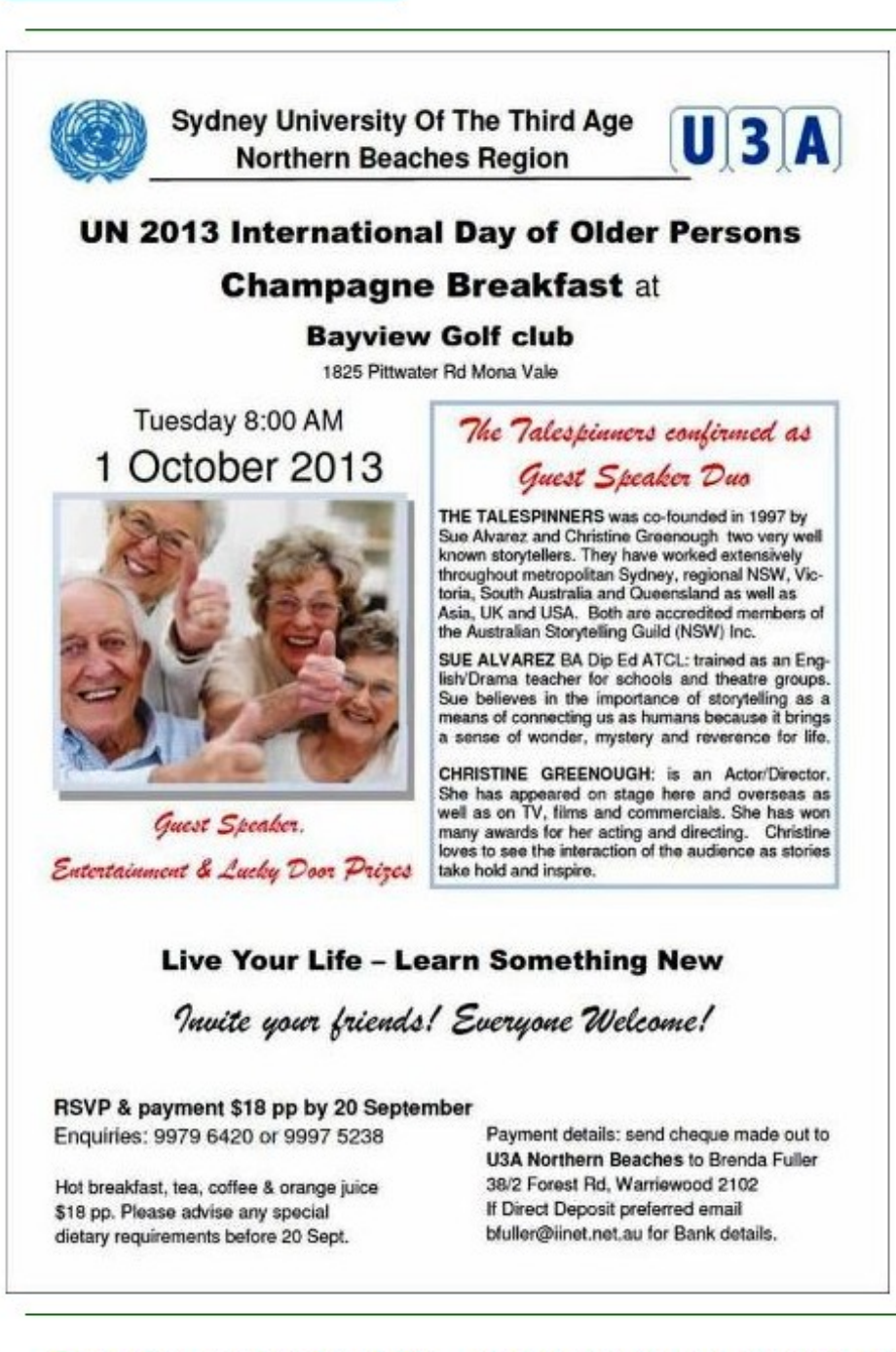
activities are flexible and alternate activities are offered to ensure everyone is catered for.

For more information or to book call 13 13 02 or visit www.dsr.nsw.gov.au/seniors/index.asp

Grandparent of the Year 2013

Nominations are now open for the 2013 Grandparent of the Year Awards. The Council on the Ageing NSW (COTA) is seeking nominations for **Community Grandparent of the Year**, **Grandparent Carer of the Year** and **Grand Friend of the Year**.

For more information or to nominate someone, please visit www.grandparentsday.org.au or call 02 8281 327.



Sydney University Of The Third Age
Northern Beaches Region
U3A

UN 2013 International Day of Older Persons
Champagne Breakfast at
Bayview Golf club
1825 Pittwater Rd Mona Vale

Tuesday 8:00 AM
1 October 2013

The Talespinners confirmed as Guest Speaker Duo

THE TALESPINNERS was co-founded in 1997 by Sue Alvarez and Christine Greenough two very well known storytellers. They have worked extensively throughout metropolitan Sydney, regional NSW, Victoria, South Australia and Queensland as well as Asia, UK and USA. Both are accredited members of the Australian Storytelling Guild (NSW) Inc.

SUE ALVAREZ BA Dip Ed ATCL: trained as an English/Drama teacher for schools and theatre groups. Sue believes in the importance of storytelling as a means of connecting us as humans because it brings a sense of wonder, mystery and reverence for life.

CHRISTINE GREENOUGH: is an Actor/Director. She has appeared on stage here and overseas as well as on TV, films and commercials. She has won many awards for her acting and directing. Christine loves to see the interaction of the audience as stories take hold and inspire.

Guest Speaker.
Entertainment & Lucky Door Prizes

Live Your Life – Learn Something New
Invite your friends! Everyone Welcome!

RSVP & payment $18 pp by 20 September
Enquiries: 9979 6420 or 9997 5238

Hot breakfast, tea, coffee & orange juice
$18 pp. Please advise any special dietary requirements before 20 Sept.

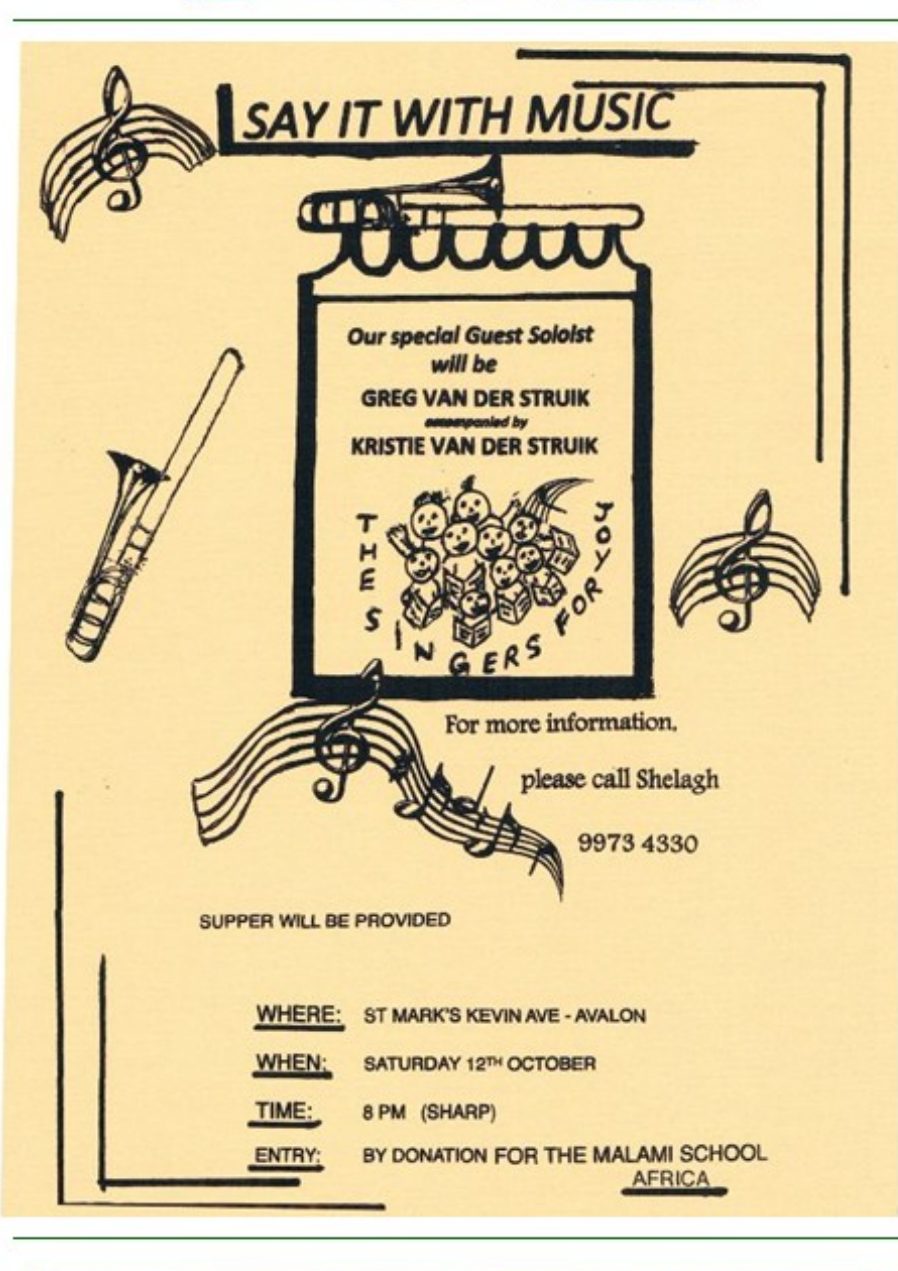
Payment details: send cheque made out to
U3A Northern Beaches to Brenda Fuller
38/2 Forest Rd, Warriewood 2102
If Direct Deposit preferred email
bfuller@iinet.net.au for Bank details.

Revving up brain skills - Published on 4 Sep 2013

Brain training games claim to boost your mental skills. But while practicing a game might make you better at it, research in young people has shown it doesn't improve how well you perform other cognitive tasks in everyday life. Now a new study suggests the case may be different for adults above the age of 60.

Researchers at the University of California have designed a driving game called NeuroRacer. In this Nature Video, we see how the game can improve an older player's short-term memory and attention, skills which decline with age. Read the original research paper here:http://dx.doi.org/10.1038/nature12486

Revving up brain skills
naturevideo
0:00 / 3:07



SAY IT WITH MUSIC

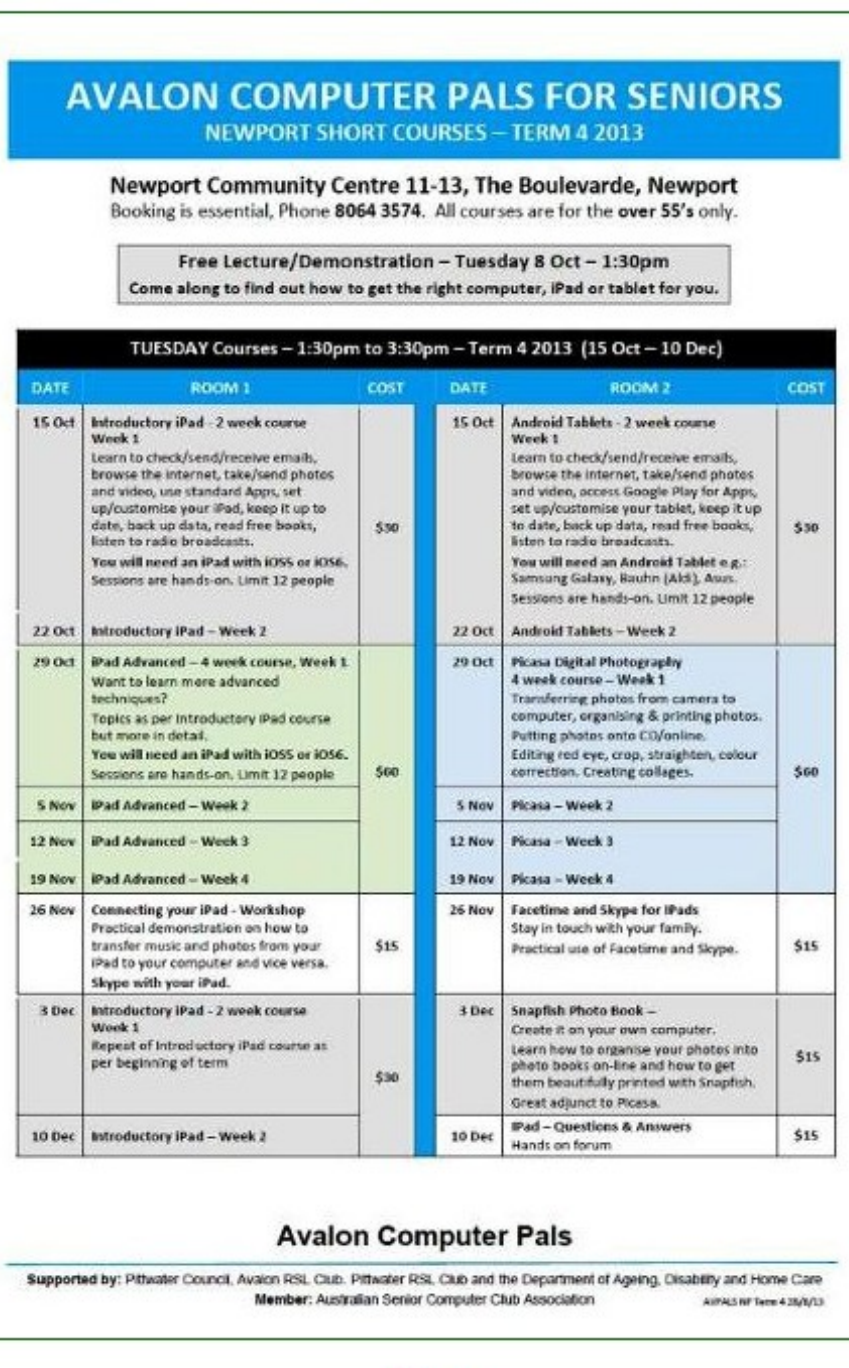
Our special Guest Soloist will be
GREG VAN DER STRUIK
accompanied by
KRISTIE VAN DER STRUIK

THE SINGERS FOR JOY

For more information,
please call Shelagh
9973 4330

SUPPER WILL BE PROVIDED

WHERE: ST MARK'S KEVIN AVE - AVALON
WHEN: SATURDAY 12TH OCTOBER
TIME: 8 PM (SHARP)
ENTRY: BY DONATION FOR THE MALAMI SCHOOL AFRICA



AVALON COMPUTER PALS FOR SENIORS
NEWPORT SHORT COURSES – TERM 4 2013

Newport Community Centre 11-13, The Boulevarde, Newport
Booking is essential, Phone 8064 3574. All courses are for the over 55's only.

Free Lecture/Demonstration – Tuesday 8 Oct – 1:30pm
Come along to find out how to get the right computer, iPad or tablet for you.

TUESDAY Courses – 1:30pm to 3:30pm – Term 4 2013 (15 Oct – 10 Dec)

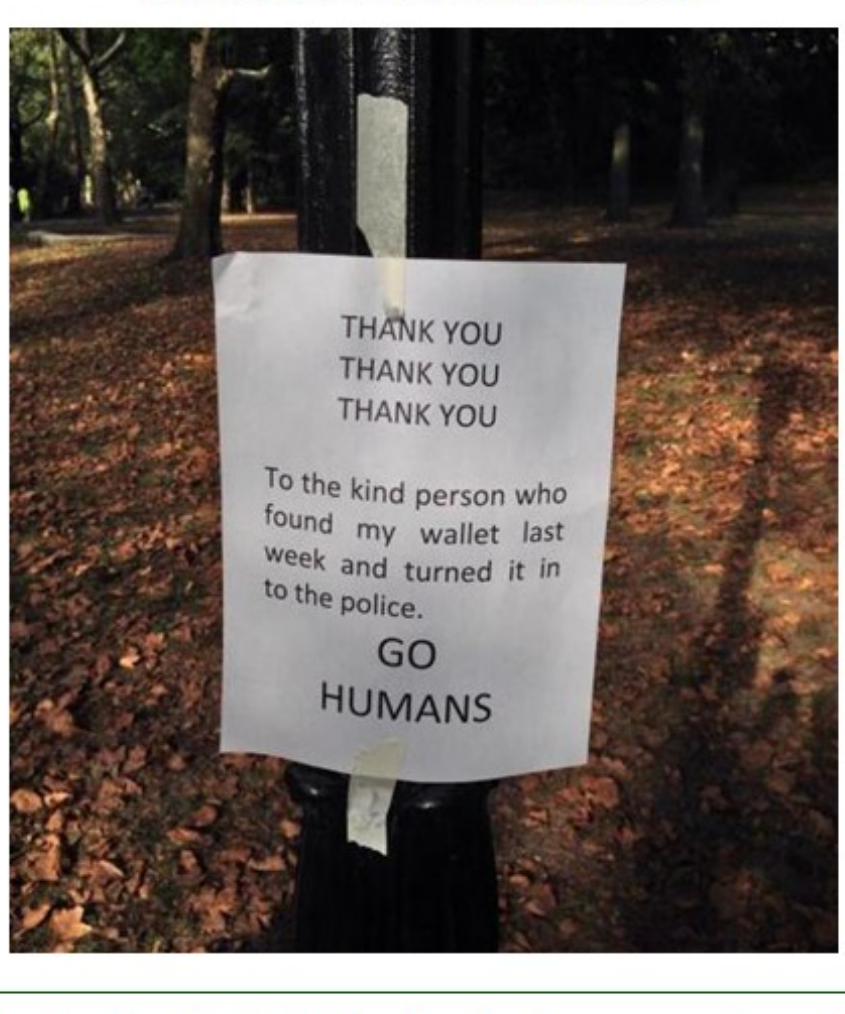
DATE	ROOM 1	COST	DATE	ROOM 2	COST
15 Oct	Introductory iPad - 2 week course Week 1 Learn to check/send/receive emails, browse the internet, take/send photos and video, use standard Apps, set up/customise your iPad, keep it up to date, back up data, read free books, listen to radio broadcasts. You will need an iPad with iOS5 or iOS6. Sessions are hands-on. Limit 12 people	$30	15 Oct	Android Tablets - 2 week course Week 1 Learn to check/send/receive emails, browse the internet, access Google Play for Apps, set up/customise your tablet, keep it up to date, back up data, read free books, listen to radio broadcasts. You will need an Android Tablet e.g.: Samsung Galaxy, Bauhn (Aldi), Asus. Sessions are hands-on. Limit 12 people	$30
22 Oct	Introductory iPad – Week 2		22 Oct	Android Tablets – Week 2	
29 Oct	iPad Advanced – 4 week course, Week 1 Want to learn more advanced techniques? Topics as per Introductory iPad course but more in detail. You will need an iPad with iOS5 or iOS6. Sessions are hands-on. Limit 12 people	$60	29 Oct	Picasa Digital Photography 4 week course – Week 1 Transferring photos from camera to computer, organising & printing photos. Putting photos onto CD/online. Editing red eye, crop, straighten, colour correction. Creating collages.	$60
5 Nov	iPad Advanced – Week 2		5 Nov	Picasa – Week 2	
12 Nov	iPad Advanced – Week 3		12 Nov	Picasa – Week 3	
19 Nov	iPad Advanced – Week 4		19 Nov	Picasa – Week 4	
26 Nov	Connecting your iPad - Workshop Practical demonstration on how to transfer music and photos from your iPad to your computer and vice versa. Skype with your iPad.	$15	26 Nov	Facetime and Skype for iPads Stay in touch with your family. Practical use of Facetime and Skype.	$15
3 Dec	Introductory iPad - 2 week course Week 1 Repeat of Introductory iPad course as per beginning of term	$30	3 Dec	Snapfish Photo Book – Create it on your own computer. Learn how to organise your photos into photo books on-line and how to get them beautifully printed with Snapfish. Great adjunct to Picasa.	$15
10 Dec	Introductory iPad – Week 2		10 Dec	iPad – Questions & Answers Hands on forum	$15

Avalon Computer Pals

Supported by: Pittwater Council, Avalon RSL Club, Pittwater RSL Club and the Department of Ageing, Disability and Home Care
Member: Australian Senior Computer Club Association

Doga

Central Park - NY - Not so Scary



THANK YOU
THANK YOU
THANK YOU

To the kind person who found my wallet last week and turned it in to the police.

GO
HUMANS

This is a Comb Jellyfish deep in the sea - not an alien life form, deep in space

In 2007 a new discovery of gem crystal and hydrophane Opal was discovered in Ethiopia. Ethiopian Opal was found in Gondar which was at first called desert Opal but it is from a plateau in the highlands. The main field which is creating a lot of excitement now is from a field called Welo.

This is found in a plateau 2500 to 3299 meters. Only the locals are allowed to mine this field and the government has even supplied basic tools. This field produces a variety of crystals, brown base and even black material. Opals from this field are known as Ethiopian Opal from Welo.

Ethiopian Welo opal is popular as the crystal Opals from Welo Ethiopian is very bright and spectacular Opal.

The colors are very striking with red being common and blue quite rare which is the opposite to Australian Opals. Anthropologists report that around 4,000 years BC, early man used Opals to make tools, which means that Africa mined Opals before Australia.

Wingala Lapidary Club re-opened

After several weeks closed for major maintenance, Wingala Lapidary Arts and Crafts Council has reopened and members have resumed turning precious, semi-precious and common gems and stones into their own jewellery creations.

While the club was closed, repair work was undertaken by members on the flooring and workbenches. The lapidary machinery was also refurbished.

The only lapidary club on the northern beaches, Wingala is located in Harbord Park, off Wyadra Avenue, near the intersection with Oliver Street, Freshwater.

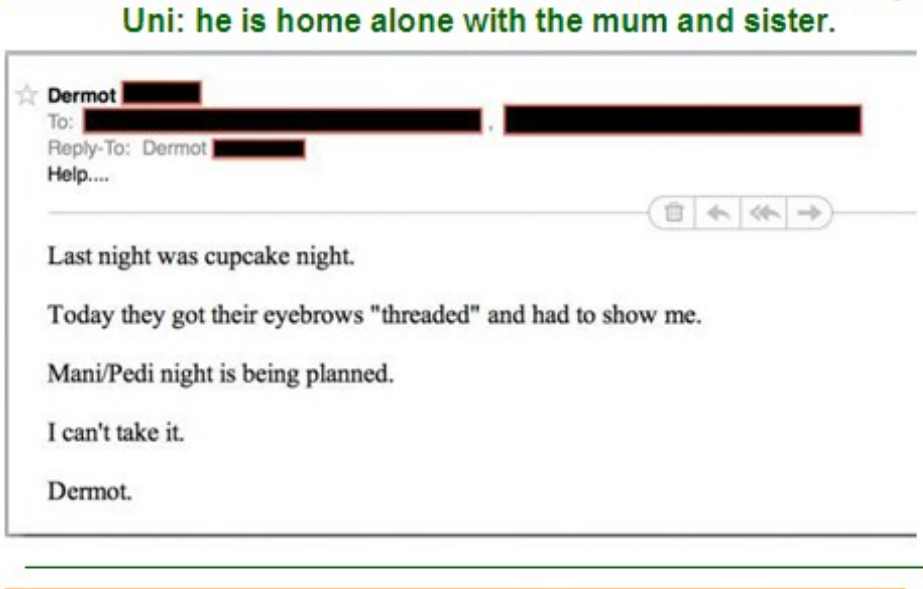
The club is open Mondays and Wednesdays from 9:30 AM to 3:30 PM and on the first and third Tuesday evening each month from 7:30 PM to 9:30 PM. New members are always welcome.

For further information, phone Ian Lee, President, on 9918 2900.

COMMUNITY TRANSPORT
Easy Transport
Manly-Warringah-Pittwater
9971 5110
www.easytransport.org.au

Profile of the Week Issue 124: Easy Transport Manly Warringah Pittwater - medical appointments, shopping trips, mystery tours and Saturday Lunch - this great non-profit organisation offers great ideas and solutions

An email from the dad of two sons who are now both away at Uni: he is home alone with the mum and sister.



Dermot [redacted]
To: [redacted], [redacted]
Reply-To: Dermot [redacted]
Help....

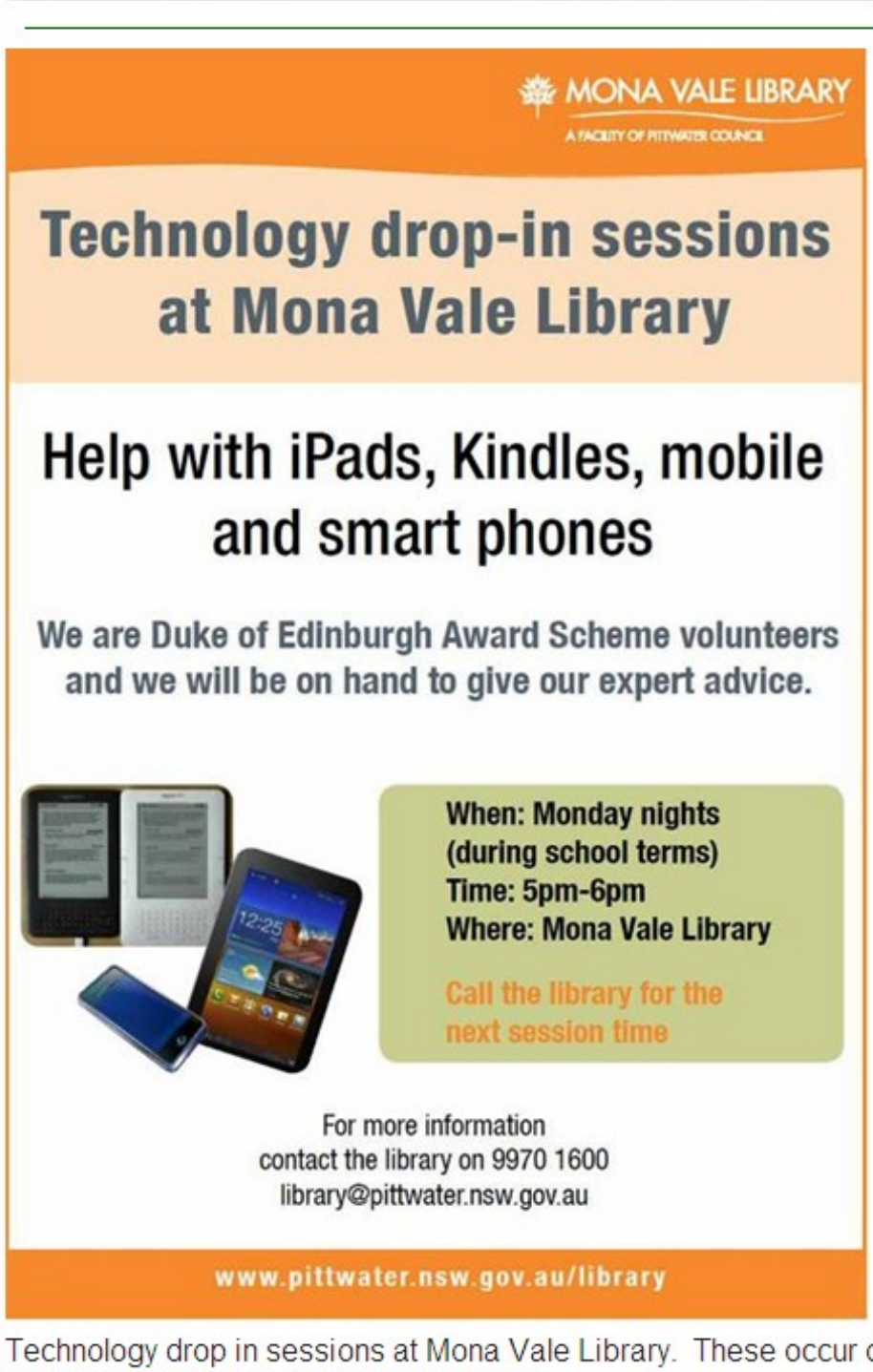
Last night was cupcake night.

Today they got their eyebrows "threaded" and had to show me.

Mani/Pedi night is being planned.

I can't take it.

Dermot.



MONA VALE LIBRARY
A FACILITY OF PITTWATER COUNCIL

Technology drop-in sessions at Mona Vale Library

Help with iPads, Kindles, mobile and smart phones

We are Duke of Edinburgh Award Scheme volunteers and we will be on hand to give our expert advice.

When: Monday nights (during school terms)
Time: 5pm-6pm
Where: Mona Vale Library

Call the library for the next session time

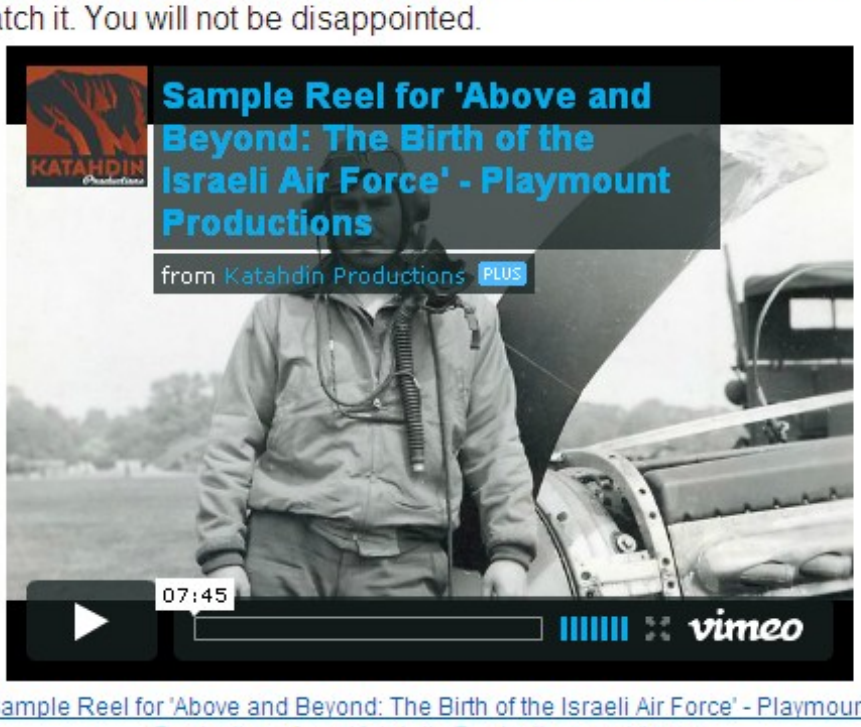
For more information
contact the library on 9970 1600
library@pittwater.nsw.gov.au

www.pittwater.nsw.gov.au/library

Technology drop in sessions at Mona Vale Library. These occur on Monday afternoon **during school term.**

A GOOD STORY NOT KNOWN BY MANY - c/- Friendly

The only four (4) airplanes Israel had when the war of independence began were smuggled from Czech Republic . They were German "Messerschmidt 109". They were assembled overnight in Tel Aviv and were never flight tested. This is a short video about their pilots. Watch it. You will not be disappointed.


Sample Reel for 'Above and Beyond: The Birth of the Israeli Air Force' - Playmount Productions
from Katahdin Productions PLUS
KATAHDIN Productions
07:45
vimeo

Sample Reel for 'Above and Beyond: The Birth of the Israeli Air Force' - Playmount Productions from Katahdin Productions on Vimeo.

Know your rights at retirement

Your Rights at Retirement is a one-stop shop reference that will help people navigate services and supports that are part of planning and managing retirement.

It also includes practical information to help protect against scams and dishonest approaches that target seniors.

One of the key objectives of the NSW Ageing Strategy is to support people to plan ahead for their retirement in their middle years and for people to be knowledgeable about their rights.

The NSW Government launched the NSW Ageing Strategy in July 2012 with the vision of people in NSW experiencing the benefits of living longer.

Download a copy of Your Rights at Retirement (July 20913 PDF) here: www.humanrights.gov.au/publications/your-rightsretirement

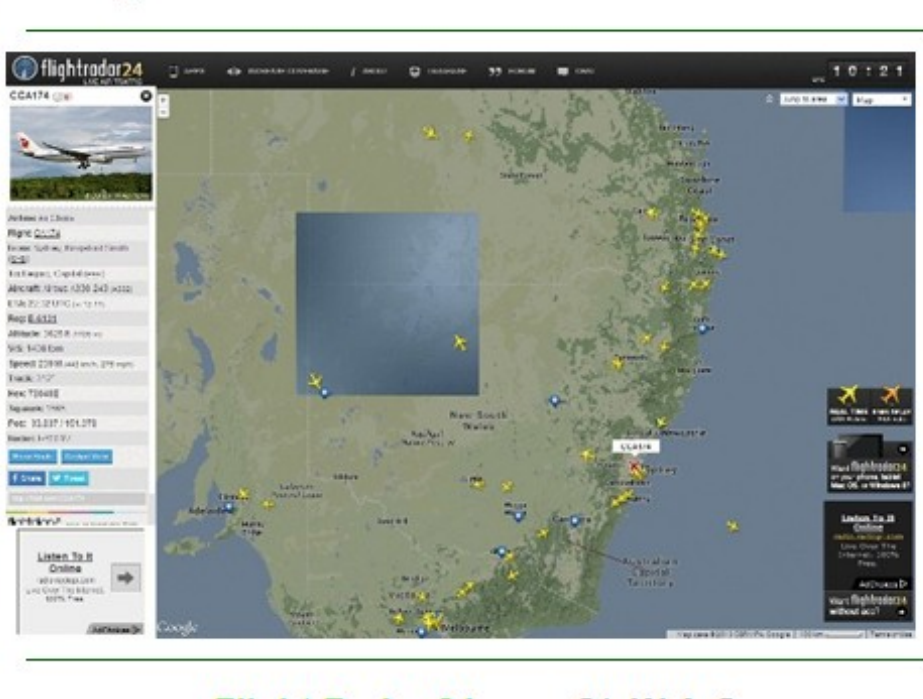
A limited number of hard copies are available. Call the Office for Ageing on 1800 729 368.

Australian Seniors Computer Clubs Association ASCCA

ASCCA is the national peak body for seniors and technology

Our mission is to assist clubs to educate seniors in the use of computer technology as a way of enriching their lives and making them more self-reliant.

We bridge the generation gap and assist seniors to find ways to benefit the community through their collective experience and knowledge



Flight Radar 24.com C/- W.A.G.

Have you ever wondered where that plane flying over head is going and what type of aircraft it is? On flightrader24.com you can do just that.

I just watched on my laptop the plane whose vapour trail I could see over head and was blown away by all the information and also the view. This is definitely a keeper.

You are also going to be totally blown away when you see how many aircraft are flying in your area. I can now see why an aircraft traffic controller is one very, very busy person.

If you can get this working for you it will tell you who is flying and where they are going. Here is a note to help you get more out of your visit to this site:

These are all the aircraft in the air right now. In the left hand column, there is a box called "planes." The number in the box is the number of aircraft airborne. This view is what the traffic management people see for planning purposes at the various airports.

Every day you see planes in the sky, sometimes very high, with or without con-trails. We ask ourselves questions :

What type of plane, airbus A320,330,350? Boeing.....or other. Where does it come from, where is it going, what altitude, what speed, what company etc. on this website you can see all the information instantly on your screen.

Some tricks;

Drag the map to take you to the area you want to view. To view your region or town, you can zoom in by tapping with your mouse. On the map you will see all the planes in the air. Click on a airplane, and on the left screen you will get all the info. Airline, type, speed, altitude in real time, recalculated every 10 seconds. On some you can also click on 'view from the cockpit'. See www.flightradar24.com/

Contact Community Care Northern Beaches HERE:

COTA – NSW - http://cotansw.com.au/

ABOUT US

The Council on the Ageing NSW (COTA NSW) is the peak organisation for people over 50 in our state. We're an independent, non-partisan, consumer-based non-government organisation. We work with politicians, policy makers, and service providers as well as media representatives to make sure your views are heard and your needs are met. COTA NSW works to empower and engage people over 50. For decades, we've shaped the policies and programs that change lives.

