September 1- 7, 2013: Issue 126

Inclusive 'Integrated disAbled Sailing' Program to be launched at the RPAYC

Islands Race will take in Pittwater's two major landmarks, Scotland and Lion Island.

Inclusive 'Integrated disAbled Sailing' Program to be launched at the RPAYC

Pittwater's The Royal Prince Alfred Yacht Club has announced its biggest annual fundraising event to commence on the weekend of 28 and 29 September.

The Link Healthcare Islands weekend will become the Royal Prince Alfred Yacht Club's annual fundraising event. LINK Healthcare is the major sponsor of the Islands Race and is collaborating with RPAYC on the launch of the new "Integrated disAbled Sailing" (IdS) program, destined to be a landmark initiative for the sport.

IdS is a new initiative that gives sailors of ALL ages and abilities the opportunity to participate in the Club's sailing activities. The program will promote and support inclusivity for all keen sailors, by integrating sailors with disability in the regular RPAYC racing fleets as well as providing support for the not for profit, volunteer based Sailability organisation.

RPAYC members and their guests will raise funds for Integrated disAbled Sailing (IdS).

On Saturday 28 September there will be sponsored Sports Boats / One Design Sprint Racing with members, guests and visitors from other clubs welcome to participate and/or sponsor one of the boats.

In the evening, Link Healthcare will host the Islands Celebrity Gala Dinner and the RPAYC will officially launch "Integrated Disabled Sailing" with IdS ambassadors, London Paralympic Gold medalists Dan Fitzgibbon and Liesl Tesch as special guest speakers. Dan and Liesl will be announcing exciting plans for new sailing challenges at RPAYC, and beyond.

"This is such an exciting program by the RPAYC, unique in Australia. Instead of creating a separated sailing program for disabled people, our goal is to integrate disabled sailors into the mainstream sailing activities at the club. I know after I came back from the 2012 London Paralympic Games I thought "what now". This program will create a pathway for disabled people to enjoy sailing with everybody else and also have a social outlet. It's about just being another sailor, not a disabled sailor. The RPAYC should be applauded for this initiative," commented Fitzgibbon.

Host and Master of Ceremonies will be Vince Sorrenti, one of Australia's most loved and in demand comedians. Vince has been awarded the coveted MO Award for Australia's best stand-up comic five times. Renowned singer/songwriter Kate Lush and the Bliss Trio, will entertain guests with their soulful rhythm and blues. A complimentary welcome drink will be served followed by a 3 course dinner prepared by Chef Steve Proctor, accompanied by selected quality wines. There will be a silent auction and raffles to raise funds for the IdS program throughout the evening.

The Islands Race (and navigational challenge for cruising boats) will commence with a handicap start at 10am on Sunday after a skipper / crew briefing and BIG breakfast. The race will take in the two major landmarks in Pittwater, Scotland and Lion Islands. Festivities will continue back at the club, when the boats return no later than 1pm, with an "Islands Feast", entertainment and presentations. The focus will be on fun, family, friends and fundraising. All visitors are welcome to participate in the race and the onshore festivities.
The Notice of Race will be available very soon. Members and visitors are invited to enter the race via the club website. Bookings for the Islands dinner can be made with reception or online. Visit www.rpayc.com.au/ids for more details.

If you would like to donate an auction item or raffle prize to the Islands Dinner or Islands Race to assist in raising funds for IdS please feel free to contact the club on (02) 9998 3700 or Rear Commodore Activities Norman Weaver at nweaver@dataweave.com.au.

By Damian Devine Marketing & Publicity Manager, RPAYC

About IdS
Integrated disAbled Sailing is an initiative of the Royal Prince Alfred Yacht Club which integrates sailors of all abilities. Funds raised are to purchase, modify and maintain a keel boat which can be sailed in the Club's regular racing program by sailors of all abilities. Funds will also be raised to assist sailors with a disability to further their competitive abilities in the sport and attend competitions while also providing financial and continued in-kind support to Sailability.

About Sailability
Sailability originated in the UK and has over 350 Sailability clubs including many in Australia. Sailability is a "not for profit", volunteer-based organisation which, through the activity of sailing, enriches the lives of people with any type of disability, the elderly, the financially and socially disadvantaged.

Pittwater's The Royal Prince Alfred Yacht Club has long been a supporter of Sailability by offering storage and facilities for the local Pittwater Sailability Group. This initiative has been ramped up with a specific commitment by the RPAYC Board of Directors, Rear Commodores and members, reaffirming a commitment and support for sailors with disAbilities helping them participate in club life. This includes ongoing facility upgrades as well as general sail training and high performance development leading up to Paralympics and other events.

About Link Healthcare
LINK Healthcare is a privately owned Australian-based specialist Pharmaceutical and Medical Technology business. LINK's mission is to strive for excellence in the marketing of a vitally important and unique range of specialist products that enhance the well-being of thousands of people in the region.

IdS ambassadors, London Paralympic gold medalists Dan Fitzgibbon & Liesl Tesch celebrate their win - photo onEdition

Everyone is welcome to participate in the Islands Race where the focus is on family, friends and fun - photo by Damian Devine.

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Pittwater Online News

September 1- 7, 2013: Issue 126

Articles This Week:

Front Page Issue 126 - Inclusive 'Integrated disAbled Sailing' Program to be launched at the RPAYC

First Naval Exercises by New South Wales Colonial Ships –The Wolverene at Broken Bay - **It may not surprise many of you that the first ever Naval Exercises carried out by colonial vessels began from Broken Bay – where else?** In the lead up to the International Fleet Review in Sydney Harbour, October 3-11 2013, celebrating the entry of our own Royal Australian Navy fleet into Sydney Harbour 100 years ago, we will share a few articles on the lead up events to this original great day for New South Wales and Australia. First though - Colonial Naval Ships Exercises; **1885...**

112th National Australian Flag Day this Tuesday, 3rd of September - **for Students + those on a Lifelong learning path**

Pictures: Spring has Sprung - the air is sweet with all blooming, getting air at Avalon, and everywhere in Pittwater, brings wavelike clouds of delight!

DIY Hints: **Fathers Day – DIY Gift List** - Johnson Brothers have some great Father's Day gift ideas for September 1st and we also have some craft ideas for mum and the children to do together

Artist of the Month for September 2013: **Meredith Scott** -Beautiful mosaics elevate new, found and recycled materials into glorious works of art - if art is a font then Meredith, one of our premier Pittwater artists, epitomises how boundless the ancient traditions of mosaics still are - what a great way to celebrate the first day of Spring!

All Previous Articles

Profile: September 2013 - Pittwater Spring Ladies - Meredith Scott - Beautiful mosaics elevate new, found and recycled materials into glorious works of art - if art is a font then Meredith, one of our premier Pittwater artists, epitomises how boundless the ancient traditions of mosaics still are- what a great way to celebrate the first day of Spring!

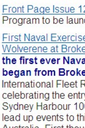
Previous Profiles:

Barton Lynch Shane Withington Commodore Sloper Herminie Swainston Teresa Cutter Joanne Brigden-Jones Tamara Sloper Harding Katie Spithill Chris Salisbury Doug Crane Henry MacPhillamy Aim for the Stars Foundation Broken Bay Marine Rescue Pittwater Environmental Foundation Rotary Club of Pittwater Sophie Havthornthwaite Joan Fisher Mark Ferguson Veteran Carolyn McKay Christine Hopton Ian White Jack Elsegood Robert Grace Colin Casey Bob Waterer The Surfers Group The Palm Beach Yacht Club Pittwater Natural Heritage Association Pittwater Friends of Scibada Pam Bayfield Denise Casey Lynda Hill Belinda Grundy Paul Christie Neil Evers Andrew Holder Ian Curlewis Lange Theory Phil Colman-Peter Mitchell and Exploring tidal waters on Australia's temperate coast Geoff Clarke Palm Beach Sailing Club The Populaters Pittwater Camera Club Dragonfly Environmental Pittwater Community Hub Pittwater Community Arts Hayley Turner Samantha Shaw Danielle DuBois Mumpreneurs Neil Johnston Simon Hyland Paul Wheeler Ian McGiffen Brian Friend Pittwater Council Zonta Club of Northern Beaches Sydney Northern Beaches Symphonic Wind Ensemble Bel Loon Dragon Boat Club Margaret Molloy OAM Patricia Giles OAM Doreen Cherry Cindy Goode Milman Stephen Marr Bob Hamilton Simon Abbott Peter Rumble Graham Spong Sailability Pittwater Mona Vale Hospital Auxiliary Avalon Active Seniors Group Northern Beaches Orchestra Sonia Elwood June Lahm Valerie Vickers Karen Draddy Betty King David Hanley Les Ball Paul Webb Malo Legardinier E G Constructions Integrity Candles Monatones The Narrabeen Lakes Ladies Probus Club Inc. Nina Curtis Robyn McWilliam Gretel Pinniger Ted Blackall Edwin Barnard Doug Elliott Anthony Patrick Chandler Walter 'Wal' Wardle Avalon Beach RSL Fishing Club Avalon Voices Surfing Mums Inc. Northern Beaches Social Riders Stephanie Brown Judith Bennett Gemma Rasdall Gwynneth Ross Peter Vernils Tom Gilbert Tony Carr Gwenyth Sneesby Bobbie Squire Philip Bond Save Mona Vale Hospital Committee Southern Cross Wildlife Care Wingala Lapidary Club Surfers Against Suicide Tracy Ponich Katerina Cosgrove Christina Stewart Mermaids of Palm Beach Rob Romer Bert King OAM John L Gordon Jackson Davies Mona Vale Mountain cub Scouts Sydney Wildlife Henry John Chisholm Easy Transport Manly - Warringah - Pittwater John and Bob Johnson - The Johnson Brothers

History: September 2013 -Surf Life Saving Clubs of Pittwater- North Narrabeen SLSC – saving people since 1911

Previous History Pages:

Marie Byles Lucy Gullett Kookoomgiligai Frank Hurley Archpriest JJ Therry Sir Patrick Gordon Taylor Bowen Bungaree W. Bradley 1788 Journal Midmeloe Loggan Rock Cabin La Corniche La Corniche II Lion Island Bungan Beach Botham Beach Scarred Trees Castles in the Sand Dame Nellie Melba lunches at Bilgola Spring, 1914 First to Fly in Australia at North Narrabeen Mona Vale Golf Club's Annual Balls Governor Phillip camps on Resolute Beach Ruth Bedford Jean Curlewis Mollie Horseman Charlotte Boutin May Moore Neville W Cayley Leon Houreux Frederick Wymark Sir Adrian Curlewis Bilgola Heron Cove Mullet Creek Shark Point Woodyer's Cottage A Tent at The Basin Collin's Retreat-Bay View House-Scott's Hotel Bilgola Cottage and House The First Pittwater Regatta Women Cricketers Picnic Filmed In Pittwater Governor Phillip's Barrenjoey Cairn Waradiel Season The Church at Church Point Governor Phillip's Exploration of Broken Bay, 2 – 9 March 1788 Petroglyths - Aboriginal Rock Art on the Northern Beaches Avalon Headland Landmarks Steamers Part I Pittwater Aquatic Club Part I Woody Point Yacht Club Royal Motor Yacht Club Part I Dorothea Mackellar Elaine Haxton Neva Carr Glynn Margaret Mulvey Jean Mary Daly Walter Oswald Watt Wilfrid Kingsford Smith John William Cherry George Scotty Allan McCarrs Creek Narrabeen Creek Careel Creek Currawong Beach Creek Bushrangers at Pittwater Smuggling at Broken Bay An Illicit Still at McCarr's Creek The Murder of David Foley Mona Vale Outrages Avalon Camping Ground Bayview Koala Sanctuary Ingleside Powder Works Palm Beach Golf Course Avalon Sailing Club Mona Vale Surf Life Saving Club Palm Beach SLSC Part I - The Sheds Warriewood SLSC Whale Beach SLSC Flagstaff Hill Mount Loftus Pil Hil Sheep Station Hill S.S. Florrie S.S. Phoenix and General Gordon Paddlewheeler MV Reliance The Elvina Florida House Careel House Ocean House and Billabong Melrose-The Green Frog The Small Yacht Cruising Club of Pittwater Canoe and I Go With The Mosquito Fleet - 1896 Pittwater Regattas Part I - Dates and Flagships to 1950 Shark Incidents In Pittwater The Kalori Church Point Wharf Bayview Wharf Newport Wharf Palm Beach Jetty - Gow's Wharf Max Watt Sir Francis Anderson Mark Foy John Roche Albert Verrills Broken Bay Customs Station At Barrenjoey Broken Bay Water Police Broken Bay Marine Rescue - Volunteer Coastal Patrol Pittwater Fire-Boats Prospector Powder Hulk at Towler's Bay Naval Visits to Pittwater 1788-1952 Pittwater's Torpedo Wharf and Range Naval Sea Cadets in Pittwater S.S. Charlotte Fenwick S.S. Erringhi P.S. Namoi S.Y. Ena I, II and III Barrenjoey Headland - The Lessees Barrenjoey Lighthouse - The Construction Barrenjoey Broken Bay Shipwrecks Up To 1900 Barrenjoey Light Keepers Douglas Adrian Ross Newport SLSC 1909 - 1938 Part I Overview



Park Bench Philosopher: Father's Day 2013 - What Makes a Dad, and Only a Dad + Father by Edgar Albert Guest

News From Our Inbox: Men in the Baby Food Section, Boys Suffer from Their Fathers' Long Working Hours, New Approach to Celiac Testing Identifies More at Risk, Existence of New Element Confirmed, Scrooge Landlord, Scientists Detect Magmatic Water On Moon's Surface, How to Not Transport A Statue, European Hunter-Gatherers Owned Pigs as Early as 4600 BC, New 3-D Earth Model More Accurately Pinpoints Source of Earthquakes, Explosions, Latest Men's Fashions - Tested !, Health papers published this week: Researchers Find Essential Brain Circuit in Visual Development, Potential Molecular Defense Against Huntington's Disease, Strongest Clues to Date for Causes of Schizophrenia, Why Do Haters Have to Hate? Newly Identified Personality Trait Holds Clues; Investigational Oral Regimen for Hepatitis C Shows Promise; New Surgical Tool May Help Sleep Apnea Sufferers; Three Subtypes of Gastric Cancer Suggest Different Treatment Approaches; The Stress and Cancer Link: 'Master-Switch' Stress Gene Enables Cancer's Spread

Events: NEW GALLERY OPENING IN AVALON Today, Fathers Day 2013, Spring Fairs and Fetes, Ripples Fundraiser at Whaley, Art, Music, PAddling, Walking, Nightstalks of Marsupials, Eat Great food while listening to Denise Drysdale. Australia ll 30th Anniversary, ADHD Support Group, Katandra Season, Buddy Holly Evening and OPEN DAY at Pittwater RSL, Lime Cordial All Ages Gig at Manly, Art In Odd Places, ASGMWP September Meeting, BOBBY SOX AT PALM BEACH GC, AFTS 2013 Fundraiser, AvPals Term 3 2013, Pittwater Camera Club, FoNLC Activities: **if it's happening here it's probably listed HERE. Also See Seniors, Children's and Youth pages for age specific Events, Courses**

Collector's Corner: Metters – Australian Stoves, Windmills, Baths and more

There is a good stove
And a better stove,
But the best stove
Is a Metters stove

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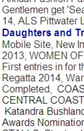
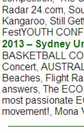


Community News: Chelsea Lane Gallery OPENING TODAY, Wearing of Lifejackets by Rock Fishers, America's Youth Cup Starts US Time 1.9.2013, **Beeby Park Update - Notice of Motion Read,** Legacy Week 2013, **Bushcare near the Irrawong Waterfall ow on Saturdays,** Baby Season for our Native Wildlife - Threatened Species Day (Sept 7), Spring Has Most Definitely Sprung!, New seats are the best in the class , Blue September, MVH Auxiliary Annual Fashion Parade, Avalon Beach RSL Fishing Club Gentlemen get 'Seaf' of Approval, Surf Life Saving Nippers 2013-14, ALS Pittwater Lifeguards Gearing Up For New Season, **Flying Daughters and Tree Stories,** Fires Near Me Mobile Apps and Mobile Site, New Improved BeachSafe APP, Avalon School Fete - 2013, WOMEN OF SOUL Dinner Show, Adult Learners' Week, First entries in for the 33rd Club Marine Pittwater & Coffs Harbour Regatta 2014, Warriewood Sewerage Plant Upgrade Completed, COASTAL AMBASSADORS PROGRAM VISITS CENTRAL COAST, Volunteers Sought for Bushcare Blitz, Katandra Bushland Sanctuary 2013 Season, Human Rights Awards Nominations, MONA VALE HOSPITAL AUXILIARY STALLS, Stepthember 2013, Avalon Sailing Club 75th Anniversary, Our Councils Notices and more

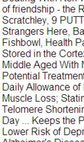
Environment: Wildiaries - National Landscape Series Launched!, Volunteers Sought for Bushcare Blitz, COASTAL AMBASSADORS PROGRAM VISITS CENTRAL COAST, Relating Animals to Humans Could Help Conservation Projects, Fukushima Radioactive Plume to Reach US in 3 Years - Little Australian Tide of Radio-Activity Waste Predicted, Katandra Bushland Sanctuary, enewsletter Naturescapes, Illegal Fires Set in Indonesia Cause Smog Problem. Fires Clear Land for Palm Oil Companies, Submarine Canyons a Source of Marine Invertebrate Diversity, Namaqua Rain Frog, Food for Thought – USA Study States Cost Gap for Western Renewables Could Narrow by 2025, Scientists Analyze the Effects of Ocean Acidification On Marine Species, Birds and people - Living on the Edge in the Sahel, **COOEE SEPTEMBER 2013, FishMap,** New App for Gardeners, local Environment groups, and organisations.

Lynda Hill: Update 1.9.13. Family Trees, The Seeds Of Humanity And Gaining Ground: September's Virgo New Moon

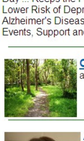


Pictures: Spring has Sprung - the air is sweet with all blooming, getting air at Avalon, and everywhere in Pittwater, brings wavelike clouds of delight!

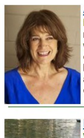
Children: 112th Australian National Flag Day Rises this Week, An Octopus Will Change Its Colour to Blend into Its Surroundings, Conservatorium undergraduate wins top piano competition, The Dance of the Peacock Spider, Lovable Owl, CEC – Kids on the Coast School Holiday Program, Curious George Swings into Spring 2013 (Full Movie), Tickle Monster, ThrowBack Thursday Quiksilver Pro France - Kelly Slater, Milkweed pods look like parrots!, Getting Air At Avalon On A Saturday Afternoon, YOUTH CONFERENCE WITH ECO FOCUS!, FAST & FURIOUS FILM-MAKING!, Hurley Surfing Australia High Performance Centre - Grand Tour, Change the World in 5 Minutes - Everyday at School, LET'S READ NATIONAL EARLY LITERACY CAMPAIGN, **Picture Books Online, Children's Storytime at Mona Vale Library**



Youth: "Dad's Life"!, **RPAYC Marina Course for Students, 112th Australian National Flag Day Rises this Week,** IFLS Live Australia!, NEW Lime Cordiale EP, Scooter – Front Flip, **Fashionable!!!!!??????!,** BackMeUp Comp., Open days 2013 – Sydney Universities, Einstein@Home, Pranks in Japan, The Parent Rap Song, Uni Of Syd. -new scholarship program aimed at developing future engineering leaders, Conservatorium undergraduate wins top piano competition, The Couch!, **Dance of the peacock spider,** Flight Radar 24.com, Soundwave 2014 Tickets on Sale this week, Kangaroo, Strike Gold Air At Avalon, Creative Creatures Film FestYOUTH CONFERENCE WITH ECO FOCUS, **Open days 2013 – Sydney Universities,** MWBA PRIMARY AGE: BASKETBALL COMP: THE POTTER LEAGUE!, Turns 10 Concert, AUSTRALIAN NAVY CADETS - On the Northern Beaches, Flight Radar 24.com, Year 13: have questions? Get answers, The ECO. Clean Beach Initiative is looking for Australia's most passionate ECO. Warrior to be the face of its movement!, Mona Vale Library - Duke of Edinburgh Awards.

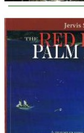


Seniors: Seniors Card Changes, The science of superannuation, The Father's Day Song, Remember This?, Historical Photos Exhibit at Mona Vale Library, Who's Your Favourite?, For the Dad who has everything - Hovercraft Golf Cart!, Park The Car, New seats are the best in the class, AvPals Term 3, Classic Buster Keaton, Grandparent of the Year 2013, Search And Rescue. Safer Boating With Ken Warby Ep 4., U3A Northern Beaches: My Journey of friendship - the Road to Soibada, Nobby's Beach and Fort Scratchley, 9 PUTTS SIMULTANEOUSLY IN 1 HOLE, No Strangers Here, Barbershop's Name Does Not Inspire Confidence, Fishbowl, Health Papers Published this week: Long-Term Memory Stored in the Cortex; Flu Shot May Halve Heart Attack Risk in Middle Aged With Narrowed Arteries; Clingy Platelets Suggest Potential Treatment Strategy for Rheumatoid Arthritis; Doubling the Daily Allowance of Protein Intake With Diet and Exercise Protects Muscle Loss; Statins May Slow Human Aging by Protecting Against Telomere Shortening; A Feature of Senescent Cells; A Wine a Day ... Keeps the Psychiatrist Away? Light Drinking Linked to Lower Risk of Depression; Toward an Early Diagnostic Tool for Alzheimer's Disease; National Seniors Literary Prize 2013, local Events, Support and Education Activities.

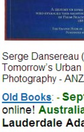


Community Clubs: Updates on Activities and links to sites.

Artist of the Month: September 2013 - Meredith Scott - Beautiful mosaics elevate new, found and recycled materials into glorious works of art - if art is a font then Meredith, one of our premier Pittwater artists, epitomises how boundless the ancient traditions of mosaics still are - what a great way to celebrate the first day of Spring!



Reflections: by George Repin. **This week: COSTUMES FROM THE BALLETS RUSSES**

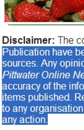


DIY Hints: Fathers Day – DIY Gift List - Johnson Brothers have some great Father's Day gift ideas for September 1st and we also have some craft ideas for mum and the children to do together

Books: The Red Light of Palm Beach, The Great Granny Gang, Peppa Pig - Little Library Box Board Book, The Grand Tour: Letters and photographs from the British Empire Expedition 1922 By Agatha Christie (Australia Included), Bittersweet By Colleen McCullough, Great Australian Outback School Stories by Bill ' Swampy' Marsh, Seasonal Kitchen - Serge Dansereau (Bathers Pavillion), Future Park - Imagining Tomorrow's Urban Parks by Amalie Wright, Australasian Nature Photography - ANZANG Tenth Collection

Old Books - September 2013 - read in full here: online! Australian Life (1892) by Francis William Lauderdale Adams

The Great Barrier Reef of Australia; its products and potentialities (1893) by William Saville Kent



Food: Strawberries- Ben Season Strawberries are in and tey're cheap - this week we share some simple recipes, a report this week released on Lord Sandwhich's embrace of Chocolate, perfect for dipping strawberries in, and a few facts about the history of this fruit

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September 1- 7, 2013: Issue 126

First Naval Exercises by New South Wales Colonial Ships – The Wolverene at Broken Bay

HMS Wolverene, 1863.

First Naval Exercises by New South Wales Colonial Ships – The Wolverene at Broken Bay

In the lead up to the International Fleet Review in Sydney Harbour, October 3-11 2013, celebrating the entry of our own Australian Navy fleet into Sydney Harbour 100 years ago, we would like to share a few articles on the lead up events to this great day for New South Wales and Australia and what was said about this first Fleet Review. This year's International Fleet Review, to be held in Sydney from 3 - 11 October 2013, will have a series of events, some similar to those that ran October 3rd to 11th, 1913.

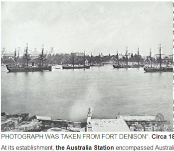
It all began a fair while before then though.

It may not surprise many of you that the first ever Naval Exercises carried out by colonial vessels began from Broken Bay – where else? Broken Bay and Pittwater, a mere row away for some in the early days of the colony of New South Wales, had been identified as a safe and deep sheltering harbour soon after the arrival of the First Fleet, and to be the starting point for any practice session, and so many since, accords to our home waters the recognition of what was, and still is, a maritime community.

When you read the reports below, please bear in mind that the names of these now legendary and long gone vessels later became the names of future Royal Australian Naval vessels; Wolverines with an 'I' and succeeding Juno. This too carries forward and communicates inherent Australian Naval history.

A bit of background first;

In the years that followed the settlement of Australia in 1788 the Royal Navy did not maintain a permanent force in the new colony. The new Port Jackson colony was placed under the protection of the East Indies Station of the British Royal Navy from which vessels were detached occasionally to visit the new colony. From 1821 the Royal Navy maintained a permanent man-of-war in the colony. Over the next 20 years the vessels based on Port Jackson included the sixth rates *Alligator, Caroline, Conway, Imogene*, and *Rattlesnake*, and the sloops *Hyacinth, Pelorus* and *Zebra*.



In 1848, an Australian Division of the East Indies Station was established. On 25 March 1859 the British Admiralty established an independent command, the Australia Station, and Captain William Loring of *Iris* was authorised to hoist a commodore's blue pennant and to assume command as senior officer of Her Majesty's Ships on the Australia Station (Commander-in-Chief, Australia Station), this new command was independent of the commander-in-chief in India.

This decision was partially in recognition of the fact that a large part of the East Indies Station had been detached to Australian waters, while also reflecting growing concern for the strategic situation in the western Pacific in general, and in Tahiti and New Zealand in particular. Ships serving on the Station were assigned to the Australian Squadron. In 1884 the station was upgraded to a rear admiral's command.

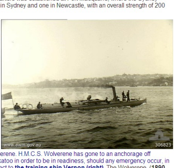
Photo to left: AWM: "SYDNEY, NSW. C.1880. SHIPS OF THE ROYAL NAVY'S SQUADRON ON THE AUSTRALIA STATION MOORED IN FARM COVE. (LEFT TO RIGHT) SCREW SLOOP HMS EGERIA, SCREW CORVETTE HMS RAPID, SCREW SLOOP HMS ALERT, SCREW CORVETTES HMS OPAL AND CALLIOPE. THE PHOTOGRAPH WAS TAKEN FROM FORT DENISON". **Circa 1880**

At its establishment, **the Australia Station** encompassed Australia and New Zealand, with its eastern boundary including Samoa and Tonga, its western edge in the Indian Ocean, south of India and its southern edge defined by the Antarctic Circle. The boundaries were modified in 1864, 1872, 1893, and 1908. At its largest, the Australia Station reached from the Equator to the Antarctic in its greatest north-south axis, and covered one quarter of the Southern Hemisphere in its extreme east-west dimension, including Papua New Guinea, New Zealand, Melanesia and Polynesia.

Victoria, as early as 1870, had her own fleet, but Sydney, and New South Wales, as the main base for the Royal Navy, feared no invaders until the outbreak of the Crimean War. By 1854 the Government was calling for tenders for a gunboat to defend Sydney. The vessel built was HMCS *Spitfire* (launched 4 April 1855; a 65 ton sail gunboat- hull was sheathed with 22 ounce copper), the first naval vessel completed solely by an Australian colonial government. Please note that where you see 'HMCS' in this particular era it defines- Her Majesty's Colonial Ship (HMCS).

In 1913, the Australian Squadron was disbanded, and responsibility for the Station was handed over to the new Royal Australian Navy, at which time it covered Australia and its island dependencies to the north and east and also at which time Sydney saw her Royal Australian Navy arrive on the harbour, 100 years ago this October!

By 1860 the New South Wales government began talking about forming some in house defenders and in May 1863 the Naval Brigade, of only 120 men to begin with, was established. The Naval Brigade headquarters was established at Fort Macquarie, where the Sydney Opera House today stands. By 1864 it consisted of five companies, four in Sydney and one in Newcastle, with an overall strength of 200 men.



There were still very little 'home' vessels though until late in the 1870's when the New South Wales Government paid for two second class torpedo boats that were constructed in Sydney, **the Avernus (right - on Sydney Harbour) and Acheron**. In 1880 the New South Wales Naval Artillery Volunteers was formed. The Naval Brigade were equivalent to the Naval Reserve as it is known today. The Naval Artillery Volunteers, or more usually as the NAVs, were mainly employed manning the fixed defences and have been likened by the Navy History Organisation as akin to the Royal Marine Artillery than the navy proper.

To support the training of these men the British Government gave the colony a Christmas Present in 1881;

WOLVERENE. LONDON, December 19.-'The British Government has agreed to make a present to the New South Wales Government of H.M.S. Wolverene, fully armed. THE WOLVERENE. (**1881, December 24**). *Australian Town and Country Journal* (NSW : 1870 - 1907), p. 12. Retrieved from http://nla.gov.au/nla.news-article70963673

The Wolverene. H.M.C.S. Wolverene has gone to an anchorage off Cockatoo in order to be in readiness, should any emergency occur, in respect to **the training ship Vernon (right)**. The Wolverene. (**1890, February 28**). *Evening News* (Sydney, NSW : 1869 - 1931), p. 5. Retrieved from http://nla.gov.au/nla.news-article108797094

H.M.C.S. Wolverene. The Government has decided that H.M.C.S. Wolverene shall be dismantled and sold out of the service as useless for defence purposes. The old ship will be sold by tender, and the Cabinet will at an early date decide what arrangements shall be made for the training of the Naval Brigade, which for some years has had the Wolverene for instruction purposes. H.M.C.S. Wolverene. (**1892, November 28**). *Evening News*(Sydney, NSW : 1869 - 1931), p. 6. Retrieved from http://nla.gov.au/nla.news-article113313818

What is related below is the first Naval Exercise to test these two colonial naval services;

ON BOARD THE WOLVERENE.

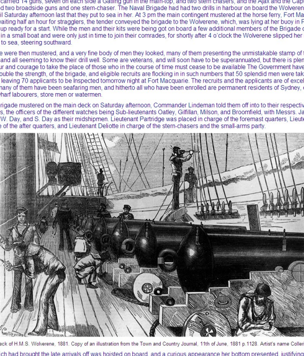
For the first time in the history of the colony a colonial naval force took part in the Easter manouvres, and their doing so contributed largely to the interest of the proceedings. When the Naval Volunteer Artillery were formed people were found to sneer at the idea, as they had done in the case of the land volunteers, of their becoming efficient, but the sham fight yesterday and the drills which preceded it have effectually proved that our men are able to play their part by sea and by land as defenders of hearths and homes. The plan of naval operations was that a squadron, composed of the Wolverene, Ajax, Captain Cook, Juno, and Neptune, should rendezvous in Broken Bay at 11 a m yesterday, and at noon proceed to sea, where they would engage with an imaginary enemy in the offing, and, after a sharp fight, retreat slowly to Port Jackson, under shelter of the batteries, and that the combined efforts of the military and naval forces and of the torpedo corps would completely vanquish the attacking cruisers. The hopper barges Juno and Neptune were manned entirely by the Naval Volunteer Artillery, the others by the Naval Brigade. The full strength of the brigade is 327 petty officers and men and it is a gratifying evidence of their interest in their work that 308 of them reported themselves for duty, 208 being allotted to the Wolverene, 60 (being the Newcastle contingent) to the Ajax, and 50 to the Captain Cook. The others on the corvette were Commander Lindeman, R.N., in command of brigade, Lieutenants Deloitte, Jackson, and Partridge, R.N.; sub-Lieutenants Gilfillan, Oatley, Milson, and Broomfield, Midshipmen Jacobs, F.W. Hixson, H Hixson, S. Day, and W. Day, and Cadets Street, Wright, M'Farlane, Traier, Lamb, and Harley Hixson, Dr Evans, staff surgeon, Dr. Knaggs, surgeon, and the gunnery instructor, Mr Rickwood.

HMS Wolverene 1863, at Lady Macquarie's Point. Henry King Photo, courtesy Powerhouse Museum.

The Ajax was commanded by Captain Cross, under whom were Lieutenant Gardiner, Midshipman Cross, Cadet Hickson, Dr. Baker, and Gunnery-instructor Dagwell. On the Captain Cook the officers were Lieutenant Lewington (in command), Sub-lieutenant Cohen, Midshipman Church, and Cadet Dawson, Lieutenant Commander R. N. Arnold was m charge of the Juno, and Lieutenant Les was in command of the Neptune, and each vessel was fitted up and armed in the manner described in the Herald several days ago. The Wolverene carried 14 guns, seven on each side a Gatling gun in the main-top, and two stern chasers, and the Ajax and the Captain Cook each carried two broadside guns and one stern-chaser. The Naval Brigade had had two drills in harbour on board the Wolverene, but it was not until Saturday afternoon last that they put to sea in her. At 3 pm the main contingent mustered at the horse ferry, Fort Macquarie, and, after waiting half an hour for stragglers, the tender conveyed the brigade to the Wolverene, which was lying at her buoy in Farm Cove, with steam up ready for a start. While the men and their kits were being got on board a few additional members of the Brigade came hurrying up in a small boat and were only just in time to join their comrades, for shortly after 4 o'clock the Wolverene slipped her moorings and put out to sea, steering southward.

The brigade were then mustered, and a very fine body of men they looked, many of them presenting the unmistakable stamp of the man-of-war's man, and all seeming to know their drill well. Some are veterans, and will soon have to be superannuated, but there is plenty of good young vigour and courage to take the place of those who in the course of time must cease to be available The Government have given orders to double the strength, of the brigade, and eligible recruits are flocking in in such numbers that 50 splendid men were taken on a few nights ago, leaving 70 applicants to be Inspected tomorrow night at Fort Macquarie. The recruits and the applicants are of excellent physique, many of them have been seafaring men, and hitherto all who have been enrolled are permanent residents of Sydney, employed chiefly as wharf labourers, store men or watermen.

When the brigade mustered on the main deck on Saturday afternoon, Commander Lindeman told them off into to their respective watches and messes, the officers of the different watches being Sub-lieutenants Oatley, Gilfillan, Milson, and Broomfield, with Messrs. Jacobs, F. W. Hixson, W. Day, and S. Day as their midshipmen. Lieutenant Partridge was placed in charge of the foremast quarters, Lieutenant Debit to in charge of the after quarters, and Lieutenant Deliotte in charge of the stern-chasers and the small-arms party.



Gun deck of H.M.S. Wolverene, 1881. Copy of an illustration from the Town and Country Journal, 11th of June, 1881 p.1128. Artist's name Colleridge?.

The gig which had brought the late arrivals off was hoisted on board, and a curious appearance her bottom presented, justifying the previously-expressed remark of one Jack-tar, that she was "cruel hard boat to pull." She was covered with marine growth and barnacles, all the result of three months immersion, and this circumstance shows how badly the long stationary Wolverene needed her recent docking.

The command of the corvette during this last trip was of a divided nature. Captain Hixson was in effect Admiral of the squadron; Commander Lindeman had full control of the brigade, and managed everything as regarded the fighting of the ship ; while she was sailed by her own permanent staff of officers and men. These were- Lieutenant F. P. Taylor, R.N. (in command), Lieutenant G. S. Bosanquet, R.N., Lieutenant R. Smith, Chief Engineer Walker, Paymaster E. J. Thomas, Gunner J. Costello, and Boatswain J. M'Carthy. She carries 34 able-bodied sea-men, 3 quarter-masters, 7 stokers, 2 boatswain's mates, 5 boys, and several cooks had stewards. The commissariat arrangements for the cruise were made and skilfully carried out by Mr. Thomas, the paymaster.

Early Group, Captain Lindeman on HMS Wolverine. Image No. Government Printing Office 1 - 12062, courtesy State Library of NSW.

Shortly before dusk on Saturday the Wolverene passed through Botany Heads, and anchored for the night a short distance up the bay, which some people consider one of the weak points in our harbour defences, but which is included in a general comprehensive scheme of defence lately worked out. The brigade had now settled down with regular naval discipline, and the old Wolverene looked livelier and more like a man-of-war than she has done any time these three years. Poop and forecastle, main deck and lower deck, were crowded, and the usual routine of service life was followed. Sentries were posted at 8 o'clock, and at 9 o'clock, when the Commander went the rounds, he found everything satisfactory and the men all settled down into their places.

HMCS Wolverene: cutlass drill, 1882, courtesy State Library of NSW.

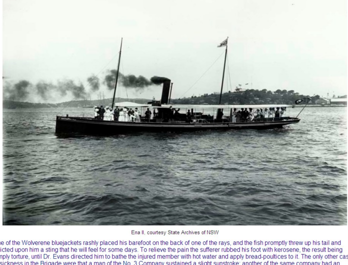
A lot of them were abnormally merry, and after tea regaled their comrades with popular songs, sung very much out of tune; but for the most part their voices wore drowned by the music of the Naval Brigade Band, which played on the quarterdeck while the officers were at dinner. Of the 30 men who compose this band, no less than 23 reported themselves, and the bandmaster, Mr. J. Devlin, certainly deserves the utmost most credit for the excellence of the tuition ho has given them. Their repertory is large, it contains the latest music of special merit or popularity, and every selection was played in perfect time and with appropriate expression. Some of the instruments need renewing, but, as a rule, the tone is harmonious, and officers and men alike enjoyed the sweet strains which for a couple of hours floated over the tranquil waters of Botany Bay.

On Sunday morning the reveille was sounded at half-past 6 o'clock, and at 6 the men turned out. At 7 o'clock they went to quarters and did gun drill for an hour, profiting markedly by the clear directions given them by Mr. Rickwood -who held the position of drill instructor on the Nelson during the recent cruise of that vessel. The guns were cast loose, and broad-side and independent filing wakened the echoes to such an extent that the Botany people must have wondered if some hostile cruiser had not really arrived in these waters. The small-arm men were also drilled, and the different exercises were so smartly carried out that **Captain Hixson** addressed a few words of approbation and encouragement to the Brigade. At 8 o'clock the guns were secured and the men went to breakfast; and after the meal the anchor was tripped, and the Heads were cleared at half past 9 o'clock.

Soon after 11 o'clock, when the Wolverene was abreast of the Sydney Heads, she signalled to the South Head station, " Have you any news of recent date about the enemy ? " and received an answer in the negative. She continued a northward course, and arrived and anchored in Broken Bay at half-past 1. After dinner the men went to quarters again, the roll was called, and service was held according to the Church of England ritual for Easter Sunday, the Rev. J. M. Hillyar, B.A., being the chaplain. Officers and men, clad in full uniform, stood in a square around an improvised pulpit, draped with the union jack ; and Mr. Hillyar, after a somewhat condensed service, preached a brief and impressive sermon, taking as his text Matthew, chap, xxviii, v. 6, "And the angel answered and said unto the woman, ' Fear not ye ; for I know that ye seek Jesus, which Was crucified.' "

The discourse was one appropriate to the occasion, and it was listened to attentively and reverently, although the attention of the congregation might well have been distracted by the puffing of pacing steam launches, or the gleam of an occasional yacht or sailing-boat wheeling in graceful curves around the vessel.

Broken Bay was full of craft, among them being the schooner-yacht Red Gauntlet, the Waitangi, the launch Ena, and a launch chartered by a band of jolly bachelors. After service no drill was performed. A small party went out with a seine net, and caught a few dozen bream and trevally, losing-owing to their want of skill at their Work-a shoal of garfish, which slipped through rents and skimmed over the top-rope until all had vanished. Others formed two crews, and had an exciting race in whaleboats, and some who remained on board went in for line-fishing. They secured little worth eating, however, the majority of the fish caught being small sharks and large sting-rays.



Ena II, courtesy State Archives of NSW

One of the Wolverene bluejackets rashly placed his barefoot on the back of one of the rays, and the fish promptly threw up his tail and inflicted upon him a sting that he will feel for some days. To relieve the pain the sufferer rubbed his foot with kerosene, the result being simply torture, until Dr. Evans directed him to bathe the injured member with hot water and apply bread-poultices to it. The only other cases of sickness in the Brigade were that a man of the No. 3 Company sustained a slight sunstroke; another of the same company had an attack of muscular rheumatism and one of the No. 2 Company sprained one of his ankles.

In the evening the band gave the usual concert, including as much sacred music as they know, and everyone sought his hammock or berth at an early hour.

Yesterday morning the usual routine was followed, and gun drill was performed even more smartly than on the previous day. At 8 o'clock, when the ensign was hoisted, the band played the National Anthem, according to the loyal custom which prevails in her Majesty's service, and then everything was got in readiness for commencing manouvres as soon as the remaining vessels of the squadron had reached the rendezvous. In the meantime the Brigade were set to man the yards, an operation which they performed with alacrity and fearlessness, different squads vieing with one another in the agility with which they reached their appointed stations and the smartness with which they obeyed Commander Lindeman's orders. They had never manned yards before, yet they did it in true man-of-war style. Previously the crew of the Wolverene had struck the top gallant masts and yards so smartly that the Brigade were put upon their mettle to emulate their mates for the time being.

The Ajax arrived shortly after 10 o'clock, and the Captain Cook was punctual in putting in an appearance at 11 a.m., but the hopper barges did not steam into sight until noon, by which time the squadron was underway, **this being the hour fixed for departure from Broken Bay.** They took up their position in the rear of the line, and the five vessels, the Wolverene leading, moved out to sea. **The Juno and Neptune, especially the latter, travelled so slowly that the squadron did little more than crawl along, and the Waitangi, which left Broken Bay after it, skimmed past it with comparative ease, followed by the Red Rover.**

Firing was first commenced by the Wolverene, who blazed away with her stem chasers, and her challenge being promptly responded to by the other vessels-who acknowledged this signal more readily than they did some of the others-the squadron soon seemed to be engaged in a sharp fight, to the evident astonishment **of the Swinger**, which was a little way out in the offing, on her way to Sydney. She made a few signals, but soon gathered the significance of the demonstration, and left our navy, to its own devices. On approaching the Heads the order for independent firing of the big guns on the port side was given, and the Wolverene was enveloped in smoke, which had scarcely cleared away before a thundering broadside of seven guns on the starboard side renewed it. After this, firing was for half an hour almost continuous the bang, bang, and roar of the big guns, the whip-like crack of the Gatling in the main-top, and the splutter of the rifles on the poop and forecastle, making up a scene of smoke and apparent confusion, which gave one some idea of a sea fight, minus wounds and death. The confusion was only apparent, for whenever the heavy masses of powder smoke lifted, and the figures of the men loomed through them, and were seen at first dimly and then distinctly, moving rapidly about, sponging, charging, and discharging the guns, every man was at his own post doing his own work earnestly and effectively, the discipline maintained being equal to that of a man-of-war's crew. **The Ajax and the Captain Cook** fired in good style, **the Neptune and Juno made themselves heard very frequently,** and **even the Red Gauntlet-which was some way ahead-became inspired with martial ardour and popped her gun oil occasionally.**

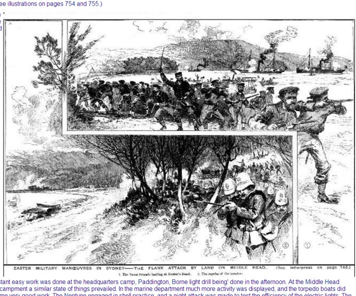
The land batteries then joined in, and the cannon at Middle, George's, and South Heads, **thundered defiance of the insignificant little steamers** which represented the enemy. The **Wolverene steamed up the Sound of the North Harbour, the Ajax and Captain Cook following her, while the Juno and Septima** remained behind. **From the Wolverene, the Mary, one of the invading vessels**, could be seen to run into Middle Harbour, and the spray thrown up by exploding torpedoes could be seen over the headland east of Cobblers Beach. The Ajax then steamed up and captured her, an operation performed with comparative ease, seeing that the Mary had a crow of about six all told. The other steam launch passed under a heavy fire up the eastern channel, where certain torpedoes had been laid. These were to have been instrumental in vanquishing her, but somehow they failed to explode. Nevertheless, she was so dismayed by the preparations made for giving her a warm reception that she also surrendered and the sham-fight was over.

The guns on the different ships were then secured and covered. On board the Wolverene the men were beat to quarters, and Captain Hixson, addressing the Naval Brigade generally, and all who had taken part in the squadron manouvres, said that he felt he should be wanting in his duty if, before dismissing them to their homes, he did not acknowledge the very efficient manner in which they had manned and fought the Wolverene and the other vessels. He thanked the Brigade for the good discipline they had maintained, and the other forces for the cordial co-operation they had given him, which two things had enabled him to carry out the wishes of the Government. The Brigade had fought the guns and manned the yards in a manner that would not disgrace a man-of-war, and he felt sure that it an enemy were to come here and try to dispossess us of this country, he could go out and meet him in the manner in which Englishmen were wont to meet their foes. They had a line of defence, and as long as we could go out there and meet our enemies, he did not think we were in the position some of our friends thought we were in. He would not make a longer speech, but would content himself with thanking them again. (Cheers.) Cheers were given for Captain Hixson, for Commander Lindeman, and the other officers of the Naval Brigade, and for Captain Taylor, and the proceedings terminated with cheers for the Queen. The men could not at once disembark, without incurring the expense of hiring watermen's boats, for the tender engaged to convoy them to Fort Macquarie was considerably behind her time in ranging alongside the Wolverene. ON BOARD THE WOLVERENE. (**1885, April 7**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 3. Retrieved from http://nla.gov.au/nla.news-article13579326

Easter Military Manouvres.

(See illustrations on pages 754 and 755.)

On the 3rd



EASTER MILITARY MANOUVRES IN SYDNEY.—THE FLANK ATTACK BY LAND ON MIDDLE HEAD. (See letterpress on page 745.) 1. The Naval Brigade landing at Hunter's Beach. 2. The repulse of the invaders.

instant easy work was done at the headquarters camp, Paddington, Borne light drill being' done in the afternoon. At the Middle Head encampment a similar state of things prevailed. In the marine department much more activity was displayed, and the torpedo boats did some very good work. The Neptune engaged in shell practice, and a night attack was made to test the efficiency of the electric lights. The effects upon the crew of so many converging search lights was said to be confusing, and the results attained on this occasion were favourable for the defence.

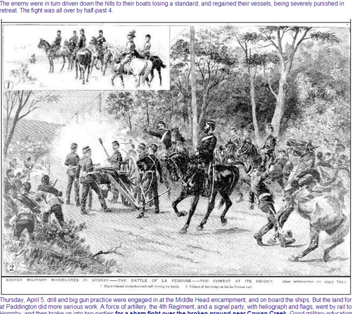
The 4th was the great day; the operations comprising an attack by the naval forces , which was repulsed by the local troops. At the beginning of the fight the assailants were the Naval Brigade, **with the vessels Neptune, Thetis, and Captain Cook**. The defence was intrusted **to the Naval Artillery Volunteers in the Wolverene**, who at the outset formed part of the attacking forces ; **the Avernus**, torpedo boat, the Garrison Artillery, the Torpedo Corps, and the Field Artillery, Engineers, and troops, engaged in the protection of the guns. A false attack was to be made on the South Head by a landing made at Lady Bay.

The real objective was Middle Head; and the plan took in a land attack in the rear from the Sandspit and Hunter's Beach. This was to succeed partially, but was to be finally repulsed. **At half-past 2 the guns at the South Head opened on the Thetis and Captain Cook** as they rounded North Head: **the guns on Middle Head, George's Head, and Inner Head, firing in succession.**

ANMM Collection Gift from the Royal Sydney Yacht Squadron, Image 00013762 and ANMM Collection Gift from the Royal Sydney Yacht Squadron, Image No: 00013762 [15] - first (above) is Gun at George's Head, circa 1880's and second (below) is Gun at Middle Head, also circa 1880's - note the ships in background.

The enemy returned the fire. The attempted landing in Lady Bay failed. **The Thetis and the Neptune** forced their way past Middle Head, and after some warm work before and after debarkation, the defending troops were forced back from the shore. The attack was pressed up the heights. But the defenders rallied on the (imaginary) redoubt, and, being strengthened by some field guns, turned the tide of battle. The enemy were in turn driven down the hills to their boats losing a standard, and regained their vessels, being severely punished in retreat. The fight was all over by half-past 4.

On



EASTER MILITARY MANOUVRES IN SYDNEY.—THE BATTLE OF LA PEROUSE.—THE COMBAT AT ITS HEIGHT. (See letterpress on page 745.) 1. Major-General Richardson and staff viewing the battle. 2. Defence of the bridge on the La Perouse-road.

Thursday, April 5, drill and big gun practice were engaged in at the Middle Head encampment, and on board the ships. But the land forces at Paddington did more serious work. A force of artillery, the 4th Regiment, and a signal party, with heliograph and flags, went by rail to Hornsby, and then broke up into two parties **for a sham fight over the broken ground near Cowan Creek.** Good military educational results were obtained, and the troops took train at Hornsby at 5.38, bat did not reach town till 8, the line being blocked.

Friday, April 6, was on off day at all the camps; the hard work of the previous day being welcomed at Paddington camp, to which the Governor mode an afternoon visit, and was entertained by the headquarters mess. Lord Carrington praised the camp for its orderliness and cleanliness, which sentiments were shared by Admiral Fairfax, also a visitor. The Governor then reviewed the troops in Moore Park in the presence of a considerable number of spectators.

Practically, Friday, April 6, was the last day of the operations, and Saturday was breaking-up day for our military schoolboys.

Our illustrations represent the defence of the bridge by field artillery on the road to La Perouse, whence tho enemy advanced on Sydney ; tho commander-in-chief, with his staff, watching tho battle at its height. The operations at Middle Head, in which the naval and military forces shared, are shown in two illustrations ; one representing the landing of tho invading party at Hunter's Beach, and the other depicting their final repulse when compelled to take to their boats.

The experiment, begun some time ago in the German infantry, of doing away with socks and keeping the foot soldiers' feet well greased, has proved thoroughly successful. To say nothing of tho economy of the plan, the men march easier, and, generally speaking, show few blisters. So, too, lifting the foot high; the regulation, step now is said to make the most awkward Pomeranian or Hanoverian peasant fairly sure-footed, while before its adoption 25 per cent, of such men would stumble in a charge over rough ground, and about 10 per cent, fall.

On page 26: EASTER MILITARY MANOUVRES IN SYDNEY-THE FLANK ATTACK BY LAND ON MIDDLE HEAD. (See letterpress on page 745.) 1. The Naval Brigade landing at Hunter's Beach. 2. The repulse of the invaders. On page 27: EASTER MILITARY MANOUVRES. IN SYDNEY-THE BATTLE OF LA PEROUSE-THE COMBAT AT ITS HEIGHT. (See letterpress on page 745.) 1. Major-General Richardson and staff viewing the battle. 2. Defence of the bridge on the La Perouse-road.

Easter Military Manoeuvres. (**1888, April 14**). *Australian Town and Country Journal* (NSW : 1870 - 1907), p. 17. Retrieved from http://nla.gov.au/nla.news-article71096579

Naval Brigade Jubilee

Exactly 50 years ago our Naval Brigade was founded. For half a century its members have stood on the harbour front, ready to do their share in the defence of sunny New South Wales. That being so, the presentation of long service medals this afternoon by the Admiral will assume the form of a jubilee celebration. Men will be there in the ranks who have been connected with the voluntary defence of the State for 30 and 40 years, and the 'long service" medals will not be the only decorations they will wear, for the men of the Naval Brigade have served the Empire in China, In the Soudan, in South Africa, and in other parts of the world.

The Naval Brigde.- We believe- that the Government is now organising a force for naval purposes and that Mr. Hixson, inspector of harbour and lighthouses, will be appointed to the command.

This unpretentious paragraph, taken from the "*Sydney Morning Herald*" of **May 1, 1863**, was the first public intimation of the intention to create a naval defence force for New South Wales, and the announcement was duly authenticated the following day, for the "Government Gazette" of May 2 contained a proclamation, given under the hand and seal of His Excellency Sir John Young, Bart, K.C.M.G.,Captain-General and Governor-In-Chief of the Colony, and Vice-Admiral of the same, in the year of our Lord 1863, and in the 26th year of her Majesty's reign, to the effect that it was deemed expedient to form a Naval Brigade, consisting of three companies of 40 men each. There was no war scare on at the time, and the last muster, at the Queen's birthday review, found Captain Hixson with 18 stalwarts, making a little blue patch among the redcoats in the Domain. Lieut. Moodie was second in command, and, being a salt of the old school, with many voyages to and from Australia to his credit, he had his own way of giving orders. When the company sagged in the centre he yelled out,, "Form up midship," and when he desired them to "double," he cried out, "Heave ahead."

But **the men, mostly ex-seamen,** were well up in the vernacular. And the movement grew. By June the brigade was 85 strong, by October 167, next year 200 odd, and at the Queen's birthday review of 1876, they mustered 358-all told. Since then the numbers have fluctuated. Each "war scare" saw men flocking to the standard. Each period of fancied security saw a parsimonious Government cut down the sinews of war. **In 1885 the "Russian" scare was responsible for the Brigade Increasing to 600 men** carefully drilled, and roused round day and night to get them fit for the expected summons." And visitors from the country, admiring the business like demeanour of the men, declared that "Sydney is all right as long as those fellows are on deck."

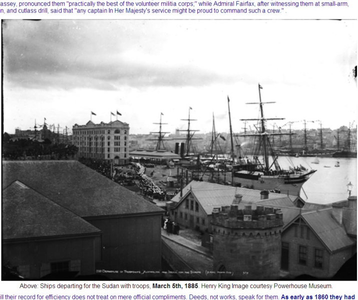
It was in 1882 that the Naval Artillery-Volunteers emerged, under Commander Bosanquet, the leading spirit being A.B Fred Cavill, who became a warrant officer, then paymaster. The members had to provide their own uniform, and also paid a subscription of a pound a year for the privilege of defending their country. They even built their own boats.

For a long time captious critics had been pointing out that this alleged "naval" force had no warship. But this reproach was removed by **Sir Henry Parkes, who in 1882 announced that H.M.S. Wolverene, which had been relieved by H.M.S. Nelson as flagship, was to be handed over as a free gift to New South Wales from the imperial authorities.** The official transfer was made on January l6, 1882, by Rear-Admiral Wilson to Lord Augustus Loftus, who passed it on to Sir John-Robertson. The band played, and a salute of 17 guns were fired from **H.M.S. Emerald.**

Despite the self-denying patriotism of the naval forces, they were for years the most maligned men on the face of the continent. Land-lubbers, whose name was legion, inundated them with advice, while an old scrap book now in the possession of Lieutenant Spain contains scores of letters to the editors of various Journals pointing out their defects. One kind critic said. "The force is a burlesque," and referred to their cannon as "old-fashioned bulldogs, which they drag round Moore Park on Queen's Birthday, and which are about as effective as so many Chinese gongs." Another hinted that "they were too careful of their white ducks," and a third urged "the Introduction of matchlocks and leather-jacketed cannon as the complement to it." And, ignorant of the magnificent work of the Naval Brigade in the trenches before Sebastopol, in the Gold Coast, India, China, and other places, another asked, "if the Naval Brigade system had ever been proved in war?" It was even written that "the Wolverene still holds together, and if southerly weather does not continue long may yet remain to be a coffin for our naval brigade."

The limit was reached when, in a headquarters general order, the brigade was complimented on its "soldier-like" appearance; to which an able seaman rejoined, "The sojer. who wrote it knowed no better."

But these pinpricks and comments only served to knit officers and men more closely together. However, when in 1864, the Hon. member for Maneroo in the Legislative Assembly referred to them as well-dressed-up dolls, a resolution was passed by a meeting of the men that they should resign and deliver up their arms to the Government. But this was never carried out, and the testimonies to their worth and tributes to their efficiency far outweighed the criticism of the grumblers. In 1875 Commodore Chapman, after an Inspection officially informed the Governor, Sir Hercules Robinson, that the naval brigade "reflected credit on Captain Hixson for their smartness, activity, and good discipline." In 1887 a competent authority, after the brigade was inspected by Lord and Lady Carrington, and Lord and Lady Brassey, pronounced them "practically the best of the volunteer militia corps," while Admiral Fairfax, after witnessing them at small-arm, gun, and cutlass drill, said that "any captain In Her Majesty's service might be proud to command such a crew."



Above: Ships departing for the Sudan with troops, **March 5th, 1885**. Henry King Image courtesy Powerhouse Museum.

Still their record for efficiency does not treat on mere official compliments. Deeds, not works, speak for them. **As early as 1860 they had quite held their own in artillery contests, and marksmanship. In their cutters they were invincible. Two cutters from the brigade in the same year defeated the picked crew of H.M.S Brisk. In the harbour regatta that celebrated 79th anniversary of the colony, they defeated the pick of H.M.S. Falcon and H.M.S. Salamander**. After defeating the cream of the Royal Navy cutters, the brigade, with a cutter of 10 men, **accepted a challenge from a cutter of 12 men from U.S.S. Kearsago, and won easily**. The records of the brigade contain a splendid succession of victories at rifle shooting, rowing, and even In hand contests. And there are also many diverting accounts of most realistic sham fights, with attacks on the Heads, Botany Bay, Fort Macquarie, and Fort Denison. One of the best was that of Easter, 1885, in which the alleged invading fleet consisted of the Naval Brigade on the Wolverene, Ajax, Captain Cook, and the barges Juno and Neptune, with the Naval Artillery Volunteers on board. All the available forces of the colony were massed to repel the Invader. Broad-sides belched from the warship, the gatlings worked overtime, while the full force of rifle-men on the decks kept up a roaring fusillade. But the shore batteries riddled the invaders: some were torpedoed, some ran ashore, and some were captured, and amid much rejoicing the city was saved.

These sham fights were only a forecast of the real thing. **About 40 of the naval men participated in the Soudan campaign. Many volunteered for South Africa, and the first colonial killed was Chief Petty-officer T Griffen**. In China the 200 bluejackets and 20 marines from Sydney won the highest possible praise from the Commander-In-Chief of the allies. And the Naval Brigade is still ready when the Empire calls. **With the reorganisation resultant upon federation, and the compulsory training scheme, their name changed, but they are the same in spirit. There are in Newcastle and Sydney 267 Royal Australian Naval Reserve. M section; 220 R.A.N.R., O section :mid 1000 naval senior cadets; the whole under the district naval officer Commander Brownlow, who was one of the contingent that went to the Soudan.**

For 25 years representations have been made for the granting of the hard-earned medals to these patriots but some Admiralty regulation stood in the way. At Rushcutter's Bay this afternoon Justice will at last be done them. NAVAL BRIGADE JUBILEE. (**1913, May 17**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 24. Retrieved from http://nla.gov.au/nla.news-article15421122

Sham Naval fight, Detached Squadron, **Sydney, 1881**. Image No. a325013, courtesy State Library of NSW.

Incidentals:

HMS Wolverine was built at the Woolwich Dockyard and launched at Woolwich on 29 August 1863. After serving in the North America and West Indies Station in the 1860s, she was commissioned as the flagship of the Australia Station on 7 September 1875, under the command of Commodore Anthony Hoskins.

During its service Wolverine was present for the Royal Navy's Detached Squadron world cruise in 1881 when the princes Albert and George undertook naval training. The Wolverine left Sydney Harbour at the same time as the Detached Squadron on 10 August 1881, with Commodore John Wilson, Commander-in-Chief of the Australia Station, her destination being Brisbane and then New Guinea. On board was the scientist Nicholas Miklouho-Maclay who was to continue scientific studies in Brisbane and New Guinea. His knowledge of the people of New Guinea was used to assist Commodore Wilson in a punitive expedition to apprehend natives concerned in a murder which took place at Kalo on the South coast.

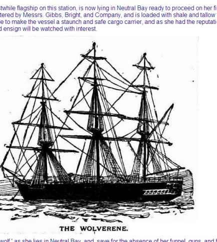
Wolverines service came to an end was replaced by HMS Nelson and paid off in 1882 at Sydney. She was presented to the Colony of New South Wales as a training ship for the New South Wales Naval Brigade and New South Wales Naval Artillery Volunteers — challenging "enemy" ships at Sydney heads and "attacking" coastal and harbour fortifications. The ship was decommissioned in 1892, sold to a private firm (Peter Ellison, Sydney) for £2,200 in August 1893 and with the engines removed was used as a hulk.

After refit and conversion to a barque, she commenced service as a merchant vessel. On a voyage from Sydney to Liverpool, England she sprung leaks and returned to Auckland for repairs, however upon docking she was found to be unfit. She was sold to G. Niccol, Auckland, for £1,000.

HMS Wolverine (1863). (2013, August 14). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=HMS_Wolverine_(1863)&oldid=568440899

THE WOLVERENE.

The ex-warship Wolverene, an erstwhile flagship on this station, is now lying in Neutral Bay ready to proceed on her first voyage as a merchantman. She has been chartered by Messrs. Gibbs, Bright, and Company, and is loaded with shale and tallow for Liverpool. Mr. Peter Ellison has spared no trouble to make the vessel a staunch and safe cargo carrier, and as she had the reputation of a fast ship when in the navy, her '-de1 \ ader the red ensign will be watched with interest.



THE WOLVERENE.

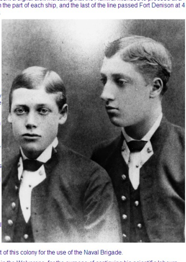
The above sketch shows the ' old wolf ' as she lies in Neutral Bay and, save for the absence of her funnel, guns, and hammock cloths, externally her appearance has been little changed. Captain Steinmann is in command of the Wolverene. THE WOLVERENE. (**1895, February 19**). *Evening News*(Sydney, NSW : 1869 - 1931), p. 3. Retrieved from http://nla.gov.au/nla.news-article108070457

THE DETACHED SQUADRON.

The vessels of the Detached Squadron presented a busy scene yesterday, for from an early hour preparations for departure in the afternoon were in progress. A few visitors were allowed on board to bid their friends among the officers good-bye, but each vessel was rigidly closed to the general public. His Excellency the Governor paid a farewell visit to the Inconstant and the Bacchante, and in the afternoon the Mayor of Sydney and a number of the Aldermen visited the different ships and wished the captains a pleasant voyage. When on the Bacchante they were received by their Royal Highnesses Prince Edward and Prince George of Wales, to each of whom little Master Harris, son of the Mayor, presented a lovely bouquet of flowers. The Admiral, who is now able to take exercise on deck, is nearly well again, and at noon yesterday the signal was made from the flagship-" The squadron will proceed to Brisbane and Yokohama, and will probably touch at Fiji."

What is to become of the mails sent onto Auckland was not said, but they will probably be sent in pursuit of the squadron, and reach it months hence, as the route now projected is likely enough to be changed when the vessels reach Brisbane. The stay at Moreton Bay will be short, probably only long enough to acquaint the Admiralty with the state of Lord Clanwilliam's health, and to receive definite instructions about visiting Fiji.

Fairer weather could not have prevailed for the beginning of a sea voyage than that which favoured the Detached Squadron yesterday. As the hour for leaving port drew near, visitors disappeared from the decks, each vessel was got under steam, with cable shortened, and every officer was at his post. At a few minutes to 4, the Inconstant signalled, " Single column line ahead, close order," and at precisely 4 o'clock the flagship, having weighed anchor, moved slowly ahead towards Fort Denison. The light wind and flood tide swung the vessels with their heads to seaward, so that little manoeuvring was necessary to get them into the desired line, and this was done almost before they had quitted Farm Cove. The Carysfort ranged up close in the wake of the Inconstant, then followed the Bacchante, which received around of cheers from some hundreds of sightseers on the Orient steamer as she passed. The Wolverene, Cleopatra, and Tourmaline followed in the order named, and passing Fort Denison the flagship sent a signal aloft indicating that the Admiral intended to proceed at a speed of 12 knots. An increased velocity was forthwith noticeable on the part of each ship, and the last of the line passed Fort Denison at 4 20 p m, the band of each ship keeping up a succession of lively airs.



Right: Prince Albert and Prince George of Wales in Brisbane, August 1881, John Oxley Library, State Library of Queensland Neg: 68314

A considerable degree of nautical skill was evinced by the speedy way in which the vessels ranged in line, and though the Bacchante, as she felt herself moving, became a little unruly, she was soon got under control The procession down the harbour was a pretty and novel spectacle-one that was worth going far to see. The Squadron took a wide sweep round Bradley's Head, and passed out by the eastern channel, with point of water under oven the Inconstant which draws 26 feet aft and 21 feet 6 inches forward. Farm Cove was fairly alive with sailing boats, rowing boats, and steam launchs as the time for departure approached. The are around Mrs Macquarie's Chair was black with people, and a number of steam yachts and steamers accompanied the stately line of warships to the Heads. Among them were **the Government steamer Nea,** in which were Lady Augustus Loftus, his Excellency Sir Arthur Kennedy, Lieut Nathan, ADC, and several ladies , the Pacific, with the Mayor and Aldermen of Sydney, and a number of other gentleman on board **the Commodore, Thetis, Prince of Wales, Alathea, Quandong, and Swansea**. Cheers were exchanged between the crews of the departing vessels and those on the steamers, and amid the waving of handkerchiefs and flags from the friends they left behind, the tender strains of " Auld Lang Syne," and heartily shouted good wishes, the squadron passed out of Port Jackson, and took its course northward. The journey to Cape Moreton will be made under sail, and may be expected to occupy about four days.

The Wolverene, Commodore Wilson, will accompany the squadron to the latitude of Brisbane, and then voyage to New Guinea. This will be the Wolverene's last cruise, as Commodore Wilson's time (three years) will expire in December next. There is, we understand, some probability of the Wolverene remaining here, as the Imperial Government has been asked to make a gift of her to the Government of this colony for the use of the Naval Brigade.

Baron Maclay, the distinguished naturalist, has gone to New Guinea in the Wolverene, for the purpose of continuing his scientific labours there. And it is further expected that his knowledge of the New Guinea people will be of assistance to Commodore Wilson in securing the real offenders in the murder which took place at Kalo, on the south coast of New Guinea. The biological station at Watson's Bay is now ready for use by scientists.

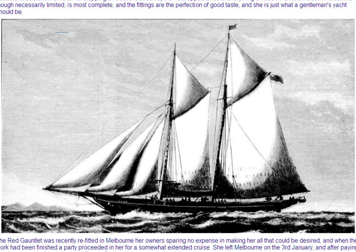
See; *PICTURESQUE NEW GUINEA. WITH AN HISTORICAL INTRODUCTION AND SUPPLEMENTARY CHAPTERS OF THE MANNERS AND CUSTOMS OF THE PAPUANS; ACCOMPANIED WITH FIFTY FULL-PAGE AUTOTYPE ILLUSTRATIONS FROM NEGATIVES OF PORTRAITS FROM LIFE AND GROUPS AND LANDSCAPES FROM NATURE* BY J. W. LINDT, F.R.G.S. Published 1887 Full Book HERE

It transpires that during the Inconstant's stay here about 80 men have deserted from her, and the other ships have also lost a large number of men.

THE DETACHED SQUADRON. (**1881, August 11**). The Sydney Morning Herald (NSW : 1842 - 1954), p. 5. Retrieved from http://nla.gov.au/nla.news-article13492269

THE YACHT RED GAUNTLET.

Yachting in Victoria has made rapid strides within the past few years, and the Victoria Yacht Club numbers amongst its members several wealthy gentlemen,- who, imbued with a love of the amusement, have obtained vessels that would be a credit to any yacht club in the world. Prominent amongst the vessels to which we allude is the celebrated Red Gauntlet, a yacht owned by Messrs. C. and E. Millar, the elder of whom is commodore of the club. The Red Gauntlet was built at Lymington by Mr. Inman, a celebrated yacht builder, to the order of Mr. Haig, an English gentleman, who subsequently sold her to Mr. Langtry, the husband of the lady known in English society as the Jersey Lily. The yacht eventually fell into the hands of a Mr. Balfour,' who brought her out to the colony, and, he dying in Sydney, she fell into the hands of her present owners. The yacht is 148 tons register, her dimensions being 101 feet over all and 19 feet beam. She is rigged as a fore-and-aft schooner, and is a beautiful model, her lines being exceptionally fine, and she is a very fast vessel in a good breeze. The yacht is kept in beautiful order, and the visitor on stepping on board is struck by the neat appearance of everything on deck. Her cabin accommodation, though necessarily limited, is most complete, and the fittings are the perfection of good taste, and she is just what a gentleman's yacht should be.



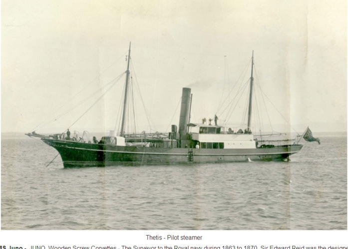
The Red Gauntlet was recently re-fitted in Melbourne her owners sparing no expense in making her all that could be desired, and when the work had been finished a party proceeded in her for a somewhat extended cruise. She left Melbourne on the 3rd January, and after paying a visit to several of the islands in. Bass's Straits, she proceeded to Hobart, where she arrived on the 11th January, and was very much admired by the nautical authorities of that place. After remaining there several days she returned to Melbourne, and on the voyage back encountered some exceptionally heavy weather, in 'which she proved herself to be a magnificent sea boat. The Red Gauntlet is not intended as a racer, but there can be no doubt that with her fine lines she would in a breeze of wind give a very good account of herself. With the exception of the steam yacht *Cushie Doo*, which is 358 tons, the Red Gauntlet is the largest vessel in the V. Y. C. fleet. THE YACHT RED GAUNTLET. (**1882, March 22**). *Illustrated Australian News* (Melbourne, Vic. : 1876 - 1889), p. 36. Retrieved from http://nla.gov.au/nla.news-article63186028

An iron screw steamer, Ajax (right) was originally built and launched in 1874 as a tug boat for the N.S.W. Government by Morts Dock & Engineering Company in Balmain, N.S.W., Australia. She had one deck, one spar deck and a tonnage of 344 gross and 189 net. She had a length of 128.7 ft., a width of 21 ft. and a depth of 12 ft. Her 2-cylinder (20" and 38.5") inverted steam engine with overhead crankshafts attained some 72hp.

HMS ss Swinger - H.M.S. Swinger, screw composite gunboat, .1 guns, 430 tons.

HMS Thetis was a Briton-class wooden screw corvette built for the Royal Navy in the late 1860s. In Australia: **Pilot Steamer THETIS** The State Records NSW states - "The pilot steamer Thetis, built in 1868 for the New South Wales Department of Public Works. In 1871 the Thetis was placed in temporary service as Sydney's Pilot Steamer until 1877."

This Thetis Pilot Steamer photograph comes from an album that belonged to Edward Hungerford and contains images of shipping and street scenes around Sydney from the 1880s. Edward Hungerford was born on 10 June 1863 in Cahirmoore, Ireland (County Cork), the son of Henry Jones Hungerford and Mary Boone Cowper. Hungerford migrated to Australia around 1882 and became a long-serving member of the Royal Sydney Yacht Squadron. He died 24 June 1956 in Newtown, Sydney. ANMM Collection Gift from the Royal Sydney Yacht Squadron. Image No: 00013762 [78]



Thetis - Pilot steamer

HMS Juno - JUNO Wooden Screw Corvettes - The Surveyor to the Royal navy during 1863 to 1870, Sir Edward Reid was the designer of these Wooden Screw Corvettes, HMS Juno and HMS Thalia. They were designed to carry troops with the accommodation arranged with the Soldiers on the Lower deck, and the Sailors on the upper deck.

HMS Thalia was the last ship to be built at Woolwich Royal Dockyard, laid down in 1866 and launched 14th July 1869 and completed for the Royal Navy in May 1870. Displacement: 2240 tons, Crew 200, Speed: 11.13 knots. Armament: Two 7 -inch MLR and four 64 pounder. later being rearmed with six 64 pounders.