Since our beginning in 1956, COTA NSW has introduced policies and programs that make a real difference to peoples' lives. We have proud record, having created:

▪Meals on Wheels, ▪Retirement Village Residents Association, ▪Australian Seniors Computer Clubs Association, ▪Seniors Clubs, ▪Seniors Information Service, ▪OM:NI – Older Men: New Ideas, ▪Grandfriends, ▪Grandparents, Relatives and Kinship Care Alliance, ▪Medication Management for Older People, and the ▪Mature Employment Line.

COTA NSW, through constant contact with consumers and consumer groups across the state, through the research it conducts and through partnerships with other NGOs, research bodies and universities, is also an important source of information and advice on issues and decisions that people will navigate through as they live long, healthy, and productive lives. We have always made this information and advice available publically through telephone advice and over eighty Fact Sheets. Browse through our website or contact us and help COTA NSW continue its work in advancing the interests of people over 50.

HAVE YOUR SAY!

We have launched our 2013 COTA NSW Survey. We want to know what you think about important issues. Your input helps to determine the policies and positions we communicate to Government. Everyone who completes the survey goes into a draw to win one of five $50 gift cards. Click the link to access the survey.

Click here to complete the COTA NSW 2013 Survey.

SENIORS CARD

Seniors Card Website; great information Competitions, Newsletters and Events listings HERE

2013 Discount Directory now available - Seniors Card

The 2013 Discount Directory is now available. Please find digital copies of each of the 5 regional directories HERE

Australian Senior PUBLICATIONS

The Senior Newspaper Online HERE

SENIOR MOVERS
Gracefully downsize with our experience and care...

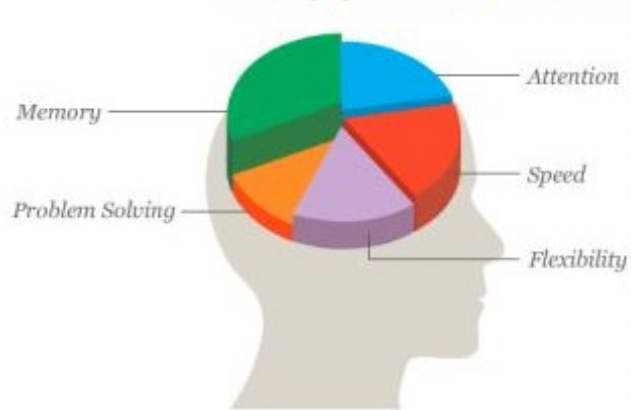
Senior Movers is a wonderful resource for the Pittwater senior community who are thinking about downsizing from their property. Senior Movers want you to stop worrying about downsizing from the family home and let us take care of you. Senior movers gives you peace of mind during stressful times of downsizing and moving to a smaller home. No retirement living plan is too large or too small. We are glad to help whether it is a move to a loved one's home, assisted living or to a seniors apartment.

We want you to we help you gracefully downsize with our experience and care.

www.seniormovers.com.au

Also see Belinda Grundy's Profile and other great Business; www.bgpropertystyling.com.au

Keep your Wits About You



A regular contributor suggests we all look at Lumosity to see if will suit keeping active mentally. Their website states: "improve Brain Health and performance. Designed by neuroscientists, Lumosity exercises improve core cognitive functions. Researchers have measured significant improvements in working memory and attention after Lumosity training. Dozens of research collaborations help improve the Lumosity training program and its effectiveness." You can visit their website to decide for yourself at: www.lumosity.com/app/v4/personalization

Warringah Council | PITTWATER COUNCIL

Super Seniors Directory

A massive directory for all northern beaches seniors is hitting the streets for Seniors Week. The Services, Activities & Housing Directory 2012-2013 is a one-stop-shop for all northern beaches seniors thanks to a successful partnership between Warringah, Pittwater and Manly Councils.

The directories can be found at Council's Customer Service; Libraries, Community Centres or **online** at the council websites.

If older people with mobility problems have difficulty assessing the directory - contact Aged Services and you will be sent a copy.

Media Releases concerning Seniors this week from **National Seniors Australia**

With around a quarter of a million members, National Seniors is Australia's largest consumer organisation for the over 50s and fourth largest group of its kind in the world.

U3A The University of the Third Age Sydney U3A

U3A Monthly Lectures Wednesday Afternoons at Newport

First Wednesday of the month 2 – 4pm.All welcome - no need to book. Just come along hear interesting speakers and make new friends. Cost: $2 includes tea coffee and biscuits. Venue: Newport Community Centre, for more information contact Nancy Weir 8919 0243 or Mavis Bickerton 9970 7161 Website: www.sydneyu3a.org

COMPUTER PALS AVALON FOR SENIORS

Avalon Computer Pals for Seniors

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about $30 a school term) they can provide one to one training on most matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help.

The training rooms are under the Catholic Church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site www.avpals.com or or phone 02 8064 3574

Article onAvPals Seminar

Copyright Pittwater Online News

Respect for the Aged Day

Tomorrow is Respect for the Aged Day in Japan.

Respect for the Aged Day (Keirō no Hi) is a Japanese holiday celebrated annually to honor elderly citizens. It started in 1966 as a national holiday and was held on every September 15. After 2003, the Respect for the Aged Day is held on the 3rd Monday of September due to the Happy Monday System.

This national holiday traces its origins to 1947, when Nomadani-mura (later Yachiyo-cho, currently Taka-cho),Hyōgo Prefecture proclaimed September 15 Old Folks' Day (Toshiyori no Hi). Its popularity spread nationwide, and in 1966 it took its present name and status. Annually, Japanese media take the opportunity to feature the elderly, reporting on the population and highlighting the oldest people in the country.

We could certainly use a day like that here!

Respect for the Aged Day. (2013, September 14). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Respect_for_the_Aged_Day&oldid=572849504

COTA NSW is pleased to be chatting to more of our mates - August 2013 - from COTA NSW

We are pleased to announce that the peer education program 'Mate to Mate: connecting older men and HACC services' will receive further funding for 2014. Initiated in 2012, 'Mate to Mate' is run by COTA NSW in partnership with the University of Western Sydney Men's Health Information and Resource Centre (MHIRC).

Christopher Smith, program co-ordinator at COTA NSW, has been delighted by some of the responses he's obtained from men participating in 'Mate to Mate' information sessions so far. He says "the enthusiasm participants have shown for 'Mate to Mate' has been especially gratifying because the topics the sessions cover have traditionally been a bit of a 'hard sell.' 'Mate to Mate' sessions are designed to make older men aware of the availability of Home and Community Care (HACC) services, and traditionally, older men don't think the services relate to them."

The great success of 'Mate to Mate' has been using the peer education format to break down men's reluctance to talk about a time when they may need to draw on HACC services to be able to live in their own homes. "One participant said that the session helped him to 'to talk about my issues in a way where I did not feel embarrassed,'" says Christopher. Another said, "when I realised that HACC service weren't about taking away my ability to do things for myself – but actually enabling me to maintain my independence for longer – I felt better about making the call to a HACC service provider."

Community workers have also expressed their support for the program, with one observer commenting that 'Mate to Mate' had an ability to engage older men that other outreach programs lacked. She said "we're always letting men know what HACC services are on offer, to the point that you can see their eyes start to glaze over when we mention it" but the 'Mate to Mate' information session "presented the information in a way that was fresh and engaging" and "got the men talking." Likewise, HACC service providers are talking about the positive impacts these sessions have had when it comes to seeing older men actually accessing their services.

The new funding from the Department of Ageing, Disability and Homecare will enable COTA NSW to connect with a new group of men in NSW – those aged from 50 to 65. In coming months, COTA NSW will be conducting research with communities and men aged from 50 to 65 in order to understand the best ways to reach and connect with men in this demographic. We'll also be looking into some of the things that improve – or limit – men's ability to stay connected to their communities.

If you belong to a group that has members that are men aged 50 to 65 and would like to be involved in research, please contact Christopher on (02) 9286 3860 (ext. 203).

- See more at HERE

Gala concerts

Premier's Gala Concerts

The Premier's Gala Concerts are free concerts for seniors, presented by the NSW Government. The Government has announced some changes to these concerts.

The Seniors Week concerts will continue to be held at the Sydney Entertainment Centre and will be expanded from three concerts to five concerts, allowing up to 50,000 seniors to attend.

A community Christmas Concert will tour to various regional and/or outer metropolitan locations. This concert tour will replace the Christmas concerts previously held in Sydney.

These changes will provide more seniors across Sydney and NSW the opportunity to experience the concerts.

Seniors concerts to be shared across NSW

2013 Christmas Concerts

Instead of concerts in inner Sydney, a community Christmas concert will tour to various locations. The locations of these concerts will change each year.

Venues and ticketing information for these concerts have not yet been confirmed. Further information on the Christmas concerts, including venues and ticketing details, will be available from late September 2013 on this website and the Concerts Information Line 1300 855 501. (Note - please do not contact Ticketmaster)

2014 Seniors Week Concerts

The 2014 Premier's Seniors Week Gala Concerts will be held from 18 - 20 March 2014 at the Sydney Entertainment Centre.

Five concerts will be held over three days: Tuesday 18 March (2 concerts), Wednesday 19 March (2 concerts) and Thursday 20 March (1 concert). Group ticket applications for the 2014 Seniors Week concerts will be posted to all registered groups by early December 2013. Tickets for individuals are expected to be available in early February 2014, similar to previous years. Ticketing details will be announced in mid December 2013.

Further information on the Seniors Week concerts will be available from mid December 2013 on the Seniors Week website and the Concerts Information Line 1300 855 501. (Note - please do not contact Ticketmaster)

Further information

The Seniors Week website will continue to be updated with venue, ticketing and other concerts information as it becomes available.

For any general enquiries, please call the Concerts Information Line on 1300 855 501 (cost of a local call) or email swfeedback@facs.nsw.gov.au

Registered groups can call the Premier's Gala Concerts Groups Information Office on 1300 361 106 (cost of a local call) or email groupsconcert@facs.nsw.gov.au

15th Australian Computer Conference for Seniors

Tuesday 12 & Wednesday 13 November, 2013 - 15th Annual ASCCA Computer Conference for Seniors to be held at Rydges World Square Hotel, Pitt Street, Sydney.

Make sure to put these dates in your diary NOW - we are pleased to be able to keep the costs the same as last year! We look forward to seeing you there!

Our speakers understand and engage with their audience and are generous in donating their time. We learn so much and are enthused by what we hear and learn. See our 2013 Speakers on the ASCCA Website www.ascca.org.au

Underground Bicycle Parking Systems in Japan C/- Maureen Darcy Smith - June 2013

Underground Bicycle Parking Systems in Japan
大切なものを忘れていないかチェックしてから、
この緑色のボタンを押せば、自転車が中に吸い込まれます。
0:00 / 4:16

Grandparents Day Website

grand parents day

Grandparents have a unique role. They don't just connect us to the values, stories and histories of our families, but to the values, stories and histories of our communities.

In 2011 the NSW State Government chose to recognise the contributions that grandparents make by launching Grandparents Day. Each year, Grandparents Day will be celebrated in NSW on the last Sunday of October.

This year, Grandparents Day is on **Sunday 27 October**, and community groups and councils around NSW are planning their Grandparents Day events. Visit the Grandparents Day website to find out how you can involved involved in Grandparents Day this year.

Grandparents Day Grants

COTA NSW is offering grants of up to $1000 to help you run your event. These grants are designed to help local community, sporting or social groups hold events in their communities.

Apply for a NSW Grandparents Day grant now. Grant applications will **close on Friday 6 September 2013**

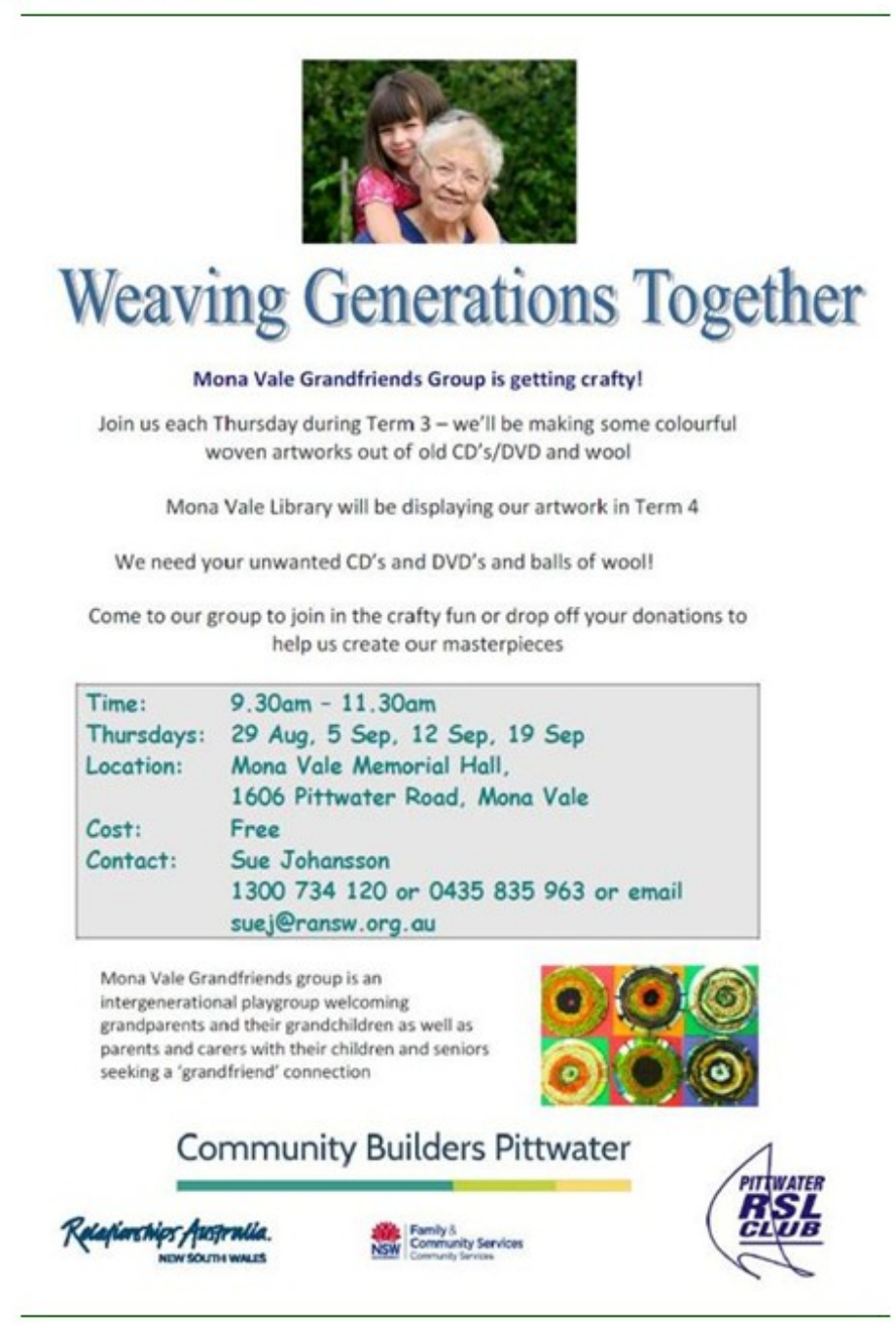
Attend an event in your local area.

Promote your own event.

Download resources for your event.

Nominate a grandparent for the NSW Grandparent of the Year Awards.

- See more at: http://cotansw.com.au/2012/08/grandparents-day-website/#sthash.E6DKAEwC.dpuf



Weaving Generations Together

Mona Vale Grandfriends Group is getting crafty!

Join us each Thursday during Term 3 – we'll be making some colourful woven artworks out of old CD's/DVD and wool

Mona Vale Library will be displaying our artwork in Term 4

We need your unwanted CD's and DVD's and balls of wool!

Come to our group to join in the crafty fun or drop off your donations to help us create our masterpieces

Time: 9.30am - 11.30am
Thursdays: 29 Aug, 5 Sep, 12 Sep, 19 Sep
Location: Mona Vale Memorial Hall, 1606 Pittwater Road, Mona Vale
Cost: Free
Contact: Sue Johansson 1300 734 120 or 0435 835 963 or email suej@ransw.org.au

Mona Vale Grandfriends group is an intergenerational playgroup welcoming grandparents and their grandchildren as well as parents and carers with their children and seniors seeking a 'grandfriend' connection

Community Builders Pittwater

Relationships Australia NEW SOUTH WALES | NSW Family & Community Services | PITTWATER RSL CLUB

Health papers published this week:

Screening for minor memory changes will wrongly label many with dementia, warn experts - 10 September 2013

A political drive led by the UK and US to screen older people for minor memory changes (often called mild cognitive impairment or pre-dementia) is leading to unnecessary investigation and potentially harmful treatment for what is arguably an inevitable consequence of ageing, warn **University of Sydney experts in in a paper published in the British Medical Journal (BMJ) today**.

A team of specialists in Australia and the UK say that expanding diagnosis of dementia will result in up to 65 percent of people aged over 80 having Alzheimer's disease diagnosed - and up to 23 percent of non-demented older people being labelled with dementia.

They argue this policy is not backed by evidence and ignores the risks, harms and costs to individuals, families and societies. It may also divert resources that are badly needed for the care of people with advanced dementia.

Their views come as the Preventing Overdiagnosis conference opens in New Hampshire next week, partnered by BMJ's Too Much Medicine campaign, where experts from around the world will gather to discuss how to tackle the threat to health and the waste of money caused by unnecessary care.

Paper co-author, Professor David Le Couteur from the University's Charles Perkins Centre, said dementia is an age related condition and with an ageing global population, it is predicted to become an overwhelming and costly problem.

"Although evidence suggests that only five to 10 percent of people with mild cognitive symptoms will develop dementia each year, current policy in many countries is aimed at encouraging more widespread and earlier diagnosis of dementia," he said.

"For example, in the US, the Medicare insurance programme will cover an annual wellness visit to a physician that includes a cognitive impairment test. In England, the government has announced that it will reward general practitioners for assessing brain function in older patients - and has committed to have "a memory clinic in every town and every city" despite no sound evidence of benefit.

"This has led to the development of imaging techniques and tests that are increasingly used in diagnosis, despite uncertainty over their accuracy.

"Furthermore, there are no drugs that prevent the progression of dementia or are effective in patients with mild cognitive impairment, raising concerns that once patients are labelled with disease or pre-disease, they may try untested therapies and run the risk of adverse effects."

The paper co-authors also question whether ageing of the population is becoming a "commercial opportunity" for developing screening, early diagnosis tests and medicines marketed to maintain cognition in old age.

The desire of politicians, dementia organisations, and academics and clinicians in the field to raise the profile of dementia is understandable, write the authors, "but we risk being conscripted into an unwanted war against dementia."

Yet they suggest that the political rhetoric expended on preventing the burden of dementia would be much better served by efforts to reduce smoking and obesity, given current knowledge linking mid-life obesity and cigarettes with the risk of dementia.

"Current policy is rolling out untested and uncontrolled experiments in the frailest people in society without a rigorous evaluation of its benefits and harms to individuals, families, service settings, and professionals," Professor Le Couteur concluded.

D. G. L. Couteur, J. Doust, H. Creasey, C. Brayne. **Political drive to screen for pre-dementia: not evidence based and ignores the harms of diagnosis.** BMJ, 2013; 347 (sep09 21): f5125 DOI: 10.1136/bmj.f5125

Research Points to Promising Treatment for Macular Degeneration

Sep. 13, 2013 — Researchers at the University of North Carolina School of Medicine have published new findings in the hunt for a better treatment for macular degeneration. In studies using mice, a class of drugs known as MDM2 inhibitors proved highly effective at regressing the abnormal blood vessels responsible for the vision loss associated with the disease.

"We believe we may have found an optimized treatment for macular degeneration," said senior study author Sai Chavala, MD, director of the Laboratory for Retinal Rehabilitation and assistant professor of Ophthalmology and Cell Biology & Physiology at the UNC School of Medicine. "Our hope is that MDM2 inhibitors would reduce the treatment burden on both patients and physicians."

The research appeared Sept. 9, 2013 in the *Journal of Clinical Investigation*.

Currently, the best available treatment for macular degeneration is an antibody called anti-VEGF that is injected into the eye. Patients must visit their doctor for a new injection every 4-8 weeks, adding up to significant time and cost.

"The idea is we'd like to have a long-lasting treatment so patients wouldn't have to receive as many injections," said Chavala. "That would reduce their overall risk of eye infections, and also potentially lower the economic burden of this condition by reducing treatment costs." Chavala practices at the Kittner Eye Center at UNC Health Care in Chapel Hill and New Bern.

All patients with age-related macular degeneration start out with the "dry" form of the disease, which can cause blurred vision or blind spots. In about 20 percent of patients, the disease progresses to its "wet" form, in which abnormal blood vessels form in the eye and begin to leak fluid or blood, causing vision loss.

While anti-VEGF works by targeting the growth factors that lead to leaky blood vessels, MDM2 inhibitors target the abnormal blood vessels themselves causing them to regress - potentially leading to a lasting effect.

Chavala and his colleagues investigated the effects of MDM2 inhibitors in cell culture and in a mouse model of macular degeneration. They found that the drug abolishes the problematic blood vessels associated with wet macular degeneration by activating a protein known as p53. "p53 is a master regulator that determines if a cell lives or dies. By activating p53, we can initiate the cell death process in these abnormal blood vessels," said Chavala.

MDM2 inhibitors also have conceivable advantages over another treatment that is currently being investigated in several clinical trials: the use of low-dose radiation for wet macular degeneration. Radiation works by causing DNA damage in cells leading to an increase in p53 and cell death. MDM2 inhibitors activate p53 without causing DNA damage. Also, MDM2 inhibitors can be given by eye injection, which is advantageous over some forms of radiation treatment that require surgery to administer.

Sai H. Chavala, Younghee Kim, Laura Tudisco, Valeria Cicatiello, Till Milde, Nagaraj Kerur, Nidia Claros, Susan Yanni, Victor H. Guaiquil, William W. Hauswirth, John S. Penn, Shahin Rafii, Sandro De Falco, Thomas C. Lee and Jayakrishna Ambati. **Retinal angiogenesis suppression through small molecule activation of p53.** Journal of Clinical Investigation, September 2013 DOI:10.1172/JCI67315

Bacteria Responsible for Gum Disease Facilitates Rheumatoid Arthritis

Sep. 12, 2013 — Does gum disease indicate future joint problems? Although researchers and clinicians have long known about an association between two prevalent chronic inflammatory diseases - periodontal disease and rheumatoid arthritis (RA) - the microbiological mechanisms have remained unclear.

In an article published today in *PLoS Pathogens*, University of Louisville School of Dentistry Oral Health and Systemic Diseases group researcher Jan Potempa, PhD, DSc, and an international team of scientists from the European Union's Gums and Joints project have uncovered how the bacterium responsible for periodontal disease, Porphyromonas gingivalisworsens RA by leading to earlier onset, faster progression and greater severity of the disease, including increased bone and cartilage destruction.

The scientists found that P. gingivalis produces a unique enzyme, peptidylarginine deiminase (PAD) which then enhances collagen-induced arthritis (CIA), a form of arthritis similar to RA produced in the lab. PAD changes residues of certain proteins into citrulline, and the body recognizes citullinated proteins as intruders, leading to an immune attack. In RA patients, the subsequent result is chronic inflammation responsible for bone and cartilage destruction within the joints.

Potempa and his team studied another oral bacterium, Prevotella intermedia for the same affect, but learned it did not produce PAD, and did not affect CIA.

"Taken together, our results suggest that bacterial PAD may constitute the mechanistic link between P. gingivalis periodontal infection and rheumatoid arthritis, but this ground-breaking conclusion will need to be verified with further research," he said.

Potempa said he is hopeful these findings will shed new light on the treatment and prevention of RA.

Studies indicate that compared to the general population, people with periodontal disease have an increased prevalence of RA and, periodontal disease is at least two times more prevalent in RA patients. Other research has shown that a P. gingivalisinfection in the mouth will precede RA, and the bacterium is the likely culprit for onset and continuation of the autoimmune inflammatory responses that occur in the disease.

Katarzyna J. Maresz, Annelie Hellvard, Aneta Sroka, Karina Adamowicz, Ewa Bielecka, Joanna Koziel, Katarzyna Gawron, Danuta Mizgalska, Katarzyna A. Marcinska, Malgorzata Benedyk, Krzysztof Pyrc, Anne-Marie Quirke, Roland Jonsson, Saba Alzabin, Patrick J. Venables, Ky-Anh Nguyen, Piotr Mydel, Jan Potempa. **Porphyromonas gingivalis Facilitates the Development and Progression of Destructive Arthritis through Its Unique Bacterial Peptidylarginine Deiminase (PAD).** PLoS Pathogens, 2013; 9 (9): e1003627 DOI: 10.1371/journal.ppat.1003627

Alzheimer's: Newly Identified Protein Pathology Impairs RNA Splicing

Sep. 10, 2013 — Move over, plaques and tangles. Researchers at Emory University School of Medicine's Alzheimer's Disease Research Center have identified a previously unrecognized type of pathology in the brains of patients with Alzheimer's disease.

These tangle-like structures appear at early stages of Alzheimer's and are not found in other neurodegenerative diseases such as Parkinson's disease.

What makes these tangles distinct is that they sequester proteins involved in RNA splicing, the process by which instructional messages from genes are cut and pasted together. The researchers show that the appearance of these tangles is linked to widespread changes in RNA splicing in Alzheimer's brains compared to healthy brains.

The finding could change scientists' understanding of how the disease develops and progresses, by explaining how genes that have been linked to Alzheimer's contribute their effects, and could lead to new biomarkers, diagnostic approaches, and therapies.

The results are published in the *Proceedings of the National Academy of Sciences, Early Edition.*

"We were very surprised to find alterations in proteins that are responsible for RNA splicing in Alzheimer's, which could have major implications for the disease mechanism," says Allan Levey, MD, PhD, chair of neurology at Emory University School of Medicine and director of the Emory ADRC.

"This is a brand new arena," says James Lah, MD, PhD, associate professor of neurology at Emory University School of Medicine and director of the Cognitive Neurology program. "Many Alzheimer's investigators have looked at how the disease affects alternative splicing of individual genes. Our results suggest a global distortion of RNA processing is taking place."

This research was led by Drs. Levey, Lah, and Junmin Peng, PhD, who was previously associate professor of genetics at Emory and is now a faculty member at St Jude Children's Research Hospital. They were aided by collaborators at University of Kentucky, Rush University, and University of Washington as well as colleagues at Emory.

Accumulations of plaques and tangles in the brains of patients with Alzheimer's disease were first observed more than a century ago. Investigating the proteins in these pathological structures has been central to the study of the disease.

Most experimental treatments for Alzheimer's have aimed at curbing beta-amyloid, an apparently toxic protein fragment that is the dominant component of amyloid plaques. Other approaches target the abnormal accumulation of the protein tau in neurofibrillary tangles. Yet the development of Alzheimer's is not solely explained by amyloid and tau pathologies, Lah says.

"Two individuals may harbor similar amounts of amyloid plaques and tau tangles in their brains, but one may be completely healthy while the other may have severe memory loss and dementia," he says.

These discrepancies led Emory investigators to take a "back to basics" proteomics approach, cataloguing the proteins that make up insoluble deposits in the brains of Alzheimer's patients.

"The Alzheimer's field has been very focused on amyloid and tau, and we wanted to use today's proteomics technologies to take a comprehensive, unbiased approach," Levey says.

The team identified 36 proteins that were much more abundant in the detergent-resistant deposits in brain tissue from Alzheimer's patients. This list included the usual suspects: tau and beta-amyloid. Also on the list were several "U1 snRNP" proteins, which are involved in RNA splicing.

These U1 proteins are normally seen in the nucleus of normal cells, but in Alzheimer's brains they accumulated in tangle-like structures. Accumulation of insoluble U1 protein was seen in samples from patients with mild cognitive impairment (MCI), a precursor stage to Alzheimer's, but the U1 pathology was not seen in any other brain diseases that were examined.

According to Chad Hales, MD, PhD, one of the study's lead authors, "U1 aggregation is occurring early in the disease, and U1 tangles can be seen independently of tau pathology. In some cases, we see accumulation of insoluble U1 proteins before the appearance of insoluble tau, suggesting that it is a very early event."

For most genes, after RNA is read out from the DNA (transcription), some of the RNA must be spliced out. When brain cells accumulate clumps of U1 proteins, that could mean the process of splicing is impaired. To test this, the Emory team examined RNA from the brains of Alzheimer's patients. In comparison to RNA from healthy brains, more of the RNA from Alzheimer's brain samples was unspliced.

The finding could explain how many genes that have been linked to Alzheimer's are having their effects. In cells, U1 snRNP plays multiple roles in processing RNA including the process of alternative splicing, by which one gene can make instructions for two or more proteins.

"U1 dysfunction might produce changes in RNA processing affecting many genes or specific changes affecting a few key genes that are important in Alzheimer's," Lah says. "Understanding the disruption of such a fundamental process will almost certainly identify new ways to understand Alzheimer's and new approaches to treating patients."

B. Bai, C. M. Hales, P.-C. Chen, Y. Gozal, E. B. Dammer, J. J. Fritz, X. Wang, Q. Xia, D. M. Duong, C. Street, G. Cantero, D. Cheng, D. R. Jones, Z. Wu, Y. Li, I. Diner, C. J. Heilman, H. D. Rees, H. Wu, L. Lin, K. E. Szulwach, M. Gearing, E. J. Mufson, D. A. Bennett, T. J. Montine, N. T. Seyfried, T. S. Wingo, Y. E. Sun, P. Jin, J. Hanfelt, D. M. Willcock, A. Levey, J. J. Lah, J. Peng. **U1 small nuclear ribonucleoprotein complex and RNA splicing alterations in Alzheimer's disease.** Proceedings of the National Academy of Sciences, 2013; DOI: 10.1073/pnas.1310249110

Can Drinking Orange Juice Aid in Cancer Prevention?

Sep. 13, 2013 — In a forthcoming review article from *Nutrition and Cancer: An International Journal*, a publication of Routledge, researchers review available evidence that links orange juice with cancer chemoprevention. The review article, "Orange Juice and Cancer Chemoprevention" discusses the putative mechanisms involved in the process, the potential toxicity of orange juice, and the available data in terms of evidence-based medicine.

Orange juice has many potential positive effects when it comes to cancer, particularly because it is high in antioxidants from flavonoids such as hesperitin and naringinin. Evidence from previous in vitro studies has indicated that orange juice can reduce the risk of leukemia in children, as well as aid in chemoprevention against mammary, hepatic, and colon cancers. Biological effects of orange juice in vitro are largely influenced by the juice's composition, which is dependent on physiological conditions of the oranges such as climate, soil, fruit maturation, and storage methods post-harvest.

The researchers acknowledge potential toxicity from orange juice if consumed in excess amounts - especially for children, hypertensive, kidney-compromised, and diabetics. Excessive drinking of orange juice for individuals from these groups has the potential to create noxious effects, hyperkalemia, and has been associated with both food allergies and bacterial outbreaks in cases where the juice was unpasteurized. "Excessive intake of any food, even for the healthiest, can lead to oxidative status imbalance," wrote the researchers.

Further research is highly recommended to determine the biological connection between orange juice and cancer chemoprevention. Issues such as the type of cultivar and the amount consumed will also need clarification.

Overall, the review article summarizes several biological effects of orange juice that can contribute to chemoprevention, including antioxidant, antimutagenic and antigenotoxic, cytoprotective, hormonal, and cell signaling modulating effects. Orange juice has antimicrobial and antiviral action and modulates the absorption of xenobiotics. "OJ could contribute to chemoprevention at every stage of cancer initiation and progression," the researchers explained. "Among the most relevant biological effects of OJ is the juice's antigenotoxic and antimutagenic potential, which was shown in cells in culture and in rodents and humans."

Silvia Isabel Rech Franke, Temenouga Nikolova Guecheva, João Antonio Pêgas Henriques, Daniel Prá. **Orange Juice and Cancer Chemoprevention.** Nutrition and Cancer, 2013; : 130806112113004 DOI: 10.1080/01635581.2013.817594

Disclaimer: These articles are not intended to provide medical advice, diagnosis or treatment. Views expressed here do not necessarily reflect those of Pittwater Online News or its staff.

National Seniors Literary Prize a catalyst for change

The 2014 National Seniors Literary Prize will have the theme 'reflections'. It will be open until 29 November 2013.

National Seniors Australia and publishing powerhouse Random House Australia are working together to give one lucky writer, aged 50 years and over, the opportunity to make their mark in the world of publishing.

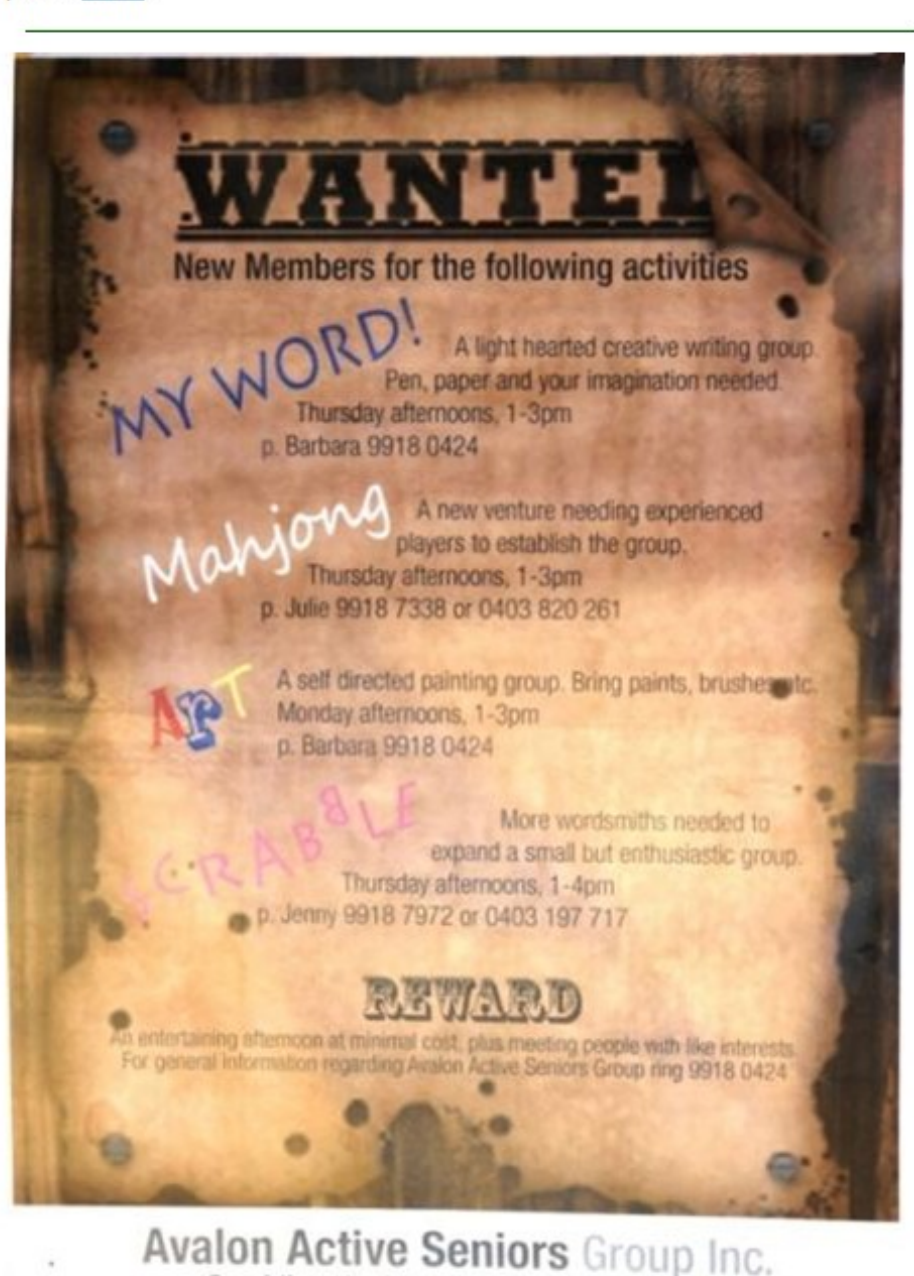
The National Seniors Literary Prize 2014 will be awarded to a work of fiction based on the theme of 'reflections'. Random House and National Seniors are giving you the opportunity to be creative so this theme can be integrated into your storyline or your novel's structure!