HMS Juno was built by Deptford Dockyard and laid down in 1866, launched on the 28th November 1867 and completed in May 1868. Displacement: 2083 tons, Crew 200, Speed: 10.53 knots. Armament: Two 7 -inch MLR and four 64 pounder. later being rearmed with eight 64 pounders. The seventh "JUNO" was an 8-gun screw corvette, launched at Deptford in 1867. She was of 2240 tons, 1380 horse-power, and 10 knots speed. Her length, beam, and draught were 200ft., 40ft., and 18ft. The box-like shape of this vessel led to her being nicknamed the "Tea Chest." In 1878 the "Juno," commanded by Captain J.A. Poland, was engaged in watching a Russian squadron in the Far East during a period of strained relations. In 1887 the "Juno" was sold.

Captain Cook – Pilot Vessel

New Pilot Steamer FOR PORT JACKSON.

The pilot steamer Captain Cook, **an illustration of which, taken from the sail plan of the vessel, appears in this issue,** was **launched from Mort and Company's Shipbuilding Yard on December 7,** when the ceremony of christening the vessel was undertaken by the Earl of Jersey. The Captain Cook is said to be the finest vessel of its kind ever built in Australasia. She is 155ft long, 25ft beam, and 15ft depth of hold, flush decked, with a bridge amidships, with a raised forecastle, clipper' bow with a clean entrance, an elliptic stern with a nice run aft, which give her a very taking appearance. Her rig is that of a schooner. The vessel is fitted with steam windlass and steam and hand steering gear. The cabins for the commander and the pilots are commodious, well-ventilated, and lighted. In the forecastle the crew have comfortable quarters allotted to them. Her engines are on the triple expansion principle, the respective diameters of her cylinders being 16in, 25in, and 42in, with a 2ft 6in stroke, steam is generated in a boiler of the ordinary marine type, 14ft 11in diameter, and 11ft 6in long, and the indicated h.p. of her engines is set down at 750. In addition to other improvements she has an electric search light of 12,000 candlepower, and a powerful steam fire pump, capable of ejecting 36,000 gal of water per hour, through a 1 ½ in nozzle to a height of 190ft. The Captain Cook is at present having her boiler and engines fitted, and will soon be handed over the Government. Captain Creer will take command. The New Port Jackson Pilot Steamer Captain Cook, Launched at Sydney on December 7. (See letterpress on this page.) New Pilot Steamer. (**1892, December 24**). *Australian Town and Country Journal* (NSW : 1870 - 1907), p. 31. Retrieved from http://nla.gov.au/nla.news-article71207909

The New Port Jackson Pilot Steamer Captain Cook, Launched at Sydney on December 7. (See letterpress on this page.)

Captain Cook Pilot Vessel - the first one, from article above.

OF all the ships which have graced our harbour and have ended their career at the end of a towline, the most admired was the pilot steamer Captain Cook, familiarly know as "the watchdog of the Heads."

In February, 1877, the first vessel to bear the name of the famous navigator came on station at Watson's Bay. She was a wooden ship of 185 tons with a straight stem. She was replaced in 1893 by a second Captain Cook, a steel ship of 396 tons. Launched in December, 1892, she was commissioned in May, 1893, and made an average speed of 12knots on her trials. Captain Cook II was in the pilot service for more than 45 years and had many rescues to her credit, as well as valuable fire and salvage work.

Her faithful service as a pilot steamer ended in March,1939, when she vacated the berth at the buoy at Watson's Bay in favour of the present and third ship to bear the honoured name. Captain Cook's fine figurehead was transferred to her successor.

" Renamed Captain. Phillip, the old veteran rendered service as a training ship for thr Australian Sea Cadet Corps, and during, the last war personnel of the Australian Army Water Transport Section were trained in her. In October, 1947, having at long, last outlived her usefulness, she was towed out to sea and sunk. TWO notable ships in the graveyard are the Namoi, 809 tons, built in 1883, and the Newcastle, of ,1,251, tons, built in 1888. They were well known for their distinctive features of two funnels – the Newcastle originally had three-and their paddlewhccls. They voyaged between Sydney and Newcastle for many years. How fondly can we recall the regular 11 p.m. sailings from Sydney, and the awakening by the steward with tea upon arrival at Newcastle early next morning. The Namoi and the New-castle were sunk in January, 1932.

THE Barrabool and the Gabo were favourite passenger steamers of Howard Smith and Company. Both arrived in Australia in 1883. The Barrabool was in many collisions, and rammed and sank three steamers. It is said she steered badly. Old captains said they got out of her way when they saw her coming. She finished her days as a coal hulk in Sydney and went to her last plunge in September, 1950, 76 years after her launching. The Gabo was sunk in November, 1933.

All these are among the assemblage of once staunch ships, the once proud handiwork of shipwright and ship-builder, the once cherished commands of zealous masters, which now "sleep beneath the waves, hard by their native shore." HERALD FEATURES 100 Fathoms Deep, 18 Miles Off Sydney Heads, Is... The Graveyard Of Once Proud Ships. (**1954, September 22**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 12. Retrieved from http://nla.gov.au/nla.news-article27515074

In 1875 Mort's Dock designed and built the first pilot steamer, Captain Cook, a vessel 123ft 6in long, of 287 tons. She did good service for some 16 years, and, in 1891, the firm secured the order for the second Captain Cook, 156ft long and of 396tons. This familiar vessel has been in continual service since. She was commissioned in 1893, and is still running. That she should be doing so speaks well for Australian shipbuilding and workman-ship. After 45 years' continuous service she will go out of commission this year, as Mort's Dock has again secured an order in competition to build a third Captain Cook. This craft is now under construction, and is expected to be completed this year. The length had been again increased, and is 170ft, with a tonnage of 450. SHIPBUILDING INDUSTRY IN AUSTRALIA. (**1938, March 28**).*The Sydney Morning Herald* (NSW : 1842 - 1954), p. 7 Supplement: Engineering Supplement. Retrieved from http://nla.gov.au/nla.news-article17452552

SYDNEY SEA SCOUTS GET NOTABLE SHIP

Captain Phillip, formerly the pilot steamer Captain Cook, which has been refitted as a harbour training ship for Sea Scouts and will be handed over at Balmoral Depot on August 31. Built in 1893,the vessel was paid off in 1939, but was re-commissioned during the war for the Docks Operating Company, A.I.F. SYDNEY SEA SCOUTS GET NOTABLE SHIP. (**1946, August 13**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 3. Retrieved from http://nla.gov.au/nla.news-article17988994

OUR PILOT SERVICE. -OFF PORT JACKSON.

(For letterpress see page 18.)

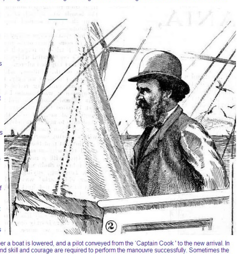
1. RETURNING TO ' CAPTAIN COOK ' WITH PILOT FROM OUTWARD BOUND STEAMER. 2.CAPTAIN J. CREER, COMMANDER OF THEPILOT SERVICE. 3. MR. PLACE, CHIEF OFFICER OF THE « CAPTAIN COOK.' 4. MR. FOTHERINGHAM, SECOND OFFICER OF THECAPTAIN COOK.' 5. LOWERING ONE OF THE «CAPTAIN COOK'S ' BOATS TO GO FOR PILOT.

6. GETTING ALONGSIDE AN OUTWARD BOUND MAIL STEAMER TO TAKE OFF THE PILOT. 7. tSE ' CAPTAIN COOK ' AT HER MOORINGS IN WATSON'S BAY, WAITING FOR THE SIGNAL TO « FROCKED.'

Our Pilot Service.

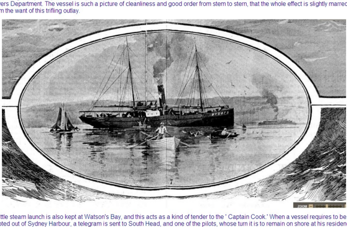
(See double page illustration.)

'A line for the pilot boat ' is the order which creates more excitement on ship-board than any other event of a sea voyage. Even the sailor in whom long use has blunted the sting of parting and dimmed the joy of meeting, feels his heart beat a trille faster when he hears this command. To the outward bound passenger the departure of the pilot means the severance of the last link between him and home. To the pilot he hands the letter which contains his final words off are well to the friends he has left behind, and the pilot's departure will probably linger in his memory when most other incidents of the voyage are forgotten. If the traveller is homeward bound, the sight of the pilot boat reminds him that he is separated from his friends by only a few hours ; and if the shores of a strange country are in view, the pilot is an object of keen interest, for is he not the first acquaintance among the new friends yet to be made ? Few people, however, trouble themselves to enquire as to how it is the pilot seems to turn up just when he is wanted, or as to what becomes of him when the ship is safely moored in harbour. It is only when the novelty of landing has worn off, and the incidents of the voyage are discussed as things of the past, that the traveller begins to regard the coming and going of pilots with some interest. The illustrations which accompany this article are from sketches made by our special artist, and they will give the reader a good insight into the working of the Port Jackson Pilot Service.



The service is one of the most efficient, as well as interesting, of our marine institutions, and the Marine Board, under whose jurisdiction it is, have good reason to be proud of it. Our illustrations include a picture of the pilot steamer 'Captain Cook,' lying moored to a buoy in Watson's Bay. The steamer there awaits, at all hours, the signal that a pilot is wanted. When a vessel requiring a pilot(and this includes all ships whose captains do not possess, on account of their knowledge of the harbour, an exemption certificate from the Marine Board), arrives near enough to the South Head Signal Station for the signalman on duty there to make her out, the fact is made known to the' Captain Cook.' Day and night a man is on the look-out on the bridge of the steamer for the flag, or the light, which is the signal that the pilot is wanted. The moment that the signal is made, the alert look-out man passes the word to the crew,and the captain gives the order to ' pro-ceed.' The moorings are so arranged thatthey can be cast off as quickly almost as the order is given, and in an incredibly short time the steamer is on her way outside. **Captain J. Creer (picture)**, whose portrait on the bridge of his trim little vessel is among our illustrations, has charge of the service, and out of the eighteen years he has been employed in it, for twelve of them he has occupied his present responsible position. Five pilots are stationed at Port Jackson, three of them remain on shore at Watson's Bay, and two are always standing by onboard the 'Captain Cook.' An incoming ship is met about a mile outside the Heads, and when the pilot steamer gets within a safe distance of her a boat is lowered, and a pilot conveyed from the 'Captain Cook ' to the new arrival. In bad weather this is by no means an easy task, and skill and courage are required to perform the manouvre successfully. Sometimes the sea is running so high that it is too dangerous to admit of lowering a boat, and in that case the pilot steamer leads the way to a safe anchorage by steaming ahead of the ship. Our illustrations include two incidents in the every-day life of the pilot crew-lowering one of the 'Captain Cook's ' boats, and getting alongside of an outward-bound mail steamer to take off the pilot. This is another duty assigned to the ' Captain Cook's ' crew, and it is by no means so easy to get alongside of a big steamer, when the sea is at all rough, as the lands-man may suppose.

The rapidity and precision with which every man on board the 'Captain Cook ' performs his share of the duty, was shown on a recent occasion, when the writer had the privilege of being on board of her. In less than two minutes from the time of the signal being made at South Head, the steamer was under weigh, and heading outwards. Captain Creer is justly proud of the fact that the look-out is so well kept on board the steamer, that when he is on shore and wants the boat lowered for him, a wave of his handkerchief from any part of Watson's Bay, visible from the bridge of the 'Captain Cook,' has never yet failed to elicit a response. On the particular day referred to above, there was a " lumpy 'sea on outside the Heads, making it anything but a favourable time for boat lowering. Suddenly, and without warning of any kind, Captain Creer seized a life-buoy and threw it overboard, and at the same time ordered a boat to be lowered to pick it up. The steamer was stopped, the boat lowered, and the buoy, which had drifted a considerable distance from the ship, was picked up, the boat hoisted again, and the steamer going ahead before the visitor had recovered from his surprise. The whole operation was too sudden, and had been performed too quickly for anyone to have thought of timing it ; but the entire proceedings from the time the buoy was thrown overboard, until the boat's crew had recovered breath from their exertions, and had, apparently, almost forgotten the incident, certainly did not occupy move than four or five minutes. This high state of efficiency is brought about by the evident interest that every member of the crew takes in his work. Most of the men have spent many years in the service, the newest comer among them having been something like four years in the 'Captain Cook.' The Chief Officer, Mr. Place, and the Second Officer, Mr. Fotheringham, ably support Captain Creer in keeping things up to the mark. Portraits of these two officers are included in our illustrations. Mr. Broderick, the Chief Engineer, has been in charge of the engines since the pilot steamer was launched from Mort's Dock in January, 1877, and he and his Second Engineer, Mr. H. B. Irving, have a just pride in the excellent condition of their engines, after the long service they have seen ;a service made doubly trying in this steamer, where it is necessary to have steam up night and day. There is, however, one drawback-the ' Captain Cook ' is too slow. In bad weather, when it is necessary for the pilot steamer to lead the way into port, great difficulty is sometimes experienced in keeping ahead of the vessel to be piloted, for a modern steamer going at her slowest speed will, at times, go faster than the ' Captain Cook.' This is an evil that steps have already been taken to remedy, and a faster steamer has been promised. Another slight improvement the Marine Board might very easily effect, is to put the crew of the pilot steamer in uniform, after the fashion of the employees of the Harbours and Rivers Department. The vessel is such a picture of cleanliness and good order from stem to stern, that the whole effect is slightly marred from the want of this trifling outlay.



A little steam launch is also kept at Watson's Bay, and this acts as a kind of tender to the ' Captain Cook.' When a vessel requires to be piloted out of Sydney Harbour, a telegram is sent to South Head, and one of the pilots, whose turn it is to remain on shore at his residence at Watson's Bay, embarks on the launch, and is conveyed by it to the ship, where he remains until she is well clear of the Heads, when he is taken off, as has already been shown, by one of the boats from the' Captain Cook.' Attending to the pilot signals is not the only work performed by the pilot steamer. The laying of buoys, and such-like operations, is another service which devolves upon her. But above all else in the list of her services stands the splendid record of lives and property saved by Captain Creer and his crew. It is the duty of the pilot steamer to render all the aid in her power to vessels in distress, and over and over again has that duty been performed by the people on board of her, in the worst weather, and in the face of terrible difficulties. The ship is supplied with the rocket apparatus, and other life-saving appliances, which Captain Creer and his officers willingly explained the use of to the writer ; but brave men are modest, and they could not be induced to talk of the good work done.

The foregoing sketch of the pilot service clearly shows that, besides being in a high state of efficiency, the men composing it have, every one of them, ' The heart of a true British sailor.' Our Pilot Service. (**1891, June 6**). *Illustrated Sydney News*(NSW : 1853 - 1872), p. 12. Retrieved from http://nla.gov.au/nla.news-article63616697

The Australian Naval Station. ADMIRAL SCOTT TAKES COMMAND.

By the arrival of the E.M.S. Carthage from London this morning, Rear-Admiral Lord Charles Scott, C.B., the new commanding officer of the Australian Naval Station, was a passenger. The Carthage entered the Heads shortly before noon, and steamed up to an anchorage in Neutral Bay. **H.M.S. Orlando**, from Melbourne, which had been off the Heads from an early hour this morning, came to the Orlando buoy in Farm Cove shortly after 11. The Orlando is now under command of Captain Barlow, he having succeeded Captain Tyute Hammill, who leaves Melbourne for England by **E.M.S. Ormuz** this afternoon. Flag Lieutenant E. P. Fitzgerald, who succeeds Flag Lieutenant Erskine, and the admiral's secretary, Mr. W. Le G. Pullen, who succeeds Mr. C. J. Pawsey, have also joined the Orlando. On the arrival of the Carthage at her anchorage The Admiral, Lady Scott, and parity were conveyed to Admiralty House. During the afternoon the Admiral will proceed to the flagship, when his commission will be read at a full dress parade of the ship's company, his flag will be hoisted, the customary salutes fired, and he will then be in official command of the station. With respect to the other vessels of the fleet, the Royalist is in Farm Cove; awaiting her relief crew from England, **the Egeria** is hourly expected to arrive from Tonga for a refit and to embark her relief crew, expected on Deeember 10 by the s.s. Port Victor. The Swinger is expected to-day from Noumea ; and the Raven is also on her way to Sydney from New Guinea. The Rapid has gone to Noumea and New- Hebrides ; the Dart is surveying on the Queensland coast, the Rambler, from Western Australia, is on the way to Hobart, to give her crew a spell in cool weather; and H.M.S. Opal and H.M.S. Lizard are believed to have gone to Dunedin, N.Z., to represent the Royal Navy at the opening of the Exhibition. H.I.G.M.S. Alexandrine saluted the Admiral on arrival. The Australian Naval Station. (**1889, November 22**). *Evening News* (Sydney, NSW : 1869 - 1931), p. 4. Retrieved from http://nla.gov.au/nla.news-article117020754

New South Wales First Colonial Naval Exercises and Naval Brigade Threads collected by A J Guesdon, 2013.

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September 1- 7, 2013: Issue 126

112th Australian Flag Day – September 3rd, 2013

Flags, standards and pennants began many centuries ago. Have you ever seen a picture of a knight who comes 'with flags, standards and pennants flying' or heard of the verse from the Song of Solomon in the Bible, written, according to some, circa 900 B.C.;

*He brought me to the Bais HaYayin (banquet hall), and his degel (**standard, pennant, banner, flag**) over me is ahavah (love).*

A knight—Sir Geoffrey Luttrell, who died 1345—receiving his helm and pennon from his wife. Another lady holds his shield.

A pennon was one of the principal three varieties of flags carried during the Middle Ages (the other two were the banner and the standard). Pennon comes from the Latin penna meaning "a wing" or "a feather". Pennons or Pennants were a purely personal ensign and essentially the flag of the knight bachelor, as apart from the knight banneret. They were carried by him on his lance, displaying his personal armorial bearings, and set out so that they stood in correct position when he couched his lance for charging. A manuscript of the 16th century (Hari. 2358) in the British Museum, which gives detailed particulars as to the size, shape and bearings of the standards, banners, pennons and pennoncells, says "a pennon must be two yards and a half long, made round at the end, and contain the arms of the owner," and warns that "from a standard or streamer a man may flee but not from his banner or pennon bearing his arms." A pennoncell (or penselle) was a diminutive pennon carried by the esquires.

Illustration of the carrack Mary Rose. circa 1546 by Anthony Roll as reproduced in The Anthony Roll of Henry VIII's Navy: Pepys Library 2991 and British Library Additional MS 22047 With Related Document

In antiquity, field signs or standards were used in warfare that can be categorized as vexilloid or "flag-like". Examples include the Achaemenid battle standard Derafsh Kaviani, and the standards of the Roman legions such as the eagle of Augustus Caesar's Xth legion, or the dragon standard of the Sarmatians; the latter was let fly freely in the wind, carried by a horseman, but judging from depictions it was more similar to an elongated dragon kite than to a simple flag.

Right: Bronze flag, Shahdad Kerman, Iran. Date 3rd millennium BC. Source; History of Art in Iran from website: www.chap.sch.ir

During the High Middle Ages flags came to be used primarily as a heraldic device in battle, allowing more easily to identify a knight than only from the heraldic device painted on the shield. Already during the high medieval period, and increasingly during the Late Middle Ages, city states and communes such as those of the Old Swiss Confederacy also began to use flags as field signs. Regimental flags for individual units became commonplace during the Early Modern period.

During the peak of the age of sail, beginning in the early 17th century, it has been customary (and later a legal requirement) for ships to carry flags designating their nationality; these flags eventually evolved into the national flags and maritime flags of today. Flags also became the preferred means of communications at sea, resulting in various systems of flag signals. In the maritime environment semaphore is used. Semaphore is the telegraphy system conveying information at a distance by means of visual signals with hand-held flags, rods, disks, paddles, or occasionally bare or gloved hands.

A person who is interested in the study of flags is called a 'vexillologist'; Vexillology is the "scientific study of the history, symbolism and usage of flags or, by extension, any interest in flags in general" (Smith 31) The word is a synthesis of the Latin word *vexillum* ("flag" or "pennant") and the Greek suffix *-logia*("study"). This term was conceived in 1957 by the U.S. scholar and vexillologist Whitney Smith and first appeared in print in 1959. It is formally defined by the International Federation of Vexillological Associations (known by its French acronym FIAV) constitution as "the creation and development of a body of knowledge about flags of all types, their forms and functions, and of scientific theories and principles based on that knowledge." Vexillology was originally considered a sub-discipline of heraldry and is still seen by many as such.

This week Australian National Flag Day will be celebrated **on 3 September** with a special guest, The Hon. Dr Brendan Nelson joining in the eclebrations to be held in **Martin Place, Sydney, 12 noon**. This commemorates the day in 1901 on which the Australian National Flag was first flown. On that day Australia's first Prime Minister, Edmund Barton, announced the winners of a competition to design a flag for Australia and a large flag, 5.5 metres by 11 metres, was flown over the dome of the Royal Exhibition Building in Melbourne.

On 28 August 1996, the Governor-General of Australia, Sir William Deane, issued a proclamation from Government House, Canberra that officially established 3 September as Australian National Flag Day. Australian National Flag Day is not a public holiday.

The idea of an annual day specifically celebrating the Australian National Flag dates from 1984. In that year **John Christian Vaughan** (pictured left), a noted vexillographer and historian, and **one of our Pittwater gentlemen**, arranged for the New South Wales branch of the Australian National Flag Association (ANFA) to observe 3 September as "Australian National Flag Day" at a public ceremony held in Hyde Park, Sydney. In several newspaper articles, radio and television appearances over the following years, Mr. Vaughan continued to enthusiastically advocate the observance of 3 September as Australia's National Flag Day.

Mr. Vaughan encouraged all the other state branches of the ANFA to promote and organise Flag Day ceremonies for members and the general public to participate in. The recognition and popularity of Flag Day continued to grow with each passing year and in 1989 the Governor of New South Wales, David Martin, delivered a Flag Day address at Tumbalong Park, Sydney in which he said, "I come here as someone who is proudly Australian, I come here out of respect for a Flag which is proudly Australian".

On Flag Day 1996 an official ceremony took place in the Martin Place Amphitheater in the centre of Sydney. On that occasion David Jull, Minister for Administrative Services, read a message from the Prime Minister, John Howard. He then presented the ANFA with a copy of the proclamation by Sir William Deane.

Ceremonies are held annually in schools, major centres, and the Governor-General, Governors and some politicians attend or release statements to the media.

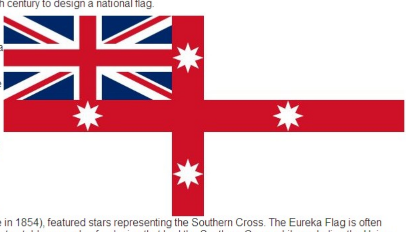
Flag of Australia

The flag of Australia is a defaced Blue Ensign: a blue field with the Union Jack in the canton (upper hoist quarter), and a large white seven-pointed star known as the Commonwealth Star in the lower hoist quarter. The fly contains a representation of the Southern Cross constellation, made up of five white stars – one small five-pointed star and four, larger, seven-pointed stars.

The flag's original design (with a six-pointed Commonwealth Star) was chosen in 1901 from entries in a worldwide competition held following Federation, and was first flown in Melbourne on 3 September 1901; this date has been proclaimed as Australian National Flag Day. A slightly different design was approved by King Edward VII in 1902. Over the next few years, the exact specifications of the flag were changed several times both intentionally and as a result of confusion. The current specifications were formally gazetted in 1934, and in 1954 the flag became recognised by, and legally defined in, the Flags Act 1953, as the "Australian National Flag".
In addition, there are other official flags representing Australia, its people and core functions of government.

History of how we were before we had a flag
Before 1901 Australia was six separate British colonies. The Union Flag, as the flag of the British Empire, was first used on Australian soil on 29 April 1770 when Lieutenant James Cook landed at Botany Bay, and it was again used at the start of European settlement of the country on 26 January 1788. after then, although each colony flew the Union Jack they also had their own flags based on the Union Flag. As an Australian national consciousness began to emerge, several flag movements were formed and unofficial new flags came into common usage.

Two attempts were made throughout the nineteenth century to design a national flag.

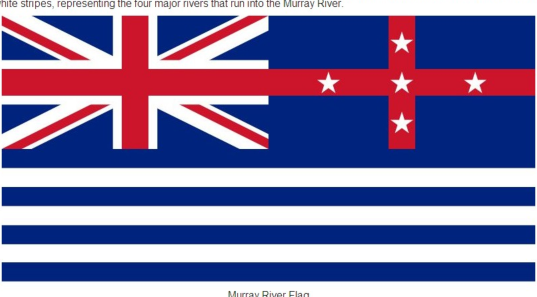


The first such attempt was the **National Colonial Flag** created in 1823–1824 by Captains John Nicholson and John Bingle. This flag consisted of a red cross on a white background, with an eight-point star on each of the four limbs of the cross, while incorporating a Union Flag in the canton. The most popular "national" flag of the period was the 1831 Federation Flag, also designed by Nicholson. This flag was the same at the National Colonial Flag, except that the cross was blue instead of resembling that of St. George. Although the flag was designed by Nicholson in 1831, it did not become widely popular until the latter part of the century, when calls for federation began to grow louder.

These flags, and many others such as the Eureka Flag (which came into use at the Eureka Stockade in 1854), featured stars representing the Southern Cross. The Eureka Flag is often viewed as the first "Australian" flag as it was the first notable example of a design that had the Southern Cross while excluding the Union Flag.

The oldest known flag to show the stars arranged as they are seen in the sky is the Anti-Transportation League Flag, which is similar in design to the present National Flag. The differences were that there was no Commonwealth Star, while the components of the Southern Cross are depicted with eight points and in gold. This flag was only briefly in usage, as two years after the formation of the Anti-Transportation League in 1851, the colonial authorities decided to stop the intake of convicts, so the ATL ceased its activities.

The Murray River Flag, popular since the 1850s, is still widely used by boats that traverse one of Australia's great rivers. It is the same as the National Colonial Flag, except that the white background in the three quadrants other the canton were replaced with four alternating blue and white stripes, representing the four major rivers that run into the Murray River.


Murray River Flag

As Federation approached, thoughts turned to an official federal flag. In 1900, the Melbourne Herald conducted a design competition with a prize of 25 Australian pounds (in 2009: $3,200) in which entries were required to include the Union Flag and Southern Cross, resulting in a British Ensign style flag. The competition conducted by the Review of Reviews for Australasia—a Melbourne-based publication—later that year thought such a restriction seemed unwise, despite observing that a design without these emblems were unlikely to be successful. However, it still suggested that entries incorporate the two elements in their design.

Right: The edition of the Review of Reviews front cover signed by Egbert Nuttall, after the winning designers of the 1901 Federal Flag design competition were announced, courtesy State Library of NSW.

After Federation on 1 January 1901 and following receipt of a request from the British government to design a new flag, the new Commonwealth Government held an official competition for a new federal flag in April. The competition attracted 32,823 entries, including those originally sent to the Review of Reviews. One of these was submitted by an unnamed governor of a colony. The two contests were merged after the Review of Reviews agreed to being integrated into the government initiative. The £75 prize money of each competition were combined and augmented by a further £50 donated by Havelock Tobacco Company. Each competitor was required to submit two coloured sketches, a red ensign for the merchant service and public use, and a blue ensign for naval and official use.

The designs were judged on seven criteria: loyalty to the Empire, Federation, history, heraldry, distinctiveness, utility and cost of manufacture. The majority of designs incorporated the Union Flag and the Southern Cross, but native animals were also popular, including one that depicted a variety of indigenous animals playing cricket.

The entries were put on display at the Royal Exhibition Building in Melbourne and the judges took six days to deliberate before reaching their conclusion. Five almost identical entries were chosen as the winning design, and their designers shared the £200 (2009: $25,000) prize money.

They were **Ivor Evans, a fourteen-year-old schoolboy** from Melbourne; **Leslie John Hawkins, a teenager** apprenticed to an optician from Sydney; Egbert John Nuttall, an architect from Melbourne; Annie Dorrington, an artist from Perth; and William Stevens, a ship's officer from Auckland, New Zealand. The five winners received £40 each. The differences to the current flag were the six-pointed Commonwealth Star, while the components stars in the Southern Cross had different numbers of points, with more if the real star was brighter. This led to five stars of nine, eight, seven, six and five points respectively.

The flag's initial reception was mixed. The then republican magazine The Bulletin labelled it:
a staled réchauffé of the British flag, with no artistic virtue, no national significance... Minds move slowly: and Australia is still Britain's little boy. What more natural than that he should accept his father's cut-down garments, – lacking the power to protest, and only dimly realising his will. That bastard flag is a true symbol of the bastard state of Australian opinion.

Melbourne Herald competition winning design

Blue version of winning design

As approved by King Edward VII

As the design was basically the Victorian flag with a star added, many critics in both the Federal Government and the New South Wales government objected to the chosen flag for being "too Victorian". They wanted the Australian Federation Flag, and Prime Minister Barton, who had been promoting the Federation Flag, submitted this flag along with that chosen by the judges to the Admiralty for final approval. The Admiralty chose the Red for private vessels and Blue Ensigns for government ships. The Barton government regarded both the Blue and Red Ensigns as colonial maritime flags and "grudgingly" agreed to fly it only on naval ships. Later governments, that of Chris Watson in 1904 and Andrew Fisher in 1910, were also unhappy with the design, wanting something "more distinctive" and more "indicative of Australian unity."

The Royal Exhibition Building, Melbourne. Site of the first flying of the Australian flag. Photo courtesy Diliff

On 3 September 1901, the new Australian flag flew for the first time from the dome of the Royal Exhibition Building in Melbourne. The names of the joint winners of the design competition were announced by Hersey, Countess of Hopetoun (the wife of the Governor-General, the 7th Earl of Hopetoun) and she unfurled the flag for the first time. Since 1996 this date has been officially known as Australian National Flag Day.

A simplified version of the competition-winning design was submitted to the British Parliament in December 1901. Prime Minister Edmund Barton announced in the Commonwealth Gazette that King Edward VII had officially recognised the design as the Flag of Australia on 11 February 1903. This version made all the stars in the Southern Cross seven-pointed apart from the smallest, and is the same as the current design except the six-pointed Commonwealth Star. This was changed to the seven pointed star in 1908.

Blue or Red Ensign?
The Red Ensign was the only flag private citizens could fly on land. By traditional British understanding, the Blue Ensign was reserved for Commonwealth Government use, with State and local governments, private organisations and individuals all using the Red Ensign. As an example, the explorer Sir Hubert Wilkins planted a red ensign in Antarctica. However, the official painting of the opening of Australia's new Parliament House in 1927 shows only Red Ensigns and Union Flags being flown. Doubt has been raised over whether Septimus Power's painting is accurate with claims the red was possibly chosen for dramatic effect or because it was the flag the Australian public was expected to use.

There was some confusion over appropriate use of the ensigns until the Flags Act 1953 set the Blue Ensign as the national flag, and the Red Ensign as the flag of the Australian mercantile marine. Red ensigns continued to be used in Anzac Day marches into the 1960s. Technically, private non-commercial vessels were liable to a substantial fine if they did not fly the British Red Ensign. However, an Admiralty Warrant was issued on 5 December 1938, authorising these vessels to fly the Australian Red Ensign. The Shipping Registration Act 1981 reaffirmed that the Australian Red Ensign was the proper "colours" for commercial ships over 24 metres (79 ft) in tonnage length.

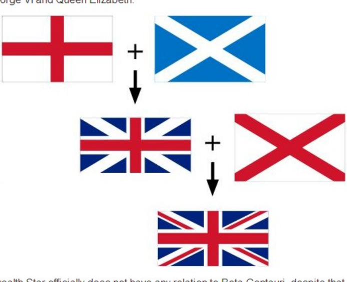
Replacement of the Union Jack
The blue ensign replaced the Union Jack at the Olympic Games at St Louis in 1904. In the same year, due to lobbying by Richard Crouch MP, it had the same status as the Union Flag in the UK, when the House of Representatives proclaimed that the Blue Ensign "should be flown upon all forts, vessels, saluting places and public buildings of the Commonwealth upon all occasions when flags are used". The government agreed to fly the Blue Ensign on special flag days, but not if it meant additional expense, which undermined the motion. The Blue Ensign could only be flown on a state government building if a state flag was not available.

On 2 June 1904 a resolution was passed by parliament to replace the Union Jack with the "Australian Flag" on forts. Initially the Department of Defence resisted using the Flag, considering it to be a marine ensign and favouring King's Regulations that specified the use of the Union Jack. After being approached by the Department of Defence, Prime Minister Chris Watson stated in parliament that he was not satisfied with the design of the Australian flag and that implementation of the 1904 resolution could wait until consideration was given to "adopt another [flag] which in our opinion is more appropriate."

In 1908, Australian Army Military Order, No 58/08 ordered the "Australian Ensign" replace the Union Flag at all military establishments. From 1911 it was the saluting flag of the Australian army at all reviews and ceremonial parades.

The Royal Australian Navy (RAN) was promulgated on 5 October 1911 and was directed to fly the British White Ensign on the stern and the Flag of Australia on the Jackstaff. Despite the government wanting to use the Blue Ensign on Australian warships, officers continued to fly the Union Flag, and it was not until 1913, following public protest in Fremantle after its use for the review of HMAS Melbourne, that the government "reminded" them of the 1911 legislation. The British White Ensign was finally replaced by a distinctively Australian White Ensign on 1 March 1967.

Despite the new Australian Flags official use, from 1901 until the 1920s the Federation Flag remained the most popular Australian flag for public and even some official events. It was flown at the 1907 State Premiers conference in Melbourne and during the 1927 visit to Australia of the Duke and Duchess of York, the future King George VI and Queen Elizabeth.



The Australian flag uses three prominent symbols: the Union Flag, the Commonwealth Star (also the Federation Star) and the Southern Cross (or Crux).
In its original usage as the flag of United Kingdom of Great Britain and Ireland, the Union Flag itself was formed from three heraldic crosses which represent the Constituent Countries of the United Kingdom (as constituted in 1801):
The red St George's Cross of England
The white diagonal St Andrew's Cross of Scotland
The red diagonal St Patrick's Cross of Ireland

The Union Flag is thought locally to symbolise Australia's history as six British colonies and the principles upon which the Australian Federation is based, although a more historic view sees its inclusion in the design as demonstrating loyalty to the British Empire.

The Commonwealth Star originally had only six points, representing the six federating colonies. However, this changed in 1908 when a seventh point was added to symbolise the Territory of Papua and any future territories. Another rationale for the change was to match the star used on the Coat of Arms, which was created in the same year.
The star is also known as the Federation Star. The Commonwealth Star officially does not have any relation to Beta Centauri, despite that star's location in the sky and its brightness; however, the 1870 version of the Flag of South Australia featured the "pointer" stars, Alpha and Beta Centauri.

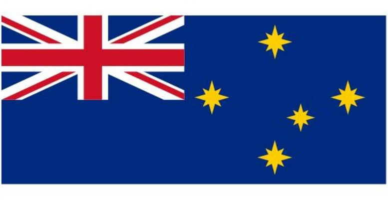
The Southern Cross is one of the most distinctive constellations visible in the Southern Hemisphere, and has been used to represent Australia since the early days of British settlement. **Ivor Evans, one of the flag's designers, intended the Southern Cross to refer also to the four moral virtues ascribed to the four main stars by Dante: justice, prudence, temperance and fortitude**. The number of points on the stars of the Southern Cross on today's Australian flag differs from the original competition-winning design, on which they ranged between five and nine points each, representing their relative brightness in the night sky. The stars are named after the first five letters of the Greek alphabet, in decreasing order of brightness in the sky. In order to simplify manufacture, the British Admiralty standardised the four larger outer stars at seven points each, leaving the smaller middle star with five points. This change was officially gazetted on 23 February 1903.

A complete specification for the current design was published in the *Commonwealth Gazette* in 1934.

In the 1920s there was debate over whether the Blue Ensign was reserved for Commonwealth buildings only, culminating in a 1924 agreement that the Union Flag should take precedence as the National Flag. As the Union Flag was recognised as the National flag, it was considered disloyal to fly either ensign without the Union flag alongside, and it was the Union Flag that covered the coffins of Australia's war dead.

Related Incidentals:

Australian Anti-Transportation League Flag

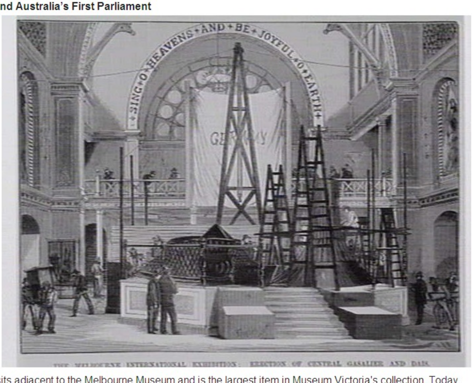


The Australian Anti-Transportation League Flag is a flag used historically by members of the Australasian Anti-Transportation League who opposed penal transportation to the British colonies which are now a part of Australia. It is particularly significant as it is the oldest known flag to feature a representation of the Southern Cross with the stars arranged as they are seen in the sky.

The flag was designed in 1849 by Reverend John West of Launceston, Tasmania, and from 1851 was used by the Australian Anti-Transportation League in the Australian colonies and in New Zealand. The flag is blue, with the Union Flag in the Canton, and the Southern Cross on the fly. Each of the stars of the Southern Cross was symbolic of a member colony. There is a white border around three sides of the flag, which was used to display the name of the League, the year it was established and the name of the colony where it was flown.

The flag was no longer used after transportation was ceased in 1853; however, the design of the flag is similar to many later flags, including the Flag of New Zealand, Flag of Victoria and Flag of Australia.

The Royal Exhibition Building and Australia's First Parliament



THE MELBOURNE INTERNATIONAL EXHIBITION: ERECTION OF CENTRAL GASALIER AND DAIS.

The Royal Exhibition Building is a World Heritage Site-listed building in Melbourne, Australia, completed in 1880. It is located at 9 Nicholson Street in the Carlton Gardens, flanked by Victoria, Nicholson, Carlton and Rathdowne Streets, at the north-eastern edge of the central business district. It was built to host the Melbourne International Exhibition in 1880–1881 and later hosted the opening of the first Parliament of Australia in 1901. Throughout the 20th century smaller sections and wings of the building were subject to demolition and fire; however, the main building, known as the Great Hall, survived.

Right: Scene from the Melbourne International Exhibition 1880, courtesy State Library of Victoria. Date 1880

It received restoration throughout the 1990s and in 2004 became the first building in Australia to be awarded UNESCO World Heritage status, being one of the last remaining major 19th-century exhibition buildings in the world. It sits adjacent to the Melbourne Museum and is the largest item in Museum Victoria's collection. Today, the building hosts various exhibitions and other events and is closely tied with events at the Melbourne Museum.

The Royal Exhibition Building was designed by the architect Joseph Reed, who also designed the Melbourne Town Hall and the State Library of Victoria. According to Reed, the eclectic design was inspired by many sources. The dome was modeled on the Florence Cathedral, while the main pavilions were influenced by the style of Rundbogenstil and several buildings from Normandy, Caen and Paris.

The foundation stone was laid by Victorian governor George Bowen on 19 February 1879 and it was completed in 1880, ready for the Melbourne International Exhibition. The building consisted of a Great Hall of over 12,000 square metres and many temporary annexes.
1880–1901

In the 1880s, the building hosted two major International Exhibitions: The Melbourne International Exhibition in 1880 and the Melbourne Centennial Exhibition in 1888 to celebrate a century of European settlement in Australia. The most significant event to occur in the Exhibition Building was the opening of the first Parliament of Australia on 9 May 1901, following the inauguration of the Commonwealth of Australia on 1 January. After the official opening, the Federal Parliament moved to the Victorian State Parliament House, while the Victorian Parliament moved to the Exhibition Building for the next 26 years it was built it 8 years.

The Big Picture, the opening of the Parliament of Australia on 9 May 1901, Melbourne, Australia. Date 1903, Painted by Tom Roberts.

The Commonwealth Parliament was opened on 9 May 1901 in Melbourne, Victoria by Prince George, Duke of Cornwall and York, later King George V. The only building in Melbourne large enough to house the 14,000 guests was the Royal Exhibition Building. Thereafter, from 1901 to 1927, the Parliament met in Parliament House, Melbourne, which it borrowed from the Parliament of Victoria (which sat in the Royal Exhibition Building). On 9 May 1927 Parliament moved to the new national capital at Canberra, where it met in what is now called Old Parliament House. Intended to be temporary, this building in fact housed the Parliament for more than 60 years. The new and permanent Parliament Housewas opened on 9 May 1988 by Queen Elizabeth II.

On 3 September 1901, the Countess of Hopetoun, wife of the Governor-General, announced the winners of a competition to design the Australian National Flag. A large flag, 5.5 metres by 11 metres, was unfurled and flown over the dome of the Royal Exhibition Building

Construction sheet for the Flag of Australia. The length of the Flag is twice the width.
Under the Flags Act, the Australian National Flag must meet the following specifications:
the Union Flag occupying the upper quarter next the staff;
a large seven-pointed white star (six representing the six states of Australia and one representing the territories) in the centre of the lower quarter next the pye and pointing direct to the centre of St George's Cross in the Union Flag;
5 white stars (representing the Southern Cross) in the half of the flag further from the staff.

The location of the stars is as follows:
Commonwealth Star – 7 pointed star, centred in lower hoist.
Alpha Crucis – 7 pointed star, straight below centre fly 1/6 up from bottom edge.
Beta Crucis – 7 pointed star, 1/4 of the way left and 1/16 up from the centre fly.
Gamma Crucis – 7 pointed star, straight above centre fly 1/6 down from top edge.
Delta Crucis – 7 pointed star, 2/9 of the way right and 31/240 up from the centre fly.
Epsilon Crucis – 5 pointed star, 1/10 of the way right and 1/24 down from the centre fly.
The outer diameter of the Commonwealth Star is 3/10 of the flag's width, while that of the stars in the Southern Cross is 1/7 of the flag's width, except for Epsilon, for which the fraction is 1/12. Each star's inner diameter is 4/9 of the outer diameter. The flag's width is the measurement of the hoist edge of the flag (the distance from top to bottom).

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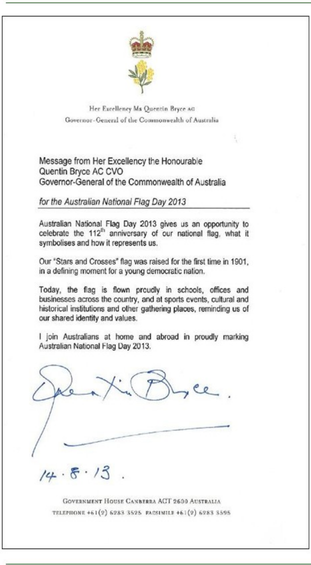

Her Excellency Ms Quentin Bryce AC
Governor-General of the Commonwealth of Australia

Message from Her Excellency the Honourable
Quentin Bryce AC CVO
Governor-General of the Commonwealth of Australia

for the Australian National Flag Day 2013

Australian National Flag Day 2013 gives us an opportunity to celebrate the 112th anniversary of our national flag, what it symbolises and how it represents us.

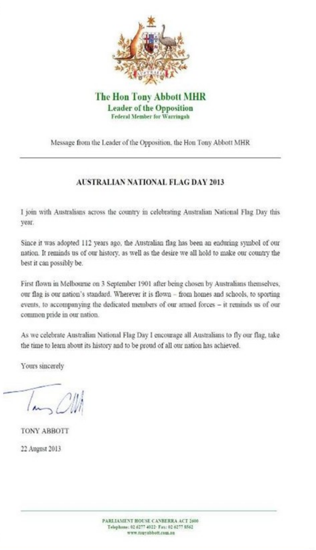
Our "Stars and Crosses" flag was raised for the first time in 1901, in a defining moment for a young democratic nation.

Today, the flag is flown proudly in schools, offices and businesses across the country, and at sports events, cultural and historical institutions and other gathering places, reminding us of our shared identity and values.

I join Australians at home and abroad in proudly marking Australian National Flag Day 2013.

14·8·13.

GOVERNMENT HOUSE CANBERRA ACT 2600 AUSTRALIA
TELEPHONE +61(2) 6283 3525 FACSIMILE +61(2) 6283 3595


The Hon Tony Abbott MHR
Leader of the Opposition
Federal Member for Warringah

Message from the Leader of the Opposition, the Hon Tony Abbott MHR

AUSTRALIAN NATIONAL FLAG DAY 2013

I join with Australians across the country in celebrating Australian National Flag Day this year.

Since it was adopted 112 years ago, the Australian flag has been an enduring symbol of our nation. It reminds us of our history, as well as the desire we all hold to make our country the best it can possibly be.

First flown in Melbourne on 3 September 1901 after being chosen by Australians themselves, our flag is our nation's standard. Wherever it is flown – from homes and schools, to sporting events, to accompanying the dedicated members of our armed forces – it reminds us of our common pride in our nation.

As we celebrate Australian National Flag Day I encourage all Australians to fly our flag, take the time to learn about its history and to be proud of all our nation has achieved.

Yours sincerely

TONY ABBOTT

22 August 2013

PARLIAMENT HOUSE CANBERRA ACT 2600

September 1- 7, 2013: Issue 126

Fathers Day 2013

What Makes a Dad

God took the strength of a mountain,
The majesty of a tree,
The warmth of a summer sun,
The calm of a quiet sea,
The generous soul of nature,
The comforting arm of night,
The wisdom of the ages,
The power of the eagle's flight,
The joy of a morning in spring,
The faith of a mustard seed,
The patience of eternity,
The depth of a family need,
Then God combined these qualities,
When there was nothing more to add,
He knew His masterpiece was complete,
And so,
He called it ... Dad
- Author Unknown

Only a Dad

BY EDGAR ALBERT GUEST

Only a dad, with a tired face,
Coming home from the daily race,
Bringing little of gold or fame,
To show how well he has played the game,
But glad in his heart that his own rejoice
To see him come, and to hear his voice.

Only a dad, with a brood of four,
One of ten million men or more.
Plodding along in the daily strife,
Bearing the whips and the scorns of life,
With never a whimper of pain or hate,
For the sake of those who at home await.

Only a dad, neither rich nor proud,
Merely one of the surging crowd
Toiling, striving from day to day,
Facing whatever may come his way,
Silent, whenever the harsh condemn,
And bearing it all for the love of them.

Only a dad, but he gives his all
To smooth the way for his children small,
Doing, with courage stern and grim,
The deeds that his father did for him.
This is the line that for him I pen,
Only a dad, but the best of men.

Father

BY EDGAR ALBERT GUEST

My father knows the proper way
  The nation should be run;
He tells us children every day
  Just what should now be done.
He knows the way to fix the trusts,
  He has a simple plan;
But if the furnace needs repairs,
  We have to hire a man.

My father, in a day or two
  Could land big thieves in jail;
There's nothing that he cannot do,
  He knows no word like "fail."
"Our confidence" he would restore,
  Of that there is no doubt;
But if there is a chair to mend,
  We have to send it out.

All public questions that arise,
  He settles on the spot;
He waits not till the tumult dies,
  But grabs it while it's hot.
In matters of finance he can
  Tell Congress what to do;
But, O, he finds it hard to meet
  His bills as they fall due.

It almost makes him sick to read
  The things law-makers say;
Why, father's just the man they need,
  He never goes astray.
All wars he'd very quickly end,
  As fast as I can write it;
But when a neighbor starts a fuss,
  'Tis mother has to fight it.

In conversation father can
  Do many wondrous things;
He's built upon a wiser plan
  Than presidents or kings.
He knows the ins and outs of each
  And every deep transaction;
We look to him for theories,
  But look to ma for action.

Park Bench Philosophers

We welcome contributions from all Pittwater residents in the form of anecdotes, memories, stories, poems or even matters you'd like to see addressed or changed in our area.

If you have something you'd like to share, something you'd like to start a discussion about, or even just a poem or story from yesterday or today we want to hear from you.

Contact us at: pittwateronlinenews@live.com.au

Please note that Pittwater Online News does not endorse any of the content of works contributed. Articles which contain swearing or may offend others will not be accepted. Please note that all works are posted unedited; you are the author, this is your page. Word Limit: 2000.

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September 1- 7, 2013: Issue 126

Meredith Scott

Website: www.memsmosaics.com/

To open our Spring 2013 celebration of Pittwater Ladies we have the beautiful mosaics of Meredith Scott, who is having a mini-exhibition on our Artist of the Month page for the first month of Spring, and a few insights on her wok and its workings from the lady herself. These brilliant colours, amassed into limitless subjects, must place Meredith among Australia's foremost mosaic exponents. This ancient art is acquiring new focus through the hands and inspirations of Meredith Scott, one of our Pittwater Artists Trail participants.

Meredith, as you will see from reading these small insights, is very community minded and among other community spirit instilling initiatives, created a beautiful Bird Bath to honour Karen Draddy for the Peace Garden at Mona Vale Hospital in June this year.

From Pooch Portraits to Byzantine themes I use traditional and experimental methods to create contemporary mosaics.
With a background in art/ textiles and craft therapy, I have found my medium in mosaics. Mosaicing offers me boundless possibilities for expression.

For the last 4 years I have been studying and practicing mosaics (including a Master Class in Orsoni, Venice, Italy). I love to mix glass, experimenting with its rich and varied qualities with found and recycled objects.

I am the co founder and a participant of the Pittwater Artists Trail (which is now in its 3rd year). I am also a Suzuki and AMEB piano teacher in Pittwater (for the last 16 years).

I also enjoy being and active member of the Pittwater community and have recently started teaching mosaic courses from my home which has been great fun.
Opening times and appointments available. Classes available on Fridays. Please email or phone for the above. All enquiries welcome.

Tel:(02) 9979 8495
Mob: 0425 357115
Email: meredithscott@optusnet.com.au

• Trained Art/Craft therapist (Diversional Therapy Diploma - Red Cross Sydney, Australia)
• Worked and trained in Weaving/Textile Workshop (Sturt Australian Contemporary Craft Centre, Mittagong)
• Established and ran the Craft/Art Centre - using only recycled materials with up to 100 children a week (Royal far West Children's Home - Manly, Sydney)
• PR/Art &Craft Manager ("The Cottage" Middle Harbour Recreation Centre)
• Director - Creative Arts/Craft Program (University NSW - University Union)
• Community Arts Publication/Promotion Manager (Powerhouse Museum)
• 3 years studying and practising mosaics. Master Class Orsoni Venice Italy
• Co Founder and participating artist - Pittwater Artist Trail Home Studios (now in its 3rd year)

EXHIBITIONS
• Weaving/Textiles - Sturt Gallery (Sturt Australian Contemporary Craft Centre, Mittagong)
• Mixed Media Exhibitions (Uni NSW Union)
• Mosaics - PCA Art Show(Pittwater Community Arts) 4 x annual shows (2009 - 2012)
• Mosaics -PAT (Pittwater Artists trail) Winter Exhibition (2011 - over 1,000 visitors over the weekend) and Christmas Show (2012)
• Mosaics - PAT (Pittwater Artists trail) 8 open weekends (over 500 visitors to my Home Studio Exhibitions)
*2013 Easter Art Exhibition (Pittwater Uniting Church)
*June 2013 Guest Artist at Craft and Quilt Fair, Sydney, Darling Harbour (largest Craft show in Australasia)
*August - October 2013 Finalist in MAANZ (Mosaic Association Australia and New Zealand) juried exhibition (Bundoora Arts Centre, Melbourne, VIC)

Where were you born and where did you grow up?

I was born and grew up in Sydney.

What is your first clear conscious memory of having a creative talent and what did you create?

Looking back I realise helping my mother as a teenager to restore an old, depressing, federation house to make it liveable was a creative lesson and inspiration. Revealing stain glass, wooden floors, beautiful fire places, tiles, patterned ceilings covered for years in layers of paint and neglect and turning it into a beautiful home and living space opened my mind.

Who/what have been the influences on your work and its development?

Studying at an art school in Mexico and travelling to Europe and seeing the art. A recent trip to Paris and visiting Rudolf Nureyev's grave inspired me most as to the possibilities of mosaics.

You clearly have a great love of others inherent in what you have developed and chosen to do as a person; where does this stem from?

As a young person at university I felt disengaged and left to train as an Art/Craft therapist. I loved using art/craft to occupy and inspire others.

I then got a scholarship through the Australia Council and worked and trained in Weaving/Textile Workshop (Sturt Australian Contemporary Craft Centre, Mittagong). It was very community based and I loved the interaction.

Once back in Sydney for many years my career involved using creativity within community projects.

TThe Craft/Art Centre - using only recycled materials with up to 100 children a week (Royal far West Children's Home - Manly, Sydney)

PR/Art &Craft Manager (The Cottage Middle Harbour Recreation Centre)

Director - Creative Arts/Craft Program (University NSW - University Union)

Community Arts Publication/Promotion Manager (Powerhouse Museum)

Your beautiful mosaics; how do you choose your subjects or do they choose for you?

This question has made me think. I am an observer and often see an image that inspires me. Often the mosaic chooses me. I am not commercially minded with my subject choice and often get obsessed with an idea, do it to death and then need to move on to a new one.

Materials used-

Recycled, found and new.

Glass (Italian and Mexican smalti), millefiori, glass pebbles, gold leaf glass, stained glass, smashed windscreen glass, tempered and recycled glass, ceramic tiles, glass tiles, shells, second hand jewellery, drift wood, recycled palings, broken fine bone china, wire, found stones, found beach glass.

You are now sharing this knowledge and teaching others to make mosaics. Please outline a little of what those attending these classes may expect

My mosaic classes are wonderful and so much fun. I am meeting some great people and am able to inspire and be inspired. Here is an outline of the Friday 6 week course (3 hourly sessions).;

Learn to mosaic a round bowl or a round mirror frame to make a spectacular piece of usable art. If you have something in mind that you would like to mosaic please bring it along. Various design options will be covered. A variety of mosaics will be shown for inspiration. Advice will be given on a wide range of materials that can be used such as- ceramic and glass tiles, miniature tiles, stained glass, beads, china & found objects. Cutting techniques will be covered and the direct method will be used. Also please bring along your own materials, decorative treasures or any objects that you have saved or collected. A range of supplies will be covered.

Describe your perfect day.

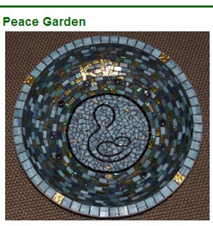
Exercise, coffee, mosaicing!

What is your favourite place in Pittwater and why?

In the surf at "Cooksie" (south end of Mona Vale Beach) on a beautiful day and then lying in the sun looking at the huge cliff and ocean.

Meredith Scott at Nureyev's grave, at a Russian cemetery in Sainte-Geneviève-des-Bois near Paris, features a tomb draped in a mosaic of an oriental carpet. In 1996 his friends and admirers built a beautiful memorial to him in the shape and colours of the oriental kilim rugs which Nureyev loved to carry with him. The carpet designed by his artist friend Ezio Frigerio is made of mosaic tiles of several shades of red, blue and gold.

Bird Bath for Karen Draddy - Mona Vale Hospital Peace Garden



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September 1- 7, 2013: Issue 126

North Narrabeen SLSC

NARRABEEN
Miles of sapphire lake and forest
Miles of sky and jade sea-mist
Sandy beaches where grass rushes
Till the lake's fair face Is hidden
In a veil of amethyst mist

Miles and miles of summer glories
Christmas bells and bush ablaze
Miles of seashore, red and golden
Drifting into purple haze.
Where the gum trees scented vapours
Perfume Newport's sylvan ways.
Lola Gornall

NARRABEEN. (**1924, December 6**). *Evening News* (Sydney, NSW : 1869 - 1931), p. 4. Retrieved from http://nla.gov.au/nla.news-article117977980

Narrabeen does not, in common with other parts of Australia, possess an everlasting summer but it is, however, a Paradise for those in search of quiet and pleasure. A more delightful spot for ruralising than Narrabeen does not exist in Australasia. To the wearied and faded business man it affords a haven of rest and retirement such as no other spot within easy distance of the city can. The natural beauties of the district alone are attractions. But added to this there is the best of shooting and the best of fishing and boating, and no finer sport for the artist to indulge his proclivities for sketching, or the young and agile to follow their fancies in the shape of cricket, &c. As a holiday resort it abounds in every essential to pleasure. For those fond of aquatics and fishing there is a magnificent lake, and for those fond of these beauties and excitement of the ever restless sea there is a beach, unrivalled in New South Wales for wild and romantic scenery, stretching from Long Reef to near the far-famed Barrenjoey, with a most beautiful view of sea and coast. There are also salt and fresh water bathing, and boating parties who make the easy trip up the gorge at the head of the lakes will not soon forget its beauties — the waterfalls, the mountainous banks, with every kind of ferns and wild flowers, and tall palms, some 40ft or 50ft high. A visit to Mount Ramsay will also repay the visitor the trouble of climbing to the top, from which a most delightful panorama of coast, sea, and lake scenery is obtained. Now that the steamboat fares to Manly are reduced so liberally, a trip to Narrabeen is within reach of all classes, and a day spent at that quiet, secluded, and most beautiful of our watering places should be a great benefit to a number of people during the holiday season. Narrabeen. (**1893, December 23**). *Evening News* (Sydney, NSW : 1869 - 1931), p. 3. Retrieved from http://nla.gov.au/nla.news-article112936347

Although officially part of Warringah Shire, North Narrabeen Surf SLSC has a place in the hearts of many Pittwater people and has always had and still does have, members who live on the other side of the bridge. This fine old institution represents the overlap between our two councils and their unity on many aspects of life. The lagoon, its beach and surrounds were one of the first places many settled in before moving further north, south or staying right where they are. The Surfing competitions, well-known surfers who stem from here, and Surf Carnivals, form part of our past and our future.

In the article we ran last summer in our 2013 Summer Houses months, focusing on Boarding Houses, The House at the End of the Road, pointed to the beginnings of a Surf Club and residents and visitors over the season forming patrols to save those who experienced the same rips and undertows on the Pittwater end of this beautiful beach that form the oceanic landscape of any beach.

The early years of this club are marked by having superlative athletes as members – rugby and soccer players who formed part of state and national teams, as well as champion swimmers of Pyrmont and Lavendar Bay journeyed to Narrabeen to be part of this surf and surf life saving club. Sports, like Newport surf and surf life saving club, were a very important aspect of its early years.

Quoting from the Noth Narraben SLSC History Book, '***The Beach Comes First***',

North Narrabeen Surf Club originated from the Narrabeen Lakes Brigade, which itself was formed about 1905, to originally look after the Lake swimmers. Collaroy surf club members referred to the body as 'The Mouth Life Saving Club'. These were our original "clubbies".

In 1911, the weekend volunteer lifesavers brigade made application to Warringah Shire Council to form a surf life saving club on North Narrabeen Beach. This original document was signed by Mr Stan Exton, who wrote that a club had been in existence for some time and that about fifty 'young chaps', who were regular weekenders, met on the Beach and directed swimmers where to swim safely and also to 'watch over them'.

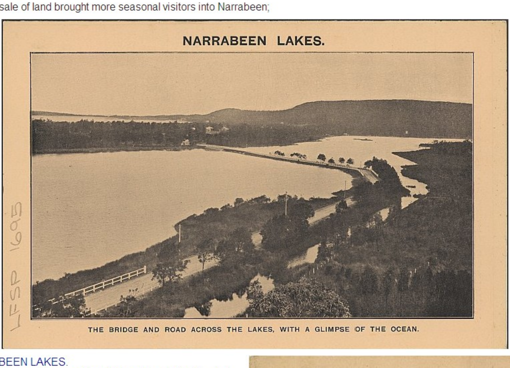
Stan Exton advised that the driving force and main organiser of the existing brigade and proposed surf club, was Mr Bill White.
In the 1912-13 Season, North Narrabeen Surf Life Saving Club was officially recognised and registered its original cap as navy blue. This was the season that the Club affiliated with the New South Wales Surf Bathers Association; hence 1912-1913 has been declared our "First Official Season". Consequently 2011-2012 was their 100th season.

There were discussions prior to this 'official' recognition;

SURF CLUB AT NARRABEEN
As the result of the large number of persons frequenting the Narrabeen beach for surf bathing a meeting was held on Saturday evening to consider the question of establishing a surf club and the erection of dressing sheds. The chair was occupied by Alderman W. J. Tomlin. Alderman Powell explained what steps had been taken by the Warringah Council and stated that a grant had been obtained for the rate of £ for £ up to a certain amount. All present formed themselves into a surf committee and a substantial sum was guaranteed as their share towards the expenses of the sheds and life lines. A motion was passed that an early application be made to the council. The officers were elected as follows -Mr W. Dorman, president, Miss J Powell hon. secretary, and Mr W. Douglas, hon treasurer. SURF CLUB AT NARRABEEN. (**1910, February 4**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 10. Retrieved from http://nla.gov.au/nla.news-article15160637

A successful sale of land brought more seasonal visitors into Narrabeen;

NARRABEEN LAKES.



THE BRIDGE AND ROAD ACROSS THE LAKES, WITH A GLIMPSE OF THE OCEAN.

THE NARRABEEN LAKES.
Who does not know of the beauties of Narrabeen Lakes?— that charming 'village by the sea,' seven miles from Manly. On one side the ocean beach — three miles long— a magnificent stretch of clean, hard sand — an ideal spot for bathing. On the other side the picturesque lake, fringed with wattle, fern, and lilli pillys, swarming with fish, and the habitat of the swan and shy waterhen, etc. This fine spot is destined to take a big leap forward very soon, as its manifold charms, attractions, and 'get-at-ableness' are commanding the attention of all sorts of people — people who want a quiet place to loaf at, families who want a safe place to boat, fish, and bathe at; quiet folk who are satisfied to ramble 'midst the hills and dells, and gather the beautiful waratahs, native roses, and other wild flowers; and, last, but not least, 'the keen-eyed man, with his optic fixed. on 'the main chance.' On eight-hours Day, at 2 o'clock, on the ground, Arthur Rickard and Company, Limited, auctioneers, of 84B Pitt-street, will sell a fine estate In subdivision — the Narrabeen Lakes Estate, close. to hotel, -school, P.O., church, stores, etc., fronting both lake and ocean. Full particulars of this important sale and the arrangements to convey visitors to and from it are advertised. THE NARRABEEN LAKES. (**1906, September 27**). *Evening News* (Sydney, NSW : 1869 - 1931), p. 3. Retrieved from http://nla.gov.au/nla.news-article114087901

Above, Below and Right: Narrabeen Lakes Estate, 1906 / Arthur Rickard & Co. Ltd Auctioneers, Sales Brochure. **1906.** MAP Folder 114, LFSP 1695, courtesy National Library of Australia.

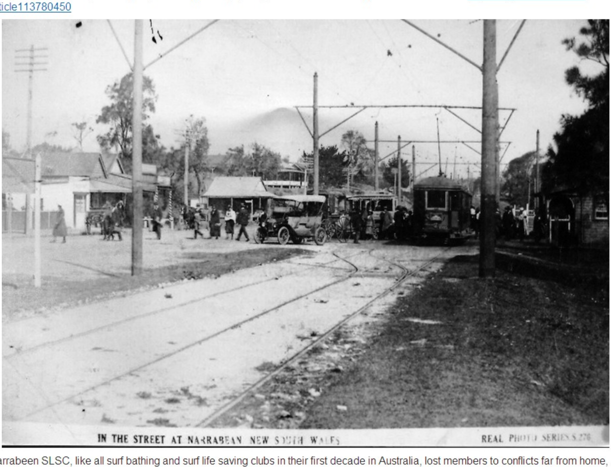
PROPERTY SALES.
Arthur Rickard and Co., Limited, report that at the auction held yesterday, on the ground, of the Narrabeen Lakes Estate, Narrabeen, there -was a good attendance of buyers, and bidding was brisk. **One hundred and fourteen lots were sold**, totalling £2207 10s. Ocean beach lots fetched from £19 to £23, lake frontages from £30 to £40, main-road lots at £45 each, small interior lots from £9 10s to £15 each, and larger lots from £14 . 10s to £27. The balance is held for private sale. PROPERTY SALES. (**1906, October 2**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 9. Retrieved from http://nla.gov.au/nla.news-article14827051

The changing of the landscape, the popularity of the waters of the lagoon as a fishing spot, coupled with the extension of the tram line brought even more 'excursionists, and then a clubhouse was needed for equipment and all-season life-savers, many of whom stayed in these original clubhouses over the season;

ONE OF THE MOTOR BUSSES THAT PLY BETWEEN MANLY AND NARRABEEN.
Time of journey, Half an hour.
Fare, 1s. each way.
LISTEN TO EXPERT ADVICE.

NARRABEEN LAKES. WORKS DEPARTMENT'S SCHEME AGREED TO.
A special meeting of the Warringah Shire Council was held to consider the proposed scheme by the Works Depratment for improving the Narrabeen lakes. **The proposal is to cut a channel in the rock at the foot of Narrabeen head from the ocean into the lake**, in which the tide will flow. Councillor Quirk moved that the Minister for Works be informed that the Council is prepared to guarantee the following-"To Carry out the work of constructing an opening on the on the lines of the plan and specifications submitted, 18ft wide, at a cost of £580 that the council guarantee to put the work in hand immediately the work of constructing the tram is commenced **which will allow it to be completed some months before the tram reaches Narrabeen** and that a sufficient number of boats will be provided at four different points on the lake " The motion was unanimously agreed to. NARRABEEN LAKES. (**1911, May 11**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 3. Retrieved from http://nla.gov.au/nla.news-article15239491

SURF CLUB FOR NARRABEEN.
The Increase In the number of surf bathers at Narrabeen, consequent on the opening of the tram to Collaroy Beach, has made the erection of a life-saving club necessary, with a view to safeguarding bathers at the northern(lake) end of the beach, a meeting to Inaugurate a surf club will be held at **Ocean House, Ocean-street** (near the lake mouth) tomorrow evening. Great Interest is already being manifested in the new club. SURF CLUB FOR NARRABEEN. (**1913, January 24**). *Evening News* (Sydney, NSW : 1869 - 1931), p. 14. Retrieved from http://nla.gov.au/nla.news-article113780450



IN THE STREET AT NARRABEAN NEW SOUTH WALES REAL PHOTO SERIES 276

Narrabeen SLSC, like all surf bathing and surf life saving clubs in their first decade in Australia, lost members to conflicts far from home, and this young man, an ambulance driver, also had a brother with him who was injured:

Driver S. P. D. (Keith) Bowd, son of Mr. and Mrs. H. N. Bowd, Crow's Nest, has been killed in action. He was born in Windsor 25 years ago, and educated at the Public School there. He enlisted in February, 1915, and landed at Gallipoli in August and served there until the evacuation. At the beginning of 1916 he went to the Western front, where he served until his death. **The late Driver Bowd was generally prominent in swimming and football circles, being a member of the Lavender Bay League Swimming Club, North Narrabeen Surf and Life-Saving Club, and secretary of the Crow's Nest Rugby League Football Club**. SOCIAL CHAT OF THE DAY. (**1918, August 31**). *The Newsletter: an Australian Paper for Australian People* (Sydney, NSW : 1900 - 1918), p. 8. Retrieved from http://nla.gov.au/nla.news-article115781534

Like all our clubs, North Narrabeen had to try and run her life saving services on the smell of a salty breeze and equipment, expensive even now, was hard to procure. How ever this surf boat ended up out at sea, it must have been distressing for those who needed to save lives:

SURF BOAT ADRIFT: A surf boat, valued at £90, and belonging to the North Narrabeen Surf Club, **was removed from the beach on Wednesday morning and set adrift.** Later it was noticed floating about five miles off Long Reef. It was then drifting in a south-easterly direction. The club asks masters of vessels to endeavour to secure it for them. SURF BOAT ADRIFT. (**1921, August 26**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 4. Retrieved from http://nla.gov.au/nla.news-article15931756

Raising funds during the formative years of all of Sydney's Northern Beaches and Southern Beaches life saving clubs was done mainly through carnivals where areas were roped off and people flocked by the thousands to fill those prime sandy seats to view the action.

Palm Beach followers assembled in force at the first annual meeting last Sunday. **Everything is well with the Woop Woops, as the metropolitan clubs dub them.** In their first season Palm Beach have handled no less than £201, purchased a surf boat for £93, acquired a clubhouse and all necessary gear. The disbursements amounted to £164, and the balance in hand is £.35.The following officials were elected : —Patron, Sir Herbert Maitland ; president, Mr. Thomas Peters ; vice-presidents, Messrs. W. J. Barnes, J. W. Brown, Dr. H. H. Bullmore. Messrs. J. M. Craig, H.K. Crossman, Judge Curlewis, W. Goddard, W. Chorley. E. D. Gray, A. I. Hordcrn, H. W. Meggitt, R. B. Orchard, M.H.R.. T. Peters. W. H. Raynor, F. Spier, H. A. Wilshire and W. W. Woodley; captain. A. Goddard ; vice-captain, E. H. Sheedy: hon. secretary, L. A. Palmer ; hon. treasurer. E. H. Sheedy ;hon. instructor, A. Dellit ; delegates to S.L.S.A.. E. H. Sheedy and L. A-. Palmer ; hon. auditors, Messrs. Goldsmith and V. H. Rayner ; trustees of club property. Councilor G. W. Hitchcock. Messrs. H. W. Meggitt, T. Peters, W.H. Rayner and H. A. Wilshire ; committee. Messrs. K. Oatley, L. Gallagher, W. Goddard. A. Curlewis, H. Holt. The club is keen on surf-boat work this Summer, and the following have been chosen to man the craft pending a final selection : H. Holt, A. Goddard, **A. Curlewis**. A. Dellit, T. Gonsalves, and J. Ralston. Holt and **Curlewis** are Varsity senior oarsmen. The next move of Palm Beach is to erect a boathouse in a suitable position. Meanwhile great preparations are being made for the carnival on Jan. 1. at the double.