The winner of the National Seniors Literary Prize will receive:

$2,000 prize money; A three year membership to National Seniors Australia; A complete cover design for their manuscript; Professional editing by Random House Australia; E-book publication of their manuscript; 12 printed copies of their novel ;The opportunity for print-on-demand versions of their book

Submit your manuscript into the National Seniors Literary Prize 2014.

Got questions? Read the National Seniors Literary Prize frequently asked questions here. Read the full terms and conditions of the prize here.



WANTED
New Members for the following activities

MY WORD! A light hearted creative writing group. Pen, paper and your imagination needed. Thursday afternoons, 1-3pm p. Barbara 9918 0424

Mahjong A new venture needing experienced players to establish the group. Thursday afternoons, 1-3pm p. Julie 9918 7338 or 0403 820 261

ART A self directed painting group. Bring paints, brushes etc. Monday afternoons, 1-3pm p. Barbara 9918 0424

SCRABBLE More wordsmiths needed to expand a small but enthusiastic group. Thursday afternoons, 1-4pm p. Jenny 9918 7972 or 0403 197 717

REWARD
An entertaining afternoon at minimal cost, plus meeting people with like interests.
For general information regarding Avalon Active Seniors Group ring 9918 0424

Avalon Active Seniors Group Inc.
Providing Healthy Activities for Seniors

Northside Community CONNECT

Pittwater Community Hub

Our office at Mona Vale is ready for service. We are located in Shop 17 on the ground floor of the Peninsula Plaza at 20 Bungan Street. We are open Monday to Friday, 9.00am to 4.00pm. The new Hub is fully 'manned' by our professional staff and local volunteers who can answer enquiries and provide personal assistance to meet the needs of residents of the northern beaches. Pittwater Community Hub **Profile** Click here to visit their website for more

HEARTMOVES | Heart Foundation

Heartmoves is a low-moderate intensity exercise program. Regular participation in Heartmoves will help to:

Better manage weight, blood sugars, blood pressure and cholesterol

Improve fitness, balance, co-ordination and flexibility

Enhance your quality of life and meet other people

Ingrid Davey is a qualified Older Adult Instructor and accredited Heartmoves Leader who will guide you through an exercise program that is fun, safe and modified to suit you. Tuesday 9.30am and Thursday 10.30am at Nelson Heather Centre, 4 Jackson Road Warriewood. New people welcome every week. $8.00 casual Phone Ingrid to secure your spot on 0405 457 063. www.heartfoundation.org.au

Sydney Northern Beaches Woodturners Inc

The aim of our group is to bring together people who are interested in woodturning and to assist new members to participate in the craft of woodturning. At the same time we aim to socialise and have fun. We are active in supporting local community groups and charities. We make cash donations as well as donations of toys and equipment made by our members.

Come and see us at the Narrabeen RSL Club, Nareen Pde, North Narrabeen. Workshop Open every Tuesday, Friday and Saturday between 9 am and 12 noon.

Cost: $2 for insurance & a cuppa (If you want to join there is a $25 yearly subscription fee). Contact: Jack Butler on 9999 4290 or email: johnbutler@optusnet.com.au Website: https://sites.google.com/site/woodturner60/

Pittwater Online News

September 15 - 21, 2013: Issue 128

High-tech fish surveillance at Narrabeen Lagoon - 09 September 2013

In an Australian-first experiment, UNSW researchers are using high-resolution sonar equipment to monitor the fish that swim in and out of Narrabeen Lagoon on Sydney's northern beaches.

The $120,000 instrument is being regularly deployed in shallow water at the mouth of the estuary, which is about 20 metres wide.

Dr Alistair Becker, of the School of Biological, Earth and Environmental Sciences, says the sonar system can detect all the fish longer than about 10 centimetres that pass by, as well as shoals of smaller fish.

"We can count every fish that swims in and out of the lagoon. And we are seeing a lot of them – with fish moving by every couple of minutes," he says.

"We want to find out how much connection there is between the coastal ecosystem and the fish habitat in the estuary. This is the first time this has been done anywhere in Australia."

Dr Becker and Mathew Holland a Master's student, carry out the research during the night and the day, and are monitoring both in-coming and out-going tides in the channel.

A water-resistant camera is also used to photograph some of the fish, which include bream, flathead, tailor and luderick. These images will be compared with the sonar record to see if it possible to identify the type of fish from just the sonar images.

"The fieldwork is being conducted in a very public place and, as you might imagine, has generated quite a lot of interest from people walking past," says Dr Becker.

Many coastal estuaries in southern Australia are like Narrabeen Lagoon – lakes or lagoons that are intermittently open or closed to the sea.

It is well known from sampling studies that fish larvae enter these waterways, which become nurseries for juveniles. "But no-one has looked at the movement of larger fish on a daily basis in and out of the estuary," Dr Becker says.

This has partly been due to a lack of appropriate technology available to scientists. The high-tech sonar system, known as a DIDSON, was originally developed for the US Navy for underwater surveillance.

The UNSW research at Narrabeen could help reveal the impact on the fish stock of silt in the mouth of the lagoon, which is a popular fishing spot.

Photo: Dr Alistair Becker at Narrabeen Lagoon, courtesy UNSW

Retrieved from: http://newsroom.unsw.edu.au/news/science/high-tech-fish-surveillance

Dingo Wrongly Blamed for Extinctions

Sep. 10, 2013 — Dingoes have been unjustly blamed for the extinctions on the Australian mainland of the Tasmanian tiger (or thylacine) and the Tasmanian devil, a University of Adelaide study has found.

In a paper published in the journal *Ecology*, the researchers say that despite popular belief that the Australian dingo was to blame for the demise of thylacines and devils on the mainland about 3000 years ago, in fact Aboriginal populations and a shift in climate were more likely responsible.

"Perhaps because the public perception of dingoes as 'sheep-killers' is so firmly entrenched, it has been commonly assumed that dingoes killed off the thylacines and devils on mainland Australia," says researcher Dr Thomas Prowse, Research Associate in the School of Earth and Environmental Sciences and the Environment Institute.

"There was anecdotal evidence too: both thylacines and devils lasted for over 40,000 years following the arrival of humans in Australia; their mainland extinction about 3000 years ago was just after dingoes were introduced to Australia; and the fact that thylacines and devils persisted on Tasmania, which was never colonised by dingoes.

"However, and unfortunately for the dingo, most people have overlooked that about the same time as dingoes came along, the climate changed rather abruptly and Aboriginal populations were going through a major period of intensification in terms of population growth and technological advances."

The researchers built a complex series of mathematical models to recreate the dynamic interaction between the main potential drivers of extinction (dingoes, climate and humans), the long-term response of herbivore prey, and the viability of the thylacine and devil populations.

The models included interactions and competition between predators as well as the influence of climate on vegetation and prey populations.

The simulations showed that while dingoes had some impact, growth and development in human populations, possibly intensified by climate change, was the most likely extinction driver.

"Our multi-species models showed that dingoes could reduce thylacine and devil populations through both competition and direct predation, but there was low probability that they could have been the sole extinction driver," Dr Prowse says.

"Our results support the notion that thylacines and devils persisted on Tasmania not because the dingo was absent, but because human density remained low there and Tasmania was less affected by abrupt climate changes."

The study 'An ecological regime shift resulting from disrupted predator-prey interactions in Holocene Australia' also involved Professors Corey Bradshaw and Barry Brook from the University of Adelaide's Environment Institute and Professor Chris Johnson from the University of Tasmania.

Thomas A. A. Prowse, Christopher N. Johnson, Corey James Alexander Bradshaw, Barry William Brook. **An ecological regime shift resulting from disrupted predator-prey interactions in Holocene Australia.** Ecology, 2013; : 130812173528003 DOI: 10.1890/13-0746.1 Credit: © sueg0904 / Fotolia)

Surprising Underwater-Sounds: Humpback Whales Also Spend Their Winter in Antarctica

Sep. 9, 2013 — Biologists and physicists from the Alfred Wegener Institute, Helmholtz Centre for Polar and Marine Research, found out that not all of the Southern Hemisphere humpback whales (Megaptera novaeangliae) migrate towards the equator at the end of the Antarctic summer. Part of the population remains in Antarctic waters throughout the entire winter. The scientists report this in a current issue of scientific journal *PLOS ONE*. This surprising discovery based on underwater recordings from the Antarctic acoustic observatory PALAOA. It is located near the research base Neumayer Station III on the ice shelf and regularly records underwater sounds of humpback whales even in the austral winter months.

Sometimes even scientists need the crucial little quantum of luck to obtain new research ideas. For instance Ilse Van Opzeeland, a marine biologist and expert on large whales at the Alfred Wegener Institute, Helmholtz Centre for Polar and Marine Research (AWI). As she unlocked the door to her office one April morning and, as usual, switched on the live stream of PALAOA, the underwater acoustic observatory, the loudspeakers suddenly resounded with the calls of humpback whales - and this at a time during which the marine mammals should long have been swimming 7,000 kilometres further away in the warmer waters off Africa. "I was totally surprised, because the textbook-opinion until that day was that humpback whales migrate to Antarctic waters only in the austral summer months. And even then, standing believes were that they would only be feeding on krill in the ice-free regions around 60 degrees south latitude. However, our PALAOA observatory monitors an area 70 degrees south - so, much further south than hitherto known feeding grounds. "With this in mind, hearing the animals on a winter morning near our observatory was a double surprise," explains the scientist.

Driven by the question whether the winter-excursion of the humpback whales in the eastern Weddell Sea was a unique event, Ilse Van Opzeeland developed a procedure for the automatic detection of humpback whale calls and analysed all PALAOA recordings from 2008 and 2009 for acoustic signs of life from these animals. "Along with variable, high-frequency calls from the whales, our recordings also contain stereotyped calls that sound a bit like a moan. We concentrated on the latter in our analysis," the marine biologist tells us. "Today, we know that, in 2008, the humpback whales were present near the observatory with the exception of the months May, September and October. In the following year, they were absent only in September. Therefore, it is highly likely that humpback whales spent the entire winter in the eastern Weddell Sea during both years," says the scientist.

A possible explanation for the absence of humpback whale calls during some months could be the Antarctic sea ice. "Near the observatory, open water areas in the sea-ice, also known as polynias, regularly form during winter. Such polynias form due to offshore winds which press the sea-ice off the continent out to sea. We suspect that humpback whales use these ice-free areas. When polynias close or change position, the whales may move with them and leave the recording radius of 100 kilometres, which our underwater microphones are monitoring. However, we do not yet have proof for this behaviour," Ilse Van Opzeeland explains.

Based on the underwater sounds, the AWI scientists cannot say what the whales are actually communicating and which animals are calling in the winter months: "Possibly, the calls are produced by young whale cows that are not yet pregnant and skip the more than 7,000 kilometres long, energetically-costly migration to Africa's coastal waters. A humpback whale-female loses up to 65 per cent of her body weight when giving birth to and suckling a calf. With this in mind, it appears energetically advantageous, from viewpoint of the young whale cows, to remain in Antarctic waters during winter. Furthermore, the coastal region of the eastern Weddell Sea likely provides krill concentrations substantial enough for the animals to find sufficient food, even in the colder season, to acquire sufficient fat-reserves for reproduction and the long trip in the following year," explains Ilse Van Opzeeland.

These new findings substantiate the significance of the Southern Ocean as a habitat for humpback whales. "In the light of ongoing discussions regarding designation of marine protected areas, our results show that not only the known feeding grounds in the region of 60 degrees south are important for the humpback whales, but also waters further south, off the Antarctic continent. The animals can be found in these regions almost throughout the entire year," the biologist says.

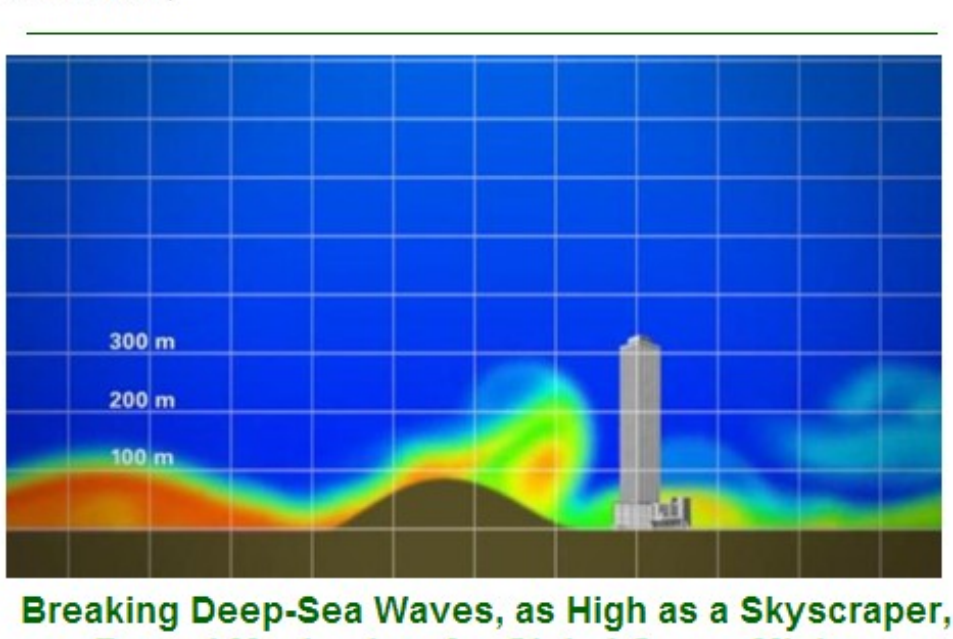
Van Opzeeland and her team from the AWI "Oceanic Acoustics Lab" now want to find out to which population the humpback whales from the eastern Weddell Sea belong. The scientists are planning to compare calls from the PALAOA recordings with humpback whale song from the coastal waters off Gabon and Mozambique. "Each humpback whale population has its own song. Songs therefore provide an acoustic fingerprint, on the basis of which we will hopefully be able to say where the animals that spend their winters off the Antarctic continent breed," reports the marine biologist.

Breeding presumably takes place in the coastal region off southern Africa. "We know from other humpback whale-populations in the Southern Hemisphere that their spring southbound migration is relatively straight and direct in course. If this also is the case for humpback whales in the Weddell Sea, it is likely that they belong to populations on the east or west coast of southern Africa," Ilse Van Opzeeland states.

Furthermore, the AWI team is analysing data from a chain of underwater acoustic recorders which the Ocean Acoustics Lab scientists have moored along the Greenwich Meridian, 0 degrees longitude, between South Africa and the Antarctic continent some years ago: "We know that humpback whales sing on the breeding grounds, as well as during their migration and that these songs alter from year to year. When and how this change happens, is however still unclear. With the help of the recordings from our chain of acoustic sensors, we may be able to shed more light on how humpback whale song changes between years," says Ilse Van Opzeeland. She will therefore have many more humpback whale sounds to listen to during the coming period.

Ilse Van Opzeeland, Sofie Van Parijs, Lars Kindermann, Elke Burkhardt, Olaf Boebel. Calling in the Cold: Pervasive Acoustic Presence of Humpback Whales (Megaptera novaeangliae) in Antarctic Coastal Waters. PLoS ONE, 2013; 8 (9): e73007 DOI: 10.1371/journal.pone.0073007

Above photo shows a humpback whale swimming closely to the Antarctic coast. The picture was made in February, a summer month in Antarctica and a time when the humpback whales were thought to feed in an area close to 60° South. Now AWI scientists found out, that some of the whales migrate even further south to the Weddell Sea and spend the winter there. (Credit: ITAW/Helena Feindt-Herr)



Breaking Deep-Sea Waves, as High as a Skyscraper, Reveal Mechanism for Global Ocean Mixing

Sep. 9, 2013 — Waves breaking over sandy beaches are captured in countless tourist photos. But enormous waves breaking deep in the ocean are seldom seen, although they play a crucial role in long-term climate cycles.

A University of Washington study for the first time recorded such a wave breaking in a key bottleneck for circulation in the world's largest ocean. The study was published online this month in the journal Geophysical Research Letters.

The deep ocean is thought of as dark, cold and still. While this is mostly true, huge waves form between layers of water of different density. These skyscraper-tall waves transport heat, energy, carbon and nutrients around the globe. Where and how they break is important for the planet's climate.

"Climate models are really sensitive not only to how much turbulence there is in the deep ocean, but to where it is," said lead author Matthew Alford, an oceanographer in the UW Applied Physics Laboratory. He led the expedition to the Samoan Passage, a narrow channel in the South Pacific Ocean that funnels water flowing from Antarctica.

"The primary importance of understanding deep-ocean turbulence is to get the climate models right on long timescales," Alford said.

Dense water in Antarctica sinks to the deep Pacific, where it eventually surges through a 25-mile gap in the submarine landscape northeast of Samoa.

"Basically **the entire South Pacific flow is blocked by this huge submarine ridge," Alford said. "The amount of water that's trying to get northward through this gap is just tremendous - 6 million cubic meters of water per second, or about 35 Amazon Rivers**."

In the 1990s a major expedition measured these currents through the Samoan Passage. The scientists inferred that a lot of mixing must also happen there, but couldn't measure it.

In the summer of 2012 the UW team embarked on a seven-week cruise to track the 800-foot-high waves that form atop the flow, 3 miles below the ocean's surface. Their measurements show these giant waves do break, producing mixing 1,000 to 10,000 times that of the surrounding slow-moving water.

"Oceanographers used to talk about the so-called 'dark mixing' problem, where they knew that there should be a certain amount of turbulence in the deep ocean, and yet every time they made a measurement they observed a tenth of that," Alford said. "We found there's loads and loads of turbulence in the Samoan Passage, and detailed measurements show it's due to breaking waves."

It turns out layers of water flowing over two consecutive ridges form a lee wave, like those in air that passes over mountains. These waves become unstable and turbulent, and break. Thus the deepest water, the densest in the world, mixes with upper layers and disappears.

This mixing helps explain why dense, cold water doesn't permanently pool at the bottom of the ocean and instead rises as part of a global conveyor-belt circulation pattern.

The Samoan Passage is important because it mixes so much water, but similar processes happen in other places, Alford said. Better knowledge of deep-ocean mixing could help simulate global currents and place instruments to track any changes.

On a lighter note: Could an intrepid surfer ride these killer deep-sea waves? "It would be really boring," admitted Alford, who is a surfer. "The waves can take an hour to break, and I think most surfers are not going to wait that long for one wave."

In fact, even making the measurements was painstaking work. Instruments took 1.5 hours to lower to the seafloor, and the ship traveled at only a half knot, slower than a person walking, during the 30-hour casts. New technology let the scientists measure turbulence directly and make measurements from instruments lowered more than 3 miles off the side of the ship.

The researchers left instruments recording long-term measurements. The team will do another 40-day cruise in January to collect those instruments and map currents flowing through various gaps in the intricate channel.

Matthew H. Alford, James B. Girton, Gunnar Voet, Glenn S. Carter, John B. Mickett, Jody M. Klymak. **Turbulent mixing and hydraulic control of abyssal water in the Samoan Passage.** Geophysical Research Letters, 2013; DOI:10.1002/grl.50684 The deep-sea waves are 800 feet tall, as high as a skyscraper. (Credit: Tom Peacock, MIT | Wide Eye Productions)

Oil Industry and Household Stoves Speed Arctic Thaw

Sep. 10, 2013 — Gas flaring by the oil industry and smoke from residential burning contributes more black carbon pollution to Arctic than previously thought - potentially speeding the melting of Arctic sea ice and contributing to the fast rate of warming in the region.

The new study, published in the journal *Atmospheric Chemistry and Physics* by researchers at IIASA and in Norway, Finland, and Russia, finds that gas flaring from oil extraction in the Arctic accounts for 42% of the black carbon concentrations in the Arctic, with even higher levels during certain times of the year. In the month of March for example, the study showed that flaring accounts for more than half of black carbon concentrations near the surface. Globally, in contrast, gas flaring accounts for only 3% of black carbon emissions.

The researchers also found that residential combustion emissions play a greater role in black carbon pollution than previously estimated, after they incorporated seasonal differences in emissions into the model.

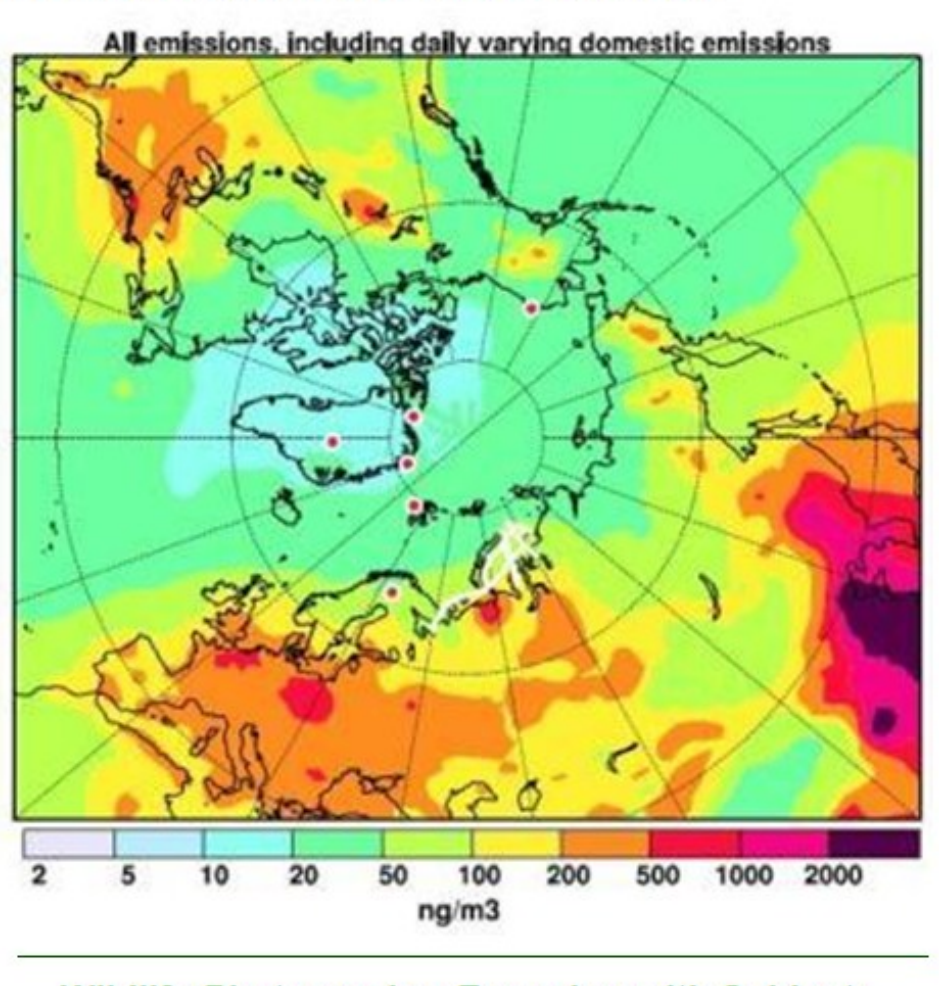
To conduct the study, researchers used particle dispersion model FLEXPART driven by emissions estimated with the IIASA's GAINS model, combined with measurements of black carbon in the Arctic, made during a research cruise in the Arctic Ocean and research stations located at 6 sites in Alaska, Canada, Finland, Norway, and Greenland.

In the new study, the researchers for the first time included temporal distribution of black carbon emissions from residential combustion. "Understanding how much is emitted when during the year is something that has to be included better in our regional models," says IIASA researcher Zbigniew Klimont, who worked on the study. It also incorporated detailed regional data on the location of gas flaring emissions, improving upon previous estimates that either ignored them entirely or used only regional averages. These improved emission estimates and their temporal resolution allows for a better reproduction of seasonal variability in observed black carbon concentrations.

"We are seeing more and more oil being extracted further and further north. And the proximity of emissions from gas flaring matters," says Klimont. Black carbon, or soot, contributes to warming in the Arctic by darkening the surface of snow or ice and causing it to melt faster, or absorbing more heat in the air.

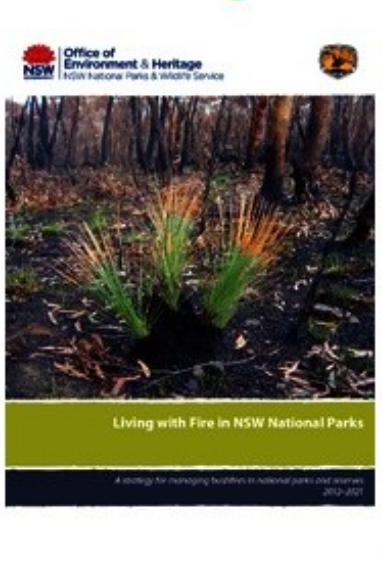
The warming effect of black carbon on ice and snow has been suggested as one factor contributing to the relatively fast warming of the Arctic compared to the rest of the world. Arctic sea ice has declined faster than climate models predict, hitting new record lows in 2007 and 2012.

A. Stohl, Z. Klimont, S. Eckhardt, K. Kupiainen, V. P. Shevchenko, V. M. Kopeikin, A. N. Novigatsky. **Black carbon in the Arctic: the underestimated role of gas flaring and residential combustion emissions.** Atmospheric Chemistry and Physics, 2013; 13 (17): 8833 DOI: 10.5194/acp-13-8833-2013 This map shows the surface concentrations of black carbon, from all emission sources, as simulated by the new study. The study shows that residential combustion emissions and gas flaring emissions are higher than previous studies had estimated. (Credit: Image courtesy of International Institute for Applied Systems Analysis)



Wildlife Photographer Engaging with Subjects

Living with Fire in NSW National Parks



Living with Fire in NSW National Parks – A strategy for managing bushfires in national parks and reserves 2012–2021 has just been released by the NSW Government's department of Environment and Heritage.

The document provides a statewide approach to managing bushfires in NSW national parks and reserves over the next decade. The strategy was developed following several rounds of consultation with key internal and external stakeholders.

The strategy provides a clear statement and framework for the NSW National Parks and Wildlife Service (NPWS) to manage bushfires in national parks and reserves and outlines priorities to be addressed over the next ten years, including research priorities. It is consistent with:

NSW 2021 external link (Goal 28)

the National Bushfire Management Policy Statement for Forests and Rangelands.

The strategy contains:

fire management principles

the vision for NPWS to manage fires to conserve biodiversity and cultural heritage, and work with other fire authorities to protect life and property

information on the context, future challenges and risks of, and trends for, managing fire in NSW parks and reserves

key strategies, actions and deliverables with key performance indicators to measure agency performance.

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PITTWATER NATURAL HERITAGE ASSOCIATION INC.

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On-ground bush regeneration. eg: Asparagus Fern Out Days
Activities: guided walks, bird-watching
Quaterly informative newsletter, online or paper
Members email group for leaset environmental news and events
AGM with Guest Speaker
Free advice for members on managing gardens for Native Vegetation and fauna habitat
Lobbies Pittwater Council and State Government on inappropriate management practices and development
Provides support to Council for PNHA-approved grant applications for environmental projects
Publications: Introductory Field Guide to Birds of Warriewood Wetlands & Irrawong Reserve, $20.00rrp, attractive cards with photos of Pittwater scenes, flora and fauna $2.00

Email: pnhainfo@gmail.com Or click on Logo to visit website. PROFILE

growing together
Pittwater Community Gardens

Community Gardens bring people together and enrich communities. They build a sense of place and shared connection.

Pittwater Community Gardens is a community led initiative to create accessible food gardens in public places throughout the Pittwater area. Our aim is to share skills and knowledge in creating fabulous local, organic food. But it's not just about great food. We also aim to foster community connection, stimulate creative ideas for community resilience and celebrate our abundance. Open to all ages and skills, our first garden is on the grounds of Barrenjoey High School (off Tasman Road). Become part of this exciting initiative to change the world locally.

www.pcga.org.au Contact us info@pcg.org.au or Visit us at facebook.com/pcga.org; image artwork: www.gravey.com

2013 NSW WHALE WATCHING SEASON WILD ABOUT WHALES 1 JUNE – 30 NOVEMBER

For the latest on all the great things to do and see in NSW National Parks, including all things whales during the whale-watching season, sign up for our enewsletter Naturescapes. Click here to sign up http://bit.ly/SE58lX

birdlife AUSTRALIA

Birdlife Australia - New Website and Quarterly Magazine

Birdlife Australia has begun a quarterly magazine which is available online at: www.birdlife.org.au/australian-birdlife

This organisation, which has been going for over a century now, have been a leading authority and advocate for the protection of Australia's birds, achieved by combining scientific research, nationwide surveys, targeted actions and other activities to create real and positive outcomes. They state that over 200 species of birds in Australia are considered threatened at present. Visit their new website, have a look at all the information collated, and see if you could help them out as a volunteer or donor.

So many fish, one great map.

From identifying what's on the end of your fishing line, to finding out which fishes occur in your local waters, FishMap has the answers. FishMap is a free online mapping tool that allows anyone interested in fish to discover which fish species occur at any location or depth throughout the marine waters of Australia's continental shelf and slope. FishMap also lets people create regional illustrated species lists for almost all of Australia's marine fishes, detailed with photographs and illustrations, distribution maps and current scientific and common names. FishMap was developed by CSIRO's Wealth from Oceans Flagship and the Atlas of Living Australia.

FishMap was officially launched on Tuesday 26 February 2013 and is available on the Atlas of Living Australia website: http://fish.ala.org.au

Top: FishMap on the Atlas of Living Australia provides the geographical and depth ranges of some 4500 Australian marine fishes, including the Clown Triggerfish (Balistoides conspicillum).

Tweet | Like | +1

PITTWATER COUNCIL

ONLINE BIODIVERSITY CALENDAR A FIRST

Pittwater Council has launched a unique online calendar designed to educate the community about the coastal environment, based on traditional Aboriginal knowledge. The calendar, which is web-based, works through hundreds of images of coastal native birds, animals and plants. Many of the images were provided by local residents and collated by staff from the Council's Coastal Environment Centre at North Narrabeen.

The calendar has been coordinated by Pittwater Council on behalf of the Pittwater, Hornsby and Gosford communities and was funded by a $50,000 grant from the Hawkesbury Nepean Catchment Management Authority, through the federal government's Caring for Country grant program. Representatives of the D'harawal people have provided their knowledge for descriptions of some of the images and the Guringai, Darkinyung and Darug people are also providing input into the calendar. Other information in the calendar includes details of environmental events and community groups, weather patterns and hazards to the environment, such as weed species. The calendar can be viewed at www.pittwater.nsw.gov.au/environment/biocalendar

To submit photos for the biodiversity calendar email cec@pittwater.nsw.gov.au

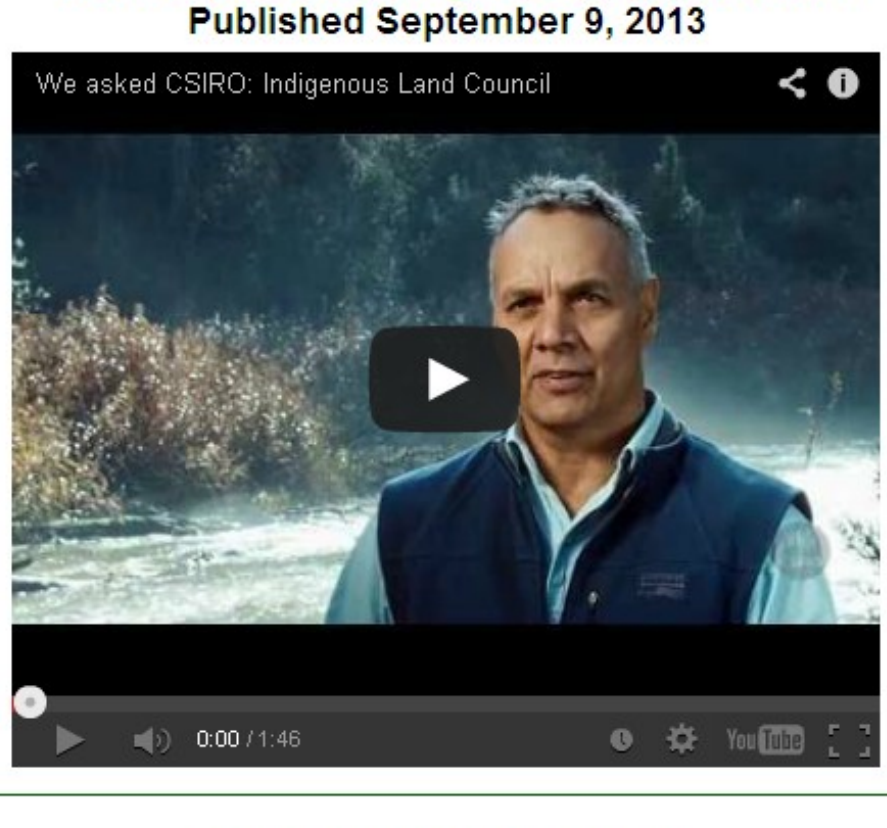
Barking Owl - Pittwater

Local photographer, John Taylor, of Pittwater Camera Club, photographed a Barking Owl near Narrabeen Lagoon. The owl is a very rare visitor to our area and local wildlife authorities are hoping he will find a mate and make a permanent home here. If you are in the lake area and hear what sounds like a dog barking, have a good look, it may just be our rare and endangered visitor. Picture HERE

Also this week:

Bogong Moth Time Approaches – Spring in Australia – Eastern Coasts HERE

We asked CSIRO: Indigenous Land Council - Published September 9, 2013



Coastal Environment Centre

The Coastal Environment Centre (CEC) is a multi-award winning regional community environmental learning centre, and Pittwater Council's environmental flagship. CEC is celebrating its 20th year this December

More at: www.pittwater.nsw.gov.au/cec

Monthly Cooee Newsletter below. If you would like to receive Council's environmental newsletter via email, please contact jodi_harvey@pittwater.nsw.gov.au

September 2013 Newsletter includes information on: BushCare Planting Activities (volunteers needed), Workshops and Events, and great articles HERE

PITTWATER COUNCIL | CELEBRATING 20 YEARS 1992-2012

COASTAL AMBASSADORS PROGRAM VISITS CENTRAL COAST

Pittwater Council's award-winning Coastal Ambassador program is being extended this year to other NSW coastal regions thanks to support from the NSW Environmental Trust.

Surf club members at Copacabana on the Central Coast will get a taste of the program on **Saturday 21 September at Copacabana Surf Life Saving Club.**

Pittwater Mayor Jacqui Townsend said the Coastal Ambassadors program was started by the Council's Coastal Environment Centre in 2005.

"Every year since then, the program has trained volunteers from surf clubs and other community groups to become 'ambassadors' for the local marine environment," she said.

Event coordinator Sonja Elwood said we are inviting surf club members in the Central Coast area to come and learn more about their coastal environment.

"The session at Copacabana will offer a snapshot of the more extended Pittwater's Coastal Ambassadors program which normally runs over a six week period," said Ms Elwood.

The event at Copacabana will run from 2pm to 4.30pm and will include a seminar that discusses the impact of erosion, storm surge, pollution and sea level rise on our Australian coastline. Participants will also get to visit the local rock platform and investigate the amazing diversity of life that lives between the land and the sea!

Ms Elwood said the session which is taking place at Copacabana SLSC at Del Monte Place, Copacabana is suitable for all family members connected to local surf clubs in the Central Coast area.

"Participants are encouraged to wear sturdy walking shoes and to bring a camera on the day. Our hope is that participants will feel motivated to share the conservation message with other members of their club and the wider beach-going community."

"We also hope that some of the participants will feel inspired to join our Coastal Ambassadors Program at the Coastal Environment Centre in Pittwater that commences in October. Bookings and enquiries for the Copacabana event can be made by calling Sonja on 9970 1308 or emailing sonja_elwood@pittwater.nsw.gov.au

Planting Day at Irrawong Reserve Saturday 21 September, 1pm – 4pm

Join us in the idyllic surrounds of Irrawong Reserve for an afternoon of bushland restoration. You'll be helping plant native tubestock as part of an overall restoration project in the Ingleside Chase. The project is being funded by a $250,000 grant from the NSW Environmental Trust to eradicate weeds. We're now in the process of replacing weeds with native plants!

This is one of the largest Bushcare projects hosted by the Pittwater Environmental Foundation and Pittwater Council. The day offers a chance for residents to explore this little known and picturesque location near the Irrawong Waterfall which is rich in native wildlife and is habitat for rare and threatened species such as the Powerful Owl, Regent Honeyeater and Giant Burrowing Frog.

If you'd like to help, please wear study covered shoes, a hat, sunscreen and bring along a water bottle. Tools, training and delicious afternoon tea will be provided.

Where: Irrawong Reserve Waterfall, parking available at the end of Irrawong Road, off Garden Street, Warriewood. All welcome!

To RSVP or for more information please contact our Bushcare Officer on 9970 1367 or email Helena_Dewis@pittwater.nsw.gov.au

Great rewards for Asparagus attack!

The war against Pittwater's worst weed, Asparagus Fern, will be waged again at spectacular **Barrenjoey Headland and North Palm Beach Dunes on Saturday 28 September.**

Give 4 hours of your time helping us continue the amazing work achieved by Optus RockCorps volunteers earlier this year, then share your story with the Optus RockCorps Collective to EARN A $70 TICKETMASTER VOUCHER! You'll also feel pretty good about yourself!

Want to know more? Sign up to share your volunteer story at www.optusrockcorps.com.au and then RSVP for this event by contacting Council's Bushcare Officer on 9970 1367 or email Helena_dewis@pittwater.nsw.gov.au

Katandra Bushland Sanctuary

KATANDRA BUSHLAND SANCTUARY
OPEN 10AM – 4PM EVERY SUNDAY JULY – OCTOBER
OPEN TODAY PARKING INSIDE

Thank you Birdfair for 25 years of growing conservation, from BirdLife International

Thank you Birdfair for 25 years of growing conservation. Premiered at the opening ceremony of the 2013 British Birdwatching Fair. From a field in Rutland, UK, Birdfair money has into exponential support for BirdLife's conservation projects all over the world. Birdfair has provided over £3 million of seed money that has reaped over £30 million of subsequent international conservation investment and action.

This video gives three examples and thank you messages from BirdLife Partners across the globe.

Harapan, Indonesia - Forest of Hope: Birdfair 2002 raised £147,000 to kickstart the BirdLife intervention on Sumatra, just before all lowland rainforest was lost.

Albatross Task Force: Birdfair 2000 raised £122,000 which launched the BirdLife Global Seabird Programme.

Local Empowerment in the Sahel: £227,000 from Birdfair 2011 Living on the Edge grew into coordinated cross-border conservation through the BirdLife Partnership's Flyways Programme.

Steve Micklewright, Executive Director, BirdLife Malta thanks Birdfair for its support for stopping illegal hunting on the Maltese islands (Stop the Massacre 1989). Vony Raminoarisoa, Coordinateur National, Asity Madagascar thanks Birdfair for its support for conserving fragile wetlands in Madagascar and helping form the national organisation (Saving Madagascar's fragile wetlands 2003). Asuncion Ruiz, Director, SEO/BirdLife in Spain thanks Birdfair for its support in protection steppes habitats under EU law (Spanish Steppes Appeal in 1992.

Thank you Birdfair for 25 years of growing conservation!

Thank you Birdfair for 25 years of growing cons...
Birdfair
0:00 / 5:12

Moving Genes Have Scientists Seeing Spots

Sep. 9, 2013 — An international team of scientists led by the UK's John Innes Centre and including scientists from **Australia**, Portugal, China and Italy has perfected a way of watching genes move within a living plant cell. Using this technique scientists watched glowing spots, which marked the position of the genes, huddle together in the cold as the genes were switched "off."

"The movement of genes within the nucleus, captured here using live imaging, seems to play a role in switching their activity on and off," said first author Dr Stefanie Rosa from the John Innes Centre.

"In our study, we tracked genes involved in accelerating flowering in response to cold, but the movement of genes could be important in all areas of biology."

"Studying gene motion could improve our understanding of how environmental cues and nurture impact on nature and gene expression."

The research will be published on Thursday in the international journal *Genes & Development*.

"What is remarkable about this finding is that we saw genes move in response to changes in the environment, and that this movement seems to be involved in genetic control," said Associate Professor Josh Mylne.

He initiated the approach almost 10 years ago as he embarked on his career at the John Innes Centre and is now an ARC Future Fellow at The University of Western Australia's School of Chemistry and Biochemistry and the ARC Centre for Excellence in Plant Energy Biology.

"The gene we studied (FLC) allows plants to respond to changes in the season. When FLC gets turned off (by cold), the plant starts to make flowers instead of leaves. We knew FLC was switched off by cold, but we had no idea that FLC genes would congregate as they get switched off."

Previous to this research, plant genes were studied by cutting up plants, killing the cells and fixing them to glass slides. Researchers can now watch genes move inside living plants.

Although the study is of interest to researchers by providing an understanding of how FLC moves as it is turned off, it can be applied to any gene in plants or animals. The major benefit of this approach is that it allows researchers to monitor a gene in whole, living organisms.

"What we want to know now is what is happening at these sites where the genes are congregating," Associate Professor Mylne said. "Are the genes going somewhere special inside the cell? What takes them there and how do the chromosomes move and let the genes congregate? How many other genes congregate like this when they get turned off?

"There are so many new questions this discovery will help us answer."

S. Rosa, F. De Lucia, J. S. Mylne, D. Zhu, N. Ohmido, A. Pendle, N. Kato, P. Shaw, C. Dean. **Physical clustering of FLC alleles during Polycomb-mediated epigenetic silencing in vernalization.** Genes & Development, 2013; 27 (17): 1845 DOI: 10.1101/gad.221713.113

Rainfall in South Pacific Was More Variable Before 20th Century

Sep. 9, 2013 — A new reconstruction of climate in the South Pacific during the past 446 years shows rainfall varied much more dramatically before the start of the 20th century than after. The finding, based on an analysis of a cave formation called a stalagmite from the island nation of Vanuatu, could force climate modelers to adjust their models. The models are adjusted to match the current levels of climate variability that are smaller now than they were in the recent past for this region.

"In this case, the present is not the key to the past, nor the future," says Jud Partin, a research scientist associate at The University of Texas at Austin's Institute for Geophysics who led the study. The institute is part of the Jackson School of Geosciences. "Instead, the past is the key to what may happen in the future."

The researchers also discovered a roughly 50 year cycle of rainfall in Vanuatu, toggling between wet and dry periods. Vanuatu lies within the largest rain band in the southern hemisphere, the South Pacific Convergence Zone and its rainy season is from November to April. In the 20th century, rainfall during wet periods was about 7 feet per rainy season and during dry periods about 4 ½ feet per rainy season.

However, before the 20th century, the dry periods tended to be much drier, with rainfall as low as 1 foot per rainy season and wet periods that were still getting about 7 feet per rainy season. This means there were differences as large as 6 feet per rainy season between dry and wet periods.

"Without this record, you would not guess that this area could experience such large changes in rainfall," says Partin.

While 20th century rainfall in Vanuatu experienced a smaller range from wet to dry periods than in the previous centuries, the biggest difference was during the dry periods. Dry periods in the 20th century were much wetter than dry periods in previous centuries. The researchers note that this overall wettening of Vanuatu is consistent with the hypothesis that anthropogenic climate change, caused by the emission of greenhouse gases, makes wet areas wetter and dry areas drier.

The study was published online on September 6 in the journal *Geology*.

Stalagmites are rocky features that form on the floors of caves as water dripping from above deposits minerals over time. By analyzing the abundance of oxygen isotopes deposited in the minerals of one particular stalagmite, the scientists were able to reconstruct a history of rainfall going back 446 years. This is significant because rainfall measurements in this region are sparse and only span the past century. Decadal averages of oxygen isotopes increase and decrease in lockstep with rainfall. To convert oxygen isotope levels to actual rainfall values, the researchers calibrated the stalagmite data with actual rainfall measurements in Vanuatu from 1904 to 2003.

The stalagmite had a deposition rate about 100 times as high as typical stalagmites in the region, meaning much more material was deposited in a given year than elsewhere and therefore yielded a much higher resolution rainfall record than is typically possible. In the local dialect, known as Bislama, one would say of the stalagmite "Hem gudfala ston," which means "This is a good stone."

The 50-year cycle of rainfall in Vanuatu does not appear to be linked to any external forces, such as changes in solar intensity. No correlation was found with the sun's regular 11-year cycle of intensity or the Little Ice Age, a multi-decade change in climate possibly caused by solar dimming.

Instead, the researchers propose that the 50-year cycle, or Pacific Decadal Variability (PDV), arises from natural fluctuations in Earth's climate. The PDV causes the South Pacific Convergence Zone to shift northeast and southwest over time. At times, the zone is over Vanuatu (corresponding to wet times) and at others, it is farther to the northeast (corresponding to dry times).

"This new result is part of a larger research program aimed at understanding climate changes in this important but understudied area of the tropical Pacific," says co-author Terry Quinn, director and research professor at the Institute for Geophysics and professor in the Department of Geological Sciences.

J. W. Partin, T. M. Quinn, C.-C. Shen, J. Emile-Geay, F. W. Taylor, C. R. Maupin, K. Lin, C. S. Jackson, J. L. Banner, D. J. Sinclair, C.-A. Huh. **Multidecadal rainfall variability in South Pacific Convergence Zone as revealed by stalagmite geochemistry.** Geology, 2013; DOI:10.1130/G34718.1

Jud Partin inspects a stalagmite in Taurius Cave on the island of Espiritu Santo, Vanuatu. A stalagmite such as this one could be used in a paleoclimate reconstruction. (Credit: Image courtesy of University of Texas at Austin)

Extreme Life Forms: Life Found in the Sediments of an Antarctic Subglacial Lake for the First Time

Sep. 10, 2013 — Evidence of diverse life forms dating back nearly a hundred thousand years has been found in subglacial lake sediments by a group of British scientists.

The possibility that extreme life forms might exist in the cold and dark lakes hidden kilometres beneath the Antarctic ice sheet has fascinated scientists for decades.

However, direct sampling of these lakes in the interior of Antarctica continues to present major technological challenges. Recognising this, scientists from the British Antarctic Survey (BAS), and the Universities of Northumbria and Edinburgh have been searching around the retreating margins of the ice sheet for subglacial lakes that are becoming exposed for the first time since they were buried more than 100,000 years ago.

This is because parts of the ice sheet are melting and retreating at unprecedented rates as the temperature rises at the poles.

The group targeted Lake Hodgson on the Antarctic Peninsula which was covered by more than 400 m of ice at the end of the last Ice Age, but is now considered to be an emerging subglacial lake, with a thin covering of just 3-4 metres of ice.

Drilling through the ice they used clean coring techniques to delve into the sediments at the bottom of the lake which is 93 metres deep and approximately 1.5 km long by 1.5 km wide.

The lake was thought to be a harsh environment for any form of life but the layers of mud at the bottom of the lake represent a time capsule storing the DNA of the microbes which have lived there throughout the millennia. The top few centimetres of the core contained current and recent organisms which inhabit the lake but once the core reached 3.2 m deep the microbes found most likely date back nearly 100,000 years.

Lead author David Pearce, who was at BAS and is now at the University of Northumbria, says,

"What was surprising was the high biomass and diversity we found. This is the first time microbes have been identified living in the sediments of a subglacial Antarctic lake and indicates that life can exist and potentially thrive in environments we would consider too extreme.

"The fact these organisms have survived in such a unique environment could mean they have developed in unique ways which could lead to exciting discoveries for us. This is the early stage and we now need to do more work to further investigate these life forms."

Some of the life discovered was in the form of fossil DNA showing that many different types of bacteria live there, including a range of extremophiles which are species adapted to the most extreme environments. These use a variety of chemical methods to sustain life both with and without oxygen.

One DNA sequence was related to the most ancient organisms known on Earth and parts of the DNA in twenty three percent has not been previously described. Many of the species are likely to be new to science making clean exploration of the remote lakes isolated under the deeper parts of the ice sheet even more pressing.

Scientists believe organisms living in subglacial lakes could hold clues for how life might survive on other planets.

Late last year a British expedition to drill into Lake Ellsworth was called off after technical difficulties. A US expedition sampled a subglacial environment near the edge of the ice sheet but has yet to report its findings, and a Russian led project has sampled ice near the surface of a subglacial lake and has reported finding signs of life.

David Pearce, Dominic Hodgson, Michael Thorne, Gavin Burns, Charles Cockell. **Preliminary Analysis of Life within a Former Subglacial Lake Sediment in Antarctica.** Diversity, 2013; 5 (3): 680 DOI:10.3390/d5030680 Drilling. (Credit: Image courtesy of British Antarctic Survey)

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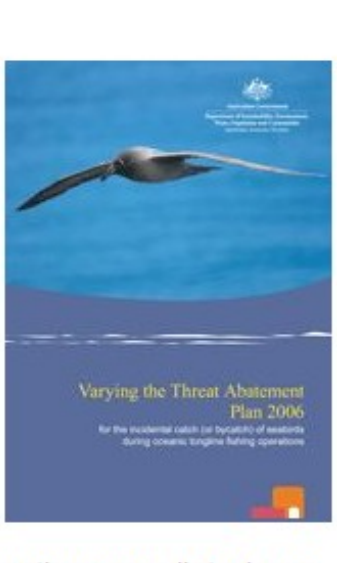
Eco stories at your fingertips
Habitat magazine is chock full of great environmental reportage, covering enviro heroes, climate change and the interconnectedness of our natural world. FREE to download on your iPad: http://bit.ly/RR8zre

Call for Public Comment - Varying the Threat Abatement Plan 2006 for the incidental catch (or bycatch) of seabirds during oceanic longline fishing operations



Department of Sustainability, Environment, Water, Population and Communities, 2013

Introduction

Oceanic longlining is a fishing technique used to target pelagic and demersal finfish and shark species. Longlining occurs in almost all Australian waters. The impact of longline fishing activities on seabirds was not fully realised until the 1980s when seabird bycatch was first reported and then documented.

The incidental catch (or bycatch) of seabirds during oceanic longline fishing operations was listed as a key threatening process on 24 July 1995. An initial threat abatement plan was released in 1998 and the current Threat Abatement Plan 2006 for the incidental catch (or bycatch) of seabirds during oceanic longline fishing operations (the 2006 Threat Abatement Plan for Seabirds) was released in 2006. In 2011, the Minister for Sustainability, Environment, Water, Population and Communities approved preparation of a variation to the 2006 Threat Abatement Plan for Seabirds.

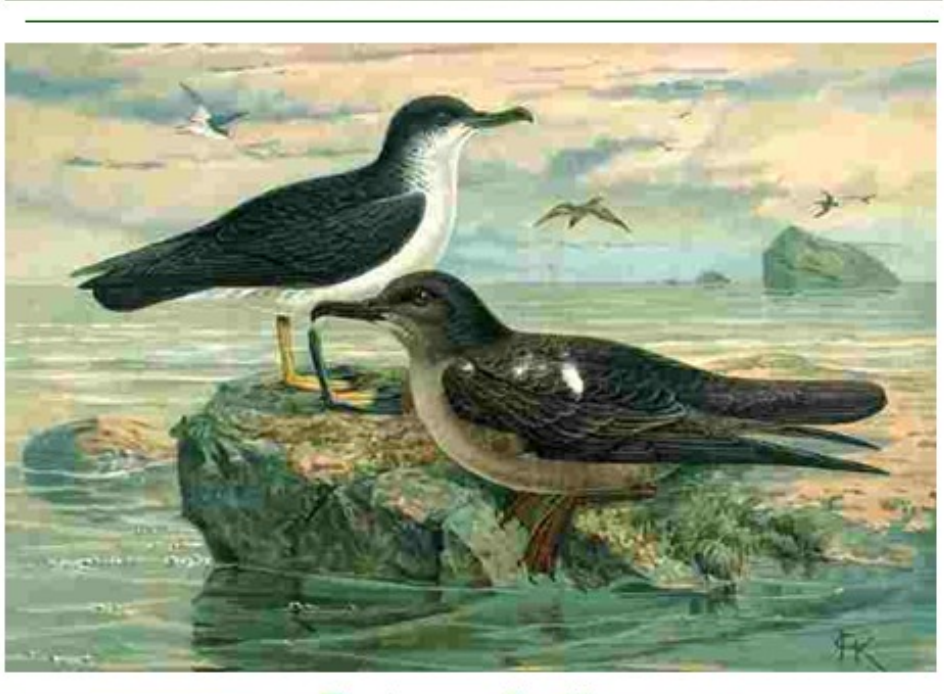
Information on the level and nature of interactions between seabirds and fishing gear has increased significantly. There is now extensive information available upon which to base decision-making. Considerable research and development activities have been undertaken since 1995 into seabird bycatch mitigation measures including at-sea trials. There is now increased confidence about mitigation measures that, when used in combination, are effective. These mitigation measures form the basis of prescriptions set out in the proposed variation to the 2006 Threat Abatement Plan for Seabirds.

Public consultation

The Minister for Environment, Heritage and Water has released the consultation paper on varying the Threat Abatement Plan 2006 for the incidental catch (or bycatch) of seabirds during oceanic longline fishing operations for three-month **public consultation until 31 October 2013.**

Save Pittwater.com People for Pittwater.com.au

FREE The Avalon Tattoo
DUNBAR PARK - SATURDAY JUNE 15
BANDS - CONCERTS - DISPLAYS
SavePittwater.com



Botany Online

From their 'about us' page:

BOTANY Online - The Internet Hypertextbook

.....all that students are eager to know ! BOTANY online discovers the world of the internet for teaching. We invite all of you, especially all those botanists, biologists, computer scientists, teachers and students out there to contribute. BOTANY online is open for all kinds of changes and supplements ....your participation keeps it alive! **Botany Online** CONTENTS PAGE

Above, from this website: *Puffinus puffinus* - **Manx petrel** *Puffinus griseus* - Dark PetrelNaumann, NATURAL HISTORY OF BIRDS OF CENTRAL EUROPE: Volume XII, Table 4 - Gera, **1903**. Digital Editing: Peter Seng v. Bus

Pittwater's Environmental Foundation

Pittwater Environmental Foundation was established in 2006 to conserve and enhance the natural environment of the Pittwater local government area through the application of tax deductible donations, gifts and bequests. The Directors were appointed by Pittwater Council. Our PROFILE

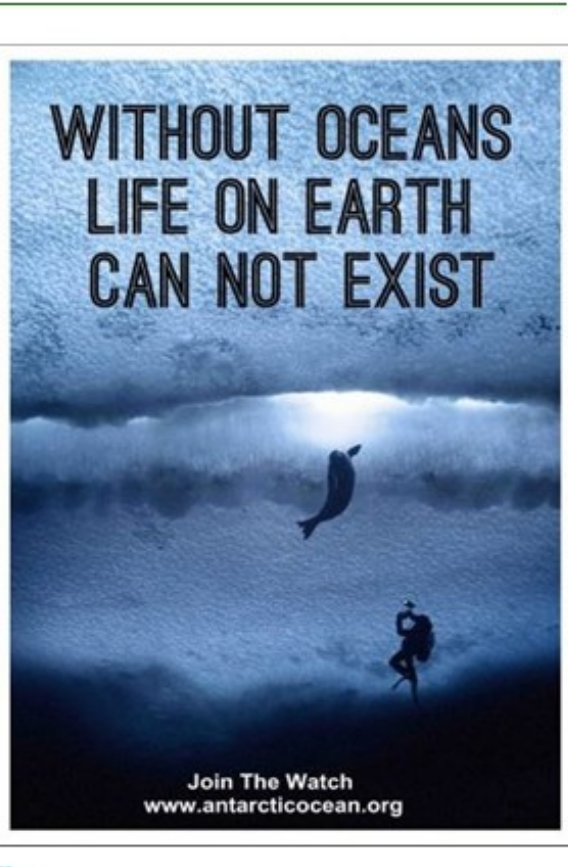
About 33% (about 1600 ha excluding National Parks) of the original pre-European bushland in Pittwater remains in a reasonably natural or undisturbed condition. Of this, only about 400ha remains in public ownership. All remaining natural bushland is subject to encroachment, illegal clearing, weed invasion, feral animals, altered drainage, bushfire hazard reduction requirements and other edge effects. Within Pittwater 38 species of plants or animals are listed as endangered or threatened under the Threatened Species Act. There are two endangered populations (Koala and Squirrel Glider) and eight endangered ecological communities or types of bushland. To vist their site please click on logo above.

Australian Native Foods website: http://www.anfil.org.au/

Antarctic Ocean Alliance

In july the Commission for the Conservation of Antarctic Marine Living Resources will meet in Germany to revisit their commitment to establish the largest network of marine reserve in the world around Antarctica.

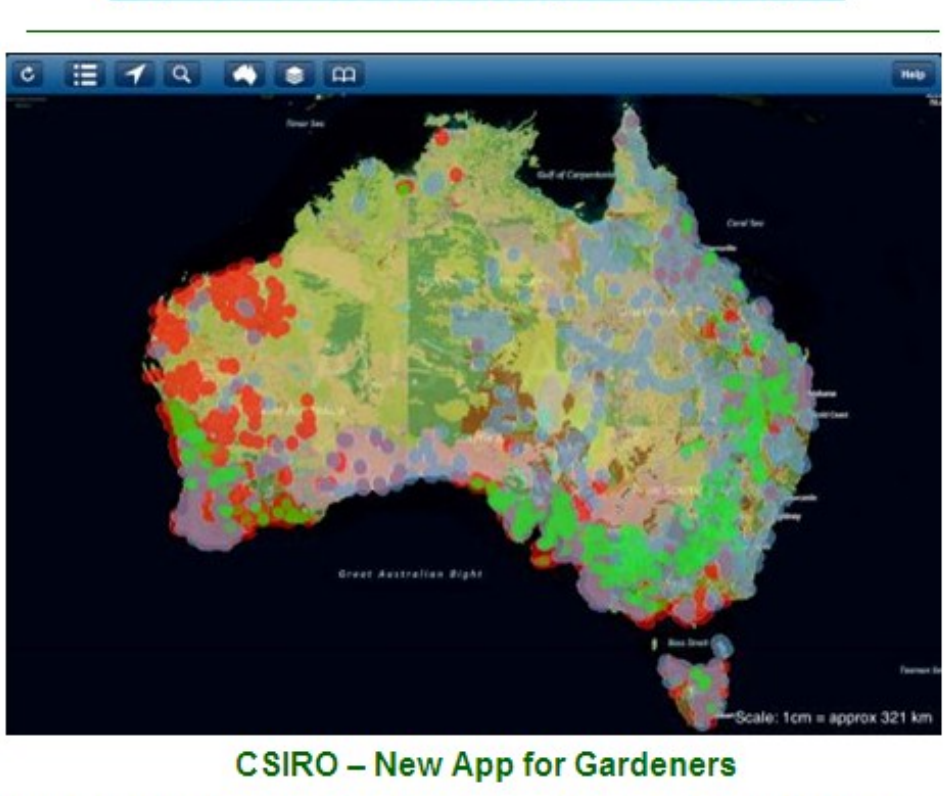
If you want the meeting in Germany to be a success, ask your friends and family to sign our petition:


WITHOUT OCEANS LIFE ON EARTH CAN NOT EXIST
Join The Watch
www.antarcticocean.org

www.antarcticocean.org.

CLIMATE ACTION PITTWATER

For tips on how to be more energy efficient, visit Climate Action Pittwater at: http://www.climateactionpittwater.org.au/



CSIRO – New App for Gardeners

How does your garden grow? Find out what's under your feet with SoilMapp, our new app for iPad. More on new science apps in 2013 on our blog: http://ow.ly/hPQO2

Think before you print ; A kilo of recycled paper creates around 1.8 kilograms of carbon emissions, without taking into account the emissions produced from transporting the paper. So, before you send a document to print, think about how many kilograms of carbon emissions you could save by reading it on screen.

Sydney Harbour Foreshore Authority Carbon Footprints Document

Kimbriki Resource Recovery Centre

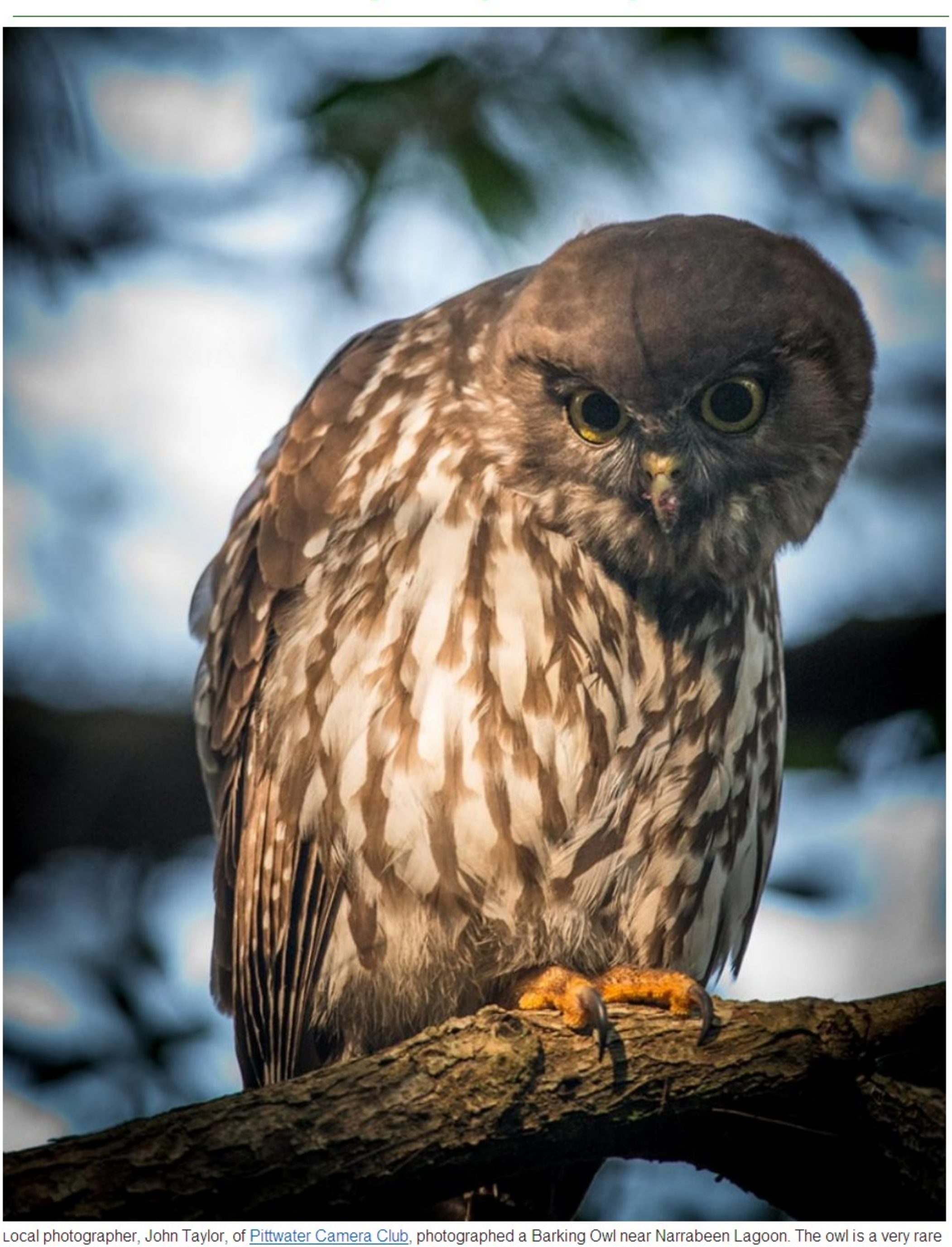
"I bind myself today to the power of Heaven, the light of the sun, the brightness of the moon, the splendour of fire, the flashing of lightning, the swiftness of wind, the depth of the sea, the stability of the earth, the compactness of rocks." - from the Prayer of Saint Patrick

Pittwater Online News

September 15 - 21, 2013: Issue 128

A Week In Pittwater - September, 2013

Barking Owl by John Taylor



Local photographer, John Taylor, of Pittwater Camera Club, photographed a Barking Owl near Narrabeen Lagoon. The owl is a very rare visitor to our area and local wildlife authorities are hoping he will find a mate and make a permanent home here. If you are in the lake area and hear what sounds like a dog barking, have a good look, it may just be our rare and endangered visitor.

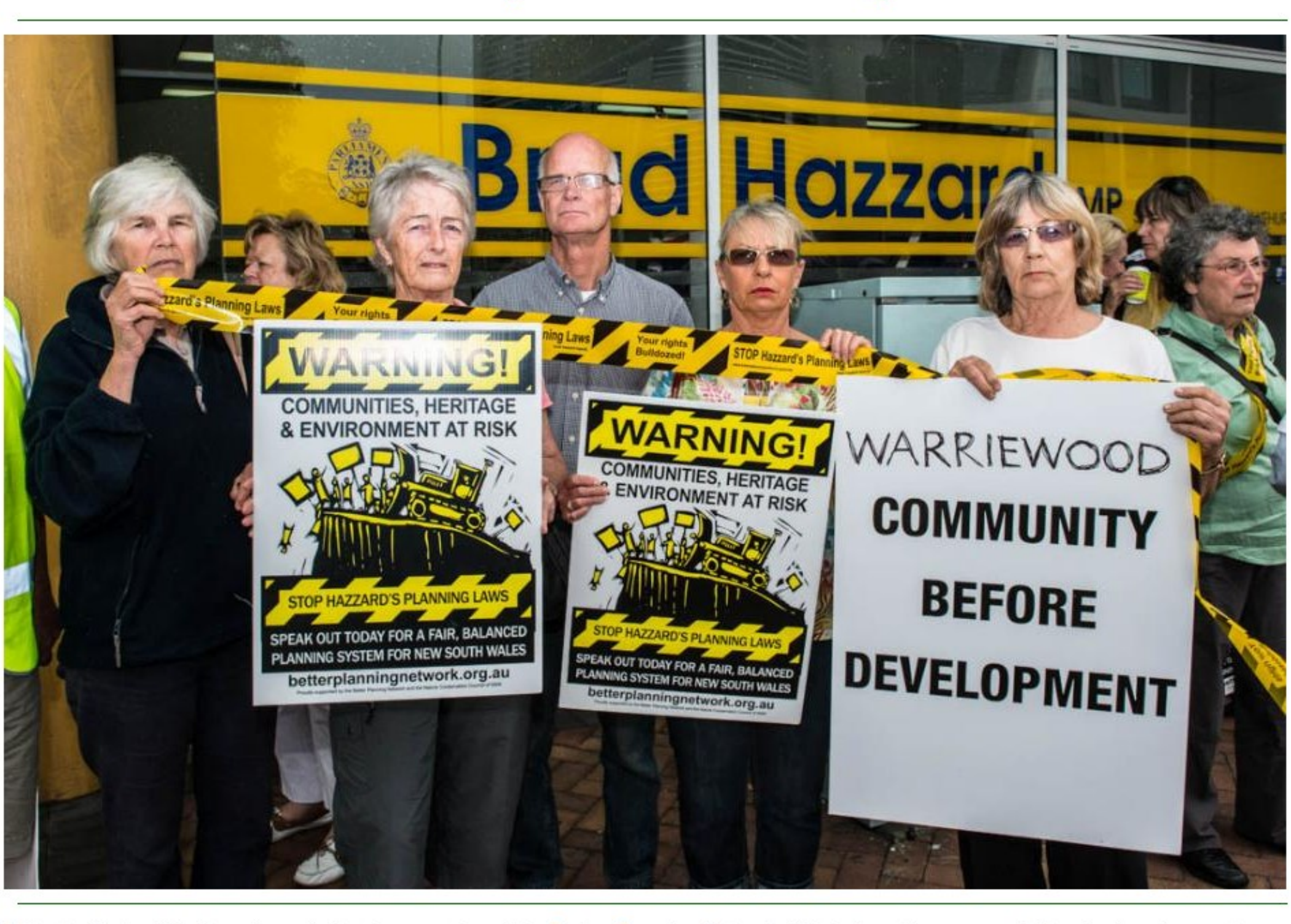
The Barking Owl (*Ninox connivens*), also known as the Barking Boobook or Winking Owl, is a nocturnalbird species native to mainland Australia and parts of Papua New Guinea and the Moluccas. They are a medium-sized brown owl and have an extremely characteristic voice that can range from a barking dog noise to a shrill woman-like scream of great intensity. Barking owls are often said to be the source to the myths andlegends surrounding the Bunyip. Barking Owl. (2013, August 31). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Barking_Owl&oldid=570887122

Brian Friend OAM - Presentation at Government House by Fez Photos

A photo with my three boys at Government House yesterday (11.9.2013) . What a great day finished off with my four girls at the Lowenbrau Restaurant in the Argyle Cut at the Rocks.

Also ran into an old bloke I have met a few times at Touch footy where his grand kids play at Hitchcock Park, Avalon Beach. Sir Nicholas Shehadie, that formidable Wallaby forward. Plus, two wonderful people from the Manly Warringah Netball Association, Les and Vera Wiltshire. **Friendly.**

Pittwater Natural Heritage Association - Standing Up for Pittwater outside Hon. B Hazzard's Office - 11th of September, 2013 - by Michael Mannington



Brad Hazzard MP
WARNING!
COMMUNITIES, HERITAGE & ENVIRONMENT AT RISK
STOP HAZZARD'S PLANNING LAWS
SPEAK OUT TODAY FOR A FAIR, BALANCED PLANNING SYSTEM FOR NEW SOUTH WALES
betterplanningnetwork.org.au
WARRIEWOOD
COMMUNITY BEFORE DEVELOPMENT

Pittwater Natural Heritage Association is a member of the Better Planning Network. We believe the proposed planning law does not respect our natural environment, so we want the draft law rewritten to recognise the principle of environmental sustainability. The law should ensure that the community can respond to individual development proposals as they are made, not just at the strategic level. The Pittwater community has worked with the Council to formulate our planning guidelines over many years. We do not this partnership over-ridden by the State Government.

STRZELECKI TRACK
MERTY MERTY TO INNAMINCKA OPEN
MERTY MERTY TO MT HOPELESS OPEN
MT HOPELESS TO LYNDHURST OPEN
MT HOPELESS TO ARKAROOLA OPEN
HV-HEAVY VEHICLE (OVER 3 TONNE)
4WD-FOUR WHEEL DRIVE (UNDER 3 TONNE)

The Mermaids of Palm Beach - A long way from home, by Esa Thomas. 2013 Bash Pictorialand words HERE

Put Your Foot Down for the Avener Nahmani Pancreatic Cancer Foundation 2013, by Michale Mannington, full report HERE

The new Spring Fashions at the Moina Vale Hopsital Auxiliary's 2013 Fashion Fundraiser, by Michael Mannington. Full report HERE

You could be dancing ! Maria Regina Catholic Primary School at Dance Fever 2013 by Peta Wise. Full report HERE.

Avalon Beach SLSC Renovations - first floor slab was poured this week - looking good. Everytime we take a few snaps lately the men working on the site give the thumbs up - a very good sign!, pic by A J Guesdon.

Very clear clean water everywhere this week - with dolphins visiitng most beaches to 'fish'. Picture by A J Guesdon.

It's flutter-by season - you can't step outdoors without a zillion insects bouncing off your face. Picture by A J Guesdon.

Birdfeast by A J Guesdon.

Birdfeast too by A J Guesdon.

Bottlebrush, by A J Guesdon.

Photos by quite a few people, at least ten of us, 2013.

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Pittwater Online News

September 15 - 21, 2013: Issue 128

Pittwater Online News receives a lot of information from various sources each week. For Your Interest and Bemusement:

The case for reforming Australia's electoral system – from UNSW - Published on 9 Sep 2013

Micro parties have enjoyed stunning success at the Australian polls, but may never take their seats in the Senate. It lies within the power of the major parties to deny them this, and any prospect that they will achieve victory in the future.