NORTH NARRABEEN. Things are going well with North Narrabeen. **Eight candidates are preparing for the bronze medallion tests**, and a number of the older hands are practising assiduously with a view to annexing honorary instructors' certificates. No news is to hand of **the missing Barracoutta but a couple of the lads while on holidays, got to work on the old boat** and renovated her. **The membership is now in the region of 40, a good percentage of whom are Pyrmont swimmers and Soccer players.** Palm Beach will be invaded in force on New Year's Day. North Narrabeen promise to give the home lads a shaking up.
THE LIVELY WOOP WOOPS. (**1922, December 1**). *Arrow*(Sydney, NSW : 1916 - 1933), p. 12. Retrieved from http://nla.gov.au/nla.news-article103446181

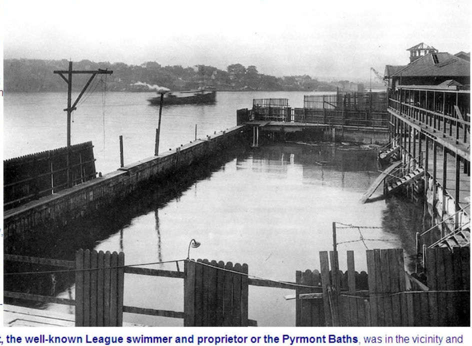
NORTH NARRABEEN. North Narrabeen members, twelve in number, submitted themselves **for the surf bronze medallion** last Sunday afternoon. All passed the land test, but a heavy sea prevented the boat crew from laying the marks for the water tests. Two capsizes were recorded. **The hon. instructor, Roy Liston**, is pleased with the lads showing. Members are staging an impromptu gala on the Sunday preceding New Year's Day at the lake entrance. The principal attractions will be a burlesque landing of Captain Cook, a pillow fight over water and swimming races. **Skipper Roy Liston, the League forward**, **Dusty White, Bert Tronsdale and Lofty Stean, who toured Maori-land with the last Union team**, are enthusiastic workers. **Stan Exton, the club's hon. secretary, extends a cordial invitation to surfers to attend the gala**.
MONA VALE CLUB. On Sunday morning **the newly-formed club at Mona Vale put the following men through the surf medallion test : J.G. Blackwood. J. L. Williams, H. S. Hewitt, W. F. Baldwin, L. G. Blackwood, W. F. Franks, T. C. Johnson, A.A. Slater and J. W.. Austin. J. G. Blackwood was also awarded an hon. instructor's certifica**te. The financial active members now number 20. Experience will be gained by participation in the Palm Beach carnival on New Year's Day. The procuring of a suitable club house is to be discussed.
PALM BEACH MEETING. Palm Beach Club, at a committee meeting last Sunday, completed arrangements for the carnival to be held on New Year's Day. **L. A. Palmer reports that the surf was splendid at the weekend, and that the boat crew enjoyed a great time, despite a number of turtles.** Members are still rolling in, 15 having recently joined up. ROAR OF THE SURF. (**1922, December 22**). *Arrow* (Sydney, NSW : 1916 - 1933), p. 12. Retrieved from http://nla.gov.au/nla.news-article103443261

The Barracouta surf boat/s point to some core members of the North Narrabeen SLSC during its first decades. The Proudfoot family of father Charles, a champion sprint swimmer, and sons Wallace (Wally) and George were what building Australia was all about:

The race for the 100 yards swimming championship of Australia took place in Sydney last night, and was won comfortably by J. Hellings from C. Proudfoot with A. Holmes third, the time being lmin. 5 12/ secs. B. Gormley won his heat but did not start in the final. No title. (**1896, January 23**). The Maitland Daily Mercury (NSW : 1894 - 1939), p. 4. Retrieved from http://nla.gov.au/nla.news-article123929794

SWIMMING. (By "NATATOR.") FLYING SQUADRON TEAM CHAMPIONSHIP OF NEW SOUTH WALES 500 yards
Canning ploughed away In great style, but **Proudfoot held his own**, while Lane gained perceptibly, but slowly, for he was contending against two very speedy men, one of whom, Proudfoot, was showing his true form that day. On the three champions dashed, neither letting up an instant, and the crowd applauded itself hoarse. As Lane was seen to be moving oubanning the excitement became very great. Would he catch Proudfoot?' some asked; **but it was Proudfoot's day out** and he gave a fine display, holding the six yards' advantage ho had started with right through'. Ten o fifteen yards fioni home Lane caught Caunning, and they swam together for a few yards', the Newcastle, man surprising everybody with his turn of speed, but 'little Feed.' as his enthusiastic mentor speaks of him, was not to be denied, and by dint of a big effort he landed second prize for his club (East Sydney) two foot— no more— ahead of Canning, who had performed very well indeed under the circumstances. A. perfect storm of applause greeted the three swimmers as they clambered over the basin's sides, and **Proudfoot (Balmain) was carried shoulder-high by his club mates**. SWIMMING. (**1898, December 21**). *Referee* (Sydney, NSW : 1886 - 1939), p. 9. Retrieved from http://nla.gov.au/nla.news-article121517800

Younger readers may wonder what a 'natator' is: it means in the sense used here a 'swimmer' and is from the Late Latin *natatorium*, place for swimming, from neuter of Latin *natatorius*, of swimming, from *natatus*, act of swimming, from past participle of nat re, frequentative of n re, to swim.



RESCUED FROM THE HARBOR. BOY FOUND FLOATING FACEDOWNWARDS.
An exciting harbor rescue took place at Pyrmont on Monday Afternoon, a 6-year-old lad, named Leslie Wood, who resides with his parents in Point-street, Pyrmont, being pulled out of the water in sensational circumstances. The boy, it is stated, wasplaying with a number of other children on the Pyrmont Wharf, when he fell in, and the tide carried him down the harbor. When the little fellow reached the Pyrmont Baths at Point-street, he wan seen by several persons floating face downwards. Fortunately Mr. **Charles Proudfoot, the well-known League swimmer and proprietor or the Pyrmont Baths**, was in the vicinity and dived in, fully dressed, and brought the lad ashore. Resuscitation methods and restoratives were used. and the youngster returning to consciousness, was taken home. Inquiry this morning found that he had much Improved during the night, and was apparently none the worse for his immersion. This makes the ninth lad Mr. Proudfoot has saved from drowning at Pyrmont. RESCUED FROM THE HARBOR. (**1911, December 5**).*Evening News* (Sydney, NSW : 1869 - 1931), p. 6. Retrieved from http://nla.gov.au/nla.news-article115281520

This is eldest son George (below), born 1900. Wallace (Wally) was born in 1902.

At a carnival held under the auspices of the Western District branch of the Public Schools A. A. Association, **the 13-year-old son of that one-time much heard of natator, Charles Proudfoot (who is now ensconced at the Pyrmont Baths)**, was successful in three premiership events. They were entitled 'District Championships.' It now appears, by reason of the fact of his having competed again at the Pyrmont Public School's gala on Tuesday night, and repeated his successes in a couple more championship races, he thereby sacrifices his claims to the first prizes In the former contests, under some extraordinary regulation which ordains that only lads who attend schools whichdo not organise carnivals of their own, or, if they do, do not figure in them, are eligible to take part in the competitions decided by the various branches of the P.S.A.A. Association.It is palpable either one of two things is wrong. They have no right to be termed 'District Championships,' or else the rules are sadly in need of amending. Young G. Proudfoot (as a matter of fact there are two scions of that ilk who are very much at home in the water) swam the 55yds lap under 36sce. which Is an accomplishment a 13year-old boy might well feel proud of. Personally, I have not seen him In action, but 'Bull' Helllngs speaks highly of his stroke, and Bull ought to know a good one when he sees it. EASTERN SUBURBS. (**1914, March 14).** *Saturday Referee and the Arrow* (NSW : 1912 - 1916), p. 7. Retrieved from http://nla.gov.au/nla.news-article117418650

Besides being excellent swimmers themselves, these two sons roped dad in to what he seemed to have a passion for anyway. The Classic Wooden Surf Boats website states: *...at this stage there were no specifications, boats varying in length from the early 18's, a touch longer for the Johnny Walker boats (donated by J.W. distillers)* ***to 22's for the home-made boats at Nth Narrabeen.These three boats, all named Barracouta, were built by Charlie Proudfoot, amateur shipwright and fulltime sweep****. A few feet longer, the third Barracouta was the first boat with four thwarts, spreading the rowers evenly through the boat. The beam had come down to a fairly standard 53.:*

GOSSIP FROM THE SURF - NORTH NARRABEEN'S NEW BOAT : MANLY MEMBERS AND 400 YARDS' TEST
(By BELTMAN.) Members of North Narrabeen Club do not shirk hard work. Their new boat, after being launched on Saturday at Pyrmont, will be rowed to North Narrabeen, a mere matter of 18 miles. No records will be attacked, but the crew hope to arrive at headquarters in time for supper. Stan Exton and J. (Scotty) Black, of North Narrabeen, report a busy weekend. On Sunday Armistice Day was observed, not only by the club members, but by over 400 local residents. They foregathered in front of the club house, which was bedecked with flags. The club flag flew at half-mast. It was one of the most impressive services held on any of the beaches. North Narrabeen is still enrolling members, and instructor **Gee McRae and Captain Scot Black are busy knocking four surf bronze squads into shape**. At last Sunday's meeting, Treasurer Cec McRae resigned his position. Stewart White was elected.
A HARD PULL.
At last definite news of the arrival of N. Narrabeen's hush boat, the Barracoutta ll., is available. **The new surfboat (built by the old-time swimmer Charles Proudfoot, father of the two well-known surfers, George and Wally**) will be launched at Pyrmont next Saturday, and, manned by the builder. **Geo.Proudfoot, Stan Exton, Cec McRae, with Dick Dalton** in command, will be rowed to North Narrabeen. The lads do not intend attempting records, but will indulge in some fishing enroute, probably arriving in time for supper. From Pyrmont to N.N. is somewhere about 18 miles — a fair row. **A new clubhouse is N.N.'s next move.** GOSSIP FROM THE SURF. (**1923, November 16**). *Arrow*(Sydney, NSW : 1916 - 1933), p. 11. Retrieved from http://nla.gov.au/nla.news-article103540135

The joy finally having this new surf boat brought did not last long:

A HARD LUCK STORY. N.N. were prevented from competing in last Saturday's surf boat race, **at Manly regatta**, owing to a series of accidents. **Leaving N.N. early in the morning, Charley Proudfoot, sen., Cec. McRae, and Jim Bill, hoped to reach Manly in time to hand the Barracoutta over to the racing crew, but they smashed a sweep near home. They returned and got another, but this went bung off Collaroy. Securing a third sweep from a fisherman, they completed the long pull, and entered the Harbor in fine spirits. Before they had time to ship the racing crew, however, the race was started, and N.N. were not in it. Hard luck, after an 18-mile row**. TO DEAL WITH SURF FOOLS (swim between the flags). (**1923, December 14**). *Arrow* (Sydney, NSW : 1916 - 1933), p. 7. Retrieved from http://nla.gov.au/nla.news-article103542127

This surf boat, like all equipment bought by our clubs, came from a series of concentrated efforts and carnival-like events to raise the funds needed where all contacts were pulled in to the campaign:

NORTH NARRABEEN BUSY. T**hat splendid club. North Narrabeen, is working hard for its Easter carnival. If Barracouta II. does not materialise many hard grafters will be keenly disappointed. The gala is listed for Easter Monday with an excellent concert on the previous Saturday night**. The programme approved by the S.L.S.A. is bristling with good contests and liberal prize- !money. Stan Exton tells me that a feature of the afternoon will be the Narrabeen Derby. Every tradesman's moke for miles around will be pressed into service. Tomorrow 30 members will journey to Wollongong for the carnival, where the club will be worthily represented by Geo. Proudfoot, J. Lincoln-Black. S. Bethel, W. Grose and A. Cameron. Two squads are preparing for the S.L.S.A. bronze medallion under hon. Instructor Cecil McRae. SURFERS AND COWS. (**1923, March 16**). Arrow (Sydney, NSW : 1916 - 1933), p. 7. Retrieved from http://nla.gov.au/nla.news-article103537619

NORTH NARRABEEN NEEDS SUPPORT. **Stan Exton, North Narrabeen's energetic hon. secretary, is appealing to members of metropolitan clubs for entries for his club's gala.** A fine programme has been drawn up. The events include : Grand parade and march past, senior surf boat race, senior alarm reel, junior surf boat race, open surf race, brace relay race, challenge camp relay race, and host of beach events- A feature of the afternoon will be a game of push ball. The recently acquired 6ft ball will be used HARRIS AND HERALD WILL COMPETE. **North Narrabeen's hon. secretary has just received word that Bill Harris, the famous Hawaiian swimmer, and W. Herald, the Australian 100 yards champion,** have consented to appear at the club's carnival. Bill Harris will probably entertain spectators with an exhibition of surf-board riding. HEROIC SURF ACT. (1923, March 23). Arrow (Sydney, NSW : 1916 - 1933), p. 12. Retrieved from http://nla.gov.au/nla.news-article103538829

SURF CARNIVAL YESTERDAY AFTERNOON.

BRINGING A PATIENT ASHORE IN THE RESCUE EVENT.

William White Harris, Jr. (October 26, 1897 – March 7, 1961) was an American competition swimmer who represented the United States at the 1920 Summer Olympics in Antwerp, Belgium. Harris competed in the men's 100-meter freestyle, advanced to the final, and received the bronze medal for his third-place finish in 1:03.0. He also swam in the men's 400-meter freestyle; he advanced to the event semifinal and posted a time of 5:36.0. He lived in Sydney (at Bondi) for a few years before returning home.

Mr Schultz was the gentleman, with a son as a member, who held the concert mentioned in his North Narrabeen grounds:

NEAR AND FAR." At Narrabeen last Saturday, at a concert In the grounds of Mr. Charles Schultz's, week-end home, 500 people were afforded an opportunity of hearing music "culled from the air." It had been transmitted from Mr. Basil Booths wireless station at Clifton Gardens, and received on Mr. Leonard Schultz's four-valve receiving apparatus. The concert had been arranged by the Narrabeen Surf and Life Saving Club to augment its funds, and as a result of the efforts about ... was added to their funds. The Black Cat Concert Company contributed the second half of the programme, the artists being Norman Honce, 15. Cope, P. Walsh, L. Bancroft, M, Bancroft, G. Hynard, J. and A. Roebuck. NEAR AND FAR. (**1923, April 3**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 4. Retrieved from http://nla.gov.au/nla.news-article16053743

NORTH NARRABEEN'S TRIUMPH. **North Narrabeen decided a few weeks ago to endeavor to raise sufficient money to purchase a new surf-boat.** A concert was held at Mr. Schultz's residence last Saturday night, followed by a surf carnival on Monday. The concert receipts were something like £60 ; the surf carnival netted £68. The longed-for surf vessel has been ordered. The success achieved by the Black and Whites this season has been remarkable.

HARRIS, CHARLTON AND HERALD

The above-mentioned champions visited Narrabeen on Monday and were accorded a wonderful reception by the crowd. Harris gave a fine display of surf-board riding, despite most unfavorable water. Charlton ' and Herald paddled round meanwhile. Once Charlton almost thudded on a gigantic wave. A less-expert waterman would have been severely injured. The champions were the guests of the club at dinner, and were accorded a rousing send-off.
THE CARNIVAL. North Narabeen carnival was an unqualified success. **Stan Exton.** North's bustling hon. sec, and his committee, must be awarded pats upon the back for the splendid manner in which they organised the event. A GREAT PAIR. In winning the brace surf relay race, George Proudfoot and J. (Scotty) Black (North Narraben) again proved they are among the very finest of our surf swimmers. The go between him and Goya Henry was sensational. They contested every foot of water until they reached the broken, heavy surf, which tumbled with great force. **Proudfoot took a big dumper and survived; Goya let it go**. SENIOR ALARM REEL RACE. Newport's beltman (G. Robertson)was declared the winner from George Proudfoot (North Narrabeen).
SURF CARNIVAL FILMED. (**1923, April 6).** Arrow (Sydney, NSW : 1916 - 1933), p. 6. Retrieved from http://nla.gov.au/nla.news-article103539856

The North Narrabeen club recognised other needs in the community and did their best to meet them:

The Narrabeen Surf and life Saving Club, under the leadership of Mr. Allan McLean, are working hard to make the masquerade ball for Furlough House, on November 22, a big success. The location is the Arlington Hall, Narrabeen. TEA-TABLE GOSSIP. (**1923, November 4**). *Sunday Times* (Sydney, NSW : 1895 - 1930), p. 16. Retrieved from http://nla.gov.au/nla.news-article120537708

COMPETITION FIXTURES. The following events have been arranged : Johnny Walker Competition : Surf relay, N. Narrabeen, December 29 ; alarm reel, Manly, February 2 ; surf race, ! Newcastle, February 16 ; R. and R., South Coast Association, March 15. Cecil Healy Memorial Shield : Surf teams' race, N. Steyne, December 22 ; surf race, Manly, February 2 (subject to Manly accepting) ; R. and R., New castle beach, 11 a.m., February 16 ; alarm reel, Maroubra, March 1.

NORTH NARRABEEN. A great misfortune has befallen North Narrabeen. **Stan Exton, secretary, has resigned his position. Stan was one of the best and hardest workers of the S.L.S.A.A. His approaching marriage and pressure of business are responsible**. Dick Dalton has been elected in his stead, and N.N. are indeed fortunate to obtain such an able successor. The lads are working steadily, preparing for their carnival on December 29. Surf Board Champion of New South Wales, who last season effected sensational rescues at Manly with his board when the surf life boat could not get near the patients. WHAT'S DOING ON THE SURF BEACHES. (**1923, December 7**). *Arrow* (Sydney, NSW : 1916 - 1933), p. 13. Retrieved from http://nla.gov.au/nla.news-article103537126

Clearly North Narrabeen had the wherewithall to win many a surfboat and swim belt-man event at the carnivals the club attended during the 1920's, and win they did in the surf and in the pools:

PROGRESS OF PYRMONT. Pyrmont Club promise to be a power in the swimming world this season. Mr. Ern Matthews has been elected hon. secretary for the eighth successive season, and is as keen as ever. The competitive strength of the old club will be added to by the inclusion of Harold Degotardi, who last season captured East Sydney's 220 and 440 titles, and swam second in the 100 yards event. Degotardi will prepare seriously this season, and should develop into a fine all-rounder. In, **Tas King**, 440 yards Western Districts champion, and Jack Barrett, the old club have a fine brace of youths. With **George Proudfoot and Scotty Black (who, by the way, recently returned from the Olympic Games, and has been elected captain of Pyrmont S.C. and North .Narrabeen Surf Life Saving Club**) to complete the team, **Pyrmont looks good enough to retain the Western Districts premiership for the seventh successive season**. TAKAISHI INSTEAD OF WEISSMULLER. (**1924, October 24**). *Arrow* (Sydney, NSW : 1916 - 1933), p. 12. Retrieved from http://nla.gov.au/nla.news-article103546222

North Narrabeen's R. and R. team at Manly tomorrow will be selected from the following stars: **George Proudfoot. J. Black, W. Grose, Tas. King, H. White, J. Cameron, and , W. Barnett.** One man will be omitted. : The club's representative in the alarm wheel race will be George Proudfoot. THE CHAMPIONSHIPS. (**1926, January 22**). *Arrow* (Sydney, NSW : 1916 - 1933), p. 11. Retrieved from http://nla.gov.au/nla.news-article105948935

George Proudfoot will take a lot of beating in the championships, this season. His return to form has been sharp and sudden. He won the belt race at Freshwater on top of his success at Manly carnival. Ward was expected by many to put in an appearance at Manly but did not do so. He was unplaced at Freshwater in the Johnny Walker surf race. However, belt races are his long suit, and a man would be game to name a swimmer likely to beat him. George Proudfoot may do so, but the big lad from the North gave tipsters a terrible twist last season when the cracks lined up. CHAMPIONSHIP HEATS. (**1926, January 29**). *Arrow* (Sydney, NSW : 1916 - 1933), p. 12. Retrieved from http://nla.gov.au/nla.news-article105945644

RIVOLI HALL CUP. 'The belt race for the Rivoli Hall Cup will take place at Dee Why Beach on Sunday, February 22. **Clubs within Warringah Shire are eligible to compete**. The meeting between J. Johnson, the Freshwater crack beltman, and George Proudfoot, of North Narrabeen, ought to be worth going miles to witness. The Freshwater man beat Proudfoot a fortnight ago at Manly, but was disqualified for swimming to the wrong buoy. Whether he can beat George again remains to be seen. Both are at their top just now. WONDERFUL SURF WORKER. (**1925, February 13**). *Arrow*(Sydney, NSW : 1916 - 1933), p. 12. Retrieved from http://nla.gov.au/nla.news-article103543532

PARADE OF SURF CLUBS AT NORTH NARRABEEN CARNIVAL.

THE CARNIVAL, WHICH WAS HELD YESTERDAY AFTERNOON, PROVIDED MANY THRILLS FOR THE SPECTATORS.

The drill work of the North Narrabeen team in the R. and R. event at South Steyne gala last Saturday was magnificent. With meteor rapidity, North Narrabeen has risen in a few seasons from obscurity to eminence, and this year promises to carry all before it. Numbered among its members are such sterling performers - **as Wal Proudfoot, W. Grose, Tas Jung, J. Black, Hec White, and J. Cameron**. NORTH STEYNE CARNIVAL. (**1927, December 23**). *Arrow* (Sydney, NSW : 1916 - 1933), p. 11. Retrieved from http://nla.gov.au/nla.news-article103437079

What they became reknowned for winning though was the March Past:

A POPULAR WIN. The victory of North Narrabeen in'the Grand Parade and march past at North Bondi was most popular. It was Narrabeen's first win in an event of this kind in good company and much credit is due to Roy Liston, their hefty skipper for the manner in which he has knocked his lads into shape. The squad made a great show in their new black costumes which showed off the nut brown pelts of the winners to perfection. They richly deserved the win although, they just managed to squeeze their entry in and they did not appear on the programme as competitors. AMONG THE SURFERS. (**1923, January 12**). *Arrow* (Sydney, NSW : 1916 - 1933), p. 15. Retrieved from http://nla.gov.au/nla.news-article103538786

THE MARCH PAST at the North Bondi Surf Carnival yesterday was the spectacular event of the day, and **for the sixth time this season North Narrabeen won it.** No title. (**1928, January 8**). *Sunday Times* (Sydney, NSW : 1895 - 1930), p. 10. Retrieved from http://nla.gov.au/nla.news-article122815075

MARCH PAST AT THE DEEWHY CARNIVAL.

North Narrabeen, winners of the march past at the Deewhy Surf Carnival on Saturday.

Above 1930 March Past Winers. Picture above right is from 1927 Surf Carnival.

Although the surf carnivals attracted a lot of attention, it was for the saving of lives, or attempting to, that these early gentlemen members of North Narrabeen SLSC are best celebrated:

George Proudfoot, Jack Cameron and W. Barnett, members of North Narrabeen Surf Life Saving Club, have received certificates of commendation from the Surf Life Saving Association of Australia for the parts they played in the rescue of two men named Young and Downing at North Narrabeen on Christmas Day. George Proudfoot is a son of Charlie Proudfoot, the old-time swimmer, and present proprietor of Pyrmont Baths. **George is a wonderfully powerful swimmer. He has won seven belt races of the eight in which he has started this season.** Can anybody beat this achievement ? George beat the State champion, Claude Ward, at Manly a fortnight ago. A worthy vice-captain of the club, **Jack Cameron shines on the football field in Winter. He plays second row forward for Y.M.C.A. First Grade fifteen.** He is no mean swimmer, and is captain of the Y.M.C.A. Amateur Club. W. Barnett is a native of Willoughby, a member of the North Narrabeen team, and a resident of the district for some years. STARS WILL BE IN THE SURF. (**1925, February 6**). *Arrow*(Sydney, NSW : 1916 - 1933), p. 11. Retrieved from http://nla.gov.au/nla.news-article103544506

BATHER DROWNED. NARRABEEN FATALITY.
Although a gallant rescue was attempted, Harold Spooner, a baker of Pittwater-road, Narrabeen, was drowned in the surf not far from his home yesterday. The bather had been In the surf for a brief time before he was seen to throw up his hands as If trying to attract attention. Mr. William Lloyd, a member of the Narrabeen Surf Club, immediately went-to the rescue. The club's life-saving appliances were too far from the scene to be of use, but Mr. Lloyd pluckily plunged into the surf without their aid, and attempted to reach the bather. His efforts, however, failed, and Mr. Spooner disappeared. The body has not been recovered. BATHER DROWNED. (**1925, February 26**). *The Sydney Morning Herald* (NSW : 1842 - 1954), p. 12. Retrieved from http://nla.gov.au/nla.news-article16202590

SURF THRILLS TRAGEDY AT NARRABEEN.SHARK RUSHES AT RESCUERS
Sunday was one of the most sensational days in the history of surfing at Sydney. Lives were imperilled on many beaches, and surfers in danger were rescued by the score. There was a tragic drowning at North Narrabeen, the victim being W. Dawe, aged 25, of North Sydney. 'According to an eye-Witness, the remarkable part of the heroic attempt at North Narrabeen was the fact that the five men who tried to save Dawe did not lose their own lives. Dawe was carried out with another man named R. Brothers at 5.30 p.m. **W.Lloyd, beach inspector, was the last of the patrolmen of the club to leave the beach, and he did not go until he saw that all bathers had left the water**. Dawe and Brothers must have gone into the water just after the patrolman had left. **Apparently Dawe was swept out as soon as he entered the water, for Wilfred Gay, a well-known Rugby Union footballer, and a friend, strolled onto the beach and saw the two swimmers being carried out. Gay and the other man were dressed in " whites," but they rushed to the rescue. Gay donned the belt.** Brothers, though caught by the current himself, tried to help Dawe, who clutched hold of him and forced him under the water. Exhausted, he had to let Dawe go, and he was swept further out. Gay, after a tiring swim, reached Brothers and brought him to the shore. He set out again to rescue Dawe, but the swim through the breakers in the belt was too much, and, after getting into heavy water, he could make no progress. In the meantime somebody had rushed to the surf shed and rung the alarm bell. By a stroke of fate he rang the bell at practically the same time as the dinner gong of a nearby boarding house is sounded. The bell and the gong have a similar tone, and members of the Narrabeen Club, who we're not far from the beach, at first mistook the bell for the gong. They did not realise what was wrong for a few minutes, but when the ringing continued a crowd raced to the beach. **W. A. Grose, J. Cameron, Tas. King, Wally Proudfoot, and Tom Gallacher, five of North Narrabeen Club's best swimmers,** rushed into the water. They were told that a man had been carried out, and had disappeared, and saw Gay still gallantly battling through the surf. Grose swam out to Gay, took the belt from the exhausted swimmer, and tried to get out through the heavy seas. King, Cameron, Proudfoot, and Gallacher swam out with him, King also being in a belt. The two beltmen quickly realised that they had no chance of pulling the line through the sweeping current, and soon discarded the belts, but continued swimming to sea. The five swimmers were fighting against great odds. Big waves broke over them and forced them under, but they slowly forged ahead. Eventually they got clear of the surf, and, swimming almost abreast, struck out to deepwater, where Dawe had disappeared. They made a long search, and, finding no trace of the body, swam back to the beach.
After resting they set out again. After, a second battle through the seas they got out beyond the breakers. They swam about for a long while, and then decided their quest was hopeless. In the meantime, **W. Schultz (who took the sweep)** and others, ran out the surf boat. They got through the breakers—a remarkable feat—and cruised around searching for the body. The five swimmers had struggled back to the shore a second time when somebody said that ho had seen the body floating just under the waves far out from the beach. What he thought was the body was a shark. Though they were practically exhausted from the buffeting they had received, the same surfers raced into the water again, and though the spectators thought they had no possible chance of getting out, so exhausted did they seem, they reached deep water once more. While swimming along slowly Proudfoot passed over a seven-foot shark. So close was it that he could almost touch it. He was horrified to see it turn and rush towards King, who was treading water. Shouting out an alarm, Proudfoot commenced -thrashing the water, and the others did the same. Then, bunching together, they struck out for the shore, fearing at any moment the shark would attack them. They had just enough strength left to reach the breakers, and then practically let themselves be washed to the beach. In the three attempts at rescue the five men were nearly on hour in the water. SURF THRILLS. (**1926, December 7**). *Singleton Argus* (NSW : 1880 - 1954) , p. 2. Retrieved from http://nla.gov.au/nla.news-article81086486

As with all SLSC's of any number of decades, there are more facts to be shared about this great club then should be crammed into one mere page and we will re-visit North Narrabeen too. The final note for this first page illustrates their participation in ensuring lives on beaches further north could be saved by skilled and knowledgeable surf men:

The first representative team selected since the inception of the S.L.S. Association departed by the s.s. Wollongbar for Byron Bay on Tuesday. The team, which is under the management of Hon. Secretary Donald McIntyre, with Tib Fletcher, Bondi's captain, as instructor,consisted of Ben Abbott (Collaroy),Harold Pidcock (Freshwater), George Proudfoot (North Narrabeen), Goya Henry (Manly), L. Walker (Bronte),Eric Whitehead (North Steyne), and R.Scott (Coogee), with G. Bretna (Coogee) as a visitor. The lads (who presented a very smart appearance. Their straw 'boaters' bore royal blue bands embellished with the letters N.S.W. and a reel in white) were accorded a rousing send-off by a big crowd of surfers, among whom was noticed Mr. John Garlick, Under-Secretary for Local Government, a great surfing enthusiast, to whose efforts the Association mainly attributes the Government grant of £200, which made the trip possible; the president, Mr. C. D. Patterson, Messrs. R D Doyle, L. V. Hind, and H. Rathborne.

THE FIRST REPRESENTATIVE TEAM OF SUHFER3 SELECTED BY THE S.L.S.A. OF N.S.W. TOURING DEMONSTRATION TEAM, NOW VISITING NORTH COAST BEACHES Left to right: D. D. McIntyre (hon, sc-c, S.L.S.A., hon. manager), G. Proudfoot (North Narrabeen), E. Whitebead (North Stoyne), W. Il. Abbatt (Collaroy). L. Walker (Bronte), C. Scott (Coogec), G. Henry (Manly), H. Pidcock (Freshwater), IH. B. Fletclier (Bondi). — **PHOTO**: BOWL GOSSIP. (**1923, February 2**). *Arrow* (Sydney, NSW : 1916 - 1933), p. 15. Retrieved from http://nla.gov.au/nla.news-article103537298

A GAY SHIP.

The ship's side was festooned with streamers. A unique one — some 4in wide, in yellow, and perforated at intervals — was the envy of the team, Don McIntyre was aboard early. His principal item of luggage consisted of an outsize trunk carried aboard by a perspiring porter, containing all descriptions of surf life saving handbooks, etc., for distribution at the various centres. The following beaches are to be visited: Yamba, Ballina, Brunswick Heads, Byron Bay, Cudgen, Tweed Heads, Coolangatta, and Kirra.
NORTH NARRABEEN KEEN. **Stan Exton, North Narrabeen's hon. secretary and oldest inhabitant**, says **his club is experiencing its greatest boom. Ever since the victory in the marchpast at North Bondi members have been rolling in,** and the lads were never keener. **They are very proud of having George Proudfoot selected as a member of the metropolitan demonstration team which left last Tuesday for the North Coast beaches**. The club-house contained a good-tempered crowd last Sunday when they foregathered to accord Proudfoot a send-off, at which he was presented with a handsome travelling case as a token of esteem. Next Sunday the weekly practice will be continued. Five teams are being prepared for the surf bronze examination by instructors Roy Liston, A. McRae and Bunny Felton. The club's comedians, Bert Trousdale and Lofty Steans, who created such great fun at Palm Beach gala, have been specially invited to visit Newcastle and disport at the northern club's annual carnival on February 16.
MODEST BILL HARRIS. When Bill Harris surfs he wears a bluish-colored woollen costume bearing a badge on chest — a black flying fish upon the letter H. Whilst surfing together at Cronulla last Sunday week, I asked him what the badge represented, and he replied, 'Oh, just a new badge we've got over home.' I discovered today that the new badge is one recently issued by the Hawaiian A.A.U. to athletes who had rendered signal services to swimming, in reality, a representative badge. My news was contained in an American letter from Handley, the famous coach, who remarked that it was a fitting mark of recognition to accord representative swimmers.
Are Surfers Amateurs?. (**1923, January 26**). *Arrow* (Sydney, NSW : 1916 - 1933), p. 6. Retrieved from http://nla.gov.au/nla.news-article103538310

Below: Narrabeen surf carnival, Image: hood_12830 from Home and Away Series, courtesy State Library of NSW.

North Narrabeen Surf Life Saving Club - Part I threads collected by A J Guesdon, 2013.

Tweet | Like | +1

September 1- 7, 2013: Issue 126

112th Australian National Flag Day Rises this Week

Tuesday September 3rd is Australian National Flag Day in Australia. Our first 'Stars and Crosses' flag was raised in 1901, a defining moment for our young democratic nation.

Since you weren't around 112 years ago, and niether were we for that matter, we've looked into this a bit further and put together an overview for you HERE

The Hon. Adrian Piccoli MP
Minister for Education

AUSTRALIAN NATIONAL FLAG DAY 3 SEPTEMBER 2013

Our flag is a symbol of pride that unites Australians.

On Tuesday 3 September 2013 Australian National Flag Day will be celebrated across our nation. This day commemorates the first occasion that our national flag was flown, 112 years ago, at the Royal Exhibition Building in Melbourne.

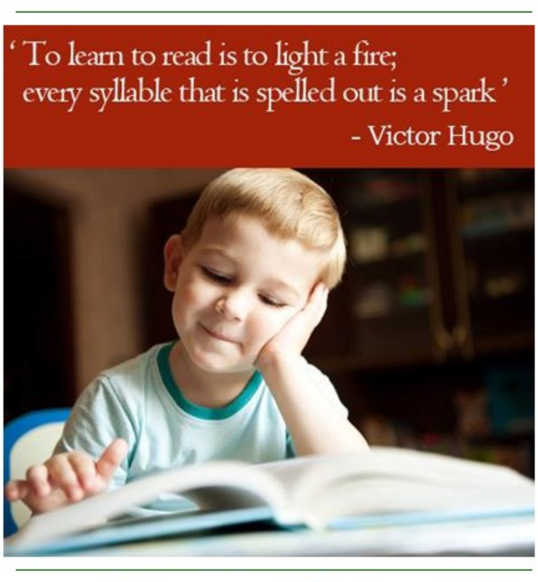
Australian National Flag Day is an opportunity for us to reflect on our common goals, values and aspirations, and to celebrate our achievements as a nation.

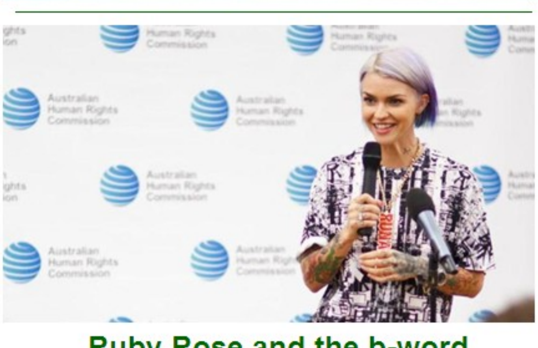
I encourage schools across New South Wales to conduct a flag raising ceremony on this day and to fly the flag with pride every day.

I send my best wishes to all those conducting flag raising ceremonies for the Australian National Flag Day.

Adrian Piccoli MP
Minister for Education

14 AUG 2013





Ruby Rose and the b-word

OK, so cyberbullying is way uncool. That's what I think anyway. And I know a thing or two about what it's like to be on the receiving end. I'm Ruby Rose. And I have something to say that may just change the way you feel about yourself and others.

Many of you know I copped a pretty hard time at school. None of the kids liked me. Some even despised me. It got rough, emotionally and physically. At one point, I was hospitalised. I was sad. Depressed. Lonely. And at wits end as to how to stop it from happening day after day after day.

I was so traumatised by what was going on, that I needed someone else to step in. To help me. To make it stop. Once and for all.

It would have been nice to have a fellow student take up the challenge. But I was so relieved to know that someone - some teachers- care enough to step in and help me battle the bullies.

That's why I'm so passionate about the Australian Human Rights Commission's BackMeUp project. It's a call to action for young people to help out people being cyberbullied, and there are plenty of us.

The National Children's Commissioner, Megan Mitchell, was with me on Tuesday to launch BackMeUp. She did something pretty amazing. Megan asked everyone who had been cyberbullied to stand up. Out of the 200 or so that were on the room, about 20 stood up. Then Megan asked "stand up if you've witnessed cyberbullying." I was shocked to look around and see most of the room standing.

One of them, was my co-ambassador for BackMeUp, Todd Nester. You probably know him as a contestant in this year's "Biggest Loser". As he proved on the show, Todd's certainly no loser, that's for sure. But it hasn't stopped him from being bullied, both online and face to face.

At 15, I'd understand if Todd wanted to avoid drawing attention to that part of his life. Instead, he's taken the brave move of sharing his story to others which is basically it's going to be OK and if you can find a person, or people, to back you up, life will turn around. Todd's living proof.

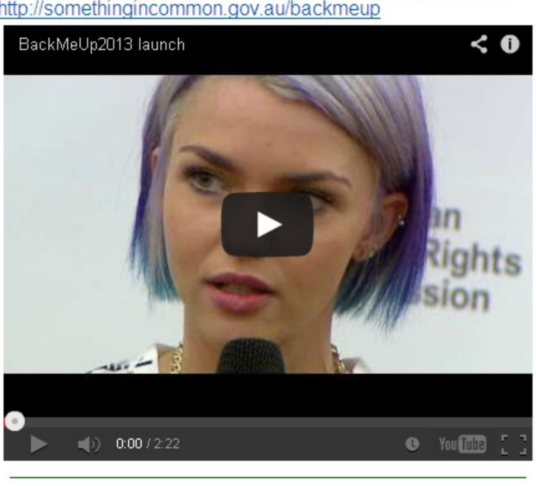
And so am I. Which means you, or someone you know, could be too. That is, if you could find the strength to reach out for help, or reach out to help.