What are the ways to prevent a repeat of the 2013 elections where parties with a tiny fraction of the popular vote end up in the Senate through complex preference deals - or the country or forced into heading back to the voting booths? Why is electoral reform necessary? George Williams, Professor of Law at the University of NSW, explains.

The case for reforming Australia's electoral sy...
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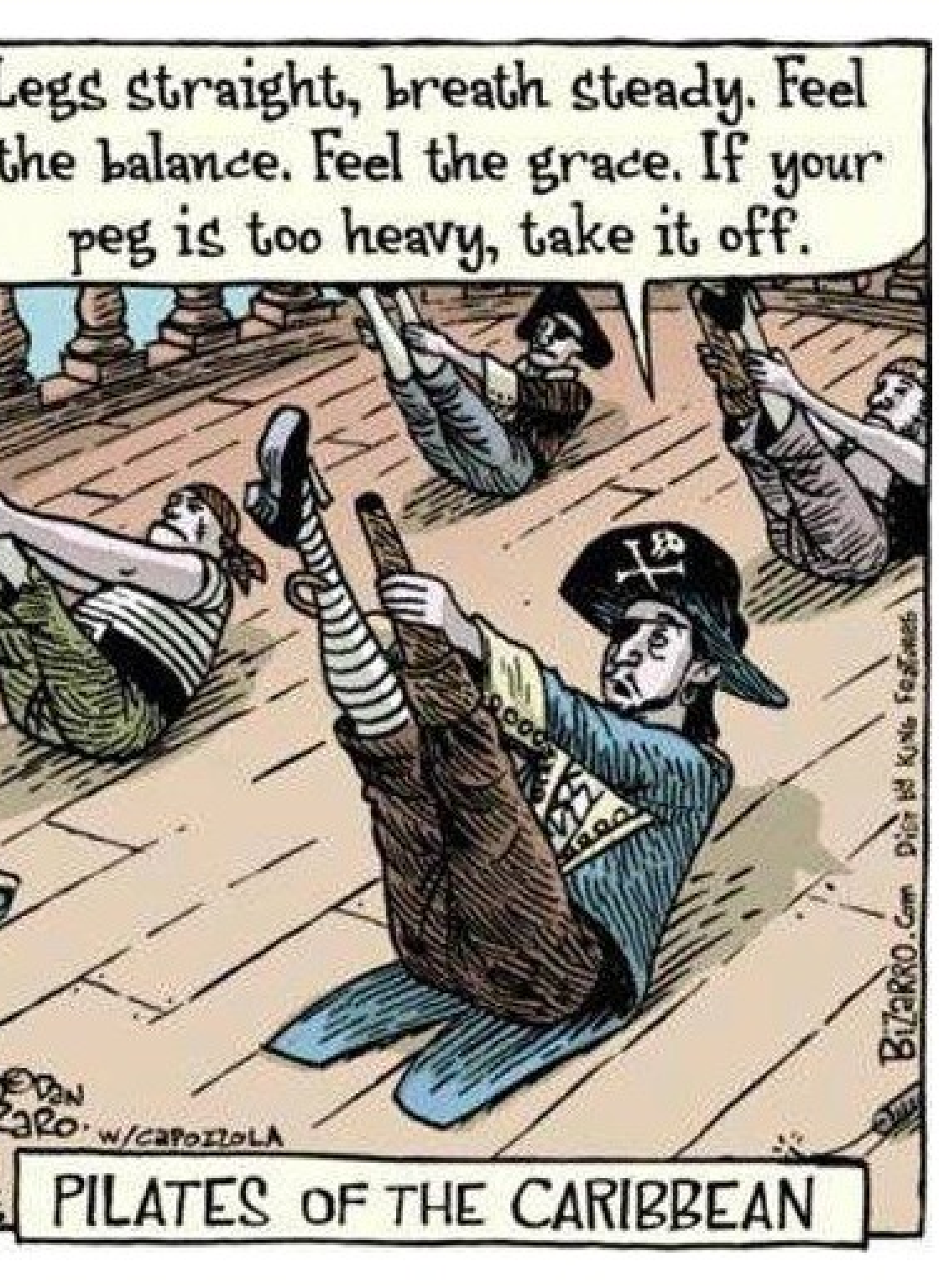
Legs straight, breath steady. Feel the balance. Feel the grace. If your peg is too heavy, take it off.
PILATES OF THE CARIBBEAN
DAN PIRARO w/CAPOZZOLA
9/5/06
Bizarro.com
Dist by King Features

Distracting you so I may steal your shiny round thing

Health Papers published this week:

Closing in On Risk Factors for Cerebral Palsy and Infant Death

Sep. 9, 2013 — Karin B. Nelson, M.D., scientist emeritus at the National Institute of Neurological Disorders and Stroke (NINDS), part of the National Institutes of Health, and her **colleagues from the University of Sydney, the University of Western Australia and Sydney Adventist Hospital in Australia** examined the degree to which four specific risk factors contributed to cerebral palsy and young infant death. The risk factors were asphyxial birth events (incidences during labor and delivery that had the potential to interfere with oxygen getting to the newborn's brain), inflammation (signs of infection), birth defects, and poor fetal growth (low birth weight plus some other factors related to expected size).

Cerebral palsy is a group of neurological disorders that appear in early childhood and affect body movement and muscle coordination. Movement problems associated with cerebral palsy include dyskinesia (uncontrollable writhing or jerky movements) and spastic quadriplegia (severe stiffness in the limbs).

In this study, published in Obstetrics & Gynecology, the researchers compared the medical records of children with cerebral palsy and infants who died within 1 month of birth with the records of healthy children to identify how often the risk factors occurred in the groups.

Among the cerebral palsy and infant death cases, birth defects and poor fetal growth were the most common risk factors. Birth defects and/or poor fetal growth were seen in almost half of the cerebral palsy cases. In addition, out of the four risk factors, only birth defects and/or poor fetal growth predicted dyskinesia or quadriplegia.

Many studies looking into the causes of cerebral palsy have concentrated on asphyxial birth events. However, the current findings indicate that poor fetal growth and birth defects may greatly contribute to cerebral palsy and infant death, suggesting that research should focus more on those specific risk factors.

Sarah McIntyre, Eve Blair, Nadia Badawi, John Keogh, Karin B. Nelson. **Antecedents of Cerebral Palsy and Perinatal Death in Term and Late Preterm Singletons.** Obstetrics & Gynecology, 2013; : 1 DOI:10.1097/AOG.0b013e3182a265ab

Hypertensive Smoking Women Have an Exceptionally High Risk of a Fatal Brain Bleeding

Sep. 9, 2013 — Subarachnoid haemorrhage (SAH) is one of the most devastating cerebrovascular catastrophes causing death in 40 to 50% of the cases. The most common cause of SAH is a rupture of an intracranial aneurysm. If the aneurysm is found, it can be treated before the possible rupture. However, some intracranial aneurysms will never rupture - the problem is that the doctors don't know which aneurysms will and which will not. So, they don't know which patients should be treated and who can safely be left untreated.

A long-term, population-based Finnish study on SAH, which is based on the FINRISK health examination surveys, and published in PLOS ONE on 9th September http://dx.plos.org/10.1371/journal.pone.0073760), shows that the risk of SAH depends strongly on the combination of certain risk factors. The SAH incidence was shown to vary from 8 up to 171 per 100 000 person-years, depending on whether people had multiple risk factors for SAH - such as smoking, hypertension and female sex - or not.

Such an extreme risk factor-dependent variation in the incidence of any cardiovascular disease is exceptional, and may have significant clinical implications, says one of the main authors, Associate Professor Miikka Korja from the Helsinki University Central Hospital and Australian School of Advanced Medicine.

- If smoking women with high systolic blood pressure values have 20 times higher rate of these brain bleeds than never-smoking men with low blood pressure values, it may very well be that these women diagnosed with unruptured intracranial aneurysms should be treated. On the other hand, never-smoking men with low blood pressure values and intracranial aneurysms may not need to be treated at all.

In this largest SAH risk factor study ever, the study group also identified three new risk factors for SAH: previous myocardial infarction, history of stroke in mother, and elevated cholesterol levels in men. The results revise the understanding of the epidemiology of SAH and indicate that the risk factors for SAH appear to be similar to those for other cardiovascular diseases.

- We have previously shown that lifestyle risk factors affect significantly the life expectancy of SAH survivors, and now we have shown that the same risk factors also affect dramatically the risk of SAH itself. Thus, it appears quite clear that especially smoking cessation and hypertension treatment are important in preventing SAH and increasing life expectancy after SAH, clarifies one of the study group members, Academy Professor Jaakko Kaprio, from the University of Helsinki and National Institute for Health and Welfare, referring to their previous publication on cause-specific mortality on SAH survivors (Korja et al., Neurology, 2013).

The study group members have previously published also the largest twin study to date, confirming that heritability for SAH is very low (Korja et al., Stroke, 2010), and the first study on the incidence of SAH in type 1 diabetes, showing that the rate of non-aneurysmal SAHs in type 1 diabetes is unusually high (Korja et al., Diabetes Care, 2013).

- Many of the previous studies on the epidemiology of SAH have relied on retrospective and single-center databases, which are unfortunately not very reliable data sources. Due to the unique health care system and common academic interest among doctors in Nordic countries, it has been possible to conduct high-quality and unbiased studies on SAH. We hope that our studies truly help doctors and patients, and are not only of interest in coffee tables on university campuses, says neurosurgeon Korja, and rushes to continue his working day in the operation room in Macquarie University Hospital, Sydney, which is one of his current appointments.

Miikka Korja, Karri Silventoinen, Tiina Laatikainen, Pekka Jousilahti, Veikko Salomaa, Juha Hernesniemi, Jaakko Kaprio. **Risk Factors and Their Combined Effects on the Incidence Rate of Subarachnoid Hemorrhage – A Population-Based Cohort Study.** PLoS ONE, 2013; 8 (9): e73760 DOI: 10.1371/journal.pone.0073760

Lung Cancer Drug Could Aid Plight of Ectopic Pregnancy Patients

Sep. 9, 2013 — Women with ectopic pregnancies could be spared surgery if they are treated with a lung cancer drug, a study suggests.

Researchers treated ectopic pregnancies - where an embryo implants inside the Fallopian tube - by combining an existing treatment with a lung cancer therapy.

They found that prescribing both drugs together was more effective at helping cure an ectopic pregnancy than the conventional drug alone.

Lung cancer drug

The lung cancer drug - called gefitinib - helps by blocking a protein that is known to encourage cell growth, and which was found to be present in high levels at the site of ectopic pregnancies.

Combining gefitinib with the conventional treatment, which is called methotrexate, could reduce the need to remove the Fallopian tube in a significant number of cases.

This would help the patient's level of fertility - say researchers led by Dr Andrew Horne at the University of Edinburgh and Dr Stephen Tong at the University in Melbourne.

Ectopic pregnancies

Ectopic pregnancy can be treated with drugs in the early stages of development, but surgery is needed when it is more developed. Researchers also found that the drug combination was able to shorten the time it took to successfully treat ectopic pregnancies in women who did not need surgery.

Around 12,000 women undergo an ectopic pregnancy in the UK each year, and the condition is responsible for up to eight per cent of pregnancy-related deaths.

The study, published in the journal *Obstetrics and Gynaecology*, involved a trial of 12 women with ectopic pregnancies. Researchers now plan to run a larger trial.

The above story is based on materials provided by University of Edinburgh.

Toward Treating Disease the Way Artificial Limbs Replace the Function of Lost Arms and Legs

Sep. 9, 2013 — The vision for a new branch of medicine, inspired by the ancient field that began with peg legs and hand hooks, commanded the spotlight in a major address by its pioneer in Indianapolis today at the 246th National Meeting & Exposition of the American Chemical Society (ACS).

Martin D. Burke, M.D., Ph.D., focused on the field he has named "molecular prosthetics," after the small molecules that make up the ingredients in most drugs and the branch of medicine that involves artificial or prosthetic body parts.

"Artificial limbs replace the function of an arm or leg that's missing due to injury," Burke said. "Some diseases occur because proteins in the body are missing or not working properly. Molecular prosthetics envisions treating those diseases with medicines that replace the functions of the missing proteins."

Burke described advances toward making molecular prosthetics a reality, including progress in developing a platform that would revolutionize the now-tedious processes of making or synthesizing the ingredients for those drugs. Burke, who is with the Howard Hughes Medical Institute and University of Illinois at Urbana-Champaign, delivered the "Kavli Foundation Emerging Leader in Chemistry Lecture" at the meeting.

Burke and his team already have gained fame for improvements in the Suzuki-Miyaura cross-coupling reaction of boronic acids. Despite the obscure name, that Nobel Prize-winning reaction is one of the most important and widely used tools in organic chemistry. It is the basis for the manufacture of ingredients for medicines, plastics, perfumes, herbicides and other products. Burke's team developed special building blocks that can be used in the reaction to make some small molecules in days instead of months or years. The building blocks are available commercially, and drug companies are using them in the search for new medicines.

In the Kavli lecture, Burke described advances to simplify and speed up the synthesis of the small molecules needed for molecular prosthetics. More than 90 percent of today's medicines use active ingredients that are small molecules. These substances can be processed into tablets and capsules and taken by mouth. They can dissolve in the gastrointestinal tract, go into the blood and travel to and work in almost every part of the body. The rest of today's medicines are large molecules or "biologics" that like insulin cannot be taken by mouth.

"For molecular prosthetics to become a reality, we must overcome two major challenges," Burke explained. "First, it can take months or even years to synthesize just one molecule. With our new platform, we could reduce that to a few days. The second challenge is to fundamentally understand the capacity for small molecules to operate like proteins in the context of living systems. That understanding is critical to being able to design the most effective molecules."

Burke's team has been focusing on a small molecule called amphotericin B, currently used to treat fungal infections. Amphotericin B inserts itself into the membrane that surrounds and encloses cells in the body. Once in the membrane, amphotericin B forms channels that enable the transport of ions into and out of the cell, an activity that mirrors many proteins whose function is critical in health and disease. A whole group of human diseases, sometimes called channelopathies, result from malfunction of ion channel proteins. Among them: migraine, epilepsy and cystic fibrosis. The team is working to use amphotericin B as a basis for making small molecules that replace the missing or malfunctioning ion channel proteins and thereby treat these diseases.

"We realized early in our studies that the lack of efficiency and flexibility with which small molecules can be prepared in the lab represented a major bottleneck in our efforts to develop small molecules with protein-like functions. We are now excited to find that our new synthesis platform can help relieve this important bottleneck and thereby enable us to focus more of our time on the key functional studies. Drug companies also have this problem with the long timelines needed to synthesize small molecules," Burke noted. "That's part of the reason why it takes so long to develop new medicines. This is a broad problem, and our goal is to help speed up this process and thereby have an important impact on science and medicine.

"With advances in genomics, a person will soon know all of their genes and which one(s) are missing or defective. With that knowledge and a quick way to make small molecules that function like proteins, our ultimate goal is to help enable the development of treatments that can be given to people before symptoms even arise."

The above story is based on materials provided by American Chemical Society (ACS).

Possibility of Selectively Erasing Unwanted Memories

Sep. 10, 2013 — The human brain is exquisitely adept at linking seemingly random details into a cohesive memory that can trigger myriad associations - some good, some not so good. For recovering addicts and individuals suffering from post-traumatic stress disorder (PTSD), unwanted memories can be devastating. Former meth addicts, for instance, report intense drug cravings triggered by associations with cigarettes, money, even gum (used to relieve dry mouth), pushing them back into the addiction they so desperately want to leave.

Now, for the first time, scientists from the Florida campus of The Scripps Research Institute (TSRI) have been able to erase dangerous drug-associated memories in mice and rats without affecting other more benign memories.

The surprising discovery, published this week online ahead of print by the journalBiological Psychiatry, points to a clear and workable method to disrupt unwanted memories while leaving the rest intact.

"Our memories make us who we are, but some of these memories can make life very difficult," said Courtney Miller, a TSRI assistant professor who led the research. "Not unlike in the movie Eternal Sunshine of the Spotless Mind, we're looking for strategies to selectively eliminate evidence of past experiences related to drug abuse or a traumatic event. Our study shows we can do just that in mice - wipe out deeply engrained drug-related memories without harming other memories."

Changing the Structure of Memory

To produce a memory, a lot has to happen, including the alteration of the structure of nerve cells via changes in the dendritic spines - small bulb-like structures that receive electrochemical signals from other neurons. Normally, these structural changes occur via actin, the protein that makes up the infrastructure of all cells.

In the new study, the scientists inhibited actin polymerization - the creation of large chainlike molecules - by blocking a molecular motor called myosin II in the brains of mice and rats during the maintenance phase of methamphetamine-related memory formation.

Behavioral tests showed the animals immediately and persistently lost memories associated with methamphetamine - with no other memories affected.

In the tests, animals were trained to associate the rewarding effects of methamphetamine with a rich context of visual, tactile and scent cues. When injected with the inhibitor many days later in their home environment, they later showed a complete lack of interest when they encountered drug-associated cues. At the same time, the response to other memories, such as food rewards, was unaffected.

While the scientists are not yet sure why powerful methamphetamine-related memories are also so fragile, they think the provocative findings could be related to the role of dopamine, a neurotransmitter involved in reward and pleasure centers in the brain and known to modify dendritic spines. Previous studies had shown dopamine is released during both learning and drug withdrawal. Miller adds, "We are focused on understanding what makes these memories different. The hope is that our strategies may be applicable to other harmful memories, such as those that perpetuate smoking or PTSD."

Erica J. Young, Massimiliano Aceti, Erica M. Griggs, Rita A. Fuchs, Zachary Zigmond, Gavin Rumbaugh, Courtney A. Miller. **Selective, Retrieval-Independent Disruption of Methamphetamine-Associated Memory by Actin Depolymerization.** Biological Psychiatry, 2013; DOI:10.1016/j.biopsych.2013.07.036

Disclaimer: These articles are not intended to provide medical advice, diagnosis or treatment. Views expressed here do not necessarily reflect those of *Pittwater Online News* or its staff.

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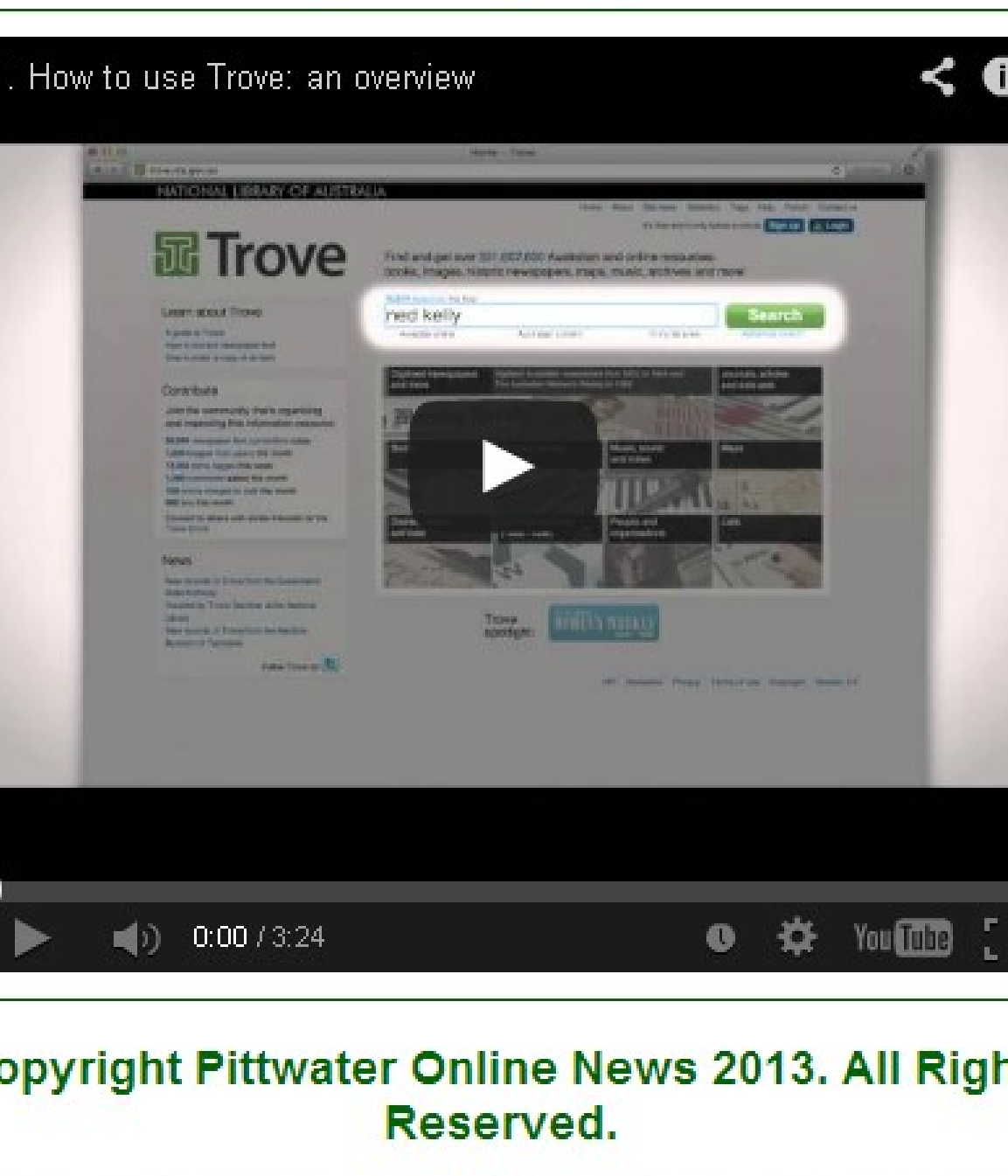

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Flying Warriewood, Winter 2013, Sydney's northern beaches - by Stewreach - Published on 5 Sep 2013 - Winter Warriewood Flying FP001

Flying Warriewood, Winter 2013, Sydney's northe...
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CSIRO now: Salt lakes and satellites Published on 10 Sep 2013

A team of scientists tests a robotic vehicle on the salt flats of Lake Lefroy in Western Australia while a new seabed corer is put through its paces in preparation for fitting to RV Investigator.

CSIROnow: Salt lakes and satellites
0:00 / 4:04

With Horses and iPads, Autistic Children Learn to Communicate

Sep. 10, 2013 — Luke, a 7-year-old autistic child had primarily only expressed requests to his parents (e.g., I want a drink), but this past year he was given a 1-pound iPad, introduced to a 1,000 pound horse and a special program called Strides©. During the concentrated eight-week Strides© program, Luke used the iPad to have his first two-way conversation, share his feelings and tell his new friends about how he lost his tooth.

Children with autism have great difficulty developing verbal communications skills; 40 percent are, like Luke, nonverbal. Southern Tier Alternative Therapies, Inc. (STAT), together with Tina Caswell, a clinical faculty member in Ithaca College's Department of Speech-Language Pathology and Audiology, is addressing this issue by combining equine therapy and assistive technology through an exclusive program called Strides©. Though both therapy approaches have been proven effective independently, they have rarely been used in tandem. The Strides© program puts children on horseback and gives each family iPads equipped with speech-generating applications. Caswell and her team of Ithaca College graduate students provide intensive, highly customized training and ongoing support. The unique therapeutic approach has helped children reach significant breakthroughs in communication, both verbally and through effective use of the device.

"What I'm seeing in our Strides© sessions is a lot of firsts," Caswell said. "It's the first time the children have been on horseback, the first time many of them are using iPads with speech software, and more important, the first time they've had any kind of access to self-expression. Parents also tell me it's the first time they've been able to have a two-way conversation with their kids. It's wonderful when the children can express basic wants, but what we're seeing through this therapy goes beyond that. Children are doing more than requesting food and toys. For the first time, they are telling narratives and sharing feelings."

Weighing over 5 pounds and resembling laptops, traditional assisted speech-generating devices can be cumbersome and heavy, and children tend to abandon them due to lack of interest with their limited communication options. On the contrary, iPads loaded with speech-generating applications only weigh around 1 pound, cost significantly less than traditional assisted speaking devices and are more user friendly. Each child participating in the program is given an iPad to be used as a speech-generating device. Participants and their parents are then trained by the Strides© team and the Ithaca College students and faculty to continuously update new communication opportunities on their devices.

"Since iPads are so light and mobile, the children can easily use them while they ride horseback, feed the ducks, or simply go for a walk," said Caswell. "Using the iPads in all kinds of varied and engaging environments keeps the children from getting bored and encourages them to communicate at a higher level."

The Strides© project is supported by grants awarded to STAT by the United Way of Broome County (NY) and the State of New York OPWDD Family Support Services Fund. Caswell and her graduate student assistants from the Ithaca College speech pathology program conduct the eight-week therapy sessions helping to build on and enhance STAT's existing equine therapy programs.

"Many of the parents in the program are awestruck in witnessing their child express something he or she already had knowledge of," said Catherine Markosky, founder of STAT and the Strides© program. "During the program, we witnessed one child communicate his understanding of addition, and the parents were completely unaware that their child even knew his numbers at all. That's the beauty of the project; discovering that there's a person in there just waiting to be heard."

Through STAT, Caswell will conduct follow-up programming to determine the long-term effects of the Strides© program participants. She recently presented at the New York State Speech-Language-Hearing Association Annual Convention in April 2013.

Autistic Children Communicate with Horses and iPads

Autistic Children Communicate with Horses and i...
0:00 / 1:51

Comet Discovered Hiding in Plain Sight: Near-Earth Asteroid Is Really a Comet

Sep. 10, 2013 — For 30 years, a large near-Earth asteroid wandered its lone, intrepid path, passing before the scrutinizing eyes of scientists while keeping something to itself: 3552 Don Quixote, whose journey stretches to the orbit of Jupiter, now appears to be a comet.

The discovery resulted from an ongoing project led by researchers at Northern Arizona University using the Spitzer Space Telescope. Through a lot of focused attention and a little bit of luck, they found evidence of cometary activity that had evaded detection for three decades.

"Its orbit resembled that of a comet, so people assumed it was a comet that had gotten rid of all its ice deposits," said Michael Mommert, a post-doctoral researcher at NAU who was a Ph.D. student of professor Alan Harris at the German Aerospace Center (DLR) in Berlin at the time the work was carried out.

What Mommert and an international team of researchers discovered, though, was that Don Quixote was not actually a dead comet -- one that had shed the carbon dioxide and water that give comets their spectacular tails.

Instead, the third-biggest near-Earth asteroid out there, skirting Earth with an erratic, extended orbit, is "sopping wet," said NAU associate professor David Trilling. The implications have less to do with potential impact, which is extremely unlikely in this case, and more with "the origins of water on Earth," Trilling said. Comets may be the source of at least some of it, and the amount on Don Quixote represents about 100 billion tons of water -- roughly the same amount found in Lake Tahoe.

Mommert said it's surprising that Don Quixote hasn't been depleted of all of its water, especially since researchers assumed that it had done so thousands of years ago. But finding evidence of CO2, and presumably water, wasn't easy.

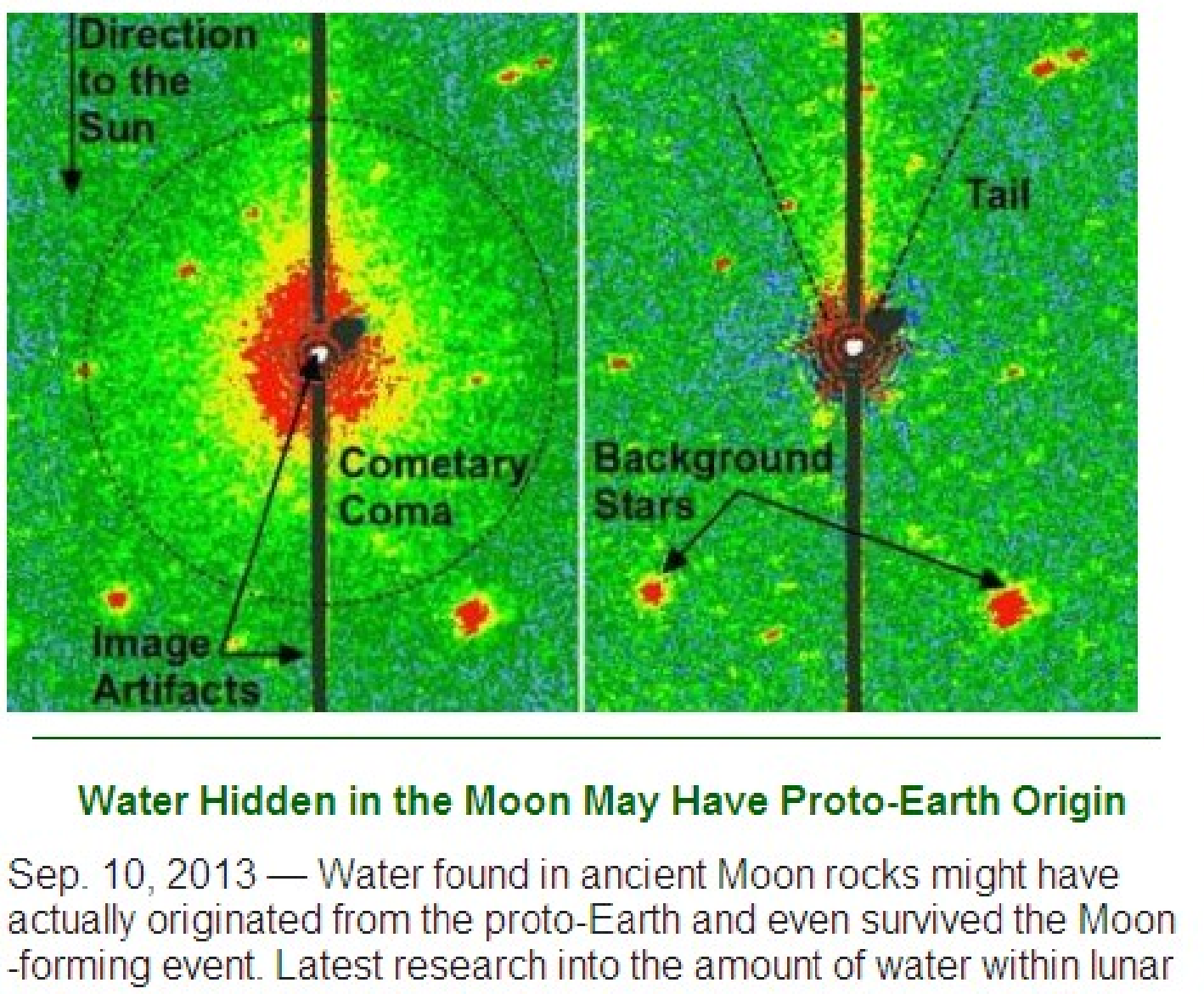
During an observation of the object using Spitzer in August 2009, Mommert and Trilling found that it was far brighter than they expected. "The images were not as clean as we would like, so we set them aside," Trilling said.

Much later, though, Mommert prompted a closer look, and partners at the Harvard-Smithsonian Center for Astrophysics found something unusual when comparing infrared images of the object: something, that is, where an asteroid should have shown nothing. The "extended emission," Mommert said, indicated that Don Quixote had a coma -- a comet's visible atmosphere -- and a faint tail.

Mommert said this discovery implies that carbon dioxide and water ice also might be present on other near-Earth objects.

This study confirmed Don Quixote's size and the low, comet-like reflectivity of its surface. Mommert is presenting the research team's findings this week at the European Planetary Space Conference in London.

The above story is based on materials provided by Northern Arizona University. Don Quixote's coma and tail (left) as seen in infrared light by NASA's Spitzer Space Telescope. After image processing (right), the tail is more apparent. (Credit: Image courtesy NASA/JPL-Caltech/DLR/NAU)



Water Hidden in the Moon May Have Proto-Earth Origin

Sep. 10, 2013 — Water found in ancient Moon rocks might have actually originated from the proto-Earth and even survived the Moon-forming event. Latest research into the amount of water within lunar rocks returned during the Apollo missions is being presented by Jessica Barnes at the European Planetary Science Congress in London on Monday 9th September.

The Moon, including its interior, is believed to be much wetter than was envisaged during the Apollo era. The study by Barnes and colleagues at The Open University, UK, investigated the amount of water present in the mineral apatite, a calcium phosphate mineral found in samples of the ancient lunar crust.

"These are some of the oldest rocks we have from the Moon and are much older than the oldest rocks found on Earth. The antiquity of these rocks make them the most appropriate samples for trying to understand the water content of the Moon soon after it formed about 4.5 billion years ago and for unravelling where in the Solar System that water came from," Barnes explains.

Barnes and her colleagues have found that the ancient lunar rocks contain appreciable amounts of water locked into the crystal structure of apatite. They also measured the hydrogen isotopic signature of the water in these lunar rocks to identify the potential source(s) for the water.

"The water locked into the mineral apatite in the Moon rocks studied has an isotopic signature very similar to that of the Earth and some carbonaceous chondrite meteorites," says Barnes. "The remarkable consistency between the hydrogen composition of lunar samples and water-reservoirs of the Earth strongly suggests that there is a common origin for water in the Earth-Moon system."

This research has been funded by the UK Science and Technologies Facilities Council (STFC).

The above story is based on materials provided by Europlanet Media Centre. Earth's Moon, as imaged by the Galileo mission. (Credit: NASA/JPL/USGS)

Life Deep Down: A New Beautiful Translucent Snail from the Deepest Cave in Croatia

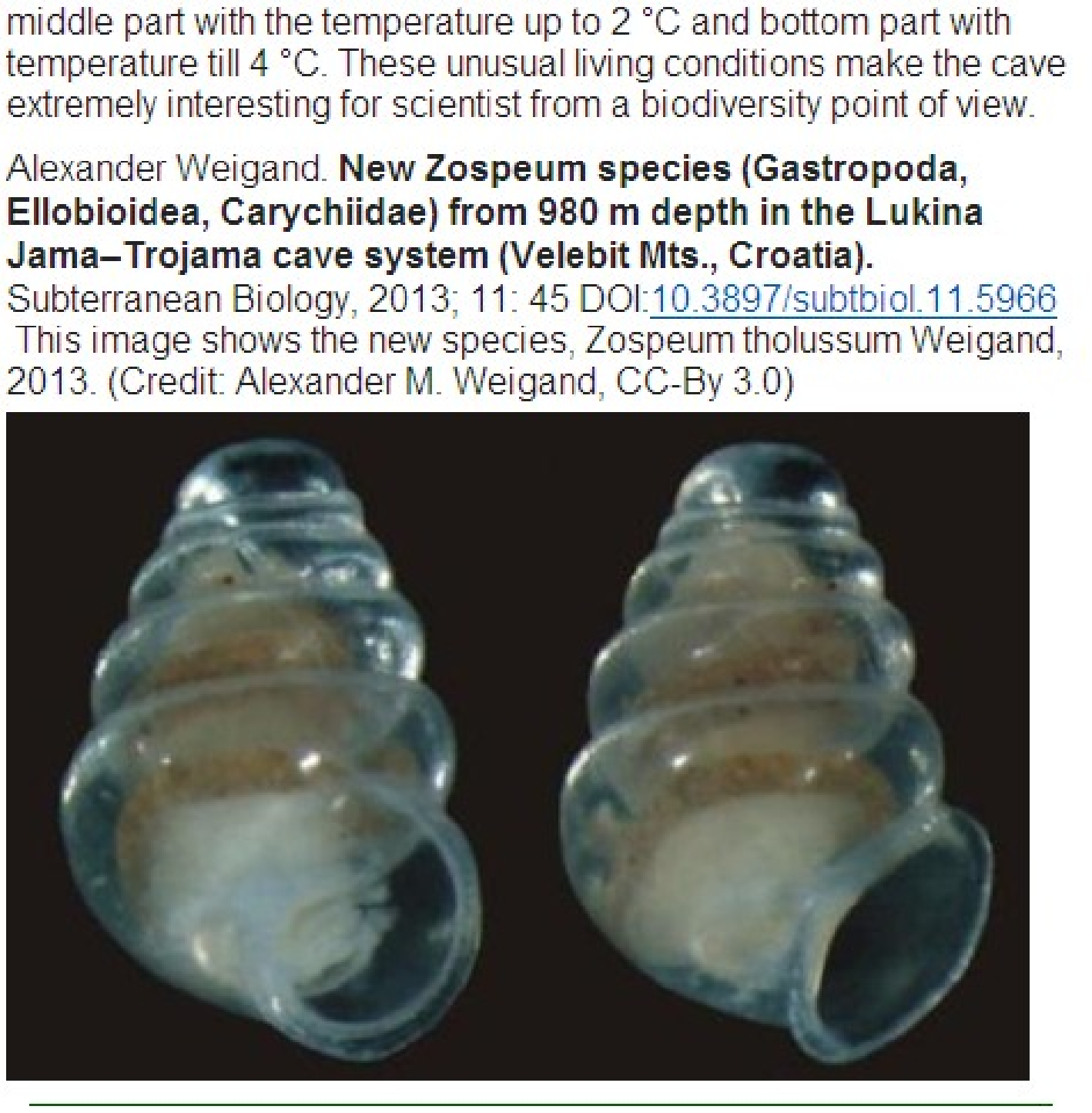
Sep. 10, 2013 — Scientists discovered a new species of a peculiar cave-dwelling snail in one of the 20 deepest cave systems in the world, Lukina Jama-Trojama in Croatia. The newly discovered species belongs to a genus of minute air-breathing land snails that have lost visual orientation and are considered to be true eutroglobionts, or exclusive cave-dwellers. The study describing the new species was published in the open access journal *Subterranean Biology*.