Here's the thing that will stick with me forever; in the hours after the launch, a bunch of kids contacted me online to admit that they were bystanders. But after hearing how much bystanders can change the lives of others, they have vowed to never stand by again.

'Nuff said.

To learn more about BackMeUp or to enter the BackMeUp video competition to go in the running for some cool prizes, go to somethingincommon.gov.au/backmeup

Are you 13-17 years old? Get snazzy with your smartphone or camera and you could win one of 5 cool GoPro cameras, or HEAPS of JB HiFi vouchers. All you need to do is make a 2min film on how you would back up someone being cyberbullied! For details checkout: http://somethingincommon.gov.au/backmeup



MWBA PRIMARY AGE, BASKETBALL COMP: 'THE POTTER LEAGUE'

WHEN: **Starts in August runs 'til December (No games in school holidays**)

WHO: For new players. Individual players or a team of 7 & 10 players.

COST: $150 per player includes registration, insurance, game fees, playing singlet, on court coaching & referees

VENUE: NBISC, Jacksons Rd, Warriewood

GAME TIMES:

Mixed SEX YR1/2 & YR 3/4 Tuesdays 4pm/4.40pm/5.20pm

Mixed sex YR 5/6 and All Girls Saturdays 3.30/4.20/5.10pm

BASKETBALLTRAINING : Saturday during school term at Northern Beaches Indoor Sports Centre, Jackson Rd, Warriewood, (ages 7 & under session 2.30-3.30pm, ages 8 & over mixed session 3.30-4.30pm)

Expert coaching plus short game $9 per session

Drumz Buzz

DrumzBuzz is a Sydney program of musical activities for creative kids. Mark Boyle, who has shared with us this week a few insights in Mona Vale Mountain Cub Scouts in our Profile page, is the gentleman you'll see in this video.

Triple Zero Kids' Challenge

Kids, learn about what happens when you call Triple 000. Triple Zero Kids' Challenge is an online game designed for children of kindergarten and primary school age. The game consists of nine safety scenarios. kids.triplezero.gov.au/

BackMeUp poll

The BackMeUp cyberbullying video competition is going to run again in 2013 and we need your help to select the best prizes for the winning videos. Vote HERE

A reminder that the BackMeUp survey is still running, and we'd love to hear your thoughts. **Complete the survey by the 14th of September and you could go into the draw to win $50 JB Hi-Fi vouchers!** Stay tuned! Survey At: www.surveymonkey.com/s/XFXKXZC

LET'S READ NATIONAL EARLY LITERACY CAMPAIGN

The Federal Government's Department of Education, Employment and Workplace Relations has funded the Murdoch Childrens Research Institute $1 million over 12 months to implement a Let's Read National Early Literacy Campaign. Building on existing evidence-based programs and leveraging off the designation of 2012 as the National Year of Reading, this campaign aims to develop and generate national, integrated early years literacy promotion and support.

The Let's Read Campaign engages families, professionals and communities to promote reading with children from birth. Sharing books from birth helps children develop the skills they will need when it's time to start school. Let's Read anywhere, anytime is the national campaign call to action for families, carers and early childhood education professionals to share rhymes, songs and stories and books every day. The campaign uses a multi-tiered approach to engage families, professionals and communities in a range of messages relevant to children's early literacy development from birth to five years.

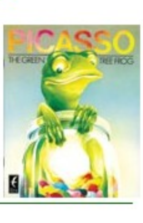
Let's Read was developed by the Royal Children's Hospitals Centre for Community Child Health, Melbourne.

DOWNLOAD A FREE READING PACK!

These reading tips and tools support families to share rhymes, songs and stories with children anywhere, anytime from birth to five years.

Curious George Swings Into Spring 2013 (Full Movie)

Picture Books Online



Picture Books Online is a collection of classic picture books from Era Publications. Watch your favourite characters, stories and imagination come to life through Picture Books Online.

Mona Vale Library - Young Runarounds!

Mona Vale Library has expanded the books available through their 7-day loan collection of new titles for younger readers. These are all books which are currently deemed 'hot' in local book stores. To see the wide range of titles available have a look HERE.

Children's Storytime at Mona Vale Library

Mona Vale Library offers storytime for pre-school children every week during school terms. Children and their carers come and participate in a fun sing-a-long with our story teller as well as listen to several stories in each session, followed by some craft. Storytime is held in the Pelican Room of the library in front of the service desk. Storytime is free and no bookings are required. Storytime Sessions

Tuesdays 10.00am - 11.00am
Wednesdays 10.00am - 11.00am
Thursdays 10.00am - 11.00am

Tickle Monster!

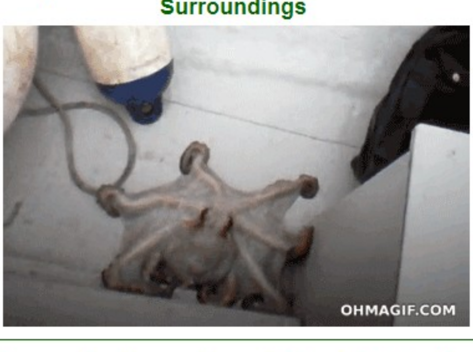
National Geographic online fun For little kids:

Online Fun, games and a magazine they can subscribe to, all vetted by industry experts on this award winning website

HERE

Milkweed pods look like parrots!

An Octopus Will Change Its Colour to Blend into Its Surroundings



Conservatorium undergraduate wins top piano competition - 27 August 2013

Tony Lee has been playing piano **since he was five.**

Sydney Conservatorium of Music student Tony Lee added to his growing list of accolades on Saturday night when he took out the top prize in Australia's foremost trans-Tasman piano competition.

One of 20 pianists chosen for the Brisbane-based competition, 21-year old Tony won the 2013 Lev Vlassenko Piano Competition with his rendition of Tchaikovsky's Piano Concerto No. 1 accompanied by the Queensland Symphony Orchestra. The win gives the Bachelor of Music (Performance) student $20,000 for the overall win plus two special prizes of $1000 each; a recording package with the Master Performers label; and a series of solo recitals and a concerto engagement with the Queensland Youth Orchestra.

Earlier this year Tony won the 13th Scriabin International Piano Competition in Paris and last year he came third in the Adilia Alieva International Piano Competition in France. After being whittled down from an audition of 70 hopefuls, the 20 entrants in the Lev Vlassenko competition were each required to perform three solo recitals. The four finalists were required to play a concerto from a specified list.

"Usually in a competition there is already a good sense of how the finalists play, shown by their previous solo rounds," says Tony. "The concerto round is simply to confirm the style of the artist and to demonstrate their ability to perform with an orchestra. Tchaikovsky's first piano concerto is a well known work and demands 'presence' and 'passion' - vital elements in a successful concerto performance, particularly a competition final. It goes straight to the heart."

An added bonus in the competition, also a piano festival, was partaking in master classes conducted by its panel of esteemed jurists. "Not only did we listen to their advice, we got to see them work with other competitors and see them perform," says Tony.

Tony says the prize money will go towards postgraduate study, which he's due to commence next year. He hopes to continue building his career as a concert pianist, but the physical rigours of such a path and a life constantly on the move mean that he also hopes to one day pursue teaching. "Most musicians love teaching," he says.

Tony began playing the piano at just five years old, encouraged by his flautist father and violinist mother. At the age of just 15 he successfully applied to the Central Music School of the Tchaikovsky Conservatory in Moscow, a high school that offers intensive music education. He lived and studied in the country without his family, learning Russian in daily hour long language classes.

He returned to Sydney to study at the conservatorium's piano unit, under the tutelage of unit chair Dr Paul Rickard-Ford.

The Dance of the Peacock Spider

Peacock spider

The Peacock spider or Gliding spider (Maratus volans) is a species of jumping spider.

The Reverend Octavius Pickard-Cambridge FRS (3 November 1828 – 9 March 1917) an English clergyman and zoologist, noted in his original description that "it is difficult to describe adequately the great beauty of the colouring of this spider".

The red, blue and black colored males have flap-like extensions of the abdomen with white hairs that can be folded down. They are used for display during mating: the male raises his abdomen, then expands and raises the flaps so that the abdomen forms a white-fringed, circular field of color. The species, and indeed the whole genus Maratus have been compared to peacocks in this respect. The third pair of legs is also raised for display, showing a brush of black hairs and white tips. While approaching the female, the male will vibrate his abdomen while waving raised legs and tail, and dance from side to side. M. volans is confined to eastern parts of Australia (Queensland, New South Wales).

PITTWATER COUNCIL

CEC – Kids on the Coast School Holiday Program

Monday 23rd of September – Friday 4th of October, 2013

This year's program combines a mix of outdoor adventure, discovery and learning, art, craft, fun and games, with an emphasis on the plants and animals that make up our coastal environment. Field trips to the headlands, lagoon, beach or bushland are fun and exciting, and a great way for kids to learn more about our coast. Our activities suit kids aged 5 - 12 years. These holidays we have some great activities that your children will love!

The Spring 2013 program is here!

Session Times (unless otherwise specified): Morning session (am): 10am to 12pm or Afternoon session (pm): 1pm to 3pm

Full-Day Program: 10am to 3pm (two environmental educational activities, including supervision over lunch)

Note - BYO lunch, snacks and drinks. Please avoid nut products.

See Terms and Conditions.

Cost (inc. GST): Single session $22 per child; Full-day $55 per child

Bookings & Enquiries: Online Booking. Call the CEC on 1300 000 CEC (232) or in person at the CEC - Pelican Path, Lake Park Road, North Narrabeen (see map)

FAST & FURIOUS FILM-MAKING!

Now in its eleventh year, the 24/7 Youth Film Festival will kick off this weekend on Saturday 17 and Sunday 18 August. 24/7 is supported by Pittwater, Warringah, Manly, and Mosman Councils. **The festival is aimed at young film-makers aged 12-24** with the goal of shooting a short 7 minute film in the space of 24 hours. The festival also showcases local creative talent, giving valuable training, exposure and experience in all aspects of film making – and to have a great time in the process!

The competition weekend will take place over the weekend of 17-18 August, kicking off at Star of the Sea Theatre in Manly. Registrations opened at 10am on Saturday 17 August, with the 24 hour film-making process starting at midday. At the launch participants will be given the secret items to be included in their film.

All films submitted will be shown on the big screen at Collaroy Cinema on 4 and 9 September from 6pm. A panel of industry professionals plus young people from outside the region will judge the films to decide the Top 10.

The films will be unveiled at the Finals Awards Night at Warriewood Cinema on Sunday 15 September. Awards on the night will be given for criteria such as Best Film, Best Actor, Best Script, and People's Choice Award, with great prizes on offer.

24/7 Youth Film Festival can be found online: Facebook and http://247youthfilmfestival.tumblr.com/

YOUTH CONFERENCE WITH ECO FOCUS

Pittwater and Warringah Councils will host the Youth Leading the World (YLTW) conference at the Coastal Environment Centre (CEC) at North Narrabeen from 3 to 5 September 2013. The Global Youth Leadership Congress invites young people aged **between 12 and 25** to come together locally and connect globally on issues of sustainability. The congress is facilitated by the not-for-profit organisation OzGreen and is one of 90 being held worldwide.

Pittwater Mayor Jacqui Townsend said the congress was a great initiative involving young people across the world, educating and inspiring them to act on their environmental concerns.

"This hands-on three day session allows young people to work out their own eco-footprint and on action plans to make changes in their lives, at their schools and in their communities," she said. "I encourage every young resident on the northern beaches to become involved in this great event," added Mayor Townsend.

Warringah Mayor Michael Regan also praised the program and said it was a way of developing real solutions to environmental issues at a community level.

"This is a great opportunity for young people to participate at a local and global level to voice their concerns about the environment," said Mayor Regan. "I am pleased that Warringah Council is, once again, contributing financial support to the running of this very important youth event."

David Lowery from the CEC said the Congress would culminate with a community forum for young people to share their inspirational plans with the wider community.

Young residents across the northern beaches are invited to register at www.ozgreen.org

Keep children safe online

The Easyguide to Socialising Online is available here The Cybersafety Help Button is available to download free of charge here More information about the ACMA's Cybersmart program is here

Love Food, Hate Waste Cookbook

Our own Pittwater Council has joined with other councils in our area to produce an online cookbook especially for children. This 'flipbook' Program allows you to read through and get some great ideas on how to use leftover veggies to make great pasta or make mini pizza. Yum !

Love food hate waste book: HERE

Mona Vale Mountain Cub Scouts Profile

Find out more about all the fun you can have at Mona Vale Mountain Cub Scouts Profile – yes, our Profile pages aren't just about those who can tell you about Pittwater before you were born, they're also about great clubs and activities that you too can get involved in!

Stories for you already run:

Adrenalin 360 Surf and Skate Competition and Kids Festival

Are You up to the RED BELT CHALLENGE by Hoshin Australia

ArtFest 2012 - Biannual Children's Art Exhibition

Australian Ibis for Children

Australia's First School Launch was in Pittwater

Australia's First Steamers

Avalon Bulldogs Season Open Pictorial

Avalon Junior Rugby League Super Saturday

Avalon Sailing Club Teaches A Novice To Sail

Bilgola Plateau Public School - Sustainable Practices

Bilgola Student and Avalon lady attend Aboriginal and Torres Strait Islander Veterans 6th Annual Commemorative Service at Hyde Park

Bilgola Plateau's NAIDOC Week Celebrations; Darinyung Sculpture and Under A Starry Sky

Dance Fever 2012 by Peta Wise

Friendly Toulouse Goose at Palm Beach - Yes! Pittwater has her very own 'Mother Goose'

Grandparents Day 2012 by Peta Wise

Harvest Day 2012 at Maria Regina Avalon by Alexis Conn and Peta Wise

Heartsong - an Anthology of Pittwater Poetry Launched

Hoishin Anti-Bullying Summer Camp 2012

Kangaroo Dance

Learn2Swim Narrabeen Coastal Platform Tour for children

Maria Regina Catholic School at Avalon: Christmas Crafts for Children

Maria Regina Celebrates Timor-Leste's 10th Anniversary of Independence 2012

Mona Vale Public School's Centenary Launch

Mona Vale Public School Centenary Festival Day 15th of September, 2012

Mr Wiseacre Discourses. ON LIGHTHOUSES

MV Reliance and Maria Regina Avalon - Clareville Outing

Newport Student Wins RMYC MArine Art Prize

NLASC Narrabeen Rockpool Learn to Swim Program by J P Fisher and Glenn Nicholls

Online World To Be Safer - Sonar Dolphins Arise!

Pacific Black Duck taking a bath at Careel Creek

Pelican Dreamsong - A Legend of the Great Flood - dreamtime legend for children

Pink Ribbon Day at Maria Regina by Joanne Seves

Pittwater's Break The Famine Lunch 2013

RPAYC Youth Development Program Graduates Win 2012 Bird Island Race by Damian Devine

RPAYC Hosts 20th HARKEN International Youth Match Racing Championships by Damian Devine

Schoolchildren's gifting of 'play!' to their fellow schoolchildren

SLSC 2013 Interstate Championships - at Newport

Spotted Gums of Pittwater Inspirations

Summer is Channel-billed Cuckoos Season - Fledglings 2013 by Jeffrey Sabri and Andrew Tiede

The Northern Beaches Music Festival's YOUNGBLOODS Competition

The Royal Prince Alfred Yacht Club Teaches over 600 Children to Sail Each Year by Damian Devine

Timor Leste Independence Day Celebrations at Maria Regina Avalon - 2013

Winning the Homework War by Rosemary Smith

Zoomobile at Loquat Valley School, Bayview

#ThrowBackThursday Quiksilver Pro France - Kelly Slater - Published on 29 Aug 2013 by Quiksilver

The 2012 Quiksilver Pro France winner, Kelly Slater took out some of the world's Top Surfers, including Joel Parkinson, Adrien Buchan and team mate Dane Reynolds showing once again why he's 11 times world champ!

In our 3rd #ThrowBack video, Kelly takes us through the challenging heats that came his way in his fight for the title!

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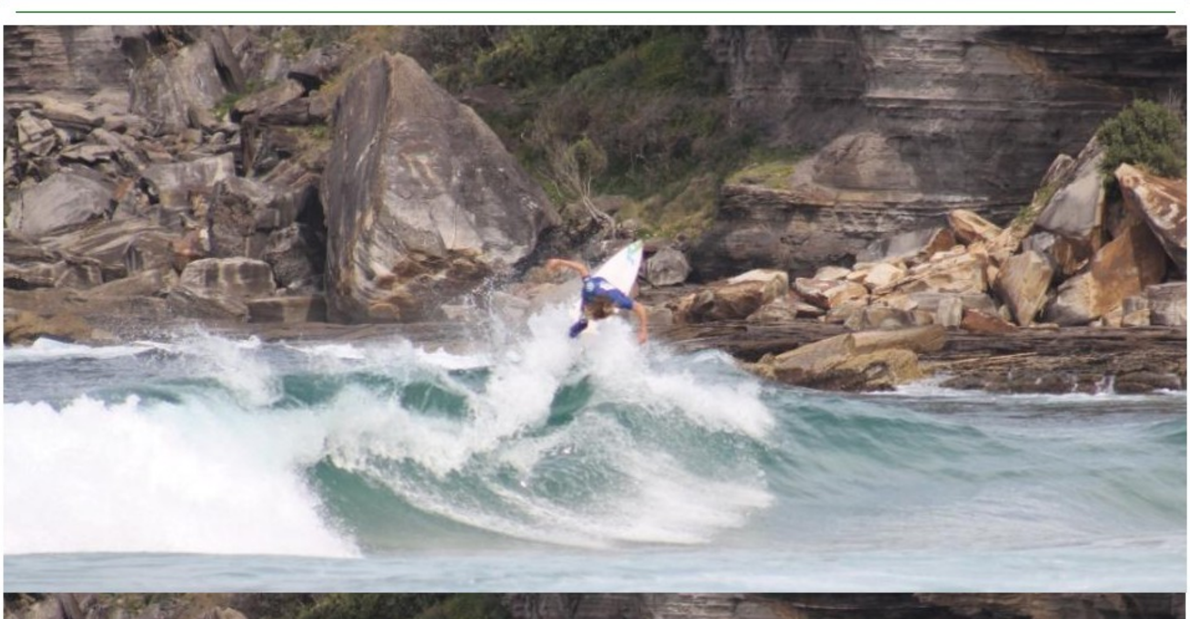
Getting Air At Avalon On A Saturday Afternoon



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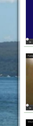
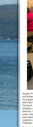
Happy Fathers Day to all you Dads !
The Father's Day Song, A Song to my Dads - Love Me Tender by Elvis Presley



Kumomber This?

Words from Recruiters?



Oh by the Way this is Everything - Microsoft Staff Lunch

Nine seals are the best in the class by Stuart Worthington

Seals in captivity are well looked after by their keepers. They are taught to complete and receive training. They are kept in enclosures that are cleaned regularly and they are fed a diet of fish that is specially prepared for them. Seals in captivity are also given regular health checks by vets. Seals in captivity are also given regular health checks by vets. At Taronga Zoo in Sydney and at Underwater World in Perth, seals are trained to perform tricks for the audience.

AUTHOR CORRECTION PLEASE REVIEW

Author Corrections Please Review
Author Corrections Please Review

Author Corrections Please Review
Author Corrections Please Review

Historical Photos Exhibit at Mona Vale Library

Mona Vale Library is hosting a historical photographic exhibition from Pittwater Council's Photographic Collection. The exhibition will include photographs of Mona Vale, Bayview, Church Point and Lovett Bay. The exhibition will run from 1 October to 31 October 2013. For more information please visit www.pittwater.nsw.gov.au/library

Grandparent of the Year 2013

Nominations are now open for the Grandparent of the Year 2013 awards. The Grandparent Day Committee is calling for nominations for the Grandparent of the Year, Great Grandparent of the Year and Foster Grandparent of the Year awards. Nominations can be made online at www.grandparentsday.com.au or 1300 472 263 (1300 GRANDS).

Send Grandparents Day Cards Online for Free

Grandparents Day is on Sunday 1 September 2013. Send free online cards to your grandparents, parents, children, grandchildren, friends and family. Visit www.grandparentsday.com.au

Commencement of the Year 2013 Ceremonies

Northern Beaches Christian School (NBCS) will hold its Commencement of the Year 2013 Ceremonies for Kindergarten to Year 12 on Wednesday 30 January 2013. For more information please visit www.nbcs.nsw.edu.au or call 9975 7777.

Need Help Finding Your Way Around Sydney?

Sydney Buses has released a free iPhone app that helps you find your way around Sydney. The app is called Sydney Buses Maps and Timetables. It is available for download from the iTunes App Store.

University of The Third Age Western Suburbs Region

UW 2013 Educational Day at Wake Forums
Wednesday 16th October
Wakehurst Golf Club
Cost $30 per person

Best Seats. Swimsuit Kinda me.pps
by Stuart Worthington
1 October 2013

Viva Your Life - Learn Something New
Turn your passion into a career

WHO'S Insurance Group & Underwriters
Insurance Specialists for Seniors

Historical Photographs by Brian Friend

Hobby's Beach Among the Best Coral Reefs

Coral Gardening The most successful project to date is the Hobby's Beach coral garden, which is located in the Lagoon Reserve, Manly. It was established in November 2011 and has been growing well ever since. Hobby's Beach is a popular spot for swimmers, snorkelers and divers. It is also a popular spot for fishing.

Hobby's Beach coral garden was built by 70 volunteers from Reef Rescue, Manly Council, Manly Environment Centre, Manly Marine Rangers, Manly Underwater Photographic Society, Manly Underwater Sports Association, Manly Scuba Diving, Manly Surf Life Saving Club and Manly Sea Eagles. The garden was established using fragments of coral from Manly Dam. The fragments were attached to concrete tiles and placed on the seafloor. Within 12 months the coral had grown to form a healthy garden.

The garden is home to many species of fish, including Eastern Blue Devil, Moon Wrasse, Zebra Wrasse, Blue Groper, Yellowtail Scad, Yellowfin Bream, Sea Sweep, Luderick, Blue Morwong, Eastern Hulafish, Sea Perch, Leatherjacket, Blue Throated Wrasse, Old Wife, Magpie Perch, Port Jackson Shark, Wobbegong Shark, Eagle Ray, Stingaree, Cowfish, Boxfish, Pufferfish, Porcupinefish, Seahorse, Pipefish, Moray Eel, Conger Eel, Octopus, Cuttlefish, Squid, Nudibranch, Sea Urchin, Starfish, Sea Cucumber, Sea Anemone, Sponge, Soft Coral, Hard Coral, Black Coral, Gorgonian Coral, Tube Worm, Feather Star, Sea Squirt, Sea Hare, Sea Slug, Flatworm, Bristle Worm, Shrimp, Crab, Lobster, Prawn

Pittwater Online News

Tuesday, September 11, 2007 - Pittwater Online News

Wildaries - National Landscape Series Launched

Wildaries is very excited to announce the first in the National Landscape Series Series. It has also collaborated with Tourism Australia to produce a unique range of products that will help some of Australia's most imposing environments around the country.

The series aims to showcase these imposing characters among the rest of the Wildaries family and to help raise awareness of the importance of conservation of these areas for the future of our children.

We have Lizard a passion for the beautiful landscapes and the wildlife that inhabits them and we hope you enjoy the range as much as we enjoyed developing it.

Simon Mustica

Founder, Wildaries

Lizzie's Disney Deck, Brad Dean Rock - Published on 29 Aug 2007

Rachel is a great artist, and Lizzie's Disney deck is a testament to her talent. Lizzie has also been a great help with some of the costume ids.

Brad Dean is a great artist to work with. Lizzie has a creative temperament, and Brad was very helpful in helping her develop her authentic sculptural experience.

Then Great Ocean Collectibles has been owned by National Geographic for the last 2 years. Under their ownership, the Jelly Bumbear accommodation provider included in the Hospitality Group.

Retelling Animals to Humans Could Help Conservation Projects

Aug 23, 2007 — New research by conservationists at the University of Exeter suggests that the way we talk about animals could help or hinder conservation projects around the world. Researchers say that the way we describe animals in our everyday conversations could help improve public engagement with conservation projects.

Dr Jonathan Gilhooly, from the University of Exeter's School of Psychology, has been studying the way people talk about animals. He believes it was time we started looking for ways to improve the way we communicate about conservation projects.

Jonathan said, "Anthropomorphism is a tendency to attribute human characteristics to animals. It is a natural way of thinking. According to the research, this would imply that species are more likely to be conserved if they are described in human terms. This is the exact opposite of what we have been told to do."

However, by making conservationists more aware of the power of their own language, Jonathan believes that they can help to improve the way they communicate with the public. He said, "Conservationists are often keen to emphasise the differences between animals and humans. They play with, such as when a new hatchling is described. We can create more sympathetic attitudes towards animals by emphasising the common characteristics and behaviours."

Co-author, Gregor Stevenson of the University of Kent's Centre for Conservation Ecology, said, "We hope that our research will help conservationists to communicate more effectively."

Jonathan and Gregor's research is published in the August issue of Ecos and is not being offered as a way of effectively promoting the conservation of species, rather than as a way of improving public perception.

Despite there being some limitations of using anthropomorphism in conservation projects, Jonathan and Gregor believe that there are many benefits to be gained from using it. They suggest that anthropomorphic descriptions could be used to help create emotive structures that will lead to more effective uses of anthropomorphism in conservation projects.

Lead author, Dr Daniel Nettle of Newcastle University, said, "Anthropomorphism is a natural way of thinking about animals. Because it was seen as something to be avoided, its potential benefits have been overlooked. We hope that our research will help conservationists to communicate more effectively and to develop more sympathetic attitudes towards animals."

Dr Daniel Nettle, Dr Gregory A. Bratman, Dr Jonathan W. Gilhooly and Dr Gregor J. Stevenson's research paper, 'Psychological profiles and the experience of living in deprived neighbourhoods', is published in the August issue of Ecos.

Fukushima Radioactive Plume to Reach US in Four Days, Some Areas Could Get Rad-Activity Waste Predicted

Aug 23, 2007 — Researchers from the Centre of Excellence for Climate Change Research and Statistics and from the University of Exeter's Centre for Ecology and Conservation have found that the number of hatchlings surviving to near-adult in the Caribbean could be increased by 50% if the number of predators in the sea is reduced by just 10%.

The study, published in the Proceedings of the National Academy of Sciences, is the first to show that the number of predators in the sea can affect the number of hatchlings that survive to near-adulthood.

Dr Nicholas Dulvy, from the Centre of Excellence for Climate Change Research and Statistics and from the University of Exeter's Centre for Ecology and Conservation, said: "Our research shows that the number of predators in the sea can affect the number of hatchlings that survive to near-adulthood. This is the first time that this has been shown."

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Submarine Canyons Are Underwater Rainforests Brimming Abundance

Aug 27, 2007 — Submarine canyons are underwater rainforests brimming with abundance, according to a study led by scientists at the University of Exeter. Dr Lee Lee, a doctoral graduate from the University of Exeter's Centre for Ecology and Conservation, said: "Submarine canyons are the underwater equivalent of rainforests. They are hotspots of biodiversity in ocean-wide wilderness."

Dr Lee's research, which was published in the journal Science, found that submarine canyons are underwater caverns and their nearby waters are home to a huge variety of species. The study, which took place in the Mediterranean Sea, found that the canyons are home to a wide range of species, including sponges, corals and shrimp-like crustaceans. Their range in size is also impressive, with some of the canyons being as large as the Grand Canyon in the United States.

The scientists found that submarine canyons can serve as species "hotspots" and that they can support a greater diversity of species than the surrounding seafloor. This is because the canyons can provide a variety of physical structures. As a result, submarine canyons can be very productive.

Researchers were on the front deeply at the time of the study, which was led by Dr Lee Lee, a doctoral graduate from the University of Exeter's Centre for Ecology and Conservation. Dr Lee said: "Canyons may be particularly important in the Western Mediterranean Sea, which is one of the most nutrient-poor, clear-water regions in the world. Yet Lee said: "Despite this, we found that the canyons can support a high diversity of species."

One thing that became evident from this study was that canyons can be very productive. Dr Lee said: "We were surprised to find that canyons can support such high densities of species, including fish and filter-feeding animals." The study also found that canyons can be very productive. Dr Lee said: "We were surprised to find that canyons can support such high densities of species, including fish and filter-feeding animals."

The scientists have already documented four new species from the canyons they studied. Dr Lee said: "We have already documented four new species from the canyons we studied, and we are very excited to find more."

Dr Lee's research was published in the journal Science, and is titled "Submarine canyons are underwater rainforests brimming with abundance". The study was led by Dr Lee Lee, a doctoral graduate from the University of Exeter's Centre for Ecology and Conservation.

Scientists Analyse the Effects of Ocean Acidification On Marine Species

Aug 28, 2007 — Ocean acidification could change the ecosystems of the world's oceans, according to a study led by scientists at the University of Exeter. The study, which was published in the journal Science, found that increased levels of carbon dioxide in the atmosphere could lead to changes in the chemistry of the world's oceans, which could have a significant impact on marine life. The research was investigated an effective ocean acidification, the scientists found.

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Living with Fire in NSW National Parks

September 1- 7, 2013: Issue 126

Strawberries

The new season strawberries are in the fruit and vegetable shops at present and as this has been a good season so far, the price we bought some for during the week was 3 x 250gram punnets for $4.50. Great value, and high in Vitamin C, these potassium rich fruits will boost your immune system while the weather overlaps winter and spring and stave off those sniffles and colds that come in such seasonal shifts.

This week we share a few inspirations that you can easily simplify if you want to make a special treat for dad today, or at anytime this week while this delicious early Spring crop comes in.

Strawberry and Chocolate Cheese Cake
Courtesy Strawberries Australia Inc.
Serves 10-12

1packet granita biscuits
1/4 cup walnuts
2 tablespoons sugar
1 teaspoon cinnamon
150g unsalted butter
1kg ricotta or cream cheese
4 eggs
1 egg yolk
500g chocolate, melted
1 tablespoon vanilla essence
pinch nutmeg
2 punnets strawberries, washed, hulled and sliced
strawberry jam for decoration

Process biscuits, nuts, sugar, cinnamon in a food processor until finely crushed. Butter a 24 cm (9.5 inch) springform tin. Melt 50g butter and blend into crumb mixture. Set aside 3 tablespoons of crumb mixture to sprinkle over cheesecake. Press remaining crumbs into base and sides of prepared tin. Refrigerate while you prepare the filling. Preheat oven to 150C. Beat cheese in large mixing bowl until light and fluffy. Beat in eggs one at a time and then egg yolk. Beat in remaining 100g butter and chocolte. Add vanilla and beat until smooth. Stir in nutmeg and carefully fold in one punnet of strawberries. Bake cheesecake for 1.5 hours sprinkling with reserved crumbs 15 minutes before cheesecake is cooked. Cool completely in tin until cold. Remove from tin and drizzle with warmed strawberry jam and top with remaining strawberries.

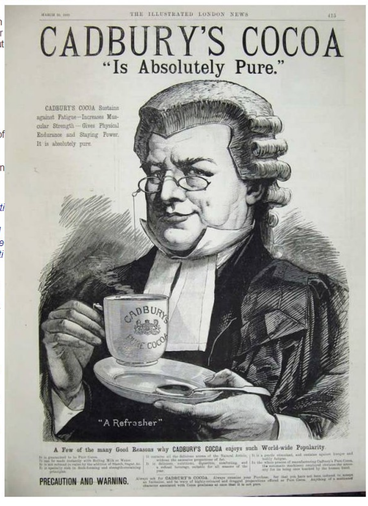
Strawberry charlotte (Charlotte aux fraises)

1 medium flan sponge, halves horizontally
1kg fresh strawberries, hulled
2 egg yolks
175g caster sugar
1 tsp vanilla extract
200ml (1/3pt) warmed semi skimmed milk
12 sheets gelatine, soaked
300ml (½ pt) double cream
200g (7oz) Lady fingers biscuits
3 tbsp apricot glaze

Place 300g strawberries in a blender, whiz until smooth then push through a sieve to remove the seeds. Transfer to a saucepan and add the egg yolks, sugar and vanilla then stir well. Place the gelatine in a bowl and cover with cold water. Leave to soak for 5 minutes before draining the water and stirring through the warm the milk until dissolved. Pour into the strawberry mixture and warm over a low/medium heat until everything comes together and thickens slightly. Remove from the heat and leave to cool. Meanwhile line up the ladyfingers side by side along the inside of a 20cm (8in) round spring form tin. Trim the flan to fit snuggly in the centre of the lady fingers. Whip the cream to soft peaks then fold through the strawberry mixture until well combined. Arrange 100g of sliced strawberries on top then pour over half the strawberry mousse. Top with the 2nd layer of sponge cake and cover it with 100g more strawberries and then the remaining mousse. Chill for 4 hours or overnight until set. Arrange the remaining sliced strawberries over the top then brush with the apricot glaze.

And of course, the best recipe is none at all other then **dipping fresh strawberries into choclate**. Red fruits are good for all blood and the organs that filter the blood: liver, kidneys, heart. So give dad a bit of love today, get some strawberries, melt some chocolate, dunk them then hand over the whole plate!

Recipe for Britain's First Chilled Chocolate Treats Discovered



Aug. 29, 2013 — The first English recipes for iced chocolate desserts, nearly 350 years old, have been uncovered by a lecturer at the University of Leicester -- just in time for the last of the summery weather. But it seems that in the 17th century, these chilly treats were believed to be as dangerous as they were delightful.
Dr Kate Loveman of the University's School of English has published a new paper, *The Introduction of Chocolate into England. Retailers, Researchers, and Consumers, 1640-1730*, in the Journal of Social History exploring the early history of chocolate in England.
She has found the first English recipes for iced chocolate treats, collected by the Earl of Sandwich in 1668 - some hundred years before his great, great grandson allegedly invented the sandwich.

The Earl's own recipe reads: "*Prepare the chocolatti [to make a drink] ... and Then Putt the vessell that hath the Chocolatti in it, into a Jaraffa [i.e. a carafe] of snow stirred together with some salt; & shaike the snow together sometyme & it will putt the Chocolatti into tender Curdled Ice & soe eate it with spoons.*"

Dr Loveman said: "It's not chocolate ice-cream, but more like a very solid and very dark version of the iced chocolate drinks you get in coffee shops today. Freezing food required cutting-edge technology in seventeenth-century England, so these ices were seen as great luxuries."

"Chocolate was first advertised in England around 1640 as an exotic drink made from cacao beans. In the 1660s, when the Earl of Sandwich collected his recipes, chocolate often came with advice about safe consumption. One physician cautioned that the ingredients in hot chocolate could cause insomnia, excess mucus, or haemorrhoids. People worried that iced chocolate in particular was 'unwholesome' and could damage the stomach, heart, and lungs.

"There were ways round this, however. Sandwich thought the best way to ward off the dangers of eating frozen chocolate was to 'Drinke Hott chocolatti ¼ of an houre after' it. In other words, chocoholics are not new.

"I tried out the freezing method using snow - and lived to tell the tale, despite not following Sandwich's advice."
Dr Loveman found a range of chocolate recipes in the Earl of Sandwich's journal, written after he became enamoured of the drink while ambassador extraordinary to Spain in the 1660s.

The manuscript includes King Charles II's prized recipe for spiced and perfumed chocolate - which Sandwich reported cost the King £200.

From the 1640s, chocolate was sold as an exotic drink that could cure illnesses and act as an aphrodisiac. The truth often played second fiddle to promotion: one purveyor, Captain James Wadsworth, claimed as early as 1652 that chocolate was "thirsted after by people of all Degrees (especially those of the Female sex) either for the Pleasure therein Naturally Residing, to Cure, and divert Diseases; Or else to supply some Defects of Nature."