The new species Zospeum tholussum is a miniature and fragile snail, with a beautifully shaped dome-like translucent shell. Only one living specimen was found during the expedition around the galleries of the Lukina Jama-Trojama cave system. The animal was found at the remarkable depth of 980 m, in an unnamed chamber full of rocks and sand and a small stream running through it.

All known species from the cave-dwelling genus Zospeum possess a limited ability to move. Their preference of a muddy habitat and the fact that they are usually located near the drainage system of the cave, in a close proximity to running water, however suggest that these animals are not exactly immobile. Scientists hypothesize that dispersal is achieved through passive transportation via water or larger mammals.

The Lukina Jama-Trojama is the deepest cave system in Croatia, extraordinary for its vertical shape, long pits and great depth of -1392 m. From an ecological point of view this cave system is extremely interesting for having three microclimatic layers: firstly entrance icy part with the temperature of about 1 °C, secondly, middle part with the temperature up to 2 °C and bottom part with temperature till 4 °C. These unusual living conditions make the cave extremely interesting for scientist from a biodiversity point of view.

Alexander Weigand. **New Zospeum species (Gastropoda, Ellobioidea, Carychiidae) from 980 m depth in the Lukina Jama–Trojama cave system (Velebit Mts., Croatia).** Subterranean Biology, 2013; 11: 45 DOI:10.3897/subtbiol.11.5966 This image shows the new species, Zospeum tholussum Weigand, 2013. (Credit: Alexander M. Weigand, CC-By 3.0)



Great Doghouse

Pittwater Online News

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Community News | Pictures | Inbox News | Books | Events | Artist of the Month | Reflections | DIY Hints | Collector's Corner | Past Features

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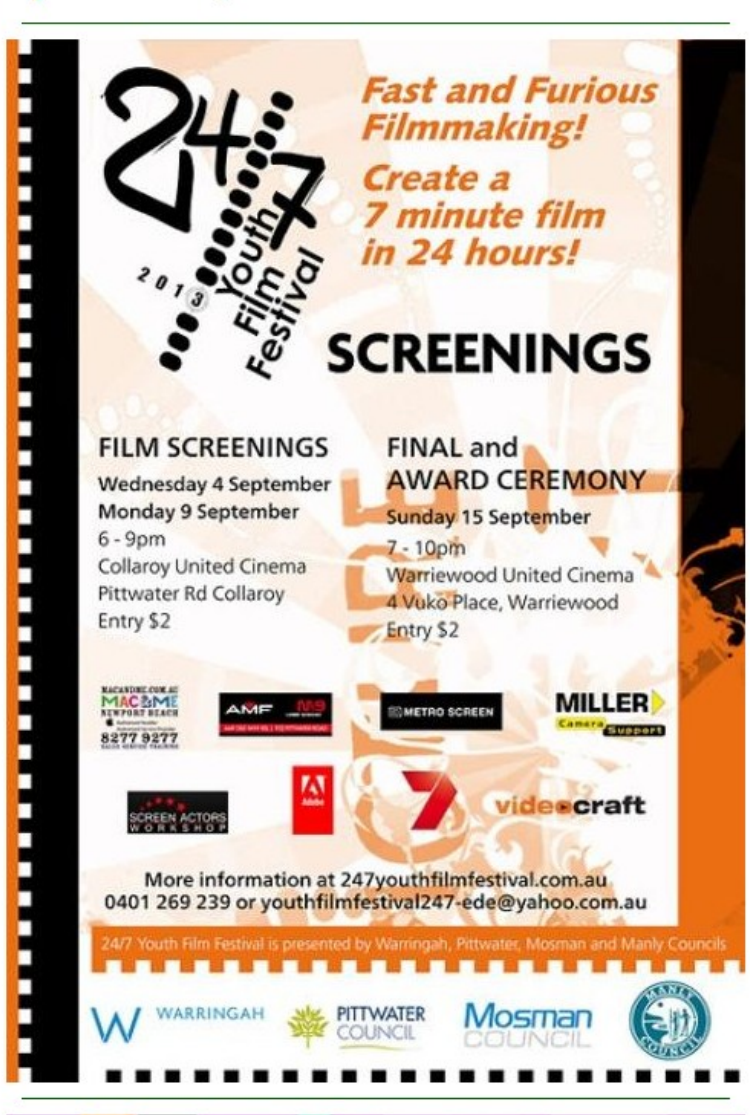

24/7 Youth Film Festival 2013

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Create a 7 minute film in 24 hours!

SCREENINGS

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Wednesday 4 September
Monday 9 September
6 - 9pm
Collaroy United Cinema
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Entry $2

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Sunday 15 September
7 - 10pm
Warriewood United Cinema
4 Vuko Place, Warriewood
Entry $2

More information at 247youthfilmfestival.com.au
0401 269 239 or youthfilmfestival247-ede@yahoo.com.au

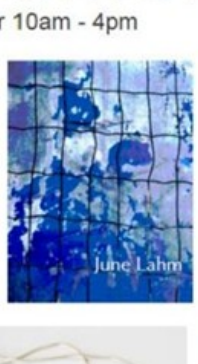
24/7 Youth Film Festival is presented by Warringah, Pittwater, Mosman and Manly Councils

manly arts 19-29 SEPT 2013 manlyartsfestival.com.au

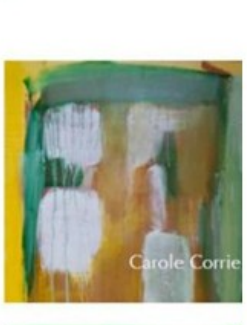
OPEN STUDIOS

Sat 21 & Sun 22 September 10am - 4pm

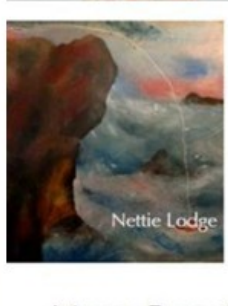
Rouge



June Lahm



Carole Corrie



Nettie Lodge

Peggy Havukainen

Tracy Ponich

Artspace Rouge Studio

- Ceramic & textile artist Rouge
- Digital artist June Lahm
- Artist Nettie Lodge
- Jewellery artist Peggy Havukainen

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- Photographer Tracy Ponich

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Avalon Beach Historical Society 30th Anniversary and 2013 Exhibition

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On this October long weekend **(5th to 7th)** the Avalon Beach Historical Society will be celebrating its 30th Anniversary with a mammoth '8th Great Historic Photographic Exhibition'. For the first time and on such a grand occasion, it will be held in the main hall of the Avalon Recreation Centre at 59a Old Barrenjoey Road, where we will have the space to exhibit over 700 photographs. That number of photos will cover around 55 different topics, aspects and many eras of our local history and it will certainly rank alongside the best photo exhibitions of local history seen in the Manly-Warringah area.

Of course there will be the all-time favourites such as 'Koalas', 'Clareville Torpedo Base', 'Women & Avalon Beach', 'The Hole in the Wall', 'Avalon Squash Courts' and 'St Michael's Cave' etc. but we have added some new panels of interest, such as 'Love in Avalon Beach', the 'Mudlarks of McCarr's Creek Reserve', 'Shark!', 'The Big Tree', 'The 'Rock Lily', 'Surfboats', 'Westcott' and the Sanders Family' and a couple of photos of 'Night Golf at Avalon Golf Links in 1938' etc.

We will also have on display some of our fabulous historic panoramic photos, some originals by EB Studios from the early 1920s.

Besides the 'still' photographs there will be a screen set up to continually show many short 'movie' segments collected and compiled over the years, relating to our area. Besides the popular 'Bandstand and the Stomp on Avalon Beach' in 1965, there will also be 'A Day in the Life of Avalon School' shot in the 1950s by the ABC.

You will also be able to see the beach and the 'Avaputt' mini golf course in action during 1930 from a film shot by the 'father of Avalon Beach' - A.J. Small. We also have a great short film called 'Cave Folk' showing a folk concert shot in St Michael's Cave in 1964.

'Ghost Ships' will show the search conducted off Palm Beach for survivors of the 'Birchgrove Park' in 1956 and some recent excellent colour footage shot by diver/photographer Max Gleeson of the wreck 3 kms off Avalon Beach.

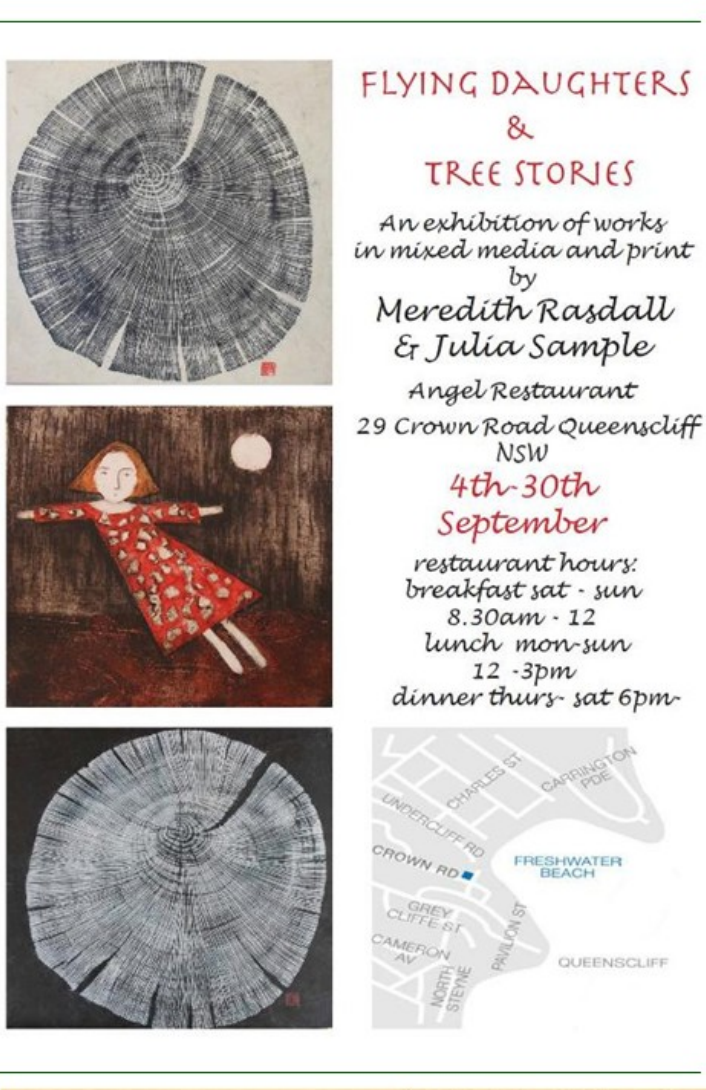
We will also have on sale our 30th Anniversary Calendar for 2014. Like our last calendar in 2009, the photos are printed so that they could be framed if you wish or send one overseas. Besides the calendar there will be photographs for sale, historic, panoramic bookmarks and copies of Jervis Sparks 2nd book "*The Red Light of Palm Beach*" with almost 65% off the original retail price.

Admission will still only be $3 for adults and children free, no change over the last 15 years!!

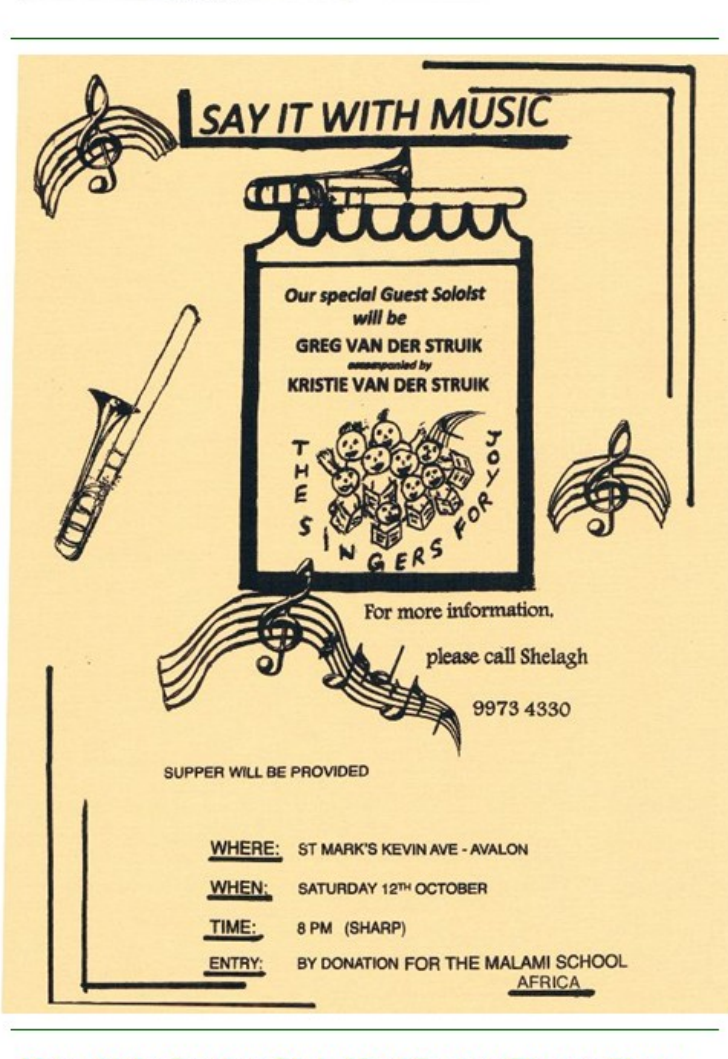
There will be a 1947 Dennis Fire Engine with outfitted enthusiasts (including brass helmets) publicising the exhibition on Saturday morning around the streets, eventually parking on Dunbar Park to allow children access. It will be accompanied by 2 early 1920s T-model Fords.

From Avalon Beach Historical Society

Avalon Beach Historical Society: avalonbeachhistory.com.au



FLYING DAUGHTERS
&
TREE STORIES
An exhibition of works
in mixed media and print
by
Meredith Rasdall
& Julia Sample
Angel Restaurant
29 Crown Road Queenscliff
NSW
4th-30th
September
restaurant hours:
breakfast sat - sun
8.30am - 12
lunch mon-sun
12 -3pm
dinner thurs- sat 6pm-



SAY IT WITH MUSIC

Our special Guest Soloist
will be
GREG VAN DER STRUIK
accompanied by
KRISTIE VAN DER STRUIK

THE SINGERS FOR JOY

For more information,
please call Shelagh
9973 4330

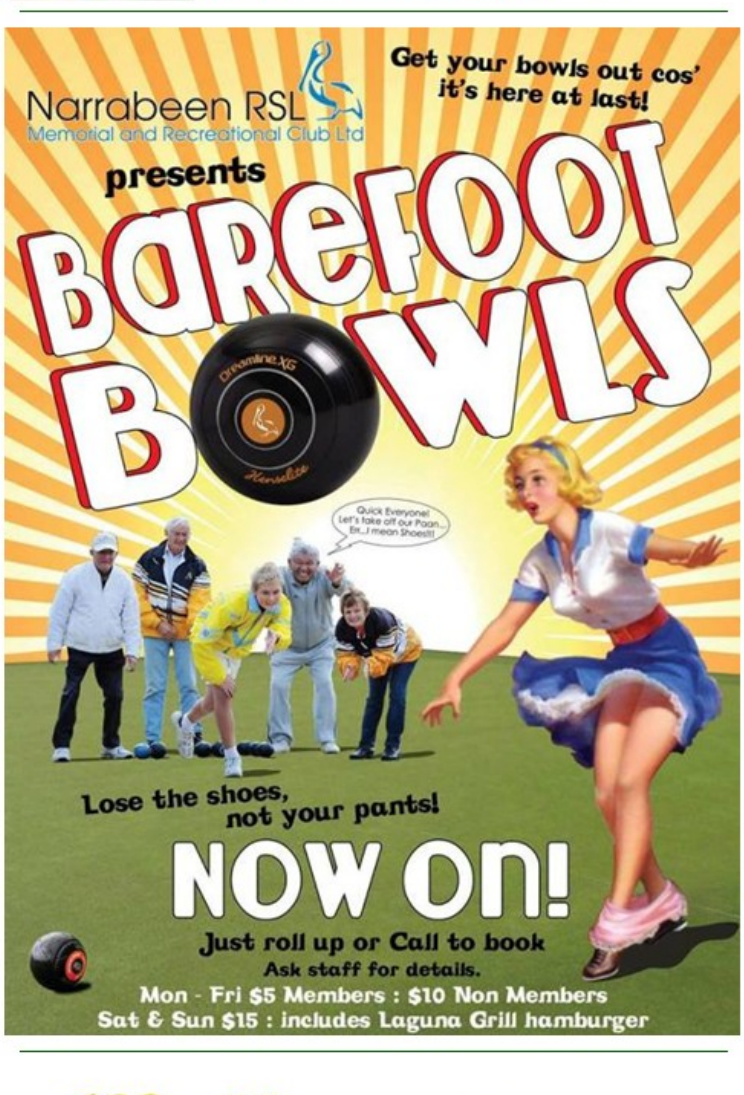
SUPPER WILL BE PROVIDED

WHERE: ST MARK'S KEVIN AVE - AVALON
WHEN: SATURDAY 12TH OCTOBER
TIME: 8 PM (SHARP)
ENTRY: BY DONATION FOR THE MALAMI SCHOOL AFRICA

Mona Vale Garden Club 42nd Spring Flower Show - 28th Sep 2013, 10:30am - 4pm

Spring flower show exhibiting the wonderful variety of plants grown in the peninsula. Display of flowers, floral art, vegetables and herbs, plants, craft, cakes, white elephant stall & raffles.

Cost: Adults $2, children. **All profits to Mona Vale Hospital Auxiliary**. Venue: Ted Blackwood Hall - cnr Jacksons & Boondah Roads, Warriewood. Contact: Cheryl 9971 7875



Narrabeen RSL Memorial and Recreational Club Ltd presents
Get your bowls out cos' it's here at last!
BAREFOOT BOWLS
Lose the shoes, not your pants!
NOW ON!
Just roll up or Call to book
Ask staff for details.
Mon - Fri $5 Members : $10 Non Members
Sat & Sun $15 : includes Laguna Grill hamburger

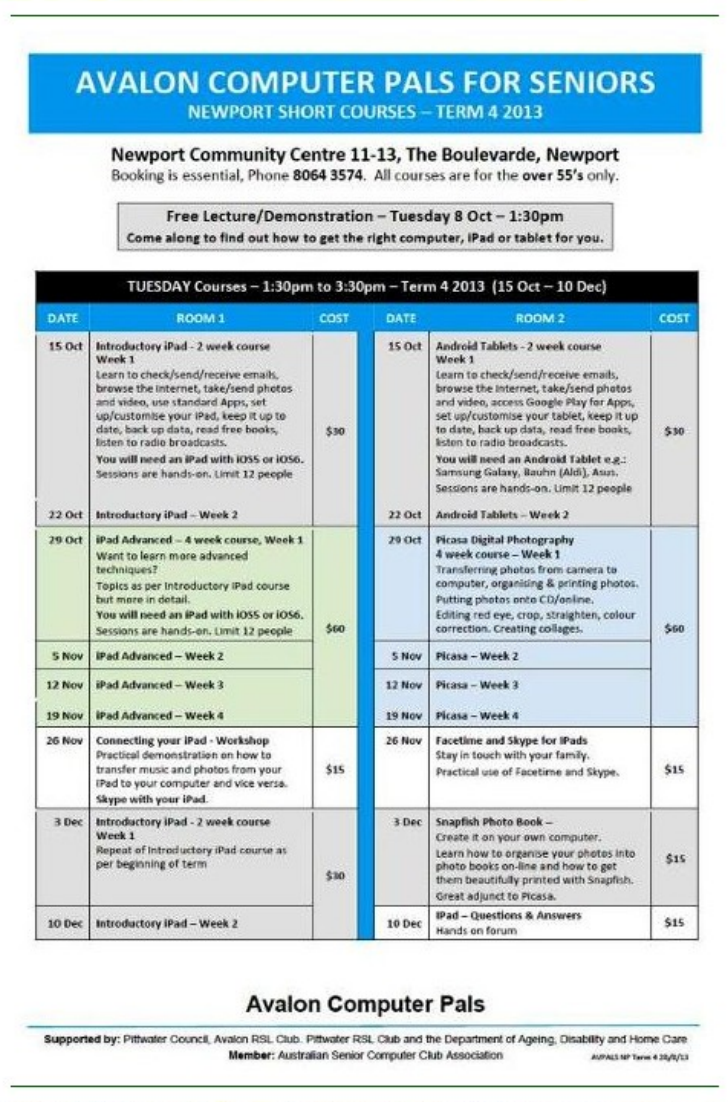
Melbourne Cup
avalon beach rsl club
tue 5th nov 12:30-3:30pm

GOURMET SEAFOOD BUFFET
CANAPES ON ARRIVAL
3HR PREMIUM DRINKS PACKAGE
ON SITE TAB FACILITIES & SWEEPS
OUTDOOR SEATING & RACE VIEWING
LIVE MUSIC - FULL TABLE SERIVCE
TICKETS $95 - BOOK NOW

LIMITED TICKETS AVAILABLE

BOOK NOW

avalonrsl.com.au



AVALON COMPUTER PALS FOR SENIORS
NEWPORT SHORT COURSES – TERM 4 2013

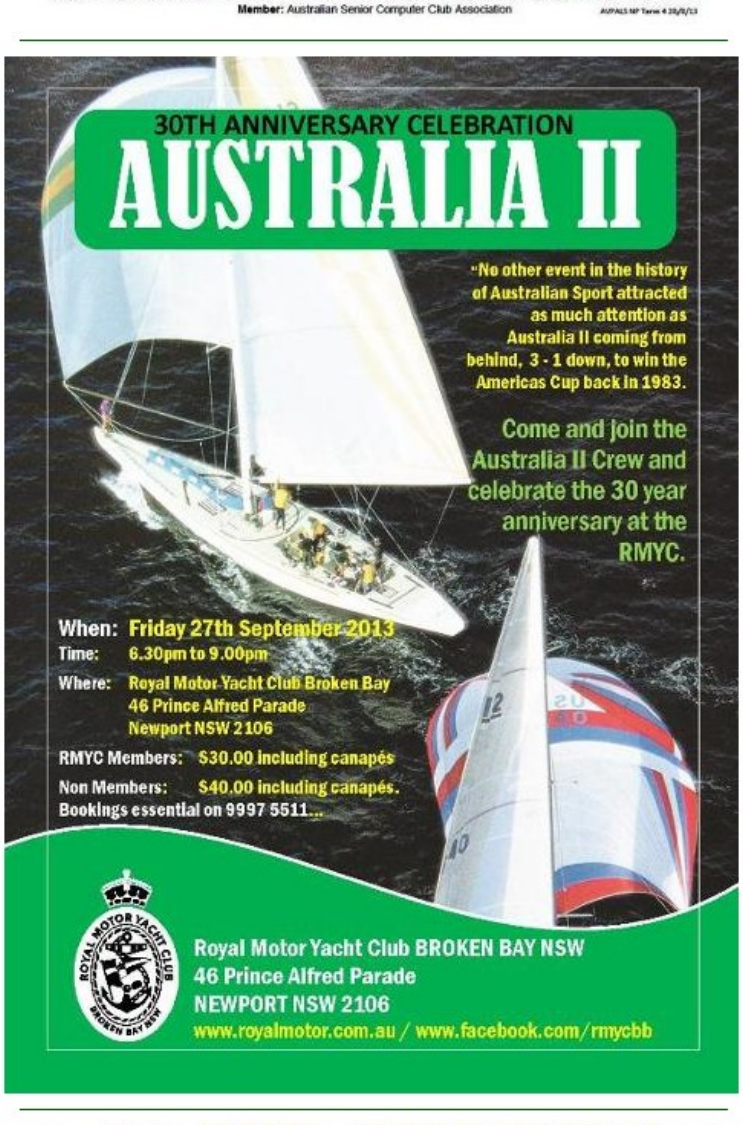
Newport Community Centre 11-13, The Boulevarde, Newport
Booking is essential, Phone 8064 3574. All courses are for the over 55's only.

Free Lecture/Demonstration – Tuesday 8 Oct – 1:30pm
Come along to find out how to get the right computer, iPad or tablet for you.

TUESDAY Courses – 1:30pm to 3:30pm – Term 4 2013 (15 Oct – 10 Dec)

DATE	ROOM 1	COST	DATE	ROOM 2	COST
15 Oct	Introductory iPad - 2 week course Week 1	$30	15 Oct	Android Tablets - 2 week course Week 1	$30
22 Oct	Introductory iPad – Week 2		22 Oct	Android Tablets – Week 2	
29 Oct	iPad Advanced – 4 week course, Week 1	$60	29 Oct	Picasa Digital Photography 4 week course – Week 1	$60
5 Nov	iPad Advanced – Week 2		5 Nov	Picasa – Week 2	
12 Nov	iPad Advanced – Week 3		12 Nov	Picasa – Week 3	
19 Nov	iPad Advanced – Week 4		19 Nov	Picasa – Week 4	
26 Nov	Connecting your iPad - Workshop	$15	26 Nov	Facetime and Skype for iPads	$15
3 Dec	Introductory iPad - 2 week course Week 1	$30	3 Dec	Snapfish Photo Book –	$15
10 Dec	Introductory iPad – Week 2		10 Dec	iPad – Questions & Answers	$15

Avalon Computer Pals



30TH ANNIVERSARY CELEBRATION
AUSTRALIA II

"No other event in the history of Australian Sport attracted as much attention as Australia II coming from behind, 3 - 1 down, to win the Americas Cup back in 1983.

Come and join the Australia II Crew and celebrate the 30 year anniversary at the RMYC.

When: Friday 27th September 2013
Time: 6.30pm to 9.00pm
Where: Royal Motor Yacht Club Broken Bay
46 Prince Alfred Parade
Newport NSW 2106
RMYC Members: $30.00 including canapés
Non Members: $40.00 including canapés.
Bookings essential on 9997 5511

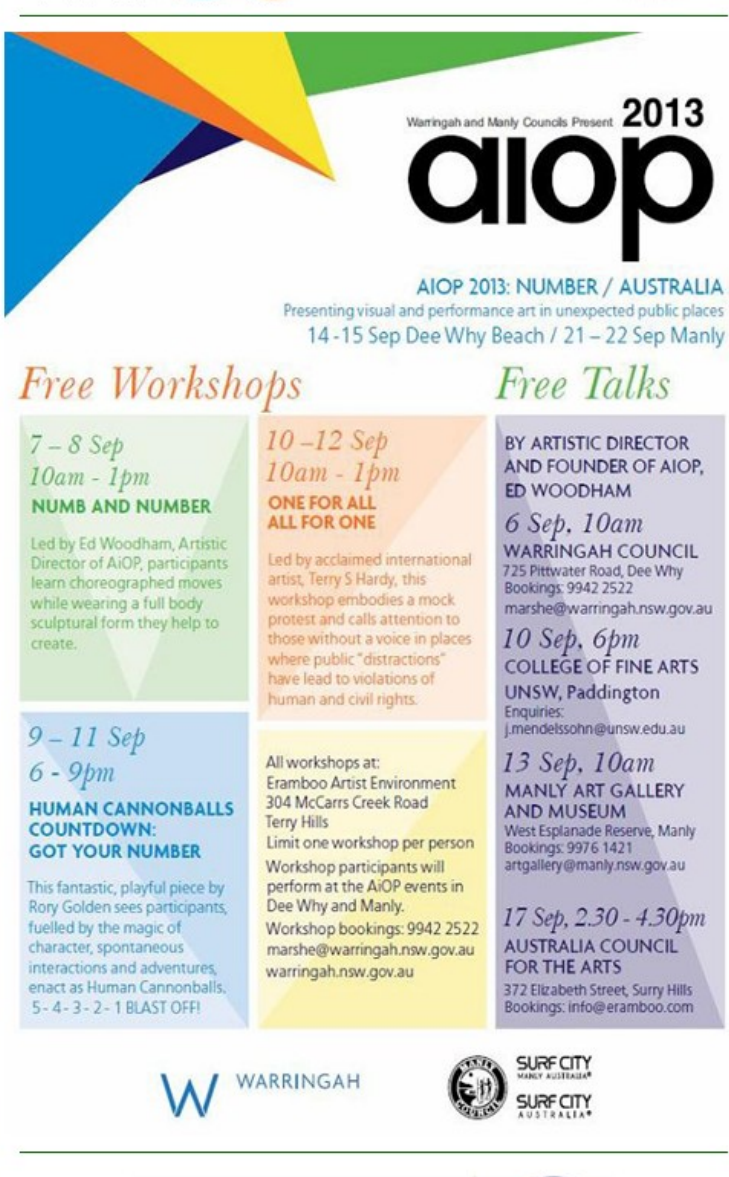
Royal Motor Yacht Club BROKEN BAY NSW
46 Prince Alfred Parade
NEWPORT NSW 2106
www.royalmotor.com.au / www.facebook.com/rmycbb

ABORIGINAL HERITAGE OFFICE
Mini Doco Competition 2013
Create a 2-3 minute doco on Aboriginal history, heritage, sites or culture, etc...
Win an Apple iPad

Entries to be sent on disc or thumbdrive with completed application form to PO Box 12, North Sydney NSW 2059 before 5pm Thursday 31st October 2013.

For more information see the 'Terms and Conditions'
Email us at aho@northsydney.nsw.gov.au
Click on the 'Competition' tab at www.aboriginalheritage.org

Open to residents and students of the Councils below:



Warringah and Manly Councils Present 2013
aiop
AIOP 2013: NUMBER / AUSTRALIA
Presenting visual and performance art in unexpected public places
14 -15 Sep Dee Why Beach / 21 – 22 Sep Manly

Free Workshops

7 – 8 Sep
10am - 1pm
NUMB AND NUMBER
Led by Ed Woodham, Artistic Director of AiOP, participants learn choreographed moves while wearing a full body sculptural form they help to create.

10 –12 Sep
10am - 1pm
ONE FOR ALL ALL FOR ONE
Led by acclaimed international artist, Terry S Hardy, this workshop embodies a mock protest and calls attention to those without a voice in places where public "distractions" have lead to violations of human and civil rights.

9 – 11 Sep
6 - 9pm
HUMAN CANNONBALLS COUNTDOWN: GOT YOUR NUMBER
This fantastic, playful piece by Rory Golden sees participants, fuelled by the magic of character, spontaneous interactions and adventures, enact as Human Cannonballs. 5 - 4 - 3 - 2 - 1 BLAST OFF!

All workshops at:
Eramboo Artist Environment
304 McCarrs Creek Road
Terry Hills
Limit one workshop per person
Workshop participants will perform at the AiOP events in Dee Why and Manly.
Workshop bookings: 9942 2522
marshe@warringah.nsw.gov.au
warringah.nsw.gov.au

Free Talks

BY ARTISTIC DIRECTOR AND FOUNDER OF AIOP, ED WOODHAM

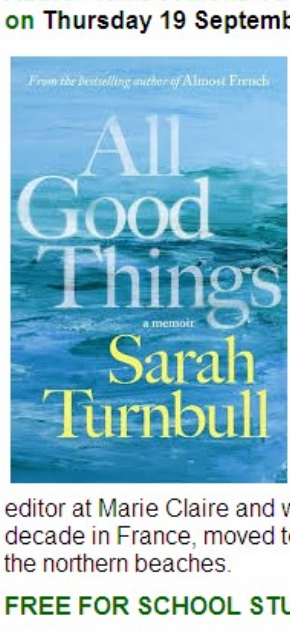
6 Sep, 10am
WARRINGAH COUNCIL
725 Pittwater Road, Dee Why
Bookings: 9942 2522
marshe@warringah.nsw.gov.au

10 Sep, 6pm
COLLEGE OF FINE ARTS
UNSW, Paddington
Enquiries:
j.mendelssohn@unsw.edu.au

13 Sep, 10am
MANLY ART GALLERY AND MUSEUM
West Esplanade Reserve, Manly
Bookings: 9976 1421
artgallery@manly.nsw.gov.au

17 Sep, 2.30 - 4.30pm
AUSTRALIA COUNCIL FOR THE ARTS
372 Elizabeth Street, Surry Hills
Bookings: info@eramboo.com

Author Talks at Mona Vale Library - Sarah Turnbull author talk on Thursday 19 September



All Good Things by Sarah Turnbull

After sharing her story in her bestselling memoir, Almost French, this next book follows Sarah Turnbull and her French husband, Frederic and their West Highland Terrier's move to French Polynesia in 2003. Frederic is asked to open an office in Papeete, the administrative capital on Tahiti for his law firm and Sarah's has two aims for the next two years, a book and a baby.

Sarah Turnbull formerly a television journalist with SBS in Sydney, began working in print media after moving to France in 1994. She was a contributing editor at Marie Claire and wrote for several magazines and after a decade in France, moved to Tahiti for several years . She now lives on the northern beaches.

FREE FOR SCHOOL STUDENTS

Bookings: essential tel. 9970 1600, cost $8/$6 concession, card must be shown. Payment required within 3 days of booking as confirmation. Free for school students.

Venue: Mona Vale Library Contact: Catherine Buddin tel. 9970 1600

FOOD
EXHIBITION · FEASTS · TASTES · TALKS · TOURS · KIDS
sydneylivingmuseums.com.au/food

Introducing Sydney Living Museums Food.

Inspired by our stunning homes, gardens and kitchen collections the program features decadent delights such as a harbourside Victorian tea, stories from our cellars, a lavish 18th-century feast and a peach braggot specially crafted for us by Young Henrys to quench your thirst.

Early bird offers run of key events so head to http://sydneylivingmuseums.com.au/food today.

Pittwater Camera Club

More at: Profile and http://pittwatercameraclub.org/

All Meetings are 7.45 for 8pm - 10pm - BYRA Hall, 1842 Pittwater Road, Bayview

Monday September 16
'It's All About The Light' is the subject of this 'Hands On' workshop. With various lighting means, including soft boxes and other lighting forms we will be learning how to take better images with the use of directional lighting. We will have photographic models on the night so we can practice along with our tutors. This promises to be a great learning curve for us all. And as always it is, free for visitors to the club.

Monday October 14
Our members have been given the very hard task of capturing time – without including clocks or other timepieces. Gavin Roberts will determine the winner of this novel competition. Free for visitors to the club.

Monday October 28 – TBA

November 4
Susan Buchanan joins us as guest judge tonight for our Open competition. Free for visitors to the club.

Monday December 3
Tonight the very best images of the year will be on display for you to see. One lucky photographer will be awarded 'Photographer of the Year' and the best projected images, colour and mono prints of the year will also be determined by our well respected photographer and judge, Philip Ramsden. A light supper will be served following the judging.Family, friends and visitors are all welcome.