As chocolate sellers sprung up across London in the 1650s, a milky version of the drink began to be sold in coffee-houses.
Dr Loveman said: "The novice chocolate drinker of the 1650s and 1660s ran greater risks than money ill spent: he had to bear in mind that the new product might damage his health and there was the real possibility of loss of face through having his inexperience exposed."
The diarist Samuel Pepys tentatively tried chocolate to cure his hangover after Charles II's coronation - apparently with some success. Meanwhile, the poet John Dryden was ridiculed after being repeatedly tricked into paying for expensive chocolate, not realising he was drinking cheaper coffee.

By the 1690s elite 'chocolate houses' were selling the drink to an aristocratic and leisured clientele. Chocolate was widely mentioned in literature, and had already acquired some of the associations with indulgence and pleasure that it has today.

Dr Loveman's research provides an illustration of the social and commercial mechanisms by which an exotic import won English consumers and began the journey to becoming an established part of our culture. It also reveals some of the continuities in chocolate advertising across the centuries, as well as sharp differences. Dr Loveman added: "Today's chocolate promoters, like some in the seventeenth century, often find cause to highlight women, pleasure, and sexuality.

"In the seventeenth century, however, the fact that frequent chocolate consumption might make you 'Fat and Corpulent' was an attraction, something advertisers now prefer to keep quiet about."

K. Loveman. The Introduction of Chocolate into England: Retailers, Researchers, and Consumers, 1640-1730.Journal of Social History, 2013; DOI: 10.1093/jsh/sht050

Fragaria ananassa, commonly known as strawberry or garden strawberry, is a hybrid species that is cultivated worldwide for its fruit. The fruit (which is not a botanical berry, but an aggregate accessory fruit) is widely appreciated for its characteristic aroma, bright red color, juicy texture, and sweetness. It is consumed in large quantities, either fresh or in prepared foods such as preserves, fruit juice, pies, ice creams,milkshakes, and chocolates. Artificial strawberry aroma is also widely used in many industrialized food products.

The garden strawberry was first bred in Brittany, France, in the 1750s via a cross of Fragaria virginiana from eastern North America and Fragaria chiloensis, which was brought from Chile by Amédée-François Frézier in 1714. The strawberry fruit was mentioned in ancient Roman literature in reference to its medicinal use. The French began taking the strawberry from the forest to their gardens for harvest in the 1300s. Charles V, France's king from 1364 to 1380, had 1,200 strawberry plants in his royal garden. In the early 1400s western European monks were using the wild strawberry in their illuminated manuscripts. The strawberry is found in Italian, Flemish, German art, and English miniatures. The entire strawberry plant was used to treat depressive illnesses.

By the 1500s references of cultivation of the strawbery became more common. People began using it for its supposed medicinal properties and botanists began naming the different species. In England the demand for regular strawberry farming had increased by the mid-1500s. Instructions for growing and harvesting strawberries showed up in writing in 1578. By the end of the 1500s three European species had been cited; F. vesca, F. moschata, and F. viridis. The garden strawberry was transplanted from the forests and then the plants would be propagated asexually by cutting off the runners.

Two subspecies of F. vesca were identified; F. sylvestris alba and F. sylvestris semperflorens. The introduction ofF. virginiana from Eastern North America to Europe in the 1600s is an important part of history because this species gave rise to the modern strawberry. The new species gradually spread through the continent and did not become completely appreciated until the end of the 18th century. When a French excursion journeyed to Chile in 1712, it introduced the strawberry plant with female flowers that resulted in the common strawberry that we have today.

The Mapuche and Huilliche Indians of Chile cultivated the female strawberry species until 1551 when the Spanish came to conquer the land. In 1765, a European explorer recorded the cultivation of F. chiloensis, the Chilean strawberry. At first introduction to Europe, the plants grew vigorously but produced no fruit. It was discovered in 1766 that the female plants could only be pollinated by plants that produced large fruit; F. moschata, F. virginiana, and F. ananassa. This is when the Europeans became aware that plants had the ability to produce male-only or female-only flowers. As more large-fruit producing plants were cultivated the Chilean strawberry slowly decreased in population in Europe, except for around Brest where the Chilean strawberry thrived. The decline of the Chilean strawberry was caused by F. ananassa

One cup (236 g) of strawberries contains approximately 45 kilo-calories (188 kJ) and is an excellent source ofvitamin C and flavonoids. This fruit is very low in saturated fat, cholesterol and sodium. It is also a good source of folate and potassium, and a very good source of dietary fiber, and manganese[44] One serving of about eight strawberries provides more vitamin C than an orange. The strawberry is among the top 20 fruits in antioxidant capacity

Strawberry Charlotte Image: Par Antoine.

Strawberry. (2013, August 28). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Strawberry&oldid=570571366

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Pittwater Online News

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September 1- 7, 2013: Issue 126

Family Trees, The Seeds Of Humanity And Gaining Ground: September's Virgo New Moon

Every time a baby is born, so is a grandmother. **Anon**

To "be" means to be related. **Alfred Korzybski**

Call it a clan, call it a network, call it a tribe, call it a family. Whatever you call it, whoever you are, you need one. **Jane Howard**

Be tolerant of the human race. Your whole family belongs to it-and some of your spouse's family does too. **Anon**

If you don't believe in ghosts, you've never been to a family reunion. **Ashleigh Brilliant**

It is of no consequence of what parents a man is born, so he be a man of merit. **Horace**

Everyone has something ancestral, even if it is nothing more than a disease. **Ed Howe**

Everyone has ancestors and it is only a question of going back far enough to find a good one. **Howard Kenneth Nixon**

September's new Moon falls on September 5 in the United States and in Australia. It is one that speaks to issues of family, relationships and family. In the larger scheme of things, it brings up the idea that we are all family, that we belong to the bigger picture of humanity. How do we perceive our family and our sense of being, merging and belonging with the earth and its inhabitants? A big story, this one, but one I feel is so important, particularly with the saber-rattling that is going on elsewhere others may not even want to look.

The Sabian Symbol for the new Moon is Virgo 14: Finely Lettered Names And Mysterious Lines Are Seen; It Is A Family Tree.

Remember as far as anyone knows, we're a nice normal family. **Homer Simpson**

The interpretations of the degrees are from my book *The Sabian Oracle- 360 Degrees Of Wisdom* .

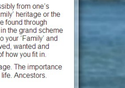
'Finely Lettered Names and Mysterious Lines' are Seen; 'It Is a Family Tree'. This Symbol gives the impression that the 'Family Tree' is beautifully designed and mapped out. The 'Tree' has branches with names connecting to more and more names as one goes back through the family history. There is often a sense of nostalgia and grandeur with 'Family Trees'. Many people are fascinated, and sometimes amazed, by looking back to their forefathers; where they came from, and who their close relations were. Some members of the 'Family' will see the relevance and the importance of the history and the 'Mystery' of the 'family' lineage; meanwhile others may not even want to look.

There is a need to call upon the deeper and inherent knowledge within. What's been learnt from past experience, possibly from one's ancestral roots, will help you allocate your greatest strength. This Symbol implies the need to feel links to a strong 'Family' heritage or the desire for the sense of security that it can bring. If there is no strong sense of one's own biological 'Family', this can be found through associations with people of like mind, or with those who share a common purpose in life. How do you see your place in the grand scheme of things? Both physically and spiritually, you carry the blood of all those who went before you. How attached are you to your 'Family' and your origins. Where have you come from? How do you feel about the role you have in your 'Family'? Do you feel involved, wanted and loved? Proving yourself and your bloodline can lead to a stronger sense of self and belonging and an understanding of how you fit in.

Keywords: Strength in tradition. Belonging to a lineage. The story of where one comes from. Issues of pride of heritage. The importance of parents and family. Branches in databases. Having strong and secure roots. Origins and their relevance to today's life. Ancestors. Calligraphy. Fine pens. Filling in the gaps. Adoptions. Step families.

The Caution: Disassociation or disconnection from family history Exclusivity or snobbery. Feeling like an alien. Feeling, or being, a stranger in a strange world. Orphans. Being adopted. Not knowing where one came from. Feeling that one's roots people you don't know. Examining your roots. Missing identities.

The 'Karmic Condition' (the degree before) of the Sun of the new Moon is Virgo 13: A Powerful Statesman Overcomes A State Of Political Hysteria.



A government is like fire, a handy servant, but a dangerous master. **George Washington**

The worst tyrants are those which establish themselves in our own breasts. **William Ellery Channing**

Keywords: The power to sway the mob. Having the charisma and talent to turn situations around. Having an element of personality that get out of control and take over. Pulling the rope tight. Mind control. Political savvy. Knowing what to say and when to say it. Keeping your mouth shut and ears open. Rhetoric. Putting out spot fires.

The Caution: Conscious emotional manipulation and bullying. Misusing charismatic energy to sway others to personal advantage. Being aggressive, demanding and overbearing. Hypnotic persuasion. Propaganda. Misinformation. Using "political speak" to control situations or people. Emotional repression.

Mercury is the ruler of the Virgo new Moon, so it has a rather strong influence. Issues to do with relationships; particularly co dependent situations where one can feel tied to (or chained to) another, or others. It asks for pure motivations, being careful with one's self and others by being gentle, approachable, loving and giving.

Mercury is on Virgo 24: Mary And Her White Lamb.

'Mary and Her White Lamb' is a Symbol reflecting innocence and purity. It is derived from an old nursery rhyme; 'Mary's White Lamb' followed her wherever she might go. They had a very strong bond between them. The 'Lamb' seemed to very taken by 'Mary'. There is probably a need to be watchful for dependent or codependent behavior with others, as this story shows a strong sense of attachment and dependence.

Is someone following someone else around, or acting like a doe-eyed lamb? Maybe they are constantly checking on the other, wanting to know their every move. Are they trying to monopolize someone, whilst excluding others? If someone were to leave the scene, how would the other react? Sometimes, what seems to be "codependent" behavior is someone merely looking out for your best interests, so don't assume the worst right away. Look at their motives, or your own, for that matter, for this may be where the answers why they are behaving the way they are. Having a belief in the integrity of people and the purity of their motives can bring joy and a sense of belonging. There is usually a strong feeling of kindness and softness with this Symbol. Acquiring a sense of innocence, purity and honesty in the situation will lift you up and out of any problems. Being kind and yet firm, loving and yet a separate individual, sharing without losing your

boundaries can lead to a wonderful, pure experience of love and friendship. There's a need for imagination mixed with simplicity. However, there can be a feeling of being "lost" in the wilderness when there's no support or reassurance from others. In terms of relationships, there can be an avoidance where one person looks up to the other. Be watchful, to see if anyone is going to sway their power in this situation.

Keywords: Simple childlike innocence or pure escapism. Naivety. The Mary and Jesus story. Dependence. Kindness. Friendship. Bonds between pets and owners. Believing in the essential goodness of others. Hanging out with people. Looking out for someone. Cuteness. The urge to prove something. Dislike of dirt or grime. Being 'addicted' to someone or something.

The Caution: Naiveté. Avoiding difficult issues. Stalking. Over protection. Doubting motives. Paranoia that someone is following you. Feeling lost without the other. Doe-eyed attraction. Clinging to people. Arousing jealousy through favoritism. Not leaving people alone. Checking people's whereabouts. Not growing up. Being the dead lamb.

Directly outside the new Moon is Chiron - The Wounded Healer and The Stories We Tell Ourselves - on Pisces 12: An Examination Of Initiates In The Sanctuary Of An Occult Brotherhood. Whether we feel that we are being watched or 'examined', or being judged, or indeed, doing it to others, or needing to examine others' motives, this Symbol is pushing the envelope for us in many ways. Can we trust the stories we're hearing right? Are we being told the whole story? Do we worry about our own sense of 'authenticity' as we grapple with issues to do with the truth?

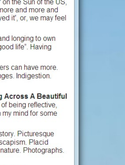
An interesting fact, and one that nonetheless makes him no less of a tyrant, bought to my attention by Larry Ely, is that President Assad of Syria is an Alawite, from http://www.mapsofmirage.com/Alawites.htm

While Mohammed was against astrology, Alawites use astrology; perhaps they were influenced by Zoroastrians here. They believe the stars in the Milky Way are actually the deified souls of believers.

Keywords: The ordeal that comes to any initiate for entrance into higher realms of being. Hermits. Tests, examinations, having to prove oneself. Being judged or being judgmental. Being cross-examined. Ravelled atmospheres that demand personal sacrifice. Initiations. Proving courage and purity. Trials. The attainment of knowledge. Apprenticeships. Being a candidate. Finding out how and where one fits in. One-eyed deception. Trial by ordeal. Rituals

The Caution: Refusing advice. Arrogance. People saying "I told you so". Invading other's private space. Hiding away because of fear or social ridicule. Severe trials and tests that strip the joy of life. People assuming they know the truth about others. Fear of failure. Not living up to other's expectations. Narrow mindedness. Harsh treatment. Going without.

Venus is on Libra 24: A Third Wing On The Left Side Of A Butterfly. This speaks of the need to gain 'balance' in all that one does, even if you're leaning far to one side, one needs to find a middle ground.



Keywords: Creative overbalance. Bodily impairments and handicaps. Being light, flippant and fluttering from thing to thing. Over-sensitivities. Oddities. Beautiful imperfections. Idiot savants. Imbalances. One side of the body being more perfect than the other.

The Caution: Unrealistic reliance on being different. Obsession with strange things. Feeling useless and out of place. Flapping around and not getting anywhere. Restlessness and nervousness. Lopsidedness.

Mars is squaring Saturn and will close in on that square in the days following the new Moon. This can be frustrating, limiting, anger making and generally a difficult transit. We may want to push through with our agenda, but feel held back by forces both within and outside of ourselves. The war drums may continue to beat and this can bring up feelings of anger, disillusionment and a sense of ineffectuality. Frustration can feel like one's voice, or needs, are not being heard or met. Not an easy transit, but it can bring us face-to-face with the things we need to do or change.

Mars is on Leo 6: An Old Fashioned Conservative Woman Is Brought Face-To-Face With An Up-To-Date Girl. Issues to do with age, feeling relevant, being able to control one's destiny, beauty, fashion, etc, can come up. Australia is holding its Federal Election on September 7. It will be interesting to see what happens. Many Australians feel horrified at the thought of the conservative party's leader becoming Prime Minister. His name is Tony Abbott and his nick name is The Mad Monk. Catholic, he espouses those antiquated beliefs that keep many in chains while supporting big companies. For one, it may be feeling the stress of this Mars/Saturn square if The Mad Monk wins.

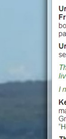
Keywords: Conservatism challenged by changing, energetic forms. Learning to let one's hair down. Letting go and having a good time. Issues of age and what one's capable of. Ideas challenged. Learning experiences. Renovations. Business takeovers. Different capabilities and talents. People acting or working together regardless of their differences. Generational differences.

The Caution: Denying the duality within. Being afraid to get out there. Jealousy between people on different levels of being or different ages. Paying no attention to change/being afraid of it. Difficult combinations of people. Projection of the shadow. Standoffs. Criticism. Derision, error, fear, jealousy.

Jupiter is on Cancer 15: A Group Of People Who Have Overeaten And Enjoyed It. This is the Quest Degree of the US' 4th July chart's Sun. Consumerism, issues of being overweight and generally overdoing things can be the theme. With Jupiter on the Sun of the US, the sabre-rattling has been very loud and many are sick and tired of listening to the war drums and the clamoring for more and more and more of what is going to lead to more and more devastation on our mother earth. We may have 'overeaten' and 'enjoyed it', or, we may feel like we need a break from all the things that we find shoved down our throats.

Keywords: Consumerism. Communal cohesion through indulging in the senses. Satisfied hunger. Commercialism and longing to own things. Eating disorders. The right of everyone to enjoy food and nourishment. Big business. Success. Enjoying "the good life". Having plenty. Abundance. Temporary fulfillment.

The Caution: Self-indulgence through the senses. The "haves" and the "have-nots". People going without so that others can have more. Monopolization. Bloating. Feeling that one deserves everything on a platter. Overweight. Bad nourishment. Eating binges. Indigestion. Obsession with ownership. Deprivation. Exploiting resources. Overspending. Gluttony.



Saturn, squaring Mars in Leo, is on Scorpio 8: The Silvery Moon Shining Across A Beautiful Gem Of A Lake. This speaks of the opportunity, the ability or the intense need, of being reflective, observing what's going on. I have had the phrase "It's all smoke and mirrors" on my mind for some time. It says now. Saturn seems to be shining that allusion@us.ion.ca

Keywords: Reflections. Mirrors. Things mystical and alluring. The 'Narcissus' story. Picturesque scenes. Picture postcard images. Peace and beauty. Halloween and magic. Escapism. Placid emotions. Peace and quiet. Contemplation and meditation. Having a reflective nature. Photographs. Psychic abilities. Hypnotic charm or manipulation.

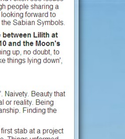
The Caution: Acting out of moodiness. Losing the plot. Projecting one's self onto others. Narcissism. Looking at one's self and others as if in a mirror. Not wanting to see the whole picture. Being superficial. A lack of depth. Seeing everything as a reflection of one's self.

Uranus has recently spent about two and a half months on Aries 13: A Bomb That Failed To Explode Is Now Safely Hidden From Discovery. This Symbol, like all the Symbols, can be read to imply the opposite - perhaps some "bombs" did go off. Whatever bombs are or aren't going off, we have the opportunity now to look at what we share with others. Raising our voices against the tyranny that passes for leadership is part of this equation now.

Uranus is now on Aries 12: A Flock Of Wild Geese. Spending your time with like-minded people, seeing oneness as part of your flock, heading off to new territories, etc.

There is a destiny that makes us brothers. No one goes his way alone. All that we send into the lives of others. Comes back into our own. **Edwin Markham**

I met a hundred men going to Delhi and everyone is my brother. **Indian Saying**



Keywords: Aquarian ideals of brotherhood. Attunement to planetary rhythms. Spirit liberated from matter. Wanting to take off by one's self, but not being able to. Focused group activity and support. Group mentality, action and agreement. Intuition and telepathy. Choreography. Camaraderie. "Honking" to egg each other on. Flocking. Be slipstream. Responses to seasonal changes.

The Caution: Following the leader without knowing where one's going. Never knowing where to land, or where to ground oneself. Wild goose chases. Not recognizing the brotherhood in humanity. Losing a sense of individual identity. Going off in the wrong direction.

Neptune is on Pisces 4: Heavy Traffic Linking Two Seaside Resorts. This can show heavy build ups of traffic, many people heading in the same, or different, directions, etc. It can show linkages between minds, hearts, bodies and can show the traffic of energies going from head to body. Interestingly for me, I am driving from southern Oregon to San Diego this week where I no doubt will find a lot of heavy traffic! :)

Keywords: Going with the flow. Running back and forth. Having to move continually. Pollution and car exhaust. Rush hour and road-rage. Plans for arrivals and departures. Public holidays. Traffic jams. Traffic banking up. Having trouble making left hand turns. Detours. Packing and unpacking. Luggage. Travel itineraries. Impasses. Nervous systems. Urine therapy. Constant phone calls. Switchboard jams. Heat and smog.

The Caution: Creating barriers. Constant traffic stopping the possibility of real human interchange. Claustrophobia. Feeling like there is no escape. Exhaustion due to everyday hustle and bustle. Running out of fuel. Accidents. Taking the long way round. Blockages.

Pluto is still on Capricorn 10: An Albatross Feeding From The Hand Of A Sailor. The question here might be - are you still carrying that thing that holds you down, keeps you back, stops you from flourishing - do you still have that albatross around your neck?

Keywords: Feeding one's higher nature with good nourishment. Banishing worries, so that one can fly ever higher. Overcoming superstitions or beliefs. Travelers who put themselves at risk in foreign lands or cultures. Talking to anybody anywhere. Sharing one's bounty. Sailors. Birds. Empathy and sympathy for others. Restoring trust and hope.

The Caution: Manipulating events or people with false nourishment. Having alternative motives for wanting to draw others close. Being extremely afraid of strangers or strange situations. The loss of independence.

The Moon's north node is conjunct (together with) and just two degrees apart from Saturn. This indicates that we are experiencing over these coming months a rather 'fateful' or 'karmic' time. Things start, things end and all manner of possibilities take on new meaning now.

The Moon's north node is on Scorpio 10: A Fellowship Supper Reunites Old Comrades. This can speak of the possibility, or the need, to gather together with old friends, family or perhaps new acquaintances who feel like old friends. This is a very meaningful degree and I often see issues to do with 'past lives' (in whatever form) coming up. Healings can happen through people sharing a meal or a coffee and re-connecting, or perhaps connecting for the first time. I'm looking forward to finding out more about Elsie Wheeler, the spiritualist medium who brought forth the Sabian Symbols.

Last, but not least, is Lilith on Cancer 10. Lilith forms a Mystic Rectangle between Lilith at Cancer 10, the Moon's south node at Taurus 10 and Pluto at Capricorn 10 and the Moon's north node at Scorpio 10. This is a meeting of Lilith, Pluto and the Nodes - lining up, no doubt, to get us to pay attention to our power, strength and inner knowing. There's a certain feeling of people not wanting to 'take things lying down', but rather standing up and stating what they want and they will and won't put up with.

The Black Moon Lilith is on Cancer 10: A Large Diamond In The First Stages Of The Cutting Process.

Keywords: Coming to terms with inner worth. Emerging perfection. Beauty that is still a bit "rough around the edges" Naivety. Beauty that is within, even if it has flaws. Potential. Chopping and grinding away at something to get to the essential truth, potential or reality. Being almost, but not completely, perfect. Reserving judgment. Self-development courses. Knowing where to start. Craftsmanship. Finding the best in everything.

The Caution: Leaving an important job unfinished. Seeing the flaws not the inherent beauty. Being afraid to take the first stab at a project or issue. Being overwhelmed by importance and value. Being overprotective or insecure. Not seeing the whole picture. Things unformed and incomplete. A "diamond in the rough", someone lacking social polish.

With all that's going on, particularly around the issue of Syria, I pray that peace prevails. I can't imagine that common-sense is going to as it it doesn't usually - but, hopefully, there will be no further war.

I apologise for the weird fonts on the quotes at the beginning of this newsletter. I spent ages trying to fix it, and, after three days spent trying to write this newsletter, with it's weird formatting when copying and pasting from pdf... I kind of gave up !

On to lighter issues, I'll be in San Diego for the next month. I am also offering my book The Sabian Oracle (which comes with the cards) for sale click here along with mini readings and in-person readings in San Diego at a special price. Please email me at sabiansymbols@gmail.com for information on the readings.

Lynda Hill, FAA Pract. Cert. has been a professional astrologer for more than 18 years. 2010 marked her 25th lecture tour of the States, in addition to the many lectures she has conducted for astrologers and the public throughout Australia, England, Scotland, Wales, Ireland, Russia, South Africa, New Zealand and Canada. Lynda is the author of Book Five Magazine, and writes astrological commentary for publications all over the world. She divides her time between Sydney's Northern Beaches and the World Heritage-listed Blue Mountains (when she's not travelling the world delivering lectures).

To schedule a psychic astrology reading with Lynda or to give feedback or ask questions, please email her at sabiansymbols@gmail.com

What are the Sabian Symbols?

The ancients divided up the sky, just like any other circle, into 360 degrees. They assigned each of the 12 constellations (star signs or zodiac signs) 30 degrees each: 12 times 30 = 360. The Sabian Symbols are a set of 360 phrases of words that correspond with each of the 360 degrees of the wheel of the zodiac, from Aries 1 to Pisces 30. Consisting of two parts as little as 2 words (Virgo 2: 'A Harem') to as many as 21 words (Taurus 5: 'A Youthful Widow, Fresh and Soul-Cleansed From Grief. Kneels at an Open Grave to Receive the Secret of Eternal Life), each one of these Symbols holds both a story and a unique energy field of their own. These images hold meaning for those degrees of the signs. Although the Symbols have their foundations in astrology, absolutely no knowledge of astrology is needed to use them.

The Sabian Symbols were given birth in San Diego. ???California, in 1925 by Marc Edmund Jones, a noted American astrologer and spiritualist and the gifted clairvoyant Elsie Wheeler. Jones was interested to find a set of word images to go with every degree of the zodiac. Elsie Wheeler was an extraordinary clairvoyant confined to a wheelchair for most of her life. Jones chose Elsie Wheeler as his partner in this 'experiment' (as M.E. Jones called it) as she had a remarkable ability to "see" messages, images and symbols. She used this talent to help her clients, but was rather weary of the standard questions she received, such as "when will I be rich?" and "when will I meet the love of my life?" She was eager to take part as she believed that this was an opportunity to really contribute something to astrology.

For more Information: click here

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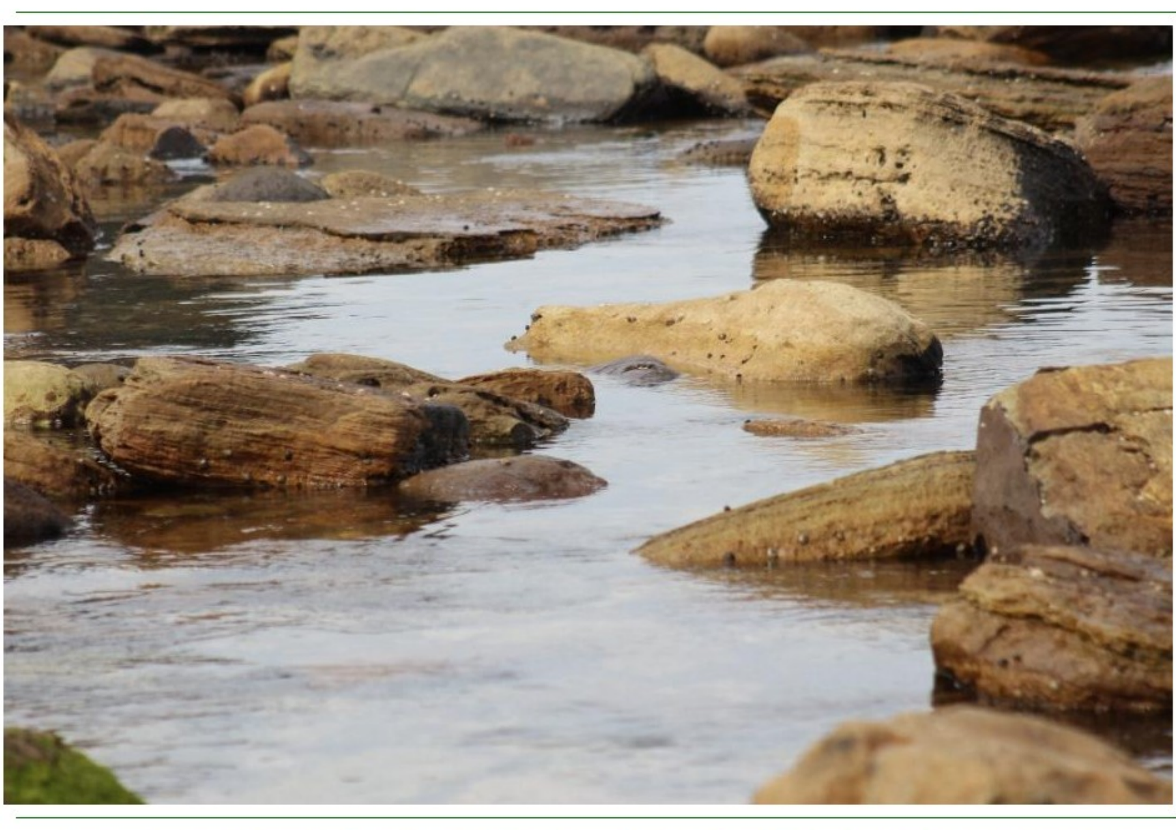
September 1- 7, 2013: Issue 126

Spring Has Sprung

Birds are nesting, bees are buzzing and the air at dusk is sweet with all in bloom from the tiny flowers at your feet to those masses covering the tree canopies. This week in Pittwater has had a quiet 'exhale' feel to it as everyone draws up ready for the coming warm seasons. For all of you stuck indoors, or for those who suffer from hay-fever but love the great outdoors, a few visions from this week...

Still Getting Air At Avalon - Saturday Afternoon 31.8.2013



Photos by A J Guesdon, 2013.

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Pittwaters Online News

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September 1 - 7, 2013: Issue 124
Pittwater Online News receives a lot of information from various sources each week. For Your Interest and Entertainment.

Boys Suffer from Their Fathers' Long Working Hours

Aug 22, 2013 — Fathers' extremely long working hours can damage the health of their sons, a study of 14,000 boys has revealed. Researchers led by Dr Jenny Head, a senior lecturer at the UCL Behavior Science Centre and from Australian co-authors, have published their findings in the journal Pediatrics.

The study looked at boys born in a single week in 1991 in 400 cities in Western Australia. Around 70 percent of Western Australian men work full time, and around 15 percent of these work more than seven days. Around 20 percent of fathers in the study were working more than children and 6 years old.

The study found that the sons of men who have just one week later extensive work hours were more likely to be overweight and have more elevated waist-to-height ratios. The fathers' long work hours were also associated with a higher risk of the boys having a poor diet and spending more time watching television. Australian fathers worked longer hours than those in the UK, US, Canada and Europe.

The culture of working long hours which has crept into many jobs in the new economy should not be the norm, said Head. "Long hours of work can be damaging to children while ages 2-4 even 10 or more years later," she said.

The data came from the cohort study called "Raine: Australian Pregnancy Cohort Study" well-known under the name Generation R. The study has been following children from pregnancy to adulthood.

Sarah Johnson et al **Fathers' and Fathers' Work Hours, Child Behavior, and Child Overweight: The Raine Cohort Study of Australian Families** Pediatrics 2013;132;e1-e8 10.1542/peds.2012-3503 (PDF 567kb)

Existence of New Element Confirmed

Aug 27, 2013 — An international team of researchers, led by physicists at Lund University, has confirmed the existence of the element 115, which was first discovered in 2003. The discovery experiment was conducted at the GSI research facility in Germany. The new element has been named moscovium, after the Russian region Moscow.

"This was a very successful experiment and is one of the most exciting I've been involved in," says Lund University Professor Dirk Rudolph, who led the research team.

Besides the observations of the new chemical element, the researchers have also produced new isotopes of the elements moscovium and livermorium, which are also new to science.

By bombarding a thin film of americium with calcium ions, the researchers created moscovium atoms. Moscovium is a very unstable, new element in atomic terms. Certain energies of the photons released during the decay of moscovium are characteristic, and can be regarded as a "fingerprint" of the element.

The new super heavy elements last not to be named. A committee of international scientists will review the discovery and will propose permanent names for the elements. The researchers will then decide whether to recommend further experiments before the proposals are finally submitted for approval.

The above story is based on materials provided by Lund University. Photo Credit: © Nina / Fotolia

Health papers published this week:
Developmental Origins of Disease and Adult Visual Dysfunction

Aug 23, 2013 — A built-in time bomb: an impaired visual efferent feedback system in adulthood is a consequence of developmental exposure to a high-fat diet. Obesity is a major risk factor for developing type 2 diabetes and recent studies that assess white-matter tracts have shown that exposure to a high-fat diet during development can have a detrimental impact on brain structure and function.

Now, Ashley Edwards and colleagues at the University of Cambridge, UK, have investigated the impact of developmental exposure to a high-fat diet on the visual system. The team performed a range of psychophysical, electrophysiological and anatomical tests in adult rats that had been exposed to a high-fat diet during development. They found that exposure to a high-fat diet during development impairs the ability to detect changes in the visual scene, but not the contrast-response properties of the visual system. Furthermore, they found that exposure to a high-fat diet during development impairs the integrity of the efferent visual pathway, which originates in the brain and terminates in the retina.

The new study identifies a key role in ocular dominance plasticity. Dr. Trachtenberg and colleagues have now identified a role for the neuromodulator acetylcholine in the experience-dependent plasticity of the adult visual cortex.

Much is known about the mechanisms behind ocular dominance plasticity during development, but relatively little is known about the mechanisms that underlie plasticity in the adult brain. The new study identifies a key role for acetylcholine in ocular dominance plasticity. To understand how acetylcholine regulates plasticity in the adult brain, Dr. Trachtenberg and his team imaged the activity of genetically identified cortical neurons in awake mice. They found that acetylcholine enhances the ability of neurons to respond to visual stimulation and that it is required for ocular dominance plasticity in the adult visual cortex.

Dr Trachtenberg commented: "Our findings have important implications for understanding how neuromodulatory systems regulate plasticity in the adult brain, and suggest that acetylcholine may be a therapeutic target for restoring vision in adult amblyopia."

Functional Consequences of Developmental Exposure to a Diet Enriched in Saturated Fat

Aug 21, 2013 — Consider grandma's love-decorated cookbook stained in spots with butter and oil. Now, imagine that your grandma's cookbook is your brain. Researchers at the University of Cambridge have found that a diet high in saturated fat, sometimes called "pro-inflammatory" diet, protects against symptoms of the neurodegenerative disease multiple sclerosis.

Their research, published in the Journal of Neuroscience, also found that this pro-inflammatory diet, associated with obesity, can damage the brain's white matter.

Fatty tissues — known as myelin — surround the brain's nerve cells. When this myelin is damaged, as is prominent in **Valerie Edwards** et al. (2) report.

Their study found that rats fed a diet high in saturated fat during development had a reduced ability to detect changes in their visual environment.

They used rodent subjects, as both brains' exact function, and cultured mammalian brain cells, are similar enough to humans' that they can be used to study the effects of diet on the brain.

This initial research suggests that a saturated fat diet may have beneficial properties for conditions which protect against hemorrhagic strokes (ruptured blood vessels in the brain) and multiple sclerosis, but may be detrimental to the brain's white matter.

Dr Ashley Edwards, the study's lead author, said: "Our findings have important implications for understanding how neuromodulatory systems regulate plasticity in the adult brain, and suggest that acetylcholine may be a therapeutic target for restoring vision in adult amblyopia."

Dr Susan Trachtenberg, senior author of the study, added: "Much is known about the mechanisms behind ocular dominance plasticity during development, but relatively little is known about the mechanisms that underlie plasticity in the adult brain. The new study identifies a key role for acetylcholine in ocular dominance plasticity."

Dr Susan Trachtenberg, senior author of the study, added: "Much is known about the mechanisms behind ocular dominance plasticity during development, but relatively little is known about the mechanisms that underlie plasticity in the adult brain. The new study identifies a key role for acetylcholine in ocular dominance plasticity."

Strongest Clues to Date for Causes of Schizophrenia

Aug 27, 2013 — Scientists have identified the strongest clues to date to the causes of schizophrenia in the human genome that are involved in immunology and brain development.

The findings, published in the journal Nature, are based on the largest genetic study of schizophrenia to date, involving 36,989 cases and 113,075 controls.

"Finding the causes of schizophrenia is the starting a jigsaw puzzle. Now there are many pieces of the puzzle that we can start to put together," said Professor Peter Visscher, from the University of Queensland Diamantina Institute.

"This study gives us the clearest picture to date. It has confirmed a picture that might involve as many as 1,000 genes, each with a very small effect, and has implicated the immune system and brain development in the disease process."

Professor Visscher is co-author of the study, which was led by Professor Michael O'Donovan, from the University of Cardiff, and published in the prestigious journal Nature.

The research also pinpointed specific brain cell types that are likely to be involved in schizophrenia. Professor Visscher said: "Schizophrenia is a multi-factorial disease that involves genetic and environmental factors. Until now, we have had little information about the genetic factors."

The research was performed by a multi-stage process that began with a meta-analysis of genome-wide association studies (GWAS) of 49,806 samples, and then used a large number of genetic markers to estimate the proportion of variation in risk that was explained by common genetic variation.

Professor Visscher said: "We found that common genetic variation explains 23 per cent of the variation in risk for schizophrenia. This is a substantial proportion of the genetic risk that we have identified so far."

The research also examined the genetic overlap between schizophrenia and other diseases.

"We found that schizophrenia has a substantial genetic overlap with bipolar disorder, schizoaffective disorder, and major depressive disorder," said Professor Visscher.

"This is the first time that we have been able to show that schizophrenia has a substantial genetic overlap with bipolar disorder."

In addition, the new findings have confirmed genes that are active, and are important, in the brain during development, and genes involved in the immune system.

Professor Visscher said: "Schizophrenia is a devastating disease that affects around one in 100 people worldwide. It usually develops in young adulthood and has a huge impact on the lives of sufferers and their families.

"Our findings are a significant step towards understanding the causes of schizophrenia. Ultimately, this will lead to new and better treatments."

The research was performed by a multi-stage process that began with a meta-analysis of genome-wide association studies (GWAS) of 49,806 samples, and then used a large number of genetic markers to estimate the proportion of variation in risk that was explained by common genetic variation.

Professor Visscher said: "We found that common genetic variation explains 23 per cent of the variation in risk for schizophrenia. This is a substantial proportion of the genetic risk that we have identified so far."

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Why Do Haters Hate to Hate? Newly Identified Personality Trait Explains All

Aug 26, 2013 — Researchers have discovered why some people are so hateful, exhibiting many other traits in one terrible, lowerworthy, 10-pound pile of bile. Their findings are published in the journal Psychological Science.

People with a strong sense of fairness have a strong tendency to display an extremely strong with a negative disposition affects have a strong tendency to display an extreme sensitivity to unfairness. The study was conducted by Kibeom Lee, Michael Ashton, and Gilad Feldman of the University of Calgary and Nathan Hall of Wayne State University. Kibeom Lee, Professor of Psychology at the University of Victoria, Canada, and Michael Ashton, Professor of Psychology at Brock University, Canada.

The discoveries were reported by a new component of personality that will not replace a fraction of the properties of the almost ever considered. But it will not replace a fraction of the properties of the almost ever considered. But it will not replace a fraction of the properties of the almost ever considered. But it

September 1- 7, 2013: Issue 126

Old Books: September 2013 - read in full here: online!

Australian Life (1892) by Francis William Lauderdale Adams

The Great Barrier Reef of Australia; its products and potentialities (1893) by William Saville Kent

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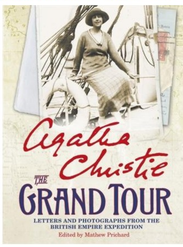
HarperCollins Australia – New Books September 2013

The Grand Tour: Letters and photographs from the British Empire Expedition 1922 By Agatha Christie



In 1922 Agatha Christie set sail on a 10-month voyage around the British Empire with her husband as part of a trade mission to promote the forthcoming British Empire Exhibition. Leaving her two-year-old daughter behind with her sister, Agatha set sail at the end of January and did not return until December, but she kept up a detailed weekly correspondence with her mother, describing in detail the exotic places and people she encountered as the mission travelled through South Africa, **Australia**, New Zealand, Hawaii and Canada.

The extensive and previously unpublished letters are accompanied by hundreds of photos taken on her portable camera as well as some of the original letters, postcards, newspaper cuttings and memorabilia collected by Agatha on her trip.

Edited and introduced by Agatha Christie's grandson, Mathew Prichard, this unique travelogue reveals a new side to Agatha Christie, demonstrating how her appetite for exotic plots and locations for her books began with this eye-opening trip, which took place just after only her second novel had been published (the first leg of the tour to South Africa is very clearly the inspiration for the book she wrote immediately afterwards, THE MAN IN THE BROWN SUIT). The letters are full of tales of seasickness and sunburn, motor trips and surf boarding, and encounters with welcoming locals and overbearing Colonials.

The Grand Tour is a book steeped in history, sure to fascinate anyone interested in the lost world of the 1920s. Coming from the pen of Britain's biggest literary export and the world's most widely translated author, it is also a fitting tribute to Agatha Christie and is sure to fascinate her legions of worldwide fans. $27.99

Bittersweet By Colleen McCullough On Sale: 1/10/2013 Formats: E-Book

Bittersweet is an enthralling tale of women - and of love.

This is the story of two sets of twins, Edda and Grace, Tufts and Kitty, who struggle against all the restraints, prohibitions, laws and prejudices of 1920s Australia. Only the submissive yet steely Grace burns for marriage; the sleekly sophisticated Edda burns to be a doctor, the down-to-earth but courageous Tufts burns never to marry, and the too-beautiful, internally scarred Kitty burns for a love free from male ownership.

Turbulent times, terrible torments, but the four magnificent Latimer sisters, each so different, love as women do: with tenderness as well as passion, and with hearts roomy enough to hold their men, their children, their careers and their sisters. Pages: 480; $11.99

ABC Books - New

Great Australian Outback School Stories by **Bill 'Swampy' Marsh** - Paperback: $32.99 Pre-order now! Available **1/09/2013.**

If your teacher commuted to school in a plane; if you had to watch out for rogue bulls rather than traffic; if your daily pick-up was done by a horse - you probably went to an outback school. This collection of more than sixty stories, gathered by Bill 'Swampy' Marsh in his travels across Australia, perfectly captures the experience of life growing up in the outback. Whether you loved school or not, these stories will bring a smile to your face and maybe even a tear to your eye, as students and teachers alike share their yarns and memories of a time gone by.

Seasonal Kitchen - **Serge Dansereau** Hardback, $59.99 Pre-order now! Available 01/09/2013.

The new cookbook from Serge Dansereau of Australia's iconic Bathers' Pavilion. SEASONAL KITCHEN gives you 220 new recipes that celebrate Australian produce. In this eclectic collection of recipes, which draws its inspiration from the Mediterranean, as well as India and China, Serge continues to use his chef know-how to demonstrate how to turn modern -day classics from good dishes into great ones. Capitalising on his reputation as the 'father of the fresh food movement', Serge moves us through the year, listing in-season produce and offering us recipes that will show them at their best. In Autumn, there is cauliflower,leek and cider soup, chicken piccata with lemon and parsley and lavender pannacotta with pistachio biscuits. In Winter, eat Serge's pork belly with ginger and shallots, with a raisin and treacle tart. Spring heralds artichokes with parmesan, thyme and anchovy sauce and a lamb loin with an olive crust and Summer, ocean trout marinated in spiced yoghurt with coriander, roast turkey, with macadamia nut and tarragon stuffing and a summer pudding with berry ice cream. This celebration of Australian seasons, produce and good food will be beautifully designed and shot, with each part visually reflecting the relevant season.

Children's Storytime at Mona Vale Library

Mona Vale Library offers storytime for pre-school children every week during school terms. Children and their carers come and participate in a fun sing-a-long with our story teller as well as listen to several stories in each session, followed by some craft. Storytime is held in the Pelican Room of the library in front of the service desk. Storytime is free and no bookings are required. Storytime Sessions

Tuesdays 10.00am - 11.00am
Wednesdays 10.00am - 11.00am
Thursdays 10.00am - 11.00am

Avalon Library Hours
Monday to Friday 10am to 5pm
Saturday 10am to 1pm
Sunday 2pm to 5pm
59a Old Barrenjoey Road
Phone: 9918 3013 Fax: 9918 7046
Email avalonlibrary@bigpond.com.au
Web Address www.avalonlibrary.org.au

David Rivett - Fighter for Australian Science by Rohan Rivett, 238 pages. Publisher. CSIRO PUBLISHING **FREE DOWNLOAD**

Sir David Rivett was an Australian chemist and Chief Executive Officer of CSIR between 1927 and 1945. He became Chairman from 1945 to 1949, retiring when CSIR was reorganised and became CSIRO.

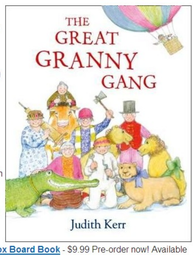
Because of Sir David's unique contributions to many fields of science and his efforts directed towards CSIR's early development, CSIR became Australia's major research agency. In April 1961 the Prime Minister of Australia, Sir Robert Menzies, commenting on the death of Rivett, said: 'David Rivett was one of the greatest Australians of our time. He combined an absolute first class mind and great scientific attainments with a generous outlook and a quiet, but pervading, enthusiasm. Scientific research in Australia owes a great deal to him'.

The international scientific journal Nature in its issue of June 10, 1961, said that Rivett was 'a man who had contributed perhaps more than any other to the present healthy state of Australian science. ... Rivett and his colleagues contrived, in a country woefully weak in research, to create an atmosphere in which it could flourish...Once one had gained his confidence he was a magnificent friend and backer; he believed in delegating responsibility and with it any credit that accrued, but in times of adversity he it was who wished to shoulder the blame'.

This is an eBook version of the hardback originally published in 1972.

For Children:

The Great Granny Gang By Judith Kerr On Sale: 1/09/2013



A gleeful celebration of why grannies are great!

Through wonderfully rhythmical writing and exquisite illustrations, Judith Kerr OBE shows us that there is a lot more to this grang of grey-haired grannies than meets the eye! Full of charm and laugh-out-loud fun, this is a must for every child's bookshelf. $14.99

Peppa Pig - Little Library Box Board Book - $9.99 Pre-order now! Available 31/08/2013.

Little piglets will adore the "Peppa Pig Little Library". The "Peppa Pig Little Library" is a charming collection of six chunky mini books, based on your favourite characters from "Peppa Pig" and presented in a beautiful slipcase box. The perfect gift for pre-school children and fans of the show. The backs of the six books make a jigsaw, which is perfect for little hands to play with. The "Peppa Pig" range of books are fun, interactive and educational, ideal for encouraging children to start to read by themselves. Titles available from Ladybird include: "Peppa Pig Fairy Tale Little Library", "Peppa Goes Camping", "Peppa Goes Swimming" and "Peppa's Space Trip".

Green Wing Press - The Red Light of Palm Beach

It is with great joy, and at least one small leap into the air, that we announce the launch of Green Wing Press Pty. Ltd, the hard copy publishing arm of which Pittwater Online News is now a subsidiary.

To commence this 'branch' of our ever expanding passion to create and share permanent records of our stories, we have the very great privilege of announcing the first book we will sell is Jervis Sparks's *The Red Light Of Palm Beach*".

Bridget and Jervis are doing well in Queensland and we know a lot here miss them. We will bring you more news soon....Jervis has kindly consented to allowing us to run a Profile on him in October and there is a lot to talk of there !

Copies may be purchased for a minuscule $25.00 by contacting us at greenwingpress@live.com.au and providing your details. Please put "Red Light of Palm Beach" in your subject heading and provide details of a delivery or postage address. Once payment is confirmed you will own your own copy of this great book; You can also post a cheque/money order to the office; 724 Barrenjoey Road, Avalon, 2017, if this works better for you.

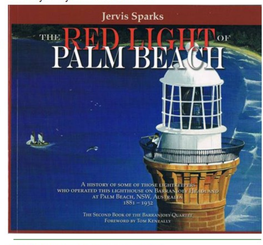
To find out more about where springs Green Wing Press from, and what we hope to achieve through this, please read more here

Pittwater Online News will remain a News Service - emphasis on 'service', and we will continue to approach each and everyone of you with the firm belief that you are doing us a favour by allowing us to share your stories and voices.

We would like secondly, as requested by so many of you, to publish a hard copy of the stories from Pittwater Online News you want to hold in your hand and curl up under a shady tree to enjoy and we're still running the whole shebang on pure willpower alone, so let us find our feet in this first.

Above: Recent photo of Bridget and Jervis.

UPDATE: We have placed some copies of The Red Light Of Palm Beach at Barrenjoey Boating Services, at The Boat House, Palm Beach where you can buy them after a yummy breakfast or lunch.



CSIRO New Books - September 2013

Future Park - Imagining Tomorrow's Urban Parks by Amalie Wright - Landscapology- September 2013 - AU $ 69.95

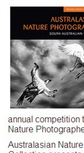
The first public parks were created on urban "greenfields". Once these designated sites had been used, cities looked towards post-industrial sites, and built parks in places that had suffered from environmental degradation, neglect, abandonment and conflict. With finite stocks of urban post-industrial land now also approaching exhaustion, more ways of making parks are required to create inclusive, accessible and resilient urban places.

Future Park invites Australian built environment professionals and policymakers to consider the future of parks in our cities. Including spectacular images of public spaces throughout the world, the book describes the economic, social and environmental benefits of urban parks, and then outlines the threats and challenges facing cities and communities in an age when more than half the world's population are urban dwellers. Future Parkintroduces the need to embrace new public park thinking to ensure that benefits continue to be realised.

Future Park illustrates imaginative and resourceful responses to real challenges by highlighting recent proposals and projects. These projects coalesce around four broad themes – linkages, obsolescences, co-locations and installations – responding to contemporary urban paradoxes, and ensuring parks continue to play a vital role in the lives of our cities.

Australasian Nature Photography - ANZANG Tenth Collection

Australasian Nature Photography Series - South Australian Museum - Colour photographs - 112 pages - $ 39.95

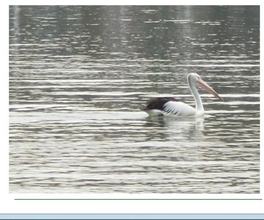


The bioregion of Australia, New Zealand, Antarctica and New Guinea possesses a unique natural heritage stretching back over 80 million years since the break-up of the great southern continent of Gondwana. The South Australian Museum and Australian Geographic focus on enhancing a general knowledge of this extraordinary legacy by encouraging photography of the region's nature and wilderness, and promoting an annual competition to find the Australian Geographic ANZANG Nature Photographer of the Year.

Australasian Nature Photography: ANZANG Tenth Collection presents the finest photographs submitted to the 2013 Australian Geographic ANZANG Nature Photographer of the Year competition. Each photograph is accompanied by technical information as well as anecdotes about how the picture was taken, which will stimulate yet further interest in the flora and fauna and their conservation in the region.

Pittwater Online News does not charge to list New Works by residents. You will need to send your material ready to publish. To Contact us regarding your forthcoming Book or Literary Event click: here

Tweet | Like | +1



Pittwater Online News

Old Books: we will change these monthly.

For more works now archived and available to all, please visit: http://www.archive.org/

Australian Life (1892) by Francis William Lauderdale Adams

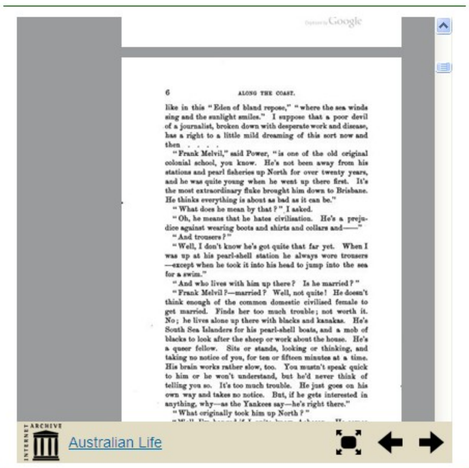
FRANCIS ADAMS.

Francis William Lauderdale Adams (27 September 1862 – 4 September 1893) was an essayist, poet, dramatist, novelist and journalist who produced a large volume of work in his short life. Adams was born in Malta the son of Andrew Leith Adams F.R.S., F.G.S., an army surgeon, who became afterwards well known as a scientist, a fellow of the Royal Society, and an author of natural history books set in different parts of the British empire. Francis' mother, Bertha Jane Grundy, became a well-known novelist. Francis was educated at Shrewsbury School and from 1879 as an attache in Paris. He took up a teaching position as an assistant master at Ventnor on the Isle of Wight, for two years. He joined the Social Democratic Federation in London in 1883. In 1884 he married Helen Uttley and migrated to Australia where he started work as a tutor on a station in Jerilderie N.S.W., but soon moved on to Sydney and then Queensland, and dedicated himself to writing.In 1884 Adams published a volume of poems, *Henry and Other Tales* (London), his autobiographical novel, *Leicester, an Autobiography'* (1884). In 1886 a collection of *Australian Essays* on topics such as Melbourne, Sydney and the poet Adam Lindsay Gordon was published in Melbourne and London. During the time in Australia he contributed to several periodicals, including The Bulletin.

Adams then went to Brisbane and published *'Poetical Works'* (1886, Brisbane) which is a quarto volume of over 150 pages printed in double columns. His wife died giving birth to a baby boy, Leith, who also died. Adams remained in Brisbane until the early part of 1887, and published a novel, *Madeline Brown's Murderer*, (1887, Sydney).

After a short stay in Sydney Adams married again, returned to Brisbane, and remained there until about the end of 1889 writing leaders for the Brisbane Courier. At the end of 1887 Adams published his best known collection of verse *Songs of the Army of the Night*, which created a sensation in Sydney and, later, went through three editions in London. He returned to England in early 1890 and published two novels, *John Webb's End, a Story of Bush Life* (1891, London), and *The Melbournians* (1892). A volume of short stories, ***Australian Life***, came out in 1892. Adams' health was failing rapidly from an incurable lung-disease (TB) and he spent the winter of December 1892-February 1893 in Alexandria to finish his book attacking the British occupation of Egypt. The result, *'The New Egypt'* was released after his death in 1893. Other posthumous publications were 'Tiberius'—a striking drama, with an Introduction by William Michael Rossetti, which presents a new view of the Emperor's character—and his first novel was revised and republished as *'A Child of the Age'* in 1894. The last of his posthumous publications was *'Essays in Modernity'* in 1899.

In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=Francis_Adams_(writer)&oldid=569235208



Sacred Texts Website: http://www.sacred-texts.com/index.htm

The Great Barrier Reef of Australia; its products and potentialities (1893) by William Saville Kent

William Saville-Kent (10 July 1845, Sidmouth, Devon – 11 October 1908, Bournemouth, Dorset) was an English marine biologist.

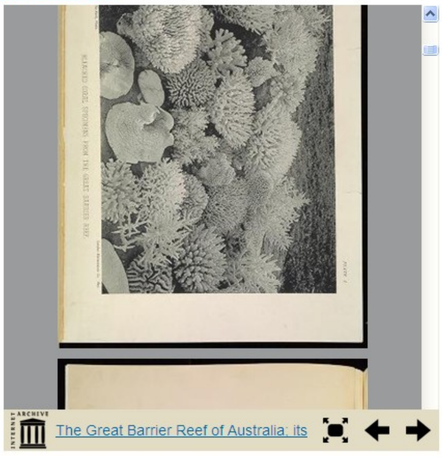
Saville-Kent was educated at King's College London and then at the Royal School of Mines under T. H. Huxley. He held various jobs in Britain, including at the British Museum from 1866 to 1872. In 1869, he became a member of the Zoological Society of London and in 1873 of the Linnean Society. In 1870, Saville-Kent received a grant from the Royal Society to conduct a dredging survey off Portugal. He worked at the Brighton Aquarium (1872–1873), then at the Manchester Aquarium (1873–1876). He went on to work for various other aquariums, before returning to Brighton in 1879.

Saville-Kent married in 1872 but his wife died three years later. He remarried in 1876.

On the recommendation of Huxley, in 1884 Saville-Kent became Inspector of Fisheries in Tasmania. In 1889, he became Commissioner of Fisheries for Queensland, and in 1892, Commissioner of Fisheries for Western Australia, a position he held until 1895. During this time he experimented with culturing pearls; his experiments were successful, and modern-day spherical cultured pearls are primarily the result of discoveries he made. These discoveries were later patented by Dr. Tokishi Nishikawa of Japan, who had heard of Saville-Kent's techniques. Later, Saville-Kent went on to chair the Royal Society of Queensland from 1889–1890.

Saville-Kent died in 1908, in Bournemouth. He is buried in All Saints' churchyard, Milford on Sea.

William Saville-Kent. (2013, August 19). In Wikipedia, The Free Encyclopedia. Retrieved from http://en.wikipedia.org/w/index.php?title=William_Saville-Kent&oldid=569271345


The Great Barrier Reef of Australia; its

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Avalon Art Depot presents
The Grand Opening of
CHELSEA LANE GALLERY
Join us for drinks & music
Sunday 1st September
2pm—5pm
Coffee by The Sneaky Grind Café
Music by Peter Moloney & Milton Brown
Exhibition Dates
1st—29th September
Monday to Saturday 10am—4pm
Sunday by appointment

Fathers Day
Sunday 1 September 2013
BREAKFAST LUNCH & DINNER in the Quarterdeck Brasserie. Open from 8am for Breakfast. Open from 12.30pm for Lunch & Dinner. Bookings essential on 9997 5511
CARVERY BUFFET LUNCH WITH DESSERT in the Top Deck Dining Room 12.00pm to 2.30pm. Adults: $48pp Kids u12: $20pp. All dad's receive a free glass of Carlton Draught! Bookings essential on 9997 5511
www.royalmotor.com.au
www.facebook.com/rmycbb

FLYING DAUGHTERS & TREE STORIES
An exhibition of works in mixed media and print by Meredith Rasdall & Julia Sample
Angel Restaurant
29 Crown Road Queenscliff NSW
4th-30th September
restaurant hours:
breakfast sat - sun 8.30am - 12
lunch mon-sun 12 -3pm
dinner thurs- sat 6pm-

FATHERS DAY ON PITTWATER
SUNDAY 1 SEPT
BISTRO OPEN ALL DAY FROM 9AM
CELEBRATE IN THE ARMS BEERGARDEN
BIG BREKKY - Treat Dad to a BIG Breakfast on Pittwater 9:30-11:30am
OPEN ALL DAY - Dad will just love a day at the pub! Bistro open all day!
NO BOOKINGS REQUIRED
SPOIL DAD AT THE TERRACE
HOT BUFFET BREAKFAST - Treat Dad to a sumptuous hot & cold buffet breakfast
DINE A LA CARTE FOR LUNCH - Spoil him with a looong Sunday lunch!
BOOKINGS 9997 4900

Blues Brothers and Soul SistersII Come and support your brigade at the last Freshed dinner for 2013
SATURDAY 14TH SEPTEMBER
Soul Food & Soul Music
Music by the SLY DOGS
cooking by NATHALIE & her Southern Belles
Southern Fried Chicken
Sausage & Shrimp Jambalaya
Okra Tomato Stew with Red Beans & Rice
Cheese cake & Mississippi Mud Cake
$20 Adults $10 Teens $5 Kids under 12

Election Day Fundraiser
Car Park Sporting Goods Sale
WE NEED YOUR GEAR!
Donate goods of saleable condition and you will go into a lucky drawn to WIN
All proceeds go to Student Support Programs
Barrenjoey High School
Coonanga Rd, Avalon NSW 2107

PITTWATER RSL CLUB
The Heart of the Community!
OPEN DAY
SATURDAY 7TH SEPT. FROM 9AM
MONOXIDE CIRCUS WORKSHOP FOR KIDS • LEARN TO BOWL • MEET OUR SUB-CLUBS • PITTWATER POKER • PITTWATER HIGH SCHOOL BAND • LIVE MUSIC • JUMPING CASTLE • BRAZILIAN SOCCER SCHOOL • MINITOTS SOCCER • $1000 TO BE WON EVERY HOUR FROM 1PM - 8PM • WIN A $3500 APRILLA SCOOTER • WIN A $9000 CAPTAIN COOK CRUISE FOR 2 TO FIJI • WIN A $6500 BING LEE ELECTRICAL PACKAGE

2013 AVALON PUBLIC SCHOOL CARNIVALE
FETE OF FUN • SEPT 8 • 9-3PM
visit us at www.avalonschoolfete.com.au
FEATURING GAMES, RIDES, MUSIC, FOOD, PRIZES & MORE!!!
8 SEPT 9-3PM
CRAFT STALLS TO BROWSE, BUY & BID
LOCAL MUSICIANS, SCHOOL BAND
TALENT SPOTS, HAUNTED HOUSE, RAFFLES
and COMPETITIONS like: DOG SHOW | ART SHOW
CAKE DECORATING & CAKE BOX DECORATING
STRONGEST MAN & STRONGEST WOMAN

ALLAMBIE HEIGHTS PUBLIC SCHOOL
SPACETACULAR SPRING FUN FAIR
SUNDAY 8th SEPTEMBER 10am-4pm
ALLAMBIE OVAL ALLAMBIE HEIGHTS
OUT OF THIS WORLD!

AVALON COMPUTER PALS FOR SENIORS
NEWPORT SHORT COURSES – TERM 4 2013
Newport Community Centre 11-13, The Boulevarde, Newport
Avalon Computer Pals

ME 3RD OF SEPTEMBER 2013 EVENT- Tuesday, September 3, 2013 from 7:30 PM to 9:30 PM

Narrabeen Beach SLSC inc. Cnr Albert Street & Ocean Street, Narrabeen, New South Wales 2101

Mum Entrepreneurs Pty Ltd

'How to Become an Author and Publish Your Book' Find more about Author, Aleesah Darlison Like blogging or writing your stories? Always wanted to publish your own book or perhaps eBook? Well hear Aleesah Darlison talk about how to become an Author and how to Publish your Own Book! Each attendee will receive a copy of Rachael Bermingham's "How to Write your Own Bestseller"...

Attend Event

30TH ANNIVERSARY CELEBRATION AUSTRALIA II
No other event in the history of Australian Sport attracted as much attention as Australia II coming from behind, 3 - 1 down, to win the Americas Cup back in 1983.
Come and join the Australia II Crew and celebrate the 30 year anniversary at the RMYC.
When: Friday 27th September 2013
Time: 6.30pm to 9.00pm
Where: Royal Motor Yacht Club Broken Bay, 46 Prince Alfred Parade, Newport NSW 2106
RMYC Members: $30.00 including canapes
Non Members: $40.00 including canapes
Bookings essential on 9997 5511
Royal Motor Yacht Club BROKEN BAY NSW, 46 Prince Alfred Parade, NEWPORT NSW 2106
www.royalmotor.com.au / www.facebook.com/rmycbb

KATANDRA BUSHLAND SANCTUARY
OPEN 10AM - 4PM EVERY SUNDAY JULY - OCTOBER
OPEN TODAY PARKING INSIDE

ADHD Support Group Meeting - 9th Sep 2013, 7pm - 8:30pm

An inaugural meeting of a new support group for parents & guardians of ADHD children The Northern Beaches ADHD Support Group is a new group set up to offer support and advice to parents and guardians of children and teenagers with ADHD.

This first meeting is presented by Dr Caroline Stevenson, a clinical psychologist who has completed a PHd on the management of ADHD and related conditions. Dr Stevenson will discuss the impact of ADHD on families and take your questions.

Where: Mona Vale Memorial Hall 1606 Pittwater Road Mona Vale

Cost: $2 per person

RSVP & more info: www.northernbeachesadhdsupportgroup.com.au

2013 aiop
AIOP 2013: NUMBER / AUSTRALIA
14 -15 Sep Dee Why Beach / 21 – 22 Sep Manly
Free Workshops / Free Talks

PITTWATER COUNCIL

Marsupial Night Stalk - 6th Sep 2013, 6pm - 8.30pm

Come along and experience a unique night-time encounter with some of the Warriewood Wetland's nocturnal native animals. The Great Australian Marsupial Night Stalk is a free event on Friday 6 September from 6pm to 8.30pm in Warriewood.

Using torches to light the way, the night stalk explores the natural habitat of possums, bandicoots and flying foxes. The tour is suitable for families with children over eight years old; places are limited so those interested are encouraged to book early.

Bookings Essential! Online. In person: Coastal Environment Centre, Lake Park Road, North Narrabeen. Phone: 1300 000 232 (Reception - Option 1)

Environmental Grant Writing Workshop - 21st Sep 2013, 10am - 1pm

A practical, hands on workshop to help grant seekers hone their skills. Would you like more funding for your community project? Have you ever wondered how to increase your chances of writing successful grant funding applications? Then join us for this workshop.... we may be able to help!

Bring your ideas for potential projects or your applications currently in development and take advantage of helpful feedback from our expert presenter Keith Whelan - the 'Grants Guy'.

Where: Coastal Environment Centre, Lake Park Road, North Narrabeen. Cost: Free!

Bookings Essential! Online. In person: Coastal Environment Centre, Lake Park Road, North Narrabeen. Phone: 1300 000 232 (Reception - Option 1)

GRACEFUL AGEING ONLINE WORKSHOP

Sessions over 3 Tuesdays — 3rd, 10th & 17th September 2013

In this *NEW* workshop with Australian Bush Flower Essences Founder, Ian White, you will learn strategies, latest research and philosophies to address the major life, health and spiritual issues from age 50 onwards.

This will include topics such as:

physical limitation, movement and co-ordination; digestion; sleep; sexuality; spirituality; releasing negative beliefs around your health and longevity; career and retirement; exercise; family issues; common health issues of older people; confronting one's mortality; living alone; death of a spouse; moving into and adjusting to a retirement or nursing home.

And so much more invaluable information and tips to live your life more gracefully.

You can't change your chronological age but you can change your biological age and the quality and richness of your life.

There is no prerequisite to register for this unique workshop — only your desire to discover more about yourself, ageing gracefully and the Australian Bush Flower Essences directly from the founder, Ian White.

Ian has been making the Bush Essences for just on 30 years and practising as a naturopath for over 35 years, as a 5th Generation Herbalist. Spending time with Ian, a world-leading expert in this field, will gain you access to rare and invaluable knowledge you won't find anywhere else, as well as the chance to share Ian's insights and passion for the Bush Essences.

When & Where: The event will be held online in 2 Hour Sessions over 3 Tuesdays — 3rd, 10th and 17th September 2013

Sessions will run live 7.30pm to 9.30pm AEST** (If you can't make the live sessions, they will be recorded and available afterwards.)

Once registered, we will email you with your personal log-in details to access our secure site and join the workshop at the specified times. All you need is a computer, basic headset (or you can use your computer's speakers) and a decent internet connection.

Contact: (for more information and to book your place) ; Sharon Selvage

Phone +61 (0)2 9450 1388 (AEST** business hours)

Email: uschi@ausflowers.com.au

Cost: AUD $199.00

**If you are not operating at Australian Eastern Standard Time (AEST), you will need to check the difference in times. To convert your local time, go to: http://www.thetimezoneconverter.com.

45 Booralie Road, Terrey Hills NSW 2084

Tel: +61 2 9450 1388 Fax: +61 2 9450 2866
Email: uschi@ausflowers.com.au Website: www.ausflowers.com.au

2013 Aqua Dining Group Spring Series - 6th Sep 2013, 9.30am - 11.30am

Invitation to breakfast at Ripples Whale Beach to raise money for for women's cancer programs. Last year's Aqua Dining Group Spring Series event was a complete sell out raising over $85,000 for women's cancer programs.

This year's event promises to be bigger and better than ever, with another great line up of MCs, entertainment, spring fashion and a delicious breakfast.

Mark your diary, gather your friends and book your table early this year to avoid disappointment.

Where: **Ripples Whale Beach, 24 The Strand, Whale Beach**

Cost: Tickets are $80 pp (includes $50 voluntary tax donation)

Bookings: Tickets are selling fast - Book Now! www.springseries.com.au

More information: Please contact Nichole Anasson on 9334 1792 or nicholea@nswcc.org.au

Where your money goes: Bill and Kathleen Drakopoulos of The Aqua Dining Group generously donate each venue, staff, catering and all beverages free of charge. 100% of ticket sales and money raised goes directly towards Cancer Council NSW to assist funding of women's cancer programs, for research, patient support and advocacy.

Mona Vale Garden Club 42nd Spring Flower Show - 28th Sep 2013, 10:30am - 4pm

Spring flower show exhibiting the wonderful variety of plants grown in the peninsula. Display of flowers, floral art, vegetables and herbs, plants, craft, cakes, white elephant stall & raffles.

Cost: Adults $2, children. **All profits to Mona Vale Hospital Auxiliary**. Venue: Ted Blackwood Hall - cnr Jacksons & Boondah Roads, Warriewood. Contact: Cheryl 9971 7875

Our doors are open
2013 Surf Club Open Day
Sunday 29 September

This year's **Surf Club Open Day** will be held throughout NSW and QLD on **Sunday 29 September 2013.**

If you have always wanted to be a part of a Surf Life Saving Club or just want some more information, join us on Sunday 29 September as our clubs throw their doors open to the public.

Clubs will host a number of activities, including lifesaving demonstrations, clubhouse tours, barbecues and displays. Some will also offer people the chance to try out a range of beach activities and rescue scenarios first hand to give them a genuine feel for the challenges and excitement of surf lifesaving.

Pregnancy & Birthing

Attend our Pregnancy and Birthing Workshop from the comfort of your own home. Learn how the Bush Essences can help during pregnancy, birthing and early motherhood.

This new workshop explores each phase of the journey of pregnancy and birthing in detail, from pre-conception all the way through to 3 months after the birth. Our aim with this workshop is to show pregnancy and birthing in a positive manner, as a normal healthy process and an exciting and joyful time for parents and families. This workshop shows how pregnancy and birthing can be intimate for a couple as well as a source of deep feminine empowerment. Valuable information is shared to help you to more fully appreciate and support this process in a wholistic manner.

Meredith Scott - September 2013

Website: http://www.meredithscott.com/

From Pooch Portraits to Byzantine themes I use traditional and contemporary techniques to create mosaic artworks. With a background in art textiles and craft therapy, I have found my medium in mosaics. Mosacing offers me boundless possibilities for expression.

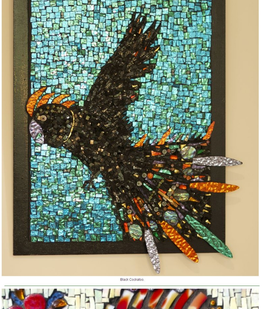
For the last 4 years I have been studying and practising mosaics. Working mainly in vitreous glass, I enjoy the challenge of cutting glass, experimenting with its rich and varied qualities with found and recycled objects.

I also enjoy being and active member of the Pittwater community and have recently started teaching mosaic courses from my home which has been great fun.

I am the co founder and a participant of the Pittwater Artists Trail Studios (PAT) which is in its 6th year (Last year Leah and AMES joined teacher in Pittwater (for the last 16 years).
Opening times & appointments available. Classes available on request. Please email or phone for the above. All enquiries welcome.
Tel:(02) 9979 8495
Mob: 0425 357115
Email: meredithscott@optusnet.com.au

- Graduate Diploma - Occupational Therapy Diploma - Red Cross Sydney, Australia)
- Worked and trained in Weaving/Textile Workshop (Glut. Association for Disadvantaged Youth, Sydney)
- Established and ran the Cat&Mat Centre - using only recycled materials with up to 100 children a week (Royal for West Children's Hosp., Manly, Sydney)
- TROA& &Craft Manager / The College/ Middle Harbour
- Craft Therapist
- Director - Creative Arts/Craft Program (University NSW / University Union)
- Graphic Arts Publication/Promotion Manager (Powerhouse Museum)
- 3 years studying and practising mosaics. Master Class Orsoni Venice Italy
- Practising and participating artist - Pittwater Artist Trail Home Studios (now in its 3rd year)

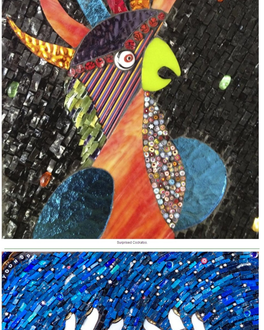
EXHIBITIONS
- Solo Exhibition - Stort Gallery (Sturt Australian Contemporary Craft Centre, Mittagong)
- Mixed Media Exhibitions (Us NSW Ununi)
- Mosaics - PCA Art Show/Pittwater Community Arts (4 annual shows (2009 - 2012)
- Mosaics - PAT (Pittwater Artists trail) 6 open weekends (2008 - 2013) (Across the weekend) and Christmas Show (2012)
- Mosaics - PAT (Pittwater Artists trail) 6 open weekends (over 500 visitors to my Home Studio Exhibitions)
"2013 Easter Art Exhibition (Pittwater Uniting Church)
"August - October 2013 Finalist in Sculpture by the Sea - Cartrig Harbour (largest Craft show in Australasia)
"August - October 2013 Finalist in MANZ (Mosaic Association Australia and New Zealand) juried exhibition (Bundoora Arts Centre, Melbourne, VIC)



Echidna

Black Cockatoo

Blue Vase and Flowers



Scattered Coins

Pug Dog

Sunflowers

Surprised Cockatoo

Night Eyes

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