OPERA AUSTRALIA
2014 Subscriptions
Now On Sale

Sydney Opera House - 2014 Season

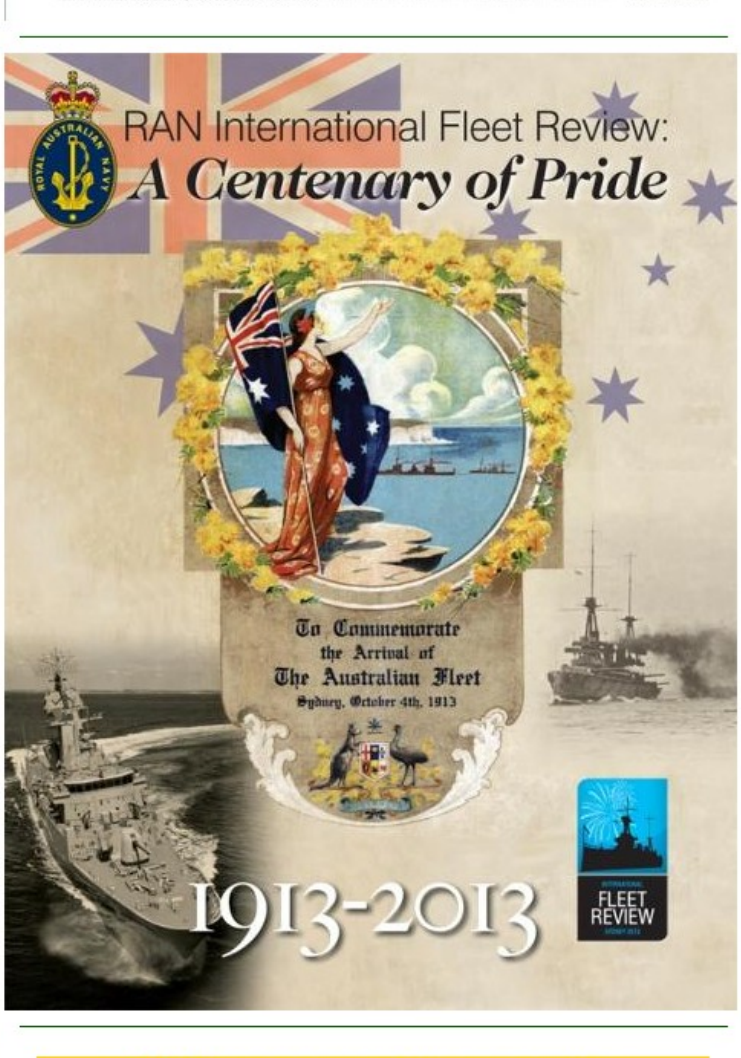
Lecherous womanising. Candy coloured bikinis. Aching nostalgia. Nine metre serpents. See it all in Opera Australia's 2014 season of opera.

Visit www.opera-australia.org.au/

SEAFOOD
SUNDAY BUFFET LUNCH
with fresh carvery & homemade dessert
IN THE TOP DECK DINING ROOM
SUNDAY
29th SEPT
12.00pm to 2.30pm
ADULTS $58.00pp
KIDS (12/u) $35.00pp
www.royalmotor.com.au
www.facebook.com/rmycbb

Discover Sailing
Free Discover Sailing Day
SUNDAY 27 OCTOBER 2013
Enjoy a FREE day of sailing with friends and family at clubs across NSW
Discover Sailing Day is your chance to visit a club and get out on the water. Come along and see how much fun sailing can be!
Visit discoversailing.org.au to find out more.

Time: 11am to 4pm
Club: The Royal Motor Yacht Club BROKEN BAY
Address: 46 Prince Alfred Pde, NEWPORT NSW 2106
Contact: Rob Brown Tel: 9997 5511
Website: www.royalmotor.com.au

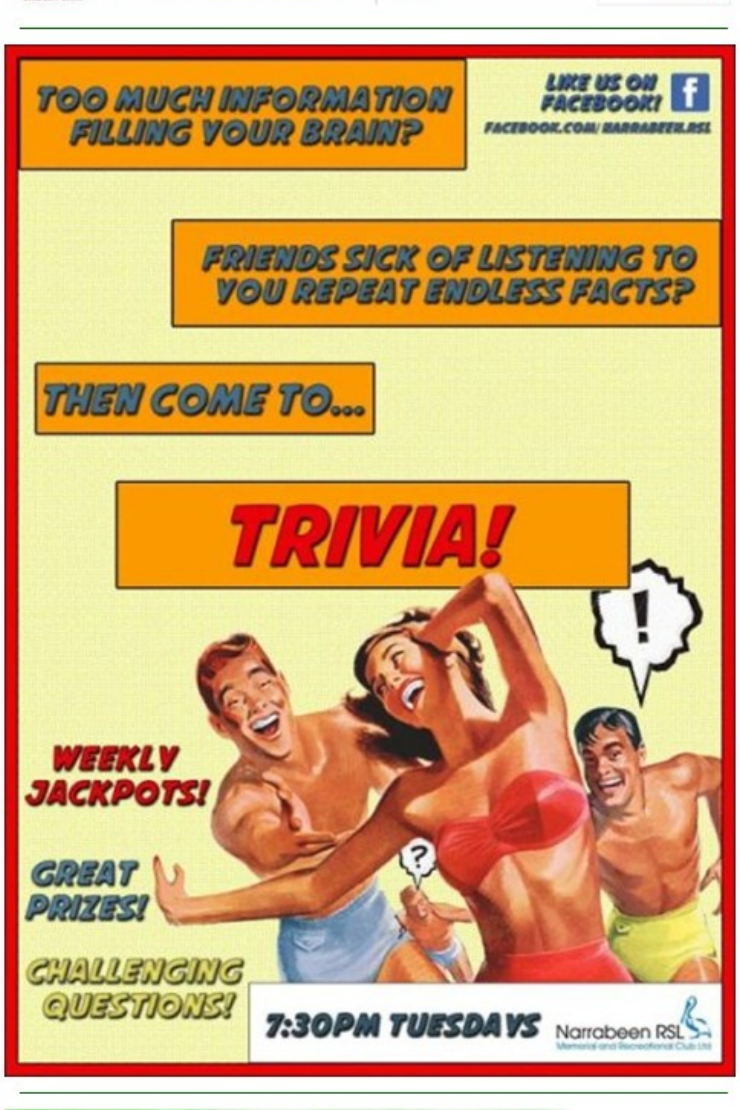


RAN International Fleet Review:
A Centenary of Pride
To Commemorate the Arrival of The Australian Fleet Sydney, October 4th, 1913
1913-2013
FLEET REVIEW

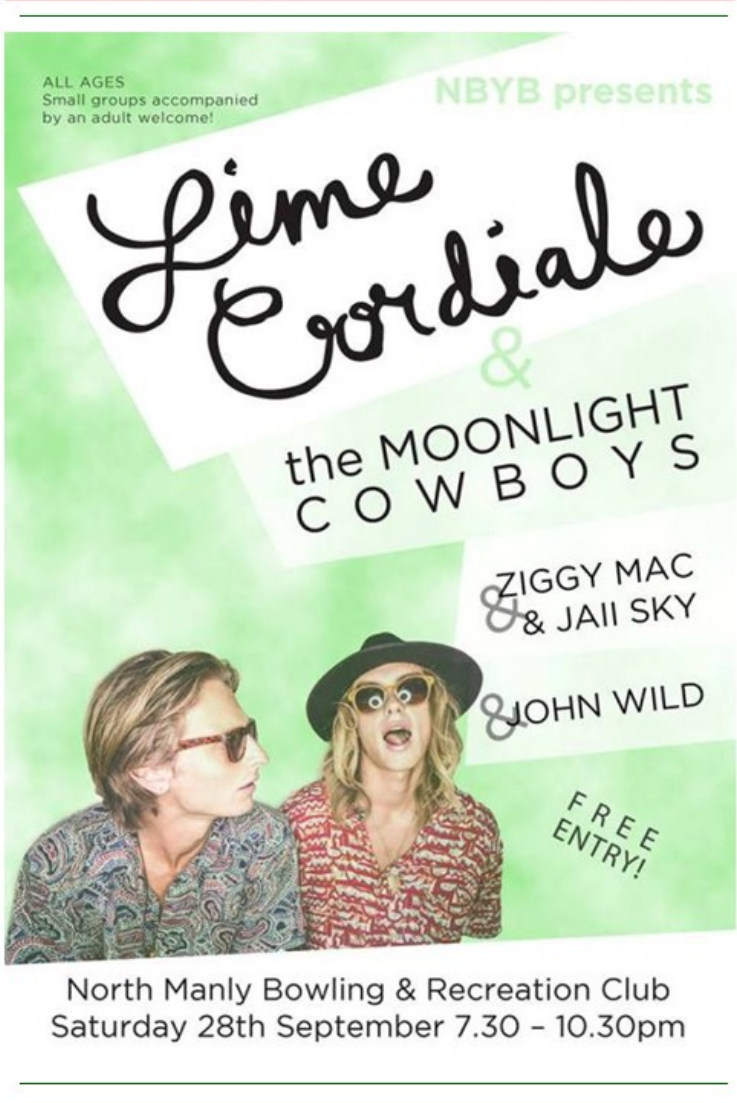
WIN! ONE OF TEN FANTASTIC CRIME & MAYHEM PRIZE PACKAGES
EXHIBITION ON NOW
CITY OF SHADOWS
INNER CITY CRIME & MAYHEM 1912-1948

Justice & Police Museum, Cnr Albert and Phillip Streets Circular Quay Circular Quay 2000 . Between Saturday 29 June 2013 and Saturday 31 May 2014: Open Weekends Only: 10am-5pm: Adult: $10; Children: $5; Senior: $5

CHURCH POINT GENERAL STORE and Waterfront Cafe
Thursday Night Pasta & Pizza $15
Wednesday Night 2 for 1 Pizza's
Friday Night Jazz Night Local Artist
Saturday Night Spanish Guitarist 7 PM
1st Sunday of the Jazz Month 12-3
Win! Dinner for 2



TOO MUCH INFORMATION FILLING YOUR BRAIN?
LIKE US ON FACEBOOK! FACEBOOK.COM/NARRABEENRSL
FRIENDS SICK OF LISTENING TO YOU REPEAT ENDLESS FACTS?
THEN COME TO...
TRIVIA!
WEEKLY JACKPOTS!
GREAT PRIZES!
CHALLENGING QUESTIONS!
7:30PM TUESDAYS
Narrabeen RSL



ALL AGES
Small groups accompanied by an adult welcome!
NBYB presents
Lime Cordiale
&
the MOONLIGHT COWBOYS
& ZIGGY MAC & JAII SKY
& JOHN WILD
FREE ENTRY!

North Manly Bowling & Recreation Club
Saturday 28th September 7.30 – 10.30pm

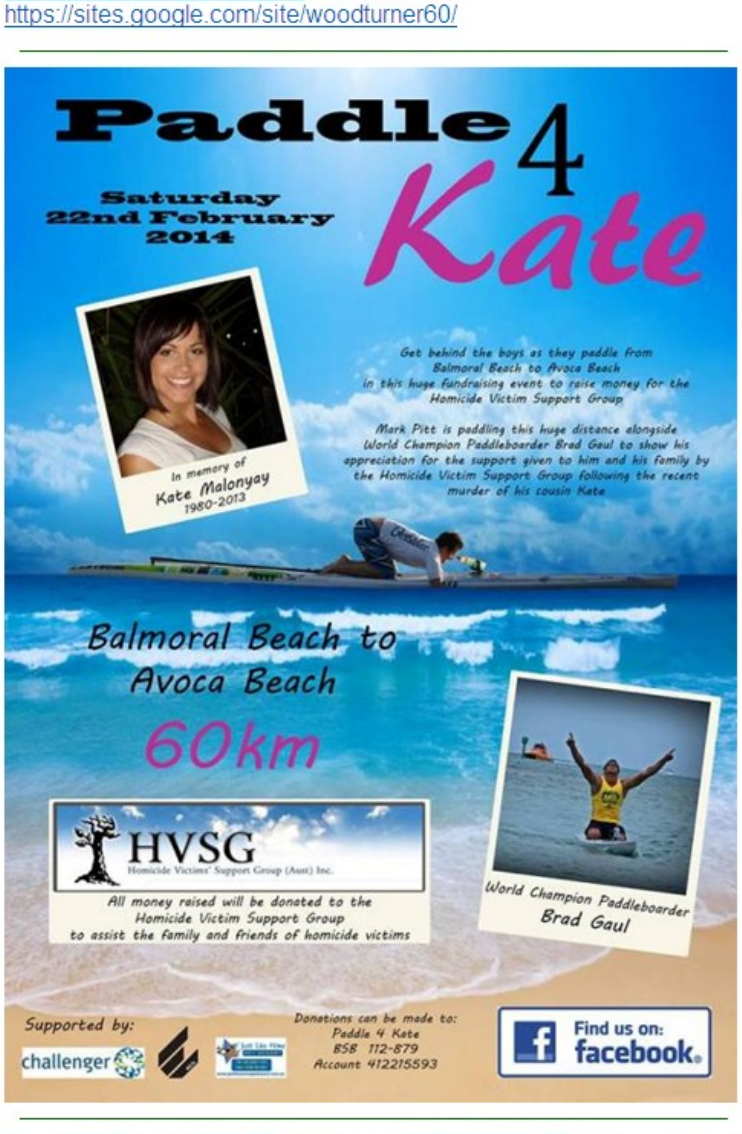
Sydney Northern Beaches Woodturners Inc

Sydney Northern Beaches Woodturners - Monthly Demonstration - Wood Turning Demonstration on the third Sunday of the month: 9am-2pm

The aim of our group is to bring together people who are interested in woodturning and to assist new members to participate in the craft of woodturning. At the same time we aim to socialise and have fun. We are active in supporting local community groups and charities. We make cash donations as well as donations of toys and equipment made by our members.

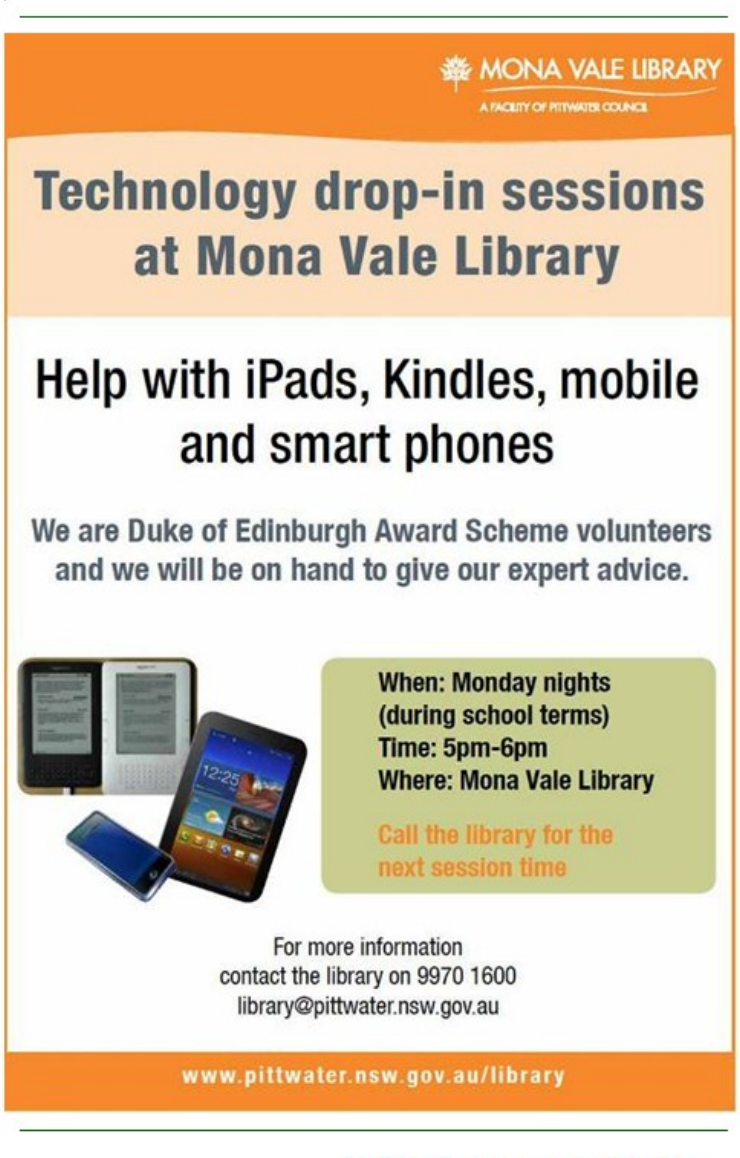
Come and see us at the Narrabeen RSL Club, Nareen Pde, North Narrabeen. Workshop Open every **Tuesday,** Friday and Saturday between 9 am and 12 noon.

Cost: $2 for insurance & a cuppa (If you want to join there is a $25 yearly subscription fee). Contact: Jack Butler on 9999 4290 or email: johnbutler@optusnet.com.au . Website: https://sites.google.com/site/woodturner60/



Paddle 4 Kate
Saturday 22nd February 2014
In memory of Kate Malonyay 1980-2013
Get behind the boys as they paddle from Balmoral Beach to Avoca Beach in this huge fundraising event to raise money for the Homicide Victim Support Group
Mark Pitt is padding this huge distance alongside World Champion Paddleboarder Brad Gaul to show his appreciation for the support given to him and his family by the Homicide Victim Support Group following the recent murder of his cousin Kate.
Balmoral Beach to Avoca Beach
60km
HVSG Homicide Victims' Support Group (Aust) Inc.
All money raised will be donated to the Homicide Victim Support Group to assist the family and friends of homicide victims
World Champion Paddleboarder Brad Gaul
Supported by:
Donations can be made to: Paddle 4 Kate BSB 112-879 Account 412215593
Find us on: facebook

Wedding Expo
Meet with us to discuss your perfect day
Sunday 22nd September 2013 1.00pm - 5.00pm
The Royal Motor Yacht Club
The perfect waterfront wedding venue.....
A spectacular setting for both your wedding ceremony and wedding reception
Over 25 Wedding Suppliers on display including:
♥ Couture Wedding Gowns ♥ Photographers ♥ Videographers ♥ Photo Booths
♥ Wedding Cars ♥ Wedding Kombi's ♥ Florists ♥ Cake Decorators
♥ Wedding Stationery ♥ Candy Bar ♥ Wedding Celebrants
♥ Travel View Holidays ♥ Wedding Decorations ♥ Hairdressers ♥ Wedding DJs.....



MONA VALE LIBRARY
A FACILITY OF PITTWATER COUNCIL

Technology drop-in sessions at Mona Vale Library

Help with iPads, Kindles, mobile and smart phones

We are Duke of Edinburgh Award Scheme volunteers and we will be on hand to give our expert advice.

When: Monday nights (during school terms)
Time: 5pm-6pm
Where: Mona Vale Library
Call the library for the next session time

For more information
contact the library on 9970 1600
library@pittwater.nsw.gov.au

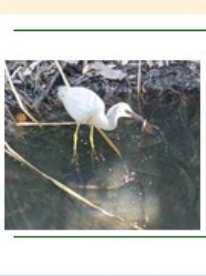
www.pittwater.nsw.gov.au/library

SNBSWE is a symphonic wind ensemble that rehearses every Thursday evening during school terms. The band consists of adult amateur and professional musicians who play a wide repertoire of music. If you play an instrument and are looking for a great musical experience with good company, come and see if you like what we do. The Ensemble serves the local Northern Beaches community through regular concerts. It provides opportunities for experienced brass, percussion and woodwind musicians to play high grade symphonic repertoire. The Ensemble allows people to continue playing their instruments after leaving school, therefore giving the experience of music for life. Contact: Denise Morgan 9999 0655. **More at: http://www.snbswe.org.au/**

Palm Beach Golf Club - Saturday 19th of October

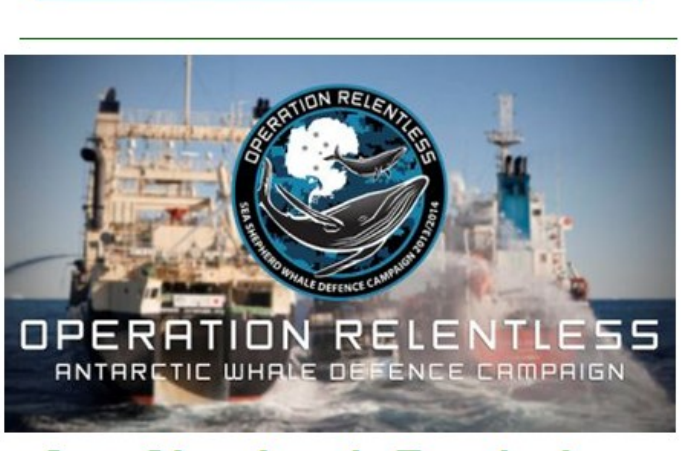
Tickets - $20.00 HERE

RUMOURS A Retrospective Tribute To FLEETWOOD MAC
ACCESS ALL ERAS Celebrating the music of FLEETWOOD MAC TRIBUTE



To List your Event email pittwateronlinenews@live.com.au . Please send all material ready to publish.

LADIES Luncheon
Wednesday 18 Sept 2013
Guest Speaker: Denise Drysdale
One of our most celebrated iconic Australians, Denise is a two time Australian Gold Logie award winning television personality, comedian, Australia Day C... of the Year... woman with ... gold. ...ise is often affectionately known as Ding Dong!!.
Nearly Full
$65.00pp
Includes 2 course lunch - wine, tea & coffee
12.00 for 12.30pm
This event supporting Heart Foundation
TYRRELL'S WINES
www.royalmotor.com.au
www.facebook.com/rmycbb



OPERATION RELENTLESS
ANTARCTIC WHALE DEFENCE CAMPAIGN

Sea Shepherd -Fundraiser

We are having a fundraiser to raise funds to send our four ships and voluntary crew down to Antarctica again this year for Operation Relentless, to save as many whales as we can from the Japanese Whaling Fleet, which I will be going on as I did for last years campaign.

The fundraiser will be at The Chelsea Tea House in Avalon on the evenings of the **20th and 21st September**, there will be a 5 course meal with alcohol provided as well as an auction of some fantastic Sea Shepherd memorabilia and other items as well, live music and also some crew members from the Sam Simon, our newest ship.

The cost of the tickets is $99 per person, and tickets are now on sale from The Chelsea Tea House.

Bookings Essential on 9973 3090

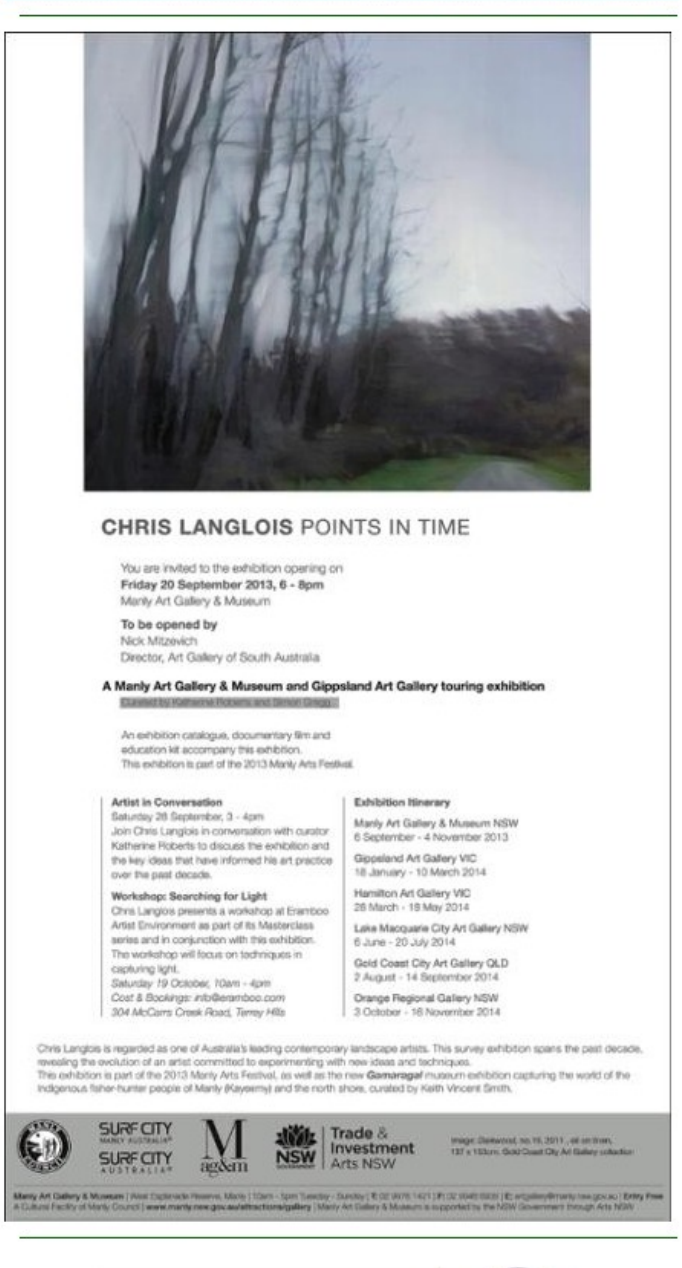
For The Oceans!

Dog Side of the Moon
3
Encore for our friend
Scotland Island Community Hall
RESCHEDULED FRI 27 & SAT 28 SEPT 7.30PM
Tickets $20 on the door
Book on-line via Facebook
or by email: theflamingdoghouse@gmail.com

Book Now
Wednesday 18 Sept 2013 | Dee Why RSL
Northern Beaches Expo with Mastermind
BUSINESS | HEALTH | WELLBEING
No.1 global business coaches, best selling authors and serial entrepreneurs Jeff and Kane
5 hours will grow your business, stress free

☐ I want to exhibit and expose my business to over 300 people in my community
☐ I want to achieve work life balance while growing my business
☐ I want to bring along my key business questions and have them solved in a Mastermind session
☐ I want to book in for a health and wellbeing treatment

IF YOU TICKED ONE OF THESE BOXES REGISTER ONLINE NOW!
businessexpos.com.au
BusinessExpos



CHRIS LANGLOIS POINTS IN TIME

You are invited to the exhibition opening on
Friday 20 September 2013, 6 - 8pm
Manly Art Gallery & Museum

To be opened by
Nick Mitzevich
Director, Art Gallery of South Australia

A Manly Art Gallery & Museum and Gippsland Art Gallery touring exhibition

Environmental Grant Writing Workshop - 21st Sep 2013, 10am - 1pm

A practical, hands on workshop to help grant seekers hone their skills. Would you like more funding for your community project? Have you ever wondered how to increase your chances of writing successful grant funding applications? Then join us for this workshop... we may be able to help!

Bring your ideas for potential projects or your applications currently in development and take advantage of helpful feedback from our expert presenter Keith Whelan - the 'Grants Guy'.

Where: Coastal Environment Centre, Lake Park Road, North Narrabeen. Cost: Free!

Bookings Essential!. Online. In person: Coastal Environment Centre, Lake Park Road, North Narrabeen. Phone: 1300 000 232 (Reception - Option 1)

KATANDRA BUSHLAND SANCTUARY
OPEN 10AM - 4PM EVERY SUNDAY JULY - OCTOBER 9979 8077
OPEN TODAY PARKING INSIDE

The Rotary Club of Pittwater presents
THE NORTHERN BEACHES SPRING CONCERT
It's Showtime
A Tribute to the Musicals
THE NORTHERN BEACHES ORCHESTRA
with
International darling of the flute
JANE RUTTER
Wednesday 18 September 2013 ♦ 7.30pm
GRAND THEATRE ♦ UNITED CINEMAS WARRIEWOOD
TICKETS: Deluxe seats $55 ♦ Regular seats $45 (Concessions $40)
Buy your tickets online at www.rotarypittwater.com or in person at the Warriewood cinema box office
ENQUIRIES: 8005 0711
Major proceeds to
Palliative Care Centre at Mona Vale Hospital

Our doors are open
2013 Surf Club Open Day
Sunday 29 September

This year's **Surf Club Open Day** will be held throughout NSW and QLD on **Sunday 29 September 2013.**

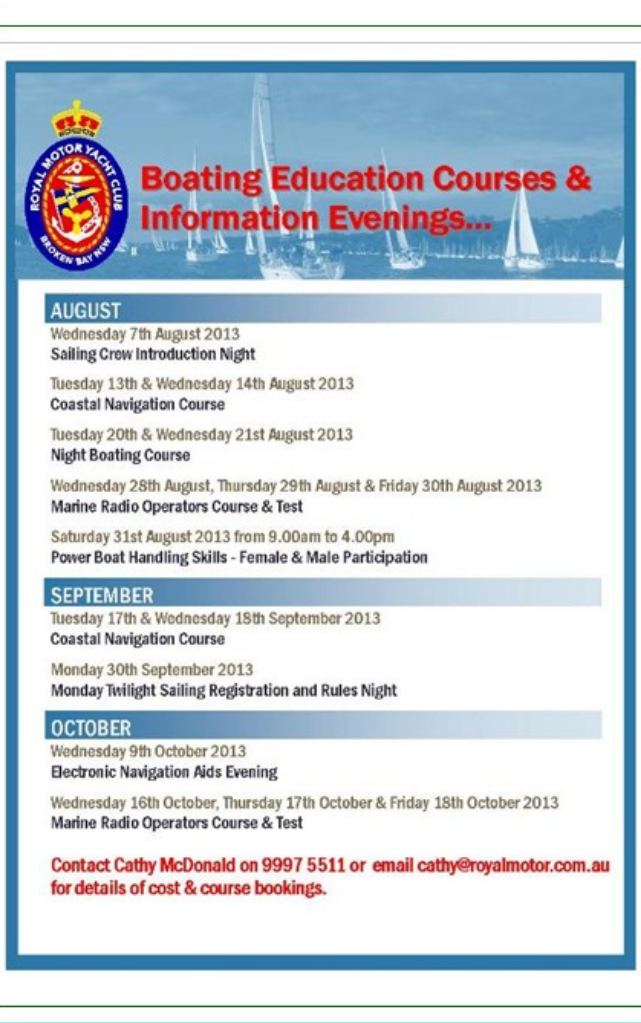
If you have always wanted to be a part of a Surf Life Saving Club or just want some more information, join us on Sunday 29 September as our clubs throw their doors open to the public.

Clubs will host a number of activities, including lifesaving demonstrations, clubhouse tours, barbecues and displays. Some will also offer people the chance to try out a range of beach activities and rescue scenarios first hand to give them a genuine feel for the challenges and excitement of surf lifesaving.

You can sign up on the spot for the upcoming season or register your interest for more information.

Clubs will generally be open from 10am-1pm, however for further information and timetables contact yourl ocal participating club.

Sydney Northern Beaches: Whale Beach, Bungan Beach, Narrabeen Beach, South Narrabeen, Dee Why, Freshwater, Queenscliff



Boating Education Courses & Information Evenings...

AUGUST
Wednesday 7th August 2013
Sailing Crew Introduction Night
Tuesday 13th & Wednesday 14th August 2013
Coastal Navigation Course
Tuesday 20th & Wednesday 21st August 2013
Night Boating Course
Wednesday 28th August, Thursday 29th August & Friday 30th August 2013
Marine Radio Operators Course & Test
Saturday 31st August 2013 from 9.00am to 4.00pm
Power Boat Handling Skills - Female & Male Participation

SEPTEMBER
Tuesday 17th & Wednesday 18th September 2013
Coastal Navigation Course
Monday 30th September 2013
Monday Twilight Sailing Registration and Rules Night

OCTOBER
Wednesday 9th October 2013
Electronic Navigation Aids Evening
Wednesday 16th October, Thursday 17th October & Friday 18th October 2013
Marine Radio Operators Course & Test

Contact Cathy McDonald on 9997 5511 or email cathy@royalmotor.com.au for details of cost & course bookings.

ACOUSTIC CARAVAN AND AVALON BEACH RSL PRESENTS
OPEN MIC
WEDNESDAY NIGHTS FROM 7.30PM
ALL ACTS WELCOME!
BANDs, DUOs, SOLOs & MORE!
Contact Russell at songsonstage@gmail.com or Raoul on 0417 692 349 to perform!
AVALONBEACHRSLCLUB
avalonrsl.com.au

Big news - we're going to focus on the mighty Hawkesbury River over the next few months with three paddles that will cover over 75kms of the prettiest part of this historic waterway.

Wind & Chop Workshop - Sunday Sept 15 (Small Group)

Never worry again about rough or unpredictable conditions. In this full day clinic, Adrian Clayton will show you how to maintain stability and stay in control when things turn nasty - strong winds, swell, waves and chop coming at you from all directions. Covers identifying risks, adapting tecchnique to conditions, new strokes, reading weather and water, rescue procedures, towing drills and more. Venue Clontarf. Tuition $160 per person. BYO boat or hire an ocean-going kayak for small extra cost.

Dora Creek on Lake Macquarie - Sunday September 22

An amazing network of creeks with lovely and interesting places to stop. Three sheltered waterways to choose from - Sandy, Stockton and Dora Creeks amidst beautiful bush and a Bellbird soundtrack. In the middle of it all - the Weetbix factory! A total of 28kms of bushland and urban scenery to choose from (not that we'll be paddling 28kms!) and a colourful history to ponder over. Easy drive from Newcastle, Gosford and only an hour along the F3 for Sydneysiders. $85pp. Easy/medium.

Cruisin' the Royal National Park - Sun September 29

A comprehensive look at our First National Park from water level. We'll paddle our way through a lush tree-scape from Audley Weir to Grays Point for a swim and a snack. A detour up a very pretty mangrove lined creek follows. Lunch, then chill out at South West Arm (Warumbul Reserver, a lovely picnic spot and beach). Then back via Lilli Pilli, Yowie and Gymea Bays and some very expensive real estate. Spectacular scenery, fascinating history - a great day! $85 per person. Easy/Medium.

Leisurely Lane Cove River – Saturday October 5

You'll be charmed by this tranquil waterway, centrally located near Sydney Harbour. It's a gentle, meandering river with tree-clad banks, impressive sandstone rock formations and a fascinating history. We'll even pass Fairyland and learn about Australia's most intriguing murder mystery! We'll explore the river from the weir at Fullers Bridge to the harbour. Compact beach for a snack and swim and a tour of St Ignatius Riverview College and their beautiful grounds. $85 per person. Easy paddle ideal for less experienced kayakers.

Bay of Islands NZ Adventure Paddle - Nov 16 to 24

With 144 islands and abundant marine and birdlife, the sub tropical Bay of Islands Marine Park north of Auckland is a kayakers dream. Stay in historic Russell, paddle Matauri Bay from its twin beaches and explore the coast of Motorua Island, the second largest in the Bay. Learn rock gardening and kayak surfing - great fun and easy to do. Our two qualified instructors will show you how. Climaxed with a full day of tall ship cruising. Led by Adrian Clayton. Amazing value at $1,998

PLAN YOUR OWN TRIP. If you have a dozen or so friends who'd like to join you on a trip we can put on a special, exclusive day for you. Any day, anywhere. Ideal for that holiday reunion with friends. Make it a morning, afternoon or full day event - or a twilight paddle and head off to a restaurant afterwards.

KAYAKING T-SHIRTS now available. Pittwater pic on the back with our theme, "The World looks better from Water Level". Wear the shirt: show everyone you are a kayaker! Small to Extra Large sizes. $25 by mail order or pick one up when you do a paddle. We can also help you with gloves, Aquashoes and Dry Bags. Get the gear and go!

PAY FOR YOUR TRIP by forwarding the participation fee as specified to the following Westpac account, with your name in the message field:

Freedom Outdoors
BSB 032 123 Account 22 32 86

No transfers, cancellations or refunds in the week leading up to a day paddle.

Paddle updates by clicking on: www.freedomoutdoors.com.au

CONVICT SYDNEY
EXHIBITION ON NOW

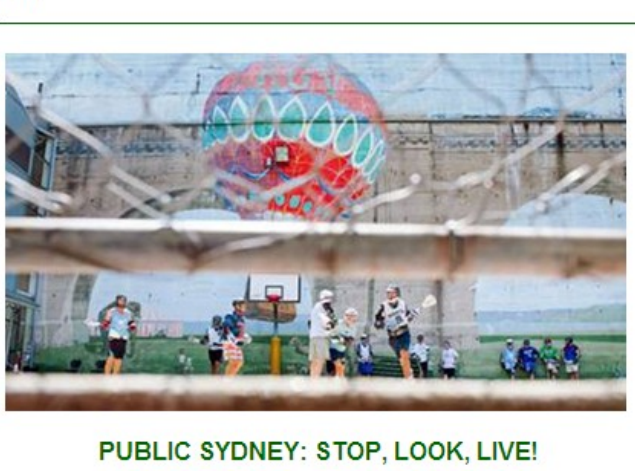
Until Thursday 31 December 2015

All kinds of crimes could get you a job on Macquarie Street ...

Explore Australia's convict history at the World Heritage-listed Hyde Park Barracks. Learn about the forced transportation of convicts, their daily lives and how they built the colony. Wander the streets of 1820s Sydney on our giant map, try on a set of leg-irons, lie in a convict hammock, **look for your relatives on the convict database**, and discover the intriguing stories of some of the 50,000 convicts who passed through the barracks doors between 1819 and 1848. Bring your kids for dress-ups and our convicts Kids' Trail.

Hyde Park Barracks is a World Heritage site. Address: Queens Square, Macquarie Street, Sydney, NSW 2000

Contact: 02 8239 2311 Admission: Adult $10, Child/Concession $5, Family $20, Members free. 10am-5pm daily.



PUBLIC SYDNEY: STOP, LOOK, LIVE!

All around you in Sydney's public spaces people are doing the most unexpected things. This exhibition celebrates the unusual stories of the city's public buildings, parks and street corners, and may answer some of your burning questions about strange things you have seen happening in our shared spaces. Explore some of our most loved sites – Bennelong Point, the Museum of Sydney, Hyde Park, Central Station and Town Hall – and see how we, the public, are shaping them. Discover what a handmade cedar coffin, a silver trowel and an ASIO surveillance picture can tell you about the remarkable history of Town Hall, or what a 2-tonne cannon has to do with the iconic Sydney Opera House. Tell us your stories – online and in the exhibition – and share the things that make you stop, look, and embrace life in your public spaces. Alongside the exhibition, this blog will explore the public spaces of Sydney,.

Sponsor: The Sydney Morning Herald
Museum of Sydney
Saturday 30 March - Sunday 8 September 2013
Address: Corner Phillip and Bridge Streets, Sydney, NSW 2000
Contact: 02 9251 5988 or for Education bookings: 8313 5612
Admission: Adult $10 | Child/Concession $5 | Family $20 | Members free |
Hours: Open daily 10am — 5pm | Closed Good Friday and Christmas Day
Photo: Playing lacrosse in The Rocks, 2012. Photograph © James Horan

Storytime for preschoolers

Held every Wednesday morning at Avalon Library 10:30am - 11am

Avalon Library Storytime is held every Wednesday morning from 10.30am at the Library. Hear stories, listen to music and enjoy craft activities. Sessions run for between 30 and 40 minutes. Suitable for preschoolers, 3 to 5 years of age. Venue: 59A Old Barrenjoey Road, Avalon (above the Recreation Centre). Cost: Free however bookings are essential. Bookings: Phone: 9918 3013 or email avalonlibrary@ozemail.com.au

Storytime at Mona Vale Library

Tuesday, Wednesday and Thursday Mornings, 10- 10.45am

Mona Vale Library Storytime is held three mornings per week during school terms. Hear stories, sing songs and enjoy craft activities. Sessions run for approximately 45 minutes. Suitable for preschoolers, 3 to 5 years of age. Venue: Mona Vale Library, 1 Park St, Mona Vale. Cost: Free. No bookings required

Pittwater RSL

AKMAL - Friday 19th July 2013

Doors open 7.30pm Show 8pm All tickets $39

BUDDY HOLLY IN CONCERT - Saturday 24th August 2013

2 Course Dinner Show. Doors open 7pm - Dinner 7.30pm - Show 8.30pm. Members - $40 Non-Members - $45 Show Only from 8pm - $25

THE SWINGING SIXTIES - Saturday 21st September 2013

The Ultimate 60's Party. Doors open 8pm - Show 8.30pm. Members - $15 Non-Members - $20

Australian National Maritime Museum

East of India – Forgotten trade with Australia
Opens 1 June
In an Australian first, this exhibition explores our colonial links with India, the power and monopoly of the English East India Company and its subsequent decline. Featuring objects from international collections including the Victoria & Albert Museum, British Museum, and the Royal Collection.
http://www.anmm.gov.au/india

Exhibition: Elysium Antarctic Visual Epic
Open until 3 November
In 2010 a team of wildlife photographers, filmmakers and scientists embarked on an expedition from the Antarctic Peninsula to South Georgia. This stunning photographic exhibition captures the expedition, life above and below the ice, and the magnificence of this great wilderness.
Related event
Talk: Michael AW, Antarctic expedition leader - 26 May
http://www.anmm.gov.au/elysium

Will Anderson at DYRSL

Will Anderson is now on sale at DYRSL. Don't miss out on a world class comedian. Will Anderson is a 3 time winner of the People's Choice Award at the Melbourne Comedy Festival.

Friday 11th October, doors open 7:30pm.

Tickets available by calling reception on 9454 4000 or online at http://www.dyrsl.com.au/Entertainment/ticketed.cfm

MWPHS - Manly Warringah Pittwater Historical Society - Established 1924

Monthly Meeting at the Berry Hall, Tramshed, Narrabeen - **September, Sat 14 2.00pm Monthly talk, by Tina Graham**

The Place of the Warringah Local Studies Unit in Local history

One of the oldest suburban historical societies in Australia, the Manly, Warringah & Pittwater Historical Society has kept the only continuous record of northern beaches achievements, local historical mementoes, documents and research. **Membership: here**

AVALON COMPUTER PALS FOR SENIORS

AVPALS is a volunteer organisation dedicated to helping seniors improve their computer skills. Started in 2000 it now has 20+ trainers and many hundreds of students. At a really low cost (about $30 a school term) they can provide one to one training on most matters connected with computing. From the smallest problem (how to hold the mouse!) to much more serious matters, there is a trainer who can help. The training rooms are under the Catholic Church in Avalon and training is conducted Monday to Friday from 9am to 4pm. For more information visit AVPALS web site www.avpals.com or or phone 02 8064 3574

MAHJONG - AVALON ACTIVE SENIORS GROUP

Avalon Active Seniors Group Invites experienced Mahjong players to join a new group. Thursdays 1-3pm: $2.00 per session at Avalon Recreation Centre. Phone Julie: 0403 820 261.

Barrenjoey Lighthouse Tours

Every Sunday, throughout the day, from 11am to 3pm. Tours take approx 30 mins. Phone 9472 9300 on the day to check tours are going ahead. Meeting place: Meet at the top (steep and hard 20-minute walk on uneven ground) at the keeper's cottage. Cost: $5 adults, $2 children.

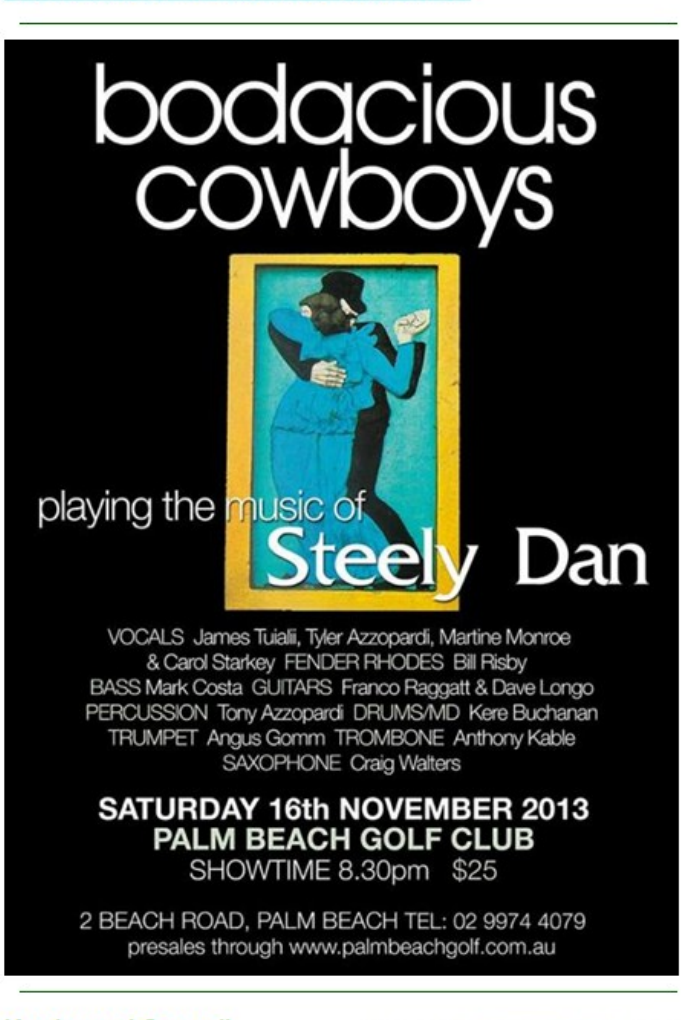
Manly Art Gallery & Museum
MANLY ARTS FESTIVAL

2013
OKTOBERFEST
GET OUT YOUR LEDERHOSENS AND DIRNDLS!!
SATURDAY 19TH
SUNDAY 20TH
OCTOBER
1 LITRE & HALF LITRE
STEINS
LIVE POLKA
BAND
DELICIOUS
FOOD
AVALONBEACHRSLCLUB avalonrsl.com.au

Sydney Living Museums

Pickpockets and pirates, confidence tricksters and conspirators, rebels and rascals, the Hyde Park Barracks had them all... You can meet these larger-than-life characters in a new touch-screen interactive at the Hyde Park Barracks Museum. Lags & Swells paints a picture of a motley crew of convicts hailing from all walks of life among the British colonies. Head here to find out more:

www.hht.net.au/about/news/lags_and_swells



bodacious cowboys
playing the music of Steely Dan
VOCALS James Tuiali, Tyler Azzopardi, Martine Monroe & Carol Starkey FENDER RHODES Bill Risby
BASS Mark Costa GUITARS Franco Raggatt & Dave Longo
PERCUSSION Tony Azzopardi DRUMS/MD Kere Buchanan
TRUMPET Angus Gomm TROMBONE Anthony Kable
SAXOPHONE Craig Walters
SATURDAY 16th NOVEMBER 2013
PALM BEACH GOLF CLUB
SHOWTIME 8.30pm $25
2 BEACH ROAD, PALM BEACH TEL: 02 9974 4079
presales through www.palmbeachgolf.com.au

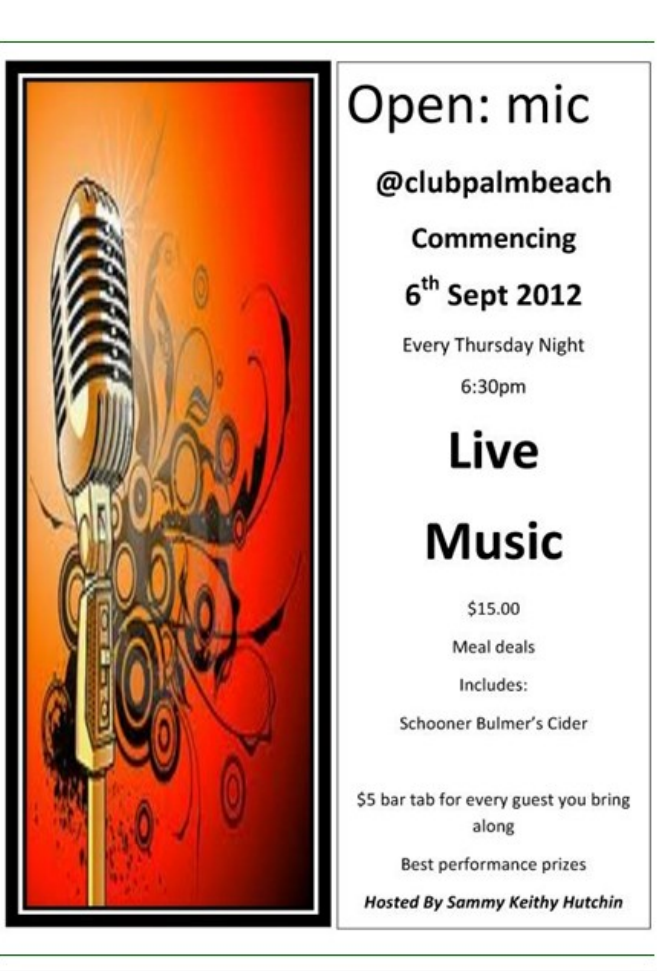
Ku-ring-gai Council

Get excited - Daryl Braithwaite is coming to Ku-ring-gai!

The Twilight Concert in the Park Series returns with Aussie favourite Daryl Braithwaite set to perform all his greatest hits **at Wahroonga Park on Saturday 14 September**.

For more details See: www.kmc.nsw.gov.au/twilight

Twelve Foot Ninja
Mona Vale Hotel
Saturday 21st of September
tickets via oztix.com.au



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Every Thursday Night
6:30pm
Live
Music
$15.00
Meal deals
Includes:
Schooner Bulmer's Cider
$5 bar tab for every guest you bring along
Best performance prizes
Hosted By Sammy Keithy Hutchin

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NEWPORT
THURSDAYS AT
Farrell's Basement
7:30 - 11:30
$5 BEERS
$8 COCKTAILS
$5 SHOTS
$5 HOUSE WINE
Farrell's Basement
370 BARRENJOEY ROAD NEWPORT · OPEN 5 DAYS · 4 TILL LATE

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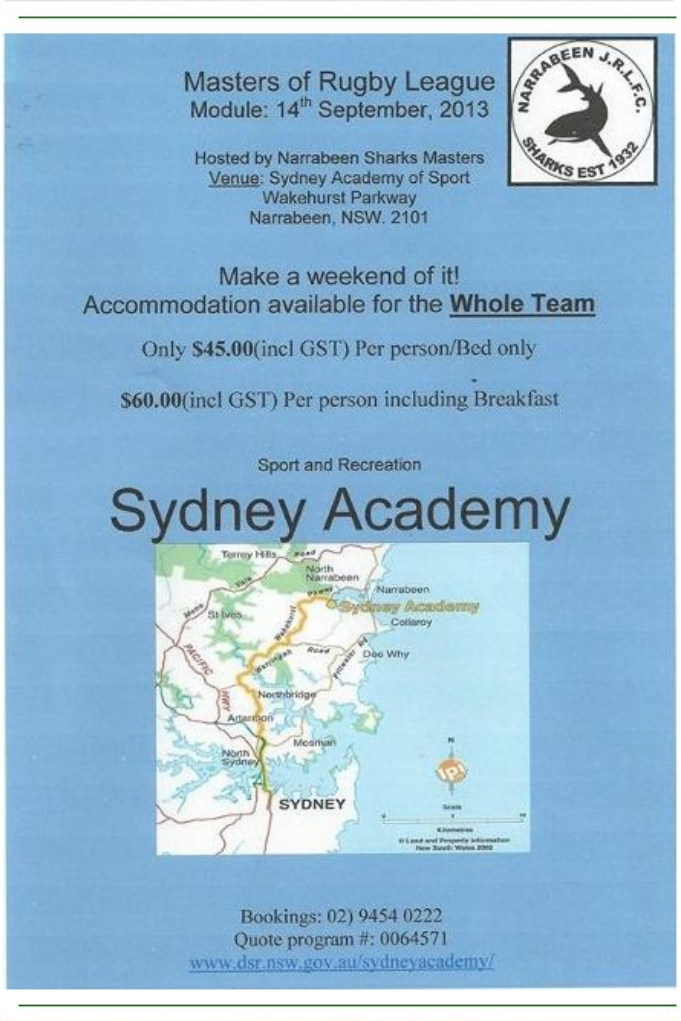
$30,000 GUARANTEED MINIMUM
CHALLENGE
SATURDAY 12TH & 13TH OCTOBER 2013
Proudly Supported by PokerShop.com.au
Qualify by Pittwater Poker OR $150 Buy In!
- 20K Stack
- 30 Minute Blinds
- 1 x $100 Life Line
- Saturday/Sunday
- 10am Rego
- 11am Start

2 Day Event
No limit Texas Hold'em Poker!
Held at Pittwater RSL - 82 Mona Vale Road Mona Vale



Masters of Rugby League
Module: 14th September, 2013

Hosted by Narrabeen Sharks Masters
Venue: Sydney Academy of Sport
Wakehurst Parkway
Narrabeen, NSW. 2101

Make a weekend of it!
Accommodation available for the **Whole Team**

Only **$45.00**(incl GST) Per person/Bed only

$60.00(incl GST) Per person including Breakfast

Sport and Recreation
Sydney Academy

Bookings: 02) 9454 0222
Quote program #: 0064571
www.dsr.nsw.gov.au/sydneyacademy/

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TUESDAY 05 NOVEMBER
$55 PER HEAD INCLUDES A GLASS OF SPARKLING OR BEER ON ARRIVAL, 2 COURSE SET MENU AND LIVE ENTERTAINMENT POST RACE
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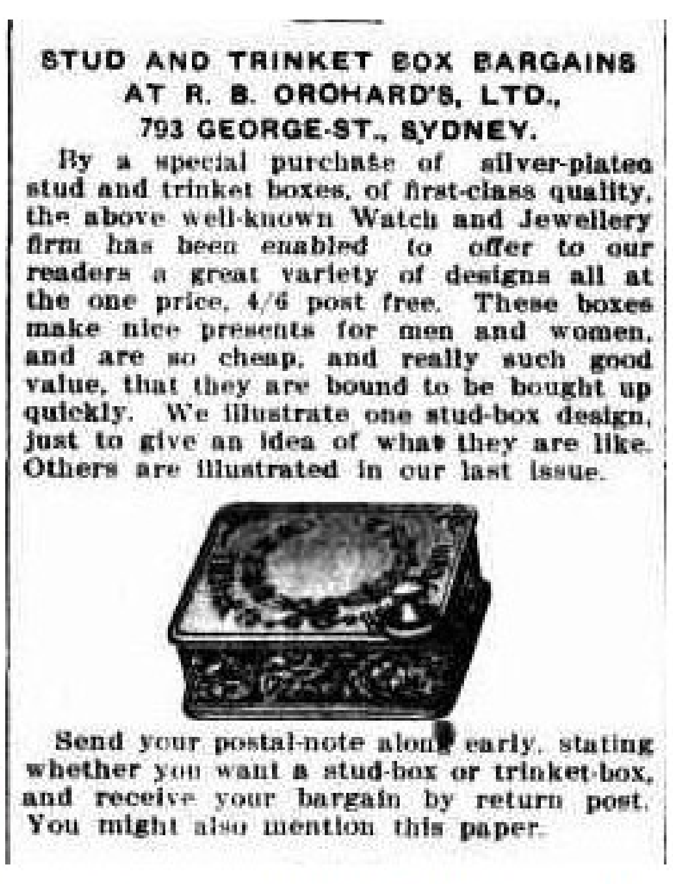
Pittwater Online News

September 15 - 21, 2013: Issue 128

Trinket boxes

Right: STUD AND TRINKET BOX BARGAINS AT R. B. ORCHARD'S, LTD., 793 GEORGE-ST., SYDNEY. **(1913, July 17)**. Watchman(Sydney, NSW : 1902 - 1926), p. 2. Retrieved from http://nla.gov.au/nla.news-article112379476

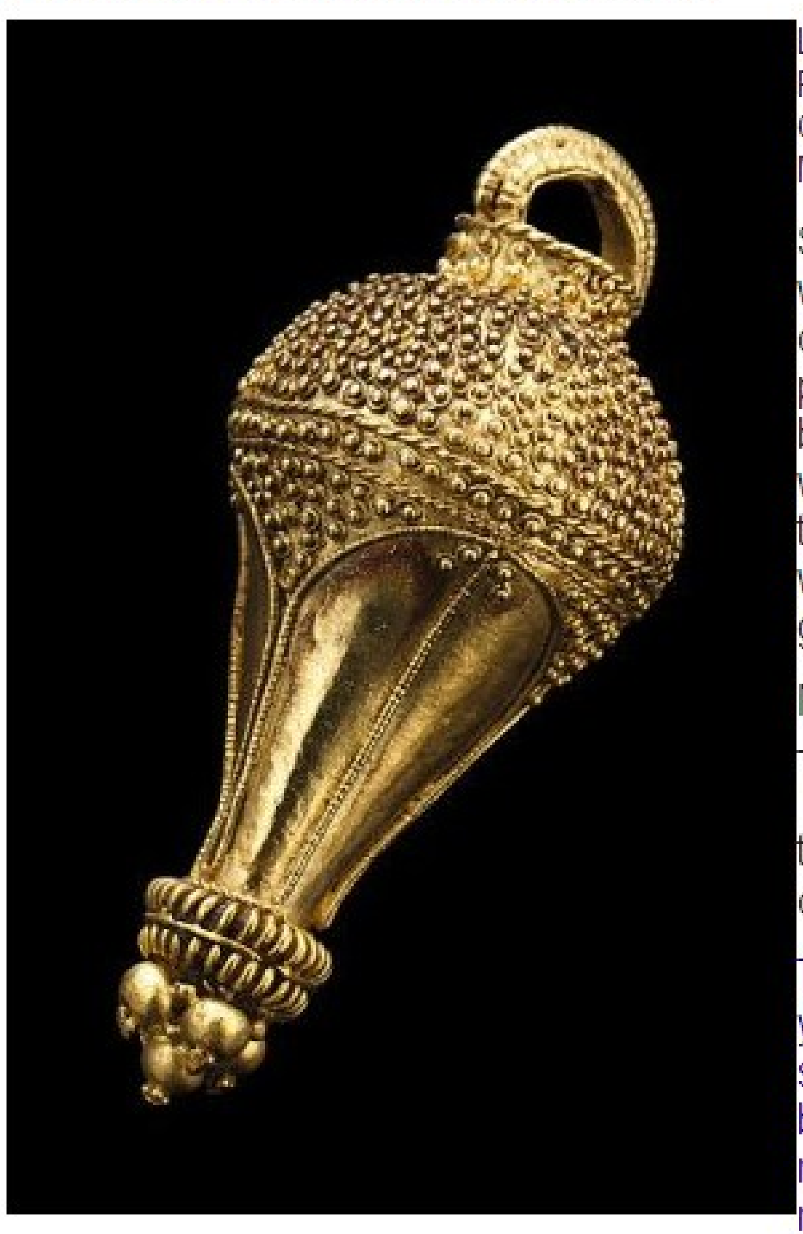


STUD AND TRINKET BOX BARGAINS
AT R. B. ORCHARD'S, LTD.,
793 GEORGE-ST., SYDNEY.

By a special purchase of silver-plated stud and trinket boxes, of first-class quality, the above well-known Watch and Jewellery firm has been enabled to offer to our readers a great variety of designs all at the one price, 4/6 post free. These boxes make nice presents for men and women, and are so cheap, and really such good value, that they are bound to be bought up quickly. We illustrate one stud-box design, just to give an idea of what they are like. Others are illustrated in our last issue.

Send your postal-note along early, stating whether you want a stud-box or trinket-box, and receive your bargain by return post. You might also mention this paper.

Trinkets and trinket boxes have been around for almost two thousand years. Until medieval times not many records exist on these beautifully ornate storage devices but now they are part of the vast items collectors collect. From the 17th century onwards the production of trinket boxes has escalated and two forms of these, Fabergé eggs and the Limoges Box, as these were manufactured by the King's own kilns, became a rage with nobility.



Left: A Trinket Berlock from the graveyard Darzau, near Quarstedt, Parish Neu Darchau, Landkreis Lüchow-Dannenberg, Lower-Saxony, Germany. Dating around 125 AD. Image courtesy Archaeological Museum Hamburg, Germany

Settlers in Australia brought these delicate small boxes with them or made them, women in particular finding an outlet for their craft orientated talents as well as a means of providing themselves with an income. The Victorian era brought a whole new dimension to trinket boxes – some would say quite literally as small figurines like children and animals were added to the tops of the boxes. The figures were painted with careful detail in the traditional Victorian hues of bright white and soft pastels. The trinket boxes continue to be a popular collectible today, although the gilded mirrors have fallen out of many of the designs from use.

Made from metals, porcelain, cloth and decorated with tiny gathered shells, discarded gumnuts – you are limited only by your imagination should you choose to make your own. The word '*trinket*' defines "a small showy ornament, such as a jewel or a ring, or something that is a mere trifle." From Old English t*renket* ("a sort of knife, hence, probably, a toy knife worn as an ornament"); probably from an Old French dialectic form of *trenchier* ("to cut").

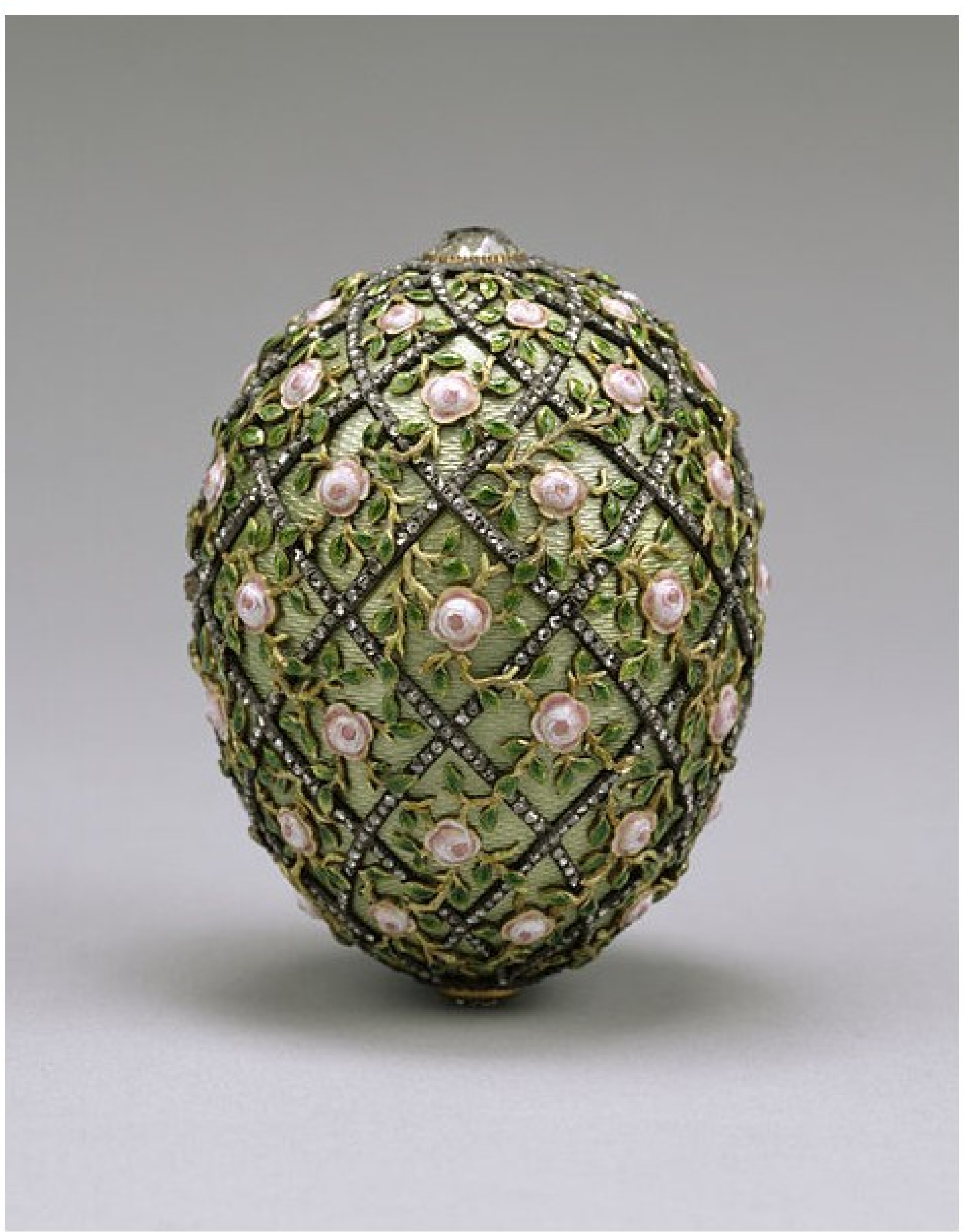
TRINKET BOXES. Clever Fingers Can Make Gifts That Find Ready Sale. At this season of tho year we begin to think of gift-making either for our friends or for bazaars or sales of work, and a surprising number of little gifts can be mado for very little cost, some of tho daintiest little trinket boxes Imaginable were on show at a recent bazaar, and the work is as easy as possible. For round boxes three circles of linen half an inch greater than the diameter of tho box will be required. A strip of linen, half an Inch deeper than tho box, some stranded cotton and cord or gallon. On one circle of linen work a cross-stitch design. A scrap of Penelope canvas a little larger than the design can be used. The cross-stitch is worked over the canvas, pulling the threads away afterwards. Pad the lid of the box with a thin layer of wool, anther round the edge of the embroidered circle, place it over the lid and gather the drawing thread tightly. Fold In the edge of plain circle of linen and slip-stitch it to the underside of tho lid. Turn up a narrow hem around the base circle and join the selvedge of the strip to it. Fold down tho opposite edge so that the strip fits the box in depth; join so that it fits tho box tightly. A hinge for any box can be made by sewing a short piece of cord or braid over the seam at the back and on to the lid. TRINKET BOXES. (**1930, October 4**). *The Farmer and Settler*(NSW : 1906 - 1957), p. 16. Retrieved from http://nla.gov.au/nla.news-article117514354

TRINKET BOXES. CLEVER WORK. It is some years ago since it was first discovered that a biscuit tin, covered with cretonne, made a useful trinket box, but now there is quite a demand for them. The boxes are of all sizes, both round and square, and the material is usually pasted on to the tin. The original idea has developed so much that now special tins are made for the purpose, as are wooden boxes, and even Easter eggs are being covered with cretonne or printed sateen this year. Any ordinary tin. which has contained biscuits can be converted into .a fashionable little box at home without much trouble. Cretonne with a bright pattern is the favored material, very little being required. Most of these tins have loose lids, but hinges can be made by carrying the material over the lid. This method, however, is not very satisfactory in use, and it will be found preferable- to be contented with the loose lid. There is usually a double row of braided trimmings at the edges, frequently of tinsel, which adds to the appearance of the box. TRINKET BOXES. (**1928, March 29**). *Cairns Post* (Qld. : 1909 - 1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article40615712

VICTORIAN TREASURES. Forthcoming Melbourne Exhibition. 'BRINGING with them Early Victorian' treasures for exhibition in Melbourne shortly in connexion with the centenary celebrations. Misses E. and A. Stawell. The daughters of Sir Richard and Lady Stawell, of Melbourne, passed through Fremantle on the *Ormonde* yesterday. In an interview, Miss E. Stawell said that she and her sister had been asked by the Victoria League (which was arranging the exhibition) to act as escorts to the treasures, which had been selected by the league's secretary in London (Miss Drayton). **Most of the treasures were on loan from Buckingham Palace and from the collections of Lady Forster and Lady Jersey. They were mostly small things, such as lockets, miniatures, trinket boxes, Victorian prints**, and so on, and had been heavily insured. They were being brought to Australia through the courtesy of the Orient Company and were safely locked in the Captain's cabin. It was understood that one of the exhibits from Buckingham Palace — a framed panel of needlework representing Queen Victoria's pets — would be presented by Queen Mary to the City of Melbourne. During their absence in England, the Misses Stawell have travelled considerably on the Continent, Miss A. Stawell studying fabric designing and stained glass windows, while her sister . studied French and German. Their mother, Lady Stawell, is president of the Melbourne Centenary Hospitality Committee. Misses E. and A. Stawell. WOMAN'S REALM. (**1934, September 19**). The West Australian(Perth, WA : 1879 - 1954), p. 4. Retrieved from http://nla.gov.au/nla.news-article32957071

A Fabergé egg (Russian: *yaytsa faberzhe*) is one of a limited number of jeweled eggs created byPeter Carl Fabergé and his company from 1885 to 1917. The most famous of the eggs are the ones made for the Russian Tsars Alexander III and Nicholas II as Easter gifts for their wives and mothers, often called the 'Imperial' Fabergé eggs. About 50 eggs were made, and 42 have survived. Another two were planned for Easter 1918, but because of the Russian Revolution were not delivered.

After the Revoluton, the Fabergé family left Russia (see House of Fabergé). The Fabergé trademark has been sold several times since, and several companies have retailed egg-related merchandise using the Fabergé name. The trademark is now owned by Fabergé Limited, which makes egg-themed jewellery.



Right: *Rose Trellis Egg*: On April 22, 1907, Tsar Nicholas II presented this egg to his wife, Alexandra Fedorovna, to commemorate the birth of the tsarevich, Alexei Nicholaievich, three years earlier. Because of the Russo-Japanese War in 1904, no Imperial Easter eggs had been produced for two years. The egg contained as a surprise a diamond necklace and an ivory miniature portrait of the tsarevich framed in diamonds (now lost). Fabergé's invoice, dated April 21, 1907, listed the egg at 8,300 rubles.

Fabergé egg. (2013, September 8). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Faberg%C3%A9_egg&oldid=572021711

The Limoges Box is a small hinged porcelain trinket box produced by Limoges factories near the city of Limoges, France that are collected worldwide made of a specialized porcelain made of a clay called Kaolin that is only found in the Limousin Region of France. The Limoges Porcelain Box was first created in the mid-1700s during the time that Jacques Turgot, Finance Minister of King Louis XVI, gave a Royal edict to the city of Limoges, France the exclusive title to produce Royal Limoges Porcelain for the Kingdom of France. The first Limoges trinket boxes were long narrow containers that were created for scarce and expensive needles. From here, other shapes of limoges porcelain boxes evolved. The earliest were those that held thimbles and embroidery scissors and then round flat Limoges boxes were formed and used as powder boxes, and/or snuff boxes.

PORCELAINE ARTISTIQUE
F.M
LIMOGES
FRANCE

Exactly when and who made the first porcelain Limoges snuffbox is up for debate. There were soft paste Faience snuffboxes that were produced sometime around 1730. These antique snuffboxes can't either be identified by back stamp marks, for none were put on them. There were though four big factories that made the original Limoges snuff boxes at the time, Chantilly (1725–1800), Saint Cloud(1677–1766), Mennecy(1734–73), and Vincennes (1740–56), which became Royal Sèvres(1756–present), though often independent artists of the time would commonly create them with no signature or marking.

Snuff eventually went out of fashion around time of the French Revolution but putting pills in Limoges Boxes came forth again in the 1840s as the aristocracyonce again began to use these as wardrove assemblage. During the Victorian era the Limoges boxes lost popularity again until the 1970s when people began to carry their pills in the limoges porcelain figurine boxes. In the 20th century they became popularly used as pillboxes and decorative figurines.

The creation of the Limoges Porcelain Box is an arduous and time intensive process of creating a master mold, detail painting by hand of color and design, performing multiple firings and glazing upon the porcelain mold, and a final touch of a metal hinge for opening and closing. The Painting of the Limoges porcelain in the Limoges box industry are accomplished by small handed French artisans, as experts at the fine brush strokes required for such detailed work. After painting, there are multiple firings. The final firing at a temperature of 1400C is unique to Limoges, giving them a very fine pure and strong white finish. The final touch to a Limoges Box is the metal hinged mountings that are meticulously fitted to the finished box. The entire work process is made by hand, so small variations are the norm, thus making each piece really unique. Each model is often made in very limited numbers, & signed by the Artists or the Atelier.

Limoges Box. (2013, August 15). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Limoges_Box&oldid=568661062

Ranging in price from a mere five dollars up to several hundreds of dollars for antique pieces, as with all collecting items, trademarks should be scrutinised and only reputable dealers purchased from. Either way, whether you are gentleman interested in the provenance of these delightful items and the history associated with them, or an aunt looking for something delightful for a little niece, to begin or add to a trinket box collection is to share something small and delightful that you won't need a whole garage to house.

Limoges vintage egg trinket box.

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